

DAFTAR PUSTAKA

- Abedini, F., Zareiyani, A. & Alhani, F. (2020) The effects of the family-centered empowerment model on self-efficacy and self-esteem among the family caregivers of patients with prosthetic heart valve: A controlled clinical trial. *Nursing and Midwifery Studies*, 9(2): 61-67.
- Adams, S., Beatty, M., Moore, C., Desai, A., Bartlett, L., Culbert, E., Cohen, E., Stinson, J. & Orkin, J. (2021) Perspectives on team communication challenges in caring for children with medical complexity. *BMC Health Services Research*, 21(1): 300.
- Agustina, R., Wirawan, F., Sadariskar, A. A., Setianingsing, A. A., Nadiya, K., Prafiantini, E., Asri, E. K., Purwanti, T. S., Kusyuniati, S., Karyadi, E. & Raut, M. K. (2021) Associations of Knowledge, Attitude, and Practices toward Anemia with Anemia Prevalence and Height-for-Age Z-Score among Indonesian Adolescent Girls. *Food and Nutrition Bulletin*, 42(1_suppl): S92-S108.
- Ahmed, S., Chase, L. E., Wagnild, J., Akhter, N., Sturridge, S., Clarke, A., Chowdhary, P., Mukami, D., Kasim, A. & Hampshire, K. (2022) Community health workers and health equity in low-and middle-income countries: systematic review and recommendations for policy and practice. *International Journal for Equity in Health*, 21(1): 49.
- Aji, G. K., Laily, N. & Susanti, I. (2021) Iron intake among adolescent girls based on family socio-economic, frequent high-iron foods consumed and knowledge about anemia in Pandeglang District. *Media Gizi Indonesia*, 1617.
- Alhani, F., Asghari-Jafarabadi, M., Norouzadeh, R., Rahimi-Bashar, F., Vahedian-Azimi, A., Jamialahmadi, T. & Sahebkar, A. (2022) The effect of family-centered empowerment model on the quality of life of adults with chronic diseases: An updated systematic review and meta-analysis. *Journal of Affective Disorders*, 316140-147.
- Alsalamah, A. & Callinan, C. (2022) The Kirkpatrick model for training evaluation: bibliometric analysis after 60 years (1959–2020). *Industrial and Commercial Training*, 54(1): 36-63.
- Amahmid, O., El Guamri, Y., Rakibi, Y., Yazidi, M., Razoki, B., Kaid Rassou, K., El Boukaoui, S., Izerg, O. & Belghyti, D. (2020) Nutrition education in school curriculum: impact on adolescents' attitudes and dietary behaviours. *International Journal of Health Promotion and Education*, 58(5): 242-258.
- Amare, H. H. & Lindtjorn, B. (2021) Concurrent anemia and stunting among schoolchildren in Wonago district in southern Ethiopia: a cross-sectional multilevel analysis. *PeerJ*, 9e11158.
- Aniq, A. F. (2012) Konflik peran gender pada tradisi merarik di pulau Lombok. *Annual International Conference on Islamic Studies (AICIS XII)*.
- Apriningsih, A., Madanijah, S., Dwiriani, C. M. & Kolopaking, R. (2019) Peranan Orang-Tua Dalam Meningkatkan Kepatuhan Siswi Minum Tablet Zat Besi Folat Di Kota-Depok. *Gizi Indonesia*, 42(2): 71-82.
- Apriningsih, M. S., Dwiriani, C. M. & Kolopaking, R. (2020) Determinant of highschool girl adolescent adherence to consume iron folic acid supplementation in Kota Depok. *J Nutr Sci Vitaminol*, 66369-375.
- Arjoni, A. (2017) Pola Asuh Demokratis Sebagai Solusi Alternatif Pencegahan Tindak Kekerasan Seksual Pada Anak. *HUMANISMA: Journal of Gender Studies*, 1(1): 1-12.
- Arunjyothi, R. & Jahan, A. (2021) Effect of Nutritional intervention in ameliorating Anemia among adolescent girls of rural Telangana state. *The Pharma Innovation*, 10(2): 185-188.
- Awuah, R. B., Colecraft, E. K., Wilson, M. L., Adjorlolo, L. K., Lambrecht, N. J., Nyantakyi-Frimpong, H. & Jones, A. D. (2021) Perceptions and beliefs about anaemia: A qualitative study in three agroecological regions of Ghana. *Maternal & child nutrition*, 17(4): e13181.
- Aydin, G., Margerison, C., Worsley, A. & Booth, A. (2022) Essential food and nutrition knowledge and skills for primary school children: Australian parents' opinions. *Health Education*, 122(4): 424-439.

- Ayele, B., Getachew, A., Irenso, A., Abate, D. & Tesfa, T. (2019) Anemia and Its Associated Factors among Haramaya and Dire Dawa University Students, Eastern Ethiopia. *East African Journal of Health and Biomedical Sciences*, 3(2): 1-12.
- Azupogo, F., Aurino, E., Gelli, A., Bosompem, K. M., Ayi, I., Osendarp, S. J., Brouwer, I. D. & Folsom, G. (2019) Agro-ecological zone and farm diversity are factors associated with haemoglobin and anaemia among rural school-aged children and adolescents in Ghana. *Maternal & child nutrition*, 15(1): e12643.
- Baig, T., Ganesan, G. S., Ibrahim, H., Yousuf, W. & Mahfoud, Z. R. (2021) The association of parental involvement with adolescents' well-being in Oman: evidence from the 2015 Global School Health Survey. *BMC Psychology*, 9(1): 175.
- Banyeh, M., Kangkpi, T., Bani, S. B., Zogli, K. E., Tanko, M. M., Atuahene, P. E., Iddrisu, A. Y., Ekor, C., Akoto, E. O. & Amidu, N. (2023) Are sex differences in blood cell count and hemoglobin moderated by the 2D:4D ratio? A cross-sectional study in a Ghanaian population. *Health Sci Rep*, 6(9): e1547.
- Bappeda Provinsi NTB (2023) Dokumen RKPD Murni NTB 2023. Lombok: Bappeda Provinsi NTB.
- Baral, K. & Onta, S. (2009) Prevalence of anemia amongst adolescents in Nepal: a community based study in rural and urban areas of Morang District. *Nepal Med Coll J*, 11(3): 179-182.
- Bauder, L., Giangobbe, K. & Asgary, R. (2023) Barriers and Gaps in Effective Health Communication at Both Public Health and Healthcare Delivery Levels During Epidemics and Pandemics; Systematic Review. *Disaster Med Public Health Prep*, 17e395.
- Bayoumi, I., Parkin, P. C., Birken, C. S., Maguire, J. L., Borkhoff, C. M. & Collaboration, f. t. T. K. (2020) Association of Family Income and Risk of Food Insecurity With Iron Status in Young Children. *JAMA Network Open*, 3(7): e208603-e208603.
- Beaudoin, A. J., Gagnon, M., Roy, M., Clapperton, I., Lambert, A., Jasmin, E., Ducreux, E., Desrosiers, A. & Martin, C. (2023) Collaboration between Public Health and Schools: An Example of an Integrated Community Social Care Model. *Int J Integr Care*, 23(3): 11.
- Benazir, B., Bashir, S., Zarar, R., Ahmed, M. & Farooq, K. (2021) A sociological Analysis of the Attitude of Working Females towards Joint Family System: A case study of Quetta city. *Indian Journal of Economics and Business*, 20(2): 1179-1791.
- Benedict, R. K., Schmale, A. & Namaste, S. M. L. (2018) Adolescent nutrition 2000-2017: DHS data on adolescents Age 15-19. Rockville, Maryland, USA ICF.
- Berhe, K., Gebrearegay, F., Gebreegziabher, H., Weldegerima, L., Kahsay, A., Hadush, H., Gebremariam, B., Fseha, B., Gebremariam, G., Etsay, N. & Hailu, M. (2022) Magnitude and associated factors of anemia among adolescent girls in Ethiopia: a systematic review and meta-analysis. *Archives of Public Health*, 80(1): 189.
- Bilukha, O., Kianian, B. & Samson, K. L. I. (2023) Characteristics of hemoglobin distributions in preschool children and non-pregnant women of reproductive age and their implications for establishing quality control criteria for hemoglobin data in field surveys: evidence from 483 surveys conducted in refugee settings worldwide. *Popul Health Metr*, 21(1): 20.
- BKKBN (2019) Rencana Kerja BKKBN 2019. Jakarta: Badan Kependudukan dan Keluarga Berencana Nasional.
- BKKBN, Badan Pusat Statistik, Kementerian Kesehatan RI & USAID (2018) Survei Demografi dan Kesehatan Indonesia 2017. Jakarta: Badan Kependudukan dan Keluarga Berencana Nasional, Badan Pusat Statistik, Kementerian Kesehatan RI, USAID.
- Black, R. E., Victora, C. G., Walker, S. P., Bhutta, Z. A., Christian, P., De Onis, M., Ezzati, M., Grantham-McGregor, S., Katz, J. & Martorell, R. (2013) Maternal and child undernutrition and overweight in low-income and middle-income countries. *The lancet*, 382(9890): 427-451.

- Boraita, R. J., Alsina, D. A., Ibort, E. G. & Torres, J. M. D. (2022) Quality of life related to health and habits: Differences between adolescents in rural and urban environments. *Anales de Pediatría (English Edition)*, 96(3): 196-202.
- Borhani, F., Najafi, M. K., Rabori, E. D. & Sabzevari, S. (2011) The effect of family-centered empowerment model on quality of life of school-aged children with thalassemia major. *Iranian journal of nursing and midwifery research*, 16(4): 292.
- Borimnejad, L., Parvizy, S., Haghaani, H. & Sheibani, B. (2018) The Effect of Family-Centered Empowerment Program on Self-Efficacy of Adolescents with Thalassemia Major: A Randomized Controlled Clinical Trial. *International Journal of Community Based Nursing and Midwifery*, 629-38.
- BPS Kabupaten Lombok Utara (2024) Kabupaten Lombok Utara Dalam Angka 2024. Lombok Utara: BPS Kabupaten Lombok Utara.
- Brounéus, K. (2011) In-depth interviewing: The process, skill and ethics of interviews in peace research. *Understanding peace research: Methods and challenges*, 130-145.
- Campbell, R., Aguayo, V., Kang, Y., Dzied, L., Joshi, V., Waid, J., Gupta, S., Haselow, N. & West, J. K. (2018) Epidemiology of anaemia in children, adolescent girls, and women in Bhutan. *Maternal & Child Nutrition*, 14.
- Chandyo, R., Strand, T., Ulvik, R., Adhikari, R., Ulak, M., Dixit, H. & Sommerfelt, H. (2007) Prevalence of iron deficiency and anemia among healthy women of reproductive age in Bhaktapur, Nepal. *European journal of clinical nutrition*, 61(2): 262-269.
- Chaparro, C. M. & Suchdev, P. S. (2019) Anemia epidemiology, pathophysiology, and etiology in low- and middle-income countries. *Ann N Y Acad Sci*, 1450(1): 15-31.
- Chauhan, S., Kumar, P., Marbaniang, S. P., Srivastava, S. & Patel, R. (2022) Prevalence and predictors of anaemia among adolescents in Bihar and Uttar Pradesh, India. *Scientific Reports*, 12(1): 1-9.
- Chen, X., Fu, R. & Yiu, W. Y. V. (2019) Culture and parenting. *Handbook of parenting* Routledge.
- Chiba, T. & Tanemura, N. (2022) Differences in the Perception of Dietary Supplements between Dietary Supplement/Medicine Users and Non-Users. *Nutrients*, 14(19).
- Chung, A., Vieira, D., Donley, T., Tan, N., Jean-Louis, G., Kiely Gouley, K. & Seixas, A. (2021) Adolescent Peer Influence on Eating Behaviors via Social Media: Scoping Review. *J Med Internet Res*, 23(6): e19697.
- Clara, E. & Wardani, A. A. D. (2020) *Sosiologi Keluarga*, Jakarta Timur: UNJ Press.
- Creswell, J. W. & Creswell, J. D. (2018) *Research Design: Qualitative, Quantitative, and Mixed Methods Approaches 5th Edition*: SAGE Publications.
- Daly, A. N., O'Sullivan, E. J. & Kearney, J. M. (2022) Considerations for health and food choice in adolescents. *Proceedings of the Nutrition Society*, 81(1): 75-86.
- Das, J. K., Lassi, Z. S., Hoodbhoy, Z. & Salam, R. A. (2018) Nutrition for the next generation: older children and adolescents. *Annals of Nutrition and Metabolism*, 72(Suppl. 3): 56-64.
- Delil, R., Tamiru, D. & Zinab, B. (2018) Dietary diversity and its association with anemia among pregnant women attending public health facilities in South Ethiopia. *Ethiopian journal of health sciences*, 28(5).
- Deng, K.-L., Yang, W.-Y., Hou, J.-L., Li, H., Feng, H. & Xiao, S.-M. (2021) Association between Body Composition and Bone Mineral Density in Children and Adolescents: A Systematic Review and Meta-Analysis. *International Journal of Environmental Research and Public Health*, 18(22): 12126.
- Deyhoul, N., Vasli, P., Rohani, C., Shakeri, N. & Hosseini, M. (2020) The effect of family-centered empowerment program on the family caregiver burden and the activities of daily living of Iranian patients with stroke: a randomized controlled trial study. *Aging clinical and experimental research*, 32(7): 1343-1352.
- Di Cesare, M. (2021) A world free from malnutrition: An assessment of progress towards the global nutrition targets. *2021 Global Nutrition Report: The state of global nutrition*. Bristol, UK: Development Initiatives.

- Dinas Kesehatan Kabupaten Lombok Utara (2021) Profil Kesehatan Tahun 2021. Tanjung: Dinas Kesehatan Kabupaten Lombok Utara.
- Dinas Kesehatan Kabupaten Lombok Utara (2022) Data Prevalensi Kasus Anemia di Kabupaten Lombok Utara. Tanjung: Dinas Kesehatan Kabupaten Lombok Utara.
- Djama, N. T. (2017) Kesehatan reproduksi remaja. *Jurnal Kesehatan*, 10(1): 30-34.
- Erlinda, V. (2015) Penerapan Model Family-Centered Nursing Terhadap Pelaksanaan Tugas Kesehatan Keluarga Dalam Pencegahan ISPA Pada Balita Di Wilayah Kerja Puskesmas Simpang Tiga Kabupaten Aceh Besar. *Jurnal Kedokteran Yarsi*, 23(3): 165-186.
- Etemadifar, S., Heidari, M., Jivad, N. & Masoudi, R. (2018) Effects of family-centered empowerment intervention on stress, anxiety, and depression among family caregivers of patients with epilepsy. *Epilepsy & behavior : E&B*, 88:106-112.
- Fadlillah, M. & Fauziah, S. (2022) Analysis of Diana Baumrind's Parenting Style on Early Childhood Development. *Al-Ishlah: Jurnal Pendidikan*, 14(2): 2127-2134.
- Fairiza, A. & Widyatama, R. (2023) Merariq dalam pernikahan Suku Sasak: Analisis Komunikasi dan Dinamika Sosial dalam Ritual Penculikan *Jurnal Analisis Sosiologi*, 12(4): 222-244.
- Fernandez-Gaxiola, A. C. & De-Regil, L. M. (2019) Intermittent iron supplementation for reducing anaemia and its associated impairments in adolescent and adult menstruating women. *Cochrane Database of Systematic Reviews*, (1).
- Fitriyani, E. (2022) Pengaruh Pola Asuh Orang Tua Otoriter terhadap Hubungan Sosial Anak. *Indonesian Journal of Education Research (IJoER)*, 3(2): 26-31.
- Fletcher, E. (2015) Interpreting qualitative data. *International Journal of Research & Method in Education*, 38(4): 452-453.
- Flick, U. (2018) *Designing qualitative research*: Sage.
- Fouad, A. I., Sayed, M. A., Sanad, H. M. & Samuel, V. M. (2022) Family-Centered Empowerment Model Effect on Stroke Patients and their Caregivers. *Egyptian Journal of Health Care*, 13(1): 1768-1782.
- Gamayanti, W. (2014) Usaha bunuh diri berdasarkan teori ekologi Bronfenbrenner. *Psymphatic: Jurnal Ilmiah Psikologi*, 1(2): 204-230.
- Garcia-Casal, M. N., Dary, O., Jefferds, M. E. & Pasricha, S. R. (2023) Diagnosing anemia: Challenges selecting methods, addressing underlying causes, and implementing actions at the public health level. *Ann N Y Acad Sci*, 1524(1): 37-50.
- Gautam, S., Min, H., Kim, H. & Jeong, H.-S. (2019) Determining factors for the prevalence of anemia in women of reproductive age in Nepal: Evidence from recent national survey data. *PLOS ONE*, 14(6): e0218288.
- Ghaffar, F. & Waqar, F. (2018) Prevalence of iron deficiency anemia in young adolescent girls at University of Peshawar. *Pakistan Journal of Physiology*, 14(3): 33-36.
- Ghasemi, M., Gholami, M. & Daneshpazhooh, M. (2018) The effect of family-centered empowerment model on quality of life of female patients with pemphigus vulgaris referred to Razi hospital. *Iranian Journal of Nursing Research*, 13(3): 1-10.
- Gholami, S., Besharati, R., Haresabadi, M., Ghorbanzadeh, M., Sarani, A. & Hamed, A. (2019) The Impact of Family-Centered Empowerment Program on the Quality of Life of Mothers with Epileptic Children. *Journal of Kerman University of Medical Sciences*, 26(5): 349-356.
- Gillespie, B., Katageri, G., Salam, S., Ramadurg, U., Patil, S., Mhetri, J., Charantimath, U., Goudar, S., Dandappanavar, A. & Karadiguddi, C. (2023) Attention for and awareness of anemia in adolescents in Karnataka, India: A qualitative study. *Plos one*, 18(4): e0283631.
- Gilmore, K. & Meersand, P. (2019) Normal child and adolescent development. In: Roberts, L. W. (ed.) *Textbook of Psychiatry*. Washington, DC: American Psychiatric Association Publishing
- Glanz, K., Burke, L. E. & Rimer, B. K. (2011) Health behavior theories. *Philosophies and theories for advanced nursing practice*, 247-270.

- Gomes, A. C., Rebelo, M. A. B., de Queiroz, A. C., de Queiroz Herkrath, A. P. C., Herkrath, F. J., Rebelo Vieira, J. M., Pereira, J. V. & Vettore, M. V. (2020) Socioeconomic status, social support, oral health beliefs, psychosocial factors, health behaviours and health-related quality of life in adolescents. *Quality of life research*, 29141-151.
- Green, L. W., Kreuter, M., Deeds, S. G. & Partridge, K. B. (1980) *Health education planning: A diagnostic approach*, California: Mayfield publishing.
- Grondin, M.-A., Ruivard, M., Perreve, A., Derumeaux-Burel, H., Perthuis, I., Roblin, J., Thiollieres, F. & Gerbaud, L. (2008) Prevalence of iron deficiency and health-related quality of life among female students. *Journal of the American College of Nutrition*, 27(2): 337-341.
- Gutema, B. T., Sorrie, M. B., Megersa, N. D., Yesera, G. E., Yeshitila, Y. G., Pauwels, N. S., De Henauw, S. & Abbeddou, S. (2023) Effects of iron supplementation on cognitive development in school-age children: Systematic review and meta-analysis. *PLoS One*, 18(6): e0287703.
- Habib, N., Abbasi, S.-U.-R. S. & Aziz, W. (2020) An analysis of societal determinant of anemia among adolescent girls in Azad Jammu and Kashmir, Pakistan. *Anemia*, 2020(1): 1628357.
- Habtegiorgis, S. D., Petrucka, P., Telayneh, A. T., Getahun, D. S., Getacher, L., Alemu, S. & Birhanu, M. Y. (2022) Prevalence and associated factors of anemia among adolescent girls in Ethiopia: A systematic review and meta-analysis. *Plos One*, 17(3): e0264063.
- Haq, Z. (2012) Pelaksanaan Pewarisan pada Masyarakat Hukum Adat Suku Sasak di Desa Rembitan Lombok Tengah *Tesis*, Universitas Gadjah Mada.
- Harahap, F. F., Lubis, F., Fitria, M. & Khairani, N. (2024) Jenis dan Karakteristik Inovasi Pembelajaran. *AMI: JURNAL PENDIDIKAN DAN RISET*, 1(2): 82-90.
- Harding, K. L., Aguayo, V. M., Namirembe, G. & Webb, P. (2018) Determinants of anemia among women and children in Nepal and Pakistan: An analysis of recent national survey data. *Matern Child Nutr*, 14 Suppl 4(Suppl 4): e12478.
- Heydari, Z., Mehrnoush, N., Aghamohammadi, M. & Hosseininia, S. (2022) Investigating the Effect of a Family-Centered Empowerment Model on Quality of Life in Patients with Chronic Obstructive Pulmonary Disease. *International Journal of Early Childhood Special Education*, 14(5).
- Hidayah, N. (2016) Analisis Faktor Penyebab Anemia Wanita Usia Subur di Desa Jepang Pakis Kabupaten Kudus. *The 3rd University Research Colloquium 2016*
- Hisanah, R., Nuryanto, N., Rahadiyanti, A. & Wijayanti, H. S. (2023) Pengaruh edukasi gizi melalui permainan ular tangga dan booklet terhadap pengetahuan, sikap, dan praktik pencegahan anemia pada remaja putri. *Journal of Nutrition College*, 12(4): 301-310.
- Höök, K., Ståhl, A., Sundström, P. & Laaksolahti, J. (Year) Interactional empowerment. In: *Proceedings of the SIGCHI Conference on Human Factors in Computing Systems*, 2008. 647-656.
- Hurlock, E. B. (1999) *Child Development Jilid II*, Jakarta: Erlangga.
- Hutagalung, M., Haryanto, J. & Fauziningtyas, R. (2020) Pemberdayaan Keluarga Meningkatkan Self Efficacy dan Kualitas Hidup Lansia di Puskesmas Oebobo Kupang. *Indonesian Journal of Community Health Nursing*, 5(2): 96-101.
- Ibrahim, S. R., El-Moniem, I. I. A. & El-Sayed, Z. F. (2022) Mothers' Awareness Regarding Iron Deficiency Anemia among School Age Children: An Assessment study. *Egyptian Journal of Health Care*, 13(3): 749-759.
- Ikediashi, B. G., Ehrmann, C., Gomez, S. & Michel, G. (2023) Disease knowledge and health literacy in parents of children with sickle cell disease. *EJHaem*, 4(4): 956-962.
- Indrawati, E. S., Alfaruqy, M. Z., Hyoscyamina, D. E., Indriana, Y., Sawitri, D. R., Rusmawati, D., Ediati, A., Dewi, K. S., Setyawan, I., Masykur, A. M., Desiningrum, D. R., Prihatsanti, U., Kaloeti, D. V. S., Ariati, J. & Kristiana, I. F. (2018) *Pemberdayaan Keluarga dalam Perspektif Psikologi* Semarang: Fakultas Psikologi Universitas Diponegoro.
- Indriasari, R., Mansur, M. A. & Rachmat, M. (2024) Comprehensive knowledge and support from closest relatives are crucial to improve awareness and participation of Indonesian

- adolescent girls in anemia prevention programs. *International Journal of Adolescent Medicine and Health*, 36(5): 513-521.
- Iolascon, A., Andolfo, I., Russo, R., Sanchez, M., Busti, F., Swinkels, D., Aguilar Martinez, P., Bou-Fakhredin, R., Muckenthaler, M. U. & Unal, S. (2024) Recommendations for diagnosis, treatment, and prevention of iron deficiency and iron deficiency anemia. *Hemasphere*, 8(7): e108.
- Israpil, I. (2017) Budaya Patriarki dan Kekerasan Terhadap Perempuan (Sejarah dan Perkembangannya). *Pusaka*, 5 (2), 141–150.
- Izzara, W. A., Yulastri, A., Erianti, Z., Putri, M. Y. & Yuliana, Y. (2023) Penyebab, Pencegahan dan Penanggulangan Anemia pada Remaja Putri (Studi Literatur). *Jurnal Multidisiplin West Science*, 2(12): 1051-1064.
- Jafari-Diziche, S., Izadi-Avanji, F.-S., Atoof, F., Derakhshandeh, S.-M. & Azizi-Fini, I. (2021) Effect of family-centered empowerment model on the care burden of the caregivers of older adults with heart failure. *Journal of Client-Centered Nursing Care*, 7(4): 275-284.
- Jalali-Farahani, S., Amiri, P. & Chin, Y. S. (2016) Are physical activity, sedentary behaviors and sleep duration associated with body mass index-for-age and health-related quality of life among high school boys and girls? *Health and quality of life outcomes*, 141-9.
- Jamali, N. H., Mahesar, H. & Bhutto, M. A. (2016) Prevalence of iron deficiency anemia in school and college going students of district Shaheed Benazirabad Sindh province, Pakistan. *Open Journal of Blood Diseases*, 6(04): 67.
- Javadi, M., Hosseini, M. & Meybodi, F. A. (2023) The effect of family-centered empowerment program on self-efficacy and perceived stress in patients with acute coronary syndrome in yazd social security hospital. *Cardiovascular Biomedicine Journal*.
- Juffrie, M., Helmyati, S. & Hakimi, M. (2020) Nutritional anemia in Indonesia children and adolescents: Diagnostic reliability for appropriate management. *Asia Pacific Journal of Clinical Nutrition*, 29.
- Karmali, S., Battram, D. S., Burke, S. M., Cramp, A., Johnson, A. M., Mantler, T., Morrow, D., Ng, V., Pearson, E. S., Petrella, R. J., Tucker, P. & Irwin, J. D. (2020) Perspectives and Impact of a Parent-Child Intervention on Dietary Intake and Physical Activity Behaviours, Parental Motivation, and Parental Body Composition: A Randomized Controlled Trial. *Int J Environ Res Public Health*, 17(18).
- Kashaninia, Z. & Haghani, H. (2021) The Relationship between social health and general self-efficacy in the elderly of jiroft in 2018. *Journal of Jiroft University of Medical Sciences*, 7(4): 532-542.
- Kaur, N., Agarwal, A. & Sabharwal, M. (2022) Food fortification strategies to deliver nutrients for the management of iron deficiency anemia. *Curr Res Food Sci*, 52094-2107.
- Kawitri, A. Z., Listiyandini, R. A. & Rahmatika, R. (2020) Peran self-compassion terhadap dimensi-dimensi Kualitas hidup kesehatan pada remaja panti asuhan. *Psymphatic: Jurnal Ilmiah Psikologi*, 7(1): 01-18.
- Kebede, D., Getaneh, F., Endalamaw, K., Belay, T. & Fenta, A. (2021) Prevalence of anemia and its associated factors among under-five age children in Shanan gibe hospital, Southwest Ethiopia. *BMC Pediatr*, 21(1): 542.
- Kementerian Kesehatan RI (2018) *Pedoman pencegahan dan penanggulangan anemia pada remaja putri dan wanita usia subur (WUS)*, Jakarta:Kementerian Kesehatan RI.
- Kementerian Kesehatan RI (2019) Laporan Nasional Riset Kesehatan Dasar 2018. Jakarta: Badan Penelitian dan Pengembangan Kesehatan Kementerian Kesehatan RI.
- Khammaria, M., Amani, Z., Hajmohammadi, M., Ansari-Moghadam, A. & Eslahi, M. (2016) A survey of iron supplementation consumption and its related factors in high school students in Southeast Iran, 2015. *The Malaysian journal of medical sciences: MJMS*, 23(5): 57.
- Khanal, A., Paudel, R., Wagle, C. N., Subedee, S. & Pradhan, P. M. S. (2024) Prevalence of anemia and its associated factors among adolescent girls on Weekly Iron Folic Acid supplementation (WIFAS) implemented and non-implemented schools at Tokha municipality, Kathmandu. *PLOS Glob Public Health*, 4(1): e0002515.

- Khapre, M., Shewade, H. D., Kishore, S., Ramaswamy, G. & Dongre, A. R. (2020) Understanding barriers in implementation and scaling up WIFS from providers perspective: A mixed-method study, Rishikesh, India. *Journal of Family Medicine and Primary Care*, 9(3): 1497-1509.
- Koentjaraningrat (2005) *Pengantar Antropologi*, Jakarta: Rineka Cipta.
- Koren, P. E., DeChillo, N. & Friesen, B. J. (1992) Measuring empowerment in families whose children have emotional disabilities: a brief questionnaire. *Rehabilitation psychology*, 37(4): 305.
- Kotnik, K. Z., Seljak, B. K., Gregorič, M., Jurak, G. & Golja, P. (2023) Questionable advisability of vitamin and mineral dietary supplement use in adolescents. *BMC Nutrition*, 9(1): 110.
- Kozioł-Kozakowska, A. (2023) Adequate Nutrition in Early Childhood. *Children (Basel)*, 10(7).
- Kumar, A., Sharma, E., Marley, A., Samaan, M. A. & Brookes, M. J. (2022a) Iron deficiency anemia: pathophysiology, assessment, practical management. *BMJ Open Gastroenterol*, 9(1).
- Kumar, S. B., Arnipalli, S. R., Mehta, P., Carrau, S. & Ziouzenkova, O. (2022b) Iron Deficiency Anemia: Efficacy and Limitations of Nutritional and Comprehensive Mitigation Strategies. *Nutrients*, 14(14).
- Kuwahara, M. & Eum, W. (2022) Effects of Childhood Nutrition Education from School and Family on Eating Habits of Japanese Adults. *Nutrients*, 14(12).
- Lekše, R., Godec, D. & Prosen, M. (2023) Determining the Impact of Lifestyle on the Health of Primary School Children in Slovenia Through Mixed Membership Focus Groups. *J Community Health*, 48(5): 857-869.
- Lemeshow, S., Hosmer, D. W., Klar, J. & Lwanga, S. K. (1997) *Adequacy of sample size in health studies*: John Wiley & Sons.
- Lester, S., Kleijn, M., Cornacchia, L., Hewson, L., Taylor, M. A. & Fisk, I. (2022) Factors Affecting Adherence, Intake, and Perceived Palatability of Oral Nutritional Supplements: A Literature Review. *The Journal of nutrition, health and aging*, 26(7): 663-674.
- Li, N., Zhao, G., Wu, W., Zhang, M., Liu, W., Chen, Q. & Wang, X. (2020) The Efficacy and Safety of Vitamin C for Iron Supplementation in Adult Patients With Iron Deficiency Anemia: A Randomized Clinical Trial. *JAMA Network Open*, 3(11): e2023644-e2023644.
- Luo, Z., Huang, Y.-e., Luo, R., Pan, Y. & Chen, W. (2022) Empowerment of the Family Primary Caregiver of Patients with Chronic Obstructive Pulmonary Disease. *American Journal of Nursing*, 11(2): 55-61.
- Ma, J., Huang, J., Zeng, C., Zhong, X., Zhang, W., Zhang, B. & Li, Y. (2023) Dietary Patterns and Association with Anemia in Children Aged 9-16 Years in Guangzhou, China: A Cross-Sectional Study. *Nutrients*, 15(19).
- Magfirah, A. N., Citrakesumasari, R. I., Syam, A., Salmah, A. U. & Taslim, N. A. (2023) Effectiveness of android-based educational media on knowledge, dietary intake and hemoglobin levels for prevention of anemia in adolescent females. *J Public Heal Dev*, 21(2): 212-22.
- Mahmood, L., Flores-Barrantes, P., Moreno, L. A., Manios, Y. & Gonzalez-Gil, E. M. (2021) The Influence of Parental Dietary Behaviors and Practices on Children's Eating Habits. *Nutrients*, 13(4).
- Mappe, U. U. & Jusnawati, J. (2022) Budaya Patriarki masyarakat Migran Bali Di Desa Kertaraharja Kecamatan Tomoni Timur Kabupaten Luwu Timur. *Sosio Religius: Jurnal Ilmiah Sosiologi Agama* 7(2): 37-49.
- Mardhiyah, A., Panduragan, S. L., Mediani, H. S. & Rai, R. P. (2022) Integrating family empowerment into thalassemia care for adolescents in indonesia: a synthesis of recent evidence. *Malaysian J Med Health Sci*, 18(S17): 363-70.
- Martinez-Torres, V., Torres, N., Davis, J. A. & Corrales-Medina, F. F. (2023) Anemia and Associated Risk Factors in Pediatric Patients. *Pediatric Health Med Ther*, 14: 267-280.

- Martinez, I., Garcia, F., Veiga, F., Garcia, O. F., Rodrigues, Y. & Serra, E. (2020) Parenting Styles, Internalization of Values and Self-Esteem: A Cross-Cultural Study in Spain, Portugal and Brazil. *International Journal of Environmental Research and Public Health*, 17(7): 2370.
- Maslow, A. (1943) A theory of human motivation. *Psychological Review google scholar*, 221-28.
- Melbye, E. L., Hausken-Sutter, S. E., Lien, N. & Bjelland, M. (2021) Adolescent vegetable consumption: the role of socioemotional family characteristics. *Public Health Nutr*, 24(17): 5710-5719.
- Mengistu, G., Azage, M. & Gutema, H. (2019) Iron Deficiency Anemia among In-School Adolescent Girls in Rural Area of Bahir Dar City Administration, North West Ethiopia. *Anemia*, 2019(1): 1097547.
- Menteri Kesehatan RI (2014) Peraturan Menteri Kesehatan Republik Indonesia Nomor 25 Tahun 2014 tentang Upaya Kesehatan Anak Jakarta: Kementerian Kesehatan Republik Indonesia.
- Mikkelsen, H. T., Småstuen, M. C., Haraldstad, K., Helseth, S., Skarstein, S. & Rohde, G. (2022) Changes in health-related quality of life in adolescents and the impact of gender and selected variables: a two-year longitudinal study. *Health and quality of life outcomes*, 20(1): 123.
- Miles, M. & Huberman, M. (1992) *Analisis Data Kualitatif: Buku Sumber Tentang Metode–metode Baru* Jakarta:Universitas Indonesia.
- Minooei, M. S., Ghazavi, Z., Abdeyazdan, Z., Gheissari, A. & Hemati, Z. (2016) The effect of the family empowerment model on quality of life in children with chronic renal failure: Children's and parents' views. *Nephro-urology monthly*, 8(4).
- Mishra, S. K., Marasini, S., Gupta, B. K., Agrawal, K. K. & Gautam, N. (2018) Prevalence of iron deficiency anemia in anemic patients: A hospital based study. *Journal of Universal College of Medical Sciences*, 6(2): 41-45.
- Mithra, P., Khatib, M. N., Sinha, A. P., Kumar, N., Holla, R., Unnikrishnan, B., Vijayamma, R., Nair, N. S., Gaidhane, A. & Quazi Zahiruddin, S. (2020) Interventions for Addressing Anemia Among Children and Adolescents: An Overview of Systematic Reviews. *Front Pediatr*, 8549549.
- Mitkari, K., Wadgave, H. & Haralkar, S. (2020) Anemia in school-going adolescent girls of age between 11 and 16 years in rural areas–A cross-sectional study. *Int J Med Sci Public Health*, 9(9): 508-513.
- Morse, J. M. (2011) *Molding qualitative health research*. Los Angeles, CA: SAGE Publications Sage CA.
- Mousaei, F. M., Mirhosseini, S., Mafi, M. H., Günaydin, N. & Zendehtalab, H. R. (2023) Effect of support based on family centered empowerment model on care burden in family caregivers of patients with multiple sclerosis. *Front Public Health*, 111115311.
- Mulianingsih, M., Nurmayani, W., Oktaviani, E., Ilham, Hayana & Pertiwi, A. N. (2021) Factors Affecting Anemia Status in Adolescent Girls. *Journal of Health Education*, 6(1): 27-33.
- Munfarida, E. (2009) Kritik wacana seksualitas perempuan. *Yinyang: Jurnal Studi Islam Gender dan Anak*, 4(1): 122-139.
- Muriuki, J. M., Mentzer, A. J., Webb, E. L., Morovat, A., Kimita, W., Ndungu, F. M., Macharia, A. W., Crane, R. J., Berkley, J. A. & Lule, S. A. (2020) Estimating the burden of iron deficiency among African children. *BMC medicine*, 181-14.
- Musniati, N. & Fitria, F. (2022) Edukasi Pencegahan Anemia pada Remaja Putri. *Media Karya Kesehatan*, 5(2): 224-232.
- Muzakar, A., Yasar, A. & Hafidz, I. (2023) Sistem Sosial dan Pengasuhan Anak pada Keluarga Suku Sasak dalam Perspektif Kebudayaan Lokal. *Jurnal Obsesi : Jurnal Pendidikan Anak Usia Dini*, 7(5): 6386-6398.
- Mwangi, M. N., Mzembe, G., Moya, E. & Verhoef, H. (2021) Iron deficiency anemia in sub-Saharan Africa: a review of current evidence and primary care recommendations for high-risk groups. *The Lancet Haematology*, 8(10): e732-e743.

- Nguyen, P. H., Walia, M., Pant, A., Menon, P. & Scott, S. (2022) Changes in anemia and anthropometry during adolescence predict learning outcomes: findings from a 3-year longitudinal study in India. *The American Journal of Clinical Nutrition*, 115(6): 1549-1558.
- Notoatmodjo, S. (2007) *Pendidikan dan Perilaku Kesehatan, Cetakan 2*, Jakarta:Rineka Cipta.
- Notoatmodjo, S. (2010) *Ilmu perilaku kesehatan*, Jakarta:Rineka Cipta.
- Notoatmodjo, S. (2022) *Metode Penelitian Kesehatan*, Jakarta:Rineka Cipta.
- Nursaptini, N., Sobri, M., Sutisna, D., Syazali, M. & Widodo, A. (2019) Budaya patriarki dan akses perempuan dalam pendidikan. *Al-Maiyyah: Media Transformasi Gender Dalam Paradigma Sosial Keagamaan*, 12(2): 16-26.
- Nuruddin, N. & Rosalia, L. (2023) Dampak Praktik Budaya Merarik Masyarakat Bangsawan Dengan Masyarakat Biasa Di Desa Suranadi. *JISIP (Jurnal Ilmu Sosial dan Pendidikan)*, 7(2): 1406-1412.
- Octarra, H. S., Iustitiani, N. S. D. & Ajisukmo, C. (2022) Analisis Situasi Partisipasi Anak dan Remaja dan Keterlibatan di Masyarakat di Indonesia. Jakarta, Indonesia: PKPM Unika Atma Jaya, UNICEF dan Bappenas.
- Oktariana, D., Lusiana, E., Tamzil, N. S. & Prasasty, G. D. (2021) Level of haemoglobin and knowledge regarding anemia and its prevention among adolescent. *Sriwijaya Journal of Medicine*, 4(2): 117-122.
- Oktavianis, O., Sari, N. W., Nurhayati, N. & Yuniliza, Y. (2023) Hubungan Gaya Hidup terhadap Kejadian Anemia pada Remaja *Human Care Journal*, 8(1): 227-233.
- Onwuegbuzie, A. J. & Denham, M. A. (Year) The Use of Nonverbal Communication Data in Qualitative Research: Prevalence and Characteristics. *In: International Journal Of Qualitative Methods*, 2013. Univ Alberta, Int Inst Qualitative Methodology 5-217, Edmonton Clinic Health, 719-719.
- Packirisamy, S. (2022) A Questionnaire-Based Online Survey on Knowledge and Awareness of Anaemia Among Female Health-Care Professional Students in Tamilnadu. *Asian J Pharm Clin Res*, 15(8): 114-118.
- Paron, K. & Kutsar, D. (2023) Creation of child-patient's autonomy in a child-parent-doctor relationship: Medical doctors' perspectives. *Childhood*, 30(2): 145-160.
- Partama, I. B. G. (2019) Inclusion of dietary multi-mineral-vitamin ("Pignox") on growth performance in weaned piglet. *International Journal of Fauna and Biological Studies* 6(5): 18-22.
- Pasqualino, M. M., Thorne-Lyman, A. L., Manohar, S., Kc, A., Shrestha, B., Adhikari, R., Klemm, R. D. & West, K. P. (2021) The Risk Factors for Child Anemia Are Consistent across 3 National Surveys in Nepal. *Current Developments in Nutrition*, 5(6): nzab079.
- Pelletier, J. E. & Laska, M. N. (2012) Balancing healthy meals and busy lives: associations between work, school, and family responsibilities and perceived time constraints among young adults. *J Nutr Educ Behav*, 44(6): 481-9.
- Pereira, A., Escola, J., Rodrigues, V. & Almeida, C. (2020) Parents' Perspectives on the Health Education Provided by Clinicians in Portuguese Pediatric Hospitals and Primary Care for Children Aged 1 to 10 Years. *Int J Environ Res Public Health*, 17(18).
- Prom-Wormley, E. C., Clifford, J. S., Bourdon, J. L., Barr, P., Blondino, C., Ball, K. M., Montgomery, J., Davis, J. K., Real, J. E., Edwards, A. C., Thiselton, D. L., Creighton, G. C., Wilson, D. & Newbille, C. (2021) Developing community-based health education strategies with family history: Assessing the association between community resident family history and interest in health education. *Soc Sci Med*, 271112160.
- Puskesmas Mataram (2022) Data Primer Puskesmas Mataram Tahun 2022. Mataram: Puskesmas Mataram.
- Raei, M., Ghasemi, M., Hushmandi, K., Shirmohammadi-Khoram, N., Omolbanin Seyedrezaei, S., Rostami, H. & Vahedian-Azimi, A. (2022) Effectiveness of family-centered empowerment model on psychological improvement of patients with myocardial infarction: a Bayesian multivariate approach. *Frontiers in Public Health*, 10878259.

- Rahman, M. J., Rahman, M. M., Kakehashi, M., Matsuyama, R., Sarker, M. H. R., Ali, M., Promitee, S. K., Prihanto, J. B., Ahmed, A. & Shimpuku, Y. (2023) Impact of eHealth education to reduce anemia among school-going adolescent girls in rural Bangladesh: Study protocol of a randomized controlled trial. *Journal of Family Medicine and Primary Care*, 12(11).
- Rahman, N., Ishitsuka, K., Piedvache, A., Tanaka, H., Murayama, N. & Morisaki, N. (2022) Convenience Food Options and Adequacy of Nutrient Intake among School Children during the COVID-19 Pandemic. *Nutrients*, 14(3).
- Rai, A., Khan, M. N. & Thapa, S. (2020) Trends and determinants of anaemia in women of Nepal: a multilevel analysis. *Maternal & Child Nutrition*, 16(4): e13044.
- Ramdany, R. (2021) Edukasi Anemia Berbasis Monopoly Simulation pada Remaja Putri di SMK Negeri 1 Kota Sorong. *Jurnal Abdidas*, 2(2): 280 - 286.
- Ravens-Sieberger, U., Gosch, A., Erhart, M., von Rueden, U. & Nickel, J. (2006) *The Kidscreen Questionnaires: Quality of Life Questionnaires for Children and Adolescents*: Kidscreen Group Europe.
- Reinhard, S. C., Levine, C. & Samis, S. (2014) Family caregivers providing complex chronic care to their spouses. *Washington, DC: AARP Public Policy Institute*.
- Rimbawan, R., Nurdiani, R., Rachman, P. H., Kawamata, Y. & Nozawa, Y. (2023) School Lunch Programs and Nutritional Education Improve Knowledge, Attitudes, and Practices and Reduce the Prevalence of Anemia: A Pre-Post Intervention Study in an Indonesian Islamic Boarding School. *Nutrients*, 15(4): 1055.
- Robinson, J. (2010) Triandis' theory of interpersonal behaviour in understanding software piracy behaviour in the South African context *Doctoral Dissertation*, University of the Witwatersrand.
- Roe, L. S., Sanchez, C. E., Smethers, A. D., Keller, K. L. & Rolls, B. J. (2022) Portion size can be used strategically to increase intake of vegetables and fruits in young children over multiple days: a cluster-randomized crossover trial. *The American journal of clinical nutrition*, 115(1): 272-283.
- Rosenstock, I. M. (1974) The health belief model and preventive health behavior. *Health education monographs*, 2(4): 354-386.
- Roshan, F. S. S. N., Navipor, H. & Alhani, F. (2021) Practical intervention on quality of life of anemic girls and their mothers. *International Journal of Adolescent Medicine and Health*, 33(3): 107-113.
- Sachithananthan, V., Buzgeia, M., Awad, F., Omran, R. & Faraj, A. (2012) Impact of nutrition education on the nutritional status. *Nutrition & Food Science*, 42(3): 173-180.
- Safiri, S., Kolahi, A.-A., Noori, M., Nejadghaderi, S. A., Karamzad, N., Bragazzi, N. L., Sullman, M. J. M., Abdollahi, M., Collins, G. S., Kaufman, J. S. & Grieger, J. A. (2021) Burden of anemia and its underlying causes in 204 countries and territories, 1990–2019: results from the Global Burden of Disease Study 2019. *Journal of Hematology & Oncology*, 14(1): 185.
- Samson, K. L., Fischer, J. A. & Roche, M. L. (2022) Iron status, anemia, and iron interventions and their associations with cognitive and academic performance in adolescents: a systematic review. *Nutrients*, 14(1): 224.
- Sari, P., Herawati, D. M. D., Dhamayanti, M. & Hilmanto, D. (2022a) Anemia among Adolescent Girls in West Java, Indonesia: Related Factors and Consequences on the Quality of Life. *Nutrients*, 14(18): 3777.
- Sari, P., Judistiani, R. T. D., Herawati, D. M. D., Dhamayanti, M. & Hilmanto, D. (2022b) Iron Deficiency Anemia and Associated Factors Among Adolescent Girls and Women in a Rural Area of Jatinangor, Indonesia. *International Journal of Women's Health*, 4:1137-1147.
- Sedlander, E., Long, M. W., Mohanty, S., Munjral, A., Bingenheimer, J. B., Yilma, H. & Rimal, R. N. (2020) Moving beyond individual barriers and identifying multi-level strategies to reduce anemia in Odisha India. *BMC Public Health*, 201-16.

- Sedlander, E., Talegawkar, S., Ganjoo, R., Ladwa, C., DiPietro, L., Aluc, A. & Rimal, R. N. (2021) How gender norms affect anemia in select villages in rural Odisha, India: A qualitative study. *Nutrition*, 86111159.
- Seyed, N. R., Fatemeh Sadat, Navipor, H. & Alhani, F. (2020) Practical intervention on quality of life of anemic girls and their mothers. *International Journal of Adolescent Medicine and Health*, 33(3): 107-113.
- Sharma, S., Acharya, B. K. & Wu, Q. (2022) Spatial Variations and Determinants of Anemia among Under-five Children in Nepal, DHS (2006-2016). *Int J Environ Res Public Health*, 19(14).
- Shoghi, M., Shahbazi, B. & Seyed Fatemi, N. (2019) The effect of the Family-Centered Empowerment Model (FCEM) on the care burden of the parents of children diagnosed with cancer. *Asian Pacific journal of cancer prevention: APJCP*, 20(6): 1757.
- Silitonga, H. T. H., Salim, L. A., Nurmala, I. & Wartiningsih, M. (2023) Compliance of iron supplementation and determinants among adolescent girls: A systematic review. *Iranian Journal of Public Health*, 52(1): 37.
- Silitonga, H. T. H., Wicaksono, D., Yunita, J., Rany, N., Perangin-angin, S. B., Nusawakan, A. W., achmawati, F. R., Asmin, E., Wilani, N. M. A., Putri, K. M., Safitriani, I. & Syahadat, R. M. (2024) *Perilaku Kesehatan & Promosi Kesehatan Bandung*: CV WIDINA MEDIA UTAMA.
- Silverman, D. (2006) *Interpreting Qualitative Data : Methods for Analyzing Talk, Text and Interaction* / D. Silverman.
- Simatupang, S. & Widiyarti, S. H. (2024) Efektifitas Pemberian Tablet Tambah Darah terhadap Anemia Remaja di SMPN 1 Parongpong. *MAHESA: Malahayati Health Student Journal*, 4(4): 1567-1576.
- Sinha, A. K., Majumdar, B. & Yadav, S. K. (2011) Prevalence and significance of iron deficiency of anaemia among people of Mornag District of Nepal. *Journal of Nobel Medical College*, 1(1): 40-44.
- Sinombor, S. H. (2018) *Kesetaraan Jender; Menembus Posisi Setara di "Berugak"* [Online]. Available: <https://kompas.id/baca/post-format-image/2018/10/07/menembus-posisi-setara-di-berugak/> [Accessed 10 Oktober 2024].
- Soliman, A. T., Alaaraj, N., Noor, H., Alyafei, F., Ahmed, S., Shaat, M., Itani, M., Elalaily, R. & Soliman, N. (2022) Review Nutritional interventions during adolescence and their possible effects. *Acta Biomed*, 93(1): e2022087.
- Sopha, R. F., Agustini, N. & Rachmawati, I. N. (2023) Family Centered Empowerment Model Efektif Meningkatkan Mekanisme Koping Orang Tua dalam Merawat Anak Penyakit Kronis. *Journal of Telenursing (JOTING)*, 5(1): 761-770.
- Steinberg, L. & Morris, A. S. (2001) Adolescent development. *Annual review of psychology*, 52(1): 83-110.
- Stuetz, W., Goweke, V., Kinabo, J., Bundala, N., Mbwana, H., Rybak, C., Eleraky, L., Lambert, C. & Biesalski, H. K. (2019) Consumption of dark green leafy vegetables predicts vitamin A and iron intake and status among female small-scale farmers in Tanzania. *Nutrients*, 11(5): 1025.
- Suhastini, N. (2021) Dominasi Patriarki dalam Budaya Merariq Kodeq di Lombok Timur. *Jurnal Partisipatoris* 3(2).
- Suliman, N. N. (2019) The intertwined relationship between power and patriarchy: Examples from resource extractive industries. *Societies*, 9(1): 14.
- Sungkar, A., Bardosono, S., Irwinda, R., Manikam, N. R., Sekartini, R., Medise, B. E., Nasar, S. S., Helmyati, S., Ariani, A. S. & Nurihsan, J. (2022) A life course approach to the prevention of iron deficiency anemia in Indonesia. *Nutrients*, 14(2): 277.
- Sunuwar, D. R., Singh, D. R., Adhikari, B., Shrestha, S. & Pradhan, P. M. S. (2021) Factors affecting anaemia among women of reproductive age in Nepal: a multilevel and spatial analysis. *BMJ Open*, 11(3): e041982.
- Syukur, M. & Ashari, W. (2024) Analisis Perbandingan Hak Waris Anak Perempuan Suku Sasak Antara Hukum Islam dan Hukum Adat. *Rayah Al-Islam*, 8(3): 1198-1217.

- Tang, Y., Ma, Y., Zhang, J. & Wang, H. (2022) The relationship between negative life events and quality of life in adolescents: mediated by resilience and social support. *Frontiers in public health*, 10980104.
- Teymouri, F., Kazemnejad & Alhani, F. (2017) The Effect of Family-Centered Empowerment Model on Self-Efficacy and Self-Esteem of the Children With Asthma. *Preventive Care in Nursing & Midwifery Journal*, 718-26.
- Tomanic, M., Paunovic, K., Lackovic, M., Djurdjevic, K., Nestorovic, M., Jakovljevic, A. & Markovic, M. (2022) Energy Drinks and Sleep among Adolescents. *Nutrients*, 14(18).
- Trower, C. A. (2012) *Success on the tenure track: Five keys to faculty job satisfaction*: JHU Press.
- Tsochantaridou, A., Sergeantanis, T. N., Grammatikopoulou, M. G., Merakou, K., Vassilakou, T. & Kornarou, E. (2023) Food Advertisement and Dietary Choices in Adolescents: An Overview of Recent Studies. *Children (Basel)*, 10(3).
- Tudge, J. R., Lopes, R. S., Piccinini, C. A., Sperb, T. M., Chipenda-Dansokho, S., Marin, A. H., Vivian, A. G., de Oliveira, D. S., Frizzo, G. B. & Freitas, L. B. (2013) Child-rearing values in southern Brazil: Mutual influences of social class and parents' perceptions of their children's development. *Journal of Family Issues*, 34(10): 1379-1400.
- Tura, M. R., Egata, G., Fage, S. G. & Roba, K. T. (2020) Prevalence of Anemia and Its Associated Factors Among Female Adolescents in Ambo Town, West Shewa, Ethiopia. *J Blood Med*, 11279-287.
- Turner, J., Parsi, M. & Badireddy, M. (2023) Anemia. *StatPearls*. Treasure Island (FL): StatPearls Publishing.
- UNICEF (2019) The State of the World's Children: Children, food, and nutrition – Growing well in a changing world. New York: UNICEF.
- Utami, A., Margawati, A., Pramono, D., Julianti, H.-P., Adespin, D.-A. & Wulandari, D.-R. (2022a) The effectiveness of iron-folic acid supplementation and education intervention to hemoglobin level, knowledge, and compliance among adolescent girls in Islamic boarding school. *Open Access Macedonian Journal of Medical Sciences*, 10(E): 1141-1146.
- Utami, K., Yolanda, H., Albayani, M., Suprayitna, M., Sulistiawati, F. & Mentari, I. (2022b) Screening anemia, status gizi dan asupan nutrisi remaja putri *JMM (Jurnal Masyarakat Mandiri)*, 6(6): 5086.
- Verma, K. & Baniya, G. C. (2022) Prevalence, knowledge, and related factor of anemia among school-going adolescent girls in a remote area of western Rajasthan. *Journal of Family Medicine and Primary Care*, 11(4): 1474.
- Vidhya, M. C., Meenatchi, R. & Loganathan, M. (2021) Impact of the use of Digital Technologies in Agri Food Systems. *Advances in Multidisciplinary Research and Development*, 112.
- Wakimizu, R., Fujioka, H., Nishigaki, K. & Matsuzawa, A. (2018) Family empowerment and associated factors in Japanese families raising a child with severe motor and intellectual disabilities. *International Journal of Nursing Sciences*, 5(4): 370-376.
- Wallace, T. C., Bailey, R. L., Blumberg, J. B., Burton-Freeman, B., Chen, C. y. O., Crowe-White, K. M., Drewnowski, A., Hooshmand, S., Johnson, E., Lewis, R., Murray, R., Shapses, S. A. & Wang, D. D. (2020) Fruits, vegetables, and health: A comprehensive narrative, umbrella review of the science and recommendations for enhanced public policy to improve intake. *Critical Reviews in Food Science and Nutrition*, 60(13): 2174-2211.
- Wang, J., Jin, W., Shi, L., Geng, Y., Zhu, X. & Hu, W. (2022) Health-Related Quality of Life in Children: The Roles of Age, Gender and Interpersonal Trust. *International Journal of Environmental Research and Public Health*, 19(22): 15408.
- Warner, M. J. & Kamran, M. T. (2023) Iron Deficiency Anemia. *StatPearls*. Treasure Island (FL): StatPearls Publishing.
- WHO (2016) *Adolescent health: world health organization*, Geneva:World Health Organization.

- WHO (2021) *Anaemia in women and children* [Online]. Available: https://www.who.int/data/gho/data/themes/topics/anaemia_in_women_and_children [Accessed 25 October 2024].
- Williams, A. M., Brown, K. H., Allen, L. H., Dary, O., Moorthy, D. & Suchdev, P. S. (2023) Improving Anemia Assessment in Clinical and Public Health Settings. *J Nutr*, 153 Suppl 1(Suppl 1): S29-s41.
- Yuwono, I. (2020) *Penelitian SSR (Single Subject Research)* Banjarmasin:FKIP Universitas Lambung Mangkurat.
- Zare, N., Ravanipour, M., Bahreini, M., Motamed, N. & Nemati, H. (2016) The effect of self-management empowering model on spiritual health of mothers with cerebral palsy. *Journal of Pediatric Nursing*, 3(1): 61-70.
- Zelege, M. B., Shaka, M. F., Anbesse, A. T. & Tesfaye, S. H. (2020) Anemia and Its Determinants among Male and Female Adolescents in Southern Ethiopia: A Comparative Cross-Sectional Study. *Anemia*, 2020(1): 3906129.
- Zhu, Z., Sudfeld, C. R., Cheng, Y., Qi, Q., Li, S., Elhoumed, M., Yang, W., Chang, S., Dibley, M. J., Zeng, L. & Fawzi, W. W. (2021) Anemia and associated factors among adolescent girls and boys at 10-14 years in rural western China. *BMC Public Health*, 21(1): 218.

