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## LAMPIRAN

### Lampiran 1. Persetujuan Etik



#### **REKOMENDASI PERSETUJUAN ETIK**

Nomor : 358/UN4.6.4.5.31/ PP36/ 2022

Tanggal: 25 Juli 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH22050224	No Sponsor Protokol	
Peneliti Utama	<b>Dr. dr. Farida Ilyas, Sp.KK(K), FINSDV, FAADV</b>	Sponsor	
Judul Peneliti	Efektivitas Mikrobiom Topikal yang mengandung Lactobacillus plantarum terhadap kadar Interleukin (IL) -4, IL-10, IL-17, TEWL, dan kolonisasi Staphylococcus Aureus pada Dermatitis Atopik		
No Versi Protokol	2	Tanggal Versi	<b>13 Juli 2022</b>
No Versi PSP	2	Tanggal Versi	<b>13 Juli 2022</b>
Tempat Penelitian	RS Universitas Hasanuddin, RSUP Dr. Wahidin Sudirohusodo dan SD di Makassar		
Jenis Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard Tanggal 2 Juni 2022	Masa Berlaku <b>25 Juli 2022</b> sampai <b>25 Juli 2023</b>	Frekuensi review lanjutan
Ketua KEP Universitas Hasanuddin	Nama <b>Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)</b>	Tanda tangan	
Sekretaris KEP Universitas Hasanuddin	Nama <b>dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)</b>	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari protokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

## Lampiran 2. Informed Consent



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN

KOMITE ETIK PENELITIAN KESEHATAN  
RSPTN UNIVERSITAS HASANUDDIN

RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR

Sekretariat : Lantai 2 Gedung Laboratorium Terpadu



JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10, Makassar 90245

Contact Person: dr. Agus Salim Bukhari, MMed, PhD, SpGK, email: agussalim@yahoo.com Fax: 0411-581431

*Lampiran 2.*

### FORMULIR PERSETUJUAN MENGIKUTI PENELITIAN

Saya yang bertanda tangan di bawah ini :

Nama orang tua / wali : .....

Nama Anak : .....

Umur orang tua / wali : .....

Alamat : .....

setelah mendengar/membaca dan mengerti penjelasan yang diberikan mengenai tujuan, manfaat, dan apa yang akan dilakukan pada penelitian ini, menyatakan setuju untuk ikut dalam penelitian ini secara sukarela tanpa paksaan.

Saya tahu bahwa keikutsertaan saya ini bersifat sukarela tanpa paksaan, sehingga saya bisa menolak ikut atau mengundurkan diri dari penelitian ini. Saya berhak bertanya atau meminta penjelasan pada peneliti bila masih ada hal yang belum jelas atau masih ada hal yang ingin saya ketahui tentang penelitian ini.

Saya juga mengerti bahwa semua biaya yang dikeluarkan sehubungan dengan penelitian ini, akan ditanggung oleh peneliti. Saya percaya bahwa keamanan dan kerahasiaan data penelitian akan terjamin dan saya dengan ini menyetujui semua data saya yang dihasilkan pada penelitian ini untuk disajikan dalam bentuk lisan maupun tulisan.

Dengan membubuhkan tandatangan saya di bawah ini, saya menegaskan keikutsertaan saya secara sukarela dalam studi penelitian ini.

Nama	Tanda tangan	Tgl/Bln/Thn
Responden .....	.....	.....
/Wali		

Saksi .....

(Tanda Tangan Saksi diperlukan hanya jika Partisipan tidak dapat memberikan consent/persetujuan sehingga menggunakan wali yang sah secara hukum, yaitu untuk partisipan berikut:

1. Berusia di bawah 18 tahun
2. Usia lanjut
3. Gangguan mental
4. Pasien tidak sadar
5. Dan lain-lain kondisi yang tidak memungkinkan memberikan persetujuan

### Lampiran 3. Hasil Analisis *Lactobacillus plantarum*

#### Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Kontrol (Minggu 1)	26.6696	23	7.88073	1.64325
	Perlakuan (Minggu 4)	22.2609	23	5.00416	1.04344
TEWL kiri	Kontrol (Minggu 1)	27.9130	23	6.97269	1.45391
	Perlakuan (Minggu 4)	18.3070	23	3.90352	.81394

#### Descriptives

		Statistic	Std. Error
Kontrol (Minggu 1)	Mean	156.3035	23.57162
	95% Confidence Interval for Mean	Lower Bound	107.4189
		Upper Bound	205.1880
	5% Trimmed Mean	141.9519	
	Median	119.2255	
	Variance	12779.284	
	Std. Deviation	113.04550	
	Minimum	40.68	
	Maximum	547.36	
	Range	506.68	
	Interquartile Range	95.78	
	Skewness	2.401	.481
	Kurtosis	6.387	.935
Perlakuan (Minggu 4)	Mean	178.0760	14.71600
	95% Confidence Interval for Mean	Lower Bound	147.5569
		Upper Bound	208.5952
	5% Trimmed Mean	176.6431	
	Median	166.1444	
	Variance	4980.898	
	Std. Deviation	70.57548	
	Minimum	68.22	
	Maximum	314.79	
	Range	246.57	
	Interquartile Range	105.72	
	Skewness	.382	.481
	Kurtosis	-.663	.935

## NPar Tests

### Wilcoxon Signed Ranks Test

#### Ranks

		N	Mean Rank	Sum of Ranks
Perlakuan (Minggu 4) – Kontrol (Minggu 1)	Negative Ranks	7 <sup>a</sup>	12.86	90.00
	Positive Ranks	16 <sup>b</sup>	11.63	186.00
	Ties	0 <sup>c</sup>		
	Total	23		

- a. Perlakuan (Minggu 4) < Kontrol (Minggu 1)
- b. Perlakuan (Minggu 4) > Kontrol (Minggu 1)
- c. Perlakuan (Minggu 4) = Kontrol (Minggu 1)

#### Test Statistics<sup>a</sup>

Perlakuan (Minggu 4) – Kontrol (Minggu 1)	Z	-1.460 <sup>b</sup>
Asymp. Sig. (2-tailed)		.144

- a. Wilcoxon Signed Ranks Test
- b. Based on negative ranks.

#### Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kontrol (Minggu 1)	.267	23	.000	.720	23	.000
Perlakuan (Minggu 4)	.115	23	.200*	.963	23	.520

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

## Descriptives

		Statistic	Std. Error
Kontrol (Minggu 1)	Mean	26.6696	1.64325
	95% Confidence Interval for Mean	Lower Bound	23.2617
		Upper Bound	30.0774
	5% Trimmed Mean	26.3343	
	Median	25.8000	
	Variance	62.106	
	Std. Deviation	7.88073	
	Minimum	14.80	
	Maximum	45.80	
	Range	31.00	
	Interquartile Range	12.10	
	Skewness	.489	.481
	Kurtosis	-.159	.935

## Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kontrol (Minggu 1)	.128	23	.200*	.954	23	.355

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

## Case Processing Summary

	Valid		Cases		Total	
	N	Percent	N	Percent	N	Percent
Kontrol (Minggu 1)	23	100.0%	0	0.0%	23	100.0%

## Descriptives

Kontrol (Minggu 1)		Statistic		Std. Error
		Mean	Lower Bound	
	95% Confidence Interval for Mean		24.8978	
			Upper Bound	30.9283
	5% Trimmed Mean		27.5947	
	Median		27.3000	
	Variance		48.618	
	Std. Deviation		6.97269	
	Minimum		18.90	
	Maximum		43.40	
	Range		24.50	
	Interquartile Range		14.00	
	Skewness		.464	.481
	Kurtosis		-.748	.935

## Tests of Normality

	Kolmogorov-Smirnov <sup>a</sup>			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Kontrol (Minggu 1)	.133	23	.200*	.935	23	.144

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

## T-Test

Paired Samples Statistics					
		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	Kontrol (Minggu 1)	26.6696	23	7.88073	1.64325
	Perlakuan (Minggu 4)	22.2609	23	5.00416	1.04344
TEWL kiri	Kontrol (Minggu 1)	27.9130	23	6.97269	1.45391
	Perlakuan (Minggu 4)	18.3070	23	3.90352	.81394

### Paired Samples Correlations

	N	Correlation	Sig.
Pair 1 Kontrol (Minggu 1) & Perlakuan (Minggu 4)	23	.434	.038
Pair 2 Kontrol (Minggu 1) & Perlakuan (Minggu 4)	23	.421	.045

### Paired Samples Test

	Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference		t	df	Sig. (2-tailed)
				Lower	Upper			
Pair 1 Kontrol (Minggu 1) – Perlakuan (Minggu 4)	4.40870	7.27236	1.51639	1.26389	7.55350	2.907	22	.008
Pair 2 Kontrol (Minggu 1) – Perlakuan (Minggu 4)	9.60609	6.39629	1.33372	6.84013	12.37205	7.202	22	.000

## T-Test

[DataSet0] /Users/thomasutomo/Downloads/drFarahspss/T test tidak berpasangan tewl m4.sav

### Group Statistics

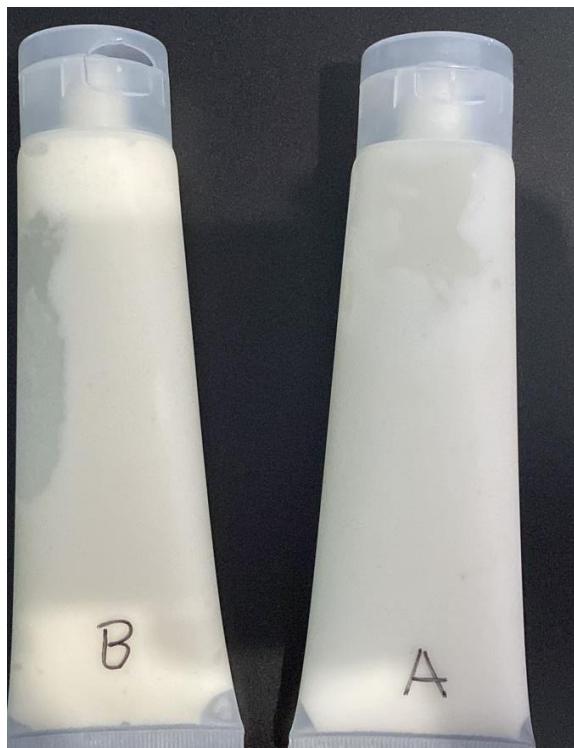
	perlakuan	N	Mean	Std. Deviation	Std. Error Mean
TEWL Minggu 4	Kontrol Minggu 4	23	22.2609	5.00416	1.04344
	Perlakuan Minggu 4	23	18.3070	3.90352	.81394

### Independent Samples Test

	Levene's Test for Equality of Variances			t-test for Equality of Means					95% Confidence Interval of the Difference	
	F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	Lower	Upper	
TEWL Minggu 4	Equal variances assumed	2.391	.129	2.988	44	.005	3.95391	1.32335	1.28687	6.62096
				2.988	41.539	.005	3.95391	1.32335	1.28240	6.62543

## Lampiran 4. Alat dan Bahan

### Lotion *Lactobacillus plantarum* dan lotion kontrol



### Enzyme-Linked Immunosorbent Assay (ELISA) Kit Interleukin-10

