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ABSTRACT

A pilot village volunteer programme (VVP) was implemented to produce new knowledge about the extent to which 24 trained village volunteers, taking an integrated One Health approach, could assist their communities by disseminating information on better agricultural and health practices. Just prior to the six-month pilot, the volunteers were mentored in a fourday training programme by local agricultural extension and public health experts. On returning to their villages, contacts and activities by volunteers with local community members were monitored using a CommCare application, enabling uploaded data to be accessed in realtime. The six volunteers in each village coordinated activities to address concerns of households. The VVP resulted in 960 actions (356 agricultural; 604 health), helping in 97% of contacts, most (55-61%) by providing information and others by advising community members where appropriate information could be sourced. Focus group meetings with village leaders, community health staff and local extension officers supported continuation of the VVP through local funding. Six months after the pilot, volunteers were continuing their activities and assisting with other government measures, such as district programmes to reduce childhood stunting and improve waste disposal. Community empowerment using local human resources is sustainable and could be supportive in government programmes.

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Volunteers; health; cocoa; prevention; empowerment; One Health: Indonesia

Introduction

Since the adoption of the 17 Sustainable Development Goals (SDGs) by the United Nations General Assembly in 2015 there has been limited progress for rural farming communities in low- and middle-income countries who continue to live in extreme poverty (United Nations, 2018). This is particularly the case in rural farming communities in Indonesia (World Bank, 27 June, 2019). In 2017 a cross-sectional livelihood survey was administered to 509 respondents in four cocoa farming villages in the District of Polewali-Mandar, West Sulawesi Province, Indonesia (Arsyad et al., 2019). The survey results revealed significant numbers of people with unprotected water sources, poor sanitation, significant stunting, poor nutrition and untreated symptoms of various diseases. Agricultural problems included price fluctuations in an unstable market, limited access to capital,