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Lampiran I

PERMOHONAN MENJADI RESPONDEN

Kepada

Calon Responden:

Saya yang bertanda tangan dibawah ini:

Nama : **Sitti Nurhadijah**

NIM : R012211015

Adalah Mahasiswa Program Studi Magister Ilmu Keperawatan Fakultas Keperawatan Universitas Hasanuddin Makassar. Bermaksud akan mengadakan penelitian dengan judul “**Pengembangan *Diabetes Self Management Education (DSME)* berbasis *Telenursing* Terhadap Pengetahuan Pada Pasien Diabetes Melitus**” Sebagai upaya edukasi pada pasien diabetes melitus dalam mengontrol glukosa darah, dengan harapan bapak/ibu dapat melakukan perawatan diri dirumah secara mandiri sehingga dapat menurunkan risiko memburuknya gejala diabetes melitus.

Penelitian ini tidak akan menimbulkan akibat yang merugikan bagi anda sebagai responden maupun keluarga. Kerahasiaan semua informasi akan dijaga dan dipergunakan untuk kepentingan penelitian. Jika anda tidak bersedia menjadi responden, maka tidak ada ancaman bagi anda maupun keluarga. Jika anda bersedia menjadi responden, maka saya mohon kesediaan untuk menandatangani lembar persetujuan yang saya lampirkan dan menjawab pertanyaan- pertanyaan yang saya sertakan. Atas perhatian dan kesediaannya menjadi responden saya ucapkan terima kasih.

Makassar, 2023

Hormat Saya

Sitti Nurhadijah

Lampiran II

PERSETUJUAN MENJADI RESPONDEN

Saya yang bertandatangan dibawah ini :

No. Responden :
Umur :
Jenis kelamin :
Alamat :

Setelah mendengar/membaca penjelasan maksud dan tujuan penelitian ini, maka saya bersedia untuk berpartisipasi sebagai responden dalam penelitian yang dilakukan oleh saudari **SITTI NURHADIJAH**, Mahasiswa Program Studi Magister Ilmu Keperawatan Fakultas Keperawatan UNHAS dengan Judul **“Pengembangan Kurikulum *Diabetic Self Management Education (DSME)* Berbasis *Telenursing Terhadap Pengetahuan Pada Pasien Diabetes Melitus*”**. Saya mengerti bahwa pada penelitian ini ada beberapa pernyataan-pernyataan yang harus saya jawab, dan sebagai responden saya akan menjawab pernyataan yang diajukan dengan jujur.

Saya menjadi responden bukan karena adanya paksaan dari pihak lain, namun karena keinginan saya sendiri, dan tidak ada biaya yang akan ditanggungkan kepada saya sesuai dengan penjelasan yang sudah dijelaskan oleh peneliti.

Hasil yang diperoleh dari saya sebagai responden dapat dipublikasikan sebagai hasil dari penelitian dan akan diseminarkan pada ujian hasil dengan tidak akan mencantumkan nama kecuali nomor informan.

Makassar, 2023

Responden

Lampiran III

| STANDAR OPERASIONAL PROSEDUR <i>DIABETIC SELF MANAGEMENT EDUCATION</i> (DSME) | | |
|---|-------------------|--|
| 1 | Pengertian | Suatu proses berkelanjutan untuk memfasilitasi pengetahuan, keterampilan, dan kemampuan yang diperlukan untuk pradiabetes dan perawatan diri pada pasien DM serta kegiatan yang membantu seseorang dalam melaksanakan dan mempertahankan perilaku yang diperlukan untuk mengelola kondisi pasien DM secara berkelanjutan (Beck et al., 2017). |
| 2 | Tujuan | Memfasilitasi pengetahuan, keterampilan, dan kemampuan yang dibutuhkan untuk perawatan DM serta meningkatkan proses pengambilan keputusan yang dimiliki oleh penderita DM (Powers et al., 2017). |
| 3 | Indikasi | Pasien Diabetes Melitus (DM) |
| 4 | Kontraindikasi | <ul style="list-style-type: none"> a. Pasien yang mengalami penurunan kesadaran b. Pasien yang mengalami ketidakstabilan emosi c. Pasien dengan tanda-tanda vital yang tidak stabil |
| 5. | Persiapan Pasien | <ul style="list-style-type: none"> a. Berikan salam, perkenalan diri, dan identifikasi pasien dengan memeriksa identitas pasien b. Jelaskan tentang prosedur pembelajaran yang akan dilakukan, berikan kesempatan pasien untuk bertanya dan jawab seluruh pertanyaan pasien. c. Beri tahu pasien saat pembelajaran akan dimulai |
| 6 | Persiapan Perawat | <ul style="list-style-type: none"> a. Lakukan pengkajian pada pasien, termasuk riwayat DM yang dialami pasien dan pengetahuan yang dimiliki pasien b. Identifikasi masalah kesehatan pasien c. Buat perencanaan tindakan d. Siapkan alat |
| 7 | Persiapan Alat | Booklet/Leaflet yang akan diberikan kepada responden melalui media ; <i>zoom meeting, whatsapp video</i> |
| 8 | Cara Kerja | <ul style="list-style-type: none"> a. Beri salam terapeutik kepada pasien dan keluarga b. Perkenalkan diri sebaik mungkin c. Tanyakan kondisi dan perasaan pasien saat ini |

| | |
|---|---|
| | <ul style="list-style-type: none"> d. Jelaskan tujuan, prosedur dan lamanya tindakan e. Diskusikan mengenai waktu dan tempat pembelajaran f. Berikan <i>Diabetes Self Management Education</i> (DSME) menurut materi tiap sesi: <ul style="list-style-type: none"> 1) Sesi 1 : Patofisiologi diabetes, makan sehat, aktivitas fisik, penggunaan obat- obatan diabetes melitus 2) Sesi 2 : memantau kesehatan diabetes, mencegah , mendeteksi, mengobati komplikasi akut dan kronis 3) Sesi 3: penanganan yang sehat dengan masalah dan kekhawatiran psikologis, pemecahan masalah g. Berikan kesempatan kepada pasien dan keluarga untuk bertanya di setiap sesi h. Lakukan <i>followup</i> terhadap kondisi pasien, diskusi dan review program di tiap sesi i. Menanyakan perasaan pasien setelah mengikuti <i>Diabetes Self Management Education</i> (DSME) j. Memberikan pujian atau reward k. Anjurkan agar pasien dan keluarga senantiasa melakukan perawatan mandiri yang telah dipelajari bersama. |
| 9 | <p>Evaluasi</p> <ul style="list-style-type: none"> a. Evaluasi hasil yang dicapai b. Kontrak pertemuan selanjutnya c. Mengakhiri pertemuan dengan baik. |

Lampiran IV

KUESIONER PENGETAHUAN PASIEN DIABETES MELITUS

I. DATA DEMOGRAFI

Nama :
Tanggal Lahir :
Jenis Kelamin : Laki-laki/Perempuan
Pendidikan terakhir :
Lama Menderita DM :

II. PETUNJUK PENGISIAN

Jawablah pertanyaan dibawah ini dengan memberikan tanda ceklist (√) pada pilihan jawaban yang tersedia dan isilah uraian pada kolom yang tersedia jika jawaban anda “**Benar**”

| No | Pernyataan | Benar | Salah |
|-----|--|-------|-------|
| 1. | Diabetes melitus merupakan penyakit yang ditandai dengan peningkatan gula dalam darah | | |
| 2. | Penyebab diabetes melitus karena adanya gangguan pada insulin di pankreas | | |
| 3. | Sebelum pemeriksaan gula darah puasa, pasien dianjurkan puasa 8-10 jam | | |
| 4. | Pasien diabetes melitus ditandai dengan sering haus, sering lapar dan sering buang air kecil | | |
| 5. | Diabetes melitus yang tidak ditangani dengan tepat dapat menimbulkan penyakit jantung, stroke, merusak ginjal dan dapat merusak mata | | |
| 6. | Melakukan aktivitas fisik 15 menit, minimal 3 hari dalam seminggu (Jalan cepat, kegiatan rumah, dan naik tangga) penting bagi penderita diabetes melitus | | |
| 7. | Olaharaga secara teratur tidak menurunkan kadar gula dalam darah | | |
| 8. | Karbohidrat tidak dibatasi pada penderita diabetes melitus | | |
| 9. | Jagung dan kentang tidak dianjurkan untuk penderita diabetes | | |
| 10. | Roti sejenis karbohidrat dapat memicu rasa lapar | | |

| | | | |
|-----|---|--|--|
| 11. | Penderita diabetes melitus memeriksakan gula minimal sekali dalam sebulan | | |
| 12. | Perawatan kaki diabetes melitus dilakukan untuk mengurangi komplikasi DM, seperti luka kaki diabetes. | | |
| 13. | Perawatan kaki dapat dilakukan setelah mandi dengan menggunakan cermin di bawah kaki | | |
| 14. | Kuku kaki dipotong secara lurus | | |
| 15. | Merokok tidak baik bagi penderita diabetes | | |
| 16. | Stress dapat memperburuk keadaan penderita diabetes | | |

Lampiran V : Surat Izin Etik



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN
RISET, DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT
Jln. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp. (0411) 585658,
E-mail : fkm.unhas@gmail.com, website: <https://fkm.unhas.ac.id/>

REKOMENDASI PERSETUJUAN ETIK
Nomor : **8587/UN4.14.1/TP.01.02/2022**

Tanggal : 29 Juli 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

| | | | |
|-----------------------------------|--|---|---------------------------|
| No. Protokol | 22722092145 | No. Sponsor Protokol | |
| Peneliti Utama | Sitti Nurhadijah | Sponsor | Pribadi |
| Judul Peneliti | Pengembangan <i>Diabetic Self Management Education</i> Berbasis Telenursing Terhadap Pengetahuan pada Pasien Diabetes Melitus | | |
| No. Versi Protokol | 1 | Tanggal Versi | 22 Juli 2022 |
| No. Versi PSP | 1 | Tanggal Versi | 22 Juli 2022 |
| Tempat Penelitian | Puskesmas Patallassang dan Puskesmas Pacellekang Kabupaten Gowa | | |
| Judul Review | <input type="checkbox"/> Exempted <input checked="" type="checkbox"/> Expedited <input type="checkbox"/> Fullboard | Masa Berlaku 29 Juli 2022 Sampai 29 Juli 2023 | Frekuensi review lanjutan |
| Ketua Komisi Etik Penelitian | Nama : Prof.dr.Veni Hadju, M.Sc, Ph.D | Tanda tangan | |
| Sekretaris komisi Etik Penelitian | Nama : Dr. Wahiduddin, SKM., M.Kes | Tanda tangan | |

Kewajiban Peneliti Utama :

1. Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
2. Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
3. Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
4. Menyerahkan laporan akhir setelah Penelitian berakhir
5. Melaporkan penyimpangan dari protocol yang disetujui (protocol deviation/violation)
6. Mematuhi semua peraturan yang ditentukan



Lampiran VI : Master Data

| 1 | No Item | PENDAPAT EXPERT | | | | | | | | | | SKALA LIKERT (%) | | | | CA (%) |
|----|---------|-----------------|----------|----------|----------|----------|----------|----------|----------|----------|-----------|------------------|-------|-------|-------|--------|
| | | Expert 1 | Expert 2 | Expert 3 | Expert 4 | Expert 5 | Expert 6 | Expert 7 | Expert 8 | Expert 9 | Expert 10 | STR | TR | R | SR | |
| 3 | Item 1 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 2 | 4 | 0.00 | 10.00 | 30.00 | 60.00 | 90 |
| 4 | Item 2 | 4 | 3 | 3 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 5 | Item 3 | 4 | 3 | 3 | 2 | 4 | 4 | 4 | 3 | 3 | 4 | 0.00 | 10.00 | 40.00 | 50.00 | 90 |
| 6 | Item 4 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 50.00 | 50.00 | 100 |
| 7 | Item 5 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 30.00 | 70.00 | 100 |
| 8 | Item 6 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 9 | Item 7 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 10 | Item 8 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 11 | Item 9 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 3 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 12 | Item 10 | 4 | 4 | 4 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 30.00 | 70.00 | 100 |
| 13 | Item 11 | 4 | 4 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 0.00 | 0.00 | 40.00 | 60.00 | 100 |
| 14 | Item 12 | 4 | 3 | 4 | 3 | 3 | 4 | 3 | 3 | 4 | 3 | 0.00 | 0.00 | 60.00 | 40.00 | 100 |

| 1 | No Item | PENDAPAT EXPERT | | | | | | | | | | TOTAL | KESEPAKATAN EXPERT |
|----|--------------------|-----------------|----------|-------------|-----------|------------|------------|----------|----------|----------|-----------|-------|--------------------|
| 2 | | Expert 1 | Expert 2 | Expert 3 | Expert 4 | Expert 5 | Expert 6 | Expert 7 | Expert 8 | Expert 9 | Expert 10 | | |
| 3 | Item 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 9 | 90% |
| 4 | Item 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 5 | Item 3 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 9 | 90% |
| 6 | Item 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 7 | Item 5 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 8 | Item 6 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 9 | Item 7 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 10 | Item 8 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 11 | Item 9 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 12 | Item 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 13 | Item 11 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 14 | Item 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 10 | 100% |
| 15 | Total | 100 | 100 | 100 | 0.92 | 100 | 100 | 100 | 100 | 0.92 | 100 | 118 | 98% |
| 16 | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | |
| 20 | Keterangan: | | | Item | Ne | CVR | CVI | | | | | | |
| 21 | 1 dan 2 : 0 | | | 1 | 9 | 0.80 | 0.90 | | | | | | |
| 22 | 3 dan 4 : 1 | | | 2 | 10 | 1.00 | 1.00 | | | | | | |
| 23 | | | | 3 | 9 | 0.80 | 0.90 | | | | | | |
| 24 | | | | 4 | 10 | 1.00 | 1.00 | | | | | | |
| 25 | | | | 5 | 10 | 1.00 | 1.00 | | | | | | |
| 26 | | | | 6 | 10 | 1.00 | 1.00 | | | | | | |
| 27 | | | | 7 | 10 | 1.00 | 1.00 | | | | | | |
| 28 | | | | 8 | 10 | 1.00 | 1.00 | | | | | | |
| 29 | | | | 9 | 10 | 1.00 | 1.00 | | | | | | |
| 30 | | | | 10 | 10 | 1.00 | 1.00 | | | | | | |
| 31 | | | | 11 | 10 | 1.00 | 1.00 | | | | | | |
| 32 | | | | 12 | 10 | 1.00 | 1.00 | | | | | | |
| 33 | | | | | | | | | | | | | |
| 34 | | | | | | | | | | | | | |

| | | |
|-------------|--------------------|---|
| Rumus CVR = | $((Ne-N/2)/(N/2))$ | Bergerak dari -1 sampai 1 (Valid mengikuti <i>p value</i>) |
| Rumus CVI = | Ne/N | Bergerak dari 0 sampai 1 (Valid jika 0.8 sampai 1) |

| Kuesioner PRE | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
|---------------|---------|---------------|--------|--------------|--------|--------------|------------|--------|---------------------------|------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|--------|-------|-------|
| No | Inisial | Jenis Kelamin | | Pekerjaan | | Umur (Tahun) | Pendidikan | | Lama Menderita DM (Tahun) | Pernyataan | | | | | | | | | | | | | | | | Jumlah | % | |
| | | Kategori | Koding | Kategori | Koding | | Kategori | Koding | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | |
| 1 | Ny. S | P | 2 | IRT | 1 | 68 | SD | 1 | 10 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 43.75 |
| 2 | Ny. Sm | P | 2 | Pensiunan PN | 3 | 63 | PT | 4 | 2 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 6 | 37.5 |
| 3 | Tn. U | L | 1 | Wiraswasta | 2 | 64 | SD | 1 | 2 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 7 | 43.75 | |
| 4 | Tn. T | L | 1 | Wiraswasta | 2 | 53 | SMA | 3 | 2 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 12 | 75 | |
| 5 | Ny. Sy | P | 2 | IRT | 1 | 52 | SMP | 2 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 7 | 43.75 | |
| 6 | Tn. A | L | 1 | Wiraswasta | 2 | 51 | SMA | 3 | 3 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 8 | 50 | |
| 7 | Ny. Sn | P | 2 | IRT | 1 | 65 | SD | 1 | 3 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 7 | 43.75 | |
| 8 | Ny. N | P | 2 | IRT | 1 | 60 | SD | 1 | 4 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 12 | 75 |
| 9 | Ny. Nh | P | 2 | IRT | 1 | 40 | SMA | 3 | 2 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 9 | 56.25 |
| 10 | Ny. B | P | 2 | IRT | 1 | 49 | SD | 1 | 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 14 | 87.5 | |
| 11 | Ny. Sk | P | 2 | IRT | 1 | 65 | SMP | 2 | 6 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 13 | 81.25 | |
| 12 | Ny. R | P | 2 | IRT | 1 | 38 | SMA | 3 | 4 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 14 | 87.5 | |
| 13 | Ny. S | P | 2 | IRT | 1 | 43 | PT | 4 | 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 14 | 87.5 | |

KUESIONER POST

| No | Inisial | Jenis Kelamin | | Pekerjaan | | Umur | Pendidikan | | Lama Menderita DM | Pernyataan | | | | | | | | | | | | | | | | Jumlah | % | | | | |
|----|---------|---------------|--------|---------------|--------|------|------------|--------|-------------------|------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|--------|---|---|----|-------|-------|
| | | Kategori | Koding | Kategori | Koding | | Kategori | Koding | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | | | | | | |
| 1 | Ny. S | P | 2 | IRT | 1 | 68 | SD | 1 | 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 | 93.75 | |
| 2 | Ny. Sm | P | 2 | Pensiunan PNS | 3 | 63 | S1 | 4 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 3 | Tn. U | L | 1 | Wiraswasta | 2 | 64 | SD | 1 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 4 | Tn. T | L | 1 | Wiraswasta | 2 | 53 | SMA | 3 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 5 | Ny. Sy | P | 2 | IRT | 1 | 52 | SMP | 2 | 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 6 | Tn. A | L | 1 | Wiraswasta | 2 | 51 | SMA | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 7 | Ny. Sn | P | 2 | IRT | 1 | 65 | SD | 1 | 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 8 | Ny. N | P | 2 | IRT | 1 | 60 | SD | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 9 | Ny. Nh | P | 2 | IRT | 1 | 40 | SMA | 3 | 2 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 | 93.75 |
| 10 | Ny. B | P | 2 | IRT | 1 | 49 | SD | 1 | 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 11 | Ny. Sk | P | 2 | IRT | 1 | 65 | SMP | 2 | 6 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 | 93.75 |
| 12 | Ny. R | P | 2 | IRT | 1 | 38 | SMA | 3 | 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 | 100 |
| 13 | Ny. S | P | 2 | IRT | 1 | 43 | S1 | 4 | 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 | 93.75 |

Lampiran VII : Hasil SPSS

MASTER DATA.sav [DataSet1] - IBM SPSS Statistics Data Editor

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Visible: 40 of 40 Variables

| | Umur | JK | Pend | Pek | LMD | P1_Pre | P2_Pre | P3_Pre | P4_Pre | P5_Pre | P6_Pre | P7_Pre | P8_Pre | P9_Pre | P10_Pre |
|----|------|----|------|-----|-----|--------|--------|--------|--------|--------|--------|--------|--------|--------|---------|
| 1 | 68 | 2 | 1 | 1 | 10 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 0 |
| 2 | 63 | 2 | 4 | 3 | 2 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 | 0 |
| 3 | 64 | 1 | 1 | 2 | 2 | 1 | 0 | 0 | 1 | 1 | 1 | 0 | 1 | 0 | 0 |
| 4 | 53 | 1 | 3 | 2 | 2 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 0 | 1 | 0 |
| 5 | 52 | 2 | 2 | 1 | 2 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 1 | 0 | 0 |
| 6 | 51 | 1 | 3 | 2 | 3 | 1 | 1 | 0 | 0 | 1 | 0 | 0 | 1 | 0 | 0 |
| 7 | 65 | 2 | 1 | 1 | 3 | 0 | 1 | 1 | 1 | 0 | 0 | 0 | 0 | 0 | 0 |
| 8 | 60 | 2 | 1 | 1 | 4 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 |
| 9 | 40 | 2 | 3 | 1 | 2 | 0 | 0 | 1 | 0 | 1 | 1 | 0 | 1 | 0 | 0 |
| 10 | 49 | 2 | 1 | 1 | 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 0 |
| 11 | 65 | 2 | 2 | 1 | 6 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 0 | 1 | 1 |
| 12 | 38 | 2 | 3 | 1 | 4 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 0 | 1 | 1 |
| 13 | 43 | 2 | 4 | 1 | 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | | | |
| 20 | | | | | | | | | | | | | | | |
| 21 | | | | | | | | | | | | | | | |

Data View Variable View

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Visible: 40 of 40 Variables

| | P9_Pre | P10_Pre | P11_Pre | P12_Pre | P13_Pre | P14_Pre | P15_Pre | P16_Pre | Total_Pre | P1_Post | P2_Post | P3_Post | P4_Post | P5_Post | P6_Post |
|----|--------|---------|---------|---------|---------|---------|---------|---------|-----------|---------|---------|---------|---------|---------|---------|
| 1 | 0 | 1 | 0 | 0 | 0 | 0 | 0 | 0 | 7 | 1 | 1 | 1 | 1 | 1 | 1 |
| 2 | 0 | 0 | 1 | 0 | 1 | 0 | 0 | 1 | 6 | 1 | 1 | 1 | 1 | 1 | 1 |
| 3 | 0 | 1 | 0 | 0 | 1 | 0 | 1 | 0 | 7 | 1 | 1 | 1 | 1 | 1 | 1 |
| 4 | 1 | 0 | 1 | 1 | 1 | 1 | 0 | 1 | 12 | 1 | 1 | 1 | 1 | 1 | 1 |
| 5 | 0 | 1 | 0 | 0 | 0 | 1 | 0 | 1 | 7 | 1 | 1 | 1 | 1 | 1 | 1 |
| 6 | 0 | 0 | 0 | 1 | 0 | 1 | 1 | 1 | 8 | 1 | 1 | 1 | 1 | 1 | 1 |
| 7 | 0 | 0 | 1 | 1 | 1 | 1 | 0 | 0 | 7 | 1 | 1 | 1 | 1 | 1 | 1 |
| 8 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 12 | 1 | 1 | 1 | 1 | 1 | 1 |
| 9 | 0 | 0 | 1 | 1 | 0 | 1 | 1 | 1 | 9 | 1 | 0 | 1 | 1 | 1 | 1 |
| 10 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 14 | 1 | 1 | 1 | 1 | 1 | 1 |
| 11 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 13 | 1 | 1 | 1 | 1 | 1 | 1 |
| 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 14 | 1 | 1 | 1 | 1 | 1 | 1 |
| 13 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 14 | 1 | 1 | 1 | 1 | 1 | 1 |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | | | |
| 20 | | | | | | | | | | | | | | | |
| 21 | | | | | | | | | | | | | | | |

Data View Variable View

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Visible: 40 of 40 Variables

| | t | P4_Post | P5_Post | P6_Post | P7_Post | P8_Post | P9_Post | P10_Post | P11_Post | P12_Post | P13_Post | P14_Post | P15_Post | P16_Post | Total_Post |
|----|---|---------|---------|---------|---------|---------|---------|----------|----------|----------|----------|----------|----------|----------|------------|
| 1 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 |
| 2 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 3 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 4 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 5 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 6 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 7 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 8 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 9 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 |
| 10 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 11 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 |
| 12 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 16 |
| 13 | 1 | 1 | 1 | 1 | 1 | 1 | 0 | 1 | 1 | 1 | 1 | 1 | 1 | 1 | 15 |
| 14 | | | | | | | | | | | | | | | |
| 15 | | | | | | | | | | | | | | | |
| 16 | | | | | | | | | | | | | | | |
| 17 | | | | | | | | | | | | | | | |
| 18 | | | | | | | | | | | | | | | |
| 19 | | | | | | | | | | | | | | | |
| 20 | | | | | | | | | | | | | | | |
| 21 | | | | | | | | | | | | | | | |

Data View Variable View

/ORDER=ANALYSIS.

Frequencies

[DataSet1] D:\TESIS SITI NURHADIJAH\FIX\MASTER DATA.sav

Statistics

| | | Umur Responden (Tahun) | Jenis Kelamin Responden | Pendidikan Responden | Pekerjaan Responden | Lama Menderita DM (Tahun) |
|----------------|---------|------------------------|-------------------------|----------------------|---------------------|---------------------------|
| N | Valid | 13 | 13 | 13 | 13 | 13 |
| | Missing | 0 | 0 | 0 | 0 | 0 |
| Mean | | 54.69 | 1.77 | 2.23 | 1.38 | 4.77 |
| Median | | 53.00 | 2.00 | 2.00 | 1.00 | 3.00 |
| Std. Deviation | | 10.250 | .439 | 1.166 | .650 | 3.586 |
| Minimum | | 38 | 1 | 1 | 1 | 2 |
| Maximum | | 68 | 2 | 4 | 3 | 12 |

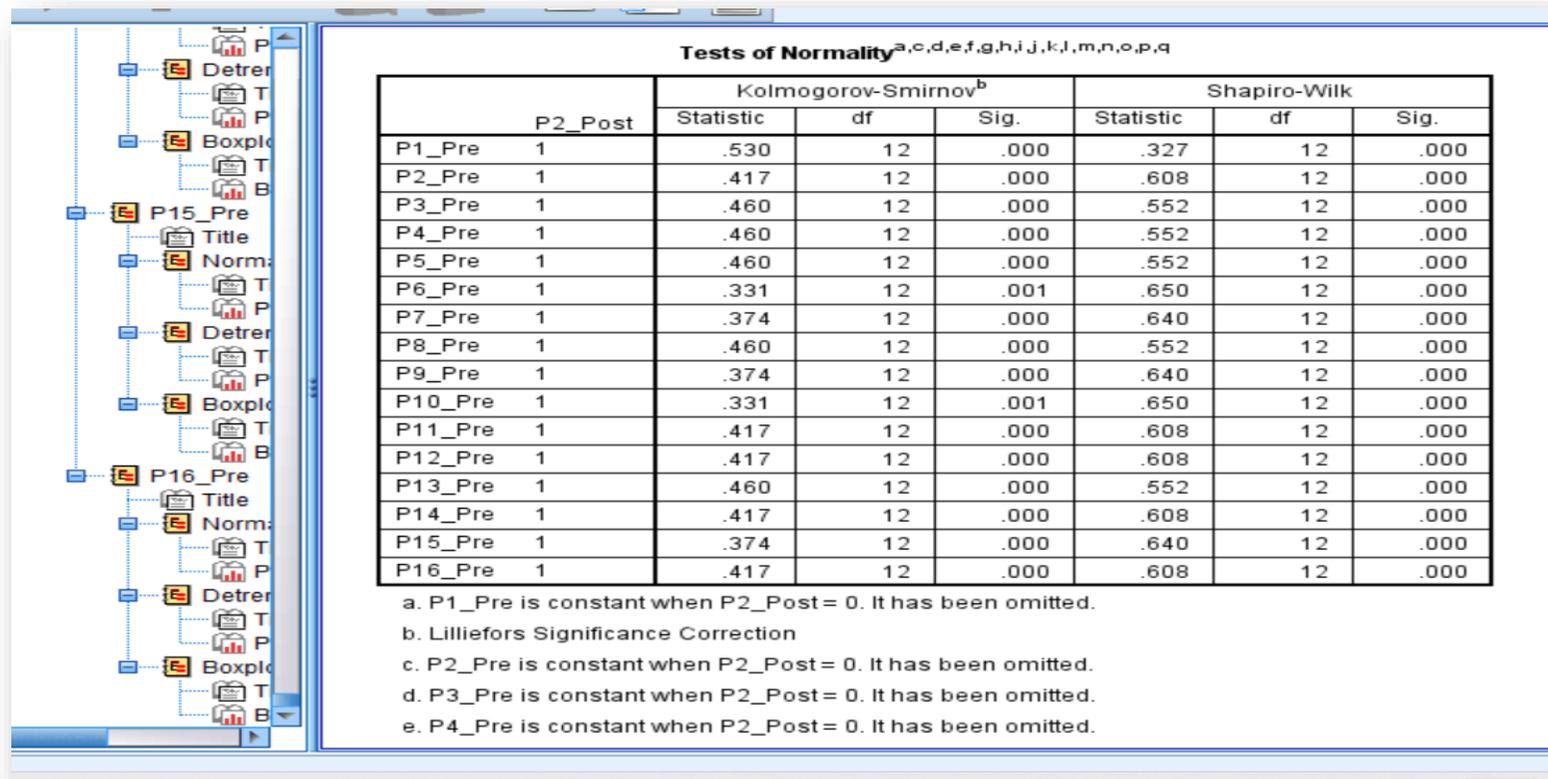
Frequency Table

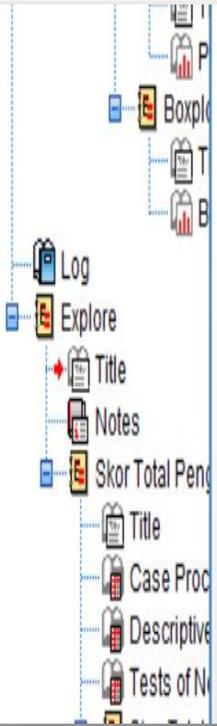
Umur Responden (Tahun)

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 38 | 1 | 7.7 | 7.7 | 7.7 |
| | 40 | 1 | 7.7 | 7.7 | 15.4 |
| | 43 | 1 | 7.7 | 7.7 | 23.1 |
| | 49 | 1 | 7.7 | 7.7 | 30.8 |
| | 51 | 1 | 7.7 | 7.7 | 38.5 |
| | 52 | 1 | 7.7 | 7.7 | 46.2 |
| | 53 | 1 | 7.7 | 7.7 | 53.8 |
| | 60 | 1 | 7.7 | 7.7 | 61.5 |
| | 63 | 1 | 7.7 | 7.7 | 69.2 |
| | 64 | 1 | 7.7 | 7.7 | 76.9 |
| | 65 | 2 | 15.4 | 15.4 | 92.3 |
| | 68 | 1 | 7.7 | 7.7 | 100.0 |
| | Total | | 13 | 100.0 | 100.0 |

Page 4

SPSS Statistics Processor is ready





Tests of Normality

| | Skor Total Pengetahuan Post | Kolmogorov-Smirnov ^a | | | Shapiro-Wilk | | |
|------------------------|--------------------------------|---------------------------------|----|------|--------------|----|------|
| | | Statistic | df | Sig. | Statistic | df | Sig. |
| Skor Total Pengetahuan | 15 | .252 | 4 | . | .916 | 4 | .513 |
| Pre | 16 | .250 | 9 | .111 | .829 | 9 | .044 |

a. Lilliefors Significance Correction

Skor Total Pengetahuan Pre

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- Log
- Explore
 - Title
 - Notes
 - Skor Total Pengetahuan
 - Title
 - Case Proc
 - Descriptive
 - Tests of Normality
 - Skor Total Pengetahuan Post & Skor Total Pengetahuan Pre
 - Title
 - Normality
 - T-Test
 - Title
 - Notes
 - Paired Sample T-Test
 - Paired Sample T-Test
 - Paired Sample T-Test
 - Paired Sample T-Test

- Log
- T-Test
- Title
- Notes
- Paired Sample T-Test
 - Paired Sample T-Test
 - Paired Sample T-Test
 - Paired Sample T-Test

Paired Samples Statistics

| | Mean | N | Std. Deviation | Std. Error Mean |
|------------------------------------|-------|----|----------------|-----------------|
| Pair 1 Skor Total Pengetahuan Post | 15.69 | 13 | .480 | .133 |
| Skor Total Pengetahuan Pre | 10.00 | 13 | 3.189 | .884 |

Paired Samples Correlations

| | N | Correlation | Sig. |
|---|----|-------------|------|
| Pair 1 Skor Total Pengetahuan Post & Skor Total Pengetahuan Pre | 13 | -.163 | .594 |

Paired Samples Test

| | | Paired Differences | | | | t | df | Sig. (2-tailed) | |
|--------|--|--------------------|----------------|-----------------|---|-------|-------|-----------------|-------|
| | | Mean | Std. Deviation | Std. Error Mean | 95% Confidence Interval of the Difference | | | | |
| | | | | | Lower | | | | Upper |
| Pair 1 | Skor Total Pengetahuan Post - Skor Total Pengetahuan Pre | 5.692 | 3.301 | .916 | 3.697 | 7.687 | 6.217 | 12 | .000 |

Test Statistics^a

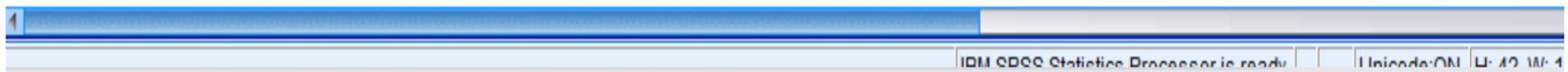
| | P1_Pre - P1_Post | P2_Pre - P2_Post | P3_Pre - P3_Post | P4_Pre - P4_Post | P5_Pre - P5_Post | P6_Pre - P6_Post | P7_Pre - P7_Post | P8_Pre - P8_Post | P9_Pre - P9_Post |
|------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| Z | -1.414 ^b | -2.000 ^b | -1.732 ^b | -2.000 ^b | -1.732 ^b | -2.449 ^b | -2.449 ^b | -2.828 ^b | -2.449 ^b |
| Asymp. Sig. (2-tailed) | .157 | .046 | .083 | .046 | .083 | .014 | .014 | .005 | .014 |

a. Wilcoxon Signed Ranks Test

b. Based on positive ranks.

```

→ COMPUTE selisih=P1_Post - P1_Pre.
EXECUTE.
    
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| P9_Pre - P9_Post | P10_Pre - P10_Post | P11_Pre - P11_Post | P12_Pre - P12_Post | P13_Pre - P13_Post | P14_Pre - P14_Post | P15_Pre - P15_Post | P16_Pre - P16_Post |
|---------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|-----------------------|
| -2.449 ^b | -2.646 ^b | -2.000 ^b | -2.000 ^b | -2.000 ^b | -2.000 ^b | -2.236 ^b | -2.000 ^b |
| .014 | .008 | .046 | .046 | .046 | .046 | .025 | .046 |

