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Lampiran 1 :

## PEMERIKSAAN SKRINING MONTREAL COGNITIVE ASSESSMENT VERSI INDONESIA (MoCA-InA)

### MONTREAL COGNITIVE ASSESSMENT-Versi Indonesia (MoCA-InA)

NAMA:  
Pendidikan:  
Jen. Kelamin:  
Tgl Lahir:  
Tgl Pemeriksaan:

VISUOSPASIAL/EKSEKUTIF								POIN	
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PENAMAAN									
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<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]		<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]		<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]					
MEMORI		Baca kata berikut dan minta subjek mengulanginya. lakukan 2 kali, meski berhasil pada percobaan ke-1. lakukan recall setelah 5 menit							
		<input type="checkbox"/> ke-1 <input type="checkbox"/> [ ]							
		<input type="checkbox"/> ke-2 <input type="checkbox"/> [ ]							
ATENSI		Baca daftar angka (1 angka/detik)		Subjek harus mengulangi dari awal		<input type="checkbox"/> [ ] <input type="checkbox"/> 2 <input type="checkbox"/> 1 <input type="checkbox"/> 8 <input type="checkbox"/> 5 <input type="checkbox"/> 4		..../2	
				Subjek harus mengulangi dari belakang		<input type="checkbox"/> [ ] <input type="checkbox"/> 7 <input type="checkbox"/> 4 <input type="checkbox"/> 2			
Baca daftar huruf. subjek harus mengetuk dengan tanganannya setiap kali huruf A muncul. poin nol jika $\geq 2$ kesalahan <input type="checkbox"/> [ ] F B A C M N A A J K L B A F A K D E A A A J A M O F A A B									..../1
Pengurangan berurutan dengan angka 7. Mulai dari 100 <input type="checkbox"/> [ ] 93 <input type="checkbox"/> [ ] 86 <input type="checkbox"/> [ ] 79 <input type="checkbox"/> [ ] 72 <input type="checkbox"/> [ ] 65 4,5 hasil benar: 3 poin, 2 atau 3 benar: 2 poin; 1 benar: 1 poin, 0 benar: 0 poin									..../3
BAHASA		Ulangi: Waifi membantu saya menyepi lontai hari ini. <input type="checkbox"/> [ ] Tikus bersembunyi di bawah dipan ketika kucing datang. <input type="checkbox"/> [ ]							..../2
Sebutkan sebanyak mungkin kata yang dimulai dengan huruf F <input type="checkbox"/> [ ] ..... (N $\geq$ 11 kata)									..../1
ABSTRAKSI		Kemiripan antara, contoh pisang - jeruk = buah <input type="checkbox"/> [ ] kereta - sepeda <input type="checkbox"/> [ ] jam tangan - penggaris							..../2
DELAYED RECALL		Harus mengingat kata		wajah	Sutera	Masjid	anggrek	merah	
		<input type="checkbox"/> TANPA PETUNJUK <input type="checkbox"/> [ ] <input type="checkbox"/> [ ]		<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]	<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]	<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]	<input type="checkbox"/> [ ] <input type="checkbox"/> [ ]	poin untuk recall tanpa petunjuk	
Opsional		<input type="checkbox"/> petunjuk kategori <input type="checkbox"/> petunjuk pilihan ganda							
ORIENTASI		<input type="checkbox"/> [ ] Tanggal <input type="checkbox"/> [ ] Bulan		<input type="checkbox"/> [ ] Tahun <input type="checkbox"/> [ ] Hari		<input type="checkbox"/> [ ] Tempat <input type="checkbox"/> [ ] Kota		..../6	
Normal $\geq$ 26 / 30									Total ..../30
Ditambahkan 1 poin jika pend. $\leq$ 12 tahun									

Dilakukan oleh.....

Lampiran 2

PERSETUJUAN ATASAN



SURAT PERSETUJUAN ATASAN

No : 433/UN.4.6.8/PT.01 04/2023

Yang bertanda tangan di bawah ini

Nama Lengkap : Dr. dr. Saidah Syamsuddin, Sp.KJ  
NIP : 19700114 200112 2 001  
Jabatan : Ketua Program Studi Departemen Ilmu Kedokteran Jiwa  
Fakultas Kedokteran Universitas Hasanuddin

Sebagai atasan dari .

Nama : dr. Dewi Nofianti  
NIM : C065192003  
Pekerjaan : Mahasiswa PPDS Kedokteran Jiwa  
Fakultas Kedokteran Universitas Hasanuddin

Menyatakan menyetujui yang bersengkutan melakukan penelitian dengan judul

**"Pengaruh Pemberian Adjuvant therapy Asam Folat dan Methylcobalamin terhadap Kadar Homocystein dan Perbaikan Fungsi Kognitif Pasien Skizofrenia yang mendapat terapi Risperidone"**

Makassar, 05 Januari 2023



### Lampiran 3

### REKOMENDASI PERSETUJUAN ETIK

KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI

UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN

KOMITE ETIK PENELITIAN UNIVERSITAS HASANUDDIN

RSPTN UNIVERSITAS HASANUDDIN

RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR

Sekretariat : Lantai 2 Gedung Laboratorium Terpadu

JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.

Contact Person: dr. Agussalim Bukhari.,MMed.PhD, Sp.GK TELP. 081241850858, 0411 5780103, Fax : 0411-581431



#### **REKOMENDASI PERSETUJUAN ETIK**

Nomor : 93/UN4.6.4.5.31/ PP36/ 2022

Tanggal: 7 Februari 2023

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH23010026	No Sponsor Protokol	
Peneliti Utama	<b>dr. Dewi Nofianti</b>	Sponsor	
Judul Peneliti	PENGARUH PEMBERIAN ADJUVANT THERAPY ASAM FOLAT DAN METHYLCOBALAMIN TERHADAP KADAR HOMOCYSTEIN DAN FUNGSI KOGNITIF PENDERITA SKIZOFRENIA YANG MENDAPAT TERAPI RISPERIDONE		
No Versi Protokol	2	Tanggal Versi	<b>4 Februari 2023</b>
No Versi PSP	2	Tanggal Versi	<b>4 Februari 2023</b>
Tempat Penelitian	Rumah Sakit Khusus Daerah Dadi Provinsi Sulawesi Selatan.		
Jenis Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard Tanggal <b>1 Februari 2023</b>	Masa Berlaku <b>7 Februari 2023</b> sampai <b>7 Februari 2024</b>	Frekuensi review lanjutan
Ketua KEP Universitas Hasanuddin	Nama <b>Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)</b>	Tanda tangan	
Sekretaris KEP Universitas Hasanuddin	Nama <b>dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)</b>	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari protokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

Lampiran 4

REKOMENDASI PERSETUJUAN ETIK HUM-RC

	ADMINISTRASI	FORMULIR 2
	Nomor : 081/03/FR2/2023	Tanggal : 21 Maret 2023
<b>SURAT KETERANGAN</b> <b>SELESAI PENGAMBILAN DATA/ ANALISA BAHAN HAYATI</b>		

Dengan hormat,

Dengan ini menerangkan bahwa peneliti/mahasiswa berikut ini :

Nama : Dewi Nofianti  
NIM : C065192003  
Institusi : Dept. Kedokteran Jiwa Fakultas Kedokteran Unhas  
Judul Penelitian : **Pengaruh Pemberian Adjuvant Therapy Asam Folat Dan Methylcobalamin Terhadap Kadar Homocysteine Dan Perbaikan Fungsi Kognitif Pasien Skizofrenia Yang Mendapat Terapi Risperidon**

**Telah selesai** melakukan pengambilan data/ analisa bahan hayati :

Pada tanggal : 15 Maret 2023  
Jumlah subjek : ± 48 Sampel  
Jenis data : Data Primer

Dengan staf pendamping/pembimbing :

Nama : Syafri S., AMAK  
Konsultan : -

**Surat keterangan ini juga merupakan penjelasan bahwa peneliti/mahasiswa diatas tidak mempunyai sangkutan lagi pada unit/laboratorium kami.**

Demikian surat ini dibuat untuk dipergunakan sebagaimana mestinya.

Pendamping/Pembimbing



Syafri S., AMAK  
NIP

Mengetahui,  
Kepala Laboratorium,

  
**dr. Rusdina Bte Ladiu, Ph.D**  
NIP 198108302012122002

Lampiran 5

REKOMENDASI ETIK RSKD DADI



PEMERINTAH PROVINSI SULAWESI SELATAN  
DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU

Jl.Bougenville No.5 Telp. (0411) 441077 Fax. (0411) 448936  
Website : <http://simap-new.sulselprov.go.id> Email : [ptsp@sulselprov.go.id](mailto:ptsp@sulselprov.go.id)  
Makassar 90231

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Nomor	:	624/S.01/PTSP/2023	Kepada Yth.
Lampiran	:	-	Direktur Rumah Sakit Khusus Daerah Prov. Sulsel
Perihal	:	<u>Izin penelitian</u>	

di-  
Tempat

Berdasarkan surat Ketua Prog. Studi Ilmu Kedokteran Jiwa Fak. Kedokteran UNHAS Makassar  
Nomor : 34/UN4.6.8/PT.01.04/2023 tanggal 05 Januari 2023 perihal tersebut diatas,  
mahasiswa/peneliti dibawah ini:

Nama : DR. DEWI NOFIANTI  
Nomor Pokok : C065192003  
Program Studi : Spesialis Kedokteran Jiwa  
Pekerjaan/Lembaga : Mahasiswa (S2)  
Alamat : Jl. P. Kemerdekaan Km.10 Makassar



PROVINSI SULAWESI SELATAN

Bermaksud untuk melakukan penelitian di daerah/kantor saudara dalam rangka menyusun Tesis,  
dengan judul :

" PENGARUH PEMBERIAN ADJUVANT THERAPY ASAM FOLAT DAN METHYLCOBALAMIN  
TERHADAP KADAR HOMOCYSTEIN DAN FUNGSI KOGNITIF PASIEN SKIZOFRENIA YANG  
MENDAPAT TERAPI RISPERIDONE "

Yang akan dilaksanakan dari : Tgl. 16 Januari s/d 16 Maret 2023

Sehubungan dengan hal tersebut diatas, pada prinsipnya kami *menyetujui* kegiatan dimaksud  
dengan ketentuan yang tertera di belakang surat izin penelitian.

Demikian Surat Keterangan ini diberikan agar dipergunakan sebagaimana mestinya.

Diterbitkan di Makassar  
Pada Tanggal 12 Januari 2023

A.n. GUBERNUR SULAWESI SELATAN  
KEPALA DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU  
SATU PINTU PROVINSI SULAWESI SELATAN



**Ir. H. SULKAF S LATIEF, M.M.**  
Pangkat : PEMBINA UTAMA MADYA  
Nip : 19630424 198903 1 010

Tembusan Yth

1. Ketua Prog. Studi Ilmu Kedokteran Jiwa Fak. Kedokteran UNHAS Makassar;
2. Pertinggal.

## Lampiran 6

### Dokumentasi





## BIODATA PENULIS

### A. Data Pribadi

- Nama Lengkap : dr. Dewi Nofianti
- Tempat, tanggal lahir : Pontianak, 24 November 1989
- Jenis Kelamin : Perempuan
- NIK : 6171056411890004
- NIP : -
- Status Perkawinan : Menikah
- Agama : Islam
- Hobi : Jalan-Jalan
- Alamat : Jl. Sahabat Raya, Rusunawa Unhas 2 blok C
- No. HP : 081346821659
- Email : [dewinofianti27@gmail.com](mailto:dewinofianti27@gmail.com)

### B. Riwayat Pendidikan

Pendidikan Formal :

- SDN Muhammadiyah 2 Pontianak (1995 - 2001)
- SMP Negeri 3 – Pontianak (2001 - 2004)
- SMA Negeri 1 – Pontianak (2004 - 2007)
- Fakultas Kedokteran Universitas Islam Bandung (2007 - 2013)
- Program Pendidikan Dokter Spesialis (PPDS) I (Januari 2020 - sekarang)  
Prodi Kedokteran Jiwa, FK UNHAS

### C. Riwayat Pekerjaan

- Dokter di UPK Puskesmas Banjar Serasan (Januari 2015 – Desember 2019)

### D. Makalah pada Seminar / Konferensi Ilmiah Nasional & Internasional

1. Perbandingan Efektivitas Risperidone dan Olanzapin Terhadap Gejala Klinis dan Fungsi Kognitif Pasien Skizofrenia Episode Pertama Di RSKD Provinsi Sulawesi Selatan Periode September – Oktober 2021 (Presentasi E-Poster PIT

VII PDSKJI SUMUT)

2. Pengaruh Pemberian Terapi Adjuvan Asam Folat dan Methylcobalamin Terhadap Fungsi Kognitif Pasien Skizofrenia (Presentasi E-Poster in BATIK (Bali Psikiatri Terkini, tanggal 6-9 September 2023)
3. Pengaruh Pemberian Terapi Adjuvan Asam Folat dan Methylcobalamin Terhadap Kadar Homocysteine daan Fungsi Kognitif Pasien Skizofrenia