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## LAMPIRAN

### 1. Etik Penelitian



#### REKOMENDASI PERSETUJUAN ETIK

Nomor : 333/UN4.6.4.5.31/ PP36/ 2022

Tanggal: 8 Juli 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

|                                       |  |   |                                |                           |
|---------------------------------------|--|---|--------------------------------|---------------------------|
| No Protokol                           | UH22050203   |   | No Sponsor                     |                           |
| Peneliti Utama                        | dr. Andi Weri Sempa, M.Kes, SpN  |   | Protokol                       |                           |
| Judul Peneliti                        | Analisis Luaran Klinis Strok Iskemik Akut dengan intervensi Probiotik : Perubahan kadar SCFA, BDNF, dan mRNA BDNF                            |   |                                |                           |
| No Versi Protokol                     | 2  | Tanggal Versi                                 | 8 Juli 2022                    |                           |
| No Versi PSP                          | 2  | Tanggal Versi                                 | 8 Juli 2022                    |                           |
| Tempat Penelitian                     | RSUP Dr. Wahidin Sudirohusodo dan RS Jejjaring Makassar  |   |                                |                           |
| Jenis Review                          | <input type="checkbox"/> Exempted<br><input type="checkbox"/> Expedited<br><input checked="" type="checkbox"/> Fullboard Tanggal 19 Mei 2022 |   | Masa Berlaku                   | Frekuensi review lanjutan |
|                                       |  |   | 8 Juli 2022 sampai 8 Juli 2023 |                           |
| Ketua KEP Universitas Hasanuddin      | Nama   | Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)    |                                | Tanda tangan              |
| Sekretaris KEP Universitas Hasanuddin | Nama   | dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K) |                                | Tanda tangan              |

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari protokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan



## 2. Kuesioner

Kode : .....

Nama : .....

Usia : .....

Jenis Kelamin : .....

Suku : .....

Alamat : .....

Food Recall : .....

Alergi : .....

Tanggal Mulai Probiotik : .....

Tanggal Selesai Probiotik : .....

Tanggal Mulai kelompok Kontrol : .....

Tanggal Selesai Kelompok Kontrol : .....

NIHSS Pre : .....

NIHSS Post : .....

Hasil CT Scan : .....

.....

.....

## 3. NIHSS

### NIHSS

| No | Kriteria                                    | Respon dan Skor  | Skor Hasil Pemeriksaan |
|----|---|--|------------------------|
| 1A | Tingkat kesadaran                           | 0: Sadar, responsif  |                        |
|    |   | 1: Mengantuk, dapat dibangunkan dengan stimulus minor  |                        |
|    |   | 2: Obtunded, membutuhkan stimulasi berulang atau stimulasi kuat untuk mempertahankan atensi              |                        |
|    |   | 3: Koma/Tidak respon/hanya reflex  |                        |
|    | Tingkat kesadaran pertanyaan (2 pertanyaan) | 0: Menjawab dua pertanyaan dengan benar  |                        |
|    |   | 1: Menjawab satu pertanyaan dengan benar / terpasang tuba endotrakeal / disartria berat / kendala bahasa |                        |



| No | Kriteria   | Respon dan Skor   | Skor Hasil Pemeriksaan |
|----|--|---|------------------------|
|    |  | 2: Jawaban kedua pertanyaan salah / afasia/ stupor  |                        |
| 1C | Respon terhadap perintah (2 perintah) perintah buka tutup mata, dan menggenggam  | 0: Melakukan kedua perintah dengan benar  |                        |
|    |  | 1: Melakukan satu perintah dengan benar   |                        |
|    |  | 2: Melakukan kedua perintah dengan salah / koma   |                        |
| 2  | Pandangan (Gaze) hanya horizontal gaze yang dinilai  | 0: Pergerakan horisontal normal   |                        |
|    |  | 1: Partial Gaze Palsy/ paresis nervus kranial   |                        |
|    |  | 2: Complete Gaze Palsy (Deviasi konjugat / gaze palsy)  |                        |
| 3  | Lapangan pandang pada pasien tidak sadar dapat diperiksa refleksi ancam  | 0: Tidak ada defek lapangan pandang   |                        |
|    |  | 1: Hemianopia parsial   |                        |
|    |  | 2: Hemianopia komplit   |                        |
|    |  | 3: Bilateral hemianopia   |                        |
| 4  | Pergerakan Fasial  | 0: Normal simetris  |                        |
|    |  | 1: Kelemahan fasial minor (lipatan nasolabial mendatar, asimetris saat tersenyum)                   |                        |
|    |  | 2: Kelemahan fasial parsial (kelamahan total/hampir total wajah bagian bawah)                       |                        |
|    |  | 3: Kelemahan fasial komplit unilateral atau bilateral (kelamahan di wajah atas maupun bawah) / koma |                        |
| 5  | Fungsi Motorik ekstremitas atas.<br>a. Kanan<br>b. Kiri<br>Diperiksa dengan meminta pasien ekstensi lengan 90° (duduk) atau 45° (berbaring)    | 0: Tidak ada kelamahan. Dapat menahan lengan atau tungkai selama 10 detik.                          |                        |
|    |  | 1: Bergeser turun sebelum 10 detik  |                        |
|    |  | 2: Usaha melawan gravitasi, jatuh menyentuh ranjang   |                        |
|    |  | 3: Tidak ada usaha melawan gravitasi  |                        |
| 6  | Fungsi motorik Ekstremitas bawah<br>a. Kanan<br>b. Kiri<br>Pasien diminta mengangkat tungkai 30°   | 0: Tidak ada kelamahan. Dapat menahan lengan atau tungkai selama 10 detik.                          |                        |
|    |  | 1: Bergeser turun sebelum 10 detik  |                        |
|    |  | 2: Usaha melawan gravitasi, jatuh menyentuh ranjang   |                        |
|    |  | 3: Tidak ada usaha melawan gravitasi  |                        |
| 7  | Ataxia ekstremitas Lakukan tes telunjuk hidung dan <i>heel-shin</i>  | 0: Tidak ada ataxia / koma  |                        |
|    |  | 1: Ataxia pada satu ekstremitas   |                        |
|    |  | 2: Ataxia pada dua ekstremitas  |                        |
| 8  | Sensori dengan tes sensori atau stimulus sensori pada pasien kesadaran menurun. pasien afasia atau penurunan kesadaran memiliki nilai 0 atau 1 | 0: Tidak ada gangguan sensori   |                        |
|    |  | 1: Gangguan Sensori ringan (hipesthesia)  |                        |
|    |  | 2: Gangguan sensori berat (anesthesia) / koma   |                        |
|    |  | 0: Normal   |                        |



| No | Kriteria   | Respon dan Skor  | Skor Hasil Pemeriksaan |
|----|--|--|------------------------|
|    | Bahasa: dapat dinilai dengan meminta pasien menjabarkan gambar dibawah, menamai benda yang ada di gambar, atau membaca kalimat di bawah. | 1: Afasia ringan: pasien mengalami gangguan kelancaran bicara dan komperhensi, namun tanpa limitasi berat terhadap ekspresi ide. |                        |
|    |  | 2: Afasia Berat: Seluruh komunikasi dilakukan dengan ekspresi terfragmen, membutuhkan alat bantu, atau tebakan dari pendengar.   |                        |
|    |  | 3: Mute atau afasia global / koma  |                        |
| 10 | Artikulasi: pasien diminta menyebutkan kalimat dibaawah  | 0: Normal  |                        |
|    |  | 1: Disartria ringan: pasien berbicara tidak jelas pada beberapa kata dan dapat dipahami dengan keterbatasan                      |                        |
|    |  | 2: Disartria Berat: pasien berbicara tidak jelas, tanpa adanya disfasia atau anarthia. / koma                                    |                        |
| 11 | Inatensi / <i>Extinct</i> : diperiksa inatensi terhadap domain visual, taktil, auditori, spasial, atau inatensi personal.                | 0: Tidak ada   |                        |
|    |  | 1: Ringan (satu modalitas sensori)   |                        |
|    |  | 2: Berat (Dua Modalitas sensori) / koma  |                        |



4. Master Data

a. Intervensi

| Kode Sampel | Usia | JK | Suku           | Alamat  | Food Recall | Tanggal Mulai Probiotik | Tanggal Selesai Probiotik | NIHSS Pre | NIHSS Post | Ket                      |
|-------------|------|----|----------------|---|-------------|-------------------------|---------------------------|-----------|------------|--------------------------|
| Ai 1        | 58   | P  | Sanger, Manado | Jl. Sungai Limboto Lr. 38, No. 7c                             | Biasa       | 17/09/2022              | 02/10/2022                | 5         |            |                          |
| Bi 1        | 58   | P  | Sanger, Manado | Jl. Sungai Limboto Lr. 38, No. 7c                             | Biasa       | 17/09/2022              | 02/10/2022                |           | 3          |                          |
| Ai 2        | 58   | L  | Bugis          | Dusun Bengo, Desa Limapoccoe, Kec. Cenrana                    | Biasa       | 18/09/2022              | 02/10/2022                | 9         |            | DO: Pasien keluar daerah |
| Ai 3        | 41   | P  | Bugis          | Jl. Tinumbu Ir. 165 C   | Biasa       | 21/09/2022              | 05/10/2022                | 4         |            |                          |
| Bi 3        | 41   | P  | Bugis          | Jl. Tinumbu Ir. 165 C   | Biasa       | 21/09/2022              | 05/10/2022                |           | 2          |                          |
| Ai 4        | 51   | L  | Bugis          | jl. Barukang I, No 46 Kel. Patingalloang Kec. Ujung Tanah     | Biasa       | 21/09/2022              | 05/10/2022                | 5         |            |                          |
| Bi 4        | 51   | L  | Bugis          | jl. Barukang I, No 46 Kel. Patingalloang Kec. Ujung Tanah     | Biasa       | 21/09/2022              | 05/10/2022                |           | 1          |                          |
| Ai 5        | 60   | L  | Bugis          | Jl. Skarda N 2, No. 3 Rt 05/ RW 016                           | Biasa       | 22/09/2022              | 06/10/2022                | 5         |            |                          |
|             |      | -  | Bugis          | Jl. Skarda N 2, No. 3 Rt 05/ RW 016                           | Biasa       | 22/09/2022              | 06/10/2022                |           | 0          |                          |
|             |      | 5  | Makassar       | Btn Sejahtera permai E/12 Rt 05, Rw 02, Bonto-Bontoa Sombaopu | Biasa       | 22/09/2022              | 06/10/2022                | 6         |            |                          |



| Kode Sampel | Usia | JK | Suku     | Alamat  | Food Recall | Tanggal Mulai Probiotik | Tanggal Selesai Probiotik | NIHSS Pre | NIHSS Post | Ket                                 |
|-------------|------|----|----------|---|-------------|-------------------------|---------------------------|-----------|------------|-------------------------------------|
| Bi 6        | 64   | P  | Makassar | Btn Sejahtera permai E/12 Rt 05, Rw 02, Bonto-Bontoa Sombaopu                                 | Biasa       | 22/09/2022              | 06/10/2022                |           | 3          |                                     |
| Ai 7        | 62   | P  | Makassar | Jl. Tinumbu Ir 165c   | Biasa       | 28/09/2022              | 12/10/2022                | 5         |            | DO: Pasien pindah RS daerah berobat |
| Ai 8        | 48   | L  | Makassar | Jl. Barukang Raya 17  | Biasa       | 06/10/2022              | 20/10/2022                | 7         |            |                                     |
| Bi 8        | 48   | L  | Makassar | Jl. Barukang Raya 17  | Biasa       | 06/10/2022              | 20/10/2022                |           | 7          |                                     |
| Ai 9        | 47   | L  | Makassar | Jl. Andalas, Kompleks TNI AL Dewaruci Blok B2 no 33   | Biasa       | 06/10/2022              | 20/10/2022                | 1         |            |                                     |
| Bi 9        | 47   | L  | Makassar | Jl. Andalas, Kompleks TNI AL Dewaruci Blok B2 no 33   | Biasa       | 06/10/2022              | 20/10/2022                |           | 0          |                                     |
| Ai 10       | 54   | L  | Bugis    | Dusun Daru'mung Desa Bulogading, Kec. Bontonompo Kab. Gowa (Bantimurung) dibelakang Puskesmas | Biasa       | 07/10/2022              | 21/10/2022                | 1         |            |                                     |
| Bi 10       | 54   | L  | Bugis    | Dusun Daru'mung Desa Bulogading, Kec. Bontonompo Kab. Gowa (Bantimurung) dibelakang Puskesmas | Biasa       | 07/10/2022              | 21/10/2022                |           | 0          |                                     |
|             |      |    | Makassar | Baddo ujung, tompobulu (Belakang Masjid babul khairat Masaleh                                 | Biasa       | 07/10/2022              | 21/10/2022                | 2         |            |                                     |



| Kode Sampel | Usia | JK | Suku     | Alamat  | Food Recall | Tanggal Mulai Probiotik | Tanggal Selesai Probiotik | NIHSS Pre | NIHSS Post | Ket                              |
|-------------|------|----|----------|---|-------------|-------------------------|---------------------------|-----------|------------|----------------------------------|
| Bi 11       | 54   | P  | Makassar | Baddo ujung, tompobulu (Belakang Masjid babul khairat Masaleh                   | Biasa       | 07/10/2022              | 21/10/2022                |           | 1          |                                  |
| Ai 12       | 43   | L  | Bugis    | Borong Raya, Lorong 4 (Warung Rezky nasi kuning, Kec. Manggala)                 | Biasa       | 12/10/2022              | 25/10/2022                | 5         |            | DO: Pasien tidak minum probiotik |
| Ai 13       | 52   | L  | jawa     | Jl. Muslim Dg Tutu , Kecamatan Tamalate   | Biasa       | 14/10/2022              | 27/10/2022                | 7         |            |                                  |
| BI 13       | 52   | L  | jawa     |   | Biasa       | 14/10/2022              | 27/10/2022                |           | 2          |                                  |
| Ai 14       | 37   | P  | makassar | Jl. Sukadamai No 4 Kecamatan Panakukang   | Biasa       | 15/10/2022              | 28/10/2022                | 6         |            | DO: Pasien tidak minum probiotik |
| Ai 15       | 49   | L  | bugis    | Antang, Tamangapa   | Biasa       | 15/10/2022              | 28/10/2022                | 6         |            |                                  |
| BI 15       | 49   | L  | bugis    | jl Tamangapa raya   | Biasa       | 15/10/2022              | 28/10/2022                |           | 4          |                                  |
| Ai 16       | 40   | P  | Makassar | Ds. Aeng Sagebonggai, Kec. Galesong Utara , Kab. Takalar (daerah perbatasannya) | Biasa       | 15/10/2022              | 28/10/2022                | 8         |            |                                  |
| BI 16       | 40   | P  | Makassar | Ds. Aeng Sagebonggai, Kec. Galesong Utara , Kab. Takalar (daerah perbatasannya) | Biasa       | 15/10/2022              | 28/10/2022                |           | 4          |                                  |
|             |      |    | Bugis    | Antang Ranggong Blok D No 6   | Biasa       | 16/10/2022              | 29/10/2022                | 11        |            |                                  |
|             |      |    | Bugis    | Antang Ranggong Blok D No 6   | Biasa       | 16/10/2022              | 29/10/2022                |           | 3          |                                  |





| Kode Sampel | Usia | JK | Suku     | Alamat   | Food Recall | Tanggal Mulai Probiotik | Tanggal Selesai Probiotik | NIHSS Pre | NIHSS Post | Ket                              |
|-------------|------|----|----------|--|-------------|-------------------------|---------------------------|-----------|------------|----------------------------------|
| Ai 18       | 56   | L  | Bugis    | BTN Sakinah Baru Blok E14/13 Makassar                                    | Biasa       | 16/10/2022              | 29/10/2022                | 9         |            |                                  |
| BI 18       | 56   | L  | bugis    | jl pandan raya, pandan lr 6  | Biasa       | 16/10/2022              | 29/10/2022                |           | 2          |                                  |
| AI 19       | 52   | L  | Bugis    | Tamanyeleng, Kecamatan Borombong Kabupaten Gowa (di belakang pom bensin) | Biasa       | 17/10/2022              | 30/10/2022                | 8         |            |                                  |
| BI 19       | 52   | L  | bugis    | Tamanyeleng, Kecamatan Borombong Kabupaten Gowa (di belakang pom bensin) | Biasa       | 17/10/2022              | 30/10/2022                |           | 5          |                                  |
| Ai 20       | 59   | P  | Makassar | Pao-pao  | Biasa       | 17/10/2022              | 30/10/2022                | 5         |            | DO: Pasien tidak minum probiotik |
| Ai 21       | 52   | L  | makassar | jl. bulu 2 no 26   | Biasa       | 20/10/2022              | 02/11/2022                | 7         |            |                                  |
| Bi 21       | 52   | L  | makassar | jl. bulu 2 no 26   | Biasa       | 20/10/2022              | 02/11/2022                |           | 3          |                                  |
| Ai 22       | 43   | P  | bugis    | Bunga ejaya Lr.4 No 07   | Biasa       | 22/10/2022              | 04/11/2022                | 4         |            |                                  |
| BI 22       | 43   | P  | bugis    | bunga ejaya lr no 07   | Biasa       | 22/10/2022              | 04/11/2022                |           | 0          |                                  |
| AI 23       | 59   | L  | Bugis    | jl. Al Markaz I/29, Makassar   | Biasa       | 8/11/2022               | 22/11/2022                | 4         |            | DO: Pasien tidak minum probiotik |
| AI 24       | 52   | L  | bugis    | jl dr. Wahidin Sudirohusodo lr 3   | Biasa       | 8/11/2022               | 22/11/2022                | 3         |            |                                  |
|             |      |    | bugis    | jl dr. Wahidin Sudirohusodo lr 3   | Biasa       | 8/11/2022               | 22/11/2022                |           | 1          |                                  |



b. Kontrol

| Kode Sampel | Usia | JK | Suku     | Alamat   | Food Recall | Tanggal Mulai Kelompok Kontrol | Tanggal Selesai Kelompok Kontrol | NIHSS Pre | NIHSS Post | Ket                              |
|-------------|------|----|----------|--|-------------|--------------------------------|----------------------------------|-----------|------------|----------------------------------|
| Ac 1        | 66   | P  | Bugis    | Jl. A. Pettarani blok GA 8 No 2                        |             | 13/10/2022                     | 27/10/2022                       | 4         |            |                                  |
| BC 1        | 46   | P  | Bugis    | jl AP Pettarani ga 8 no 2                              | biasa       | 13/10/2022                     | 28/10/2022                       |           | 2          |                                  |
| AC 2        | 67   | L  | Bugis    | Jl. Bumi Tamarunang Indah No 6 Blok B , Sombe Opu Gowa | Biasa       | 16/10/2022                     | 30/10/2022                       | 9         |            |                                  |
| BC 2        | 67   | L  | Bugis    | Desa Mandalle, tamattia kec bajeng barat               | Biasa       | 16/10/2022                     | 30/10/2022                       |           | 8          |                                  |
| AC 3        | 60   | P  | Makassar | Jl. Malino   |             | 17/10/2022                     | 31/10/2022                       | 3         |            |                                  |
| BC 3        | 60   | P  | Makassar | Jl. Malino   | biasa       | 17/10/2022                     | 31/10/2022                       |           | 3          |                                  |
| AC 4        | 46   | P  | Bugis    | Pailangga (samping mesjid Baitul Umar)                 |             | 18/10/2022                     | 01/11/2022                       | 13        |            | DO: Pasien tidak datang berobat  |
| AC 5        | 55   | P  | Bugis    | Jl. A. P. Pettarani V Np 19                            |             | 19/10/2022                     | 2-11-2022                        | 3         |            |                                  |
| BC 5        | 55   | P  | Bugis    | Jl. A. P. Pettarani V Np 19                            | biasa       | 19/10/2022                     | 2/11/2022                        |           | 2          |                                  |
| Ac 6        | 52   | P  | Bugis    | Jl. Dg Tata Tanngul Makasar                            |             | 21/10/2022                     | 04/11/2022                       | 3         |            |                                  |
| BC 6        | 52   | P  | Bugis    | Jl. Dg Tata Tanngul Makasar                            | biasa       | 21/10/2022                     | 04/11/2022                       |           | 2          |                                  |
| Ac 7        | 50   | L  | Bugis    | Jl. Abd Dg Serua Lr.3 No 9                             |             | 22/10/2022                     | 05/11/2022                       | 8         |            |                                  |
| BC 7        | 50   | L  | Bugis    | Jl. Abd Dg Serua Lr.3 No 9                             | biasa       | 22/10/2022                     | 05/11/2022                       |           | 5          |                                  |
| Ac 8        | 63   | L  | Makasar  | Jl. Gunung Bawakaraeng Lr 75 B, belakang SPBU          | biasa       | 25/10/2022                     | 08/11/2022                       | 5         |            | DO: Pasien mengundurkan diri     |
|             |      |    | Bugis    | Jl. Muh.Yamin Baru Inspeksi Kanal, Kel. Bara-Baraya    | biasa       | 25/10/2022                     | 08/11/2022                       | 5         |            | DO: Pasien tidak dapat dihubungi |
|             |      |    | Jawa     | Citra sudiang indah Blok X7 No 11 Makassar             | biasa       | 25/10/2022                     | 8/11/2022                        | 1         |            |                                  |



| Kode Sampel | Usia | JK | Suku     | Alamat  | Food Recall | Tanggal Mulai Kelompok Kontrol | Tanggal Selesai Kelompok Kontrol | NIHSS Pre | NIHSS Post | Ket                             |
|-------------|------|----|----------|---|-------------|--------------------------------|----------------------------------|-----------|------------|---------------------------------|
| Ac 10       | 37   | P  | Jawa     | Citra sudiang indah Blok X7 No 11 Makassar                    | Biasa       | 25/10/2022                     | 08/11/2022                       |           | 0          |                                 |
| Ac 11       | 44   | L  | bugis    | Bumi Bentenge Permai Blok A No 3 Maros                        | Biasa       | 25/10/2022                     | 08/11/2022                       | 1         |            |                                 |
| BC 11       | 44   | L  | bugis    | Bumi Bentenge Permai Blok A No 3 Maros                        | Biasa       | 25/10/2022                     | 8/11/2022                        |           | 0          |                                 |
| Ac 12       | 48   | L  | Makassar | Jl. Tidung 7 STP 2 No 59 Perumnas Kel. Mappala Kec. Rappocini | Biasa       | 28/10/2022                     | 10/11/2022                       | 3         |            |                                 |
| BC 12       | 48   | L  | Makassar | Jl. Tidung 7 STP 2 No 59 Perumnas Kel. Mappala Kec. Rappocini | Biasa       | 28/10/2022                     | 10/11/2022                       |           | 2          |                                 |
| Ac 13       | 62   | P  | makassar | karampuang  | biasa       | 2/11/2022                      | 15/11/2022                       | 3         |            | DO: Pasien pindah keluar daerah |
| AC 14       | 66   | P  | Makassar | jl onta baru no 50  | biasa       |                                |                                  | 11        |            | DO: Pasien mengundurkan diri    |
| Ac 15       | 42   | P  | Makassar | Asrama Kodam Baraqui 164 Bajigau                              | Biasa       | 04/11/2022                     | 18/11/2022                       | 1         |            |                                 |
| BC 15       | 42   | P  | Makassar | Asrama Kodam Baraqui 164 Bajigau                              | Biasa       | 04/11/2022                     | 18/11/2022                       |           | 2          |                                 |
| Ac 16       | 45   | P  | Makassar | Jl. Landak baru Lr 5c no 30                                   | Biasa       | 04/11/2022                     | 18/11/2022                       | 10        |            |                                 |
| BC 16       | 45   | P  | Makassar | Jl. Landak baru Lr 5c no 30                                   | Biasa       | 04/11/2022                     | 18/11/2022                       |           | 10         |                                 |
|             |      |    | Bugis    | Desa Mandalle, tamattia kec bajeng barat                      | Biasa       | 8/11/2022                      | 22/11/2022                       | 5         |            |                                 |
|             |      |    | Bugis    | Desa Mandalle, tamattia kec bajeng barat                      | Biasa       | 8/11/2022                      | 22/11/2022                       |           | 3          |                                 |



| Kode Sampel | Usia | JK | Suku     | Alamat  | Food Recall | Tanggal Mulai Kelompok Kontrol | Tanggal Selesai Kelompok Kontrol | NIHSS Pre | NIHSS Post | Ket   |
|-------------|------|----|----------|---|-------------|--------------------------------|----------------------------------|-----------|------------|---|
| Ac19        | 42   | L  | Bugis    | Sopeng  | Biasa       | 09/11/2022                     |                                  | 8         |            | DO: Pasien tidak dapat dihubungi                          |
| AC 20       | 57   | L  | Makassar | jl pelita 2 no 09                                     | Biasa       | 26/11/2022                     | 10/12/2022                       | 1         |            |   |
| BC 20       | 57   | L  | Makassar | jl pelita 2 no 09                                     | Biasa       | 26/11/2022                     | 10/12/2022                       |           | 1          |   |
| AC 21       | 63   | L  | Bugis    | Jl. Batara Bira, Perumahan Baramuli dan Harun Regency | Biasa       | 03/12/2022                     | 17/12/2022                       | 5         |            | DO: Pasien tidak datang kontrol dan tidak dapat dihubungi |
| AC 22       | 52   | P  | Makassar | Graha Mawang Asri, jl. Macanda Gowa                   | Biasa       | 1/12/2022                      | 14/12/2022                       | 8         |            |   |
| BC 22       | 52   | P  | Makassar | Graha Mawang Asri, jl. Macanda Gowa                   | Biasa       | 1/12/2022                      | 14/12/2022                       |           | 7          |   |
| AC 23       | 54   | P  | Makassar | jl. dr Wahidin Sudirohusodo, lorong Manunggal         | Biasa       | 04/12/2022                     | 18/12/2022                       | 6         |            |   |
| BC 23       | 54   | P  | Makassar | jl. dr Wahidin Sudirohusodo, lorong Manunggal         | Biasa       | 04/12/2022                     | 18/12/2022                       |           | 5          |   |
| AC 24       | 50   | L  | Makassar | jl Barukang Utara Lorong 2                            | Biasa       | 04/12/2022                     | 18/12/2022                       | 5         |            |   |
| BC 24       | 50   | L  | Makassar | jl Barukang Utara Lorong 2                            | Biasa       | 04/12/2022                     | 18/12/2022                       |           | 3          |   |
| AC 25       | 58   | P  | Bugis    | Tecaba, Pekabara Pinrang                              | Biasa       | 6/12/2022                      | 20/12/2022                       | 10        |            |   |
| BC 25       | 58   | P  | Bugis    | Tecaba, Pekabara Pinrang                              | Biasa       | 6/12/2022                      | 20/12/2022                       |           | 10         |   |



## 5. Hasil TD dan CT Scan

### a. Kelompok Intervensi

| Nama      | Usia | Sistole pre | Sistole post | diastole pre | diastole post | Hasil CT Scan    |
|-----------|------|-------------|--------------|--------------|---------------|------------------|
| Ny. H     | 58   | 137         | 125          | 85           | 82            | Lesi Kortikal    |
| Ny. M     | 41   | 130         | 128          | 84           | 80            | Lesi Kortikal    |
| Tn. H. A  | 51   | 135         | 130          | 87           | 85            | Lesi Kortikal    |
| Tn. H     | 60   | 145         | 138          | 90           | 92            | Lesi Kortikal    |
| Ny. J     | 64   | 144         | 140          | 92           | 88            | Lesi Kortikal    |
| Tn. H. D  | 48   | 145         | 138          | 85           | 83            | Lesi Subkortikal |
| Tn. A     | 47   | 130         | 128          | 89           | 86            | Lesi Kortikal    |
| Tn. T     | 54   | 126         | 120          | 79           | 80            | Lesi Kortikal    |
| Ny. Dg. B | 54   | 134         | 133          | 84           | 86            | Lesi Kortikal    |
| Tn. I     | 52   | 150         | 137          | 90           | 88            | Lesi Subkortikal |
| Tn. B     | 49   | 149         | 137          | 92           | 89            | Lesi Kortikal    |
| Ny. H     | 40   | 139         | 133          | 87           | 81            | Lesi Subkortikal |
| Tn. H. A  | 56   | 148         | 137          | 94           | 91            | Lesi Multipel    |
| Tn. S     | 56   | 148         | 140          | 98           | 97            | Lesi Multipel    |
| Tn. S     | 52   | 144         | 137          | 88           | 86            | Lesi Subkortikal |
| Tn. R     | 52   | 141         | 137          | 79           | 76            | Lesi Kortikal    |
| Ny. S     | 43   | 145         | 144          | 95           | 91            | Lesi Kortikal    |
| Tn. M     | 52   | 138         | 133          | 77           | 79            | Lesi Kortikal    |

### b. Kelompok Kontrol

| Nama  | Usia | sistole pre | sistole post | diastole pre | diastole post | Hasil CT Scan    |
|-------|------|-------------|--------------|--------------|---------------|------------------|
| Ny. S | 66   | 148         | 142          | 92           | 91            | Lesi Kortikal    |
| Tn. H | 67   | 145         | 141          | 92           | 89            | Lesi Multipel    |
| Ny. S | 60   | 137         | 134          | 77           | 78            | Lesi Kortikal    |
| Ny. R | 55   | 132         | 128          | 83           | 81            | Lesi Kortikal    |
| Ny. J | 52   | 136         | 132          | 88           | 83            | Lesi Kortikal    |
| Tn. S | 50   | 134         | 131          | 77           | 73            | Lesi Subkortikal |
| Ny. D | 37   | 127         | 124          | 79           | 76            | Lesi Kortikal    |
| Tn. M | 44   | 125         | 122          | 70           | 74            | Lesi Kortikal    |
| Tn. M | 48   | 126         | 124          | 88           | 84            | Lesi Kortikal    |
| Ny. H | 42   | 134         | 132          | 87           | 84            | Lesi Kortikal    |
|       | 45   | 148         | 143          | 92           | 90            | Lesi Multipel    |
|       | 58   | 139         | 136          | 87           | 84            | Lesi Kortikal    |
|       | 57   | 143         | 139          | 84           | 82            | Lesi Kortikal    |
|       | 52   | 145         | 139          | 90           | 88            | Lesi Subkortikal |
|       | 54   | 137         | 132          | 85           | 81            | Lesi Kortikal    |



| Nama  | Usia | sistole pre | sistole post | diastole pre | diastole post | Hasil CT Scan |
|-------|------|-------------|--------------|--------------|---------------|---------------|
| Tn. H | 50   | 138         | 135          | 89           | 85            | Lesi Kortikal |
| Ny. D | 58   | 147         | 148          | 91           | 88            | Lesi Multipel |

## 6. Analisis Statistik

### a. Usia

#### Jenis Kelamin Intervensi

|       |           | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|-----------|---------|---------------|--------------------|
| Valid | Laki-laki | 12        | 66,7    | 66,7          | 66,7               |
|       | Perempuan | 6         | 33,3    | 33,3          | 100,0              |
|       | Total     | 18        | 100,0   | 100,0         |                    |

#### Jenis Kelamin Kontrol

|         |           | Frequency | Percent | Valid Percent | Cumulative Percent |
|---------|-----------|-----------|---------|---------------|--------------------|
| Valid   | Laki-laki | 8         | 44,4    | 47,1          | 47,1               |
|         | Perempuan | 9         | 50,0    | 52,9          | 100,0              |
|         | Total     | 17        | 94,4    | 100,0         |                    |
| Missing | System    | 1         | 5,6     |               |                    |
| Total   |           | 18        | 100,0   |               |                    |

### b. Usia

#### Usia Intervensi

|       |       | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 35-44 | 3         | 16,7    | 16,7          | 16,7               |
|       | 45-54 | 10        | 55,6    | 55,6          | 72,2               |
|       | 55-64 | 5         | 27,8    | 27,8          | 100,0              |
|       | Total | 18        | 100,0   | 100,0         |                    |



#### Usia Kontrol

|         |        | Frequency | Percent | Valid Percent | Cumulative Percent |
|---------|--------|-----------|---------|---------------|--------------------|
| Valid   | 35-44  | 3         | 16,7    | 17,6          | 17,6               |
|         | 45-54  | 7         | 38,9    | 41,2          | 58,8               |
|         | 55-64  | 5         | 27,8    | 29,4          | 88,2               |
|         | 65-74  | 2         | 11,1    | 11,8          | 100,0              |
|         | Total  | 17        | 94,4    | 100,0         |                    |
| Missing | System | 1         | 5,6     |               |                    |
| Total   |        | 18        | 100,0   |               |                    |

c. CT Scan

**CT Scan Intervensi**

|       |                  | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|------------------|-----------|---------|---------------|--------------------|
| Valid | Lesi Kortikal    | 12        | 66,7    | 66,7          | 66,7               |
|       | Lesi Subkortikal | 4         | 22,2    | 22,2          | 88,9               |
|       | Lesi Multipel    | 2         | 11,1    | 11,1          | 100,0              |
|       | Total            | 18        | 100,0   | 100,0         |                    |

**CT Scan Kontrol**

|       |                  | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|------------------|-----------|---------|---------------|--------------------|
| Valid | Lesi Kortikal    | 12        | 66,7    | 70,6          | 70,6               |
|       | Lesi Subkortikal | 2         | 11,1    | 11,8          | 82,4               |
|       | Lesi Multipel    | 3         | 16,7    | 17,6          | 100,0              |
|       | Total            | 17        | 94,4    | 100,0         |                    |

d. Tekanan Darah

**Descriptive Statistics**

|               | N         | Range     | Minimum   | Maximum   | Mean      |            | Std. Deviation |
|---------------|-----------|-----------|-----------|-----------|-----------|------------|----------------|
|               | Statistic | Statistic | Statistic | Statistic | Statistic | Std. Error | Statistic      |
| TD Pre In Sie | 18        | 24        | 126       | 150       | 140,44    | 1,700      | 7,213          |
|               | 18        | 21        | 77        | 98        | 87,50     | 1,349      | 5,721          |
|               | 18        | 24        | 120       | 144       | 134,17    | 1,419      | 6,022          |
|               | 18        | 21        | 76        | 97        | 85,56     | 1,269      | 5,382          |



### Descriptive Statistics

|             | N         | Range     | Minimum   | Maximum   | Mean      |            | Std. Deviation |
|-------------|-----------|-----------|-----------|-----------|-----------|------------|----------------|
|             | Statistic | Statistic | Statistic | Statistic | Statistic | Std. Error | Statistic      |
| TD_Pre_K_S  | 17        | 23        | 125       | 148       | 137,71    | 1,831      | 7,548          |
| TD_Pre_K_D  | 17        | 22        | 70        | 92        | 85,35     | 1,536      | 6,334          |
| TD_Post_K_S | 17        | 26        | 122       | 148       | 134,24    | 1,763      | 7,267          |
| TD_Post_K_D | 17        | 18        | 73        | 91        | 83,00     | 1,315      | 5,420          |

| Ranks   |                |                 |           |              |
|---|----------------|-----------------|-----------|--------------|
|   |                | N               | Mean Rank | Sum of Ranks |
| sistol post intervensi - sistol pre intervensi      | Negative Ranks | 18 <sup>a</sup> | 9.50      | 171.00       |
|   | Positive Ranks | 0 <sup>b</sup>  | .00       | .00          |
|   | Ties           | 0 <sup>c</sup>  |           |              |
|   | Total          | 18              |           |              |
| diastol post intervensi - diastol pre intervensi    | Negative Ranks | 14 <sup>d</sup> | 10.82     | 151.50       |
|   | Positive Ranks | 4 <sup>e</sup>  | 4.88      | 19.50        |
|   | Ties           | 0 <sup>f</sup>  |           |              |
|   | Total          | 18              |           |              |
| sistol post control - sistol pre control            | Negative Ranks | 16 <sup>g</sup> | 9.50      | 152.00       |
|   | Positive Ranks | 1 <sup>h</sup>  | 1.00      | 1.00         |
|   | Ties           | 0 <sup>i</sup>  |           |              |
|   | Total          | 17              |           |              |
| diastol post control - diastol pre control          | Negative Ranks | 15 <sup>j</sup> | 9.17      | 137.50       |
|   | Positive Ranks | 2 <sup>k</sup>  | 7.75      | 15.50        |
|   | Ties           | 0 <sup>l</sup>  |           |              |
|   | Total          | 17              |           |              |
| a. sistol post intervensi < sistol pre intervensi   |                |                 |           |              |
| b. sistol post intervensi > sistol pre intervensi   |                |                 |           |              |
| c. sistol post intervensi = sistol pre intervensi   |                |                 |           |              |
| d. diastol post intervensi < diastol pre intervensi |                |                 |           |              |
| e. diastol post intervensi > diastol pre intervensi |                |                 |           |              |
| f. diastol post intervensi = diastol pre intervensi |                |                 |           |              |
| g. sistol post control < sistol pre control         |                |                 |           |              |
| h. sistol post control > sistol pre control         |                |                 |           |              |
| i. sistol post control = sistol pre control         |                |                 |           |              |
| j. diastol post control < diastol pre control       |                |                 |           |              |
| k. diastol post control > diastol pre control       |                |                 |           |              |
| l. diastol post control = diastol pre control       |                |                 |           |              |





| Test Statistics <sup>a</sup>  |   |   |  |  |
|-------------------------------|---|---|--|--|
|                               | sistol post<br>intervensi -<br>sistol pre<br>intervensi | diastol post<br>intervensi -<br>diastol pre<br>intervensi | sistol post<br>control - sistol<br>pre control | diastol post<br>control - diastol<br>pre control |
| Z                             | -3.728 <sup>b</sup>                                     | -2.902 <sup>b</sup>                                       | -3.598 <sup>b</sup>                            | -2.908 <sup>b</sup>                              |
| Asymp. Sig. (2-tailed)        | .000  | .004  | .000   | .004   |
| a. Wilcoxon Signed Ranks Test |   |   |  |  |
| b. Based on positive ranks.   |   |   |  |  |

e. NIHSS

**NIHSS Pre Intervensi**

|       |        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|-------|--------|-----------|---------|---------------|-----------------------|
| Valid | Ringan | 6         | 33,3    | 33,3          | 33,3                  |
|       | Sedang | 12        | 66,7    | 66,7          | 100,0                 |
|       | Total  | 18        | 100,0   | 100,0         |                       |

**NIHSS Post Intervensi**

|       |        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|-------|--------|-----------|---------|---------------|-----------------------|
| Valid | Ringan | 17        | 94,4    | 94,4          | 94,4                  |
|       | Sedang | 1         | 5,6     | 5,6           | 100,0                 |
|       | Total  | 18        | 100,0   | 100,0         |                       |

**NIHSS Pre Kontrol**

|         |        | Frequency | Percent | Valid Percent | Cumulative<br>Percent |
|---------|--------|-----------|---------|---------------|-----------------------|
| Valid   | Ringan | 9         | 50,0    | 52,9          | 52,9                  |
|         | Sedang | 8         | 44,4    | 47,1          | 100,0                 |
|         | Total  | 17        | 94,4    | 100,0         |                       |
| Missing | System | 1         | 5,6     |               |                       |
|         |        | 18        | 100,0   |               |                       |



### NIHSS Post Kontrol

|         |        | Frequency | Percent | Valid Percent | Cumulative Percent |
|---------|--------|-----------|---------|---------------|--------------------|
| Valid   | Ringan | 11        | 61,1    | 64,7          | 64,7               |
|         | Sedang | 6         | 33,3    | 35,3          | 100,0              |
|         | Total  | 17        | 94,4    | 100,0         |                    |
| Missing | System | 1         | 5,6     |               |                    |
| Total   |        | 18        | 100,0   |               |                    |

#### f. Test normality

#### Tests of Normality

|               | Kolmogorov-Smirnov <sup>a</sup> |    |      | Shapiro-Wilk |    |      |
|---------------|---------------------------------|----|------|--------------|----|------|
|               | Statistic                       | df | Sig. | Statistic    | df | Sig. |
| Usia          | ,269                            | 35 | ,000 | ,862         | 35 | ,000 |
| NIHSS_Post    | ,208                            | 35 | ,001 | ,868         | 35 | ,001 |
| Jenis Kelamin | ,375                            | 35 | ,000 | ,630         | 35 | ,000 |

a. Lilliefors Significance Correction

#### Tests of Normality

|             | Kolmogorov-Smirnov <sup>a</sup> |    |       | Shapiro-Wilk |    |      |
|-------------|---------------------------------|----|-------|--------------|----|------|
|             | Statistic                       | df | Sig.  | Statistic    | df | Sig. |
| mRNA_Pre_K  | ,173                            | 17 | ,185  | ,878         | 17 | ,030 |
| BDHF_Pre_K  | ,175                            | 17 | ,176  | ,925         | 17 | ,182 |
| SCFA_Pre_K  | ,208                            | 17 | ,049  | ,824         | 17 | ,004 |
| NHSS_Pre_K  | ,189                            | 17 | ,107  | ,901         | 17 | ,072 |
| mRNA_Post_K | ,158                            | 17 | ,200* | ,913         | 17 | ,113 |
| BDNF_Post_K | ,137                            | 17 | ,200* | ,953         | 17 | ,511 |
| SCFA_Post_K | ,211                            | 17 | ,043  | ,861         | 17 | ,016 |
| NHSS_Post_K | ,226                            | 17 | ,021  | ,908         | 17 | ,094 |

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

#### Tests of Normality

|           | Kolmogorov-Smirnov <sup>a</sup> |    |      | Shapiro-Wilk |    |      |
|-----------|---------------------------------|----|------|--------------|----|------|
|           | Statistic                       | df | Sig. | Statistic    | df | Sig. |
| NA_Pre_In | ,231                            | 18 | ,012 | ,869         | 18 | ,017 |
| NF_Pre_In | ,228                            | 18 | ,014 | ,876         | 18 | ,022 |



### Tests of Normality

|               | Kolmogorov-Smirnov <sup>a</sup> |    |       | Shapiro-Wilk |    |      |
|---------------|---------------------------------|----|-------|--------------|----|------|
|               | Statistic                       | df | Sig.  | Statistic    | df | Sig. |
| SCFA_Pre_In   | ,287                            | 18 | ,000  | ,759         | 18 | ,000 |
| NHISS_Pre_In  | ,110                            | 18 | ,200* | ,959         | 18 | ,587 |
| mRNA_Post_In  | ,157                            | 18 | ,200* | ,916         | 18 | ,112 |
| BDNF_Post_In  | ,126                            | 18 | ,200* | ,962         | 18 | ,636 |
| SCFA_Post_In  | ,227                            | 18 | ,015  | ,865         | 18 | ,015 |
| NHISS_Post_In | ,189                            | 18 | ,089  | ,887         | 18 | ,034 |

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

### g. Data Deskriptif

### Descriptives

|             |                                  | Statistic   | Std. Error |  |
|-------------|----------------------------------|-------------|------------|--|
| mRNA_Pre_In | Mean                             | 1,00666     | ,099697    |  |
|             | 95% Confidence Interval for Mean | Lower Bound | ,79632     |  |
|             |                                  | Upper Bound | 1,21700    |  |
|             | 5% Trimmed Mean                  | ,98313      |            |  |
|             | Median                           | ,88822      |            |  |
|             | Variance                         | ,179        |            |  |
|             | Std. Deviation                   | ,422979     |            |  |
|             | Minimum                          | ,446        |            |  |
|             | Maximum                          | 1,990       |            |  |
|             | Range                            | 1,544       |            |  |
|             | Interquartile Range              | ,395        |            |  |
|             | Skewness                         | 1,220       | ,536       |  |
|             | Kurtosis                         | ,793        | 1,038      |  |
| BDNF_Pre_In | Mean                             | 518,33753   | 63,569925  |  |
|             | 95% Confidence Interval for Mean | Lower Bound | 384,21671  |  |
|             |                                  | Upper Bound | 652,45835  |  |
|             | 5% Trimmed Mean                  | 513,46506   |            |  |
|             | Median                           | 472,91557   |            |  |
|             | Variance                         | 72740,437   |            |  |
|             | Std. Deviation                   | 269,704351  |            |  |
|             | Minimum                          | 65,811      |            |  |
|             | Maximum                          | 1058,568    |            |  |



## Descriptives

|              |                                  | Statistic               | Std. Error |
|--------------|----------------------------------|-------------------------|------------|
|              | Range                            | 992,757                 |            |
|              | Interquartile Range              | 222,243                 |            |
|              | Skewness                         | ,918                    | ,536       |
|              | Kurtosis                         | ,605                    | 1,038      |
| SCFA_Pre_In  | Mean                             | 15,58646                | 2,107746   |
|              | 95% Confidence Interval for Mean | Lower Bound<br>11,13950 |            |
|              |                                  | Upper Bound<br>20,03341 |            |
|              | 5% Trimmed Mean                  | 14,99898                |            |
|              | Median                           | 13,04040                |            |
|              | Variance                         | 79,967                  |            |
|              | Std. Deviation                   | 8,942407                |            |
|              | Minimum                          | 6,291                   |            |
|              | Maximum                          | 35,457                  |            |
|              | Range                            | 29,166                  |            |
|              | Interquartile Range              | 5,461                   |            |
|              | Skewness                         | 1,547                   | ,536       |
|              | Kurtosis                         | 1,333                   | 1,038      |
| NHISS_Pre_In | Mean                             | 5,44                    | ,663       |
|              | 95% Confidence Interval for Mean | Lower Bound<br>4,05     |            |
|              |                                  | Upper Bound<br>6,84     |            |
|              | 5% Trimmed Mean                  | 5,38                    |            |
|              | Median                           | 5,50                    |            |
|              | Variance                         | 7,908                   |            |
|              | Std. Deviation                   | 2,812                   |            |
|              | Minimum                          | 1                       |            |
|              | Maximum                          | 11                      |            |
|              | Range                            | 10                      |            |
|              | Interquartile Range              | 4                       |            |
|              | Skewness                         | -,068                   | ,536       |
|              | Kurtosis                         | -,355                   | 1,038      |
| mRNA_Post_In | Mean                             | 1,73828                 | ,146480    |
|              | 95% Confidence Interval for Mean | Lower Bound<br>1,42923  |            |
|              |                                  | Upper Bound<br>2,04732  |            |
|              | 5% Trimmed Mean                  | 1,70529                 |            |
|              | Median                           | 1,66171                 |            |



## Descriptives

|                             |                             | Statistic   | Std. Error |
|-----------------------------|-----------------------------|-------------|------------|
|                             | Variance                    | ,386        |            |
|                             | Std. Deviation              | ,621462     |            |
|                             | Minimum                     | 1,026       |            |
|                             | Maximum                     | 3,045       |            |
|                             | Range                       | 2,019       |            |
|                             | Interquartile Range         | 1,026       |            |
|                             | Skewness                    | ,586        | ,536       |
|                             | Kurtosis                    | -,631       | 1,038      |
| BDNF_Post_In                | Mean                        | 910,34107   | 66,738423  |
|                             | 95% Confidence Interval for | Lower Bound | 769,53530  |
|                             | Mean                        | Upper Bound | 1051,14683 |
|                             | 5% Trimmed Mean             | 912,14727   |            |
|                             | Median                      | 899,03091   |            |
|                             | Variance                    | 80172,307   |            |
|                             | Std. Deviation              | 283,147148  |            |
|                             | Minimum                     | 404,775     |            |
|                             | Maximum                     | 1383,396    |            |
|                             | Range                       | 978,621     |            |
|                             | Interquartile Range         | 513,862     |            |
|                             | Skewness                    | ,051        | ,536       |
|                             | Kurtosis                    | -1,033      | 1,038      |
|                             | SCFA_Post_In                | Mean        | 25,77941   |
| 95% Confidence Interval for |                             | Lower Bound | 20,61909   |
| Mean                        |                             | Upper Bound | 30,93973   |
| 5% Trimmed Mean             |                             | 25,39898    |            |
| Median                      |                             | 25,79689    |            |
| Variance                    |                             | 107,681     |            |
| Std. Deviation              |                             | 10,376922   |            |
| Minimum                     |                             | 12,962      |            |
| Maximum                     |                             | 45,444      |            |
| Range                       |                             | 32,482      |            |
| Interquartile Range         |                             | 18,817      |            |
| Skewness                    |                             | ,166        | ,536       |
| Kurtosis                    |                             | -1,434      | 1,038      |
| st In                       |                             | Mean        | 1,67       |



### Descriptives

|                                  |             | Statistic | Std. Error |
|----------------------------------|-------------|-----------|------------|
| 95% Confidence Interval for Mean | Lower Bound | ,89       |            |
|                                  | Upper Bound | 2,45      |            |
| 5% Trimmed Mean                  |             | 1,57      |            |
| Median                           |             | 1,50      |            |
| Variance                         |             | 2,471     |            |
| Std. Deviation                   |             | 1,572     |            |
| Minimum                          |             | 0         |            |
| Maximum                          |             | 5         |            |
| Range                            |             | 5         |            |
| Interquartile Range              |             | 3         |            |
| Skewness                         |             | ,523      | ,536       |
| Kurtosis                         |             | -,692     | 1,038      |

### Descriptives

|                                  |                                  | Statistic   | Std. Error |           |
|----------------------------------|----------------------------------|-------------|------------|-----------|
| mRNA_Pre_K                       | Mean                             | 1,21714     | ,155211    |           |
|                                  | 95% Confidence Interval for Mean | Lower Bound | ,88810     |           |
|                                  |                                  | Upper Bound | 1,54617    |           |
|                                  | 5% Trimmed Mean                  | 1,19039     |            |           |
|                                  | Median                           | 1,11707     |            |           |
|                                  | Variance                         | ,410        |            |           |
|                                  | Std. Deviation                   | ,639951     |            |           |
|                                  | Minimum                          | ,505        |            |           |
|                                  | Maximum                          | 2,411       |            |           |
|                                  | Range                            | 1,907       |            |           |
|                                  | Interquartile Range              | 1,007       |            |           |
|                                  | Skewness                         | ,830        | ,550       |           |
|                                  | Kurtosis                         | -,551       | 1,063      |           |
|                                  | BDNF_Pre_K                       | Mean        | 618,87250  | 84,169092 |
| 95% Confidence Interval for Mean |                                  | Lower Bound | 440,44200  |           |
|                                  |                                  | Upper Bound | 797,30301  |           |
| 5% Trimmed Mean                  |                                  | 610,87773   |            |           |
| Median                           |                                  | 686,03352   |            |           |
| Variance                         |                                  | 120435,412  |            |           |
| Std. Deviation                   |                                  | 347,038056  |            |           |
| Minimum                          |                                  | 155,667     |            |           |



## Descriptives

|              |                                  | Statistic   | Std. Error |
|--------------|----------------------------------|-------------|------------|
|              | Maximum                          | 1225,984    |            |
|              | Range                            | 1070,316    |            |
|              | Interquartile Range              | 541,233     |            |
|              | Skewness                         | ,364        | ,550       |
|              | Kurtosis                         | -1,044      | 1,063      |
| SCFA_Pre_K   | Mean                             | 17,98242    | 2,842221   |
|              | 95% Confidence Interval for Mean | Lower Bound | 11,95718   |
|              |                                  | Upper Bound | 24,00766   |
|              | 5% Trimmed Mean                  | 17,19146    |            |
|              | Median                           | 12,89105    |            |
|              | Variance                         | 137,330     |            |
|              | Std. Deviation                   | 11,718778   |            |
|              | Minimum                          | 6,565       |            |
|              | Maximum                          | 43,637      |            |
|              | Range                            | 37,072      |            |
|              | Interquartile Range              | 18,415      |            |
|              | Skewness                         | 1,101       | ,550       |
|              | Kurtosis                         | -,114       | 1,063      |
| NIHSS_Pre_K  | Mean                             | 4,82        | ,763       |
|              | 95% Confidence Interval for Mean | Lower Bound | 3,21       |
|              |                                  | Upper Bound | 6,44       |
|              | 5% Trimmed Mean                  | 4,75        |            |
|              | Median                           | 4,00        |            |
|              | Variance                         | 9,904       |            |
|              | Std. Deviation                   | 3,147       |            |
|              | Minimum                          | 1           |            |
|              | Maximum                          | 10          |            |
|              | Range                            | 9           |            |
|              | Interquartile Range              | 6           |            |
|              | Skewness                         | ,457        | ,550       |
|              | Kurtosis                         | -1,155      | 1,063      |
| asRNA_Post_K | Mean                             | 1,39036     | ,165255    |
|              | 95% Confidence Interval for Mean | Lower Bound | 1,04004    |
|              |                                  | Upper Bound | 1,74069    |
|              | 5% Trimmed Mean                  | 1,36784     |            |



## Descriptives

|                                  |                                  | Statistic   | Std. Error |
|----------------------------------|----------------------------------|-------------|------------|
|                                  | Median                           | 1,25097     |            |
|                                  | Variance                         | ,464        |            |
|                                  | Std. Deviation                   | ,681365     |            |
|                                  | Minimum                          | ,560        |            |
|                                  | Maximum                          | 2,626       |            |
|                                  | Range                            | 2,067       |            |
|                                  | Interquartile Range              | 1,198       |            |
|                                  | Skewness                         | ,540        | ,550       |
|                                  | Kurtosis                         | -,958       | 1,063      |
| BDNF_Post_K                      | Mean                             | 729,79428   | 89,122553  |
|                                  | 95% Confidence Interval for Mean | Lower Bound | 540,86290  |
|                                  |                                  | Upper Bound | 918,72565  |
|                                  | 5% Trimmed Mean                  | 723,11303   |            |
|                                  | Median                           | 735,58655   |            |
|                                  | Variance                         | 135028,102  |            |
|                                  | Std. Deviation                   | 367,461702  |            |
|                                  | Minimum                          | 174,985     |            |
|                                  | Maximum                          | 1404,866    |            |
|                                  | Range                            | 1229,881    |            |
|                                  | Interquartile Range              | 594,560     |            |
|                                  | Skewness                         | ,419        | ,550       |
|                                  | Kurtosis                         | -,704       | 1,063      |
|                                  | SCFA_Post_K                      | Mean        | 22,21230   |
| 95% Confidence Interval for Mean |                                  | Lower Bound | 14,92135   |
|                                  |                                  | Upper Bound | 29,50324   |
| 5% Trimmed Mean                  |                                  | 21,49158    |            |
| Median                           |                                  | 17,15422    |            |
| Variance                         |                                  | 201,087     |            |
| Std. Deviation                   |                                  | 14,180510   |            |
| Minimum                          |                                  | 7,726       |            |
| Maximum                          |                                  | 49,672      |            |
| Range                            |                                  | 41,946      |            |
| Interquartile Range              |                                  | 25,083      |            |
| Skewness                         |                                  | ,824        | ,550       |
| Kurtosis                         |                                  | -,739       | 1,063      |





### Descriptives

|              |                                  | Statistic   | Std. Error |  |
|--------------|----------------------------------|-------------|------------|--|
| NIHSS_Post_K | Mean                             | 3,59        | ,713       |  |
|              | 95% Confidence Interval for Mean | Lower Bound | 2,08       |  |
|              |                                  | Upper Bound | 5,10       |  |
|              | 5% Trimmed Mean                  | 3,43        |            |  |
|              | Median                           | 3,00        |            |  |
|              | Variance                         | 8,632       |            |  |
|              | Std. Deviation                   | 2,938       |            |  |
|              | Minimum                          | 0           |            |  |
|              | Maximum                          | 10          |            |  |
|              | Range                            | 10          |            |  |
|              | Interquartile Range              | 5           |            |  |
|              | Skewness                         | ,812        | ,550       |  |
|              | Kurtosis                         | -,241       | 1,063      |  |

#### h. Korelasi Kelompok Intervensi

### Correlations

|                |            | Usia                    | NIHSS_Pre |
|----------------|------------|-------------------------|-----------|
| Spearman's rho | Usia       | Correlation Coefficient | 1,000     |
|                |            | Sig. (2-tailed)         | .         |
|                |            | N                       | 35        |
|                | NIHSS_Post | Correlation Coefficient | ,268      |
|                |            | Sig. (2-tailed)         | ,063      |
|                |            | N                       | 35        |

### Correlations

|                |               | Jenis Kelamin           | NIHSS_Post |
|----------------|---------------|-------------------------|------------|
| Spearman's rho | Jenis Kelamin | Correlation Coefficient | 1,000      |
|                |               | Sig. (2-tailed)         | .          |
|                |               | N                       | 35         |
|                | NIHSS_Post    | Correlation Coefficient | ,237       |
|                |               | Sig. (2-tailed)         | ,171       |
|                |               | N                       | 35         |

RNA dengan NIHSS

### Correlations



|                |               |                         | mRNA_Post_In | NHISS_Post_In |
|----------------|---------------|-------------------------|--------------|---------------|
| Spearman's rho | mRNA_Post_In  | Correlation Coefficient | 1,000        | -,926**       |
|                |               | Sig. (2-tailed)         | .            | ,000          |
|                |               | N                       | 18           | 18            |
|                | NHISS_Post_In | Correlation Coefficient | -,926**      | 1,000         |
|                |               | Sig. (2-tailed)         | ,000         | .             |
|                |               | N                       | 18           | 18            |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

- BDNF dengan NIHSS

#### Correlations

|                |               |                         | BDNF_Post_In | NHISS_Post_In |
|----------------|---------------|-------------------------|--------------|---------------|
| Spearman's rho | BDNF_Post_In  | Correlation Coefficient | 1,000        | -,914**       |
|                |               | Sig. (2-tailed)         | .            | ,000          |
|                |               | N                       | 18           | 18            |
|                | NHISS_Post_In | Correlation Coefficient | -,914**      | 1,000         |
|                |               | Sig. (2-tailed)         | ,000         | .             |
|                |               | N                       | 18           | 18            |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

- SCFA dengan NIHSS

#### Correlations

|                |               |                         | SCFA_Post_In | NHISS_Post_In |
|----------------|---------------|-------------------------|--------------|---------------|
| Spearman's rho | SCFA_Post_In  | Correlation Coefficient | 1,000        | -,873**       |
|                |               | Sig. (2-tailed)         | .            | ,000          |
|                |               | N                       | 18           | 18            |
|                | NHISS_Post_In | Correlation Coefficient | -,873**      | 1,000         |
|                |               | Sig. (2-tailed)         | ,000         | .             |
|                |               | N                       | 18           | 18            |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

- Uji Korelasi Kelompok Kontrol



RNA dengan NIHSS

#### Correlations

|  |  |  | mRNA_Post_K | NHISS_Post_K |
|--|--|--|-------------|--------------|
|--|--|--|-------------|--------------|

|             |                     |         |         |
|-------------|---------------------|---------|---------|
| mRNA_Post_K | Pearson Correlation | 1       | -,876** |
|             | Sig. (2-tailed)     |         | ,000    |
|             | N                   | 17      | 17      |
| NHSS_Post_K | Pearson Correlation | -,876** | 1       |
|             | Sig. (2-tailed)     | ,000    |         |
|             | N                   | 17      | 17      |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

- BDNF dengan NIHSS

#### Correlations

|             |                     | BDNF_Post_K | NHSS_Post_K |
|-------------|---------------------|-------------|-------------|
| BDNF_Post_K | Pearson Correlation | 1           | -,908**     |
|             | Sig. (2-tailed)     |             | ,000        |
|             | N                   | 17          | 17          |
| NHSS_Post_K | Pearson Correlation | -,908**     | 1           |
|             | Sig. (2-tailed)     | ,000        |             |
|             | N                   | 17          | 17          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

- SCFA dengan NIHSS

#### Correlations

|                |             | SCFA_Post_K             | NHSS_Post_K |
|----------------|-------------|-------------------------|-------------|
| Spearman's rho | SCFA_Post_K | Correlation Coefficient | 1,000       |
|                |             | Sig. (2-tailed)         | .           |
|                |             | N                       | 17          |
|                | NHSS_Post_K | Correlation Coefficient | -,928**     |
|                |             | Sig. (2-tailed)         | ,000        |
|                |             | N                       | 17          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

#### Correlations

|                |              | SCFA_Post_In            | mRNA_Post_In |
|----------------|--------------|-------------------------|--------------|
| Spearman's rho | SCFA_Post_In | Correlation Coefficient | 1,000        |
|                |              | Sig. (2-tailed)         | .            |
|                |              | N                       | 18           |
|                | mRNA_Post_In | Correlation Coefficient | ,802**       |
|                |              | Sig. (2-tailed)         | ,000         |
|                |              | N                       | 18           |



|   |    |    |
|---|----|----|
| N | 18 | 18 |
|---|----|----|

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |              |                         | SCFA_Post_In | BDNF_Post_In |
|----------------|--------------|-------------------------|--------------|--------------|
| Spearman's rho | SCFA_Post_In | Correlation Coefficient | 1,000        | ,846**       |
|                |              | Sig. (2-tailed)         | .            | ,000         |
|                |              | N                       | 18           | 18           |
|                | BDNF_Post_In | Correlation Coefficient | ,846**       | 1,000        |
|                |              | Sig. (2-tailed)         | ,000         | .            |
|                |              | N                       | 18           | 18           |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |             |                         | SCFA_Post_K | BDNF_Post_K |
|----------------|-------------|-------------------------|-------------|-------------|
| Spearman's rho | SCFA_Post_K | Correlation Coefficient | 1,000       | ,880**      |
|                |             | Sig. (2-tailed)         | .           | ,000        |
|                |             | N                       | 17          | 17          |
|                | BDNF_Post_K | Correlation Coefficient | ,880**      | 1,000       |
|                |             | Sig. (2-tailed)         | ,000        | .           |
|                |             | N                       | 17          | 17          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |             |                         | SCFA_Post_K | mRNA_Post_K |
|----------------|-------------|-------------------------|-------------|-------------|
| Spearman's rho | SCFA_Post_K | Correlation Coefficient | 1,000       | ,850**      |
|                |             | Sig. (2-tailed)         | .           | ,000        |
|                |             | N                       | 17          | 17          |
|                | mRNA_Post_K | Correlation Coefficient | ,850**      | 1,000       |
|                |             | Sig. (2-tailed)         | ,000        | .           |
|                |             | N                       | 17          | 17          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).



j. Uji beda mean kelompok intervensi dan kelompok kontrol

**Descriptives**

|                                  |                                  | Statistic   | Std. Error |          |
|----------------------------------|----------------------------------|-------------|------------|----------|
| BDNF_In                          | Mean                             | 710,9479    | 62,25720   |          |
|                                  | 95% Confidence Interval for Mean | Lower Bound | 578,9685   |          |
|                                  |                                  | Upper Bound | 842,9273   |          |
|                                  | 5% Trimmed Mean                  | 705,4186    |            |          |
|                                  | Median                           | 645,7012    |            |          |
|                                  | Variance                         | 65891,311   |            |          |
|                                  | Std. Deviation                   | 256,69303   |            |          |
|                                  | Minimum                          | 331,22      |            |          |
|                                  | Maximum                          | 1190,21     |            |          |
|                                  | Range                            | 858,99      |            |          |
|                                  | Interquartile Range              | 367,45      |            |          |
|                                  | Skewness                         | ,422        | ,550       |          |
|                                  | Kurtosis                         | -,652       | 1,063      |          |
|                                  | BDNF_K                           | Mean        | 674,3334   | 85,90048 |
| 95% Confidence Interval for Mean |                                  | Lower Bound | 492,2325   |          |
|                                  |                                  | Upper Bound | 856,4343   |          |
| 5% Trimmed Mean                  |                                  | 666,7818    |            |          |
| Median                           |                                  | 732,6480    |            |          |
| Variance                         |                                  | 125441,178  |            |          |
| Std. Deviation                   |                                  | 354,17676   |            |          |
| Minimum                          |                                  | 169,17      |            |          |
| Maximum                          |                                  | 1315,42     |            |          |
| Range                            |                                  | 1146,26     |            |          |
| Interquartile Range              |                                  | 533,72      |            |          |
| Skewness                         |                                  | ,413        | ,550       |          |
| Kurtosis                         |                                  | -,859       | 1,063      |          |

**Paired Samples Statistics**

|         | Mean     | N  | Std. Deviation | Std. Error Mean |
|---------|----------|----|----------------|-----------------|
| BDNF_In | 710,9479 | 17 | 256,69303      | 62,25720        |
| BDNF_K  | 674,3334 | 17 | 354,17676      | 85,90048        |



### Paired Samples Test

|        |                  | Mean     | Std. Deviation | Std. Error Mean | 95% Confidence Interval of the Difference |           | t    | df | Sig. (2-tailed) |
|--------|------------------|----------|----------------|-----------------|---|-----------|------|----|-----------------|
|        |                  |          |                |                 | Lower                                     | Upper     |      |    |                 |
|        |                  |          |                |                 | Paired Differences                        |           |      |    |                 |
| Pair 1 | BDNF_In - BDNF_K | 36,61452 | 346,04535      | 83,92832        | -141,30558                                | 214,53462 | ,436 | 16 | ,668            |

### Descriptives

|                                  |                                  | Statistic   | Std. Error |
|----------------------------------|----------------------------------|-------------|------------|
| mRNA_BDNF_In                     | Mean                             | 1,3613      | ,11738     |
|                                  | 95% Confidence Interval for Mean | Lower Bound | 1,1125     |
|                                  |                                  | Upper Bound | 1,6101     |
|                                  | 5% Trimmed Mean                  | 1,3300      |            |
|                                  | Median                           | 1,1761      |            |
|                                  | Variance                         | ,234        |            |
|                                  | Std. Deviation                   | ,48396      |            |
|                                  | Minimum                          | ,77         |            |
|                                  | Maximum                          | 2,52        |            |
|                                  | Range                            | 1,75        |            |
|                                  | Interquartile Range              | ,70         |            |
|                                  | Skewness                         | ,836        | ,550       |
|                                  | Kurtosis                         | ,219        | 1,063      |
|                                  | mRNA_BDNF_post                   | Mean        | 1,3037     |
| 95% Confidence Interval for Mean |                                  | Lower Bound | ,9673      |
|                                  |                                  | Upper Bound | 1,6402     |
| 5% Trimmed Mean                  |                                  | 1,2776      |            |
| Median                           |                                  | 1,1462      |            |
| Variance                         |                                  | ,428        |            |
| Std. Deviation                   |                                  | ,65433      |            |
| Minimum                          |                                  | ,56         |            |
| Maximum                          |                                  | 2,52        |            |
| Range                            |                                  | 1,96        |            |
| Interquartile Range              |                                  | 1,03        |            |



|          |       |       |
|----------|-------|-------|
| Skewness | ,688  | ,550  |
| Kurtosis | -,713 | 1,063 |

### Paired Samples Statistics

|        |                | Mean   | N  | Std. Deviation | Std. Error Mean |
|--------|----------------|--------|----|----------------|-----------------|
| Pair 1 | mRNA_BDNF_In   | 1,3613 | 17 | ,48396         | ,11738          |
|        | mRNA_BDNF_post | 1,3037 | 17 | ,65433         | ,15870          |

### Paired Samples Test

|        |                               | Mean   | Std. Deviation | Paired Differences |   | t      | df   | Sig. (2-tailed) |       |
|--------|-------------------------------|--------|----------------|--------------------|---|--------|------|-----------------|-------|
|        |                               |        |                | Std. Error Mean    | 95% Confidence Interval of the Difference |        |      |                 |       |
|        |                               |        |                |                    | Lower                                     |        |      |                 | Upper |
| Pair 1 | mRNA_BDNF_In - mRNA_BDNF_post | ,05754 | ,68781         | ,16682             | -,29609                                   | ,41118 | ,345 | 16              | ,735  |

### Descriptives

|          |                                  | Statistic   | Std. Error |  |
|----------|----------------------------------|-------------|------------|--|
| NIHSS_In | Mean                             | 3,6471      | ,48463     |  |
|          | 95% Confidence Interval for Mean | Lower Bound | 2,6197     |  |
|          |                                  | Upper Bound | 4,6744     |  |
|          | 5% Trimmed Mean                  | 3,6356      |            |  |
|          | Median                           | 3,5000      |            |  |
|          | Variance                         | 3,993       |            |  |
|          | Std. Deviation                   | 1,99816     |            |  |
|          | Minimum                          | ,50         |            |  |
|          | Maximum                          | 7,00        |            |  |
|          | Range                            | 6,50        |            |  |
|          | Interquartile Range              | 3,00        |            |  |
|          | Skewness                         | -,032       | ,550       |  |



|            |                                  |             |         |        |
|------------|----------------------------------|-------------|---------|--------|
|            | Kurtosis                         |             | -,833   | 1,063  |
| NIHSS_Post | Mean                             |             | 4,2059  | ,73020 |
|            | 95% Confidence Interval for Mean | Lower Bound | 2,6579  |        |
|            |                                  | Upper Bound | 5,7538  |        |
|            | 5% Trimmed Mean                  |             | 4,0899  |        |
|            | Median                           |             | 3,0000  |        |
|            | Variance                         |             | 9,064   |        |
|            | Std. Deviation                   |             | 3,01070 |        |
|            | Minimum                          |             | ,50     |        |
|            | Maximum                          |             | 10,00   |        |
|            | Range                            |             | 9,50    |        |
|            | Interquartile Range              |             | 5,00    |        |
|            | Skewness                         |             | ,597    | ,550   |
|            | Kurtosis                         |             | -,862   | 1,063  |

### Paired Samples Statistics

|        |            | Mean   | N  | Std. Deviation | Std. Error Mean |
|--------|------------|--------|----|----------------|-----------------|
| Pair 1 | NIHSS_In   | 3,6471 | 17 | 1,99816        | ,48463          |
|        | NIHSS_Post | 4,2059 | 17 | 3,01070        | ,73020          |

### Paired Samples Test

|        |                       | Paired Differences |                |                 |   |         | t     | df | Sig. (2-tailed) |
|--------|-----------------------|--------------------|----------------|-----------------|---|---------|-------|----|-----------------|
|        |                       | Mean               | Std. Deviation | Std. Error Mean | 95% Confidence Interval of the Difference |         |       |    |                 |
|        |                       |                    |                |                 | Lower                                     | Upper   |       |    |                 |
| Pair 1 | NIHSS_In - NIHSS_Post | -,55882            | 3,42273        | ,83013          | -2,31863                                  | 1,20098 | -,673 | 16 | ,510            |



### Descriptives

|      | Statistic | Std. Error |
|------|-----------|------------|
| Mean | 20,4845   | 2,12815    |



|  |                             |                             |             |         |         |
|--|-----------------------------|-----------------------------|-------------|---------|---------|
|  | 95% Confidence Interval for | Lower Bound                 | 15,9730     |         |         |
|  | Mean                        | Upper Bound                 | 24,9959     |         |         |
|  | 5% Trimmed Mean             |                             | 20,2234     |         |         |
|  | Median                      |                             | 19,1088     |         |         |
|  | Variance                    |                             | 76,993      |         |         |
|  | Std. Deviation              |                             | 8,77458     |         |         |
|  | Minimum                     |                             | 10,20       |         |         |
|  | Maximum                     |                             | 35,47       |         |         |
|  | Range                       |                             | 25,28       |         |         |
|  | Interquartile Range         |                             | 14,92       |         |         |
|  | Skewness                    |                             | ,544        | ,550    |         |
|  | Kurtosis                    |                             | -1,067      | 1,063   |         |
|  | SCFA_Post                   | Mean                        |             | 20,0974 | 3,03086 |
|  |                             | 95% Confidence Interval for | Lower Bound | 13,6722 |         |
|  | Mean                        | Upper Bound                 | 26,5225     |         |         |
|  | 5% Trimmed Mean             |                             | 19,3245     |         |         |
|  | Median                      |                             | 16,6672     |         |         |
|  | Variance                    |                             | 156,164     |         |         |
|  | Std. Deviation              |                             | 12,49658    |         |         |
|  | Minimum                     |                             | 7,45        |         |         |
|  | Maximum                     |                             | 46,65       |         |         |
|  | Range                       |                             | 39,20       |         |         |
|  | Interquartile Range         |                             | 23,15       |         |         |
|  | Skewness                    |                             | ,850        | ,550    |         |
|  | Kurtosis                    |                             | -,580       | 1,063   |         |

### Ranks

|                     |                | N               | Mean Rank | Sum of Ranks |
|---------------------|----------------|-----------------|-----------|--------------|
| SCFA_Post - SCFA_In | Negative Ranks | 12 <sup>a</sup> | 7,92      | 95,00        |
|                     | Positive Ranks | 5 <sup>b</sup>  | 11,60     | 58,00        |
|                     | Ties           | 0 <sup>c</sup>  |           |              |
|                     | Total          | 17              |           |              |



SCFA\_Post < SCFA\_In  
 SCFA\_Post > SCFA\_In  
 SCFA\_Post = SCFA\_In

### Test Statistics<sup>a</sup>

| SCFA_Post -<br>SCFA_In |                    |
|------------------------|--------------------|
| Z                      | -,876 <sup>b</sup> |
| Asymp. Sig. (2-tailed) | ,381               |

a. Wilcoxon Signed Ranks Test

b. Based on positive ranks.

### Correlations

|                |             | SCFA_Pre_In             | mRNA_Pre_In |
|----------------|-------------|-------------------------|-------------|
| Spearman's rho | SCFA_Pre_In | Correlation Coefficient | 1,000       |
|                |             | Sig. (2-tailed)         | .           |
|                |             | N                       | 18          |
|                | mRNA_Pre_In | Correlation Coefficient | ,822**      |
|                |             | Sig. (2-tailed)         | ,000        |
|                |             | N                       | 18          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |             | SCFA_Pre_In             | BDNF_Pre_In |
|----------------|-------------|-------------------------|-------------|
| Spearman's rho | SCFA_Pre_In | Correlation Coefficient | 1,000       |
|                |             | Sig. (2-tailed)         | .           |
|                |             | N                       | 18          |
|                | BDNF_Pre_In | Correlation Coefficient | ,796**      |
|                |             | Sig. (2-tailed)         | ,000        |
|                |             | N                       | 18          |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |              | SCFA_Post_In            | BDNF_Post_In |
|----------------|--------------|-------------------------|--------------|
| Spearman's rho | SCFA_Post_In | Correlation Coefficient | 1,000        |
|                |              | Sig. (2-tailed)         | .            |
|                |              | N                       | 18           |
|                | BDNF_Post_In | Correlation Coefficient | ,846**       |
|                |              | Sig. (2-tailed)         | ,000         |
|                |              | N                       | 18           |



|              |                         |        |       |
|--------------|-------------------------|--------|-------|
| BDNF_Post_In | Correlation Coefficient | ,846** | 1,000 |
|              | Sig. (2-tailed)         | ,000   | .     |
|              | N                       | 18     | 18    |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|            |                     | SCFA_Pre_K | mRNA_Pre_K |
|------------|---------------------|------------|------------|
| SCFA_Pre_K | Pearson Correlation | 1          | ,932**     |
|            | Sig. (2-tailed)     |            | ,000       |
|            | N                   | 17         | 17         |
| mRNA_Pre_K | Pearson Correlation | ,932**     | 1          |
|            | Sig. (2-tailed)     | ,000       |            |
|            | N                   | 17         | 17         |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

### Correlations

|                |             | SCFA_Post_K             | mRNA_Post_K |        |
|----------------|-------------|-------------------------|-------------|--------|
| Spearman's rho | SCFA_Post_K | Correlation Coefficient | 1,000       | ,850** |
|                |             | Sig. (2-tailed)         | .           | ,000   |
|                |             | N                       | 17          | 17     |
|                | mRNA_Post_K | Correlation Coefficient | ,850**      | 1,000  |
|                |             | Sig. (2-tailed)         | ,000        | .      |
|                |             | N                       | 17          | 17     |

\*\* . Correlation is significant at the 0.01 level (2-tailed).

