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DAFTAR LAMPIRAN

Lampiran 1 Lembar Permohonan Menjadi Responden

Kepada,

Yth. Orang tua Calon Responden Di Tempat

Dengan Hormat,

Saya yang bertanda tangan di bawah ini adalah mahasiswa Jurusan Keperawatan Universitas Hasanuddin, Semester 6 (enam) :

Nama : Yati Jumiati
NIM : R011221066
No. Telepon : 081354403481
Alamat : Jl.Bontobaddo, Gowa

Akan mengadakan penelitian mengenai “Hubungan Status Gizi dan Asupan Makanan dengan Kualitas Hidup Anak yang Penyakit Jantung bawaan di Pusat Jantung Terpadu RSUP Dr. Wahidin Sudirohusodo Makassar“. Penelitian ini tidak akan menimbulkan akibat yang merugikan bagi responden.

Untuk itu saya mohon kesediaan bapak/ibu untuk mengizinkan anak bapak/ibu menjadi responden dalam penelitian ini. Semua informasi dan kerahasiaan yang diberikan akan di jaga dan hanya digunakan untuk kepentingan penelitian. Atas kesediaan bapak/ibu saya ucapan terima kasih.

Peneliti

Yati Jumiati

Lampiran 2

Pernyataan Persetujuan Menjadi Responden (Informed Consent)

Saya yang bertanda tangan di bawah ini:

Nama :

Umur :

Jenis Kelamin :

Menyatakan mengizinkan anak saya sebagai responden dalam penelitian yang akan dilakukan oleh :

Nama : Yati Jumiati

NIM : R011221066

Judul : Hubungan Status Gizi dan Asupan Makanan dengan Kualitas Hidup
Anak yang Penyakit Jantung bawaan di Pusat Jantung Terpadu RSUP Dr. Wahidin Sudirohusodo Makassar

Saya menyadari bahwa penelitian ini tidak bersifat negatif terhadap anak saya, sehingga jawaban yang saya berikan adalah yang sebenarnya dan akan di rahasiakan. Demikian pernyataan ini saya buat dengan sebenarnya agar dapat digunakan sebagai mana mestinya.

Responden

Lampiran.3

LEMBAR PENGUMPULAN DATA

Judul Penelitian : Hubungan Antara Status Gizi dan Asupan Makanan dengan Kualitas Hidup Pasien Anak dengan Penyakit Jantung Bawaan di Pusat Jantung Terpadu RSUP Dr.Wahidin Sudirohusodo Makassar

A. Karakteristik demografi

1. Nama Responden :
2. Umur :
3. Suku/ Bangsa :
4. Jenis kelamin :
5. Pendidikan Orang Tua :
6. Pekerjaan Orang Tua :

B. Status Gizi

1. BB :
2. TB :

C. Formulir Food Recall 24 jam

| Waktu Makan | Hari/Tanggal:..... | | | | | | | Keterangan | |
|-------------|--------------------|-----|---------------|---------------|-----|---------------|---------------------|------------|--|
| | Hidangan/Masakan | | | Bahan Makanan | | | | | |
| | Nama | URT | Estimasi Gram | Nama | URT | Estimasi Gram | Berat bersih (gram) | | |
| (1) | (2) | (3) | (4) | (5) | (6) | (7) | (8) | (9) | |
| | | | | | | | | | |

Lampiran. 4

LEMBAR PENGUMPULAN DATA

Judul Penelitian : Hubungan Antara Status Gizi dan Asupan Makanan dengan Kualitas Hidup Pasien Anak dengan Penyakit Jantung Bawaan di Pusat Jantung Terpadu RSUP Dr.Wahidin Sudirohusodo Makassar

A. Karakteristik demografi

1. Nama Responden :
2. Umur :
3. Suku/ Bangsa :
4. Jenis kelamin :
5. Pendidikan Orang Tua :
6. Pekerjaan Orang Tua :

B. Kualitas Hidup

| <i>Pediatric of Life Inventory (PedsQL) Cardiac Module</i> | | | | | | |
|--|---|-----------------|---------------------------|-------------------|--------|------------------|
| No | Pernyataan | Pilihan | | | | |
| | | Tidak Pernah | Hampir Tidak Pernah | Kadang- Kadang | Sering | Hampir Selalu |
| A | Masalah jantung (Dalam SATU bulan terakhir, berapa banyak masalah yang dialami anak Anda dengan...) | | | | | |
| 1 | Sesak napas saat melakukan aktivitas olahraga atau berolahraga | | | | | |
| 2 | Nyeri dada atau sesak saat melakukan aktivitas olahraga atau berolahraga | | | | | |
| 3 | Mudah masuk angin | | | | | |
| 4 | Detak jantung cepat | | | | | |
| 5 | Bibirnya membiru saat | | | | | |

| | | | | | | |
|---|---|--|--|--|--|--|
| | berlari | | | | | |
| 6 | Bangun di malam hari dengan kesulitan bernapas | | | | | |
| 7 | Harus istirahat lebih dari teman-temannya | | | | | |
| B | Pengobatan | | | | | |
| 1 | Menolak minum obat jantung | | | | | |
| 2 | Sulit minum obat jantung | | | | | |
| 3 | Obat jantung membuatnya merasa sakit | | | | | |
| 4 | Minum obat terlalu banyak | | | | | |
| 5 | Mendapatkan treatment khusus | | | | | |
| C | Penampilan Fisik yang dirasakan | | | | | |
| 1 | Merasa bahwa dia tidak tampan | | | | | |
| 2 | Tidak suka orang lain melihat bekas lukanya | | | | | |
| 3 | Digoda ketika anak-anak lain melihat bekas lukanya | | | | | |
| D | Kecemasan pengobatan | | | | | |
| 1 | Menjadi cemas ketika menunggu untuk menemui dokter | | | | | |
| 2 | Menjadi cemas untuk pergi ke dokter | | | | | |
| 3 | Menjadi cemas tentang pergi ke rumah sakit | | | | | |
| 4 | Menjadi cemas ketika dia harus menjalani perawatan medis | | | | | |
| E | Masalah kognitif | | | | | |
| 1 | Mencari tahu apa yang harus dilakukan ketika ada sesuatu yang mengganggunya | | | | | |
| 2 | Masalah dengan angka | | | | | |

| | | | | | | |
|---|--|--|--|--|--|--|
| | atau lembar kerja matematika | | | | | |
| 3 | Kesulitan menulis huruf atau kata | | | | | |
| 4 | Sulit memperhatikan guru | | | | | |
| 5 | Mengingat apa yang dibacakan untuknya | | | | | |
| F | Komunikasi | | | | | |
| 1 | Memberitahu dokter dan perawat bagaimana perasaannya | | | | | |
| 2 | Mengajukan pertanyaan kepada dokter atau perawat | | | | | |
| 3 | Menjelaskan masalah jantungnya kepada orang lain | | | | | |

Lampiran 5

Master tabel hubungan Antara Status Gizi dan Asupan Makanan dengan Kualitas Hidup Pasien Anak dengan Penyakit Jantung Bawaan di Pusat Jantung Terpadu RSUP DR. Wahidin Sudirohusodo Makassar.

| No | Inisial | Umur | JK | BB | TB | IMT | Status Gizi | | | | | |
|----|---------|------|----|----|-----|--------|-------------|----------|--------|--------------|----------|--------|
| | | | | | | | Zscore TB/U | Kategori | Koding | Zscore IMT/U | Kategori | Koding |
| 1 | MH | 14 | L | 22 | 140 | 11.429 | -3.3 | pendek | 1 | -5.6 | Kurus | 1 |
| 2 | FS | 11 | L | 19 | 125 | 11.904 | -2.86 | Pendek | 1 | -3.95 | kurus | 1 |
| 3 | MS | 14 | L | 22 | 129 | 13.16 | -4.67 | pendek | 1 | -3.71 | Kurus | 1 |
| 4 | KZ | 15 | P | 35 | 150 | 15.556 | -1.8 | Normal | 2 | -2.3 | kurus | 1 |
| 5 | MH | 8 | L | 15 | 110 | 12.397 | 3.42 | Tinggi | 2 | -3.09 | Kurus | 1 |
| 6 | NS | 10 | P | 21 | 124 | 13.918 | -2.52 | Pendek | 1 | -1.93 | lebih | 3 |
| 7 | MAM | 7 | L | 31 | 127 | 19.22 | 0.71 | Normal | 2 | 2.02 | lebih | 3 |
| 8 | FR | 11 | L | 20 | 123 | 13.22 | -2.99 | Pendek | 1 | 2.82 | Lebih | 3 |
| 9 | TH | 13 | L | 54 | 144 | 26.042 | -1.62 | Normal | 2 | 2.24 | Lebih | 3 |
| 10 | SY | 13 | L | 55 | 147 | 25.452 | -1.45 | Normal | 2 | 2.08 | lebih | 3 |
| 11 | ABM | 12 | L | 35 | 137 | 18.648 | -2.06 | Normal | 2 | 0.37 | Normal | 2 |
| 12 | FH | 9 | P | 14 | 115 | 10.208 | -3.15 | Pendek | 1 | -4.51 | Kurus | 1 |
| 13 | ATW | 12 | P | 27 | 129 | 15.925 | -3.9 | pendek | 1 | -1.18 | Normal | 2 |
| 14 | MA | 15 | L | 37 | 149 | 16.441 | -2.61 | Pendek | 1 | -1.6 | Normal | 2 |

| | | | | | | | | | | | | |
|----|-----|----|---|----|-----|--------|-------|--------|---|-------|--------|---|
| 15 | MRA | 11 | L | 29 | 138 | 15.228 | -1.16 | Normal | 2 | -1.22 | Normal | 2 |
| 16 | NA | 10 | P | 18 | 120 | 12.5 | -3.69 | pendek | 1 | -3.17 | Kurus | 1 |
| 17 | AKS | 12 | P | 41 | 149 | 18.468 | -0.65 | Normal | 2 | 0.06 | Normal | 2 |
| 18 | MSR | 11 | L | 25 | 135 | 13.717 | -1.33 | Normal | 2 | -2.37 | kurus | 1 |
| 19 | AS | 12 | P | 31 | 147 | 14.114 | -1.08 | Normal | 2 | -2.26 | Kurus | 1 |
| 20 | EM | 9 | L | 18 | 117 | 13.149 | -2.77 | Pendek | 1 | -2.4 | Kurus | 1 |
| 21 | SH | 7 | P | 20 | 118 | 14.364 | -0.69 | Normal | 2 | -0.22 | Normal | 2 |
| 22 | HN | 12 | P | 28 | 126 | 17.637 | -3.76 | pendek | 1 | -0.19 | Normal | 2 |
| 23 | CH | 15 | P | 45 | 134 | 25.061 | -4.15 | pendek | 1 | 1.27 | Lebih | 3 |
| 24 | AR | 11 | L | 22 | 130 | 13.018 | -2.14 | Pendek | 1 | -3.11 | Kurus | 1 |
| 25 | R | 7 | L | 15 | 99 | 15.305 | -4.68 | pendek | 1 | -0.21 | Normal | 2 |
| 26 | MR | 14 | L | 36 | 159 | 14.24 | -0.55 | Normal | 2 | -3.02 | kurus | 1 |
| 27 | MSS | 15 | L | 67 | 163 | 25.217 | -0.81 | Normal | 2 | 1.63 | Lebih | 3 |
| 28 | JS | 15 | L | 79 | 175 | 25.796 | 0.33 | Normal | 2 | 1.6 | Lebih | 3 |
| 29 | YST | 15 | P | 40 | 145 | 19.025 | -2.56 | Pendek | 1 | -0.6 | Normal | 2 |
| 30 | WY | 12 | L | 17 | 117 | 12.419 | -4.54 | pendek | 1 | -3.92 | Kurus | 1 |

| Asupan Protein | | | jumlah total | | | | Lemak | | | |
|---------------------------------------|--------------------------------------|-------------------------------|--------------|------------|-------------|----------|--------------|------------|-------------|----------|
| Pagi | Siang | Malam | jumlah total | persentase | AKG standar | kategori | Jumlah total | Presentase | AKG standar | Kategori |
| ayam 1/2P tahu 1/3 P | ikan 1/4 P tempe 1/3 P | ayam masak 1/2 P | 36.8 | 61% | 60,1 | kurang | 21.4 | 30% | 69,1 | Kurang |
| Ikan 1/2P tahu 1/2 P sayur 1/4P | telur 1 P | ayam 1 P | 35.6 | 59% | 60,1 | kurang | 17.3 | 25% | 69,1 | Kurang |
| ayam 1/2P roti 1/2 P Tahu 1/2 P | Ikan 1/2 P Telur 1P | ayam 1 P Apel 1/4P | 39 | 41% | 60,1 | kurang | 23 | 33% | 69,1 | Kurang |
| Ayam 1P+ Tahu 1P+ Biskuit 1P | telur 1 P +Roti 1P | mi basah 1P+biskuit 1P | 55.6 | 92% | 60,1 | Cukup | 48.1 | 70% | 69,1 | Kurang |
| Ikan 1/2P telur 1 P | Ayam1/2P tempe 1/2 P | Ikan 1/2 Tempe 1/2 | 59.8 | 99% | 60,1 | Cukup | 1.5 | 6% | 69,1 | Kurang |
| Ayam 1P+ Biskuit 1P+ pisang 1P | ikan 1P +sayur 1/2P+ Sosis 2P | Bakso 1/2P Susu 1P | 66 | 110% | 60,1 | Cukup | 28 | 41% | 69,1 | Kurang |
| Ayam 1P+ Tahu 1P+ Biskuit 1P | telur 1 P+ayam 1P +Roti 1P | mi basah 1P+biskuit 1P | 74.8 | 124% | 60,1 | Cukup | 39.9 | 58% | 69,1 | Kurang |
| telur 1SP+roti | ikan goreng 1SP+ Biskuit 1/2SP | Ikan 1 SP + Biskuit 1/2 SP | 72.1 | 60% | 60,1 | kurang | 59.5 | 86% | 69,1 | Cukup |

| | | | | | | | | | | |
|---|--|---|------|------|------|--------|------|------|------|--------|
| ayam 1SP+ apel 1/2Sp+ pear 1/2 Sp + anggur 1/2 SP | biskuit 1SP+ roti 1SP+daging | Biskuit 1 Sp+ ayam 1Sp + susu 1SP | 80 | 133% | 60,1 | Cukup | 70.8 | 103% | 69,1 | Cukup |
| Ayam 1P+ Tahu 1P+ Biskuit 1P | telur 1 P+ayam 1/2P +Roti 1P | mi ayam 1P+biskuit 1P | 67.3 | 112% | 60,1 | Cukup | 61 | 88% | 69,1 | Cukup |
| telur 1P+ sayur 1/2P +Tahu 1/2P | ikan 1 P+ sayur 1/2 P + tempe 1/2 P | ikan 1P+biskuit | 69.2 | 115% | 60,1 | Cukup | 70.9 | 103% | 69,1 | Cukup |
| ayam 1/2 SP + susu 1 SP | ayam 1/2 SP | ayam 1/2 SP | 44.8 | 74% | 60,1 | kurang | 33.6 | 49% | 69,1 | Kurang |
| telur 1P+ | ikan 1 P+ sayur 1/2 P | ayam 1P | 56.5 | 94% | 60,1 | Cukup | 43.6 | 63% | 69,1 | Kurang |
| telur Ayam 1P+ Tahu 1P+ Biskuit 1P+ pisang 1P | ayam +Roti+ apel | mi basah 1P+biskuit 1P | 71.1 | 118% | 60,1 | Cukup | 39.1 | 57% | 69,1 | Kurang |
| telur 1P+pepaya 1P + tahu 1/2P | ikan 1/2 P+ sayur 1/2 P | ayam 1/2P | 76.4 | 127% | 60,1 | Cukup | 41.1 | 60% | 69,1 | Kurang |
| ayam 1/2P +kerupuk 1/2P+ susu 1/2P + roti | telur 1/2P+tahu 1/2P +susu 1/2 P | daging sapi 1/2P+tempe 1/2 P | 56.4 | 94% | 60,1 | Cukup | 36 | 52% | 69,1 | Kurang |

| | | | | | | | | | | |
|----------------------------------|-------------------------------------|------------------------|-------|------|------|--------|------|------|------|--------|
| 1/2 P | + biskuit 1/2 P | | | | | | | | | |
| telur 1P | ikan 1/2 P+ sayur 1/2 P | ayam 1/2P | 53.5 | 89% | 60,1 | Cukup | 53.5 | 89% | 69,1 | Cukup |
| telur 1P+ sayur 1/2P +Tahu 1/2P | ikan 1 P+ sayur 1/2 P + tempe 1/2 P | ikan 1P | 60.4 | 100% | 60,1 | Cukup | 38.1 | 55% | 69,1 | kurang |
| telur 1P+pepaya 1P + tahu 1/2P | ikan 1/2 P+ sayur 1/2 P | ayam 1/2P | 56.1 | 93% | 60,1 | Cukup | 40.6 | 59% | 69,1 | kurang |
| Ikan 1/2P tahu 1/2 P sayur 1/4P | telur 1 P | ayam 1 P | 35.7 | 59% | 60,1 | kurang | 38.4 | 56% | 69,1 | kurang |
| telur 1/2P + susu 1P+ pisang 1 P | susu 1P+ apel 1P | ayam 1/2 P + susu 1 P+ | 121.9 | 203% | 60,1 | Cukup | 38.7 | 56% | 69,1 | kurang |
| telur 1P | ikan 1/2 P+ sayur 1/2 P | ayam 1/2P | 62.4 | 104% | 60,1 | Cukup | 74.5 | 108% | 69,1 | Cukup |
| Ayam 1P+ Tahu 1P+ Biskuit 1P | telur 1 P+ayam 1P +Roti 1P | mi basah 1P+biskuit 1P | 69 | 116% | 60,1 | Cukup | 59.7 | 86% | 69,1 | Cukup |
| ikan 1P+roti | ikan 1P+ biskuit 1/2P | ayam 1P | 45.2 | 75% | 60,1 | kurang | 20.1 | 29% | 69,1 | Kurang |

| | | | | | | | | | | |
|--|--|---|-------|------|------|--------|------|------|------|--------|
| telur 1/2P + susu 1P+ pisang 1 P | susu 1P+ apel 1P | telur 1/2 P + susu 1 P | 114.4 | 190% | 60,1 | Cukup | 24.4 | 35% | 69,1 | Kurang |
| ikan 1P | ikan 1P | ubi 1 P + telur 1P | 61.4 | 102% | 60,1 | Cukup | 34.5 | 50% | 69,1 | Kurang |
| Ayam 1P+ Tahu 1P+ Biskuit 1P | telur 1 P+ayam 1P +Roti 1P | mi basah + ayam1P+biskuit 1P + bakso 1/2 SP | 119.7 | 119% | 60,1 | Cukup | 83 | 120% | 69,1 | Cukup |
| Ayam 1P+roti 1P + 1P+tahu 1P+ sayur 1P+ pisang 1P | Ikan 1P+Tempe 1P+ sayur 1P+ telur 1 P+ pepaya 1 P | daging sapi 1P+Tahu 1P +sayur 1P+ kue | 101.5 | 169% | 60,1 | Cukup | 62.5 | 91% | 69,1 | Cukup |
| Ayam 1P+ tahu 1P+ sayur 1P+biskuit 1P | ayam 1P+telur 1P+ sayur 1/2 P+pepaya 1P+susu 1SP | Ayam 1 P+ Tempe 1/2 P + sayur 1/2 P+Melon 1/2P | 73.6 | 122% | 60,1 | Cukup | 52.1 | 75% | 69,1 | Kurang |
| telur 1SP | ikan goreng 1SP+ Biskuit 1/2SP | Ikan 1 SP + Biskuit 1/2 SP | 44.2 | 73% | 60,1 | kurang | 27.4 | 40% | 69,1 | Kurang |

| Asupan Energi | | | Total energi | | | | karbohidrat | | | |
|---------------|-----------|-------------------------------|--------------|------------|-------------|----------|--------------|------------|-------------|----------|
| Pagi | Siang | Malam | Jumlah total | Presentase | AKG standar | Kategori | Jumlah total | Presentase | AKG standar | Kategori |
| Nasi 1 SP | Nasi 1 SP | Nasi 1 SP | 717.5 | 55% | 2036,3 | Kurang | 91.4 | 51% | 290,7 | Kurang |
| Nasi 1SP | Nasi 1 SP | Nasi 1 SP | 669.3 | 33% | 2036,3 | Kurang | 88.3 | 30% | 290,7 | Kurang |
| Nasi 1SP | Nasi 1 SP | Nasi 1 SP | 844 | 41% | 2036,3 | Kurang | 115.6 | 40% | 290,7 | Kurang |
| Nasi 2SP | Nasi 2SP | - | 1857 | 91% | 2036,3 | Cukup | 270.5 | 93% | 290,7 | Cukup |
| Nasi 1SP | Nasi1SP | Nasi 1SP | 947.5 | 47% | 2036,3 | Kurang | 94.6 | 33% | 290,7 | Kurang |
| Nasi 2SP | Nasi2SP | mi basah 1/2 SP nasi 1/2SP | 1668 | 82% | 2036,3 | Cukup | 277.8 | 96% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | Nasi 1 SP | 2164 | 106% | 2036,3 | Cukup | 367.3 | 126% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1882.6 | 92% | 2036,3 | Cukup | 258.4 | 89% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 2142 | 105% | 2036,3 | Cukup | 290.8 | 100% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1941 | 95% | 2036,3 | Cukup | 277.4 | 95% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | Nasi 1 SP | 1623 | 80% | 2036,3 | Cukup | 180 | 62% | 290,7 | kurang |

| | | | | | | | | | | |
|---------------|--------------|--------------|--------|-----|--------|--------|-------|------|-------|--------|
| Nasi 1/2SP | Nasi 1/2SP | Nasi 1/2SP | 717.9 | 35% | 2036,3 | Kurang | 59.1 | 20% | 290,7 | kurang |
| Nasi 3 SP | Nasi 3 SP | Nasi 2 SP | 1666.9 | 82% | 2036,3 | Cukup | 256.1 | 88% | 290,7 | Cukup |
| Nasi 1SP | Nasi 1SP | - | 1657 | 81% | 2036,3 | Cukup | 252.6 | 87% | 290,7 | Cukup |
| Nasi 1 SP | Nasi 1 SP | Nasi 1 SP | 1655.7 | 81% | 2036,3 | Cukup | 238.3 | 82% | 290,7 | Cukup |
| Nasi 1/2 P | Nasi 1/2 P | Nasi 1/2 P | 1157 | 57% | 2036,3 | kurang | 149.3 | 51% | 290,7 | kurang |
| Nasi 1 SP | Nasi 1 SP | Nasi 1 SP | 1332.5 | 65% | 2036,3 | kurang | 120.9 | 42% | 290,7 | kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1247.5 | 61% | 2036,3 | kurang | 165.2 | 57% | 290,7 | kurang |
| Nasi 1 SP | Nasi 1 SP | Nasi 1 SP | 1011.5 | 50% | 2036,3 | kurang | 101.2 | 35% | 290,7 | kurang |
| Nasi 1SP | Nasi 1 SP | Nasi 1 SP | 1022 | 50% | 2036,3 | kurang | 131.8 | 45% | 290,7 | kurang |
| Nasi 1,5 P | mi basah 1P | nasi 1 P | 1707.7 | 84% | 2036,3 | cukup | 214.1 | 74% | 290,7 | kurang |
| Nasi 1 SP | Nasi 1 SP | Nasi 1 SP | 1282.9 | 63% | 2036,3 | kurang | 87.7 | 30% | 290,7 | kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 2016.3 | 99% | 2036,3 | cukup | 294.8 | 101% | 290,7 | Cukup |
| Nasi 1P | Nasi 1P | Nasi 1P | 958.5 | 47% | 2036,3 | kurang | 143.8 | 49% | 290,7 | kurang |

| | | | | | | | | | | |
|----------|----------|----------|--------|------|--------|--------|-------|-----|-------|--------|
| Nasi 1 P | nasi 1P | nasi 1 P | 1571.3 | 77% | 2036,3 | kurang | 221.2 | 76% | 290,7 | kurang |
| Nasi 1P | nasi 1P | Nasi 1P | 1273 | 63% | 2036,3 | kurang | 175 | 61% | 290,7 | kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 2105.4 | 103% | 2036,3 | cukup | 209.8 | 72% | 290,7 | Kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1729.8 | 85% | 2036,3 | cukup | 188.8 | 65% | 290,7 | Kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1359 | 67% | 2036,3 | Kurang | 146.9 | 51% | 290,7 | Kurang |
| Nasi 1SP | Nasi 1SP | Nasi 1SP | 1199.1 | 59% | 2036,3 | Kurang | 188.2 | 65% | 290,7 | Kurang |

| Asupan Vitamin A | Presentase | AKG Standar | Kategori | Asupan Vitamin C | Presentase | AKG Standar | Kategori | Asupan Zink | Presentase | AKG Standar | Kategori |
|------------------|------------|-------------|----------|------------------|------------|-------------|----------|-------------|------------|-------------|----------|
| 88.9 | 11% | 800 | Kurang | 3 | 3% | 100 | Kurang | 3.8 | 47% | 7,0 | Kurang |
| 222 | 25% | 900 | Kurang | 0.6 | 1% | 90,0 | Kurang | 3 | 43% | 7,0 | Kurang |
| 119.8 | 11% | 1100 | Kurang | 1.7 | 2% | 100 | Kurang | 3.5 | 36% | 9,5 | Kurang |
| 116.5 | 13% | 900 | Kurang | 0 | 0% | 100 | Kurang | 5.2 | 74% | 7,0 | Kurang |
| 221 | 28% | 800 | Kurang | 1 | 1% | 80 | Kurang | 4.5 | 64% | 10,0 | Kurang |
| 177.9 | 20% | 900 | Kurang | 7.9 | 9% | 90 | Kurang | 7.5 | 107% | 7,0 | Cukup |
| 129.5 | 18% | 800 | Kurang | 0 | 0% | 80 | Kurang | 7.1 | 101% | 7,0 | Cukup |
| 209 | 26% | 800 | Kurang | 2 | 3% | 80 | Kurang | 5.8 | 52% | 10,0 | kurang |
| 192 | 17% | 1100 | Kurang | 41 | 41% | 100 | Kurang | 9.7 | 102% | 9,5 | Cukup |
| 253 | 23% | 1100 | Kurang | 1 | 1% | 110 | Kurang | 6 | 64% | 9,5 | Kurang |
| 573 | 64% | 900 | Kurang | 6.5 | 7% | 90 | Kurang | 6.2 | 69% | 9,0 | Kurang |
| 322.5 | 40% | 800 | Kurang | 3.5 | 4% | 80 | Kurang | 3.3 | 46% | 7,0 | Kurang |
| 501.5 | 56% | 900 | Kurang | 3 | 3% | 90 | Kurang | 5 | 30% | 15,0 | Kurang |
| 156.5 | 14% | 1100 | Kurang | 7.5 | 8% | 100 | Kurang | 6.9 | 69% | 10,0 | Kurang |
| 553 | 50% | 1100 | Kurang | 33 | 33% | 100 | Kurang | 7.4 | 74% | 10,0 | Kurang |
| 80.2 | 9% | 900 | Kurang | 5.8 | 6% | 90 | Kurang | 6.3 | 89% | 7,0 | Cukup |
| 442.5 | 49% | 900 | Kurang | 3.5 | 4% | 90 | Kurang | 4.8 | 68% | 7,0 | Kurang |

| | | | | | | | | | | | |
|-------|------|------|--------|------|-----|-----|--------|------|------|------|--------|
| 989 | 110% | 900 | cukup | 4.5 | 5% | 90 | Kurang | 5.2 | 58% | 9,0 | Kurang |
| 922.5 | 103% | 900 | cukup | 35 | 39% | 90 | Kurang | 4.7 | 67% | 7,0 | Kurang |
| 834 | 104% | 800 | cukup | 4 | 50% | 80 | Kurang | 3.4 | 49% | 7,0 | Kurang |
| 312.5 | 39% | 800 | Kurang | 30.5 | 31% | 100 | Kurang | 13 | 186% | 7,0 | Cukup |
| 239 | 30% | 800 | Kurang | 1 | 1% | 100 | Kurang | 4.9 | 70% | 7,0 | Kurang |
| 261 | 29% | 900 | Kurang | 1 | 1% | 100 | Kurang | 6.4 | 91% | 7,0 | Cukup |
| 38.5 | 4% | 900 | Kurang | 1 | 1% | 90 | Kurang | 3.7 | 41% | 9,0 | Kurang |
| 314.5 | 39% | 800 | Kurang | 35 | 44% | 80 | Kurang | 13.2 | 189% | 7,0 | Cukup |
| 435 | 40% | 1100 | Kurang | 16 | 16% | 100 | Kurang | 4.2 | 44% | 9,5 | Kurang |
| 300.5 | 27% | 1100 | kurang | 0 | 0% | 100 | Kurang | 10.9 | 109% | 10,0 | Cukup |
| 791.5 | 72% | 1100 | kurang | 34.5 | 35% | 100 | Kurang | 9.7 | 97% | 10,0 | cukup |
| 1095 | 122% | 900 | cukup | 35.5 | 36% | 100 | Kurang | 6.8 | 97% | 7,0 | Cukup |
| 209 | 23% | 900 | Kurang | 1 | 1% | 90 | Kurang | 3.8 | 43% | 9,0 | kurang |

| Asupan Fe | presentase | AKG Standar | kategori | Asupan serat | presentase | AKG Standar | Kategori |
|-----------|------------|-------------|----------|--------------|------------|-------------|----------|
| 3.8 | 25% | 15,0 | Kurang | 2 | 7% | 30,0 | Kurang |
| 3.6 | 24% | 15,0 | Kurang | 1.5 | 5% | 28,0 | Kurang |
| 2.5 | 21% | 21,0 | Kurang | 2.8 | 9% | 30,0 | Kurang |
| 8.9 | 60% | 15,0 | Kurang | 8.7 | 29% | 30,0 | Kurang |
| 4 | 40% | 10,0 | Kurang | 1.5 | 6% | 25,0 | Kurang |
| 4.2 | 28% | 15 | Kurang | 6.1 | 22% | 28,0 | Kurang |
| 8.1 | 81% | 10 | Cukup | 9.2 | 37% | 25,0 | Kurang |
| 5.8 | 83% | 7,0 | Cukup | 6.7 | 27% | 25,0 | Kurang |
| 6.8 | 57% | 12,0 | Kurang | 12 | 40% | 30,0 | Kurang |
| 7.5 | 63% | 12,0 | Kurang | 8.3 | 28% | 30,0 | Kurang |
| 11.4 | 95% | 12,0 | Cukup | 5.6 | 20% | 28,0 | Kurang |
| 2.8 | 28% | 10,0 | Kurang | 1.8 | 7% | 25,0 | Kurang |
| 4.8 | 30% | 15,0 | Kurang | 4.8 | 17% | 28,0 | Kurang |
| 10.9 | 90% | 12,0 | Cukup | 13.2 | 44% | 30,0 | Kurang |
| 8.7 | 72% | 12,0 | Kurang | 10.5 | 35% | 30 | Kurang |
| 4.7 | 31% | 15,0 | Kurang | 2.8 | 10% | 28 | Kurang |
| 3.8 | 26% | 15,0 | Kurang | 2 | 7% | 28 | Kurang |
| 10.3 | 86% | 12,0 | Cukup | 5.9 | 21% | 28 | Kurang |
| 4.2 | 28% | 15,0 | Kurang | 4.2 | 15% | 28 | Kurang |
| 6.4 | 65% | 10,0 | Kurang | 4.8 | 19% | 25 | Kurang |
| 3.6 | 24% | 15,0 | Kurang | 3.5 | 12% | 30 | Kurang |
| 5.5 | 37% | 15,0 | Kurang | 2.1 | 7% | 30 | Kurang |
| 5.4 | 36% | 15,0 | Kurang | 8.2 | 27% | 30 | Kurang |
| 2.7 | 23% | 12,0 | Kurang | 4.4 | 16% | 28 | Kurang |
| 2.5 | 25% | 10,0 | Kurang | 3.3 | 13% | 25 | kurang |
| 6.5 | 55% | 12,0 | Kurang | 4.8 | 16% | 30 | Kurang |
| 10.6 | 88% | 12,0 | cukup | 7.2 | 24% | 30,0 | kurang |
| 14.9 | 124% | 12,0 | Cukup | 8.6 | 29% | 30 | kurang |
| 8.9 | 60% | 15,0 | kurang | 7.5 | 25% | 30 | kurang |
| 3.6 | 30% | 12,0 | kurang | 4.7 | 17% | 28 | kurang |

| Masalah Jantung | | | | | | | | Pengobatan | | | | | | Fisik | | | |
|-----------------|-----|----|----|-----|-----|----|-------|------------|-----|-----|-----|-----|-------|-------|-----|-----|-------|
| 1 | 2 | 3 | 4 | 5 | 6 | 7 | Total | 1 | 2 | 3 | 4 | 5 | Total | 1 | 2 | 3 | Total |
| 25 | 75 | 50 | 50 | 100 | 75 | 25 | 400 | 75 | 75 | 75 | 100 | 50 | 375 | 75 | 100 | 100 | 275 |
| 25 | 50 | 25 | 75 | 75 | 100 | 25 | 375 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 25 | 50 | 25 | 75 | 75 | 100 | 25 | 375 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 25 | 25 | 50 | 50 | 50 | 100 | 25 | 325 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |
| 25 | 50 | 50 | 50 | 25 | 25 | 75 | 300 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |
| 25 | 25 | 50 | 75 | 25 | 75 | 25 | 300 | 100 | 100 | 100 | 100 | 25 | 425 | 75 | 100 | 100 | 275 |
| 25 | 25 | 50 | 75 | 75 | 75 | 25 | 350 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |
| 75 | 100 | 25 | 50 | 50 | 75 | 50 | 425 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |
| 75 | 75 | 50 | 75 | 100 | 100 | 50 | 525 | 100 | 100 | 100 | 100 | 100 | 500 | 100 | 100 | 100 | 300 |
| 50 | 50 | 50 | 50 | 75 | 75 | 50 | 400 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |
| 75 | 50 | 50 | 50 | 25 | 75 | 25 | 350 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 50 | 50 | 50 | 75 | 75 | 75 | 25 | 400 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 75 | 75 | 75 | 75 | 100 | 100 | 50 | 550 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 50 | 50 | 50 | 50 | 75 | 75 | 25 | 375 | 75 | 75 | 75 | 50 | 50 | 325 | 75 | 100 | 100 | 275 |
| 25 | 50 | 75 | 50 | 75 | 100 | 50 | 425 | 75 | 75 | 75 | 75 | 50 | 350 | 75 | 100 | 100 | 275 |

| | | | | | | | | | | | | | | | | | |
|-----|-----|----|----|-----|-----|----|-----|-----|-----|-----|-----|----|-----|----|-----|-----|-----|
| 25 | 25 | 50 | 25 | 75 | 75 | 25 | 300 | 75 | 75 | 75 | 50 | 25 | 300 | 75 | 50 | 100 | 225 |
| 100 | 75 | 50 | 75 | 100 | 75 | 25 | 500 | 100 | 100 | 100 | 100 | 25 | 425 | 75 | 100 | 100 | 275 |
| 75 | 75 | 25 | 75 | 50 | 100 | 50 | 450 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 75 | 75 | 25 | 75 | 50 | 100 | 50 | 450 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 25 | 25 | 50 | 25 | 25 | 50 | 25 | 225 | 75 | 75 | 100 | 100 | 50 | 400 | 75 | 100 | 100 | 275 |
| 50 | 75 | 75 | 75 | 75 | 100 | 50 | 500 | 75 | 75 | 100 | 100 | 50 | 400 | 75 | 100 | 100 | 275 |
| 25 | 25 | 50 | 25 | 100 | 100 | 25 | 350 | 75 | 75 | 100 | 50 | 50 | 350 | 75 | 50 | 100 | 225 |
| 75 | 0 | 75 | 75 | 75 | 75 | 75 | 450 | 75 | 75 | 100 | 75 | 50 | 375 | 75 | 100 | 100 | 275 |
| 50 | 50 | 50 | 75 | 100 | 100 | 50 | 475 | 75 | 75 | 100 | 100 | 50 | 400 | 75 | 100 | 100 | 275 |
| 50 | 50 | 50 | 50 | 100 | 75 | 25 | 100 | 75 | 75 | 100 | 100 | 50 | 400 | 75 | 100 | 100 | 275 |
| 50 | 100 | 50 | 50 | 100 | 100 | 50 | 500 | 75 | 75 | 100 | 100 | 50 | 400 | 75 | 100 | 100 | 275 |
| 25 | 100 | 25 | 75 | 100 | 50 | 25 | 400 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 75 | 50 | 75 | 50 | 75 | 100 | 50 | 475 | 100 | 100 | 100 | 100 | 50 | 450 | 75 | 100 | 100 | 275 |
| 25 | 25 | 25 | 50 | 100 | 100 | 25 | 350 | 75 | 75 | 100 | 75 | 50 | 375 | 50 | 50 | 100 | 200 |
| 25 | 25 | 50 | 75 | 100 | 75 | 25 | 375 | 75 | 75 | 100 | 75 | 50 | 375 | 75 | 100 | 100 | 275 |

| Kecemasan | | | | | Kognitif | | | | | | Komunikasi | | | | kategori | Total |
|-----------|-----|-----|-----|-------|----------|-----|-----|-----|-----|-------|------------|----|----|-------|----------|-------|
| 1 | 2 | 3 | 4 | Total | 1 | 2 | 3 | 4 | 5 | Total | 1 | 2 | 3 | Total | | |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 75 | 75 | 75 | 225 | 2 | 1875 |
| 100 | 100 | 75 | 75 | 350 | 50 | 75 | 75 | 75 | 25 | 300 | 75 | 75 | 75 | 225 | 1 | 1975 |
| 100 | 100 | 75 | 75 | 350 | 50 | 75 | 75 | 75 | 25 | 300 | 75 | 75 | 75 | 225 | 1 | 1975 |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 75 | 75 | 75 | 225 | 2 | 1800 |
| 75 | 75 | 75 | 75 | 300 | 75 | 50 | 75 | 50 | 25 | 275 | 75 | 75 | 75 | 225 | 2 | 1725 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 75 | 75 | 75 | 225 | 2 | 1825 |
| 75 | 75 | 75 | 75 | 300 | 100 | 75 | 75 | 75 | 50 | 375 | 75 | 75 | 75 | 225 | 2 | 1875 |
| 75 | 75 | 75 | 75 | 300 | 100 | 50 | 75 | 50 | 25 | 300 | 75 | 75 | 75 | 225 | 2 | 1875 |
| 100 | 100 | 100 | 100 | 400 | 50 | 100 | 100 | 100 | 100 | 450 | 50 | 75 | 50 | 175 | 1 | 2350 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 75 | 200 | 2 | 1825 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 75 | 200 | 2 | 1875 |
| 75 | 75 | 75 | 75 | 300 | 75 | 50 | 75 | 50 | 50 | 300 | 75 | 75 | 75 | 225 | 1 | 1950 |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 75 | 75 | 75 | 225 | 1 | 2125 |

| | | | | | | | | | | | | | | | | |
|-----|-----|-----|-----|-----|-----|-----|-----|-----|----|-----|-----|-----|-----|-----|---|------|
| 75 | 75 | 75 | 50 | 275 | 75 | 50 | 75 | 50 | 25 | 275 | 75 | 75 | 75 | 225 | 2 | 1750 |
| 75 | 75 | 75 | 75 | 300 | 50 | 100 | 100 | 100 | 25 | 375 | 25 | 25 | 25 | 75 | 2 | 1800 |
| 75 | 75 | 50 | 50 | 250 | 75 | 0 | 0 | 0 | 50 | 125 | 100 | 100 | 100 | 300 | 2 | 1400 |
| 100 | 100 | 100 | 100 | 400 | 50 | 100 | 100 | 100 | 25 | 375 | 50 | 100 | 100 | 250 | 1 | 2225 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 75 | 200 | 1 | 1975 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 75 | 200 | 1 | 1975 |
| 100 | 100 | 75 | 75 | 350 | 50 | 75 | 75 | 50 | 25 | 275 | 100 | 100 | 100 | 300 | 2 | 1825 |
| 75 | 75 | 75 | 75 | 300 | 100 | 0 | 0 | 0 | 50 | 150 | 100 | 100 | 100 | 300 | 1 | 1925 |
| 50 | 50 | 50 | 50 | 200 | 75 | 75 | 75 | 75 | 25 | 325 | 75 | 75 | 100 | 250 | 2 | 1700 |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 50 | 75 | 75 | 200 | 1 | 1925 |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 75 | 75 | 75 | 225 | 1 | 2000 |
| 75 | 75 | 75 | 50 | 275 | 100 | 0 | 0 | 0 | 50 | 150 | 100 | 100 | 100 | 300 | 2 | 1700 |
| 75 | 75 | 75 | 75 | 300 | 75 | 75 | 75 | 75 | 25 | 325 | 50 | 75 | 50 | 175 | 1 | 1975 |
| 75 | 75 | 75 | 75 | 300 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 50 | 175 | 2 | 1800 |
| 75 | 75 | 75 | 75 | 300 | 25 | 75 | 100 | 100 | 25 | 325 | 50 | 75 | 50 | 175 | 1 | 2000 |
| 75 | 75 | 75 | 50 | 275 | 50 | 75 | 75 | 75 | 25 | 300 | 50 | 75 | 50 | 175 | 2 | 1675 |
| 75 | 75 | 75 | 50 | 275 | 50 | 50 | 75 | 50 | 50 | 275 | 75 | 75 | 75 | 225 | 2 | 1800 |

Lampiran .6 Output SPSS

Umur (Tahun)

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 7 | 3 | 10.0 | 10.0 | 10.0 |
| | 8 | 1 | 3.3 | 3.3 | 13.3 |
| | 9 | 2 | 6.7 | 6.7 | 20.0 |
| | 10 | 2 | 6.7 | 6.7 | 26.7 |
| | 11 | 5 | 16.7 | 16.7 | 43.3 |
| | 12 | 6 | 20.0 | 20.0 | 63.3 |
| | 13 | 2 | 6.7 | 6.7 | 70.0 |
| | 14 | 3 | 10.0 | 10.0 | 80.0 |
| | 15 | 6 | 20.0 | 20.0 | 100.0 |
| | Total | 30 | 100.0 | 100.0 | |

| Karakteristik | n (30) | % (100) |
|---------------|----------|---------|
| Umur | | |
| 7 Tahun | 3 | 10,0 |
| 8 Tahun | 1 | 3,3 |
| 9 Tahun | 2 | 6,7 |
| 10 Tahun | 2 | 6,7 |
| 11 Tahun | 5 | 16,7 |
| 12 Tahun | 6 | 20,0 |
| 13 Tahun | 2 | 6,7 |
| 14 Tahun | 3 | 10,0 |
| 15 Tahun | 6 | 20,0 |
| Jenis kelamin | | |
| Laki - laki | 19 | 63,3 |
| Perempuan | 11 | 36,7 |
| Pendidikan | | |
| SD | 16 | 53,3 |
| SLTP | 6 | 20,0 |
| SMA | 8 | 26,7 |

Status Gizi

| Statistics | | | |
|----------------|---------|-----------|-----------|
| | | Z-ScoreTB | ZscoreIMT |
| N | Valid | 30 | 30 |
| | Missing | 0 | 0 |
| Mean | | -2.1013 | -1.2157 |
| Median | | -2.3300 | -1.4100 |
| Std. Deviation | | 1.78756 | 2.27629 |
| Minimum | | -4.68 | -5.60 |
| Maximum | | 3.42 | 2.82 |

| Report | | | |
|----------|----------------|-----------|-----------|
| zsoreTB1 | | Z-ScoreTB | ZscoreIMT |
| pendek | Mean | -3.3937 | -1.9994 |
| | N | 16 | 16 |
| | Std. Deviation | 0.82443 | 2.24554 |
| normal | Mean | -0.6243 | -0.3200 |
| | N | 14 | 14 |
| | Std. Deviation | 1.39233 | 2.02993 |
| Total | Mean | -2.1013 | -1.2157 |
| | N | 30 | 30 |
| | Std. Deviation | 1.78756 | 2.27629 |

| Report | | | |
|------------|----------------|-----------|-----------|
| ZscoreIMT1 | | Z-ScoreTB | ZscoreIMT |
| kurus | Mean | -2.3008 | -3.3138 |
| | N | 13 | 13 |
| | Std. Deviation | 2.07945 | 1.01874 |
| normal | Mean | -2.3433 | -0.8244 |
| | N | 9 | 9 |
| | Std. Deviation | 1.52502 | 0.78448 |
| lebih | Mean | -1.5050 | 1.7538 |
| | N | 8 | 8 |
| | Std. Deviation | 1.61608 | 0.73079 |
| Total | Mean | -2.1013 | -1.2157 |
| | N | 30 | 30 |
| | Std. Deviation | 1.78756 | 2.27629 |

| Statistics | | | | | | | | | |
|----------------|--------------|--------------------|----------------|--------------|----------|---------|--------|-----------|--------|
| | energi total | asupan karbohidrat | asupan protein | asupan lemak | vit A | vitc | zink | asupan fe | serat |
| N | Valid | 30 | 30 | 30 | 30 | 30 | 30 | 30 | 30 |
| | Missing | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |
| Mean | 1437.563 | 188.563 | 66.013 | 42.743 | 370.027 | 10.667 | 6.197 | 6.247 | 5.623 |
| Median | 1465.150 | 184.100 | 61.900 | 39.500 | 257.000 | 3.500 | 5.500 | 5.450 | 4.800 |
| Std. Deviation | 450.5611 | 78.0214 | 23.1671 | 19.0388 | 289.6126 | 14.0565 | 2.7206 | 3.1561 | 3.1829 |
| Minimum | 669.3 | 59.1 | 35.6 | 1.5 | 38.5 | 0.0 | 3.0 | 2.5 | 1.5 |
| Maximum | 2164.0 | 367.3 | 121.9 | 83.0 | 1095.0 | 41.0 | 13.2 | 14.9 | 13.2 |

Qolmas_jantung * Qol_total

| Crosstab | | | | | | |
|----------------|-------|-------------------------|-----------|-------|--------|--|
| | | | Qol_total | | Total | |
| | | | Baik | Buruk | | |
| Qolmas_jantung | Baik | Count | 11 | 3 | 14 | |
| | | % within Qolmas_jantung | 78.6% | 21.4% | 100.0% | |
| | Buruk | Count | 2 | 14 | 16 | |
| | | % within Qolmas_jantung | 12.5% | 87.5% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_jantung | 43.3% | 56.7% | 100.0% | |

Qolmas_pengobatan * Qol_total

| | | | Crosstab | | | |
|-------------------|-------|----------------------------|-----------|-------|--------|--|
| | | | Qol_total | | Total | |
| Qolmas_pengobatan | Baik | Count | 12 | 5 | | |
| | | % within Qolmas_pengobatan | 70.6% | 29.4% | 100.0% | |
| | Buruk | Count | 1 | 12 | 13 | |
| | | % within Qolmas_pengobatan | 7.7% | 92.3% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_pengobatan | 43.3% | 56.7% | 100.0% | |

Qolmas_fisik * Qol_total

| | | | Crosstab | | | |
|--------------|-------|-----------------------|-----------|--------|--------|--|
| | | | Qol_total | | Total | |
| Qolmas_fisik | Baik | Count | 13 | 16 | | |
| | | % within Qolmas_fisik | 44.8% | 55.2% | 100.0% | |
| | Buruk | Count | 0 | 1 | 1 | |
| | | % within Qolmas_fisik | 0.0% | 100.0% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_fisik | 43.3% | 56.7% | 100.0% | |

Qolmas_cemas * Qol_total

| | | | Crosstab | | Total | |
|--------------|-------|-----------------------|-----------|--------|--------|--|
| | | | Qol_total | | | |
| | | Baik | Buruk | | | |
| Qolmas_cemas | Baik | Count | 13 | 11 | 24 | |
| | | % within Qolmas_cemas | 54.2% | 45.8% | 100.0% | |
| | Buruk | Count | 0 | 6 | 6 | |
| | | % within Qolmas_cemas | 0.0% | 100.0% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_cemas | 43.3% | 56.7% | 100.0% | |

Qolmas_Kognitif * Qol_total

| | | | Crosstab | | Total | |
|-----------------|-------|------------------------|-----------|-------|--------|--|
| | | | Qol_total | | | |
| | | Baik | Buruk | | | |
| Qolmas_kognitif | Baik | Count | 12 | 11 | 23 | |
| | | % within Qolmas_cemass | 52.2% | 47.8% | 100.0% | |
| | Buruk | Count | 1 | 6 | 7 | |
| | | % within Qolmas_cemass | 14.3% | 85.7% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_cemass | 43.3% | 56.7% | 100.0% | |

Qolmas_komunikasi * Qol_total

| Crosstab | | | | | | |
|-------------------|-------|-------------------------------|-----------|-------|--------|--|
| | | | Qol_total | | Total | |
| Qolmas_komunikasi | Baik | Count | Baik | Buruk | | |
| | | % within Qolmas_komunikasi | 36.8% | 63.2% | 100.0% | |
| | Buruk | Count | 6 | 5 | 11 | |
| | | % within Qolmas_komunikasi | 54.5% | 45.5% | 100.0% | |
| Total | | Count | 13 | 17 | 30 | |
| | | % within Qolmas_komunikasi | 43.3% | 56.7% | 100.0% | |

| Asupan Energi * Qol_total Crosstabulation | | | | | |
|---|--------|-----------|-------|-------|----|
| Count | | | | | |
| | | Qol_total | | Total | |
| Asupan Energi | Cukup | Baik | Buruk | Total | 14 |
| | Kurang | 8 | 8 | 16 | |
| Total | | 13 | 17 | 30 | |

| Asupan Karbohidrat * Qol_total Crosstabulation | | | | | |
|--|--------|-----------|-------|-------|----|
| Count | | | | | |
| | | Qol_total | | Total | |
| Asupan Karbohidrat | Cukup | Baik | Buruk | Total | 10 |
| | Kurang | 10 | 10 | 20 | |
| Total | | 13 | 17 | 30 | |

| Asupan Protein * Qol_total Crosstabulation | | | | |
|---|--------|-----------|-------|-------|
| Count | | | | |
| | | Qol_total | | Total |
| Asupan Protein | Cukup | Baik | Buruk | |
| | Kurang | 5 | 4 | 9 |
| Total | | 13 | 17 | 30 |

| asupan lemak * Qol_total Crosstabulation | | | | |
|---|--------|-----------|-------|-------|
| Count | | | | |
| | | Qol_total | | Total |
| asupan lemak | cukup | Baik | Buruk | |
| | kurang | 9 | 12 | 21 |
| Total | | 13 | 17 | 30 |

| vitA * Qol_total Crosstabulation | | | | |
|---|--------|-----------|-------|-------|
| Count | | | | |
| | | Qol_total | | Total |
| vitA | cukup | Baik | Buruk | |
| | kurang | 12 | 15 | 27 |
| Total | | 13 | 17 | 30 |

| vitcc * Qol_total Crosstabulation | | | | |
|--|--------|-----------|-------|-------|
| Count | | | | |
| | | Qol_total | | Total |
| vitcc | kurang | Baik | Buruk | |
| | Total | 13 | 17 | 30 |
| Total | | 13 | 17 | 30 |

| zink * Qol_total Crosstabulation | | | | | |
|---|--------|------------------|-------|--------------|--|
| Count | | | | | |
| | | Qol_total | | Total | |
| zink | cukup | Baik | Buruk | | |
| | kurang | 9 | 11 | 20 | |
| Total | | 13 | 17 | 30 | |

| asupan fe * Qol_total Crosstabulation | | | | | |
|--|--------|------------------|-------|--------------|--|
| Count | | | | | |
| | | Qol_total | | Total | |
| asupan fe | cukup | Baik | Buruk | | |
| | kurang | 11 | 12 | 23 | |
| Total | | 13 | 17 | 30 | |

| serat * Qol_total Crosstabulation | | | | | |
|--|--------|------------------|-------|--------------|--|
| Count | | | | | |
| | | Qol_total | | Total | |
| serat | kurang | Baik | Buruk | | |
| | Total | 13 | 17 | 30 | |
| Total | | 13 | 17 | 30 | |

Tabel 7. Hubungan Antara Status Gizi dan Asupan Makanan dengan Kualitas Hidup Pasien Anak Penyakit Jantung Bawaan di Pusat Jantung Terpadu RSUP Dr. Wahidin Sudirohusodo Makassar

| Status Gizi | Kualitas Hidup | | | | | | | | | | | |
|---|----------------------------------|-------------------------------------|-------------------------------------|----------------------------------|----------------------------------|----------------------------------|-------------------------------------|----------------------------------|-------------------------------------|----------------------------------|-------------------------------------|----------------------------------|
| | Masalah Jantung | | Fisik | | Pengobatan | | Cemas | | Kognitif | | Komunikasi | |
| | Baik | Buruk | Baik | Buruk | Baik | Buruk | Baik | Buruk | Baik | Buruk | Baik | Buruk |
| TB/U Pendek Normal Tinggi | 5(35,7%) 9(64,3%) 0 (0,0%) | 10(66,7%) 4 (26,7%) 1 (6,6%) | 15(51,7%) 13(44,8%) 1 (3,4%) | 1 (6,3%) 0 (0,0%) 0 (0,0%) | 8(47,1%) 9(52,9%) 0 (0,0%) | 8(47,1%) 4(30,8%) 1 (7,7%) | 10 41,7%) 13(54,2%) 1 (4,2%) | 6 (100%) 0 (0,0%) 0 (0,0%) | 11(47,8%) 12(52,2%) 0 (0,0%) | 5(71,4%) 1(14,3%) 1(14,3%) | 14(73,7%) 4 (21,1%) 1 (5,3%) | 2(18,2%) 9(81,8%) 0 (0,0%) |
| IMT/U Kurus Normal Lebih | 5(35,7%) 4(28,6%) 5(35,7%) | 8 (50,0%) 5 (31,3%) 3 (18,8%) | 13(44,8%) 8 (27,6%) 8 (27,6%) | 0 (0,0%) 1(100%) 0 (0,0%) | 8(47,1%) 5(29,4%) 4(23,5%) | 5(38,5%) 4(30,8%) 4(30,8%) | 11(45,8%) 5 (20,8%) 8 (33,3%) | 2(33,3%) 4(66,7%) 0 (0,0%) | 9 (39,1%) 6 (26,1%) 8 (34,8%) | 4(57,1%) 3(42,9%) 0 (0,0%) | 10(52,6%) 6 (31,6%) 3 (15,8%) | 3(27,3%) 3(27,3%) 5(45,4%) |
| Asupan Makanan Energi Cukup Kurang | 8(57,1%) 6(42,9%) | 6 (40,0%) 9 (60,0%) | 14(48,3%) 15(51,7%) | 0 (0,0%) 1(100%) | 7\41,2%) 10(58,8%) | 7(53,8%) 6(46,2%) | 13(54.2%) 11(45.8%) | 1(16.7%) 5(83.3%) | 12(52.2%) 11(47.8%) | 2(28,6%) 5(71,4%) | 7 (36,8%) 12(63,2%) | 7(63,6%) 4(36,4%) |
| Protein Cukup Kurang | 10(71,4%) 4 (44,4%) | 10(66,7%) 5 (33,3%) | 20(69,0%) 9 (31,0%) | 1(100%) | 11(64,7%) 6 (35,3%) | 10(76,9%) 3 (23,1%) | 16(66,7%) 8 (33,3%) | 5(83,3%) 1(16,7%) | 16(69,6%) 7 (30,4%) | 5(71,4%) 2(28,6%) | 11(57,9%) 8 (42,1%) | 10(90,9%) 1 99,1%) |

| | | | | | | | | | | | | | |
|--------------------|-----------|-----------|-----------|----------|-----------|-----------|-----------|----------|-----------|----------|-----------|-----------|--|
| Lemak | | | | | | | | | | | | | |
| Cukup | 6 (42,9%) | 3 (20,0%) | 9 (31,0%) | 0 (0,0%) | 5 (29,4%) | 4 (30,8%) | 8 (33,3%) | 1(16,7%) | 9 (39,1%) | 0 (0,0%) | 3 (15,8%) | 6 (54,5%) | |
| Kurang | 8 (57,1%) | 12(80,0%) | 20(69,0%) | 1(100%) | 12(70,6%) | 9 (42,9%) | 16(66,7%) | 5(83,3%) | 14(60,9%) | 7 (100%) | 16(84,2%) | 5 (45,5%) | |
| Karbohidrat | | | | | | | | | | | | | |
| Cukup | 6 (42,9%) | 4 (26,7%) | 10(34,5%) | 0 (0,0%) | 3 (17,6%) | 7 (53,8%) | 9 (37,5%) | 1(16,7%) | 9 (39,1%) | 1(14,3%) | 6 (31,6%) | 4 (36,4%) | |
| Kurang | 8 (57,1%) | 11(73,3%) | 19(65,5%) | 1(100%) | 14(82,4%) | 6 (46,2%) | 15(62,5%) | 5(83,3%) | 14(60,9%) | 6(85,7%) | 13(68,4%) | 7 (63,6%) | |

NPar Tests

| Test Statistics ^{a,b} | | |
|-------------------------------------|-----------|------------|
| | zscoreTB1 | ZscoreIMT1 |
| Kruskal-Wallis H | 22.203 | 4.370 |
| df | 1 | 1 |
| Asymp. Sig. | 0.000 | 0.037 |
| a. Kruskal Wallis Test | | |
| b. Grouping Variable: Qualityoflife | | |

Lampiran .8 Persuratan



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN

RISET, DAN TEKNOLOGI

UNIVERSITAS HASANUDDIN

FAKULTAS KESEHATAN MASYARAKAT

Jln. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp.(0411) 585658,

E-mail : fkm.unhas@gmail.com, website: https://fkm.unhas.ac.id/

REKOMENDASI PERSETUJUAN ETIK

Nomor: 5629/UN4.14.1/TP.01.02/2023

Tanggal: 12 Oktober 2023

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan dengan Protokol berikut ini telah mendapatkan Persetujuan Etik:

| | | | |
|-----------------------------------|--|--|---|
| No.Protokol | 29923091296 | No. Sponsor Protokol | |
| Peneliti Utama | Yati Jumiatti | Sponsor | Pribadi |
| Judul Peneliti | Hubungan Antara Status Gizi Dan Asupan Makanan Dengan Kualitas Hidup Pasien Anak Penyakit Jantung Bawaan Di Pusat Jantung Terpadu RSUP Dr Wahidin Sudirohusodo Makassar | | |
| No.Versi Protokol | I | Tanggal Versi | 29 September 2023 |
| No.Versi PSP | I | Tanggal Versi | 29 September 2023 |
| Tempat Penelitian | RSUP Dr. Wahidin Sudirohusodo Makassar | | |
| Jadwal Review | <input checked="" type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input type="checkbox"/> Fullboard | Masa Berlaku 12 Oktober 2023 Sampai 12 Oktober 2024 | Frekuensi review lanjut |
| Ketua Komisi Etik Penelitian | Nama : Prof.dr.Veni Hadju,M.Sc,Ph.D | Tanda tangan |  12 Oktober 2023 |
| Sekretaris Komisi Etik Penelitian | Nama : Dr. Wahiduddin, SKM, M.Kes | Tanda tangan |  12 Oktober 2023 |

Kewajiban Peneliti Utama :

1. Merekrutkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
2. Merekrutkan Laporan SAE ke Komisi Etik dalam 24 jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 jam setelah Peneliti Utama menerima laporan
3. Merekrutkan Laporan Keberhasilan (progress report) setiap 6 bulan untuk penelitian risiko tinggi dan setiap setahun untuk penelitian risiko rendah
4. Merekrutkan laporan akhir setelah Penelitian berakhir
5. Melaporkan pernyimpangan dari protokol yang disetujui (protocol deviation/violations)
6. Mematuhi semua peraturan yang ditentukan





PEMERINTAH PROVINSI SULAWESI SELATAN
DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU

Jl. Bougainville No.5 Telp. (0411) 441077 Fax. (0411) 448936
 Website : <http://simap-new.sulselprov.go.id> Email : ptsp@sulselprov.go.id
 Makassar 90231

| | | |
|----------|--------------------------|--------------------------|
| Nomor | : 26141/S.01/PTSP/2023 | Kepada Yth. |
| Lampiran | : - | Direktur RSUP Dr Wahidin |
| Perihal | : <u>Izin penelitian</u> | Sudirohusodo Makassar |

di-
 Tempat

Berdasarkan surat Dekan Fak. Kependidikan Univ. Hasanuddin Makassar Nomor : 2934/LN4,18.1/PT.01.04/2023 tanggal 15 September 2023 perihal tersebut diatas, mahasiswa/peneliti dibawah ini:

| | |
|-------------------|--------------------------------------|
| Nama | : YATI JUMIATI |
| Nomor Pokok | : R011221066 |
| Program Studi | : Ilmu Kependidikan |
| Pekerjaan/Lembaga | : Mahasiswa (S1) |
| Alamat | : Jl. P. Kemerdekaan Km 10, Makassar |

PROVINSI SULAWESI SELATAN

Bermaksud untuk melakukan penelitian di daerah/kantor saudara dalam rangka menyusun SKRIPSI, dengan judul :

" HUBUNGAN ANTARA STATUS GIZI DAN ASUPAN MAKANAN DENGAN KUALITAS HIDUP PASIEN ANAK PENYAKIT JANTUNG BAWAAN DI PUSAT JANTUNG TERPADU RSUP DR. WAHIDIN SUDIROHUSODO MAKASSAR "

Yang akan dilaksanakan dari : Tgl. 19 September s/d 30 November 2023

Sehubungan dengan hal tersebut diatas, pada prinsipnya kami menyatakan kegiatan dimaksud dengan ketentuan yang tertera di belakang surat Izin penelitian,

Demikian Surat Keterangan ini diberikan agar dipergunakan sebagaimana mestinya.

Diterbitkan di Makassar
 Pada Tanggal 19 September 2023

KEPALA DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU
 SATU PINTU PROVINSI SULAWESI SELATAN



ASRUL SANI, S.H., M.Si.
 Pangkat : PEMBINA TINGKAT I
 Nip : 19750321 200312 1 008

Tembusan Yth
 1. Dekan Fak. Kependidikan Univ. Hasanuddin Makassar di Makassar;
 2. Pertigaal;



KEMENTERIAN KESEHATAN REPUBLIK INDONESIA

DIREKTORAT JENDERAL PELAYANAN KESEHATAN

RUMAH SAKIT UMUM PUSAT DR. WAHIDIN SUDIROHUSODO

Jalan Perintis Kemerdekaan Km. 11 Tamalanrea, Makassar, Kode Pos 90245

Telp. (0411) 584675 – 581818 (Hunting), Fax. (0411) 587676

Laman : www.dinkes.go.id; Surat Elektronik : suratkesehatan@kemkes.go.id



Nomor
Hal.

DPI.04.03/D.XX/2/18613/2023
Izin Penelitian

29 September 2023

Yth. Ketua Program Studi Sarjana Keperawatan
Fakultas Keperawatan Universitas Hasanuddin

Selanjutnya dengan surat saudara nomor 2614105.01/PTSP/2023, tertanggal 19 September 2023, hal. Permohonan Izin Penelitian, dipot kami fasilitasi dan memberikan izin pelaksanaan penelitian kepada:

| | |
|--------------|--|
| Nama | Yadi Jumiatti |
| NIM | RS012231066 |
| Prog. Pend. | Sarjana Keperawatan |
| No. HP | 081354403481 |
| Judul | Hubungan Antara Status Gizi dan Asupan Makanan dengan Kualitas Hidup Pasien Anak Penyakit Jantung Bawaan di Pusat Jantung Terpadu RSUP Dr. Wahidin Sudirohusodo Makassar |
| Jangka Waktu | Tiga Bulan Setelah Surat ini di Keluarkan |
| Lokasi | Poli/Klinik Jantung dan Tindakan Non Invasif Jantung; Ruang Perawatan Intensif (CVCU, ICU, HCU, dan ICCU); Ruang Perawatan Jantung dan Non Jantung |

dengan ketentuan sebagai berikut :

1. Mengikuti seluruh peraturan dan ketentuan penelitian yang berlaku di lingkup RSUP Dr. Wahidin Sudirohusodo
2. Sebelum menulis, peneliti wajib melapor kepada Pengawas Penelitian di masing-masing unit yang menjadi lokasi penelitian dan mengikuti syarat administrasi di Clinical Research Unit (CRU).
3. Pelaksanaan penelitian tidak mengganggu proses pelayanan, dan mendukung upaya peningkatan mutu pelayanan serta kenyamanan pasien.
4. Pemeriksaan penunjang, Bahia Habib Pakai (BHP) dan lain-lain yang digunakan dalam penelitian, menjadi tanggung jawab peneliti, tidak dibebankan kepada pasien ataupun RS
5. Peneliti melaporkan proses penelitian secara periodik, serta hasil penelitian di akhir waktu penelitian di link <https://rsupwsl.id/SurveiEdu>
6. Mencantumkan nama RSUP Dr. Wahidin Sudirohusodo sebagai afiliasi institusi dalam naskah dan publikasi penelitian.
7. Surat Keterangan Selesai Penelitian menjadi salah satu syarat untuk mengikuti Seminar Hasil Penelitian
8. Buku Penyerahan Skripsi/Thesis/Dissertasi ke RSUP Dr. Wahidin Sudirohusodo menjadi syarat pemyessehan studi.

Mohon dapat dipastikan agar ketentuan tersebut dipenuhi peneliti sebelum menyelesaikan studi di institusi saudara. Atas perhatian dan kerjasama yang baik, diucapkan terima kasih.

a.n. Direktur Utama
Direktur SDM, Pendidikan dan Penelitian.



Dr. dr. Nuriman AS Daud, Sp.PD, K-GEH, FINASIM

NIP 291112542000031004

Tembusan:

1. Kepala Instansi Pusat Jantung Terpadu (Cardiac Centre)
2. Kepala Sub Instansi Poli dan Tindakan Non Invasif Jantung
3. Kepala Sub Instansi Perawatan Intensif (CVCU, ICU, HCU dan ICCU) dan Unit Gawat Darurat
4. Kepala Sub Instansi Perawatan Jantung dan Non Jantung

Dokumen ini bukan alternatif pengacara elektronik yang ditentukan oleh Baku Standard Elektronik (BSE) ISSN

Halaman Persetujuan

Hubungan antara status gizi dan asupan makanna dengan kualitas hidup anak dengan penyakit jantung bawaan di Poliklinik Penyakit Jantung Bawaan

RSUP. Dr. Wahidin Sudirohusodo Makassar



Oleh :

YATI JUMIATI

NIM R011221066

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Pembimbing II

Framita Rahman, S.Kep., Ns., M.Sc

NIP :199007212019032022

HUBUNGAN ANTARA STATUS GIZI DAN ASUPAN MAKANAN DENGAN KUALITAS HIDUP
PASIEN ANAK PENYAKIT JANTUNG BAWAAN DI PUSAT JANTUNG TERPADU
RSUP DR. WAHIDIN SUDIROHUSODO MAKASSAR



Oleh :

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