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CURRICULUM VITAE

A. Data Pribadi

1. Nama : Kharisma Alifah
2. Tempat, tgl. lahir : Sintang, 10 Juni 1995
3. Jenis Kelamin : Perempuan
4. Agama : Islam
5. Suku : Jawa
6. Kewarganegaraan : Indonesia
7. Alamat : Jl.. Panglima Aim no. 2, Pontianak

B. Riwayat Pendidikan

1. 2000-2006 : SD MIN Sintang
2. 2006-2008 : SMP Negeri 1 Sintang
3. 2008-2009 : SMP Al-Azhar 17 Pontianak
4. 2009-2011 : SMA IIBS Cikarang
5. 2011-2017 : S1 Pendidikan Dokter Umum, Fakultas Kedokteran, Universitas YARSI

C. Riwayat Pekerjaan

1. 2017- 2018 : Dokter Internsip di RS Bhayangkara Anton Soedjarwo Pontianak dan UPTD Puskesmas Kecamatan Pontianak Barat
2. 2018-2019 : Dokter Umum di Klinik Ermust Pontianak
3. 2019-2020 : Dokter Umum di Puskesmas Sukadana Kab.Kayong Utara, Kalimantan Barat
4. 2020-2021 : Dokter Umum di RSUD Sultan Muhammad Jamaludin I Kayong Utara, Kalimantan Barat

D. Makalah pada Seminar/Konferensi Ilmiah Nasional dan Internasional

1. Kharisma Alifah et al 2023. Establishment of Diagnosis Atypical Pityriasis Rubra Pilaris Juvenile Circumscripta. Proceeding of the PIT XIX Perdoski, 24-26 Aug 2023, Jakarta, Indonesia.
2. Kharisma Alifah et al 2023. Successful Reconstruction of Nasal Tip Defects using Combinations of Interpolation Nasolabial Flap and Cartilagenous Auricular Graft The Split Face Comparison of The Tranexamic Acid Using Intradermal Injection with Microneedling Technique in the Treatment of Melasma. Proceeding of the 11th Dasil World Congress, 25-27 Oct 2023, ailand.



LAMPIRAN

Lampiran 1. Persetujuan Etik



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN
KOMITE ETIK PENELITIAN UNIVERSITAS HASANUDDIN
RSPTN UNIVERSITAS HASANUDDIN
RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR
Sekretariat : Lantai 2 Gedung Laboratorium Terpadu
JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.



Contact Person: dr. Agussalim Bukhari, MMed,PhD, SpGK TELP. 081241850858, 0411 5780103, Fax : 0411-581431

REKOMENDASI PERSETUJUAN ETIK

Nomor : 620/UN4.6.4.5.31/ PP36/ 2023

Tanggal: 4 September 2023

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH23070524		No Sponsor	
Peneliti Utama	dr. Kharisma Alifah		Sponsor	
Judul Peneliti	Efektivitas Mikrobiom Topikal yang Mengandung <i>Lactobacillus plantarum</i> terhadap pH Kulit, Indeks Melanin, dan Klinis Hiperpigmentasi sebagai Agen Anti Aging			
No Versi Protokol	2	Tanggal Versi	30 Agustus 2023	
No Versi PSP	2	Tanggal Versi	30 Agustus 2023	
Tempat Penelitian	RS Universitas Hasanuddin dan RS Jejaring Makassar			
Jenis Review	<input type="checkbox"/> Exempted <input checked="" type="checkbox"/> Expedited <input type="checkbox"/> Fullboard Tanggal		Masa Berlaku 4 September 2023 sampai 4 September 2024	Frekuensi review lanjutan
Ketua KEP Universitas Hasanuddin	Nama	Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)		Tanda tangan
Sekretaris KEP Universitas Hasanuddin	Nama	dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)		Tanda tangan



tama:

andemen Protokol untuk persetujuan sebelum di implementasikan
poran SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72
iti Utama menerima laporan
poran Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap
nelitian resiko rendah
oran akhir setelah Penelitian berakhir
impangan dari prokol yang disetujui (protocol deviation / violation)
peraturan yang ditentukan

Lampiran 2. Informed Consent

**FORMULIR PERSETUJUAN SETELAH PENJELASAN**

Saya yang bertandatangan di bawah ini :

Nama :
Umur :
Masa Kerja :
Satuan :
Alamat :

setelah mendengar/membaca dan mengerti penjelasan yang diberikan mengenai tujuan, manfaat, dan apa yang akan dilakukan pada penelitian ini, menyatakan **setuju** untuk ikut dalam penelitian ini secara sukarela tanpa paksaan.

Saya tahu bahwa keikutsertaan saya ini bersifat sukarela tanpa paksaan, sehingga saya bisa menolak ikut atau mengundurkan diri dari penelitian ini. Saya berhak bertanya atau meminta penjelasan pada peneliti bila masih ada hal yang belum jelas atau masih ada hal yang ingin saya ketahui tentang penelitian ini.

Saya juga mengerti bahwa semua biaya yang dikeluarkan sehubungan dengan penelitian ini, akan ditanggung oleh peneliti. Saya percaya bahwa keamanan dan kerahasiaan data penelitian akan terjamin dan saya dengan ini menyetujui semua data saya yang dihasilkan pada penelitian ini untuk disajikan dalam bentuk lisan maupun tulisan.

Dengan membubuhkan tandatangan saya di bawah ini, saya menegaskan keikutsertaan saya secara sukarela dalam studi penelitian ini.

	Nama	Tanda tangan	Tgl/Bln/Thn
Responden
/Wali			
Saksi

(Tanda Tangan Saksi diperlukan hanya jika Partisipan tidak dapat memberikan consent/persetujuan sehingga menggunakan wali yang sah secara hukum, yaitu untuk partisipan berikut:

1. Berusia di bawah 18 tahun
2. Usia lanjut
3. Gangguan mental
4. Pasien tidak sadar
5. Dan lain-lain kondisi yang tidak memungkinkan memberikan persetujuan



penelitian :
harisma Alifah
tis Kemerdekaan KM 11, Makassar
4161310

Lampiran 5. Hasil Pengolahan Data

Karakteristik Pasien

Usia	Kelompok			Statistic	Std. Error
		Intervensi	Mean		45.8889
		95% Confidence Interval for Mean	Lower Bound	43.8358	
			Upper Bound	47.9420	
		5% Trimmed Mean		45.7654	
		Median		45.5000	
		Variance		17.046	
		Std. Deviation		4.12865	
		Minimum		40.00	
		Maximum		54.00	
		Range		14.00	
		Interquartile Range		7.00	
		Skewness		.349	.536
		Kurtosis		-.850	1.038
	Kontrol	Mean		42.7222	1.36196
		95% Confidence Interval for Mean	Lower Bound	39.8487	
			Upper Bound	45.5957	
		5% Trimmed Mean		42.9136	
		Median		44.0000	
		Variance		33.389	
		Std. Deviation		5.77831	
		Minimum		30.00	
		Maximum		52.00	
		Range		22.00	
		Interquartile Range		9.25	
		Skewness		-.588	.536
		Kurtosis		-.131	1.038

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
PH02	Equal variances assumed	1.859	.182	-.045	34	.964	-.00833	.18398	-.38222	.36556
	Equal variances not assumed			-.045	31.329	.964	-.00833	.18398	-.38340	.36674
	aces	.588	.449	.587	34	.561	.12333	.21029	-.30402	.55069
	aces not			.587	32.450	.562	.12333	.21029	-.30477	.55144
	aces	.736	.397	.319	34	.752	.07361	.23080	-.39543	.54265



	Equal variances not assumed			.319	31.430	.752	.07361	.23080	-.39685	.54407
PH012	Equal variances assumed	2.016	.165	2.820	34	.008	.64639	.22925	.18049	1.11229
	Equal variances not assumed			2.820	31.227	.008	.64639	.22925	.17896	1.11382
PH24	Equal variances assumed	.010	.921	.652	34	.519	.13167	.20193	-.27870	.54203
	Equal variances not assumed			.652	33.955	.519	.13167	.20193	-.27872	.54205
PH28	Equal variances assumed	1.540	.223	.335	34	.740	.08194	.24483	-.41562	.57951
	Equal variances not assumed			.335	28.078	.740	.08194	.24483	-.41951	.58340
PH212	Equal variances assumed	5.435	.026	2.639	34	.012	.65472	.24812	.15049	1.15896
	Equal variances not assumed			2.639	30.997	.013	.65472	.24812	.14868	1.16076
PH48	Equal variances assumed	4.002	.053	-.233	34	.817	-.04972	.21365	-.48391	.38447
	Equal variances not assumed			-.233	27.467	.818	-.04972	.21365	-.48775	.38831
PH412	Equal variances assumed	2.758	.106	2.287	34	.029	.52306	.22869	.05830	.98781
	Equal variances not assumed			2.287	28.829	.030	.52306	.22869	.05521	.99090
PH812	Equal variances assumed	4.114	.050	2.616	34	.013	.57278	.21896	.12780	1.01775
	Equal variances not assumed			2.616	28.016	.014	.57278	.21896	.12427	1.02128

Perbandingan Perubahan nilai L Test Statistics^a

	L02	L04	L08	L012	L24	L28	L212	L48	L412	L812
Mann-Whitney U	115.000	133.000	156.000	118.000	153.000	135.000	146.500	125.000	146.000	86.000
Wilcoxon W	286.000	304.000	327.000	289.000	324.000	306.000	317.500	296.000	317.000	257.000
Z	-1.487	-.918	-.190	-1.392	-.285	-.854	-.490	-1.171	-.506	-2.405
Asymp. Sig. (2-tailed)	.137	.359	.849	.164	.776	.393	.624	.242	.613	.016
Exact Sig. [2*(1-tailed Sig.)]	.143 ^b	.372 ^b	.864 ^b	.171 ^b	.791 ^b	.406 ^b	.628 ^b	.252 ^b	.628 ^b	.016 ^b

a. Grouping Variable: Kelompok

b. Not corrected for ties.



Perubahan nilai A**Test Statistics^a**

	A02	A04	A08	A012	A24	A28	A212	A48	A412	A812
Mann-Whitney U	133.000	108.500	157.000	124.000	112.500	148.500	120.500	105.000	70.000	116.000
Wilcoxon W	304.000	279.500	328.000	295.000	283.500	319.500	291.500	276.000	241.000	287.000
Z	-.918	-1.693	-.158	-1.202	-1.566	-.427	-1.313	-1.803	-2.911	-1.456
Asymp. Sig. (2-tailed)	.359	.090	.874	.229	.117	.669	.189	.071	.004	.146
Exact Sig. [2*(1-tailed Sig.)]	.372 ^b	.091 ^b	.888 ^b	.239 ^b	.118 ^b	.673 ^b	.192 ^b	.074 ^b	.003 ^b	.152 ^b

a. Grouping Variable: Kelompok

b. Not corrected for ties.

Perubahan nilai B**Test Statistics^a**

	B02	B04	B08	B012	B24	B28	B212	B48	B412
Mann-Whitney U	122.000	149.000	132.000	116.500	112.000	141.500	140.000	154.500	141.000
Wilcoxon W	293.000	320.000	303.000	287.500	283.000	312.500	311.000	325.500	312.000
Z	-1.266	-.411	-.949	-1.440	-1.582	-.649	-.696	-.237	-.664
Asymp. Sig. (2-tailed)	.206	.681	.343	.150	.114	.517	.486	.812	.506
Exact Sig. [2*(1-tailed Sig.)]	.214 ^b	.696 ^b	.355 ^b	.152 ^b	.118 ^b	.521 ^b	.501 ^b	.815 ^b	.521 ^b

a. Grouping Variable: Kelompok

b. Not corrected for ties.

Melanin Indeks**Independent Samples Test**

		Levene's Test for Equality of Variances		t-test for Equality of Means					95% Confidence Interval of the Difference	
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper
Melanin02	Equal variances assumed	1.915	.175	.336	34	.739	4.50056	13.39660	-22.72462	31.72573
	Equal variances not assumed			.336	28.986	.739	4.50056	13.39660	-22.89915	31.90026
Melanin04	Equal variances assumed	.236	.630	-.034	34	.973	-.55500	16.45565	-33.99690	32.88690
	Equal variances not assumed			-.034	33.999	.973	-.55500	16.45565	-33.99693	32.88693
		.742	.395	.631	34	.532	8.88944	14.08958	-19.74402	37.52291
				.631	32.965	.532	8.88944	14.08958	-19.77715	37.55604



Eritema24	Equal variances assumed	.959	.334	-.517	34	.609	-21.88889	42.34383	-	64.16412
	Equal variances not assumed			-.517	33.097	.609	-21.88889	42.34383	-	64.25070
Eritema212	Equal variances assumed	.097	.757	.304	34	.763	15.25000	50.16958	-86.70686	117.20686
	Equal variances not assumed			.304	33.878	.763	15.25000	50.16958	-86.72041	117.22041
Eritema48	Equal variances assumed	.014	.905	2.306	34	.027	111.38889	48.31246	13.20616	209.57162
	Equal variances not assumed			2.306	33.401	.027	111.38889	48.31246	13.14127	209.63651
Eritema412	Equal variances assumed	.097	.757	.738	34	.466	37.13889	50.33902	-65.16231	139.44009
	Equal variances not assumed			.738	33.978	.466	37.13889	50.33902	-65.16475	139.44253
Eritema812	Equal variances assumed	2.123	.154	-	34	.074	-74.25000	40.29678	-	7.64291
	Equal variances not assumed			-	32.946	.074	-74.25000	40.29678	-	7.73948

Pigmentation

Test Statistics^a

	Pigmen02	Pigmen04	Pigmen08	Pigmen012	Pigmen24	Pigmen28	Pigmen212	Pigmen412	Pigmen812
Mann-Whitney U	130.500	121.500	113.000	108.000	104.000	113.000	106.000	141.500	141.500
Wilcoxon Signed-Rank Test	301.500	292.500	284.000	279.000	275.000	284.000	277.000	312.500	312.500
Z	-1.121	-1.303	-1.573	-1.730	-1.934	-1.602	-1.802	-.663	-.706
Asymp. Sig. (2-tailed)	.262	.192	.116	.084	.053	.109	.072	.507	.480
Exact Sig. [2*(1-tailed Sig.)]	.323 ^b	.203 ^b	.126 ^b	.091 ^b	.068 ^b	.126 ^b	.079 ^b	.521 ^b	.521 ^b

ompok



UV Spots**Test Statistics^a**

	UVspot 02	UVspot 04	UVspot 08	UVspot0 12	UVspot 24	UVspot 28	UVspot2 12	UVspot 48	UVspot4 12	UVspot8 12
Mann-Whitney	152.000	160.500	155.500	158.500	141.500	138.000	137.500	140.000	137.500	153.000
Wilcoxon W	323.000	331.500	326.500	329.500	312.500	309.000	308.500	311.000	308.500	324.000
Z	-.341	-.049	-.209	-.112	-.705	-.776	-.788	-.714	-.789	-.310
Asymp. Sig. (2- tailed)	.733	.961	.835	.911	.481	.438	.431	.475	.430	.757
Exact Sig. [2*(1-tailed Sig.)]	.767 ^b	.963 ^b	.839 ^b	.913 ^b	.521 ^b	.462 ^b	.443 ^b	.501 ^b	.443 ^b	.791 ^b

a. Grouping Variable: Kelompok

b. Not corrected for ties.



Lampiran 4. Foto kegiatan penelitian

