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LAMPIRAN

| | | | Kelompok | | Jumlah | Nilai p |
|---------|-----------|---|------------|---------|--------|---------|
| | | | Intervensi | Kontrol | | |
| JK | Laki-laki | n | 4 | 5 | 9 | 1.000 |
| | | % | 20.0% | 25.0% | 22.5% | |
| | Perempuan | n | 16 | 15 | 31 | |
| | | % | 80.0% | 75.0% | 77.5% | |
| HT | Ya | n | 9 | 5 | 14 | 0.320 |
| | | % | 45.0% | 25.0% | 35.0% | |
| | Tidak | n | 11 | 15 | 26 | |
| | | % | 55.0% | 75.0% | 65.0% | |
| DM | Ya | n | 1 | 4 | 5 | 0.342 |
| | | % | 5.0% | 20.0% | 12.5% | |
| | Tidak | n | 19 | 16 | 35 | |
| | | % | 95.0% | 80.0% | 87.5% | |
| Jantung | Ya | n | 1 | 1 | 2 | 1.000 |
| | | % | 5.0% | 5.0% | 5.0% | |
| | Tidak | n | 19 | 19 | 38 | |
| | | % | 95.0% | 95.0% | 95.0% | |
| Jumlah | | n | 20 | 20 | 40 | |
| | | % | 100.0% | 100.0% | 100.0% | |

| Kelompok | Intervensi | | | | | Kontrol | | | | | Nilai p |
|------------|------------|-------|---------|---------|---------|---------|--------|--------|---------|---------|---------|
| | Mean | SD | Median | Minimum | Maximum | Mean | SD | Median | Minimum | Maximum | |
| Usia | 67.75 | 5.95 | 66.00 | 60.00 | 79.00 | 65.60 | 3.82 | 65.00 | 60.00 | 73.00 | 0.363** |
| IMT | 28.11 | 4.28 | 28.35 | 20.70 | 37.20 | 25.28 | 3.14 | 25.05 | 20.70 | 32.50 | 0.022* |
| BDNF_Pre | 368.02 | 73.54 | 364.88 | 259.03 | 510.01 | 315.99 | 98.99 | 307.42 | 173.17 | 525.32 | 0.067* |
| BDNF_Post | 258.13 | 73.33 | 262.38 | 117.84 | 354.62 | 316.46 | 72.46 | 320.40 | 211.51 | 448.51 | 0.016* |
| TUG_Pre | 8.35 | 1.57 | 8.00 | 6.00 | 12.00 | 8.05 | 1.61 | 8.00 | 5.00 | 11.00 | 0.749** |
| TUG_Post | 7.50 | 1.15 | 7.00 | 6.00 | 10.00 | 6.80 | 1.47 | 6.50 | 5.00 | 10.00 | 0.077** |
| BBS_Pre | 52.35 | 1.73 | 52.50 | 49.00 | 55.00 | 53.00 | 1.41 | 53.00 | 51.00 | 55.00 | 0.253** |
| BBS_Post | 55.60 | 1.19 | 56.00 | 51.00 | 56.00 | 56.00 | 0.00 | 56.00 | 56.00 | 56.00 | 0.076** |
| Pertemuan | 16.95 | 0.83 | 17.00 | 16.00 | 18.00 | 16.85 | 0.88 | 17.00 | 16.00 | 18.00 | 0.687** |
| BDNF_Delta | -109.89 | 94.03 | -106.30 | -306.64 | 76.76 | 0.47 | 116.62 | 25.74 | -286.71 | 216.75 | 0.002* |
| TUG_Delta | -0.85 | 0.88 | -1.00 | -2.00 | 1.00 | -1.25 | 1.55 | -1.00 | -5.00 | 2.00 | 0.415** |
| BBS_Delta | 3.25 | 1.86 | 3.00 | 1.00 | 7.00 | 3.00 | 1.41 | 3.00 | 1.00 | 5.00 | 0.741** |

* Uji t Independen

** Uji Mann Whitney

