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Lampiran 1

SURAT PERNYATAAN

KESEDIAAN MENJADI RESPONDEN

Yang bertanda tangan dibawah ini

Nama :

Umur :

Jenis Kelamin :

Alamat :

Selaku pelatih PB Avanti di Kota Makassar menyatakan bahwa anak didik kami bersedia menjadi responden dalam penelitian yang dilakukan oleh Hermilasari dengan judul "*Pengaruh Pemberian Eccentric Strengthening Exercise* Terhadap *Perubahan Foot Alignment, Malleolus Height* dan Tingkat Agility pada Pemain Bulu Tangkis Junior di Kota Makassar". Penelitian ini dilakukan selama enam minggu di GOR Soulmate dan GOR Mutiara yang waktunya disesuaikan dengan jadwal bermain atlet junior tersebut.

Demikian surat pernyataan kesediaan ini saya buat dengan penuh rasa kesadaran dan sukarela.

Makassar, 2019

Pelatih PB Avanti,

_____

SURAT PERNYATAAN

KESEDIAAN MENJADI RESPONDEN

Yang bertanda tangan dibawah ini

Nama :

Umur :

Jenis Kelamin :

Alamat :

Selaku pelatih PB Fillawatch di Kota Makassar menyatakan bahwa anak didik kami bersedia menjadi responden dalam penelitian yang dilakukan oleh Hermilasari dengan judul "*Pengaruh Pemberian Eccentric Strengthening Exercise* Terhadap *Perubahan Foot Alignment*, *Malleolus Height* dan Tingkat Agility pada Pemain Bulu Tangkis Junior di Kota Makassar". Penelitian ini dilakukan selama enam minggu di GOR Anugrah yang waktunya disesuaikan dengan jadwal bermain atlet junior tersebut.

Demikian surat pernyataan kesediaan ini saya buat dengan penuh rasa kesadaran dan sukarela.

Makassar, 2019

Pelatih PB Avanti,

_____

Lampiran 2

INFORMED CONSENT

Saya yang bertanda tangan dibawah ini :

Nama :

Umur :

Alamat :

Bersedia untuk berpartisipasi dalam penelitian yang dilakukan oleh salah satu mahasiswa S1 Fisioterapi Universitas Hasanuddin dengan judul "*Pengaruh Pemberian Eccentric Strengthening Exercise* Terhadap Perubahan *Foot Alignment, Malleolus Height* dan Tingkat *Agility* pada Pemain Bulu Tangkis Junior di Kota Makassar" hingga selesai. Saya telah mendapatkan penjelasan dan memahami informasi yang diberikan oleh peneliti serta mengetahui tujuan dan manfaat penelitian tersebut. Saya mengerti bahwa peneliti akan menjaga kerahasiaan data diri saya. Demikian secara sadar, sukarela, dan tidak ada unsur paksaan dari siapapun, saya bersedia menandatangani lembar persetujuan ini.

Makassar, Februari 2019

Peneliti Responden

HERMILASARI
C13115010

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Lampiran 3

BLANKO HASIL PEGUKURAN *REARFOOT ANGLE, MALLEOLUS HEIGHT* DAN *AGILITY* PADA PEMAIN BULU TANGKIS JUNIOR DI KOTA MAKASSAR

A. *Rearfoot Angle, Malleolus Height* dan *Agility*

No	Nama	Umur	*Foot alignment*						*Malleolus height* kanan		*Malleolus height* kiri		*A*gility
			Kanan			Kiri			Lateral	Medial	Lateral	Medial	
			Calcaneus	Leg	RA	Calcaneus	Leg	RA					

Lampiran 4

HASIL OLAH DATA STATISTIKA

A. Karakteristik Sampel

Umur

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	11	9	30,0	30,0	30,0
	12	2	6,7	6,7	36,7
	13	9	30,0	30,0	66,7
	14	7	23,3	23,3	90,0
	15	3	10,0	10,0	100,0
	Total	30	100,0	100,0	

B. Distribusi Perubahan *foot Alignment*

1. *Rearfoot Angle* Kanan

PreRAkan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	13	43,3	43,3	43,3
	<-5	17	56,7	56,7	100,0
	Total	30	100,0	100,0	

P1Rakan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	13	43,3	43,3	43,3
	<-5	17	56,7	56,7	100,0
	Total	30	100,0	100,0	

P2Rakan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	15	50,0	50,0	50,0
	<-5	15	50,0	50,0	100,0
	Total	30	100,0	100,0	

P3RAKAN

		Frequency	Percent	Valid Percent	Cumulative Percent
	4-4	19	63,3	63,3	63,3
	-5	11	36,7	36,7	100,0
	otal	30	100,0	100,0	

P4RAKAN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	22	73,3	73,3	73,3
	<-5	8	26,7	26,7	100,0
	Total	30	100,0	100,0	

P5RAKAN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	25	83,3	83,3	83,3
	<-5	5	16,7	16,7	100,0
	Total	30	100,0	100,0	

P6RAKAN

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	28	93,3	93,3	93,3
	<-5	2	6,7	6,7	100,0
	Total	30	100,0	100,0	

2. *Rearfoot Angle* Kiri

P1RAKIRI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	13	43,3	43,3	43,3
	<-5	17	56,7	56,7	100,0
	Total	30	100,0	100,0	

P2RAKIRI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	14	46,7	46,7	46,7
	<-5	16	53,3	53,3	100,0
	Total	30	100,0	100,0	

P3RAKIRI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	18	60,0	60,0	60,0
	<-5	12	40,0	40,0	100,0
	Total	30	100,0	100,0	

P4RAKIR

		Frequency	Percent	Valid Percent	Cumulative Percent
	4-4	20	66,7	66,7	66,7
	-5	10	33,3	33,3	100,0
	otal	30	100,0	100,0	

P5RAKIRI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	23	76,7	76,7	76,7
	<-5	7	23,3	23,3	100,0
	Total	30	100,0	100,0	

P6RAKIRI

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	-4-4	26	86,7	86,7	86,7
	<-5	4	13,3	13,3	100,0
	Total	30	100,0	100,0	

C. Distribusi Perubahan *Malleolus Height* Sebelum dan Sesudah Diberikan *Eccentric strenghtening exercise*

1. *Malleolus Height* Kanan *Lateral*

Descriptives

			Statistic	Std. Error
Pre Test Malleolus Height Kanan Lateral	Mean		4,6733	,09837
	95% Confidence Interval for Mean	Lower Bound	4,4721	
		Upper Bound	4,8745	
	5% Trimmed Mean		4,6741	
	Median		4,6000	
	Variance		,290	
	Std. Deviation		,53879	
	Minimum		3,80	
	Maximum		5,50	
	Range		1,70	
	Interquartile Range		1,00	
	Skewness		,061	,427
	Kurtosis		-1,401	,833
Post 1 Test Malleolus Height Kanan Lateral	Mean		4,6733	,09837
	95% Confidence Interval for Mean	Lower Bound	4,4721	
		Upper Bound	4,8745	
	5% Trimmed Mean		4,6741	
	Median		4,6000	
	Variance		,290	
	Std. Deviation		,53879	
	Minimum		3,80	
	Maximum		5,50	
	Range		1,70	

	Interquartile Range		1,00	
	Skewness		,061	,427
	Kurtosis		-1,401	,833
Post 2 Test Malleolus Height Kanan Lateral	Mean		4,7400	,09572
	95% Confidence Interval for Mean	Lower Bound	4,5442	
		Upper Bound	4,9358	
	5% Trimmed Mean		4,7481	
	Median		4,6000	
	Variance		,275	
	Std. Deviation		,52431	
	Minimum		3,80	
	Maximum		5,50	
	Range		1,70	
	Interquartile Range		,83	
	Skewness		,034	,427
	Kurtosis		-1,248	,833
Post 3 Test Malleolus Height Kanan Lateral	Mean		4,8067	,09755
	95% Confidence Interval for Mean	Lower Bound	4,6072	
		Upper Bound	5,0062	
	5% Trimmed Mean		4,8093	
	Median		4,7500	
	Variance		,285	
	Std. Deviation		,53430	
	Minimum		3,80	
	Maximum		5,80	
	Range		2,00	
	Interquartile Range		,92	
	Skewness		,050	,427
	Kurtosis		-1,007	,833
Post 4 Test Malleolus Height Kanan Lateral	Mean		4,8433	,09869
	95% Confidence Interval for Mean	Lower Bound	4,6415	
		Upper Bound	5,0452	
	5% Trimmed Mean		4,8426	
	Median		4,7500	
	Variance		,292	
	Std. Deviation		,54055	
	Minimum		3,90	
	Maximum		5,80	
	Range		1,90	
	Interquartile Range		,92	
	Skewness		,124	,427
	Kurtosis		-1,147	,833
Post 5 Test Malleolus Height Kanan Lateral	Mean		4,9133	,09404
	95% Confidence Interval for Mean	Lower Bound	4,7210	
		Upper Bound	5,1057	
	5% Trimmed Mean		4,9148	
	Median		4,8000	
	Variance		,265	

	Std. Deviation		,51511	
	Minimum		4,00	
	Maximum		5,80	
	Range		1,80	
	Interquartile Range		,90	
	Skewness		,040	,427
	Kurtosis		-1,108	,833
Post 6 Test Malleolus Height Kanan Lateral	Mean		4,9533	,09574
	95% Confidence Interval for Mean	Lower Bound	4,7575	
		Upper Bound	5,1491	
	5% Trimmed Mean		4,9537	
	Median		4,8500	
	Variance		,275	
	Std. Deviation		,52439	
	Minimum		4,00	
	Maximum		5,90	
	Range		1,90	
	Interquartile Range		,90	
	Skewness		,030	,427
	Kurtosis		-,931	,833

2. *Malleolus Height* Kanan *Medial*

Descriptives

			Statistic	Std. Error
Pre Test Malleolus Height Kanan Medial	Mean		5,6933	,10656
	95% Confidence Interval for Mean	Lower Bound	5,4754	
		Upper Bound	5,9113	
	5% Trimmed Mean		5,7093	
	Median		5,7000	
	Variance		,341	
	Std. Deviation		,58365	
	Minimum		4,40	
	Maximum		6,60	
	Range		2,20	
	Interquartile Range		,92	
	Skewness		-,197	,427
	Kurtosis		-,812	,833
Post 1 Test Malleolus Height Kanan Medial	Mean		5,6933	,10656
	95% Confidence Interval for Mean	Lower Bound	5,4754	
		Upper Bound	5,9113	
	5% Trimmed Mean		5,7093	
	Median		5,7000	
	Variance		,341	
	Std. Deviation		,58365	

	Minimum		4,40	
	Maximum		6,60	
	Range		2,20	
	Interquartile Range		,92	
	Skewness		-,197	,427
	Kurtosis		-,812	,833
Post 2 Test Malleolus Height Kanan Medial	Mean		5,7100	,10409
	95% Confidence Interval for Mean	Lower Bound	5,4971	
		Upper Bound	5,9229	
	5% Trimmed Mean		5,7278	
	Median		5,7000	
	Variance		,325	
	Std. Deviation		,57015	
	Minimum		4,40	
	Maximum		6,60	
	Range		2,20	
	Interquartile Range		,90	
	Skewness		-,234	,427
	Kurtosis		-,653	,833
Post 3 Test Malleolus Height Kanan Medial	Mean		5,7467	,10793
	95% Confidence Interval for Mean	Lower Bound	5,5259	
		Upper Bound	5,9674	
	5% Trimmed Mean		5,7648	
	Median		5,7500	
	Variance		,349	
	Std. Deviation		,59116	
	Minimum		4,40	
	Maximum		6,60	
	Range		2,20	
	Interquartile Range		,90	
	Skewness		-,209	,427
	Kurtosis		-,774	,833
Post 4 Test Malleolus Height Kanan Medial	Mean		5,8400	,10132
	95% Confidence Interval for Mean	Lower Bound	5,6328	
		Upper Bound	6,0472	
	5% Trimmed Mean		5,8574	
	Median		5,8500	
	Variance		,308	
	Std. Deviation		,55498	
	Minimum		4,70	
	Maximum		6,60	
	Range		1,90	
	Interquartile Range		,92	
	Skewness		-,255	,427
	Kurtosis		-,973	,833
st Malleolus nan Medial	Mean		5,8933	,09837
	95% Confidence Interval for Mean	Lower Bound	5,6921	
		Upper Bound	6,0945	

	5% Trimmed Mean		5,9074	
	Median		5,9000	
	Variance		,290	
	Std. Deviation		,53879	
	Minimum		4,70	
	Maximum		6,70	
	Range		2,00	
	Interquartile Range		,92	
	Skewness		-,270	,427
	Kurtosis		-,805	,833
Post 6 Test Malleolus Height Kanan Medial	Mean		5,9700	,09099
	95% Confidence Interval for Mean	Lower Bound	5,7839	
		Upper Bound	6,1561	
	5% Trimmed Mean		5,9796	
	Median		6,0500	
	Variance		,248	
	Std. Deviation		,49838	
	Minimum		5,00	
	Maximum		6,70	
	Range		1,70	
	Interquartile Range		,75	
	Skewness		-,162	,427
	Kurtosis		-1,104	,833

3. *Malleolus Height* Kiri *Lateral*

Descriptives

			Statistic	Std. Error
Pre Test Malleolus Height Kiri Lateral	Mean		4,6433	,10201
	95% Confidence Interval for Mean	Lower Bound	4,4347	
		Upper Bound	4,8520	
	5% Trimmed Mean		4,6426	
	Median		4,6500	
	Variance		,312	
	Std. Deviation		,55874	
	Minimum		3,80	
	Maximum		5,50	
	Range		1,70	
	Interquartile Range		1,13	
	Skewness		,067	,427
	Kurtosis		-1,329	,833
st Malleolus Lateral	Mean		4,6433	,10201
	95% Confidence Interval for Mean	Lower Bound	4,4347	
		Upper Bound	4,8520	
	5% Trimmed Mean		4,6426	

	Median		4,6500	
	Variance		,312	
	Std. Deviation		,55874	
	Minimum		3,80	
	Maximum		5,50	
	Range		1,70	
	Interquartile Range		1,13	
	Skewness		,067	,427
	Kurtosis		-1,329	,833
Post 2 Test Malleolus Height Kiri Lateral	Mean		4,7067	,10731
	95% Confidence Interval for Mean	Lower Bound	4,4872	
		Upper Bound	4,9261	
	5% Trimmed Mean		4,7037	
	Median		4,8000	
	Variance		,345	
	Std. Deviation		,58777	
	Minimum		3,80	
	Maximum		5,70	
	Range		1,90	
	Interquartile Range		,97	
	Skewness		,038	,427
	Kurtosis		-1,279	,833
Post 3 Test Malleolus Height Kiri Lateral	Mean		4,7467	,10888
	95% Confidence Interval for Mean	Lower Bound	4,5240	
		Upper Bound	4,9694	
	5% Trimmed Mean		4,7407	
	Median		4,8000	
	Variance		,356	
	Std. Deviation		,59639	
	Minimum		3,80	
	Maximum		5,80	
	Range		2,00	
	Interquartile Range		,97	
	Skewness		,154	,427
	Kurtosis		-1,196	,833
Post 4 Test Malleolus Height Kiri Lateral	Mean		4,8267	,10645
	95% Confidence Interval for Mean	Lower Bound	4,6090	
		Upper Bound	5,0444	
	5% Trimmed Mean		4,8278	
	Median		4,9000	
	Variance		,340	
	Std. Deviation		,58306	
	Minimum		3,80	
	Maximum		5,80	
	Range		2,00	
	Interquartile Range		,92	
	Skewness		-,010	,427

	Kurtosis		-1,079	,833
Post 5 Test Malleolus Height Kiri Lateral	Mean		4,8600	,10555
	95% Confidence Interval for Mean	Lower Bound	4,6441	
		Upper Bound	5,0759	
	5% Trimmed Mean		4,8611	
	Median		4,9500	
	Variance		,334	
	Std. Deviation		,57811	
	Minimum		3,90	
	Maximum		5,80	
	Range		1,90	
	Interquartile Range		,92	
	Skewness		-,071	,427
	Kurtosis		-1,176	,833
Post 6 Test Malleolus Height Kiri Lateral	Mean		4,9267	,10838
	95% Confidence Interval for Mean	Lower Bound	4,7050	
		Upper Bound	5,1483	
	5% Trimmed Mean		4,9315	
	Median		4,9500	
	Variance		,352	
	Std. Deviation		,59361	
	Minimum		3,90	
	Maximum		5,90	
	Range		2,00	
	Interquartile Range		,95	
	Skewness		-,059	,427
	Kurtosis		-1,130	,833

4. *Malleolus Height* Kiri *Lateral*

Descriptives

			Statistic	Std. Error
Pre Test Malleolus Height Kiri Medial	Mean		5,700	,1069
	95% Confidence Interval for Mean	Lower Bound	5,481	
		Upper Bound	5,919	
	5% Trimmed Mean		5,702	
	Median		5,650	
	Variance		,343	
	Std. Deviation		,5855	
	Minimum		4,8	
	Maximum		6,6	
	Range		1,8	
	Interquartile Range		1,0	
	Skewness		,039	,427
	Kurtosis		-1,379	,833
	Mean		5,7000	,10689

Post 1 Test Malleolus Height Kiri Medial	95% Confidence Interval for Mean	Lower Bound	5,4814	
		Upper Bound	5,9186	
	5% Trimmed Mean		5,7019	
	Median		5,6500	
	Variance		,343	
	Std. Deviation		,58546	
	Minimum		4,80	
	Maximum		6,60	
	Range		1,80	
	Interquartile Range		1,02	
	Skewness		,039	,427
	Kurtosis		-1,379	,833
Post 2 Test Malleolus Height Kiri Medial	Mean		5,7200	,10498
	95% Confidence Interval for Mean	Lower Bound	5,5053	
		Upper Bound	5,9347	
	5% Trimmed Mean		5,7222	
	Median		5,6500	
	Variance		,331	
	Std. Deviation		,57500	
	Minimum		4,80	
	Maximum		6,60	
	Range		1,80	
	Interquartile Range		1,02	
	Skewness		,019	,427
	Kurtosis		-1,344	,833
Post 3 Test Malleolus Height Kiri Medial	Mean		5,7600	,10641
	95% Confidence Interval for Mean	Lower Bound	5,5424	
		Upper Bound	5,9776	
	5% Trimmed Mean		5,7648	
	Median		5,6500	
	Variance		,340	
	Std. Deviation		,58286	
	Minimum		4,80	
	Maximum		6,60	
	Range		1,80	
	Interquartile Range		1,05	
	Skewness		-,002	,427
	Kurtosis		-1,368	,833
Post 4 Test Malleolus Height Kiri Medial	Mean		5,8067	,10238
	95% Confidence Interval for Mean	Lower Bound	5,5973	
		Upper Bound	6,0161	
	5% Trimmed Mean		5,8074	
	Median		5,7000	
	Variance		,314	
	Std. Deviation		,56075	
	Minimum		5,00	
	Maximum		6,60	

	Range		1,60	
	Interquartile Range		1,13	
	Skewness		,095	,427
	Kurtosis		-1,457	,833
Post 5 Test Malleolus Height Kiri Medial	Mean		5,8667	,10220
	95% Confidence Interval for Mean	Lower Bound	5,6576	
		Upper Bound	6,0757	
	5% Trimmed Mean		5,8667	
	Median		5,8000	
	Variance		,313	
	Std. Deviation		,55976	
	Minimum		5,00	
	Maximum		6,70	
	Range		1,70	
	Interquartile Range		1,03	
	Skewness		,053	,427
	Kurtosis		-1,437	,833
Post 6 Test Malleolus Height Kiri Medial	Mean		5,9767	,10088
	95% Confidence Interval for Mean	Lower Bound	5,7703	
		Upper Bound	6,1830	
	5% Trimmed Mean		5,9796	
	Median		5,9000	
	Variance		,305	
	Std. Deviation		,55254	
	Minimum		5,20	
	Maximum		6,70	
	Range		1,50	
	Interquartile Range		1,10	
	Skewness		,078	,427
	Kurtosis		-1,570	,833

5. Distribusi Agility

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Pre test Agility	30	13,39	22,51	17,5423	2,47315
Post Test 1 Agility	30	11,24	20,00	15,2543	2,23865
Post Test 2 Agility	30	10,63	18,24	14,8673	1,81835
Post Test 3 Agility	30	10,74	18,12	14,0887	1,59660
Post Test 4 Agility	30	9,87	18,70	13,6643	1,66777
5 Agility	30	10,42	17,07	13,3180	1,49254
6 Agility	30	10,25	15,94	12,6820	1,38459
stwise)	30				

D. Perbedaan *Foot Alignment* Sebelum dan Setelah Pemberian *Eccentric Strenghtening Exercise*

1. *Rearfoot Angle*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre test Rearfoot Angel Kanan	,213	30	,001	,925	30	,036
Post test 1 Rearfoot Angel Kanan	,213	30	,001	,925	30	,036
Post test 2 Rearfoot Angel Kanan	,169	30	,029	,915	30	,020
Post test 3 Rearfoot Angel Kanan	,165	30	,036	,918	30	,024
Post test 4 Rearfoot Angel Kanan	,225	30	,000	,857	30	,001
Post test 5 Rearfoot Angel Kanan	,258	30	,000	,911	30	,016
Post test 6 Rearfoot Angel Kanan	,216	30	,001	,931	30	,052

a. Lilliefors Significance Correction

Friedman Test

Ranks

	Mean Rank
Pre test Rearfoot Angel Kanan	2,07
Post test 1 Rearfoot Angel Kanan	2,07
Post test 2 Rearfoot Angel Kanan	2,58
Post test 3 Rearfoot Angel Kanan	3,93
Post test 4 Rearfoot Angel Kanan	4,73
Rearfoot Angel	5,82
Rearfoot Angel	6,80

Test Statistics[a]

N	30
Chi-Square	159,402
df	6
Asymp. Sig.	,000

a. Friedman Test

Test Statistics[a]

	Post test 1 Rearfoot Angel Kanan - Pre test Rearfoot Angel Kanan	Post test 2 Rearfoot Angel Kanan - Post test 1 Rearfoot Angel Kanan	Post test 3 Rearfoot Angel Kanan - Post test 2 Rearfoot Angel Kanan	Post test 4 Rearfoot Angel Kanan - Post test 3 Rearfoot Angel Kanan	Post test 5 Rearfoot Angel Kanan - Post test 4 Rearfoot Angel Kanan	Post test 6 Rearfoot Angel Kanan - Post test 5 Rearfoot Angel Kanan
Z	,000[b]	-2,460[c]	-3,586[c]	-3,357[c]	-3,630[c]	-4,289[c]
Asymp. Sig. (2-tailed)	1,000	,014	,000	,001	,000	,000

a. Wilcoxon Signed Ranks Test

b. The sum of negative ranks equals the sum of positive ranks.

c. Based on negative ranks.

2. *Rearfoot Angle* kiri

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre test Rearfoot Angel Kiri	,199	30	,004	,885	30	,004
Post 1 test Rearfoot Angel Kiri	,199	30	,004	,885	30	,004
Post 2 test Rearfoot Angel Kiri	,202	30	,003	,885	30	,004
Post 3test Rearfoot Angel Kiri	,240	30	,000	,835	30	,000
Rearfoot Angel	,193	30	,006	,845	30	,000
Rearfoot Angel	,209	30	,002	,879	30	,003

Post 6 test Rearfoot Angel Kiri	,262	30	,000	,870	30	,002

a. Lilliefors Significance Correction

Friedman Test

Ranks

	Mean Rank
Pre test Rearfoot Angel Kiri	2,17
Post 1 test Rearfoot Angel Kiri	2,17
Post 2 test Rearfoot Angel Kiri	2,55
Post 3test Rearfoot Angel Kiri	3,90
Post 4 test Rearfoot Angel Kiri	4,77
Post 5 test Rearfoot Angel Kiri	5,68
Post 6 test Rearfoot Angel Kiri	6,77

Test Statistics[a]

N	30
Chi-Square	155,259
df	6
Asymp. Sig.	,000

a. Friedman Test

Test Statistics[a]

	Post 1 test Rearfoot Angel Kiri - Pre test Rearfoot Angel Kiri	Post 2 test Rearfoot Angel Kiri - Post 1 test Rearfoot Angel Kiri	Post 3test Rearfoot Angel Kiri - Post 2 test Rearfoot Angel Kiri	Post 4 test Rearfoot Angel Kiri - Post 3test Rearfoot Angel Kiri	Post 5 test Rearfoot Angel Kiri - Post 4 test Rearfoot Angel Kiri	Post 6 test Rearfoot Angel Kiri - Post 5 test Rearfoot Angel Kiri
Z	,000[b]	-2,333[c]	-4,001[c]	-3,234[c]	-3,630[c]	-4,278[c]
Asymp. Sig. (2-tailed)	1,000	,020	,000	,001	,000	,000

a. Wilcoxon Signed Ranks Test

b. The sum of negative ranks equals the sum of positive ranks.

c. Based on negative ranks.

3. *Malleolus* Kanan *Lateral*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre Test Malleolus Height Kanan Lateral	,161	30	,047	,927	30	,042
Post 1 Test Malleolus Height Kanan Lateral	,161	30	,047	,927	30	,042
Post 2 Test Malleolus Height Kanan Lateral	,143	30	,119	,929	30	,045
Post 3 Test Malleolus Height Kanan Lateral	,117	30	,200*	,958	30	,273
Post 4 Test Malleolus Height Kanan Lateral	,140	30	,136	,949	30	,155
Post 5 Test Malleolus Height Kanan Lateral	,140	30	,137	,945	30	,123
Post 6 Test Malleolus Height Kanan Lateral	,119	30	,200*	,958	30	,273

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Friedman Test

Ranks

	Mean Rank
Pre Test Malleolus Height Kanan Lateral	2,02
Post 1 Test Malleolus Height Kanan Lateral	2,02
Post 2 Test Malleolus Height Kanan Lateral	3,03
Post 3 Test Malleolus Height Kanan Lateral	4,07
Post 4 Test Malleolus Height ral	4,75
Malleolus Height ral	5,75

Post 6 Test Malleolus Height Kanan Lateral	6,37

Test Statistics[a]

N	30
Chi-Square	145,988
df	6
Asymp. Sig.	,000

a. Friedman Test

Test Statistics[a]

	Post 1 Test Malleolus Height Kanan Lateral - Pre Test Malleolus Height Kanan Lateral	Post 2 Test Malleolus Height Kanan Lateral - Post 1 Test Malleolus Height Kanan Lateral	Post 3 Test Malleolus Height Kanan Lateral - Post 2 Test Malleolus Height Kanan Lateral	Post 4 Test Malleolus Height Kanan Lateral - Post 3 Test Malleolus Height Kanan Lateral	Post 5 Test Malleolus Height Kanan Lateral - Post 4 Test Malleolus Height Kanan Lateral	Post 6 Test Malleolus Height Kanan Lateral - Post 5 Test Malleolus Height Kanan Lateral
Z	,000[b]	-3,397[c]	-2,992[c]	-2,810[c]	-3,391[c]	-2,972[c]
Asymp. Sig. (2-tailed)	1,000	,001	,003	,005	,001	,003

a. Wilcoxon Signed Ranks Test

b. The sum of negative ranks equals the sum of positive ranks.

c. Based on negative ranks.

4. *Malleolus* Kanan *Medial*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre Test Malleolus Height Kanan Medial	,134	30	,181	,959	30	,294
Post 1 Test Malleolus Height al	,134	30	,181	,959	30	,294
Malleolus Height al	,128	30	,200*	,960	30	,317

Post 3 Test Malleolus Height Kanan Medial	,121	30	,200*	,952	30	,196
Post 4 Test Malleolus Height Kanan Medial	,142	30	,128	,950	30	,164
Post 5 Test Malleolus Height Kanan Medial	,149	30	,089	,960	30	,314
Post 6 Test Malleolus Height Kanan Medial	,138	30	,152	,947	30	,142

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Repetead Anova Test

Tests of Within-Subjects Effects

Measure: MHKananMedial

Source		Type III Sum of Squares	df	Mean Square	F	Sig.
MalleolusHeightKanan Medial	Sphericity Assumed	2,175	6	,363	40,532	,000
	Greenhouse-Geisser	2,175	1,949	1,116	40,532	,000
	Huynh-Feldt	2,175	2,088	1,042	40,532	,000
	Lower-bound	2,175	1,000	2,175	40,532	,000
Error(MalleolusHeightKananMedial)	Sphericity Assumed	1,556	174	,009		
	Greenhouse-Geisser	1,556	56,532	,028		
	Huynh-Feldt	1,556	60,552	,026		
	Lower-bound	1,556	29,000	,054		

Pairwise Comparisons

Measure: MHKananMedial

(I) MalleolusHeightKananMedial	(J) MalleolusHeightKananMedial	Mean Difference (I-J)	Std. Error	Sig.[b]	95% Confidence Interval for Difference[b]	
					Lower Bound	Upper Bound
1	2	,000	,000	.	,000	,000
	3	-,017	,008	,057	-,034	,001
	4	-,053*	,022	,021	-,098	-,009
	5	-,147*	,027	,000	-,202	-,091

	6	-,200*	,030	,000	-,261	-,139
	7	-,277*	,034	,000	-,346	-,207
2	1	,000	,000	.	,000	,000
	3	-,017	,008	,057	-,034	,001
	4	-,053*	,022	,021	-,098	-,009
	5	-,147*	,027	,000	-,202	-,091
	6	-,200*	,030	,000	-,261	-,139
	7	-,277*	,034	,000	-,346	-,207
3	1	,017	,008	,057	-,001	,034
	2	,017	,008	,057	-,001	,034
	4	-,037	,021	,094	-,080	,007
	5	-,130*	,026	,000	-,184	-,076
	6	-,183*	,030	,000	-,245	-,121
	7	-,260*	,033	,000	-,328	-,192
4	1	,053*	,022	,021	,009	,098
	2	,053*	,022	,021	,009	,098
	3	,037	,021	,094	-,007	,080
	5	-,093*	,022	,000	-,138	-,048
	6	-,147*	,022	,000	-,191	-,102
	7	-,223*	,027	,000	-,279	-,167
5	1	,147*	,027	,000	,091	,202
	2	,147*	,027	,000	,091	,202
	3	,130*	,026	,000	,076	,184
	4	,093*	,022	,000	,048	,138
	6	-,053*	,016	,002	-,085	-,021
	7	-,130*	,022	,000	-,175	-,085
6	1	,200*	,030	,000	,139	,261
	2	,200*	,030	,000	,139	,261
	3	,183*	,030	,000	,121	,245
	4	,147*	,022	,000	,102	,191
	5	,053*	,016	,002	,021	,085
	7	-,077*	,015	,000	-,107	-,046
7	1	,277*	,034	,000	,207	,346
	2	,277*	,034	,000	,207	,346
	3	,260*	,033	,000	,192	,328
	4	,223*	,027	,000	,167	,279
	5	,130*	,022	,000	,085	,175
	6	,077*	,015	,000	,046	,107

timated marginal means

*. The mean difference is significant at the ,05 level.

b. Adjustment for multiple comparisons: Least Significant Difference (equivalent to no adjustments).

5. *Malleolus* Kiri *Lateral*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre Test Malleolus Height Kiri Lateral	,135	30	,171	,929	30	,046
Post 1 Test Malleolus Height Kiri Lateral	,135	30	,171	,929	30	,046
Post 2 Test Malleolus Height Kiri Lateral	,166	30	,035	,941	30	,096
Post 3 Test Malleolus Height Kiri Lateral	,153	30	,072	,947	30	,140
Post 4 Test Malleolus Height Kiri Lateral	,146	30	,104	,960	30	,313
Post 5 Test Malleolus Height Kiri Lateral	,133	30	,184	,948	30	,146
Post 6 Test Malleolus Height Kiri Lateral	,142	30	,124	,948	30	,147

a. Lilliefors Significance Correction

Friedman Test

Ranks

	Mean Rank
Pre Test Malleolus Height Kiri Lateral	2,22
Post 1 Test Malleolus Height Kiri Lateral	2,28
Post 2 Test Malleolus Height Kiri Lateral	2,85
Post 3 Test Malleolus Height	3,72
Malleolus Height	5,02
Malleolus Height	5,60

Post 6 Test Malleolus Height Kiri Lateral	6,32

Test Statistics[a]

N	30
Chi-Square	140,678
df	6
Asymp. Sig.	,000

a. Friedman Test

Test Statistics[a]

	Post 1 Test Malleolus Height Kiri Lateral - Pre Test Malleolus Height Kiri Lateral	Post 2 Test Malleolus Height Kiri Lateral - Post 1 Test Malleolus Height Kiri Lateral	Post 3 Test Malleolus Height Kiri Lateral - Post 2 Test Malleolus Height Kiri Lateral	Post 4 Test Malleolus Height Kiri Lateral - Post 3 Test Malleolus Height Kiri Lateral	Post 5 Test Malleolus Height Kiri Lateral - Post 3 Test Malleolus Height Kiri Lateral	Post 6 Test Malleolus Height Kiri Lateral - Post 5 Test Malleolus Height Kiri Lateral
Z	,000[b]	-2,414[c]	-2,972[c]	-3,660[c]	-4,008[c]	-3,115[c]
Asymp. Sig. (2-tailed)	1,000	,016	,003	,000	,000	,002

a. Wilcoxon Signed Ranks Test

b. The sum of negative ranks equals the sum of positive ranks.

c. Based on negative ranks.

6. *Malleolus* Kiri *Medial*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Pre Test Malleolus Height Kiri Medial	,137	30	,159	,927	30	,041
Post 1 Test Malleolus Height Kiri Medial	,137	30	,159	,927	30	,041
Post 2 Test Malleolus Height Kiri Medial	,131	30	,197	,928	30	,043
Post 3 Test Malleolus Height Kiri Medial	,139	30	,145	,925	30	,035
Post 4 Test Malleolus Height	,122	30	,200*	,910	30	,015
Malleolus Height	,150	30	,084	,921	30	,028
Malleolus Height	,186	30	,010	,877	30	,002

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Friedman Test

Ranks

	Mean Rank
Pre Test Malleolus Height Kiri Medial	2,53
Post 1 Test Malleolus Height Kiri Medial	2,53
Post 2 Test Malleolus Height Kiri Medial	2,88
Post 3 Test Malleolus Height Kiri Medial	3,50
Post 4 Test Malleolus Height Kiri Medial	4,53
Post 5 Test Malleolus Height Kiri Medial	5,52
Post 6 Test Malleolus Height Kiri Medial	6,50

Test Statistics[a]

N	30
Chi-Square	134,051
df	6
Asymp. Sig.	,000

a. Friedman Test

Test Statistics[a]

	Post 1 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial	Post 2 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial	Post 3 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial	Post 4 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial	Post 5 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial	Post 6 Test Malleolus Height Kiri Medial - Pre Test Malleolus Height Kiri Medial
	,000[b]	-2,121[c]	-3,020[c]	-4,029[c]	-4,440[c]	-4,563[c]

Asymp. Sig. (2-tailed)	1,000	,034	,003	,000	,000	,000

a. Wilcoxon Signed Ranks Test

b. The sum of negative ranks equals the sum of positive ranks.

c. Based on negative ranks.

7. *Agility*

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	Df	Sig.
Pre test Agility	,196	30	,005	,924	30	,035
Post Test 1 Agility	,153	30	,070	,946	30	,129
Post Test 2 Agility	,091	30	,200*	,979	30	,803
Post Test 3 Agility	,122	30	,200*	,976	30	,710
Post Test 4 Agility	,117	30	,200*	,947	30	,143
Post Test 5 Agility	,101	30	,200*	,977	30	,734
Post Test 6 Agility	,079	30	,200*	,977	30	,750

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Repetead Anova

Tests of Within-Subjects Effects

Measure: MEASURE_1

Source		Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared	Noncent. Parameter	Observed Power[a]
Agility	Sphericity Assumed	465,856	6	77,643	59,392	,000	,672	356,355	1,000
	Greenhouse-Geisser	465,856	2,794	166,737	59,392	,000	,672	165,940	1,000
	Huynh-Feldt	465,856	3,122	149,211	59,392	,000	,672	185,432	1,000
	Lower-bound	465,856	1,000	465,856	59,392	,000	,672	59,392	1,000
Error(Agility)	Sphericity Assumed	227,467	174	1,307					
	Greenhouse-Geisser	227,467	81,025	2,807					
	Huynh-Feldt	227,467	90,542	2,512					
	Lower-bound	227,467	29,000	7,844					

d using alpha = ,05

Pairwise Comparisons

Measure: MEASURE_1

(I) Agility	(J) Agility	Mean Difference (I-J)	Std. Error	Sig.[b]	95% Confidence Interval for Difference[b]	
					Lower Bound	Upper Bound
1	2	2,288*	,396	,000	1,479	3,097
	3	2,675*	,411	,000	1,835	3,515
	4	3,454*	,366	,000	2,704	4,203
	5	3,878*	,379	,000	3,103	4,653
	6	4,224*	,411	,000	3,385	5,064
	7	4,860*	,432	,000	3,977	5,744
2	1	-2,288*	,396	,000	-3,097	-1,479
	3	,387	,267	,158	-,159	,933
	4	1,166*	,264	,000	,626	1,705
	5	1,590*	,301	,000	,974	2,206
	6	1,936*	,327	,000	1,268	2,605
	7	2,572*	,396	,000	1,762	3,382
3	1	-2,675*	,411	,000	-3,515	-1,835
	2	-,387	,267	,158	-,933	,159
	4	,779*	,205	,001	,359	1,199
	5	1,203*	,242	,000	,708	1,698
	6	1,549*	,248	,000	1,043	2,056
	7	2,185*	,277	,000	1,618	2,752
4	1	-3,454*	,366	,000	-4,203	-2,704
	2	-1,166*	,264	,000	-1,705	-,626
	3	-,779*	,205	,001	-1,199	-,359
	5	,424*	,108	,000	,203	,646
	6	,771*	,154	,000	,455	1,086
	7	1,407*	,200	,000	,998	1,815
5	1	-3,878*	,379	,000	-4,653	-3,103
	2	-1,590*	,301	,000	-2,206	-,974
	3	-1,203*	,242	,000	-1,698	-,708
	4	-,424*	,108	,000	-,646	-,203
	6	,346*	,135	,016	,070	,622
	7	,982*	,181	,000	,612	1,352
6	1	-4,224*	,411	,000	-5,064	-3,385
	2	-1,936*	,327	,000	-2,605	-1,268
	3	-1,549*	,248	,000	-2,056	-1,043
	4	-,771*	,154	,000	-1,086	-,455
	5	-,346*	,135	,016	-,622	-,070
	7	,636*	,106	,000	,420	,852
7	1	-4,860*	,432	,000	-5,744	-3,977
	2	-2,572*	,396	,000	-3,382	-1,762
	3	-2,185*	,277	,000	-2,752	-1,618
	4	-1,407*	,200	,000	-1,815	-,998
	5	-,982*	,181	,000	-1,352	-,612
	6	-,636*	,106	,000	-,852	-,420

Based on estimated marginal means

*. The mean difference is significant at the ,05 level.

b. Adjustment for multiple comparisons: Least Significant Difference (equivalent to no adjustments).

D. *Hubungan Foot Alignment, Malleolus Height* Dengan Tingkat *Agility*

Correlations

Correlations

		Post test 6 Rearfoot Angel Kanan	Post 6 Test Malleolus Height Kanan Lateral	Post 6 Test Malleolus Height Kanan Medial	Post Test 6 Agility
Post test 6 Rearfoot Angel Kanan	Pearson Correlation	1	-,097	,000	-,021
	Sig. (2-tailed)		,609	1,000	,914
	N	30	30	30	30
Post 6 Test Malleolus Height Kanan Lateral	Pearson Correlation	-,097	1	,727**	-,282
	Sig. (2-tailed)	,609		,000	,131
	N	30	30	30	30
Post 6 Test Malleolus Height Kanan Medial	Pearson Correlation	,000	,727**	1	-,383*
	Sig. (2-tailed)	1,000	,000		,037
	N	30	30	30	30
Post Test 6 Agility	Pearson Correlation	-,021	-,282	-,383*	1
	Sig. (2-tailed)	,914	,131	,037	
	N	30	30	30	30

**. Correlation is significant at the 0.01 level (2-tailed).

*. Correlation is significant at the 0.05 level (2-tailed).

Correlations

		Post 6 test Rearfoot Angel Kiri	Post 6 Test Malleolus Height Kiri Lateral	Post 6 Test Malleolus Height Kiri Medial	Post Test 6 Agility
Post 6 test Rearfoot Angel Kiri	Pearson Correlation	1	,014	,129	-,192
	Sig. (2-tailed)		,940	,496	,311
	N	30	30	30	30
Post 6 Test Malleolus Height Kiri Lateral	Pearson Correlation	,014	1	,867**	-,331
	Sig. (2-tailed)	,940		,000	,074
	N	30	30	30	30
Post 6 Test Malleolus Height Kiri Medial	Pearson Correlation	,129	,867**	1	-,413*
	Sig. (2-tailed)	,496	,000		,023
	N	30	30	30	30
Post Test 6 Agility	Pearson Correlation	-,192	-,331	-,413*	1
	Sig. (2-tailed)	,311	,074	,023	
	N	30	30	30	30

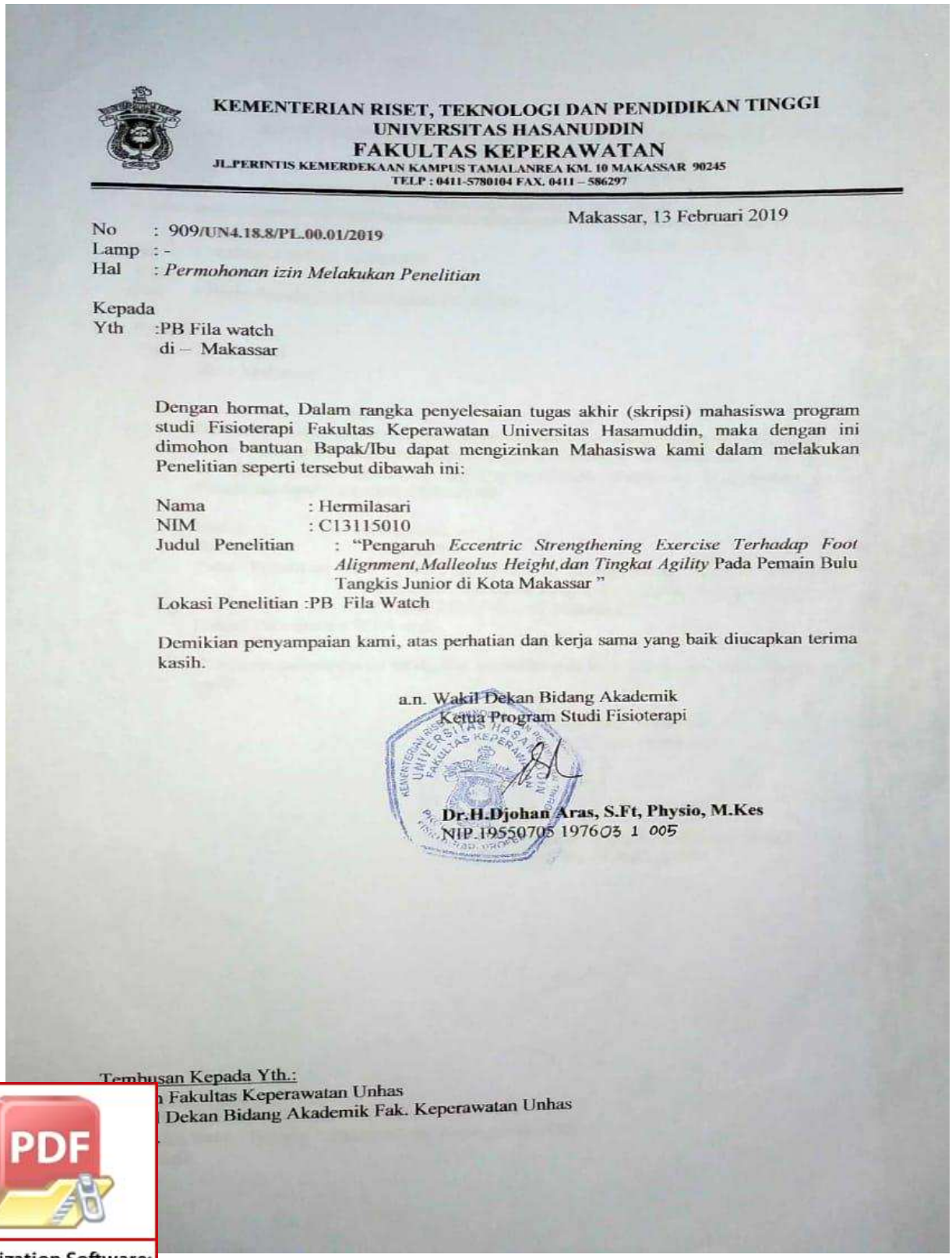
is significant at the 0.01 level (2-tailed).

is significant at the 0.05 level (2-tailed).

Lampiran 5

SURAT KETERANGAN IZIN PENELITIAN

a. PB Fila Watch Makassar



KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI
UNIVERSITAS HASANUDDIN
FAKULTAS KEPERAWATAN
JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM. 10 MAKASSAR 90245
TELP : 0411-5780104 FAX. 0411 – 586297

Makassar, 13 Februari 2019

No : 909/UN4.18.8/PL.00.01/2019
Lamp : -
Hal : *Permohonan izin Melakukan Penelitian*

Kepada
Yth :PB Fila watch
di – Makassar

Dengan hormat, Dalam rangka penyelesaian tugas akhir (skripsi) mahasiswa program studi Fisioterapi Fakultas Keperawatan Universitas Hasamuddin, maka dengan ini dimohon bantuan Bapak/Ibu dapat mengizinkan Mahasiswa kami dalam melakukan Penelitian seperti tersebut dibawah ini:

Nama : Hermilasari
NIM : C13115010
Judul Penelitian : "Pengaruh *Eccentric Strengthening Exercise Terhadap Foot Alignment,Malleolus Height,dan Tingkat Agility* Pada Pemain Bulu Tangkis Junior di Kota Makassar "
Lokasi Penelitian :PB Fila Watch

Demikian penyampaian kami, atas perhatian dan kerja sama yang baik diucapkan terima kasih.

a.n. Wakil Dekan Bidang Akademik
Ketua Program Studi Fisioterapi

Dr.H.Djohan Aras, S.Ft, Physio, M.Kes
NIP.19550705 197603 1 005

Tembusan Kepada Yth.:
Fakultas Keperawatan Unhas
Dekan Bidang Akademik Fak. Keperawatan Unhas

b. PB Avanti Makassar

KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI
UNIVERSITAS HASANUDDIN
FAKULTAS KEPERAWATAN
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Ketua Program Studi Fisioterapi

Dr.H.Djohan Aras, S.Ft, Physio, M.Kes
NIP.19550705 197603 1 005

Tembusan Kepada Yth.:
Fakultas Keperawatan Unhas
Dekan Bidang Akademik Fak. Keperawatan Unhas

Lampiran 7

SURAT KETERANGAN TELAH MELAKUKAN PENELITIAN

PB. FILA WATCH MAKASSAR

SEKRETARIAT : FILA SPORT, Jl. P. Diponegoro Lrg. 227 A/9 / GOR ANUGRAH, Jl. Sultan Dg. Raja No. 18 - 22

CONTACT PERSON : Theo (Hsk) 081355871384, Pin BB : D05DD3D6

SUL-SEL

SURAT KETERANGAN PENELITIAN

Yang bertandatangan dibawah ini pelatih PB Fila Watch Makassar menerangkan bahwa:

Nama : Hermilasari

NIM : C13115010

Fakultas/Jurusan : Keperawatan/Fisioterapi

Instansi : Universitas Hasanuddin

Yang tersebut diatas telah melakukan penelitian guna penyusunan skripsi mulai tanggal 25 Februari s/d 13 Maret 2019. Dengan judul: **Pengaruh *Eccentric Strengthening Exercise* terhadap Perubahan *Foot Alignment*, *Malleolus Height*, dan Tingkat *Agility* pada Pemain Bulu Tangkis Junior di Kota Makassar.**

Demikian surat keterangan ini kami buat untuk digunakan seperlunya.

Makassar, 23 April 2019
Pelatih PB Fila Watch

Theodurus Yohanes

PERSATUAN BULUTANGKIS AVANTI
(PB. AVANTI)
Sekretariat GOR Solmet Jl. Veteran Utara No. 273
HP. 0851 0309 0504 - 0857 5719 9952 - 082112559855 MAKASSAR

SURAT KETERANGAN PENELITIAN

Yang bertandatangan dibawah ini pelatih PB Avanti Makassar menerangkan bahwa:

Nama : Hermilasari

NIM : C13115010

Fakultas/Jurusan : Keperawatan/Fisioterapi

Instansi : Universitas Hasanuddin

Yang tersebut diatas telah melakukan penelitian guna penyusunan skripsi mulai tanggal 25 Februari s/d 13 Maret 2019. Dengan judul: **Pengaruh *Eccentric Strengthening Exercise* terhadap Perubahan *Foot Alignment*, *Malleolus Height*, dan Tingkat *Agility* pada Pemain Bulu Tangkis Junior di Kota Makassar.**

Demikian surat keterangan ini kami buat untuk digunakan seperlunya.

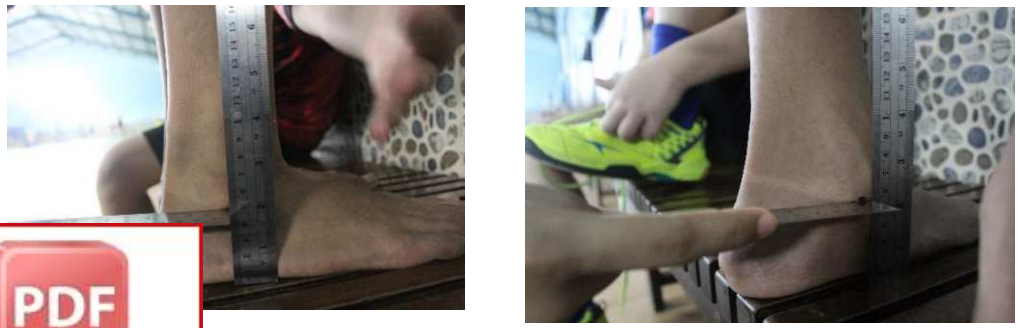
Makassar, 23 April 2019
Pelatih PB Avanti

Jaow Joe Shun

Lampiran 7

Dokumentasi

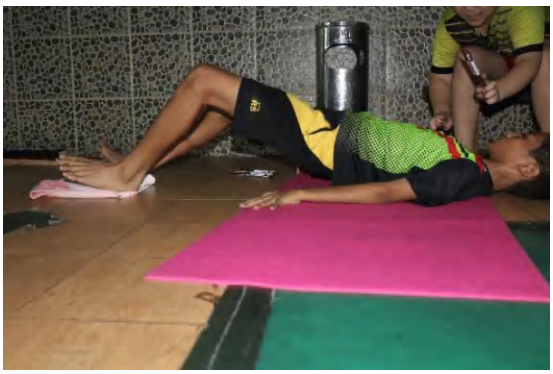
Rearfoot Angle



Malleolus Height

Heel Drops Exercise

Toe Spread Out


Sleding Leg Curl


Agility Test

Lampiran 8. Riwayat Hidup Meneliti

RIWAYAT HIDUP PENELITI

Nama : Hermilasari
Tempat/Tanggal Lahir : Sikapa, 13 Juni 1997
Jenis Kelamin : Perempuan
Agama : Islam
Email : Sari.hermila@yahoo.co.id
Alamat Asal : Sikapa, Kec. Tanete Riaja, Kab. barru
Alamat Sekarang : Jl.Sahabat V Pondok Gia Lestari
Nama Ayah : Amiluddin, S.Pd
Nama Ibu : Tahira., S.Pd

Riwayat Pendidikan :

1. (2003-2009) SDN Inpres Paria
2. (2009-2012) SMP Negeri 2 Tanete Riaja
3. (2012-2015) SMAN 1 Tanete Rilau
4. (2015-2018) Program Studi S1 Fisioterapi Fakultas Keperawatan Universitas Hasanuddin

Riwayat Organisasi :

1. (2017-2018) Sekretaris Divisi Pengembangan Pendidikan dan Keilmuan Himpunan Mahasiswa Fisioterapi Fakultas Keperawatan Universitas Hasanuddin (Himafisio F.Kep-UH).
2. (2017-2018) Anggota Departemen Pendidikan, Penelitian dan Penalaran Ilmiah *Physiotherapy Scientific Forum* Himpunan Mahasiswa Fisioterapi
3. (2017-2018) Wakil Bendahara Gabungan Pelajar Mahasiswa Barru
4. (2018-2019) Wakil Bendahara Gabungan Pelajar Mahasiswa Barru
5. (2018-2019) Koordinator Departemen Pendidikan, Penelitian dan Penalaran *iotherapy Scientific Forum* Himpunan Mahasiswa Fisioterapi
) Anggota Departemen Eksernal Ikatan Mahasiswa Fisioterapi
MFI) Wilayah V