

## DAFTAR PUSTAKA

- Adiputra Sudarma, I. M., & Trisnadewi, Ni Wayan, D. (2021). Metodologi Penelitian Kesehatan. In: Metodologi Penelitian Kesehatan. In *Angewandte Chemie International Edition*, 6(11), 951–952. (Issue 2021). [http://bppsdmk.kemkes.go.id/pusdiksdmk/wp-content/uploads/2018/09/Metodologi-Penelitian-Kesehatan\\_SC.pdf](http://bppsdmk.kemkes.go.id/pusdiksdmk/wp-content/uploads/2018/09/Metodologi-Penelitian-Kesehatan_SC.pdf)
- Agustiyaningsih, T., Freeska, O., Marta, D., & Wahyu, E. (2020). *Identifikasi aktivitas fisik pada pasien pasca Stroke Identification of Physical Activities in Post Stroke Patients*. 11(1), 91–96.
- Crawford, T., Parsons, J., Webber, S., Fricke, M., & Thille, P. (2022). Strategies to Increase Access to Outpatient Physiotherapy Services: A Scoping Review. *Physiotherapy Canada*, 74(2), 197–207. <https://doi.org/10.3138/ptc-2020-0119>
- Fletcher, G. F., Landolfo, C., Niebauer, J., Ozemek, C., Arena, R., & Lavie, C. J. (2018). Promoting Physical Activity and Exercise: JACC Health Promotion Series. *Journal of the American College of Cardiology*, 72(14), 1622–1639. <https://doi.org/10.1016/j.jacc.2018.08.2141>
- Goncalves, S., Le Bourvellec, M., Mandigout, S., & Duclos, N. C. (2023). Impact of Active Physiotherapy on Physical Activity Level in Stroke Survivors: A Systematic Review and Meta-Analysis. *Stroke*, 54(12), 3097–3106. <https://doi.org/10.1161/STROKEAHA.123.043629>
- Hasmara, I., & Satya, P. (2021). Tingkat Aktivitas Fisik Mahasiswa Pendidikan Jasmani Saat Pandemi Covid-19. *SPRINTER: Jurnal Ilmu Olahraga*, 2(3), 208.
- Harmayetty, H., Ni'mah, L., & Firdaus, A. S. N. (2020). Hubungan Dukungan Keluarga dan Kepatuhan Rehabilitasi dengan Kemandirian Pasien Pasca Stroke. *Crit. Med. Surgical. Nurs. J*, 8(2), 26-33.
- Joseph, G., & Sumampouw, O. J. (2022). Hubungan antara Posisi Kerja dengan Keluhan Muskuloskeletal pada Nelayan. *Health Care : Jurnal Kesehatan*, 11(1), 34–42.
- Julia, K. T., Saraswati, N. P. G. K., Tianing, N. W., & Nugraha, M. H. S. (2022). Postur Kerja Dengan Kejadian Muskuloskeletal Disorders Pada Perajin Tanah Liat. *Majalah Ilmiah Fisioterapi Indonesia*, 10(2), 102. <https://doi.org/10.24843/mifi.2022.v10.i02.p08>
- Katmaryzk, P. T., Friedenreich, C., Shiroma, E. J., & Lee, I.-M. (2022). *Fisioterapi dan PTM.pdf*.
- Kemenkes RI. (2024). *Kategori Usia*.
- Lindsay Smith, G., Banting, L., Eime, R., O'Sullivan, G., & van Uffelen, J. G. Z. (2017). The association between social support and physical activity in older adults: a systematic review. *The International Journal of Behavioral Nutrition and Physical Activity*, 14(1), 56. <https://doi.org/10.1186/s12966-017-0509-8>
- P2TM Kemenkes RI. (2018). *Manfaat aktivitas fisik*. Direktorat P2PTM.
- Park, J., & Lee, K. H. (2020). The Effect of Muskuloskeletal Disorders Body Region and Pain Level in Elderly People on Dynamic Balance Ability. *Journal of Men's Health*, 16(September), 98–108. <https://doi.org/10.31083/jomh.v16i3.285>
- Peng, C. Y., Hsieh, H. M., Li, M. Y., Liaw, L. J., Wang, C. L., Pan, C. H., & Wu, M. T. (2021). Gender differences and site-specific incident risks of musculoskeletal disorders among 224 506 workers in the food and beverage service industry in Taiwan: A 15-year Nationwide Population-Based Cohort Study. *Journal of Occupational Health*, 63(1), 1–11. <https://doi.org/10.1002/1348-9585.12214>



icciari, L., Proietti, S., Agostini, F., Gabbani, D., Goffredo, M., Damiani, C., & M. (2023). Which items of the modified Barthel Index can predict functional status at discharge from inpatient rehabilitation? A secondary analysis retrospective study. *International Journal of Rehabilitation Research*, 46(3), 230–237. <https://doi.org/10.1097/MRR.0000000000000584>

Phillips, S. M., Richardson, J., & Tang, A. (2022). Role of Resistance Training

in Mitigating Risk for Mobility Disability in Community-Dwelling Older Adults: A Systematic Review and Meta-analysis. *Archives of Physical Medicine and Rehabilitation*, 103(10), 2023–2035. <https://doi.org/10.1016/j.apmr.2022.04.002>

Putri, A. Y., & Permatasari, H. (2023). *Gambaran Tingkat Kemandirian Lansia di Panti Sosial Tresna Werdha Budi Luhur Provinsi Jambi*. Online Journal Universitas Jambi.

Rentería-Sierra, L. M., Hernández-Zorrilla, G., & Wilches-Luna, E. C. (2020). Relationship between functional independence and grip strength in adult patients treated at intermediate care. *Fisioterapia e Pesquisa*, 27(4), 399–404. <https://doi.org/10.1590/1809-2950/20010727042020>

Rofi'i, M. (2024). Tingkat Kemandirian Pasien Dengan Gangguan Mobilitas Fisik Dengan Berbagai Macam Penyakit. *Holistic Nursing and Health Science*, 7(1), 16–29. <https://doi.org/10.14710/hnhs.7.1.2024.16-29>

Rosdiana, I., & Jannah, D. (2023). *Pengaruh Edukasi Latihan Pasien Paska Stroke dan Kemandirian Aktivitas Kehidupan Sehari-hari*. 5(2), 147–155.

Rusila, Y., & Edward, K. (2022). Hubungan Antara Umur, Masa Kerja dan Beban Kerja Fisik dengan Kelelahan Kerja pada Pekerja di Pabrik Kerupuk Subur dan Pabrik Kerupuk Sahara di Yogyakarta. *Jurnal Lentera Kesehatan Masyarakat*, 1(1), 39–49.

Sriadi, S. (2020). *Kemandirian Aktivitas Hidup Sehari-hari Bagi Pasien Pasca Stroke: Studi Literatur*. ProNers, 5(2). Jurnal Untan

Wardani, E. S., et al. (2023). *Pengaruh Rehabilitasi Fungsional terhadap Tingkat Kemandirian Pasien Pasca Rekonstruksi ACL*. Proceedings UMS.

World Health Organization. (2020a). *Global recommendation on physical activity for health*.

World Health Organization. (2020b). *Guidelines on physical activity and sedentary behaviour*.

