

## DAFTAR PUSTAKA

- Agustina, Eliyana. 2019. Hubungan Antara Dukungan Sosial Dengan Kepercayaan Diri Dewasa Muda Pengguna Napza Pada Masa Rehabilitasi. Vol. 1.
- Amalia, R., Nurdin, A., Sari, J. I., & Sakinah, A. I. (2020). Hubungan Lingkar Lengan Atas Ibu Hamil Terhadap Antropometri Bayi Baru Lahir Di Rumah Sakit Ibu Dan Anak Ananda Kota Makassar. *Jurnal Kedokteran*, 6(1), 57. <https://doi.org/10.36679/kedokteran.v6i1.274>
- Ammarin Thakkestian, Laor Chailurkit, Daruneewan Warodomwicht, Wipa Ratanachaiwong, Sukit Yamwong, Suwannee Chanprasertyothin, ... Boonsong Ongphiphadhanakul. (2013). Causal relationship between body mass index and fetuin-A level in the asian population: a bidirectional mendelian randomization study. *Clinical Endocrinology*, 81(2), 197–203. <https://doi.org/10.1111/cen.12303>
- Aprillia, Fani. 2020. Skripsi hubungan pengetahuan dan sikap dea di wilayah kerja puskesmas jembatan kecilngan perilaku pola makan pada dewasa muda.
- Bluher, M. (2010). The distinction of metabolically “healthy” from “unhealthy” obese individuals. *Current Opinion in Lipidology*, 21(1), 38–43.
- Chekol Abebe E;Tilahun Muche Z;Behaile T/Mariam A;Mengie Ayele T;Mekonnen Agidew M;Teshome Azezew M;Abebe Zewde E;Asmamaw Dejenie T;Asmamaw Mengstie M; 2024. “The Structure, Biosynthesis, and Biological Roles of Fetuin-A: A Review.” *Frontiers in Cell and Developmental Biology*. U.S. National Library of Medicine. Accessed December 24. <https://pubmed.ncbi.nlm.nih.gov/35923855/>.
- Chen Y;Wang C;Sun Q;Ye Q;Zhou H;Qin Z;Qi S;Wang W;Hong X; 2024. “Comparison of Novel and Traditional Anthropometric Indices in Eastern-China Adults: Which Is the Best Indicator of the Metabolically Obese Normal Weight Phenotype?” *BMC Public Health*. U.S. National Library of Medicine. Accessed December 24. <https://pubmed.ncbi.nlm.nih.gov/39138449/>.
- Dadej, D., et al. (2021). The Role of Fetuin-A in the Development of Metabolic Disorders. *Nutrients*, 13(6), 2030. <https://doi.org/10.3390/nu13062030>
- Dietze, E. C., Chavez, T. A., & Seewaldt, V. L. (2017). Obesity and Triple-Negative Breast Cancer: Disparities, Controversies, and Biology. *The American Journal of Pathology*. <https://doi.org/10.1016/j.ajpath.2017.09.018>
- Dyani, Christine, dan Ariana AD. 2021. “Pengaruh Konsumsi Minuman Beralkohol terhadap Memori Harian pada Remaja dan Dewasa Awal.” *Buletin Riset Psikologi dan Kesehatan Mental (BRPKM)* 1(1):59–67. doi: 10.20473/brpkm.v1i1.24590.
- Fawziyah, Annisa. 2021. “Penyesuaian diri pada individu periode dewasa awal yang

memiliki orangtua tiri skripsi.” 11–12.

Greve, Júlia Maria D'Andréa, Mutlu Cuğ, Deniz Dülgeroğlu, Guilherme Carlos Brech, and Angelica Castilho Alonso. 2024. “Relationship between Anthropometric Factors, Gender, and Balance under Unstable Conditions in Young Adults.” *BioMed Research International*. U.S. National Library of Medicine. Accessed December 24. <https://pubmed.ncbi.nlm.nih.gov/articles/PMC3581282/>.

Gustiawan, Leny. 2019. “Purpose In Life Pada Individu Dewasa Awal Di Desa Linggar Galing Kecamatan Pondok Kubang Kabupaten Bengkulu Tengah.” *Duke Law Journal* 1(1).

Hermawan, Liana. 2024. “ANTROPOMETRI DAN APLIKASINYA - PDF Free Download.” *Adoc.Pub*. ADOC.PUB. Accessed December 24. <https://adoc.pub/antropometri-dan-aplikasinya.html>.

Icer, Mehmet Arif, and Hilal Yıldiran. 2019. *Critical Reviews in Food Science and Nutrition* 60 (11): 1938–46. doi:10.1080/10408398.2019.1631751.

International Journal of Environmental Research and Public Health.” 2024. *An Open Access Journal from MDPI*. Accessed December 24. <https://www.mdpi.com/journal/ijerph>

Ix JH, Wassel CL, Chertow GM, Koster A, Johnson KC, Tylavsky FA, Cauley JA, Cummings SR, Harris TB, Shlipak MG: Fetuin-A dan perubahan komposisi tubuh pada orang lanjut usia. *Jurnal Endokrinologi Klinis & Metabolisme* 2009, 94(11):4492-4498.

Jacob, Esther D, dan Sandjaya. 2018. “Faktor Faktor Yang Mempengaruhi Kualitas Hidup Masyarakat Karubaga District Sub District Tolikara Propinsi Papua.” *Jurnal Nasional Ilmu Kesehatan (JNIK) LP2M Unhas* 1:1–15.

Jirak P;Stechemesser L;Moré E;Franzen M;Topf A;Mirna M;Paar V;Pistulli R;Kretschmar D;Wernly B;Hoppe UC;Lichtenauer M;Salmhofer H; 2024. “Clinical Implications of Fetuin-A.” *Advances in Clinical Chemistry*. U.S. National Library of Medicine. Accessed December 24. <https://pubmed.ncbi.nlm.nih.gov/30797472/>.

K;, Bourebaba L;Marycz. 2024. “Pathophysiological Implication of Fetuin-A Glycoprotein in the Development of Metabolic Disorders: A Concise Review.” *Journal of Clinical Medicine*. U.S. National Library of Medicine. Accessed December 24. <https://pubmed.ncbi.nlm.nih.gov/31766373/>.

Karelis, A. D. (2008). Metabolically healthy but obese individuals. *The Lancet*, 372(9646), 1281–1283. [https://doi.org/10.1016/S0140-6736\(08\)61596-4](https://doi.org/10.1016/S0140-6736(08)61596-4)

Kemenkes. (2015). *Pedoman Umum Pengendalian Obesitas*.

Khasanah, Rismathul, Navilatun A, dan Wahyudi A. 2019. “Periodisasi Perkembangan Dewasa Akhir (Perkembangan Fisik, Psikis, Sosial, Keagamaan Dalam Periode Kehidupannya).” *Journal of Chemical Information and Modeling* 53(9):1689–99.

Lim, J. U., Lee, J. H., Kim, J. S., Hwang, Y. Il, Kim, T., Yong, S., & Yoo, K. H. (2017). *Comparison of World Health Organization and Asia-Pacific body mass index*

*classifications in COPD patients. 2465–2475.*

Linda, A., Michaelsson, K., Derberg, S. S., Larsson, A., Johansson, L., Kullberg, J., Md, H. A., & Ma, and J. S. (2019). *ventricular mass. 1699–1704.* <https://doi.org/10.1097/HJH.0000000000002095>

Malin SK, Del Rincon JP, Huang H, Kirwan JP: Penurunan fetuin-A akibat olahraga dapat meningkatkan sensitivitas insulin hati. *Kedokteran dan sains dalam olahraga dan latihan 2014, 46(11):2085.*

Malara, M., Kęska, A., Tkaczyk, J., & Lutosławska, G. (2015). Body shape index versus body mass index as correlates of health risk in young healthy sedentary men. *Journal of Translational Medicine, 13(1), 1–5.* <https://doi.org/10.1186/s12967-015-0426-z>

Müller, W., Fürhapter, A., Helmut, R., Timothy, A., & Nanna, G. L. (2019). Relative Body Weight and Standardised Brightness - Mode Ultrasound Measurement of Subcutaneous Fat in Athletes: An International Multicentre Reliability Study, Under the Auspices of the IOC Medical Commission. *Sports Medicine, mm.* <https://doi.org/10.1007/s40279-019-01192-9>

Musabiq, Sugiarti, dan Karimah I. 2018. "Gambaran Stress dan Dampaknya Pada Mahasiswa." *Insight: Jurnal Ilmiah Psikologi 20(2):74.* doi: 10.26486/psikologi.v20i2.240.

MyBiosorce. 2017. Human FETUA (Fetuin A) ELISA Kit.

Jenkins, N. T., McKenzie, J. A., Hagberg, J. M., & Witkowski, S. (2011). Plasma fetuin-A concentrations in young and older high- and low-active men. *Metabolism, 60(2), 265–271.* <https://doi.org/10.1016/j.metabol.2010.01.026>

Nanse H. Pattiasina, Pattiselanno Markus, Steanly R. R. Pattiselanno - JURNAL SIMETRIK VOL 11, NO. 2, DESEMBER 2021 KAJIAN ANTROPOMETRI PENGRAJIN - College Sidekick." 2024. *Collegesidekick.* Accessed December 24. <https://www.collegesidekick.com/study-docs/19742693>.

Noorwali, Essra A, and Abeer M Aljaadi. 2023. "A Review of Anthropometric Measurements for Saudi Adults and Elderly, Directions for Future Work and Recommendations to Establish Saudi Guidelines in Line with the Saudi 2030 Vision." *Healthcare (Basel, Switzerland).* U.S. National Library of Medicine. July 8. <https://pmc.ncbi.nlm.nih.gov/articles/PMC10378928/>.

Owolabi, E. O., Ter Goon, D., & Adeniyi, O. V. (2017). Central obesity and normal-weight central obesity among adults attending healthcare facilities in Buffalo City Metropolitan Municipality, South Africa: A cross-sectional study. *Journal of Health, Population and Nutrition, 36(1), 1–10.* <https://doi.org/10.1186/s41043-017-0133-x>

Penkova, K.S.R., Golemanov, M.G., Radionova, V.Z., et al. 2017. Fetuin-A – Alpha2-Heremans-Schmid Glycoprotein: From Structure To A Novel Marker Of Chronic Diseases Part 1. Fetuin-A As A Calcium Chaperone And Inflammatory Marker. Division of Biochemistry, Medical University – Pleven, Bulgaria. *Journal of*

Biomed Clin Res 10 (2): 91-97.

Pranata, Dedy, dan Kumaat N. 2022. "Pengaruh Olahraga Dan Model Latihan Fisik Terhadap Kebugaran Jasmani Remaja: Literature Review." *Jurnal Universitas Negeri Surabaya* 10(02):107–16.

Pulungan, Zulhaini Sartika A., dan Purnomo E. 2022. "Terapi Kelompok Terapeutik Sebagai Upaya Meningkatkan Perkembangan Intimasi Pada Usia Dewasa Muda." *Journal of Health, Education and Literacy (J-Healt)* 5(1).

Putri, Fernanda A. 2018. "Pentingnya Orang Dewasa Awal Menyelesaikan Tugas Perkembangannya." *SCHOULID: Indonesian Journal of School Counseling* 3(2):35. doi: 10.23916/08430011.

Ren G, Bowers RL, Kim T, Araya-Ramirez F, Mahurin AJ, Dean DM, Grandjean PW, Mathews ST: Perubahan Serum Ser312-Fosforilasi Fetuin-A dari Penurunan Berat Badan Sedang yang Diinduksi oleh Olahraga pada Individu dengan Obesitas. *Obesitas* 2019

Rici, M. I. zaki, Dewi Nur Fiana, Anggraini Janar Wulan, & Khairun Nisa Berawi. (2023). Hubungan Indeks Massa Tubuh (IMT) dan Lingkar Perut terhadap Risiko Jatuh Pada Lansia di Panti Jompo Werdha Lampung Selatan. In *Majority* (Vol. 11, Issue 2). <https://doi.org/10.59042/mj.v11i2.164>

Salsabila, Nisrina N, Indraswari N, dan Sujatmiko B. 2022. "Gambaran Kebiasaan Merokok Di Indonesia Berdasarkan Indonesia Family Life Survey 5 (Ifs 5)." *Jurnal Ekonomi Kesehatan Indonesia* 7(1):13. doi: 10.7454/eki.v7i1.5394.

Samosir, F. J. 2021. "Kesehatan Mental Pada Usia Dewasa Dan Lansia (Gambaran Hasil Skrining Kesehatan Mental dengan Kuesioner DASS42)." Publish Buku Unpri Press Isbn 22.

Sander, Christian, Ueck P, Mergi R, Hegeri U, and Himmerich . 2017. "Physical activity in depressed and non-depressed patients with obesity." doi: 10.1007/s40519-016-0347-8.

Scafoglieri, Aldo, Jan Pieter Clarys, Erik Cattyssse, and Ivan Bautmans. 2013. "Use of Anthropometry for the Prediction of Regional Body Tissue Distribution in Adults: Benefits and Limitations in Clinical Practice." *Aging and Disease*. U.S. National Library of Medicine. December 15. <https://pmc.ncbi.nlm.nih.gov/articles/PMC4249808/>

Stefan, N., Häring, H. U., & Schulze, M. B. (2018). Metabolically healthy obesity: the low-hanging fruit in obesity treatment? *The Lancet Diabetes & Endocrinology*, 6(3), 249–258. [https://doi.org/10.1016/S2213-8587\(17\)30292-9](https://doi.org/10.1016/S2213-8587(17)30292-9)

Syari, F. R., Hendrianingtyas, M., & Retnoningrum, D. (2019). *HUBUNGAN LINGKAR PINGGANG DAN VISCERAL FAT DENGAN*. 8(2), 701–712

Wayan, N., Purwaningsih, D., Irawati, D., & Ekawanti, A. (2018). *Hubungan antara Rasio Lingkar Pinggang terhadap Tinggi Badan dengan Konsentrasi Trigliserida dan*

*Kolesterol HDL Pada Lansia*. 7(4), 13–18.

- WHO. 2014. Body mass index (BMI) is associated with morbidity and mortality from various diseases & asian cut off value. Issue Step 2, pp. 3–4. World Health Organization.
- WHO. 2019. "WHO: Lebih Dari Satu Miliar Orang Di Seluruh Dunia Obesitas." *ERA.ID*. Accessed December 19. <https://era.id/internasional/149816/who-lebih-dari-satu-miliar-orang-di-seluruh-dunia-obesitas>.
- Wijaya, Adi RB, dan Muslim A. 2021. "Konsep Diri Pada Masa Dewasa Awal yang Mengalami Maladaptive Daydreaming." *Jurnal Psikologi Islam: AIQalb* 12(2):179–93.
- Wiranata, Yonathan. 2023. "Perbandingan Penghitungan Massa Tubuh Dengan Menggunakan Metode Indeks Massa Tubuh (IMT) Dan Bioelectrical Impedance Analysis (BIA)." *Jurnal Manajemen Kesehatan Yayasan RS.Dr. Soetomo*. STIKES Yayasan RS.Dr. Soetomo Surabaya. October 6. [https://www.academia.edu/107711355/Perbandingan Penghitungan Massa Tubuh Dengan Menggunakan Metode Indeks Massa Tubuh IMT dan Bioelectrical Impedance Analysis BIA](https://www.academia.edu/107711355/Perbandingan_Penghitungan_Massa_Tubuh_Dengan_Menggunakan_Metode_Indeks_Massa_Tubuh_IMT_dan_Bioelectrical_Impedance_Analysis_BIA) .