

7.2 Saran

Beberapa hal yang dapat disarankan berdasarkan hasil penelitian yang telah dilakukan antara lain :

1. Bagi Masyarakat

Kepada masyarakat agar lebih sadar untuk tidak hanya mencari informasi tentang penyakit tetapi juga mau mencari tahu informasi-informasi tentang pencegahan penyakit dan pencegahan kekambuhan penyakit.

2. Bagi Tenaga Kesehatan

Melakukan program edukasi tentang penyakit batu saluran kemih dan memberikan penyuluhan pencegahan kekambuhan batu saluran kemih serta memberikan brosur atau flyer atau kertas selebaran tentang tindakan pencegahan kekambuhan BSK bagi pasien BSK.

3. Bagi Pemerintah

Mengambil langkah yang lebih proaktif dengan meningkatkan lagi program pencegahan kekambuhan batu saluran kemih di lingkungan masyarakat.

4. Bagi Penelitian Selanjutnya

Kepada peneliti selanjutnya agar bisa mengembangkan lagi penelitian ini supaya bisa menjadi pembelajaran yang lebih baik.

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