

DAFTAR PUSTAKA

- Abdelaal, M., le Roux, C. W., & Docherty, N. G. (2017). Morbidity and mortality associated with obesity. *Annals of Translational Medicine*, 5(7), 1–12. <https://doi.org/10.21037/atm.2017.03.107>
- Faizizah, N., & Muhlisin, A. (2024). *Terapi Latihan Fisik Dalam Menurunkan Hipertensi Pada Lansia : Studi Literature*. 8, 833–839.
- Gifari, N. (2020). *Modul mk gizi dan fisiologi olahraga*. 2020, 1–3.
- Gina, A. (2021). *The Kidney Disease: Improving Global Outcomes (KDIGO) 2012. CKD Evaluation and Management*. 1–11. <https://kdigo.org/guidelines/ckd-evaluation-and-management/>
- Heinonen, I., Helajärvi, H., Pahkala, K., Heinonen, O. J., Hirvensalo, M., Pälve, K., Tammelin, T., Yang, X., Juonala, M., Mikkilä, V., Kähönen, M., Lehtimäki, T., Viikari, J., & Raitakari, O. T. (2013). Sedentary behaviours and obesity in adults: The cardiovascular risk in young finns study. *BMJ Open*, 3(6). <https://doi.org/10.1136/bmjopen-2013-002901>
- Holmer, B. J., Lapierre, S. S., Jake-Schoffman, D. E., & Christou, D. D. (2021). Effects of sleep deprivation on endothelial function in adult humans: a systematic review. *GeroScience*, 43(1), 137–158. <https://doi.org/10.1007/s11357-020-00312-y>
- Jenkins, H. N., Rivera-Gonzalez, O., Gibert, Y., & Speed, J. S. (2020). Endothelin-1 in the pathophysiology of obesity and insulin resistance. *Obesity Reviews*, 21(12), 1–9. <https://doi.org/10.1111/obr.13086>
- Kee, H. M., Yi, D. Y., Yun, K. W., & Lim, I. S. (2014). Urine endothelin-1 as a Biomarker for Urinary Tract Infections in Children. *Journal of the Korean Society of Pediatric Nephrology*, 18(1), 36. <https://doi.org/10.3339/jkspn.2014.18.1.36>
- Kemenkes. (2017). *Pedoman Umum Gentas Gerakan berantas obesitas.pdf* (pp. 1–41). http://p2ptm.kemkes.go.id/uploads/N2VaaXlxZGZwWFpEL1VIRFdQ3ZRZz09/2017/11/Pedoman_Umum_Gentas_Gerakan_berantas_obesitas.pdf
- Kemenkes RI. (2023). *Panduan Hari Obesitas Sedunia*. 1–26.
- Kurniawan, A., & Yanni, M. (2020). Pemeriksaan Fungsi Endotel Pada Penyakit Kardiovaskular. *Human Care Journal*, 5(3), 638. <https://doi.org/10.32883/hcj.v5i3.817>
- Kwaifa, I. K., Bahari, H., Yong, Y. K., & Md Noor, S. (2020). Endothelial dysfunction in obesity-induced inflammation: Molecular mechanisms and clinical implications. *Biomolecules*, 10(2). <https://doi.org/10.3390/biom10020291>
- Mahtal, N., Lenoir, O., & Tharaux, P. L. (2021). Glomerular Endothelial Cell Crosstalk With Podocytes in Diabetic Kidney Disease. *Frontiers in Medicine*, 8(March), 1–9. <https://doi.org/10.3389/fmed.2021.659013>
- Man, A. W. C., Li, H., & Xia, N. (2020). Impact of Lifestyles (Diet and Exercise) on Vascular Health: Oxidative Stress and Endothelial Function. *Oxidative Medicine and Cellular Longevity*, 2020. <https://doi.org/10.1155/2020/1496462>
- Masturoh, Imas dan AnggitanT., N. (2018). *Metodologi Penelitian Kesehatana*. (2012). *Metodologi Penelitian Kesehatan*. Pdf-Metodologi-Penelitian-Kesehatan-ompress.Pdf (p. 243).
- Mekanisme Resistensi Insulin Terkait Obesitas. *Jurnal Ilmiah Sandi Husada*, 10(2), 354–358. <https://doi.org/10.35816/jiskh.v10i2.190>
- Lembaga Penelitian Badan Penelitian dan Pengembangan Jorran Provinsi Sulawesi Selatan Risesdas 2018. In *Badan Penelitian dan Pengembangan Kesehatan* (Vol. 110, Issue 9).



- <http://ejournal2.litbang.kemkes.go.id/index.php/lpb/article/view/3658>
- Sági, B., Vas, T., Gál, C., Horváth-Szalai, Z., Kőszegi, T., Nagy, J., Csiky, B., & Kovács, T. J. (2024). The Relationship between Vascular Biomarkers (Serum Endocan and Endothelin-1), NT-proBNP, and Renal Function in Chronic Kidney Disease, IgA Nephropathy: A Cross-Sectional Study. *International Journal of Molecular Sciences*, 25(19), 1–17. <https://doi.org/10.3390/ijms251910552>
- Sarvasti, D., Radi, B., Setianto, B., Kusmana, D., & Joesoef, A. H. (2011). Exercise Training and Vascular molecular Responses. *Jurnal Kardiologi Indonesia* •, 32(4), 255–265.
- Singh, R., Verma, A., Aljabari, S., & Vasylyeva, T. L. (2017). Urinary biomarkers as indicator of chronic inflammation and endothelial dysfunction in obese adolescents. *BMC Obesity*, 4(1), 2–9. <https://doi.org/10.1186/s40608-017-0148-2>
- Situmorang, E. W., Kurniawati, E., Soleha, T. U., & Larasati, T. . (2022). Obesity and erectile dysfunction: Literature Review. *PREPOTIF Jurnal Kesehatan Masyarakat*, 6, 1258–1265.
- Sugitami, Rayhana., Suryaalamshah, I., Rahmini., Akbar, Z, A., Harisatunnasyitoh, Z., Azyah, D, I., Yulianti, N, A, T., Annisa, S, N., Anandita, K., & Naufal, F, R. (2019). Peningkatan pengetahuan tentang kegemukan dan obesitas pada pengasuh pondok pesantren igbs darul marhamah desa jatisari kecamatan cileungsi kabupaten bogor jawa barat. *Pengabdian Masyarakat*, 1 September, 1–5.
- Utami, D. F., Idris, I., Arsyad, A., Yustisia, I., Aryandi, A., & Cangara, H. (2022). Analysis of Urinary Endothelin-I Levels in Obese Late Adolescents. *Jurnal Profesi Medika : Jurnal Kedokteran Dan Kesehatan*, 16(2), 164–168. <https://doi.org/10.33533/jpm.v16i2.5192>
- Vandercappellen, E. J., Koster, A., Savelberg, H. H. C. M., Eussen, S. J. P. M., Dagnelie, P. C., Schaper, N. C., Schram, M. T., van der Kallen, C. J. H., van Greevenbroek, M. M. J., Wesselius, A., Schalkwijk, C. G., Kroon, A. A., Henry, R. M. A., & Stehouwer, C. D. A. (2022). Sedentary behaviour and physical activity are associated with biomarkers of endothelial dysfunction and low-grade inflammation—relevance for (pre)diabetes: The Maastricht Study. *Diabetologia*, 65(5), 777–789. <https://doi.org/10.1007/s00125-022-05651-3>
- WHO International. (2020). *Overweight and obesity*. <https://www.who.int/en/news-room/factsheets/%0Adetail/obesity-and-overweigh>

