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LAMPIRAN

Supplement

Tabel 1 Analisa Karakteristik subjek penelitian

	Minimum	Maximum	Mean	Std. Deviation
Usia (Tahun)	50	79	63,69	6,620
IMT (Kg)	15,00	40,80	25,2921	5,77292
Body Fat (%)	23,00	46,50	33,0519	5,84548
Massa Otot(%)	18,00	28,10	21,4981	2,41900

Tabel 2 Kelompok Massa Otot

		Frequency	Percent
Kelompok Massa Otot	Rendah	43	82,7
	Normal	9	17,3
	Total	52	100,0

Tabel 3 Kelompok Massa Lemak Tubuh

		Frequency	Percent
Kelompok Body Fat	Normal	17	32,7
	Tinggi	35	67,3
	Total	52	100,0

Tabel 4 Kelompok Indeks Massa Tubuh

		Frequency	Percent
Kelompok Indeks Massa tubuh	Non Obese	28	53,85
	Obese	24	46,15
	Total	52	100,0

Tabel 5 Kelompok Derajat Osteoarthritis genu berdasarkan Kellgren Lawrence

		Frequency	Percent
Kelompok KL	KL I-II	23	44,2
	KL III- IV	29	55,8
	Total	52	100,0

Tabel 6. Hubungan massa lemak tubuh dengan derajat keparahan osteoarthritis sendi lutut berdasarkan kriteria Kellgren Lawrence

		Kelompok KL			Nilai P	OR (CI95%)	
		KL I-II	KL III-IV	Total			
Kelompok Body Fat	Normal	n	13	4	17	0,002	8,125
		%	76,5%	23,5%	100,0%		
	Tinggi	n	10	25	35		
		%	28,6%	71,4%	100,0%		
Total	n	23	29	52			
	%	44,2%	55,8%	100,0%			

Tabel 7. Hubungan massa otot tubuh dengan derajat keparahan osteoarthritis sendi lutut berdasarkan kriteria Kellgren Lawrence

			Kelompok KL		Total	Nilai P
			KL I-II	KL III-IV		
Massa Otot	Rendah	n	19	24	43	1,000
		%	44,2%	55,8%	100,0%	
	Normal	n	4	5	9	
		%	44,4%	55,6%	100,0%	
Total	n	23	29	52		
	%	44,2%	55,8%	100,0%		

Tabel 8. Hubungan indeks massa tubuh dengan derajat keparahan osteoartritis sendi lutut berdasarkan kriteria Kellgren Lawrence

		Kelompok KL		Total	Nilai P	OR (CI95%)	
		KL I-II	KL III-IV				
Kelompok IMT	Non Obes	N	16	12	28	0,043	3,23)
		%	57,1%	42,9%	100,0%		
	Obes	N	7	17	24		
		%	29,2%	70,8%	100,0%		
Total	N	23	29	52			
	%	44,2%	55,8%	100,0%			