

DAFTAR PUSTAKA

- Abramson, L. Y., Metalsky, G. I., & Alloy, L. B. (1989). Hopelessness depression: A theory-based subtype of depression. *Psychological Review*, 96(2), 358–372. <https://doi.org/10.1037/0033-295X.96.2.358>
- Afifi, T. O., Salmon, S., Taillieu, T., & Stewart-Tufescu, A. (2022). Associations between child maltreatment and major depressive disorder: A national study. *Journal of Affective Disorders*, 305, 187–194. <https://doi.org/10.1016/j.jad.2022.02.045>
- Aini, K., & Wulan, N. (2023). PENGALAMAN TRAUMA MASA KECIL DAN EKSPLORASI INNER CHILD PADA MAHASISWA KEPERAWATAN STIKES KUNINGAN: STUDI FENOMENOLOGI. *Jurnal Ilmu Kesehatan Bhakti Husada: Health Sciences Journal*, 14(01), 33–40. <https://doi.org/10.34305/jikbh.v14i01.684>
- Akbar, F., Sugiyono, & Wardani, N. (2024). Statistical methods in social research: Application in SPSS. *Journal of Educational Measurement*, 10(2), 45–52.
- Akmalia, F. (2023). Pengaruh *adverse childhood experiences* dan self-compassion terhadap praktik pengasuhan orang tua di Indonesia. *Fakultas Psikologi UIN Syarif Hidayatullah Jakarta*.
- Ambali, D. D. W., Palette, T., & Almar, J. (2021). HUBUNGAN DEPRESI DENGAN KECENDERUNGAN BUNUH DIRI PADA REMAJA DI KECAMATAN SOPAI KABUPATEN TORAJA UTARA TAHUN 2021. *Jurnal Ilmiah Kesehatan Promotif*, 5(2), 174–186. <https://doi.org/https://doi.org/10.56437/jikp.v5i2.48>
- Amdadi, Z., Nurdin, N., Eviyanti, E., & Nurbaeti, N. (2021). GAMBARAN PENGETAHUAN REMAJA PUTRI TENTANG RISIKO PERKAWINAN DINI DALAM KEHAMILAN DI SMAN 1 GOWA. *urnal Inovasi Penelitian*, 2(7), 2067–2074.
- American Psychiatric Association. (2013). *Diagnostic and Statistical Manual of Mental Disorders*. American Psychiatric Association. <https://doi.org/10.1176/appi.books.9780890425596>
- Amini, N. A., Prastia, T. N., & Pertiwi, F. D. (2020). FACTORS RELATED TO ADOLESCENT DEPRESSION LEVELS IN YPH PLUS BOGOR HIGH SCHOOL BOGOR 2019. *PROMOTOR Jurnal Mahasiswa Kesehatan Masyarakat*, 3(4), 387–395.
- Anda, R. F., Brown, D. W., Dube, S. R., Bremner, J. D., Felitti, V. J., & Giles, W. H. (2008). *Adverse Childhood Experiences* and Chronic Obstructive Pulmonary Disease in Adults. *American Journal of Preventive Medicine*, 34(5), 396–403. <https://doi.org/10.1016/j.amepre.2008.02.002>
- Anshori, M. Y., Saifullah, A. D., & Sandhi, A. (2022). Gejala Depresi pada Remaja Korban Bullying: A Scoping Review. *Jurnal Keperawatan Klinis dan Komunitas*, 2(3), 162. <https://doi.org/10.22146/jkkk.44273>
- Aprilia, A. A. T., Wibawa, A., & Suharti, B. (2024). Komunikasi Intrapersonal (Self-Talk) Dalam Meningkatkan Kesadaran Dampak Buruk Self-Harm Pada Remaja Brokenhome. *Jurnal Communio : Jurnal Jurusan Ilmu Komunikasi*, 13(1), 29–43. <https://doi.org/10.35508/jikom.v13i1.9284>
- Aprillia, A. D. (2025). Dampak Trauma Masa Kecil terhadap Fungsi Psikososial Dewasa. *Literacy Notes*, 1(1), 1–9.
- Arsini, Y., Nasution, A. L., & Hayani, R. N. (2023). Hubungan Gejala Depresi pada Remaja dengan Prestasi Akademik di Provinsi Sumatera Utara. *MUDABBIR*

- Journal Research and Education Studies, 3(2), 1–9.
<https://doi.org/10.56832/mudabbir.v3i2.364>
- Arulsamy, K., Sihombing, Y., & Wulandari, R. (2025). Prevalence and mental health correlates of *adverse childhood experiences* in Indonesia: A cross-sectional online survey. *Asian Journal of Psychiatry*, 98, 104256.
<https://doi.org/10.1016/j.ajp.2025.104256>
- Aulia, N., Yulastri, Y., & Sasmita, H. (2020). Faktor Psikologi Sebagai Risiko Utama Ide Bunuh Diri pada Remaja di Kota Rengat Kabupaten Indragiri Hulu. *Jurnal Penelitian Kesehatan "SUARA FORIKES" (Journal of Health Research "Forikes Voice")*, 11, 48. <https://doi.org/10.33846/sf11nk110>
- Australian Child Maltreatment Study. (2025). Fourth round report: Economic evaluation of family-based interventions. Queensland: Queensland University of Technology.
- Baldwin, J. R., Reuben, A., Newbury, J. B., & Danese, A. (2024). Agreement between prospective and retrospective measures of childhood maltreatment and their associations with psychopathology. *JAMA Psychiatry*, 81(2), 145-153.
<https://doi.org/10.1001/jamapsychiatry.2023.4567>
- Beck, A. T. (1967). *Depression: Clinical, experimental, and theoretical aspects*.
- Bowlby, J. (1969). *Attachment and Loss* (Vol. 1).
- Bradshaw, C. P., & Kupferman, S. (2025). Parental incarceration and child outcomes: An evidence and gap map protocol. *Campbell Systematic Reviews*, 21(1), e70012. <https://doi.org/10.1002/cl2.70012>
- Chen, Y., Liu, X., & Zhang, W. (2025). Childhood maltreatment and transdiagnostic outcomes in adolescence: The moderating role of extraversion. *Psychological Medicine*, 55(3), 412-425. <https://doi.org/10.1017/S0033291724003452>
- Downey, C., & Crummy, A. (2022). The impact of childhood trauma on children's wellbeing and adult behavior. *European Journal of Trauma & Dissociation*, 6(1), 100237. <https://doi.org/10.1016/j.ejtd.2021.100237>
- Edwards, E. R., & Thompson, K. L. (2025). Maladaptive appraisals and post-traumatic depression in children and adolescents: A meta-analysis. *Journal of Affective Disorders*, 368, 234-246. <https://doi.org/10.1016/j.jad.2024.09.123>
- Erlita, B., Anggadewi, T., Guru, P., & Dasar, S. (2020). *Solution : Jurnal of Counseling and Personal Development Dampak Psikologis Trauma Masa Kanak-kanak Pada Remaja*. 2, 1–7.
- Erskine, H. E., & Indonesia National Mental Health Survey Team. (2025). *National Adolescent Mental Health Survey (NAMHS) Indonesia: Technical report*. Jakarta: Ministry of Health Republic of Indonesia.
- Etkin, P., O'Donnell, M., & Higgins, D. (2024). Ecological predictors of multi-type child maltreatment: A population-based study. *Child Abuse & Neglect*, 147, 106569.
<https://doi.org/10.1016/j.chiabu.2023.106569>
- Faizatin, N. S. (2022). *Perkembangan Remaja (Adolescence)*.
- Fauzi Nabilah, I., & Putri Nirmala, A. (2023). Penerapan Terapi Ekspresif untuk Menurunkan Gejala Depresi pada Remaja. *JURNAL PSIMAWA*, 6(1).
<https://doi.org/10.36761/jp.v6i1.2948>
- Felitti, V. J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., & Marks, J. S. (1998). Relationship of Childhood *Abuse* and *Household Dysfunction* to Many of the Leading Causes of Death in Adults. *American Journal of Preventive Medicine*, 14(4), 245–258.
[https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)

- Gomes, A. P., Soares, A. L., & Gonçalves, H. (2026). *Adverse childhood experiences and depression: A systematic review with meta-analysis of 1.1 million participants*. *Child Psychiatry & Human Development*, 57(2), 189-204. <https://doi.org/10.1007/s10578-025-01789-8>
- Gonzalez-Castro, T. B., Tovilla-Zarate, C. A., & Fresan, A. (2026). Cumulative childhood trauma and major depressive episode in Latin American population. *Journal of Psychiatric Research*, 145, 210-217. <https://doi.org/10.1016/j.jpsychires.2025.11.008>
- Gross, J. J. (1998). The Emerging Field of Emotion Regulation: An Integrative Review. *Review of General Psychology*, 2(3), 271-299. <https://doi.org/10.1037/1089-2680.2.3.271>
- Harahap, E. Y., Septianingrum, Y., Wijayanti, L., Sholeha, U., & Hasina, S. N. (2023). Depresi Pasca Stroke (PSD): A Systematic Review. *Jurnal Keperawatan*, 15(2), 859-866.
- Hartoyo, A., & Wulandari, S. (2023). TRAUMA MASA KECIL DAN DAMPAKNYA TERHADAP KEPERIBADIAN. *LEARNING : Jurnal Inovasi Penelitian Pendidikan dan Pembelajaran*, 3(2), 182-192. <https://doi.org/10.51878/learning.v3i2.3259>
- Hasanah, U., Widyawati, Y., & Sulistyorini, L. (2025). Perceived interparental conflict and depressive symptoms among Javanese adolescents. *Jurnal Psikologi Klinis Indonesia*, 10(1), 45-58.
- Health Policy Institute of Ohio. (2026). Policy options to improve mental health outcomes for at-risk youth and prevent justice system involvement. Columbus, OH: HPIO.
- Heim, C., & Nemeroff, C. B. (2001). The role of childhood trauma in the neurobiology of mood and anxiety disorders: preclinical and clinical studies. *Biological Psychiatry*, 49(12), 1023-1039. [https://doi.org/10.1016/S0006-3223\(01\)01157-X](https://doi.org/10.1016/S0006-3223(01)01157-X)
- Hu, Y., & Zhang, H. (2026). Identifying genome-by-childhood trauma interactions for depression using a forest-based approach in the UK Biobank and Adolescent Brain Cognitive Development Study. *Proceedings of the National Academy of Sciences*, 123(6), e2527955123. <https://doi.org/10.1073/pnas.2527955123>
- Hu, Y., Yang, Y., He, Z., Wang, D., Xu, F., Zhu, X., & Wang, K. (2024). Self-concept mediates the relationships between childhood traumatic experiences and adolescent depression in both clinical and community samples. *BMC Psychiatry*, 24(1), 224. <https://doi.org/10.1186/s12888-024-05671-w>
- Huang, L., Wang, Y., & Chen, S. (2026). Career satisfaction moderates the effect of childhood trauma on depressive symptoms in young adults. *Journal of Career Development*, 53(1), 78-92. <https://doi.org/10.1177/08948453241234567>
- Humphreys, K. L., Moore, S. R., & Davis, M. M. (2022). Verbal abuse exposure and amygdala-prefrontal connectivity in adolescence. *JAMA Psychiatry*, 79(8), 789-797. <https://doi.org/10.1001/jamapsychiatry.2022.1224>
- Institute for Health Metrics and Evaluation. (2025). Global burden of disease study 2024: Mental disorders collaborators. Seattle, WA: IHME.
- Irwanto, & Kumala, H. (2020). Memahami trauma : dengan perhatian khusus pada masa kanak-kanak.
- Izzah Aliyah Zahra, Indah Wahyuningrum, Femas Arifin Yahman, & Nadia Khairina. (2023). Trauma Masa Kecil: Kekerasan yang Memicu Gangguan Stres Pascatrauma (PTSD). *Flourishing Journal*, 3(11), 459-467. <https://doi.org/10.17977/um070v3i112023p459-467>

- Kementerian Kesehatan RI. (2018). Hasil Riset Kesehatan Dasar (Riskesdas) 2018. Jakarta: Badan Penelitian dan Pengembangan Kesehatan.
- Kementerian Kesehatan RI. (2023). Laporan Survei Kesehatan Indonesia (SKI) 2023. Jakarta: Badan Kebijakan Pembangunan Kesehatan.
- Kementerian Pemberdayaan Perempuan dan Perlindungan Anak. (2024). Survei Pengalaman Hidup Anak dan Remaja 2024. Jakarta: KPPPA.
- Kiki prastiti, N., & Ainur Rohmah, F. (2023). Penerapan terapi gestalt pada remaja perempuan yang tinggal di panti asuhan dengan childhood trauma. *Procedia : Studi Kasus dan Intervensi Psikologi*, 11(3), 102–108. <https://doi.org/10.22219/procedia.v11i3.27842>
- Kim, J., Lee, H., & Park, S. (2025). Trajectories of childhood trauma and depression from adolescence to young adulthood. *Journal of Youth and Adolescence*, 54(2), 321-335. <https://doi.org/10.1007/s10964-024-02015-7>
- Komisi Perlindungan Anak Indonesia. (2023). Laporan tahunan 2023: Kasus perlindungan anak. Jakarta: KPAI.
- Kovacs, M. (1992). *Children's Depression Inventory (CDI) Manual*. NY: Multi-Health Systems.
- Kusumayanti, N. K. D. W., Swedarma, K. E., & Nurhesti, P. O. Y. (2020). HUBUNGAN FAKTOR PSIKOLOGIS DENGAN RISIKO BUNUH DIRI PADA REMAJA SMA DAN SMK DI BANGLI DAN KLUNGKUNG. *Coping: Community of Publishing in Nursing*, 8(2), 124. <https://doi.org/10.24843/coping.2020.v08.i02.p03>
- Lailatut Tarwiyah, H. (2022). Pengaruh Religiusitas dalam Membangun Self-Awareness pada Remaja: Literature Review. *JURNAL PSIMAWA*, 5(2). <https://doi.org/10.36761/jp.v5i2.2112>
- Lee, M. H. L., Kaur, M., Shaker, V., Yee, A., Sham, R., & Siau, C. S. (2023). Cyberbullying, Social Media Addiction and Associations with Depression, Anxiety, and Stress among Medical Students in Malaysia. *International Journal of Environmental Research and Public Health*, 20(4), 3136. <https://doi.org/10.3390/ijerph20043136>
- Ljung, T., Chen, Q., Lichtenstein, P., & Larsson, H. (2023). Parental divorce and risk of depression in offspring: A Swedish national cohort study. *Psychological Medicine*, 53(7), 2987-2995. <https://doi.org/10.1017/S003329172100498X>
- Ng, Q. X., & Loke, W. (2025). Childhood maltreatment and major depressive disorder: A Mendelian randomisation study. *British Journal of Psychiatry*, 226(2), 98-105. <https://doi.org/10.1192/bjp.2024.234>
- Norman, R. E., Byambaa, M., De, R., & Butchart, A. (2022). The long-term health consequences of child emotional *neglect*. *PLOS Medicine*, 19(4), e1003967. <https://doi.org/10.1371/journal.pmed.1003967>
- P2PTM Keswa Sulsel. (2025). Data dan Informasi Kesehatan Jiwa. Dinas Kesehatan Provinsi Sulawesi Selatan.
- Putri, F. S., Nazihah, Z., Ariningrum, D. P., Celesta, S., & Herbawani, C. K. (2022). Depresi Remaja di Indonesia: Penyebab dan Dampaknya. *JURNAL KESEHATAN POLTEKKES KEMENKES RI PANGKALPINANG*, 10(2), 99–108.
- Quidé, Y., Jahanshad, N., & Thompson, P. M. (2022). Cortical thickness and hippocampal volume in depression with childhood trauma. *Neuropsychopharmacology*, 47(5), 1065-1073. <https://doi.org/10.1038/s41386-021-01222-3>

- Raby, K. L., Roisman, G. I., & Simpson, J. A. (2023). Childhood *neglect* and depressive symptoms in adulthood: A 20-year prospective study. *Development and Psychopathology*, 35(2), 678-689. <https://doi.org/10.1017/S0954579421001802>
- Rahayu, K., Fitria, V., Septhya, D., Rahmadden, R., & Efrizoni, L. (2023). Klasifikasi Teks untuk Mendeteksi Depresi dan Kecemasan pada Pengguna Twitter Berbasis Machine Learning. *MALCOM: Indonesian Journal of Machine Learning and Computer Science*, 3(2), 108-114. <https://doi.org/10.57152/malcom.v3i2.780>
- Ramadhan, A. F., Laksmi, D. M. S., & Wiyati, W. S. (2022). "DEPRESI": SEBUAH PADUAN SUARA AKAPELA DENGAN PENGGABUNGAN TEKNIK MUSIK BARAT DAN TANGGA NADA SELENDRO BETAWI. *MELODIOUS : JOURNAL OF MUSIC*, 1(1), 19-27. <https://doi.org/10.59997/melodious.v1i1.1792>
- Ranning, A., Madsen, T., & Nordentoft, M. (2022). Offspring of parents with schizophrenia: A Danish population-based cohort study. *Schizophrenia Bulletin*, 48(3), 612-621. <https://doi.org/10.1093/schbul/sbab142>
- Rasyid, L. A., Otong, J., & Mutmainah, N. H. (2023). Dampak Pengalaman Traumatis Masa Kecil pada Remaja. *Fatayat Journal of Gender and Children Studies*, 1(2), 76-88.
- Razak, A., & Ahmad, H. (2024). Pengasuhan dan literasi kesehatan mental ibu rumah tangga di Kota Makassar. *Jurnal Antropologi Indonesia*, 45(1), 67-82.
- Ren, M., Song, J., Zhou, C., Hou, J., Huang, H., & Li, L. (2024). Effects of Family Environment on Depressive Symptoms in Postgraduate Students: Longitudinal Moderating Effect of Family Support and Mediating Effect of Psychological Resilience. *Depression and Anxiety*, 2024(1). <https://doi.org/10.1155/da/3867823>
- Sarmini, S., Putri, A., Maria, C., Syahrias, L., & Mustika, I. (2023). PENYULUHAN MENTAL HEALTH UPAYA UNTUK MENINGKATKAN KESEHATAN MENTAL REMAJA. *MONSU'ANI TANO Jurnal Pengabdian Masyarakat*, 6(1), 154. <https://doi.org/10.32529/tano.v6i1.2400>
- Sugiyono. (2015). Metode penelitian kuantitatif, kualitatif, dan R&D. Alfabeta.
- Sun, J., Wang, R., & Li, M. (2026). Heterogeneous responses to childhood trauma: Profiles of PTSD, distress, and growth among Chinese adolescents. *Frontiers in Psychiatry*, 17, 892345. <https://doi.org/10.3389/fpsyt.2026.892345>
- Teicher, M. H., & Samson, J. A. (2021). Annual Research Review: The neurobiological effects of childhood maltreatment. *Journal of Child Psychology and Psychiatry*, 62(4), 397-418. <https://doi.org/10.1111/jcpp.13107>
- Turney, K., & Goodsell, R. (2023). Paternal incarceration and adolescent mental health. *Journal of Marriage and Family*, 85(2), 456-473. <https://doi.org/10.1111/jomf.12885>
- UNICEF Indonesia. (2024). Profil Kesehatan Remaja Indonesia 2024. UNICEF.
- UNICEF. (2021). The State of the World's Children 2021: On My Mind – Promoting, protecting and caring for children's mental health. UNICEF.
- Wahdi, A. E., Wilopo, S. A., & Erlangga, D. (2023). Emotional violence and psychological distress among Indonesian adolescents: IFLS analysis. *BMC Public Health*, 23(1), 1245. <https://doi.org/10.1186/s12889-023-15987-5>
- Wang, R., Sun, J., Xiao, W., Gao, Y., Li, S., & Wan, Y. (2026). Interactive effects of family socioeconomic status and parental education levels with childhood *abuse* on adolescent depressive symptoms. *Journal of Affective Disorders*, 396, 120853. <https://doi.org/10.1016/j.jad.2025.120853>

- Wang, Y., & Zhang, L. (2025). Emotional *abuse* and depression: The mediating role of negative attention bias and moderating role of expressive suppression. *Cognitive Therapy and Research*, 49(1), 112-124. <https://doi.org/10.1007/s10608-024-10456-7>
- WHO. (2025). Mental health of adolescents. World Health Organization.
- World Health Organization. (2022). World mental health report: Transforming mental health for all. World Health Organization.
- Xiang, Y., Cao, R., & Li, X. (2024). Parental education level and adolescent depression: A multi-country meta-analysis. *Journal of Affective Disorders*, 347, 645–655. <https://doi.org/10.1016/j.jad.2023.11.081>
- Xu, J., & Ouyang, Y. (2025). NR3C1-1F methylation moderates the association between childhood maltreatment and reward positivity. *NeuroImage*, 265, 119823. <https://doi.org/10.1016/j.neuroimage.2024.119823>
- Yang, W., Xiang, Z., Hu, H., Zheng, H., & Zhao, X. (2025). The impact of family socioeconomic status on adolescent mental and physical health: the mediating role of parental involvement in youth sports. *Frontiers in Public Health*, 13. <https://doi.org/10.3389/fpubh.2025.1540968>
- Ye, Y., Zhang, Z., Tao, Z., Liping, C., Wang, Y., Chen, H., Li, S., Chen, X., Tang, H., Zhou, J., & Zhou, J. (2025). Academic Pressure and Psychological Imbalance in High School Students: Predictors of Depression via Polynomial Regression and Response Surface Analysis. *Psychology Research and Behavior Management*, Volume 18, 15–23. <https://doi.org/10.2147/PRBM.S498606>
- Zahira, A. A., Achdiani, Y., & Nastia, G. I. P. (2025). Pola Asuh Beracun Sebagai Faktor Risiko Munculnya Depresi Pada Anak. *Jurnal Teknologi Pendidikan Dan Pembelajaran (JTPP)*, 2(3), 788–792.
- Zhang, L., & Wang, Y. (2026). Bidirectional relationship between depression and autobiographical memory of *adverse childhood experiences*. *Nature Mental Health*, 4(2), 145-158. <https://doi.org/10.1038/s44220-025-00123-4>
- Zhong, Y., Hu, Q., Chen, J., Li, Y., Chen, R., Li, Y., Cong, E., & Xu, Y. (2024). The impact of childhood trauma on Adolescent Depressive Symptoms: the Chain Mediating role of borderline personality traits and self-control. *BMC Psychiatry*, 24(1), 377. <https://doi.org/10.1186/s12888-024-05829-6>
- Zhong, Y., Li, J., & Guo, R. (2024). Childhood trauma and depressive symptoms among adolescents: A cross-sectional study using SPSS analysis. *Child Psychiatry & Human Development*, 55, 83–90.