

B. Saran

Penelitian yang dilakukan dilanjutkan dengan skala lebih besar, pada hewan coba yang lebih besar dengan diet menyerupai manusia atau dilakukan studikohort pada subjek manusia dengan populasi lebih besar dan waktu lebih lama dengan parameter yang lebih banyak untuk menilai interaksi metabolisme lipid dengan puasa dan diet.

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LAMPIRAN

Lampiran 1. Izin Etik penelitian



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
 UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN
 KOMITE ETIK PENELITIAN UNIVERSITAS HASANUDDIN
 RSPTN UNIVERSITAS HASANUDDIN
 RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR
 Sekretariat : Lantai 2 Gedung Laboratorium Terpadu
 JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.



Contact Person: dr. Agussalim Bukhari, MMed, PhD, SpGK TELP. 081241850858, 0411 5780103, Fax : 0411-581431

REKOMENDASI PERSETUJUAN ETIK

Nomor : 576/UN4.6.4.5.31/ PP36/ 2023

Tanggal: 23 Agustus 2023

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH23060421	No Sponsor	
Peneliti Utama	dr. Irene Hongdyanto	Sponsor	
Judul Peneliti	PENGARUH INTERMITTEN FASTING TERHADAP BERAT BADAN DAN KADAR PROFIL LIPID PADA TIKUS WISTAR (RATTUS NOVERGICUS) YANG DI INDUKSI DENGAN HIGH FAT DIET		
No Versi Protokol	2	Tanggal Versi	21 Agustus 2023
No Versi PSP		Tanggal Versi	
Tempat Penelitian	RS Universitas Hasanuddin HUM-RC dan Laboratorium Hewan FKH Universitas Hasanuddin Makassar		
Jenis Review	<input type="checkbox"/> Exempted <input checked="" type="checkbox"/> Expedited <input type="checkbox"/> Fullboard Tanggal	Masa Berlaku	Frekuensi review lanjutan
Ketua KEP Universitas Hasanuddin	Nama Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)	Tanda tangan	
Sekretaris KEP Universitas Hasanuddin	Nama dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari prokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

Lampiran 2. Izin Penelitian



KEMENTERIAN PENDIDIKAN KEBUDAYAAN,
RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
SEKOLAH PASCASARJANA
JL. PERINTIS KEMERDEKAAN KM. 10, MAKASSAR 90245
TELEPON (0411) 586200, (6 SALURAN), 584200, FAX (0411) 585188
Laman: www.unhas.ac.id

Nomor : 13818/UN4.20.1/PT.01.04/2023

19 Juni 2023

Hal : Permohonan Izin Penggunaan Laboratorium

Yth. Ketua Laboratorium Terpadu Program Studi Kedokteran Hewan
Universitas Hasanuddin
Makassar

Dengan hormat disampaikan bahwa mahasiswa Sekolah Pascasarjana Universitas Hasanuddin yang tersebut dibawah ini :

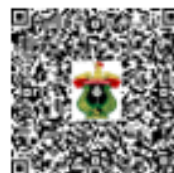
Nama : Irene Hongdyanto
Nomor Pokok : P062212017
Program Pendidikan : Magister (S2)
Program Studi : Ilmu Biomedik

Bermaksud melakukan penelitian dalam rangka persiapan penulisan tesis terkait dengan judul "Pengaruh Intermittent Fasting terhadap Berat Badan dan Kadar Profil Lipid pada Tikus Wistar (*Rattus Novergicus*) yang di Induksi dengan High Fat Diet".

Sehubungan dengan hal tersebut, mohon kiranya yang bersangkutan diberikan izin untuk menggunakan Laboratorium di instansi yang Bapak/Ibu Pimpin.

Atas perkenan dan kerjasamanya diucapkan terima kasih.

an. Dekan,
Wakil Dekan Bidang Akademik dan
Kemahasiswaan



Prof. Baharuddin Hamzah, ST., M.Arch., Ph.D.
NIP. 196903081995121001

Tembusan:

- Dekan SPs. Unhas "sebagai laporan
- Mahasiswa yang bersangkutan;
- Arsip

Lampiran 3. Uji Statistik

Descalori restriction iptive Statistics

	N	Percentiles		
		25th	50th (Median)	75th
ATKseb	2	65.2500	89.5000	69.0000
ATGseb	2	39.0000	64.5000	57.7500
AHDLseb	2	18.7500	27.0000	21.7500
ALDLseb	2	32.2500	50.0000	42.7500
ABBseb	2	170.2500	240.5000	190.5000
BTKseb	6	70.0000	81.0000	98.2500
BTGseb	6	47.2500	71.5000	145.0000
BHDLseb	6	19.7500	30.0000	32.5000
BLDLseb	6	33.7500	35.0000	37.7500
BBBseb	6	211.0000	231.0000	242.2500
CTKseb	6	80.7500	96.0000	97.5000
CTGseb	6	73.2500	151.5000	187.5000
CHDLseb	6	25.0000	26.0000	32.2500
CLDLseb	6	29.2500	32.5000	44.0000
CBBseb	6	191.7500	211.0000	248.5000
ATKses	2	60.7500	83.5000	116.5000
ATGses	2	53.2500	74.5000	110.5000
AHDLses	2	33.0000	46.5000	88.7500
ALDLses	2	12.0000	22.0000	73.0000
ABBses	2	169.5000	241.0000	244.0000
BTKses	6	67.0000	87.0000	97.0000
BTGses	6	47.5000	57.0000	76.2500
BHDLses	6	18.2500	32.0000	38.2500
BLDLses	6	38.0000	43.5000	44.5000
BBBses	6	202.5000	225.0000	246.7500
CTKses	6	53.2500	82.0000	95.7500
CTGses	6	44.7500	79.0000	132.5000
CHDLses	6	33.5000	39.0000	43.5000
CLDLses	6	10.5000	22.0000	29.0000
CBBses	6	198.7500	204.5000	246.0000

	ATKses - ATKseb	ATGses - ATGseb	AHDLses - AHDLseb	ALDLses - ALDLseb	ABBses - ABBseb	BTKses - BTKseb
Z	-1.342 ^b	-.447 ^c	-1.342 ^c	-1.342 ^b	-.447 ^c	
Asymp. Sig. (2-tailed)	.180	.655	.180	.180	.655	

a. Wilcoxon Signed Ranks Test

b. Based on positive ranks.

c. Based on negative ranks.

Lampiran 4. Dokumentasi



Lampiran 5. Riwayat Hidup

A. DATA PRIBADI

Nama : Irene Hongdyanto
Tempat, tanggal lahir : Ambon, 13 Maret 1997
Agama : Katolik
No. HP/email : 081247005100/ irenehongdyanto@gmail.com
Pekerjaan : dokter
NIP : -
Pangkat/Golongan : -
Alamat : Jl. Mediteranean Elok no 9 Tanjung Bunga, Makassar

NO.	STRATA	INSTITUSI	TEMPAT	TAHUN LULUS
1	SD	SD Kristen Kalam Kudus	Ambon	2007
2	SMP	SMP Kristen Kalam Kudus	Ambon	2010
3	SMA	SMAN 1 Ambon	Ambon	2017
4.	S1	Fak. Kedokteran Unhas	Makassar	2019
5	S2 (sementara)	Ilmu Biomedik Pascasarjana Unhas	Makassar	2022-Sekarang

