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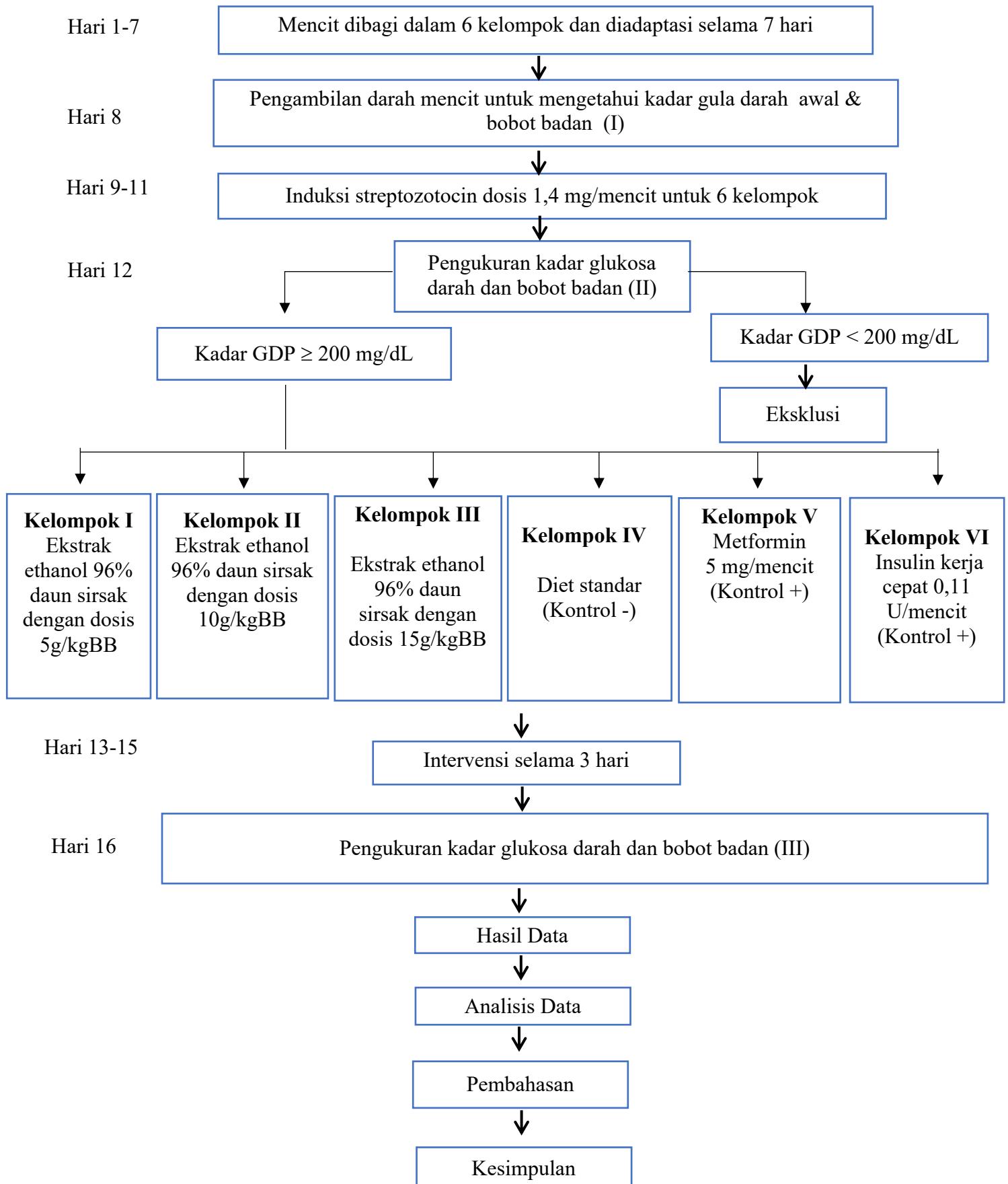
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## Lampiran 1. Skema Kerja



## Lampiran 2. Perhitungan Dosis

### 1. Dosis Streptozotocin

- STZ memiliki dosis 40 mg/kgBB pada tikus
- Untuk tikus 200 g =  $200 \text{ g} / 1000 \text{ g} \times 40 \text{ mg} = 8 \text{ mg}$
- Faktor konversi dari tikus 200 g ke mencit 20 g = 0,14
- Pada mencit 20 g =  $8 \times 0,14 = 1,12 \text{ mg/ mencit}$
- Rata-rata BB mencit = 25 g
- Dosis streptozotocin untuk mencit 25 g =  $(25 \text{ g} / 20 \text{ g}) \times 1,12 \text{ mg} = 1,4 \text{ mg}$
- Total kebutuhan =  $1,4 \text{ mg} \times 24 \text{ ekor} \times 3 \text{ hari} = 100,8 \text{ mg}$
- Dosis pengenceran =  $100,8 \text{ mg} + 10 \text{ ml aquadest} = \pm 10 \text{ ml}$  lalu dibagi 72 dosis = **0,14 ml (intra peritoneal)**

### 2. Dosis Ektrak Daun Sirsak

- Berat mencit rata-rata 25 g
- 25 g = 0,025 kg
- Dosis 1 =  $5 \text{ g/kg BB} = 0,025 \text{ kg} \times 5 \text{ g/kg BB} = 0,125 \text{ g (per oral)}$
- Dosis 2 =  $10 \text{ g/kg BB} = 0,025 \text{ kg} \times 10 \text{ g/kg BB} = 0,250 \text{ g (per oral)}$
- Dosis 3 =  $15 \text{ g/kg BB} = 0,025 \text{ kg} \times 15 \text{ g/kg BB} = 0,325 \text{ g (per oral)}$
- Total Kebutuhan =  
 $0,125 \text{ g} \times 4 \text{ ekor} \times 3 \text{ hari} = 1,5 \text{ g}$   
 $0,250 \text{ g} \times 4 \text{ ekor} \times 3 \text{ hari} = 3 \text{ g}$   
 $0,375 \text{ g} \times 4 \text{ ekor} \times 3 \text{ hari} = 4,5 \text{ g}$

**9 gram**

Cara kerja yaitu 100 gram daun sirsak ditimbang setelah dihaluskan dan diencerkan dengan 1 liter ethanol 96%, lalu diolah menggunakan rotarory evaporator dan dipanaskan dengan waterbath hingga diperoleh ekstrak kental =  $\pm 20$  gram

### 3. Dosis Metformin

- Dosis metformin untuk manusia = 1500 mg/ hari
- Konversi dari manusia 70 kg ke mencit 20 g = 0,0026
- Untuk mencit 20 g =  $1500 \text{ mg} \times 0,0026 = 3,9 \text{ mg}$
- Rata-rata BB mencit = 25 g
- Dosis metformin untuk mencit 25 g =  $(25 \text{ g}/20 \text{ g}) \times 3,9 \text{ mg} = 4,875 \text{ mg} = 5 \text{ mg}$
- Total kebutuhan =  $5 \text{ mg} \times 4 \text{ ekor} \times 3 \text{ hari} = 60 \text{ mg}$

- Cara kerja =  $\frac{\text{Kadar diinginkan} \times \text{Berat sediaan}}{\text{Kadar sediaan}} = \frac{60 \text{ mg}}{500 \text{ mg}} \times 600 \text{ mg}$   
 $= 72 \text{ mg}$
- Dosis pengenceran =  $72 \text{ mg} + 10 \text{ ml aquadest} = \pm 10 \text{ ml}$  lalu dibagi 12 dosis = **0,8 ml (per oral)**

#### 4. Dosis Insulin kerja cepat

- Dosis insulin untuk manusia = 0,5 U/kgBB
- Rata-rata berat manusia = 70 kg, Kebutuhan insulin =  $0,5 \text{ U} \times 70 \text{ kg} = 35 \text{ U}$
- Konversi dari manusia ke mencit 20 g = 0,0026
- Untuk mencit 20 g =  $35 \text{ U} \times 0,0026 = 0,091 \text{ U}$
- Rata-rata BB mencit = 25 g
- Dosis insulin untuk mencit 25 g =  $(25 \text{ g}/20 \text{ g}) \times 0,091 \text{ U} = 0,11 \text{ U/mencit}$
- Total kebutuhan =  $0,11 \text{ U} \times 4 \text{ ekor} \times 3 \text{ hari} = 1,3 \text{ U}$
- Dosis pengenceran =  $1,3 \text{ U}$  insulin + 3 ml aquadest =  $\pm 3 \text{ ml}$  lalu dibagi dalam 12 dosis = **0,25 ml (via sub cutan)**

## ALLOMETRI

Diketahui Dicari	Mencit 20 g	Tikus 200 g	Marmut 400 g	Kelinci 1,5 kg	Kucing 1,5 kg	Kera 4 kg	Anjing 12 kg	Manusia 70 kg
Mencit 20 g	1,0	7,0	12,23	27,8	29,7	64,1	124,2	387,9
Tikus 200 g	0,14	1,0	1,74	3,9	4,2	9,2	17,8	56,0
Marmut 400 g	0,08	0,57	1,0	2,25	2,4	5,2	10,2	31,5
Kelinci 1,5 kg	0,04	0,25	0,44	1,0	1,08	2,4	4,5	14,2
Kucing 1,5 kg	0,03	0,23	0,41	0,92	1,0	2,2	4,1	13,0
Kera 4 kg	0,016	0,11	0,19	0,42	0,43	0,1	1,9	6,1
Anjing 12 kg	0,008	0,06	0,1	0,22	1,24	0,52	1,0	3,1
Manusia 70 kg	0,0026	0,018	0,031	0,07	0,076	0,16	0,32	1,0

### Lampiran 3. Dokumentasi Penelitian



Gambar 18. Daun sirsak (*Annona muricata L.*) yang sudah dicuci bersih dan siap untuk dikeringkan



Gambar 19. Proses penyaringan ekstrak ethanol 96% daun sirsak (*Annona muricata L.*)



Gambar 20. Proses pemisahan pelarut ethanol 96% dari ekstrak yang sudah terbentuk melalui alat rotary evaporator.



1. Air dimasukkan ke dalam bejana  
2. Atur suhu yang dikehendaki dan hidupkan water bath  
3. Masukkan benda yang akan dipanaskan ke dalam air (untuk tangas air yang tetapkan benda pada silih satu lubang (untuk tangas air), ingat lubang lain yang tidak)

Gambar 21. Proses pemanasan ekstrak cair daun sirsak menjadi ekstrak kental melalui alat waterbath



Gambar 22. Ekstrak kental ethanol 96% daun sirsak (*Annona muricata L.*)



Gambar 23. Proses adaptasi hewan uji (*Mus musculus*)



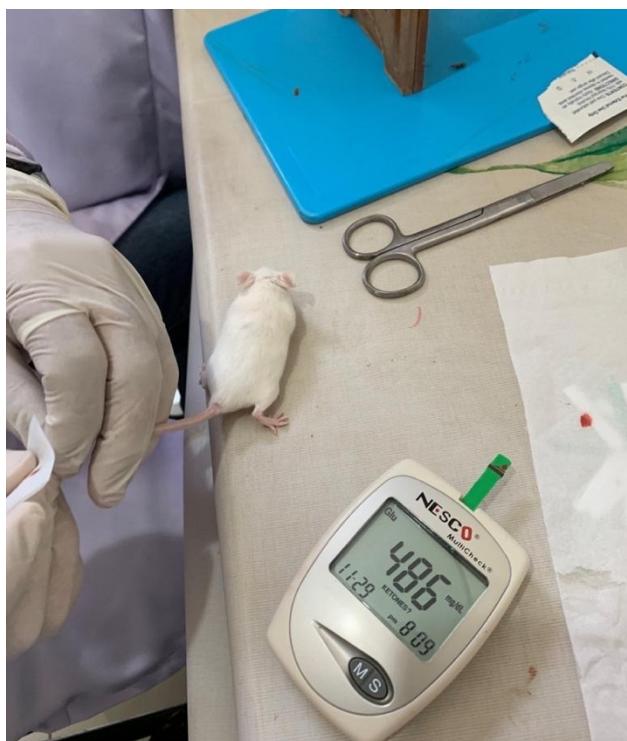
Gambar 24. Penimbangan berat badan hewan uji (*Mus musculus*)



Gambar 25. Pengukuran glukosa darah hewan uji (*Mus musculus*) sebelum intervensi



Gambar 26. Penyuntikan streptozotocin pada hewan uji (*Mus musculus*) via intraperitoneal



Gambar 27. Pengukuran glukosa darah hewan uji (*Mus musculus*) setelah induksi streptozotocin agar menjadi hiperglikemia



Gambar 28. Persiapan intervensi menggunakan ekstrak kental daun sirsak, metformin dan insulin aspart.



Gambar 29. Pemberian ekstrak kental daun sirsak via oral menggunakan sonde lambung



Gambar 30. Pemberian insulin aspart via injeksi subkutan

## Lampiran 4. Analisis Data

### 1. Analisis Data GDP (gula darah puasa)

#### ➔ General Linear Model

[DataSet0]

#### Within-Subjects Factors

Measure: GDP

time	Dependent Variable
1	GDP1
2	GDP2
3	GDP3

#### Between-Subjects Factors

Kelompok	N
K-	4
K+1	3
K+2	3
P1	3
P2	4
P3	3

#### Descriptive Statistics

	Kelompok	Mean	Std. Deviation	N
GDP1	K-	137.25	35.650	4
	K+1	122.33	8.737	3
	K+2	135.33	45.960	3
	P1	144.67	11.150	3
	P2	143.50	15.759	4
	P3	140.33	8.505	3
	Total	137.55	23.345	20
GDP2	K-	310.75	74.554	4
	K+1	310.33	36.910	3
	K+2	321.00	54.672	3
	P1	433.00	176.570	3
	P2	327.75	91.584	4
	P3	275.00	38.575	3
	Total	328.60	91.663	20
GDP3	K-	341.50	56.347	4
	K+1	70.67	23.587	3
	K+2	473.00	106.972	3
	P1	128.67	22.679	3
	P2	114.00	9.487	4
	P3	98.67	5.508	3
	Total	206.75	156.185	20

### Multivariate Tests<sup>a</sup>

Effect		Value	F	Hypothesis df	Error df	Sig.	Partial Eta Squared
time	Pillai's Trace	.850	36.741 <sup>b</sup>	2.000	13.000	.000	.850
	Wilks' Lambda	.150	36.741 <sup>b</sup>	2.000	13.000	.000	.850
	Hotelling's Trace	5.653	36.741 <sup>b</sup>	2.000	13.000	.000	.850
	Roy's Largest Root	5.653	36.741 <sup>b</sup>	2.000	13.000	.000	.850
time * Kelompok	Pillai's Trace	1.152	3.801	10.000	28.000	.003	.576
	Wilks' Lambda	.057	8.281 <sup>b</sup>	10.000	26.000	.000	.761
	Hotelling's Trace	12.857	15.429	10.000	24.000	.000	.865
	Roy's Largest Root	12.567	35.186 <sup>c</sup>	5.000	14.000	.000	.926

a. Design: Intercept + Kelompok  
Within Subjects Design: time

b. Exact statistic

c. The statistic is an upper bound on F that yields a lower bound on the significance level.

### Mauchly's Test of Sphericity<sup>a</sup>

Measure: GDP

Within Subjects Effect	Mauchly's W	Approx. Chi-Square	df	Sig.	Epsilon <sup>b</sup>	
					Greenhouse-Geisser	Huynh-Feldt
time	.732	4.051	2	.132	.789	1.000

Tests the null hypothesis that the error covariance matrix of the orthonormalized transformed dependent variables is proportional to an identity matrix.

a. Design: Intercept + Kelompok  
Within Subjects Design: time

b. May be used to adjust the degrees of freedom for the averaged tests of significance. Corrected tests are displayed in the Tests of Within-Subjects Effects table.

### Tests of Within-Subjects Effects

Measure: GDP

Source		Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
time	Sphericity Assumed	374482.871	2	187241.436	57.425	.000	.804
	Greenhouse-Geisser	374482.871	1.578	237376.676	57.425	.000	.804
	Huynh-Feldt	374482.871	2.000	187241.436	57.425	.000	.804
	Lower-bound	374482.871	1.000	374482.871	57.425	.000	.804
time * Kelompok	Sphericity Assumed	324147.233	10	32414.723	9.941	.000	.780
	Greenhouse-Geisser	324147.233	7.888	41093.999	9.941	.000	.780
	Huynh-Feldt	324147.233	10.000	32414.723	9.941	.000	.780
	Lower-bound	324147.233	5.000	64829.447	9.941	.000	.780
Error(time)	Sphericity Assumed	91297.667	28	3260.631			
	Greenhouse-Geisser	91297.667	22.086	4133.688			
	Huynh-Feldt	91297.667	28.000	3260.631			
	Lower-bound	91297.667	14.000	6521.262			

### Tests of Within-Subjects Contrasts

Measure: GDP

Source	time	Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
time	Linear	44311.684	1	44311.684	25.867	.000	.649
	Quadratic	330171.187	1	330171.187	68.668	.000	.831
time * Kelompok	Linear	215310.725	5	43062.145	25.138	.000	.900
	Quadratic	108836.508	5	21767.302	4.527	.012	.618
Error(time)	Linear	23982.875	14	1713.062			
	Quadratic	67314.792	14	4808.199			

### Levene's Test of Equality of Error Variances<sup>a</sup>

		Levene Statistic	df1	df2	Sig.
GDP1	Based on Mean	6.649	5	14	.002
	Based on Median	1.971	5	14	.146
	Based on Median and with adjusted df	1.971	5	4.012	.265
	Based on trimmed mean	6.059	5	14	.003
GDP2	Based on Mean	2.675	5	14	.067
	Based on Median	.948	5	14	.481
	Based on Median and with adjusted df	.948	5	5.082	.522
	Based on trimmed mean	2.529	5	14	.078
GDP3	Based on Mean	5.240	5	14	.006
	Based on Median	1.449	5	14	.268
	Based on Median and with adjusted df	1.449	5	3.494	.386
	Based on trimmed mean	4.882	5	14	.009

Tests the null hypothesis that the error variance of the dependent variable is equal across groups.

a. Design: Intercept + Kelompok  
Within Subjects Design: time

### Tests of Between-Subjects Effects

Measure: GDP

Transformed Variable: Average

Source	Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
Intercept	2949594.56	1	2949594.56	600.349	.000	.977
Kelompok	149248.683	5	29849.737	6.075	.003	.685
Error	68783.917	14	4913.137			

### Post Hoc Tests

#### Kelompok

##### Multiple Comparisons

Measure: GDP

Bonferroni

(I) Kelompok	(J) Kelompok	Mean Difference (I-J)	95% Confidence Interval			
			Std. Error	Sig.	Lower Bound	Upper Bound
K-	K+1	95.39	30.908	.121	-13.71	204.48
	K+2	-46.61	30.908	1.000	-155.71	62.48
	P1	27.72	30.908	1.000	-81.37	136.82
	P2	68.08	28.616	.482	-32.92	169.08
	P3	91.83	30.908	.152	-17.26	200.93
K+1	K-	-95.39	30.908	.121	-204.48	13.71
	K+2	-142.00*	33.043	.011	-258.63	-25.37
	P1	-67.67	33.043	.897	-184.29	48.96
	P2	-27.31	30.908	1.000	-136.40	81.79
	P3	-3.56	33.043	1.000	-120.18	113.07
K+2	K-	46.61	30.908	1.000	-62.48	155.71
	K+1	142.00*	33.043	.011	25.37	258.63
	P1	74.33	33.043	.616	-42.29	190.96
	P2	114.69*	30.908	.035	5.60	223.79
	P3	138.44*	33.043	.014	21.82	255.07
P1	K-	-27.72	30.908	1.000	-136.82	81.37
	K+1	67.67	33.043	.897	-48.96	184.29
	K+2	-74.33	33.043	.616	-190.96	42.29
	P2	40.36	30.908	1.000	-68.73	149.46
	P3	64.11	33.043	1.000	-52.52	180.74
P2	K-	-68.08	28.616	.482	-169.08	32.92
	K+1	27.31	30.908	1.000	-81.79	136.40
	K+2	-114.69*	30.908	.035	-223.79	-5.60
	P1	-40.36	30.908	1.000	-149.46	68.73
	P3	23.75	30.908	1.000	-85.34	132.84
P3	K-	-91.83	30.908	.152	-200.93	17.26
	K+1	3.56	33.043	1.000	-113.07	120.18
	K+2	-138.44*	33.043	.014	-255.07	-21.82
	P1	-64.11	33.043	1.000	-180.74	52.52
	P2	-23.75	30.908	1.000	-132.84	85.34

## 2. Analisis Data BB (berat badan)

### ➔ General Linear Model

#### Within-Subjects Factors

Measure: BB

time	Dependent Variable
1	BB1
2	BB2
3	BB3

#### Between-Subjects Factors

Kelompok	N
K-	4
K+1	4
K+2	4
P1	4
P2	4
P3	4

#### Descriptive Statistics

	Kelompok	Mean	Std. Deviation	N
BB1	K-	27.650	1.3026	4
	K+1	26.125	2.0662	4
	K+2	29.550	1.4434	4
	P1	27.925	1.6958	4
	P2	27.875	1.9602	4
	P3	28.150	1.1561	4
Total		27.879	1.7730	24
BB2	K-	24.250	2.0599	4
	K+1	23.500	3.1038	4
	K+2	26.250	2.9000	4
	P1	26.025	2.1975	4
	P2	26.900	1.7029	4
	P3	24.875	2.5863	4
Total		25.300	2.5036	24
BB3	K-	23.200	2.4993	4
	K+1	25.775	1.2997	4
	K+2	25.025	2.4798	4
	P1	25.550	2.0091	4
	P2	25.075	2.6235	4
	P3	27.700	1.5427	4
Total		25.388	2.3248	24

### Multivariate Tests<sup>a</sup>

Effect		Value	F	Hypothesis df	Error df	Sig.	Partial Eta Squared
time	Pillai's Trace	.836	43.261 <sup>b</sup>	2.000	17.000	.000	.836
	Wilks' Lambda	.164	43.261 <sup>b</sup>	2.000	17.000	.000	.836
	Hotelling's Trace	5.089	43.261 <sup>b</sup>	2.000	17.000	.000	.836
	Roy's Largest Root	5.089	43.261 <sup>b</sup>	2.000	17.000	.000	.836
time * Kelompok	Pillai's Trace	.804	2.419	10.000	36.000	.025	.402
	Wilks' Lambda	.350	2.345 <sup>b</sup>	10.000	34.000	.031	.408
	Hotelling's Trace	1.415	2.264	10.000	32.000	.039	.414
	Roy's Largest Root	.953	3.431 <sup>c</sup>	5.000	18.000	.024	.488

a. Design: Intercept + Kelompok  
Within Subjects Design: time

b. Exact statistic

c. The statistic is an upper bound on F that yields a lower bound on the significance level.

### Mauchly's Test of Sphericity<sup>a</sup>

Measure: BB

Within Subjects Effect	Mauchly's W	Approx. Chi-Square	df	Sig.	Epsilon <sup>b</sup>		
					Greenhouse-Geisser	Huynh-Feldt	Lower-bound
time	.807	3.636	2	.162	.839	1.000	.500

Tests the null hypothesis that the error covariance matrix of the orthonormalized transformed dependent variables is proportional to an identity matrix.

a. Design: Intercept + Kelompok  
Within Subjects Design: time

b. May be used to adjust the degrees of freedom for the averaged tests of significance. Corrected tests are displayed in the Tests of Within-Subjects Effects table.

### Tests of Within-Subjects Effects

Measure: BB

Source		Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
time	Sphericity Assumed	102.945	2	51.473	27.068	.000	.601
	Greenhouse-Geisser	102.945	1.677	61.385	27.068	.000	.601
	Huynh-Feldt	102.945	2.000	51.473	27.068	.000	.601
	Lower-bound	102.945	1.000	102.945	27.068	.000	.601
time * Kelompok	Sphericity Assumed	54.423	10	5.442	2.862	.010	.443
	Greenhouse-Geisser	54.423	8.385	6.490	2.862	.016	.443
	Huynh-Feldt	54.423	10.000	5.442	2.862	.010	.443
	Lower-bound	54.423	5.000	10.885	2.862	.045	.443
Error(time)	Sphericity Assumed	68.458	36	1.902			
	Greenhouse-Geisser	68.458	30.187	2.268			
	Huynh-Feldt	68.458	36.000	1.902			
	Lower-bound	68.458	18.000	3.803			

### Tests of Within-Subjects Contrasts

Measure: BB

Source	time	Type III Sum of Squares	df	Mean Square	F	Sig.	Partial Eta Squared
time	Linear	74.501	1	74.501	37.237	.000	.674
	Quadratic	28.444	1	28.444	15.780	.001	.467
time * Kelompok	Linear	33.667	5	6.733	3.365	.025	.483
	Quadratic	20.756	5	4.151	2.303	.088	.390
Error(time)	Linear	36.013	18	2.001			
	Quadratic	32.446	18	1.803			

## Post Hoc Tests

### Kelompok

#### Multiple Comparisons

Measure: BB  
Bonferroni

(I) Kelompok	(J) Kelompok	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
K-	K+1	-.100	1.2624	1.000	-4.367	4.167
	K+2	-1.908	1.2624	1.000	-6.176	2.359
	P1	-1.467	1.2624	1.000	-5.734	2.801
	P2	-1.583	1.2624	1.000	-5.851	2.684
	P3	-1.875	1.2624	1.000	-6.142	2.392
K+1	K-	.100	1.2624	1.000	-4.167	4.367
	K+2	-1.808	1.2624	1.000	-6.076	2.459
	P1	-1.367	1.2624	1.000	-5.634	2.901
	P2	-1.483	1.2624	1.000	-5.751	2.784
	P3	-1.775	1.2624	1.000	-6.042	2.492
K+2	K-	1.908	1.2624	1.000	-2.359	6.176
	K+1	1.808	1.2624	1.000	-2.459	6.076
	P1	.442	1.2624	1.000	-3.826	4.709
	P2	.325	1.2624	1.000	-3.942	4.592
	P3	.033	1.2624	1.000	-4.234	4.301
P1	K-	1.467	1.2624	1.000	-2.801	5.734
	K+1	1.367	1.2624	1.000	-2.901	5.634
	K+2	-.442	1.2624	1.000	-4.709	3.826
	P2	-.117	1.2624	1.000	-4.384	4.151
	P3	-.408	1.2624	1.000	-4.676	3.859
P2	K-	1.583	1.2624	1.000	-2.684	5.851
	K+1	1.483	1.2624	1.000	-2.784	5.751
	K+2	-.325	1.2624	1.000	-4.592	3.942
	P1	.117	1.2624	1.000	-4.151	4.384
	P3	-.292	1.2624	1.000	-4.559	3.976
P3	K-	1.875	1.2624	1.000	-2.392	6.142
	K+1	1.775	1.2624	1.000	-2.492	6.042
	K+2	-.033	1.2624	1.000	-4.301	4.234
	P1	.408	1.2624	1.000	-3.859	4.676
	P2	.292	1.2624	1.000	-3.976	4.559

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Nomor : 132/UN6.C9/TU/MKB/2020

October 30, 2020

Attachment(s) :-

Subject : Letter of Acceptance

Dear Nur Fadhillah Khalid, dr,

We would like to inform you that your manuscript entitled:

**Antihyperglycemic Effectiveness Test of 96% Ethanol Extract of Soursop Leaves  
on Mus musculus Induced by Streptozotocin**

Nur Fadhillah Khalid, Peter Kabo, Natsir Djide

has been accepted to be published in forthcoming issue of Majalah Kedokteran Bandung (MKB Volume 52 Number 3 Year 2020).

Contributors of the articles accepted for publication will receive a complimentary copy of the issue in which their article appears.

Thank you very much for your submission to Majalah Kedokteran Bandung.

Sincerely yours,

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Ahmad Faried, dr., SpBS(K), Ph.D  
Editor-in-Chief