

DAFTAR PUSTAKA

- Alam, K. H. and Vlastarakos, P. V. (2014) 'Diagnosis and Management of Laryngo-Pharyngeal Reflux', *Indian Journal of Otolaryngology and Head and Neck Surgery*, 66(3), pp. 227–231. doi: 10.1007/s12070-012-0562-1.
- Alina Petre (2021) 'Lemon Juice: Acidic or Alkaline, and Does It Matter?', *Healthline*, pp. 1–14.
- Asyari, A. *et al.* (2018) 'Deteksi pepsin pada saliva pasien refluks laringofaring', *Oto Rhino Laryngologica Indonesiana*, 48(1), p. 65. doi: 10.32637/orli.v48i1.257.
- Ballenger, J. J., 1994. Anatomi Bedah Faring. In: S. A. B. T. RSCM-FKUI, ed. *Penyakit Telinga, Hidung, Tenggorok, Kepala dan Leher*. Jakarta: Binarupa Aksara, p. 318.
- Belafsky, P. C., Postma, G. N. and Koufman, J. A. (2002) 'Validity and Reliability of the Reflux Symptom Index (RSI)', *Journal of Voice*, 16(2), pp. 274–277. doi: 10.1016/S0892-1997(02)00097-8.
- Bhargava, A. *et al.* (2019) 'Role of Proton Pump Inhibitors in Laryngopharyngeal Reflux: Clinical Evaluation in a North Indian Population', *Indian Journal of Otolaryngology and Head and Neck Surgery*, 71(3), pp. 371–377. doi: 10.1007/s12070-018-1493-2.
- Blumin, J. H. & Johnston, N., 2014. Laryngopharyngeal Reflux. In: *Bailey's Head and Neck Surgery-OTOLARYNGOLOGY Fifth edition*. Philadelphia: Lippincott Williams & Wilkins, p. 958.
- Bortoli, N. *et al.* (2013) 'Optimal treatment of laryngopharyngeal reflux disease', *Therapeutic Advances in Chronic Disease*, 4(6), pp. 287–301. doi: 10.1177/2040622313503485.
- Brown, J. and Shermetaro, C. (2021) 'Laryngopharyngeal Reflux', pp. 8–12.
- Campagnolo, A. *et al.* (2013) 'Laryngopharyngeal Reflux: Diagnosis, Treatment, and Latest Research', *International Archives of Otorhinolaryngology*, 18(02), pp. 184–191. doi: 10.1055/s-0033-1352504.
- Dhingra, P., 2004. Disease Of Larynx and Trachea. In: *Disease Of Ear, Nose, and Throat*. India: Elsevier, p. 259
- and Huang, T. (2016) 'Systematic review of the association between acid load, alkaline water and cancer', *BMJ Open*, 6(6), pp. 1–6. doi: 'bmjopen-2015-010438.
- mith, R., 2006. Surgical Anatomy of The Pharynx and Esophagus. *Otolaryngology Basis science and Clinical Review*. New York: Thieme



Glinski, S. and Wallace, T. (2023) *Alkaline Water: Benefits, Side Effects And Dangers, Forbes Health*.

Hermani, B. & Hatauruk, S. M., 2007. Disfonia. In: E. A. Soepardi, N. Iskandar, J. Bashiruddin & R. D. Restuti, eds. *Buku Ajar Ilmu Kesehatan Telinga Hidung dan Tenggorok*. Jakarta: Balai Penerbit Fakultas Kedokteran Universitas Indonesia.

Haastrup, P.F. *et al.* (2021) 'When does proton pump inhibitor treatment become long term? A scoping review', *BMJ Open Gastroenterology*, 8(1), pp. 1–10. Available at: <https://doi.org/10.1136/bmjgast-2020-000563>.

Hussain, R. T., Makhdoomi, O. and Showkat, S. A. (2020) 'Combination drug therapy for laryngopharyngeal reflex', *International Journal of Otorhinolaryngology and Head and Neck Surgery*, 6(5), p. 948. doi: 10.18203/issn.2454-5929.ijohns20201693.

Jin, X. *et al.* (2022) 'Meta-analysis of Proton Pump Inhibitors in the Treatment of Pharyngeal Reflux Disease', *Computational and Mathematical Methods in Medicine*, 2022. doi: 10.1155/2022/9105814

Johnson, H. (2019) 'HOW TO MAKE ALKALINE WATER: 5 SIMPLE WAYS THE 8 BEST SHOWER HEAD FILTERS OF 2019 – BUYING GUIDE & REVIEWS TOP 5 BEST WATER FILTER PITCHERS OF 2019 – BUYER ' S

GUIDE & REVIEWS TOP 12 BEST WATER FILTERS OF 2019 – BUYER ' S GUIDE & BEST GRAVITY WATER FILT', p. 2019.

Juniati, S. H., 2013. Anatomi Esofagus. In: S. H. Juniati, ed. *Ilmu Kesehatan THT KL: Esofagus*. Surabaya: Pusat Penerbit dan Percetakan UNAIR.

Kang, A. *et al.* (2020) 'Is Estrogen a Curse or a Blessing in Disguise? Role of Estrogen in Gastroesophageal Reflux Disease', *Cureus*, 12(10). Available at: <https://doi.org/10.7759/cureus.11180>

Knight, J. *et al.* (2005) 'Sensitive pepsin immunoassay for detection of laryngopharyngeal reflux', *Laryngoscope*, 115(8), pp. 1473–1478. doi: 10.1097/01.mlg.0000172043.51871.d9.

Koufman, J. A. *et al.* (2002) 'Laryngopharyngeal reflux: Position statement of the Committee on Speech, Voice, and Swallowing Disorders of the American Academy of Otolaryngology-Head and Neck Surgery', *Otolaryngology - Head and Neck Surgery*, 127(1), pp. 32–35. doi: 10.1067/mhn.2002.125760.



A. and Johnston, N. (2012) 'Potential benefits of pH 8.8 alkaline water as an adjunct in the treatment of reflux disease', *Annals of Rhinology and Laryngology*, 121(7), pp. 431–434. doi: '000348941212100702.

- Krause, A. J. *et al.* (2022) 'An update on current treatment strategies for laryngopharyngeal reflux symptoms', *Annals of the New York Academy of Sciences*, 1510(1), pp. 5–17. doi: 10.1111/nyas.14728
- Lechien, J. R., Akst, L. M., *et al.* (2019) 'Evaluation and Management of Laryngopharyngeal Reflux Disease: State of the Art Review', *Otolaryngology - Head and Neck Surgery (United States)*, 160(5), pp. 762–782. doi: 10.1177/0194599819827488.
- Lechien, J. R., Mouawad, F., *et al.* (2019) 'Treatment of laryngopharyngeal reflux disease: A systematic review', *World Journal of Clinical Cases*, 7(19), pp. 2995–3011. doi: 10.12998/wjcc.v7.i19.2995.
- Lechien, J. R. *et al.* (2020) 'Laryngopharyngeal reflux: A state-of-the-art algorithm management for primary care physicians', *Journal of Clinical Medicine*, 9(11), pp.1–18. doi: 10.3390/jcm9113618.
- Lechien, J. R. *et al.* (2021) 'Review of management of laryngopharyngeal reflux disease', *European Annals of Otorhinolaryngology, Head and Neck Diseases*, 138(4), pp. 257–267. doi: 10.1016/j.anorl.2020.11.002.
- Liu, D., Qian, T., Sun, S. & Jiang, J. J., 2020. Laryngopharyngeal Reflux and Inflammatory Responses in Mucosal Barrier Dysfunction of the Upper Aerodigestive Tract. *Journal of Inflammation Research* .
- Mohamed, M. A. (2019) 'Gastroenterology and Hepatology Research The Efficacy of PPI in the Treatment of Laryngopharyngeal', (March). doi: 10.17554/j.issn.2224-3992.2019.08.803.
- Netter, F. H., 2014. Head And Neck. In: *Atlas Of Human Anatomy*. Philadelphia: Saunders-Elsevier, p. 64.
- Nunes, H. S. *et al.* (2016) 'Comparison between the Reflux Finding Score and the Reflux Symptom Index in the Practice of Otorhinolaryngology', *International Archives of Otorhinolaryngology*, 20(3), pp. 218–221. doi: 10.1055/s-0036-1579557.
- Patabang, S. and Leda, J. (2018) 'PENGOLAHAN AIR MINUM ALKALI BERBASIS RUMAH TANGGA', *Prosiding Seminar Hasil Pengabdian (SNP2M) 2018 (pp.150-153) 978-602-60766-5-6*, 2018, pp. 150–153.
- Patel, D. A., Blanco, M. and Vaezi, M. F. (2018) 'Laryngeal Disorder: Perspective and Common Practice of the General Gastroenterologist', *Gastroenterology*, 14(9), pp. 512–520.
- Patel, D. A., and Vaezi, M. F. (2013) 'Normal esophageal physiology and laryngeal reflux', *Otolaryngologic Clinics of North America*, 46(6), pp. 1031–1041. doi: 10.1016/j.otc.2013.08.010.



Pelaez, L. (2014) *Bailey's Head and Neck Surgery, Otolaryngology & Neurotology*. doi: 10.1097/mao.0000000000000626.

Pongsa, P. and Tangtreamjitmun, N. (2021) 'Preparation and chemical composition of alkaline water from plant combustion ash', *Malaysian Journal of Analytical Sciences*, 25(1), pp. 129–137.

Ricci, G. *et al.* (2020) 'Signs and symptoms of laryngopharyngeal reflux and its relation to complaints and vocal quality', *Codas*, 32(5), pp. 1–5. doi: 10.1590/2317-1782/20202018052.

Sontag, S. *et al.* (1987) 'Ranitidine Therapy for Gastroesophageal Reflux Disease: Results of a Large Double-blind Trial', *Archives of Internal Medicine*, 147(8), pp. 1485–1491. doi: 10.1001/archinte.1987.00370080123022.

Standring, S., ed., 2016. Larynx. In: *Anatomy-The Anatomical Basis of Clinical Practice*. United State: Elsevier.

Standring, S., ed., 2016. Pharynx. In: *Anatomy-The Anatomical Basis of Clinical Practice*. US: Elsevier, p. 577

Stinnett, S., Dhillon, V. and Akst, L. (2018) 'Laryngopharyngeal Reflux: Current Concepts on Etiology and Pathophysiology and Its Role in Dysphagia', *Current Otorhinolaryngology Reports*, 6(2), pp. 196–202. doi: 10.1007/s40136-018-0192-6.

Sung, C. K. (2017) 'Laryngopharyngeal Reflux (RLF) Protocol'. Tseng, W. H. *et al.* (2022) 'Anatomical and physiological characteristics in patients with Laryngopharyngeal Reflux Symptoms: A case-control study utilizing high-resolution impedance manometry', *Journal of the Formosan Medical Association*, 121(6), pp. 1034–1043. doi: 10.1016/j.jfma.2021.07.025.

World Health Organisation (2007) 'pH in drinking-water', *Guidelines for drinking water quality*, 2(2), pp. 1–7.

Xue, S. *et al.* (2001) 'Bedtime H2 blockers improve nocturnal gastric acid control in GERD patients on proton pump inhibitors', *Alimentary Pharmacology and Therapeutics*, 15(9), pp. 1351–1356. doi: 10.1046/j.1365-2036.2001.01050.x.

Yahya, M. R. *et al.* (2021) 'Effectivity of alkaline water on the clinical improvement opharyngeal reflux', *Journal of thee Medical Sciences (Berkala Ilmu ran)*, 53(1), pp. 1–6. doi: 10.19106/jmedsci005301202101.



et al. (2017) 'A comparison of alkaline water and mediterranean diet n pump inhibition for treatment of laryngopharyngeal reflux', *JAMA ology - Head and Neck Surgery*, 143(10), pp. 1023–1029. doi:

10.1001/jamaoto.2017.1454.

Zalvan, C. H. (2020) *Laryngopharyngeal and Gastroesophageal Reflux: A Comprehensive Guide to Diagnosis, Treatment, and Diet-Based Approaches, Laryngopharyngeal and Gastroesophageal Reflux.*

