mengakibatkan akumulasi dalam tubuh dengan efek yang bertahap pada jaringan dan organ.

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LAMPIRAN

Lampiran 1

Volume Maksimum Induksi pada Hewan Coba

Jenis Hewan dan BB	Cara Pemberian dan Volume Maksimum (mL)				
	i.v	**i.m**	**i.p**	**s.c**	**p.o**
Mencit (20-30 g)	0,2	0,05	1,0	0,5-1,0	1,0
Tikus (100 g)	1,0	0,1	2,0-5,0	2,0-5,0	5,0
Hamster (50 g)	-	0,1	1,0-5,0	2,5	2,5
Marmut (250 g)	-	0,25	2,0-5,0	5,0	10,0
Merpati (300 g)	2,0	0,5	2,0	2,0	10,0
Kelinci (2,5 kg)	5,0-10,0	0,5	10,0-20,0	5,0-10,0	20,0
Kucing (3 kg)	5,0-10,0	1,0	10,0-20,0	5,0-10,0	50,0
Anjing (5 kg)	10,0-20,0	5,0	20,0-50,0	10,0	100,0

Sumber: Subarnas *et al*. (2008), Malole & Pramono (1989)

Lampiran 2

Perhitungan Dosis Uji Toksisitas Akut

Ekstrak daun sukun 3000 mg/kg BB = (3000 mg/1000 g) x 150 mg/kgBB

= 450 mg/150 g/ 4 mL/ tikus

Perhitungan larutan stok dosis 3000 mg/kg BB = $\frac{450}{4}$ x 50 mL

= 5625 mg/ 50 mL

= 5,6 g / 50 mL

Ekstrak daun sukun 5000 mg/kg BB = (5000 mg/1000 g) x 150 mg/kgBB

= 750 mg/150 g/ 4 mL/ tikus

Perhitungan larutan stok dosis 3000 mg/kg BB = $\frac{750}{4}$ x 50 mL

= 9375 mg/ 50 mL

= 9,3 g / 50 mL

Ekstrak daun sukun 10000 mg/kg BB = (10000 mg/1000 g) x 150 mg/kgBB

= 1500 mg/150 g/ 4 mL/ Tikus

Perhitungan larutan stok dosis 3000 mg/kg BB = $\frac{1500}{4}$ x 50 mL

= 18750 mg/ 50 mL

= 18,75 g / 50 mL

Lampiran 3

KEMENTERIAN PENDIDIKAN, KEBUDAYAAN
RISET, DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT
Jln.Perintis Kemerdekaan Km.10 Makassar 90245, Telp.(0411) 585658,
E-mail : fkm.unhas@gmail.com, website: https/fkm.unhas.ac.id/

REKOMENDASI PERSETUJUAN ETIK
Nomor : **1088/UN4.14.1/TP.01.02/2022**

Tanggal : 26 Januari 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No.Protokol	131221042039	No. Sponsor Protokol	
Peneliti Utama	**Rifa'atul Mahmudah**	Sponsor	Pribadi
Judul Peneliti	**Efek Toksik dan Waktu Hancur Kapsul Ekstrak Daun Sukun (Artocarpus altilis) sebagai Herbal Medicine Penanganan Dislipidemia**		
No.Versi Protokol	1	Tanggal Versi	13 Desember 2021
No.Versi PSP	1	Tanggal Versi	13 Desember 2021
Tempat Penelitian	**Laboratorium Biofarmasi Fakultas Farmasi Universitas Hasanuddin, Laboratorium Teknologi Farmasi Fakultas Farmasi Universitas Hasanuddin.**		
Judul Review	☐ Exempted ☒ Expedited ☐ Fullboard	Masa Berlaku **26 Januari 2022 Sampai 26 Januari 2023**	Frekuensi review lanjutan
Ketua Komisi Etik Penelitian	Nama : Prof.dr.Veni Hadju,M.Sc,Ph.D	Tanda tangan	Tanggal 26 Januari 2022
Sekretaris komisi Etik Penelitian	Nama : Dr. Wahiduddin, SKM.,M.Kes	Tanda tangan	Tanggal 26 Januari 2022

Kewajiban Peneliti Utama :

1. Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
2. Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
3. Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
4. Menyerahkan laporan akhir setelah Penelitian berakhir
5. Melaporakn penyimpangan dari protocol yang disetujui (protocol deviation/violation)
6. Mematuhi semua peraturan yang ditentukan

Lampiran 4

KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT
Jl. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp. (0411) 585658, Fax (0411) 586013
E-mail : fkm.unhas@gmail.com, website : www.fkm.unhas.ac.id

No : 10496/UN4.14/PT.01.04/2021 23 November 2021
Lamp : Proposal
Hal : **Permohonan Izin Penelitian**

Yth.
Dekan Fakultas Farmasi Universitas Hasanuddin
Di –
Tempat

Dengan hormat, kami sampaikan bahwa mahasiswa Program Pascasarjana Fakultas Kesehatan Masyarakat Universitas Hasanuddin yang tersebut di bawah ini :

Nama : **Rifa'atul Mahmudah**
Nomor Pokok : **K012191006**
Program Studi : Kesehatan Masyarakat

Bermaksud melakukan penelitian di Laboratorium Biofarmasi Fakultas Farmasi Unhas dan Laboratorium Teknologi Farmasi Fakultas Farmasi Unhas dalam rangka persiapan penulisan tesis dengan judul **"Efek Toksik dan Waktu Hancur Kapsul Ekstrak Daun Sukun (Artocarpus altilis) sebagai Herbal Medicine Penanganan Dislipidemia"**.

Pembimbing : 1. Dr. Nurhaedar Jafar, Apt.,M.Kes (Ketua)
2. Dr. dr. Burhanuddin Bahar, M.Sc (Anggota)

Waktu Penelitian : November 2021 – Januari 2022

Sehubungan dengan hal tersebut kami mohon kebijaksanaan Bapak/Ibu kiranya berkenan memberi izin kepada yang bersangkutan.

Atas perkenan dan kerjasamanya disampaikan terima kasih.

Dekan

Dr. Aminuddin Syam, SKM.,M.Kes.,M.Med.Ed
NIP. 19670617 199903 1 001

Tembusan :
1. Para Wakil Dekan FKM Unhas
2. Pertinggal

KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT
Jl. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp. (0411) 585658, Fax (0411) 586013
E-mail : fkm.unhas@gmail.com, website : www.fkm.unhas.ac.id

No : 563/UN4.14/PT.01.04/2022 12 Januari 2022
Lamp : Proposal
Hal : **Permohonan Izin Penelitian**

Yth.
Direktur Utama RSPTN Universitas Hasanuddin
Di –
Tempat

Dengan hormat, kami sampaikan bahwa mahasiswa Program Pascasarjana Fakultas Kesehatan Masyarakat Universitas Hasanuddin yang tersebut di bawah ini :

Nama : **Rifa'atul Mahmudah**
Nomor Pokok : **K012191006**
Program Studi : Kesehatan Masyarakat

Bermaksud melakukan penelitian di Laboratorium Patologi dan Anatomi RSPTN Unhas dalam rangka persiapan penulisan tesis dengan judul **"Efek Toksik dan Waktu Hancur Kapsul Ekstrak Daun Sukun (Artocarpus altilis) sebagai Herbal Medicine Penanganan Dislipidemia"**.

Pembimbing : 1. Dr. Nurhaedar Jafar, Apt.,M.Kes (Ketua)
2. Dr. dr. Burhanuddin Bahar, M.Sc (Anggota)

Waktu Penelitian : Januari - Maret 2022

Sehubungan dengan hal tersebut kami mohon kebijaksanaan Bapak/Ibu kiranya berkenan memberi izin kepada yang bersangkutan.

Atas perkenan dan kerjasamanya disampaikan terima kasih.

a.n. Dekan

Dr. Aminuddin Syam, SKM.,M.Kes.,M.Med.Ed
NIP. 19670617 199903 1 001

Tembusan :
1. Para Wakil Dekan FKM Unhas
2. Pertinggal

Lampiran 5

Output Analisis SPSS

Uji Normalitas

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
BBawal	20	95.2%	1	4.8%	21	100.0%
BBakhir	20	95.2%	1	4.8%	21	100.0%

Descriptives

			Statistic	Std. Error
BBawal	Mean		160.40	1.266
	95% Confidence Interval for Mean	Lower Bound	157.75	
		Upper Bound	163.05	
	5% Trimmed Mean		160.39	
	Median		160.00	
	Variance		32.042	
	Std. Deviation		5.661	
	Minimum		152	
	Maximum		169	
	Range		17	
	Interquartile Range		11	
	Skewness		.043	.512
	Kurtosis		-1.395	.992
BBakhir	Mean		179.55	1.721
	95% Confidence Interval for Mean	Lower Bound	175.95	
		Upper Bound	183.15	
	5% Trimmed Mean		179.78	
	Median		182.00	
	Variance		59.208	
	Std. Deviation		7.695	
	Minimum		164	
	Maximum		191	
	Range		27	
	Interquartile Range		13	
	Skewness		-.461	.512
	Kurtosis		-.677	.992

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
BBawal	.138	20	.200*	.926	20	.131
BBakhir	.175	20	.110	.949	20	.348

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Uji Paired t-Test

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	BBawalKontrol	157.40	5	4.669	2.088
	BBakhirKontrol	170.40	5	5.771	2.581
Pair 2	BBawalPI	162.60	5	6.107	2.731
	BBakhirPI	180.40	5	5.459	2.441
Pair 3	BBawalPII	162.60	5	6.107	2.731
	BBakhirPII	180.40	5	5.459	2.441
Pair 4	BBawalPIII	159.00	5	5.477	2.449
	BBakhirPIII	187.00	5	3.536	1.581

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	BBawalKontrol & BBakhirKontrol	5	.289	.637
Pair 2	BBawalPI & BBakhirPI	5	.988	.002
Pair 3	BBawalPII & BBakhirPII	5	.988	.002
Pair 4	BBawalPIII & BBakhirPIII	5	.658	.227

Paired Samples Test

		Paired Differences					t	df	Sig. (2-tailed)
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference Lower	Upper			
Pair 1	BBawalKontrol - BBakhirKontrol	-13.000	6.285	2.811	-20.804	-5.196	-4.625	4	.010
Pair 2	BBawalPI - BBakhirPI	-17.800	1.095	.490	-19.160	-16.440	-36.334	4	.000
Pair 3	BBawalPII - BBakhirPII	-17.800	1.095	.490	-19.160	-16.440	-36.334	4	.000
Pair 4	BBawalPIII - BBakhirPIII	-28.000	4.123	1.844	-33.120	-22.880	-15.185	4	.000

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
perubahanBBK	5	23.8%	16	76.2%	21	100.0%
perubahanBBPI	5	23.8%	16	76.2%	21	100.0%
perubahanBBPII	5	23.8%	16	76.2%	21	100.0%
perubahanBBPIII	5	23.8%	16	76.2%	21	100.0%

Descriptives

			Statistic	Std. Error
perubahanBBK	Mean		13.00	2.811
	95% Confidence Interval for Mean	Lower Bound	5.20	
		Upper Bound	20.80	
	5% Trimmed Mean		13.17	
	Median		16.00	
	Variance		39.500	
	Std. Deviation		6.285	
	Minimum		4	
	Maximum		19	
	Range		15	
	Interquartile Range		12	
	Skewness		-.816	.913
	Kurtosis		-1.230	2.000
perubahanBBPI	Mean		17.80	.490
	95% Confidence Interval for Mean	Lower Bound	16.44	
		Upper Bound	19.16	
	5% Trimmed Mean		17.83	
	Median		18.00	
	Variance		1.200	
	Std. Deviation		1.095	
	Minimum		16	
	Maximum		19	
	Range		3	
	Interquartile Range		2	
	Skewness		-1.293	.913
	Kurtosis		2.917	2.000
perubahanBBPII	Mean		17.40	.748
	95% Confidence Interval for Mean	Lower Bound	15.32	
		Upper Bound	19.48	
	5% Trimmed Mean		17.33	
	Median		17.00	
	Variance		2.800	
	Std. Deviation		1.673	
	Minimum		16	
	Maximum		20	

	Range		4	
	Interquartile Range		3	
	Skewness		1.089	.913
	Kurtosis		.536	2.000
perubahanBBPIII	Mean		26.40	3.156
	95% Confidence Interval for Mean	Lower Bound	17.64	
		Upper Bound	35.16	
	5% Trimmed Mean		26.67	
	Median		28.00	
	Variance		49.800	
	Std. Deviation		7.057	
	Minimum		15	
	Maximum		33	
	Range		18	
	Interquartile Range		12	
	Skewness		-1.299	.913
	Kurtosis		1.700	2.000

Uji Normalitas

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
perubahanBBK	.283	5	.200*	.896	5	.390
perubahanBBPI	.372	5	.022	.828	5	.135
perubahanBBPII	.201	5	.200*	.881	5	.314
perubahanBBPIII	.221	5	.200*	.903	5	.427

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Uji One way Anova

Test of Homogeneity of Variances

BBakhir

Levene Statistic	df1	df2	Sig.
.524	3	16	.672

ANOVA

BBakhir

	Sum of Squares	df	Mean Square	F	Sig.
Between Groups	703.350	3	234.450	8.898	.001
Within Groups	421.600	16	26.350		
Total	1124.950	19			

Multiple Comparisons

Dependent Variable: BBakhir

LSD

(I) Kelompok	(J) Kelompok	Mean Difference (I-J)	Std. Error	Sig.	95% Confidence Interval	
					Lower Bound	Upper Bound
kontrol	KI (3000)	-10.000*	3.247	.007	-16.88	-3.12
	KII (5000)	-10.000*	3.247	.007	-16.88	-3.12
	KIII (10000)	-16.600*	3.247	.000	-23.48	-9.72
KI (3000)	kontrol	10.000*	3.247	.007	3.12	16.88
	KII (5000)	.000	3.247	1.000	-6.88	6.88
	KIII (10000)	-6.600	3.247	.059	-13.48	.28
KII (5000)	kontrol	10.000*	3.247	.007	3.12	16.88
	KI (3000)	.000	3.247	1.000	-6.88	6.88
	KIII (10000)	-6.600	3.247	.059	-13.48	.28
KIII (10000)	kontrol	16.600*	3.247	.000	9.72	23.48
	KI (3000)	6.600	3.247	.059	-.28	13.48
	KII (5000)	6.600	3.247	.059	-.28	13.48

*. The mean difference is significant at the 0.05 level.

Case Processing Summary

	Cases					
	Valid		Missing		Total	
	N	Percent	N	Percent	N	Percent
waktuhancur	6	100.0%	0	0.0%	6	100.0%

Descriptives

			Statistic	Std. Error
waktuhancur	Mean		6.1217	.01014
	95% Confidence Interval for Mean	Lower Bound	6.0956	
		Upper Bound	6.1477	
	5% Trimmed Mean		6.1219	
	Median		6.1200	
	Variance		.001	
	Std. Deviation		.02483	
	Minimum		6.09	
	Maximum		6.15	
	Range		.06	
	Interquartile Range		.05	
	Skewness		.070	.845
	Kurtosis		-1.621	1.741

Tests of Normality

	Kolmogorov-Smirnov[a]			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
waktuhancur	.206	6	.200*	.898	6	.361

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

One-Sample Statistics

	N	Mean	Std. Deviation	Std. Error Mean
waktuhancur	6	6.1217	.02483	.01014

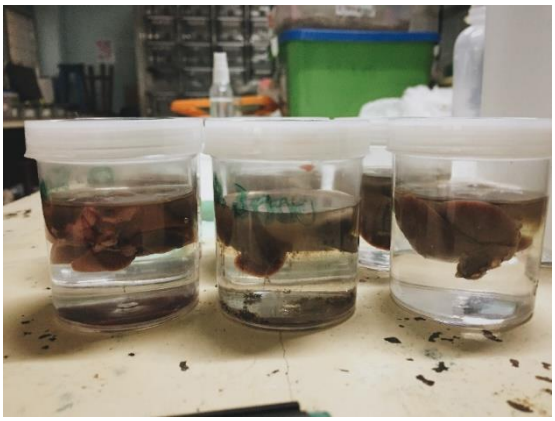
One-Sample Test

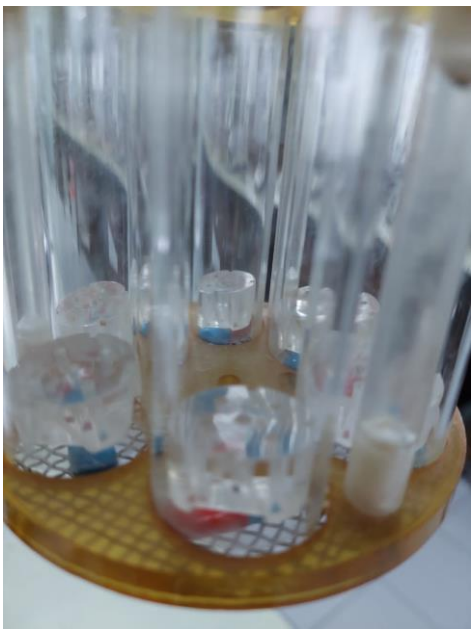
Test Value = 15

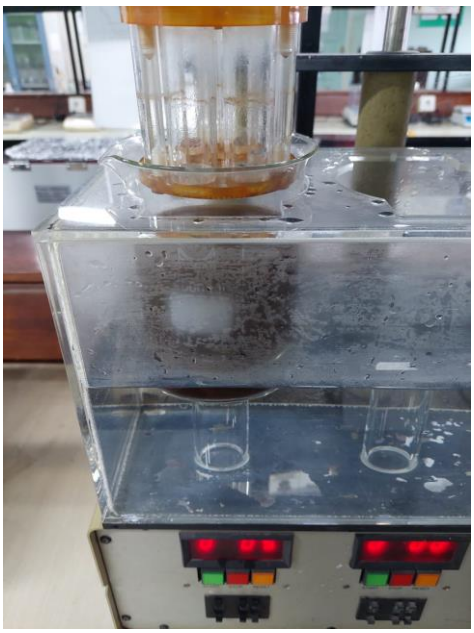
	t	df	Sig. (2-tailed)	Mean Difference	95% Confidence Interval of the Difference	
					Lower	Upper
waktuhancur	-875.753	5	.000	-8.87833	-8.9044	-8.8523

Lampiran 6


Air Biasa







Lampiran 7

RIWAYAT HIDUP

A. Data Pribadi

1. Nama : Rifa'atul Mahmudah
2. Tempat/Tanggal Lahir : Soppeng, 26 November 1995
3. Alamat Domisili : Jalan Sahabat II Lorong 1
4. Alamat Asal : Jalan Dr. Sutomo Komp. Perum Depag, Kel Sumpang Binangae, Kec. Barru, Kab. Barru, Sulsel
5. Jenis Kelamin : Perempuan
6. Suku/Bangsa : Bugis/Indonesia
7. Agama : Islam
8. E-mail : rhyfa.atul@gmail.com
9. Status Sipil : Belum Menikah
10. Nama Orang Tua
    a. Ayah : Drs. H. Muh. Kasim
    b. Ibu : Dra. Hj. Maserong
11. Nama Saudara : Nurfadhilah Kasim S.KM., M.Kes
    Alfian Hidayat, S.Si.

B. Riwayat Pendidikan Formal

1.	TK Raodhatul Atfal Al-Ikhlas Barru	2000-2001
2.	SD Inpres Barru I	2001-2007
3.	MTsN Mangempang	2007-2010
4.	SMA Negeri 1 Barru	2010-2013
5.	Fakultas Kesehatan Masyarakat Program Studi Ilmu Gizi Universitas Hasanuddin	2014-2018
6.	Program Studi S2 Kesehatan Masyarakat Departemen Gizi, Sekolah Pasca Sarjana Universitas Hasanuddin	2019-2022