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Lampiran 1 *Informed Consent*

INFORMED CONSENT

Kepada Yth.
Ibu, Sdr/Sdri
Di -
Tempat

Dengan hormat,

Perkenalkan saya **Hamidah** mahasiswa Prosessarjana Universitas Hasanuddin Makassar. Saat ini saya sedang melaksanakan penelitian yang berjudul “Pengaruh *Spiritual Emosional Freedom Technique (Seft)* terhadap Derajat Nyeri, Kortisol serum, dan IL 6 Serum pada Pasien Kanker Serviks Di RS Gatot Soebroto Jakarta.”

Kuesioner ini adalah alat pengumpulan data yang hasilnya akan digunakan sebagai data utama dalam penelitian ilmiah ini. Saya mohon kerjasama Ibu, Sdr/Sdri untuk menjawab pertanyaan kuesioner ini sesuai dengan keadaan dan pendapat yang sejujurnya.

Tidak ada penilaian benar ato salah dalam kuesioner ini. Jawaban Ibu, Sdr/Sdri hanya akan digunakan untuk kepentingan penelitian semata-mata. Saya menjamin kerahasiaan identitas serta informasi atau keterangan yang disampaikan sesuai dengan etika yang berlaku.

Bila Ibu, Sdr/Sdri bersedia ikut serta dalam penelitian ini, mohon menandatangani formulir persetujuan ini. Sebelum dan sesudahnya saya ucapkan terimakasih.

Tanggal : 2021
Nama :
Alamat :
Tanda Tangan

Lampiran 2 Kuesioner

a. Karakteristik Responden

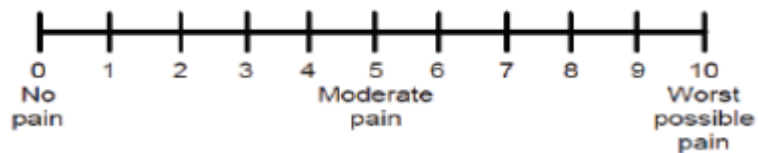
Beri tanda (√) pada kotak di depan pilihan jawaban yang telah disediakan.

1. Nama / Kode Responden :
2. Umur : : tahun
3. Agama : 1. Islam 4. Hindu
 2. Kristen 5. Buddha
 3. Katholik 6. Lainnya
4. Pendidikan : 1. Tidak sekolah 4. SMU
 2. SD 5. PT
 3. SMP 6. Lainnya
5. Usia pertamakali menikah : tahun
6. Jumlah anak (paritas) :
7. Jenis kontrasepsi :
8. IMT :

b. Skala Pengukuran Nyeri

Pengukuran nyeri menggunakan *Numerical Rating Scale* (NRS) mulai dari 0 sampai dengan 10. Minta pasien untuk menunjukkan angka (1-10) atau intensitas nyeri yang dirasakan saat ini. Lingkari (O) nomor nyeri yang Ibu rasakan.

0–10 Numeric Pain Rating Scale



Keterangan:

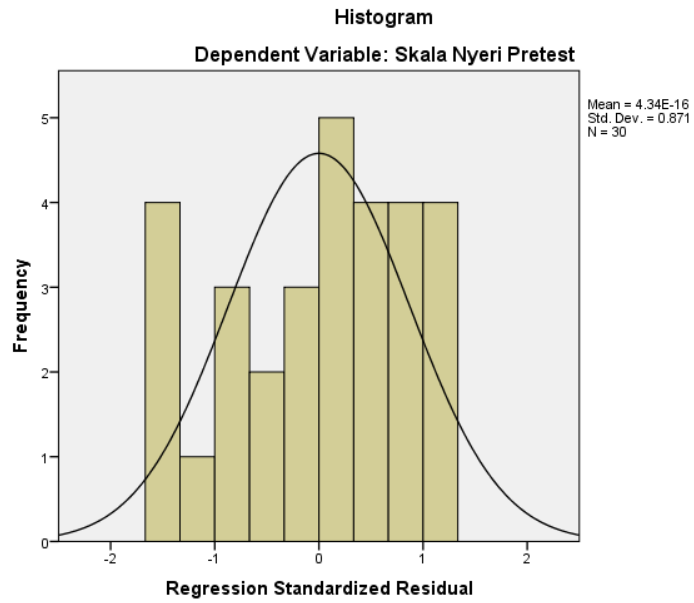
- Skala 0: Tidak nyeri
- Skala 1-3: Nyeri ringan
- Skala 4-6: Nyeri sedang
- Skala 7-10: Nyeri berat

c. Prosedur SEFT (*Spiritual Emosional Freedom Tehnique*)

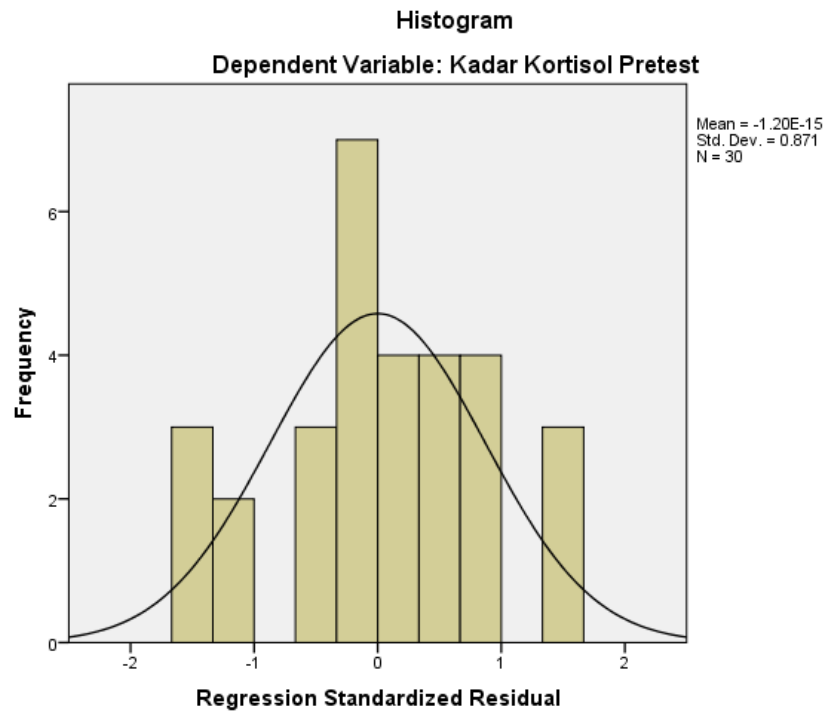
1	Tujuan: <ol style="list-style-type: none">1. Untuk mengurangi nyeri pada pasien kanker serviks2. Memberikan rasa nyaman pada kanker serviks
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2	Cara melakukan teknik SEFT (<i>Spiritual Emosional Freedom Tehnique</i>) 1. Jelaskan pada responden tentang pengertian, manfaat, dan tujuan tehnik SEFT (<i>Spiritual Emosional Freedom Tehnique</i>) 2. Mengajarkan kepada responden cara melakukan tehnik SEFT (<i>Spiritual Emosional Freedom Tehnique</i>)
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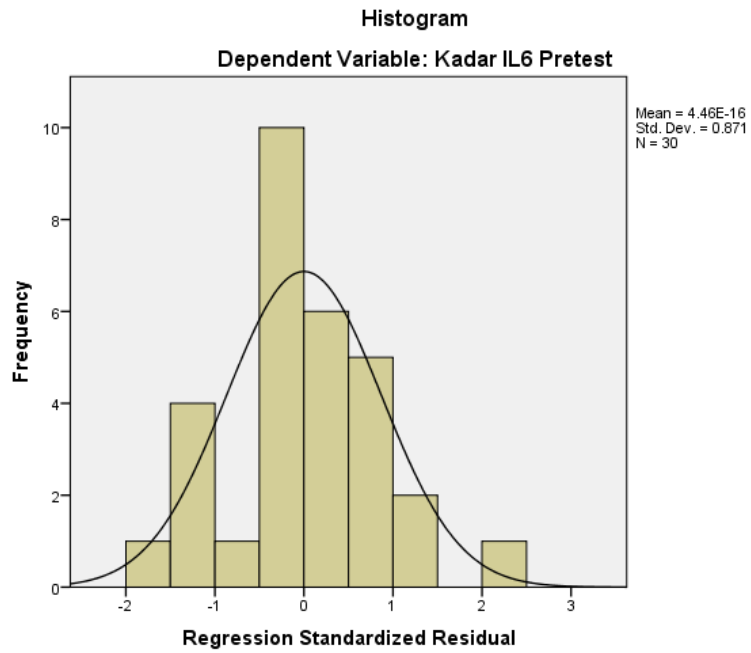
Lampiran



Uji Normalitas Histogram Tingkat Nyeri



Uji Normalitas Histogram Kadar Kortisol



Uji Normalitas Histogram Kadar IL6



REKOMENDASI PERSETUJUAN ETIK

Nomor : 493/UN4.6.4.5.31/ PP36/ 2021

Tanggal: 30 Juli 2021

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH21070442	No Sponsor Protokol	
Peneliti Utama	Hamidah, SST,MKM	Sponsor	
Judul Peneliti	PENGARUH SPIRITUAL EMOSIONAL FREEDOM TECHNIQUE (SEFT) TERHADAP DERAJAT NYERI, CORTISOL, DAN IL 6 SERUM PADA PASIEN KANKER SERVIKS PASCA KEMOTERAPI DI RS GATOT SOEBROTO DKI JAKARTA		
No Versi Protokol	2	Tanggal Versi	28 Juli 2021
No Versi PSP	2	Tanggal Versi	28 Juli 2021
Tempat Penelitian	RS Gatot Soebroto dan RS Kanker Darmais Jakarta		
Jenis Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard Tanggal 28 Juli 2021	Masa Berlaku 30 Juli 2021 sampai 30 Juli 2022	Frekuensi review lanjutan
Ketua Komisi Etik Penelitian Kesehatan FKUH	Nama Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)	Tanda tangan	
Sekretaris Komisi Etik Penelitian Kesehatan FKUH	Nama dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari prokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan