

BAB VIII KESIMPULAN DAN SARAN

8.1 Kesimpulan

Dari penelitian ini dapat disimpulkan bahwa:

1. GETA yang dikombinasikan dengan ESPB pada pasien Carcinoma mammae yang menjalani operasi unilateral MRM menurunkan NRS dibandingkan dengan GETA saja.
2. ESPB dapat menurunkan penggunaan opioid selama periode sesudah operasi.
3. ESPB menurunkan NLR yang menandakan suatu proses kekebalan tubuh.
4. ESPB dalam penelitian ini memperlihatkan lama rawat pasien yang lebih singkat.

8.2 Saran

Adapun saran yang bisa kami berikan adalah:

1. GETA dengan ESPB sebagai salah satu komponen multi modal analgesia pada operasi MRM.
2. ESPB dapat diterapkan pada operasi di daerah dada selain MRM, seperti thorakotomi dengan memberikan hasil yang tidak jauh berbeda.
3. Untuk operasi daerah abdomen dan sekitarnya, bahkan partus normal, dimungkinkan ESPB akan memiliki efek yang sama dalam menurunkan NRS.
4. Dengan mempersingkat waktu rawat inap pasien, akan memberikan keuntungan biaya bagi rumah sakit, terutama pasien asuransi.

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LAMPIRAN

Lampiran 1. Persetujuan Etik Penelitian

 <p>UNIVERSITAS GUNUNG JATI P. I. N. T. A. R</p>		<p>Kampus 4 : Jl. Taman Pemuda No 2 Lapangan Bima Kota Cirebon Kampus 3 : Jl. Terusan Pemuda No.1 A Cirebon 45132 (0231) 483928 (hunting) Fax. (0231) 488923 Website : fkunswagati.ac.id E-mail : fkunswagati01@gmail.com</p>
<p>KETERANGAN LAYAK ETIK <i>DESCRIPTION OF ETHICAL APPROVAL</i> "ETHICAL APPROVAL"</p>		
<p>No.182/EC/FKUGJ/IX/2023</p>		
<p>Protokol penelitian versi 2 yang diusulkan oleh : <i>The research protocol proposed by</i></p>		
<p>Peneliti utama <i>Principal In Investigator</i></p>	<p>: Aris Sunaryo, dr., SpAn-TI, MKes</p>	
<p>Nama Institusi <i>Name of the Institution</i></p>	<p>: Departemen Ilmu Anestesi, Perawatan Intensif & Manajemen Nyeri, Fakultas Kedokteran Universitas Hasanuddin</p>	
<p>Dengan judul: <i>Title</i></p>		
<p>"Efek Blok Erector Spinae Plane (ESP) Untuk Mengurangi Nyeri, Penggunaan Opioid, Insidensi Mual-Muntah Dan Lama Rawat Pasca Pembedahan Modified Radikal Mastectomy"</p>		
<p><i>"Effects of erector spinae plane (ESP) block to reduce pain, opioid use, incidence of nausea-vomiting and length of stay after surgery modified radical mastectomy"</i></p>		
<p>Dinyatakan layak etik sesuai 7 (tujuh) Standar WHO 2011, yaitu 1) Nilai Sosial, 2) Nilai Ilmiah, 3) Pemerataan Beban dan Manfaat, 4) Risiko, 5) Bujukan/Eksploitasi, 6) Kerahasiaan dan Privacy, dan 7) Persetujuan Setelah Penjelasan, yang merujuk pada Pedoman CIOMS 2016. Hal ini seperti yang ditunjukkan oleh terpenuhinya indikator setiap standar.</p>		
<p><i>Declared to be ethically appropriate in accordance to 7 (seven) WHO 2011 Standards, 1) Social Values, 2) Scientific Values, 3) Equitable Assessment and Benefits, 4) Risks, 5) Persuasion/Exploitation, 6) Confidentiality and Privacy, and 7) Informed Consent, referring to the 2016 CIOMS Guidelines. This is as indicated by the fulfillment of the indicators of each standard.</i></p>		
<p>Pernyataan Laik Etik ini berlaku selama kurun waktu tanggal 04 September 2023 sampai dengan tanggal 04 September 2024.</p>		
<p><i>This declaration of ethics applies during the period September 04, 2023 until September 04, 2024.</i></p>		
	<p>September 04, 2023 <i>Professor and Chairperson,</i></p>  <p>Atik Sutisna, dr., Sp. An</p>	



**UGJ UNIVERSITAS
SWADAYA
GUNUNG
DJATI**
P. I . N . T . A . R



Kampus 4 : Jl. Taman Pemuda No 2 Lapangan Birma Kota Cirebon
Kampus 3 : Jl. Terusan Pemuda No.1 A Cirebon 45132
(0231) 483928 (hunting) Fax. (0231) 488923
Website : fkunswagati.ac.id | E-mail : fkunswagati01@gmail.com

KETERANGAN ADDENDUM

182/ADD/FKUGJ/VI/2024

Permohonan addendum yang diusulkan oleh:

Peneliti Utama : ARIS SUNARYO, dr., SpAn., Mkes.
Nama Institusi : RSUD WALED
Dengan Judul : Efek Blok Erector Spinae Plane (ESP) Untuk Mengurangi Nyeri, Penggunaan Opioid, Insidensi Mual-Muntah Dan Lama Rawat Pasca Pembedahan Modified Radikal Mastectomy
No. Ethical Clearance : No. 182/EC/FKUGJ/IX/2023
Nomor Protokol : 0023213274212272023070300001
Versi Protokol : 2
Perubahan : Peneliti menambahkan NLR sebagai biomarker dalam menentukan perkembangan penyakit dan menghilangkan insidensi PONV dalam protokol penelitian

dinyatakan layak etik dan perubahan tersebut masih sesuai dengan prinsip-prinsip yang dinyatakan dalam Deklarasi Helsinki 1975 yang diamandemen di Seoul 2008 dan Standar Etik Penelitian Dan Pengembangan Kesehatan Nasional Tahun 2017, Komisi Etik Penelitian dan Pengembangan Kesehatan Nasional (KEPPKN) Kementerian Kesehatan Republik Indonesia

Ditetapkan di Cirebon, 28-06-2024

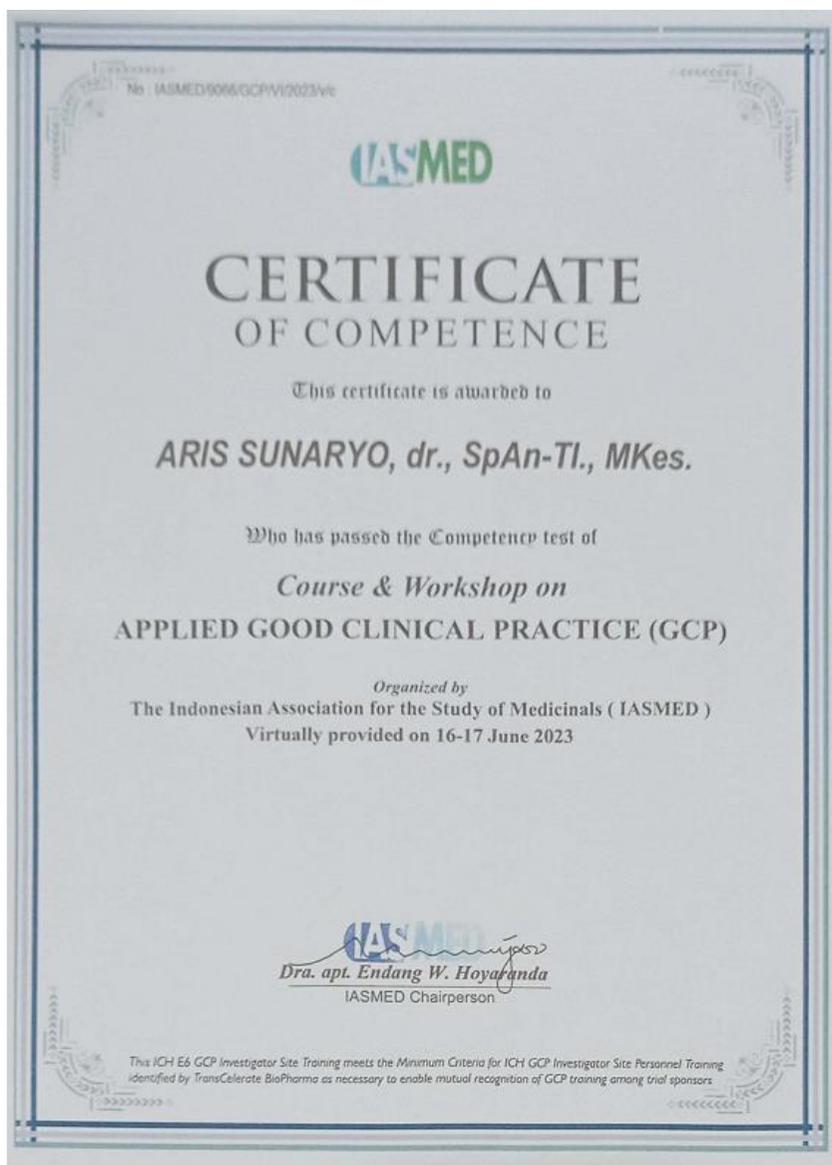
Komite Etik Penelitian Kesehatan Fakultas Kedokteran UGJ

Ketua

Atik Sutisna, dr., Sp.An.



Lampiran 2. Sertifikat Good Clinical Practice (GCP).



Lampiran 3 Daftar Riwayat Hidup



Nama	Aris Sunaryo	
NPM	C018202007	
Alamat	Jl. Melati No 23 Wiratama Tuparev Kedawung Kab. Cirebon.	
Riwayat Pendidikan	S1-Profesi: Fakultas Kedokteran Universitas Padjadjaran Bandung.	Agustus 1991 – September 1997
	PPDS-1: Anestesiologi dan Reanimasi Terapi Intensif, Fakultas Kedokteran Universitas Padjadjaran Bandung.	September 2005 – Januari 2009
	S2-Magister Kesehatan: Konsentrasi Ilmu Anestesiologi (Program Double Degree)	September 2007 – Januari 2009
Riwayat Pekerjaan	PTT Puskesmas Manyampa dan Bontotiro Bulukumba Sulawesi Selatan	Juli 1998-Juni 2001
	ASN RSUD Waled Kab. Cirebon.	Desember 2012 – sekarang.
	Penanggung Jawab Klinik Nyeri RSUD Waled dan RS Pelabuhan IHC Cirebon.	Januari 2022 – sekarang.
