

## DAFTAR PUSTAKA

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## Lampiran 1. Biodata Peneliti

### Biodata Penulis

Nama Lengkap : Gita Fitri Aidini Tammasse  
NIM : C011201230  
Tempat, Tanggal Lahir : Makassar, 4 Januari 2001  
Jenis Kelamin : Perempuan  
Alamat : Jl. Tamalanrea Raya BTP Blok I no. 33, Makassar  
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Fakultas / Angkatan : Kedokteran / 2020  
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Riwayat Pendidikan :

<b>Jenjang Pendidikan</b>	<b>Nama Sekolah</b>	<b>Tahun</b>
SD	SD Islam Athirah Bukit Baruga	2008 - 2014
SMP	EF Academy Torbay, United Kingdom	2014 - 2017
SMA	EF Academy Torbay, United Kingdom	2017 - 2020
Perguruan Tinggi	Universitas Hasanuddin, Makassar	2020 - sekarang

## Lampiran 2. Pengantar Rekomendasi Etik

**KEMENTERIAN PENDIDIKAN KEBUDAYAAN,  
RISET DAN TEKNOLOGI  
UNIVERSITAS HASANUDDIN  
FAKULTAS KEDOKTERAN**  
JL. PERINTIS KEMERDEKAAN KM. 10, MAKASSAR 90245  
TELEPON (0411) 586200, (6 SALURAN), 584200, FAX (0411) 585188  
Laman: [www.unhas.ac.id](http://www.unhas.ac.id)

Nomor : 01090/UN4.6.8/KP.06.05/2024 18 Januari 2024  
Hal : Pengantar Untuk Mendapatkan Rekomendasi Etik

Yth. Ketua Komisi Etik Penelitian Kesehatan FK Unhas

Dengan hormat, disampaikan bahwa mahasiswa Program Studi Sarjana Kedokteran Fakultas Kedokteran Universitas Hasanuddin di bawah ini :

N a m a : Gita Fitri Aidini Tammasse  
N i m : C011201230

bermaksud melakukan penelitian dengan Judul “Hubungan Heart Rate Variability terhadap Fungsi Kognitif pada Mahasiswa Fakultas Kedokteran Universitas Hasanuddin”.

Untuk maksud tersebut di atas, kami mohon kiranya yang bersangkutan dapat diberikan surat rekomendasi etik dalam rangka penyelesaian studinya.

Demikian permohonan kami, atas bantuan dan kerjasamanya disampaikan terima kasih.

Ketua Program Studi S1  
Pendidikan Dokter  
Fakultas Kedokteran



dr. Ririn Nislawati, M.Kes.,Sp.M  
NIP 198101182009122003



### Lampiran 3. Rekomendasi Persetujuan Etik



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI  
 UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN  
 KOMITE ETIK PENELITIAN UNIVERSITAS HASANUDDIN  
 RSPTN UNIVERSITAS HASANUDDIN  
 RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR  
 Sekretariat : Lantai 2 Gedung Laboratorium Terpadu  
 JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.



Contact Person: dr. Agussalim Bukhari.,MMed,PhD, SpGK TELP. 081241850858, 0411 5780103, Fax : 0411-581431

#### **REKOMENDASI PERSETUJUAN ETIK**

Nomor : 56/UN4.6.4.5.31/ PP36/ 2024

Tanggal: 19 Januari 2024

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH24010042		No Sponsor	
Peneliti Utama	<b>Gita Fitri Aidini Tammasse</b>		Sponsor	
Judul Peneliti	Hubungan Heart Rate Variability terhadap Fungsi Kognitif pada Mahasiswa Fakultas Kedokteran Universitas Hasanuddin			
No Versi Protokol	<b>1</b>	Tanggal Versi	<b>19 Januari 2024</b>	
No Versi PSP		Tanggal Versi		
Tempat Penelitian	Fakultas Kedokteran Universitas Hasanuddin Makassar			
Jenis Review	<input checked="" type="checkbox"/> Exempted	Masa Berlaku	Frekuensi review lanjutan	
	<input type="checkbox"/> Expedited	<b>19 Januari 2024</b>	sampai	
	<input type="checkbox"/> Fullboard Tanggal	<b>19 Januari 2025</b>		
Ketua KEP Universitas Hasanuddin	Nama <b>Prof. dr. Muh Nasrum Massi, PhD, SpMK, Subsp. Bakt(K)</b>		Tanda tangan	
Sekretaris KEP Universitas Hasanuddin	Nama <b>dr. Firdaus Hamid, PhD, SpMK(K)</b>		Tanda tangan	

**Kewajiban Peneliti Utama:**

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari prokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

## Lampiran 4. SDMT (*Symbol Digit Modalities Test*)

### SDMT

(Symbol Digit Modalities Test)

**START**

**INSTRUCTION**

Language : English



Desy Kartikasari  
Neurology Department  
Hasanuddin University  
2022

86

**Key**

◇	□	⊕	≠	→	⊗	∇	▷	∩
1	2	3	4	5	6	7	8	9

**Test**

→	⊗	⊕	≠	∩	∇	▷	□	
∇	▷	⊕	≠	◇	⊗	⊕		

[Next](#)

1	2	3
4	5	6
7	8	9

0

**Key**

▷	◇	≠	∇	⊗	⊕	→	□	
1	2	3	4	5	6	7	8	9

**Test**

⊗	◇	∇	▷	□	≠	▷	⊕	
⊗	▷	◇	∇	⊕	≠	⊕		

[Next](#)

0

**Key**

∩	□	◇	▷	∇	⊕	→	≠	⊗
1	2	3	4	5	6	7	8	9

**Test**

⊗	▷	◇	∇	⊕	≠	⊕		
⊗	▷	◇	∇	⊕	≠	⊕		

[Next](#)

**Time Out**

Show Score    Back to Home

**Time Out**

Correct Answer : 48

OK

### Lampiran 5. Data Responden

Kode	SDNN (ms)	LF Power	HF Power	LF/HF Ratio
B1	25.46	351.22	105.19	105.19
B2	49.56	1511.08	1511.08	324.2
B3	53.94	1692.41	1692.41	658.31
B4	24.39	263.11	263.11	126.12
B5	52.42	1630.36	1630.36	652.57
B6	31.43	639.98	639.98	251.25
B7	62.06	3115.9	3115.9	2073.17
B8	58.1	2897.17	2897.17	716.55
B9	77.49	3870.58	3870.58	1031.17
B10	34.37	832.14	832.14	410.79
B11	57.35	725.06	725.06	1684.88
B12	28.3	415.92	415.92	184.18
B13	45.78	1151.31	1151.31	453.51
B14	54.78	2526.72	2526.72	583.53
B15	49.56	1458.76	1458.76	287.8
A1	24.66	230.39	230.39	127.54
A2	55.03	53	1649.06	915.5
A3	17.7	40	158.94	55.9
A4	15.87	37	170.24	17.46
A5	26.37	33	738.16	154.91
A6	52.6	50	1667.36	716.76
A7	52.97	52	2215.12	396.8
A8	48.37	38	1480.46	587.58
A9	14.44	33	166.06	19.16
A10	12.77	39	61.7	34.79
A11	37.29	42	768.67	243.04
A12	27.43	40	468.5	104.28
A13	24.77	31	304.6	45.9
A14	27.69	41	413.94	104.63
A15	26.99	39	619.64	237.13