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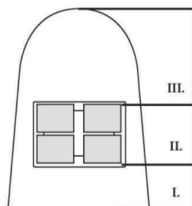
FORM PEMERIKSAAN ORTHO PLAQUE INDEX

Nama Lengkap : Tanggal Pemeriksaan :

Tgl Lahir/Umur : Pemeriksa :

Jenis Kelamin :

Alamat :



Area I : Area oklusal/insisal
 Area II : Area sentral
 Area III : Area servikal

Servikal	2x											
Sentral	3x											
Oklusal	1x											
MAKSILA		5	4	3	2	1	1	2	3	4	5	TOTAL
MANDIBULA		5	4	3	2	1	1	2	3	4	5	
Oklusal	1x											
Sentral	3x											
Servikal	2x											

SKOR OPI : :

$$OPI (\%) = \frac{\text{Jumlah dari skor plak}}{\text{Jumlah gigi} \times 6} \times 100$$

$$OPI (\%) = \frac{\text{.....}}{\text{x 6}} \times 100$$

KETERANGAN :

- Baik : nilai 0- 30%,
- sedang : nilai 30-50%,
- buruk : nilai >50%.

FORMULIR *FOOD RECALL 24 HOURS*

Nama Lengkap : **Tanggal Wawancara** :
Umur : **Pewawancara** :
Jenis Kelamin : **Alamat** :
TB / BB :

JAM	WAKTU MAKAN	NAMA MAKANAN	NAMA BAHAN MAKANAN	CARA OLAHAN MAKANAN	BERAT		KET
					URT	Gram	
	MAKAN PAGI						
	SNACK I						
	MAKAN SIANG						

FORMULIR SEMI FOOD FREQUENCY QUESTIONNAIRE

Nama Lengkap : **Tanggal Wawancara :**
Umur : **Pewawancara :**
Jenis Kelamin : **Alamat :**
TB / BB :

No.	Bahan Makanan	Berat (gr)	Ukuran Porsi	Frekuensi					
				> 1x/hari	1x/hari (4-6x / mgg)	3x / mgg	1-2x/ mgg	2x/ bln	Tidak pernah
MAKANAN POKOK									
1.	Nasi putih	200	1 prg sdg						
2.	Nasi goreng	200	1 prg sdg						
3.	Roti Tawar Putih	30	2 iris						
4.	Mie instan	80	1 bks						
5.	Kentang	160	4 bh kcl						
6.	Lainnya								
LAUK PAUK									
7.	Daging sapi	35	1 ptg sdg						
8.	Ayam dengan kulit	45	1 ptg sdg						
9.	Telur Ayam Ras	55	1 btr						
10.	Ikan Segar	45	$\frac{1}{3}$ ekor						
11.	Udang segar	35	4 ekor sdg						
12.	Kepiting	30	1 ekor						
13.	Tahu	110	1 ptg bsr						
14.	Tempe	50	2 ptg sdg						

15.	Lainnya								
	SAYURAN								
16.	Sayur Dedaunan	50	1 prg						
17.	Wortel	50	½ bh						
18.	Labu kuning	50	4 ptg kcl						
19.	Jagung kuning	50	1 ptg kcl						
20.	Tomat	25	1 bj						
21.	Kacang-kacangan	10	1 sdm						
22.	Lainnya								
	BUAH								
23.	Alpukat	50	½ bh bsr						
24.	Apel	200	1 bh bsr						
25.	Mangga	90	½ bh sdg						
26.	Papaya	110	1 ptg sdg						
27.	Lainnya								
	MINYAK								
28.	Minyak kelapa	10	1 sdm						
29.	Mentega	10	1 sdm						
30.	Santan	50	¼ gls						
	MAKANAN OLAHAN								
29.	Sosis	24	1 bj						
30.	Bakso	170	10 bj sdg						
31.	Nugget	20	1 bj						
32.	Saos tomat	15	1 sdm						
33.	Kecap	8	1 sdm						

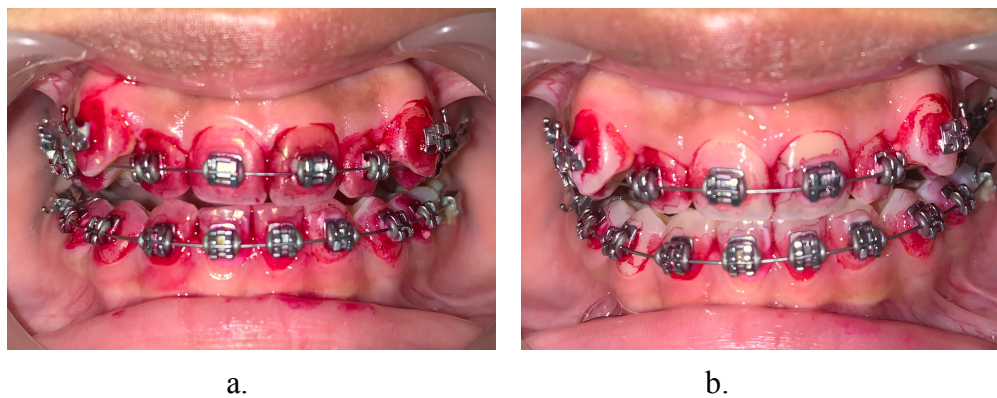
34.	Selai	30	1 sdm						
35.	Keju	5	1 sdm						
36.	Meses	10	1 sdm						
37.	Lainnya								
	MINUMAN								
38.	Susu sapi	200	1 gls						
39.	Yoghurt	200	1 gls						
40.	Es cream	15	1 cup						
41.	Teh	2	1 ktg						
42.	Kopi	5	1 sdm						
43.	Minuman berkarbonat	200	1 gls						
44.	Lainnya								
	CEMILAN								
45.	Biskuit	50	5 bh						
46.	Donat	65	1 bh						
47.	Risoles	50	1 bh						
48.	Pudding	65	1 bh						
49.	Brownis	30	1 bh						
50.	Terang bulan	50	1 ptg sdg						
51.	Martabak	40	1 ptg sdg						
52.	Pisang ijo	60	1 bh						
53.	Lainnya:								
	SIAP SAJI								
54.	Soto ayam	225	1 mgk						
55.	Coto	400	1 mgk						

56.	Mie bakso	370	1 mgk						
57.	Gado-gado	430	1 prg						
58.	Mie titi	400	1 prg						
59.	Sate ayam	80	5 tsk						
60.	Nasi kuning	360	1 prg						
61.	Ayam krispi	80	1 ptg						
62.	Pizza	60	1 ptg						
63	Lainnya:								



Gambar 1. Alat dan Bahan

- | | |
|---------------------------|--------------------------------|
| a. Alat diagnostik set | f. Masker dan <i>Handscoen</i> |
| b. <i>Check retractor</i> | g. <i>Discloting solution</i> |
| c. Gelas untuk berkumur | h. <i>Microbrush</i> |
| d. Timbangan | i. Kapas/Tampon |
| e. Meteran | j. Air putih |



Gambar 2. Identifikasi plak menggunakan *discloting solution*

- | |
|---------------------|
| a. Sebelum berkumur |
| b. Setelah berkumur |

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
OPI_1weeks	Based on Mean	11.727	1	23	.002
	Based on Median	6.005	1	23	.022
	Based on Median and with adjusted df	6.005	1	16.789	.026
	Based on trimmed mean	12.468	1	23	.002
OPI_1months	Based on Mean	.261	1	23	.615
	Based on Median	.173	1	23	.681
	Based on Median and with adjusted df	.173	1	18.805	.682
	Based on trimmed mean	.254	1	23	.619
OPI_3months	Based on Mean	1.318	1	23	.263
	Based on Median	1.254	1	23	.274
	Based on Median and with adjusted df	1.254	1	21.020	.275
	Based on trimmed mean	1.291	1	23	.267

Descriptives

		N	Mean	Std. Deviation	Std. Error	95% Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
OPI_1weeks	edgewis	8	71.3512	1.88259	.66560	69.7774	72.9251	69.30	75.00
	SWA	17	62.2753	8.66928	2.10261	57.8180	66.7326	43.86	75.56
	Total	25	65.1796	8.35519	1.67104	61.7307	68.6285	43.86	75.56
OPI_1months	edgewis	8	48.9025	7.67130	2.71221	42.4891	55.3159	36.67	57.80
	SWA	17	44.6924	9.62640	2.33474	39.7429	49.6418	28.07	58.30
	Total	25	46.0396	9.10826	1.82165	42.2799	49.7993	28.07	58.30
OPI_3months	edgewis	8	37.8400	6.60747	2.33609	32.3160	43.3640	28.07	47.62
	SWA	17	36.4618	9.88905	2.39845	31.3773	41.5462	20.18	57.78
	Total	25	36.9028	8.85211	1.77042	33.2488	40.5568	20.18	57.78

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
OPI_1weeks	Equal variances assumed	11.727	.002	2.898	23	.008	9.07596	3.13194	2.59704	15.55488
	Equal variances not assumed			4.115	18.933	.001	9.07596	2.20544	4.45880	13.69311
OPI_1months	Equal variances assumed	.261	.615	1.082	23	.290	4.21015	3.89133	-3.83968	12.25997
	Equal variances not assumed			1.176	17.108	.256	4.21015	3.57871	-3.33663	11.75693
OPI_3months	Equal variances assumed	1.318	.263	.356	23	.725	1.37824	3.86627	-6.61976	9.37623
	Equal variances not assumed			.412	19.874	.685	1.37824	3.34811	-5.60865	8.36512

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
edgewise	Based on Mean	2.263	2	21	.129
	Based on Median	2.151	2	21	.141
	Based on Median and with adjusted df	2.151	2	19.019	.144
	Based on trimmed mean	2.262	2	21	.129

ANOVA					
edgewise					
	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	4067.514	2	2033.757	49.410	.000
Within Groups	864.373	21	41.161		
Total	4931.888	23			

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
swa	Based on Mean	.066	2	48	.936
	Based on Median	.150	2	48	.861
	Based on Median and with adjusted df	.150	2	47.972	.861
	Based on trimmed mean	.052	2	48	.949

ANOVA

swa					
	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	5911.697	2	2955.849	33.385	.000
Within Groups	4249.875	48	88.539		
Total	10161.572	50			

Descriptive Statistics

	N	Minimum	Maximum	Mean	Std. Deviation
Energibeforeedge	8	835,0	1584,5	1173,975	235,5572
Proteinbeforeedge	8	27,7	66,1	45,012	12,0698
Lemakbeforeedge	8	16,7	45,9	36,137	9,9342
Karbobeforeedge	8	104,7	226,9	173,563	49,2900
Energi1mggedge	8	647,6	1255,0	854,613	190,1887
Protein1mggedge	8	18,1	40,7	33,950	7,0271
Lemak1mggedge	8	12,2	46,1	26,713	11,5043
Karbo1mggedge	8	77,8	271,9	134,963	65,6732
Energi1blnedge	8	818,5	1362,9	1087,013	192,8626
Protein1blnedge	8	20,3	67,5	44,375	13,6775
Lemak1blnedge	8	17,9	47,7	33,575	9,9592
Karbo1blnedge	8	87,6	244,4	147,963	57,3951
Energi3blnedge	8	915,6	1413,5	1190,675	185,0920
Protein3blnedge	8	27,0	66,6	48,575	12,5288
Lemak3blnedge	8	19,2	49,4	36,163	11,8521
Karbo3blnedge	8	95,3	226,6	160,700	42,1612
Energibeforeswa	17	862,2	1612,5	1268,329	170,3170
proteinbeforeswa	17	35,1	61,2	46,988	9,2946
Lemakbeforeswa	17	14,9	78,0	42,082	15,8497
Karbobeforeswa	17	99,2	230,3	166,971	39,2812
Energi1mggsa	17	565,5	1222,4	854,906	161,1756
Protein1mggsa	17	18,1	53,4	34,988	10,7414
Lemak1mggsa	17	12,0	57,0	30,018	13,1659
Karbo1mggsa	17	35,5	156,9	108,300	33,3059
Energi1blnswa	17	799,2	1478,0	1111,476	206,8607
Protein1blnswa	17	11,0	72,0	40,200	13,8643
Lemak1blnswa	17	3,2	76,2	32,759	18,0460
Karbo1blnswa	17	89,9	282,6	158,118	46,3438
Energi3blnswa	17	877,1	1782,0	1274,612	201,2279
Protein3blnswa	17	12,4	61,4	41,029	13,8037
Lemak3blnswa	17	12,3	87,3	42,547	18,3950
Karbo3blnswa	17	112,3	261,9	182,147	41,4259
Valid N (listwise)	8				

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
energiegdenobefore	,127	24	,200*	,959	24	,411
proteinedgenobefore	,092	24	,200*	,971	24	,702
Lemakedgenobefore	,111	24	,200*	,952	24	,298
Karboedgenobefore	,147	24	,194	,935	24	,129
Energiswanobefore	,120	24	,200*	,964	24	,528
Proteinswanobefore	,086	24	,200*	,978	24	,849
Lemakswanobefore	,093	24	,200*	,981	24	,915
Karboswanobefore	,178	24	,048	,897	24	,018

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
energiegdenobefore	Based on Mean	,050	2	21	,952
	Based on Median	,050	2	21	,952
	Based on Median and with adjusted df	,050	2	20,021	,952
	Based on trimmed mean	,050	2	21	,952
proteinedgenobefore	Based on Mean	1,134	2	21	,341
	Based on Median	1,249	2	21	,307
	Based on Median and with adjusted df	1,249	2	18,217	,310
	Based on trimmed mean	1,182	2	21	,326
Lemakedgenobefore	Based on Mean	,235	2	21	,793
	Based on Median	,220	2	21	,804
	Based on Median and with adjusted df	,220	2	19,803	,804
	Based on trimmed mean	,237	2	21	,791
Karboedgenobefore	Based on Mean	,795	2	21	,465
	Based on Median	,330	2	21	,722
	Based on Median and with adjusted df	,330	2	16,296	,723
	Based on trimmed mean	,613	2	21	,551

ANOVA

		Sum of Squares	df	Mean Square	F	Sig.
energiegdenobefore	Between Groups	473849,808	2	236924,904	6,604	,006
	Within Groups	753387,493	21	35875,595		
	Total	1227237,300	23			
proteinedgenobefore	Between Groups	907,230	2	453,615	3,459	,050
	Within Groups	2753,970	21	131,141		
	Total	3661,200	23			
Lemakedgenobefore	Between Groups	381,578	2	190,789	1,539	,238
	Within Groups	2604,043	21	124,002		
	Total	2985,620	23			
Karboedgenobefore	Between Groups	2649,768	2	1324,884	,424	,660
	Within Groups	65693,138	21	3128,245		
	Total	68342,905	23			

Test of Homogeneity of Variances

		Levene Statistic	df1	df2	Sig.
Energiswanobefore	Based on Mean	,305	2	48	,738
	Based on Median	,179	2	48	,837
	Based on Median and with adjusted df	,179	2	44,803	,837
	Based on trimmed mean	,282	2	48	,756
Proteinswanobefore	Based on Mean	,565	2	48	,572
	Based on Median	,525	2	48	,595
	Based on Median and with adjusted df	,525	2	41,484	,596
	Based on trimmed mean	,577	2	48	,565
Lemakswanobefore	Based on Mean	1,358	2	48	,267
	Based on Median	1,202	2	48	,309
	Based on Median and with adjusted df	1,202	2	39,232	,311
	Based on trimmed mean	1,283	2	48	,287

ANOVA

		Sum of Squares	df	Mean Square	F	Sig.
Energiswanobefore	Between Groups	1996400,980	2	998200,490	27,997	,000
	Within Groups	1711405,905	48	35654,290		
	Total	3707806,885	50			
Proteinswanobefore	Between Groups	364,629	2	182,314	1,098	,342
	Within Groups	7970,173	48	166,045		
	Total	8334,802	50			
Lemakswanobefore	Between Groups	894,855	2	447,428	1,722	,190
	Within Groups	12470,561	48	259,803		
	Total	13365,416	50			

Kruskal-Wallis Test

Ranks

		waktuswanobefore	N	Mean Rank
Karboswanobefore	1 minggu		17	13,29
	1 bulan		17	28,38
	3 bulan		17	36,32
	Total		51	

Test Statistics^{a,b}

		Karboswanobefore
Kruskal-Wallis H		21,055
df		2
Asymp. Sig.		,000

a. Kruskal Wallis Test

b. Grouping Variable:
waktuswanobefore

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Energiedgeswa1mgg	,129	25	,200*	,948	25	,223
Proteinedgeswa1mgg	,091	25	,200*	,968	25	,606
Lemakedgeswa1mgg	,129	25	,200*	,941	25	,158
Karboedgeswa1mgg	,192	25	,018	,889	25	,011
Energiedgeswa1bln	,104	25	,200*	,958	25	,382
Proteinedgeswa1bln	,118	25	,200*	,973	25	,718
Lemakedgeswa1bln	,122	25	,200*	,953	25	,298
Karboedgeswa1bln	,124	25	,200*	,945	25	,195
Energiedgeswa3bln	,108	25	,200*	,962	25	,463
proteinedgeswa3bln	,112	25	,200*	,973	25	,714
Lemakedgeswa3bln	,102	25	,200*	,960	25	,407
Karboedgeswa3bln	,091	25	,200*	,985	25	,966

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Mann-Whitney Test

Ranks

	KLPEDGESWA	N	Mean Rank	Sum of Ranks
Karboedgeswa1mgg	edgewise	8	13,50	108,00
	swa	17	12,76	217,00
	Total	25		

Test Statistics^a

	Karboedgeswa1mgg
Mann-Whitney U	64,000
Wilcoxon W	217,000
Z	-,233
Asymp. Sig. (2-tailed)	,816
Exact Sig. [2*(1-tailed Sig.)]	,842 ^b

a. Grouping Variable: KLPEDGESWA

b. Not corrected for ties.

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2-tailed)	Mean Difference	Std. Error Difference	95% Confidence Interval of the Difference	
									Lower	Upper
Energiedgeswa1mgg	Equal variances assumed	,030	,865	-,004	23	,997	-,2934	73,1137	-151,5406	150,9539
	Equal variances not assumed			-,004	11,935	,997	-,2934	77,7789	-169,8621	169,2753
Proteinedgeswa1mgg	Equal variances assumed	2,970	,098	-,248	23	,806	-1,0382	4,1853	-9,6962	7,6197
	Equal variances not assumed			-,288	20,182	,776	-1,0382	3,5999	-8,5432	6,4667
Lemakedgeswa1mgg	Equal variances assumed	,362	,553	-,608	23	,549	-3,3051	5,4379	-14,5543	7,9440
	Equal variances not assumed			-,639	15,682	,532	-3,3051	5,1711	-14,2855	7,6752
Energiedgeswa1bln	Equal variances assumed	,367	,550	-,281	23	,781	-24,4640	86,9081	-204,2471	155,3191
	Equal variances not assumed			-,289	14,741	,777	-24,4640	84,6560	-205,1807	156,2528
Proteinedgeswa1bln	Equal variances assumed	,002	,969	,705	23	,488	4,1750	5,9200	-8,0714	16,4214
	Equal variances not assumed			,709	13,976	,490	4,1750	5,8899	-8,4596	16,8096
Lemakedgeswa1bln	Equal variances assumed	1,525	,229	,119	23	,906	,8162	6,8697	-13,3949	15,0273
	Equal variances not assumed			,145	22,178	,886	,8162	5,6173	-10,8280	12,4604
Karboedgeswa1bln	Equal variances assumed	1,274	,271	-,474	23	,640	-10,1551	21,4230	-54,4721	34,1618
	Equal variances not assumed			-,438	11,481	,670	-10,1551	23,1973	-60,9520	40,6417
Energiedgeswa3bln	Equal variances assumed	,005	,942	-,997	23	,329	-83,9368	84,2304	-258,1805	90,3070
	Equal variances not assumed			-1,028	14,932	,320	-83,9368	81,6352	-258,0074	90,1339
proteinedgeswa3bln	Equal variances assumed	,412	,527	1,311	23	,203	7,5456	5,7574	-4,3645	19,4557
	Equal variances not assumed			1,359	15,122	,194	7,5456	5,5524	-4,2808	19,3720
Lemakedgeswa3bln	Equal variances assumed	,936	,343	-,893	23	,381	-6,3846	7,1505	-21,1765	8,4074
	Equal variances not assumed			-1,043	20,398	,309	-6,3846	6,1207	-19,1362	6,3671
Karboedgeswa3bln	Equal variances assumed	,005	,942	-1,201	23	,242	-21,4471	17,8577	-58,3886	15,4945
	Equal variances not assumed			-1,193	13,579	,253	-21,4471	17,9762	-60,1146	17,2204