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Lampiran 1. Formulir Penilaian Kualitas untuk Desain RCT

Penelitian 1

Reviewer : Andi Sri Wahyuni

Title : Human milk oligosaccharide consumption by probiotic and human-associated bifidobacteria and lactobacilli

Author : Taksawan Thongaram, Jennifer L. Hoeflinger, JoMay Chow and Michael J. Miller

		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	□	☑	□	□
2.	Was allocation to treatment groups concealed?	□	☑	□	□
3.	Were treatment groups similar at the baseline?	☑	□	□	□
4.	Were participants blind to treatment assignment?	☑	□	□	□
5.	Were those delivering treatment blind to treatment assignment?	□	□	☑	□
6.	Were outcomes assessors blind to treatment assignment?	□	□	☑	□
7.	Were treatment groups treated identically other than the intervention of interest?	☑	□	□	□
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	☑	□	□	□
9.	Were participants analyzed in the groups to which they were randomized?	□	☑	□	□
10.	Were outcomes measured in the same way for treatment groups?	□	☑	□	□
11.	Were outcomes measured in a reliable way?	☑	□	□	□
12.	Was appropriate statistical analysis used?	☑	□	□	□
13.	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	☑	□	□	□

Overall appraisal: Include ☑ Exclude □ Seek further info □

Lampiran 2. Formulir Penilaian Kualitas untuk Desain Cohort

Penelitian 2

Reviewer	:	Andi Sri Wahyuni
Title	:	Composition and Variation of the Human Milk Microbiota Are Influenced by Maternal and Early-Life Factors
Author	:	Shirin Moossavi,Shadi Sepehri, Bianca Robertson, Lars Bode, Sue Goruk, Catherine J. Field, Lisa M. Lix, Russell J. de Souza, Allan B. Becker, Piushkumar J. Mandhane, Stuart E. Turvey, Padmaja Subbarao, Theo J. Moraes, Diana L. Lefebvre, Malcolm R. Sears, Ehsan Khafipour and Meghan B. Azad

	Yes	No	Unclear	NA
1. Were the two groups similar and recruited from the same population?	☑	□	□	□
2. Were the exposures measured similarly to assign people to both exposed and unexposed groups?	☑	□	□	□
3. Was the exposure measured in a valid and reliable way?	☑	□	□	□
4. Were confounding factors identified?	□	□	☑	□
5. Were strategies to deal with confounding factors stated?	□	□	☑	□
6. Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	□	□	☑	□
7. Were the outcomes measured in a valid and reliable way?	☑	□	□	□
8. Was the follow up time reported and sufficient to be long enough for outcomes to occur?	□	□	☑	□
9. Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	☑	□	□	□
10. Were strategies to address incomplete follow up utilized?	☑	□	□	□
11. Was appropriate statistical analysis used?	☑	□	□	□

Overall appraisal: Include ☑ Exclude □ Seek further info □

Lampiran 3. Formulir Penilaian Kualitas untuk Desain RCT

Penelitian 3

Reviewer	:	Andi Sri Wahyuni
Title	:	Microbiota Supplementation with Bifidobacterium and Lactobacillus Modifies the Preterm Infant Gut Microbiota and Metabolome: An Observational Study
Author	:	Cristina Alcon-Giner, Matthew J. Dalby, Shabhonam Caim, Jennifer Ketskemety, Alex Shaw, Kathleen Sim, Melissa A.E. Lawson, Raymond Kiu, Charlotte Leclaire, Lisa Chalklen, Magdalena Kujawska, Suparna Mitra, Fahmina Fardus-Reid, Gustav Belteki, Katherine McColl, Jonathan R. Swann, J. Simon Kroll, Paul Clarke and Lindsay J. Hall

		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	□	□	✓	□
2.	Was allocation to treatment groups concealed?	□	✓	□	□
3.	Were treatment groups similar at the baseline?	✓	□	□	□
4.	Were participants blind to treatment assignment?	✓	□	□	□
5.	Were those delivering treatment blind to treatment assignment?	□	□	✓	□
6.	Were outcomes assessors blind to treatment assignment?	□	□	✓	□
7.	Were treatment groups treated identically other than the intervention of interest?	✓	□	□	□
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	✓	□	□	□
9.	Were participants analyzed in the groups to which they were randomized?	✓	□	□	□
10.	Were outcomes measured in the same way for treatment groups?	✓	□	□	□
11.	Were outcomes measured in a reliable way?	□	□	✓	□
12.	Was appropriate statistical analysis used?	✓	□	□	□
13.	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	✓	□	□	□

Overall appraisal: Include ✓ Exclude □ Seek further info □

Lampiran 4. Formulir Penilaian Kualitas untuk Desain Cohort

Penelitian 4

Reviewer	:	Andi Sri Wahyuni
Title	:	Influence of Sulfonated and diet-derived Human Milk Oligosaccharides on The Infant Microbiome and Immune Markers
Author	:	Candice Quin, Sara D. Vicaretti, Nina A Mohtarudin, Alexander M. Garner, Deanna M. Vollman, Deanna L. Gibson, and X Wesley F. Zandberg

	Yes	No	Unclear	NA
1. Were the two groups similar and recruited from the same population?	✓	□	□	□
2. Were the exposures measured similarly to assign people to both exposed and unexposed groups?	✓	□	□	□
3. Was the exposure measured in a valid and reliable way?	□	□	✓	□
4. Were confounding factors identified?	✓	□	□	□
5. Were strategies to deal with confounding factors stated?	✓	□	□	□
6. Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	□	□	✓	□
7. Were the outcomes measured in a valid and reliable way?	✓	□	□	□
8. Was the follow up time reported and sufficient to be long enough for outcomes to occur?	□	✓	□	□
9. Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	✓	□	□	□
10. Were strategies to address incomplete follow up utilized?	□	□	✓	□
11. Was appropriate statistical analysis used?	✓	□	□	□

Overall appraisal: Include ✓ Exclude □ Seek further info □

Lampiran 5. Formulir Penilaian Kualitas untuk Desain Cohort

Penelitian 5

Reviewer	:	Andi Sri Wahyuni
Title	:	Key Genetic Variants Associated with Variation of Milk Oligosaccharides from Diverse Human Populations
Author	:	Janet E. Williams, Michelle K. McGuire, Courtney L. Meehan, Mark A. McGuire, Sarah L. Brooker, Elizabeth W. Kamau-Mbuthia, Egidioh W. Kamundia, Samwel Mbugua, Sophie E. Moore, Andrew M. Prentice, Gloria E. Otoo, Juan M. Rodríguez, Rossina G. Pareja, James A. Foster, Daniel W. Sellen, Debela G. Kita, Holly L. Neibergs, Brenda M. Murdoch.

	Yes	No	Unclear	NA
1. Were the two groups similar and recruited from the same population?	☑	□	□	□
2. Were the exposures measured similarly to assign people to both exposed and unexposed groups?	☑	□	□	□
3. Was the exposure measured in a valid and reliable way?	☑	□	□	□
4. Were confounding factors identified?	□	□	☑	□
5. Were strategies to deal with confounding factors stated?	□	□	☑	□
6. Were the groups/participants free of the outcome at the start of the study (or at the moment of exposure)?	□	□	☑	□
7. Were the outcomes measured in a valid and reliable way?	☑	□	□	□
8. Was the follow up time reported and sufficient to be long enough for outcomes to occur?	□	□	☑	□
9. Was follow up complete, and if not, were the reasons to loss to follow up described and explored?	□	□	☑	□
10. Were strategies to address incomplete follow up utilized?	☑	□	□	□
11. Was appropriate statistical analysis used?	☑	□	□	□

Overall appraisal: Include ☑ Exclude □ Seek further info □

Lampiran 6. Formulir Penilaian Kualitas untuk Desain RCT

Penelitian 6

Reviewer	:	Andi Sri Wahyuni
Title	:	Human Milk Oligosaccharides and Non-Digestible Carbohydrates Reduce Pathogen Adhesion to Intestinal Epithelial Cells by Decoy Effects Or by Attenuating Bacterial Virulence
Author	:	Chunli Kong, Anne de Jong, Bart J. de Haan, Jan Kok , Paul de Vos.

		Yes	No	Unclear	NA
1.	Was true randomization used for assignment of participants to treatment groups?	☑	☐	☐	☐
2.	Was allocation to treatment groups concealed?	☐	☑	☐	☐
3.	Were treatment groups similar at the baseline?	☑	☐	☐	☐
4.	Were participants blind to treatment assignment?	☐	☐	☑	☐
5.	Were those delivering treatment blind to treatment assignment?	☐	☐	☑	☐
6.	Were outcomes assessors blind to treatment assignment?	☐	☐	☑	☐
7.	Were treatment groups treated identically other than the intervention of interest?	☑	☐	☐	☐
8.	Was follow up complete and if not, were differences between groups in terms of their follow up adequately described and analyzed?	☑	☐	☐	☐
9.	Were participants analyzed in the groups to which they were randomized?	☑	☐	☐	☐
10.	Were outcomes measured in the same way for treatment groups?	☑	☐	☐	☐
11.	Were outcomes measured in a reliable way?	☐	☐	☑	☐
12.	Was appropriate statistical analysis used?	☑	☐	☐	☐
13.	Was the trial design appropriate, and any deviations from the standard RCT design (individual randomization, parallel groups) accounted for in the conduct and analysis of the trial?	☑	☐	☐	☐

Overall appraisal: Include ☑ Exclude ☐ Seek further info ☐

Lampirann 7. Penelusuran Tahap Identifikasi

No.	Database	Kombinasi Kata Kunci	Mekanisme	Tanggal Pencarian	Jumlah Literatur
1.	PubMed	*(Human Milk Oligosaccharides OR "Oligosaccharides" OR "Human Milk" OR "Breastfeeding" OR "Breastmilk" OR "lactation" OR "Infants) AND (Immunological Effects OR Immune) NOT (Lipid)*	Pada fitur *advanced search* di database PubMed, masukkan satu persatu kata kunci ke dalam kotak pencarian dengan mengatur pencariannya untuk ―*all fields*‖. Setiap kata kunci dimasukkan dengan menambahkan *boolean operator* yang telah ditentukan. Setelah semua kombinasi tersusun pada *query box,* selanjutnya menekan kotak *search* dan literatur yang diinginkan akan muncul sesuai kombinasi kata kunci.	6-14 Januari 2022	19
2.	Science Direct	*(Human Milk Oligosaccharides OR "Oligosaccharides" OR "Human Milk" OR "Breastfeedin" OR "Breastmilk" OR "lactatio" OR "Infants) AND (Immunological Effects OR Immune) NOT (Lipid)*	Pada menu pencarian di database sicence direct, kombinasi kata kunci yang telah dibuat dengan menggunakan *boolean operator,* dimasukkan ke dalam kotak pencarian. Kemudian selanjutnya akan muncul hasil	9-21 Januari 2022	3212

			literatur yang sesuai dengan kombinasi kata kunci.		
3.	ProQuest	*(HMO OR "Breast Milk") AND (Immunological) NOT (Lactose)*	Pada menu pencarian di database ProQuest, kombinasi kata kunci yang telah dibuat dengan menggunakan *boolean operator*, dimasukkan ke dalam kotak pencarian. Kemudian selanjutnya akan muncul hasil literatur yang sesuai dengan kombinasi kata kunci.	7-13 Januari 2022	115
4.	DOAJ	*HMO, ASI, Menyusui, Sistem Imun Kekebalan tubuh, Daya tahan tubuh*	Pencarian pada database DOAJ dilakukan dua kali. Pencarian pertama menggunakan kombinasi kata kunci yang berbahasa Inggris, sedangkan pencarian kedua menggunakan kata kunci yang berbahasa Indonesia. Pada fitur pencarian database DOAJ, menuju ke pencarian artikel pada atas kolom pencarian. Kemudian memasukkan kombinasi kata kunci yang telah disusun	10-19 Januari 2022	1011

			menggunakan *boolean operator*, lalu mengatur pencarian untuk ―*in all fields*‖. Selanjutnya, akan muncul hasil pencarian yang sesuai dengan kombinasi kata		
5.	Google Scholar	*HMO, ASI, Menyusui, Sistem Imun Kekebalan tubuh, Daya tahan tubuh*	Pencarian pada mesin pencarian *google scholar* dilakukan dua kali. Pencarian pertama menggunakan kombinasi kata kunci yang berbahasa Inggris, sedangkan pencarian kedua menggunakan kata kunci yang berbahasa Indonesia. Pada kolom pencarian *google scholar*, dimasukkan kombinasi kata kunci yang telah disusun menggunakan *boolean operator*. Selanjutnya, akan muncul hasil pencarian yang sesuai dengan kombinasi kata kunci. Penulisan kombinasi untuk database *google scholar*, menggunakan tanda ―-― untuk mengecualikan kata kunci yang tidak ingin diambil.	13-22 Januari 2022	1027
Total Literatur					**5384**

Lampiran 8. Penelusuran Tahap *Skrining*

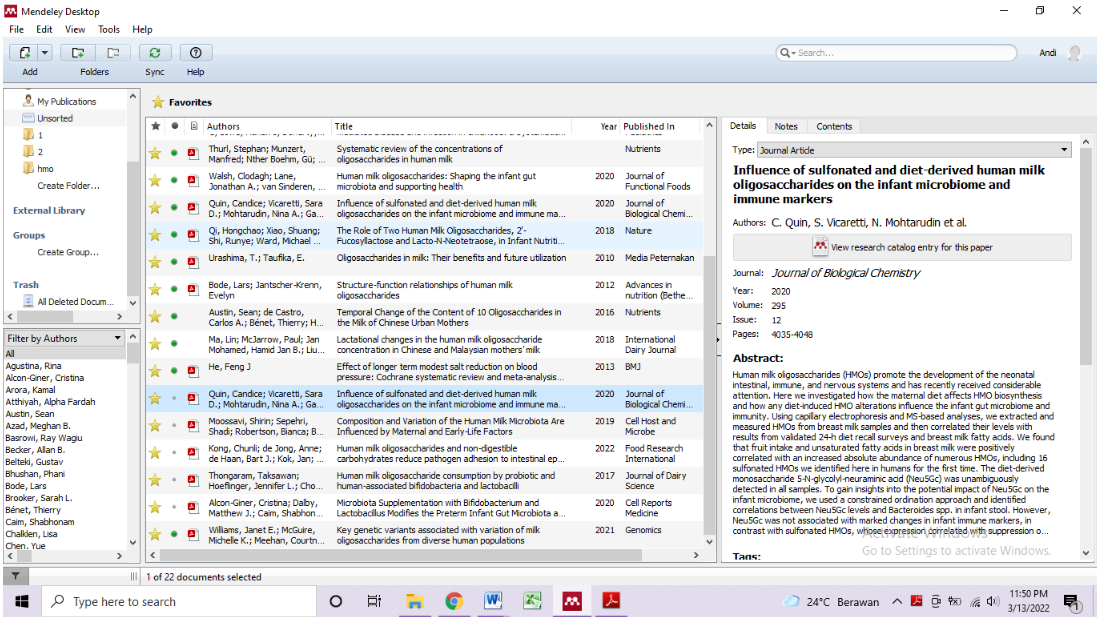
Skrining		**Mekanisme**	**Tanggal Pelaksanaan**	**Hasil**		**Keterangan**
				Include	**Exclude**	
Tahap 1	Full Text	Menelusuri masing-masing literatur dengan bantuan aplikasi mendeley.	6-22 Januari 2022	2833	2551	Rincian jumlah artikel yang tidak free full text : 1. Pubmed = 4 2. Science Direct = 1509 3. ProQuest = 32 4. DOAJ = 521 5. Google Scholar = 416 6. Unidentified = 69
	Duplikat	Menggunakan aplikasi mendeley dan melakukan pengecekan secara manual.	25 Januari 2022	2281	552	
	Bahasa	Membuka masing-masing file literatur dan melakukan pengecekan bahasa secara manual. Literatur yang diambil adalah yang menggunakan bahasa Inggris dan Indonesia.	25-28 Januari 2022	2060	221	
	Jenis Artikel	Membuka masing-masing file literatur, lalu melakukan identifikasi terhadap jenis artikel. Artikel yang diambil adalah artikel penelitian.	28-31 Januari 2022	1329	731	Rincian jenis artikel yg dikeluarkan: 1. Skripsi, tesis, disertasi, KTI, laporan = 129 2. Review = 301 3. Prosiding = 87 4. Bacaan = 62 5. Lainnya = 152

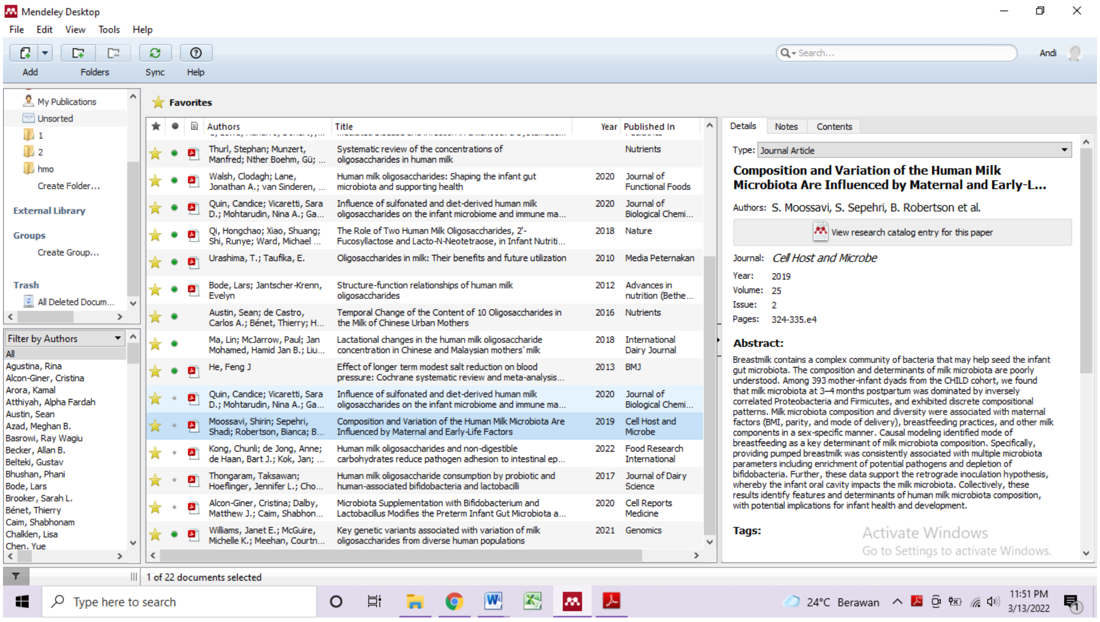
Jumlah Literatur Tahap 1				**1329**	**4055**	
Tahap 2 (Judul)	Relevansi	Membaca masing-masing judul artikel, lalu melakukan *skrining* terhadap judul artikel yang relevan (meneliti tentang *Human Milk Oligosaccharides* dan sistem imun)	1-4 Februari 2022	167	1162	Rincian artikel yang dikeluarkan: 1. Membahas *Human Milk Oligosaccharides* = 736 2. Selain tentang *Human Milk Oligosaccharides* = 426
	Indeks Jurnal	Melakukan skrining terhadap artikel yang terindeks oleh *Scopus* atau *ScienceDirect* dengan mengecek nama jurnal masing-masing artikel pada situs indeksasi jurnal.	5-8 Februari 2022	90	77	Rincian indeks jurnal 1. Scopus = 32 2. ScienceDirect = 58
Jumlah Literatur Tahap 2				**90**	**1239**	
Tahap 3	Kesesuaian Judul dengan Abstrak	Membaca abstrak, lalu melakukan skrining kesesuaian judul dengan isi abstrak dan melihat relevansi tujuan pada abstrak (tujuan penelitian yang melihat efek *Human Milk Oligosaccharides* terhadap sistem imun pada bayi)	10-15 Februari 2022	32	58	
Literatur Hasil Skrining				**32**	**5384**	

Lampiran 9. Penelusuran Tahap *Eligibility*

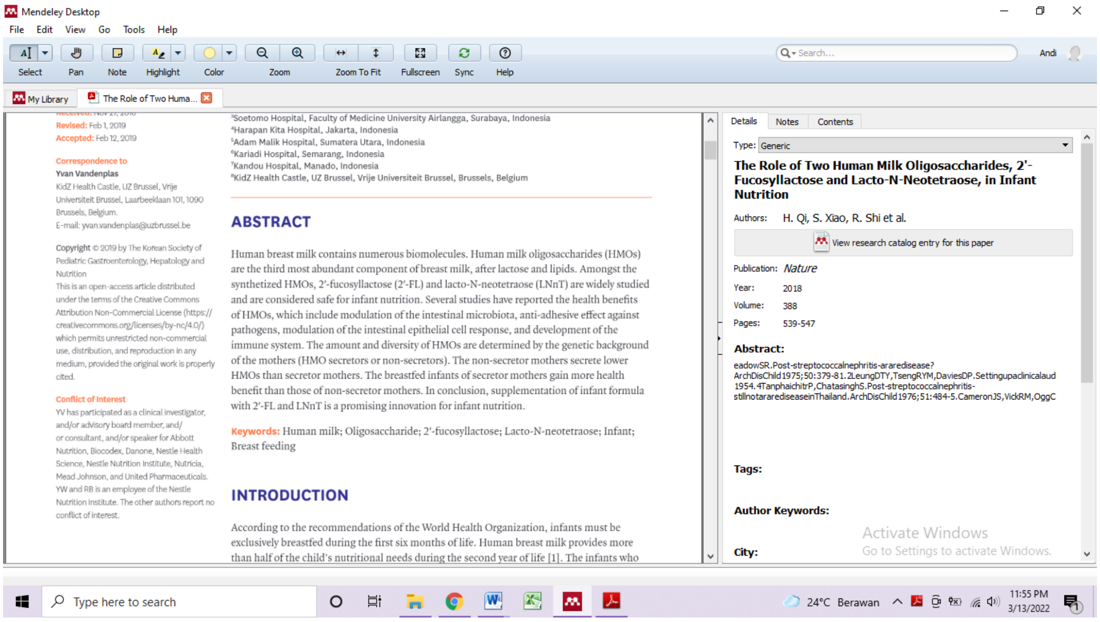
Eligibility		Penilaian	Tanggal Pelaksanaan	Hasil		Keterangan
				Include	Exclude	
Full Text Assesed	Populasi	populasi ibu menyusui	16 Februari 2022	14	18	Rincian artikel yang terexclude: 1. Populasi hewan = 9 2. Populasi ibu hamil = 9
	Desain Studi	RCT dan studi cohort	16 Februari 2022	13	1	Rincian desain studi artikel yang terinclude: 1. RCT = 3 2. Cohort studies = 5
	Intervensi	Intervensi berupa *Human Milk Oligosaccharides*	16 Februari 2022	9	4	Rincian desain yang terexclude: 1. Intevensi berupa HMO dengan konsentrasi lain = 1 2. Intervensi berupa HMO dari susu sapi = 3
	Komparator	susu formula atau suplemen probiotik	16 Februari 2022	9	0	
	Hasil	produksi ASI diukur berdasarkan kandungan atau konsentrasi ASI serta manfaat HMO sebagai sistem imun pada bayi	16 Februari 2022	6	3	
Adding	*Hand Searching*					
				6	26	

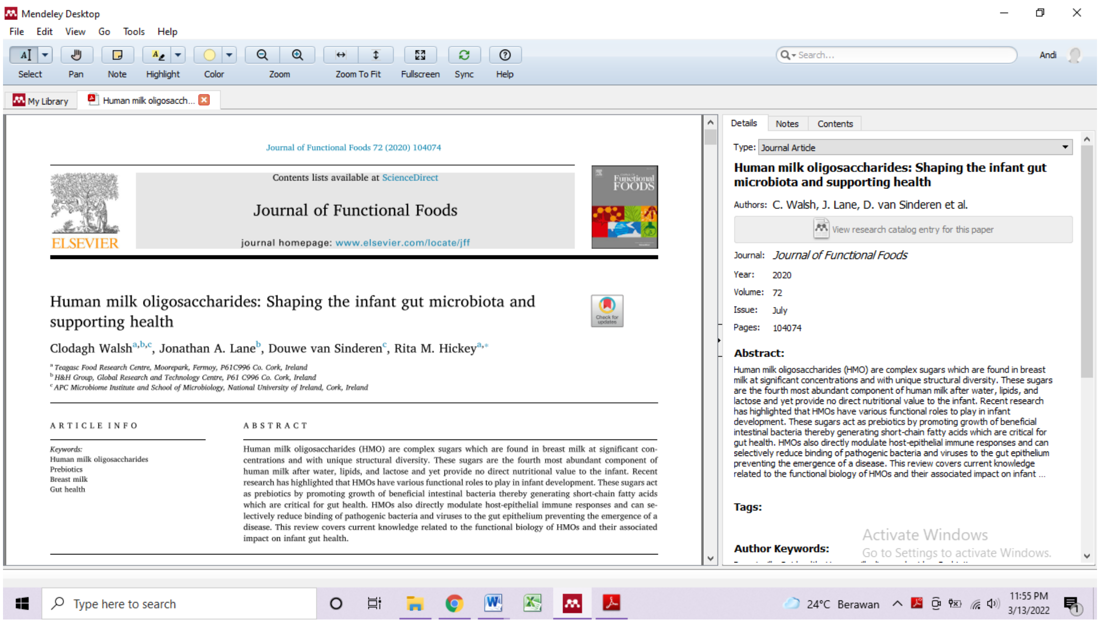
Lampiran 10. Dokumentasi Proses Skrining Artikel Tahap Dua



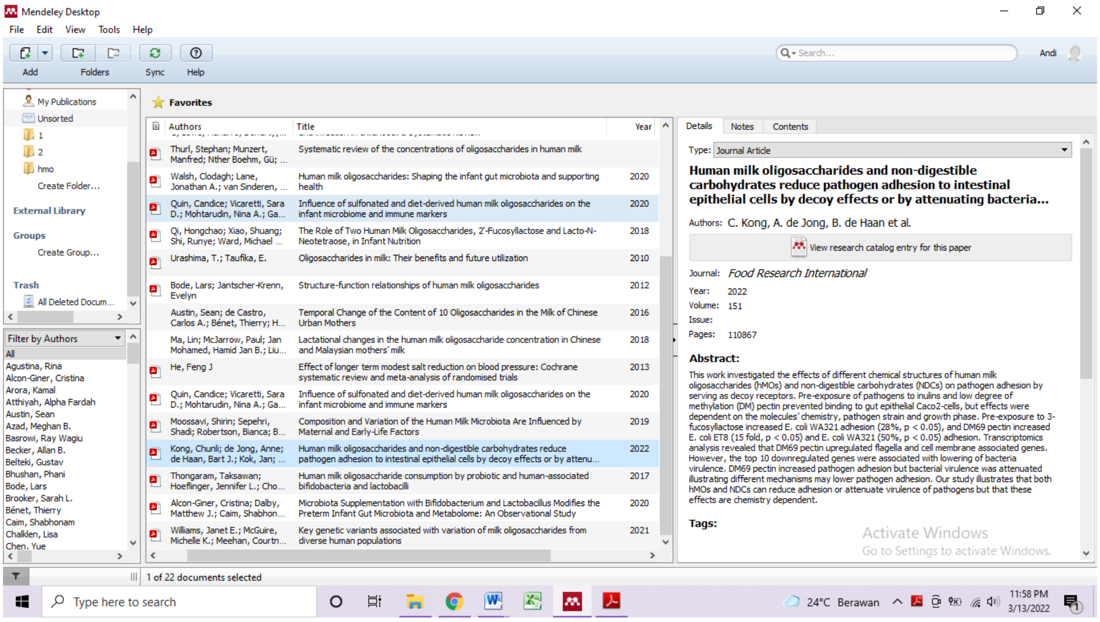


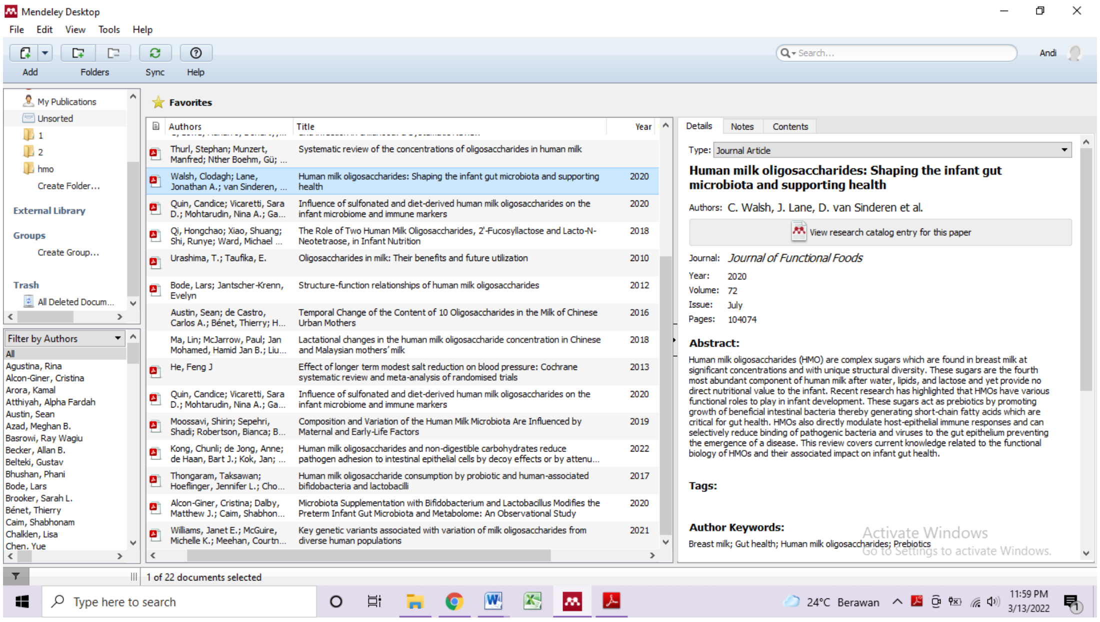
Lampiran 11. Dokumentasi Proses Skrining Artikel Tahap Tiga



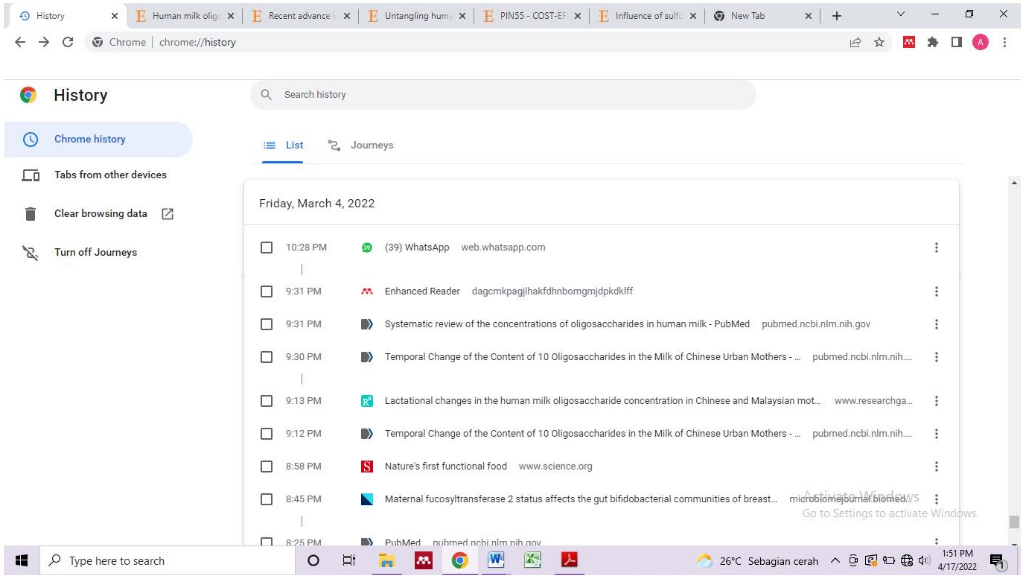


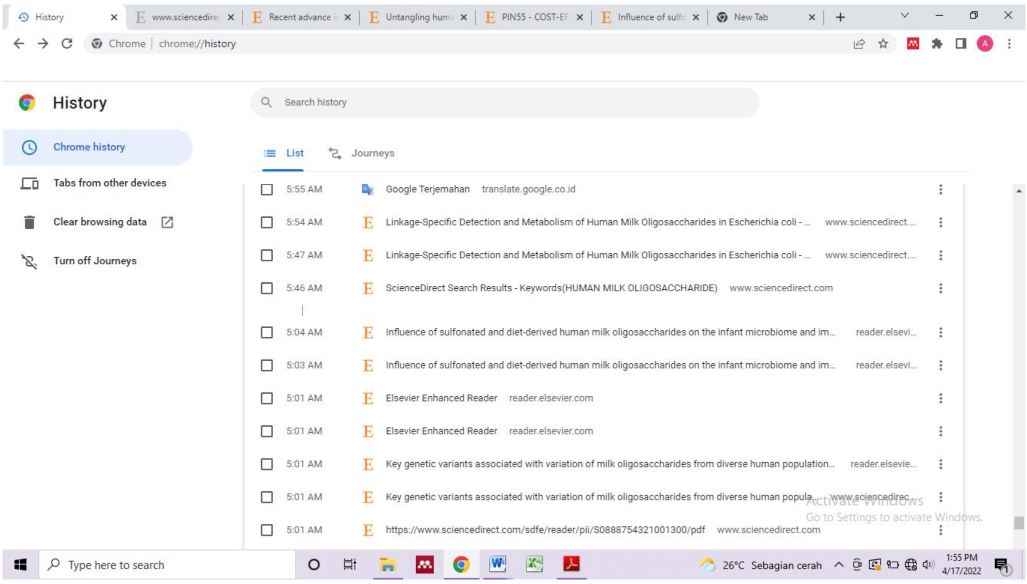
Lampiran 12. Dokumentasi Artikel Jurnal yang Terindeks

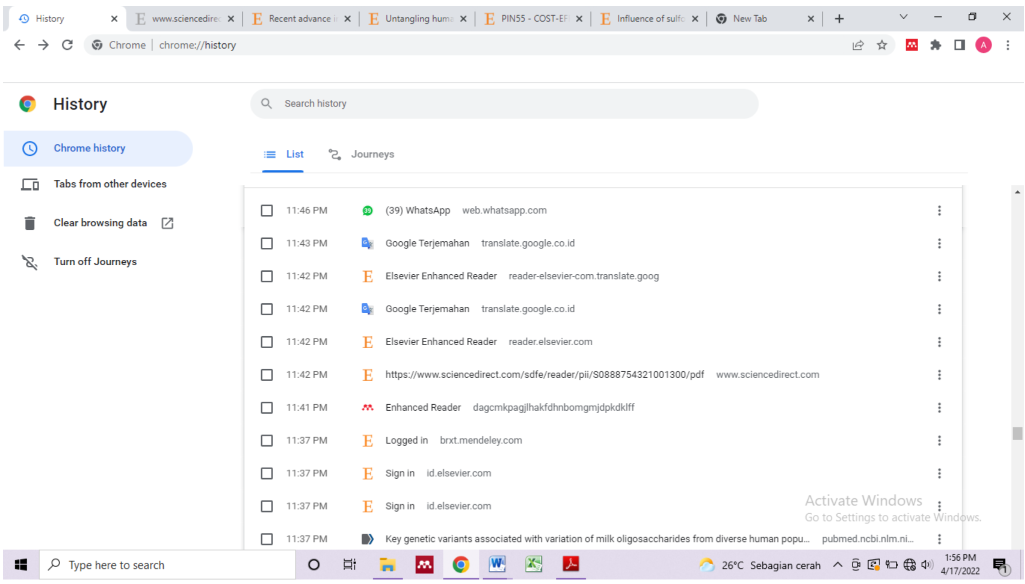


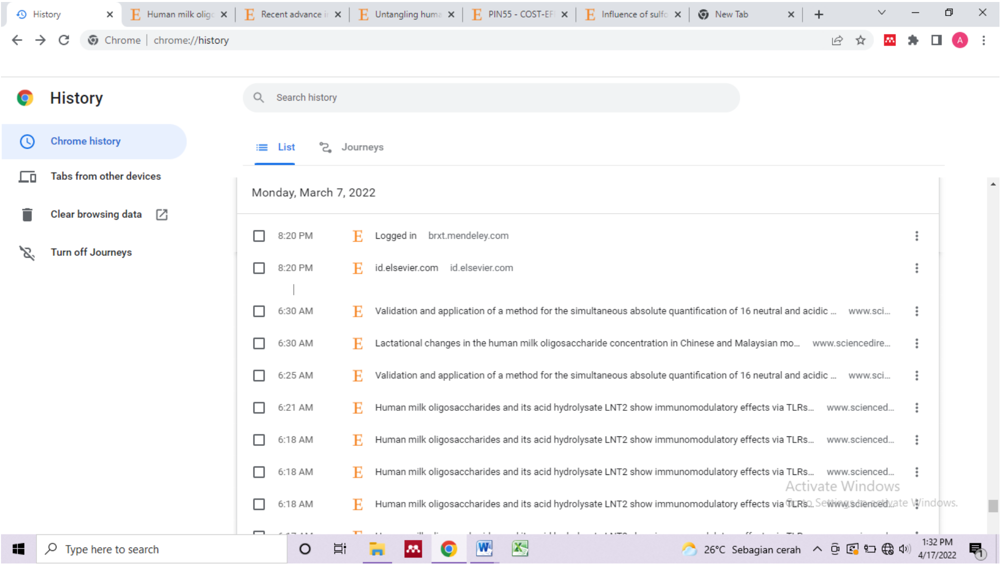


Lampiran 13. Dokumentasi *History* Pencarian dan Penelusuran Literatur





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6:30 AM Validation and application of a method for the simultaneous absolute quantification of 16 neutral and acidic ... www.sci...
6:30 AM Lactational changes in the human milk oligosaccharide concentration in Chinese and Malaysian mo... www.sciencedire...
6:25 AM Validation and application of a method for the simultaneous absolute quantification of 16 neutral and acidic ... www.sci...
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6:18 AM Human milk oligosaccharides and its acid hydrolysate LNT2 show immunomodulatory effects via TLRs... www.scienced...
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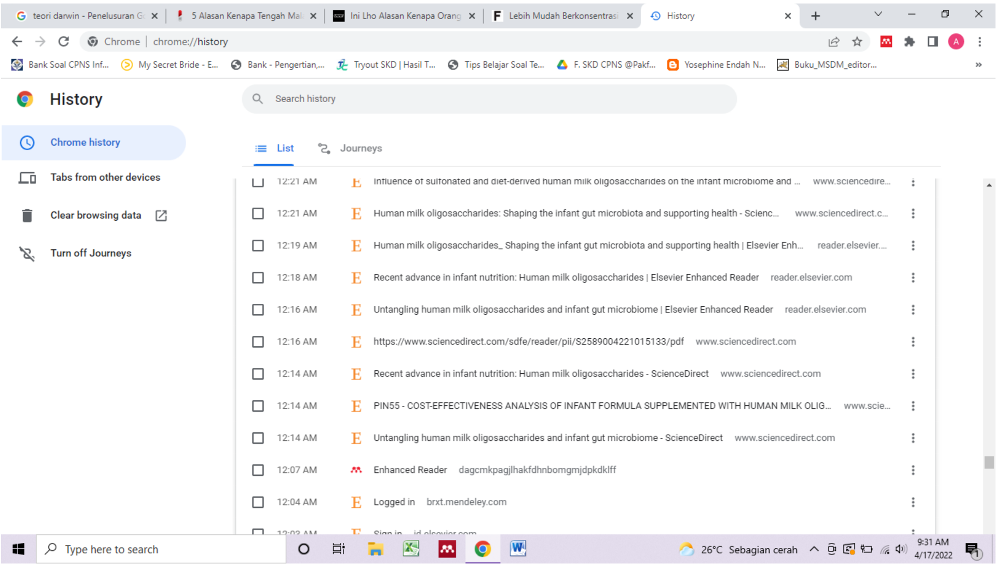
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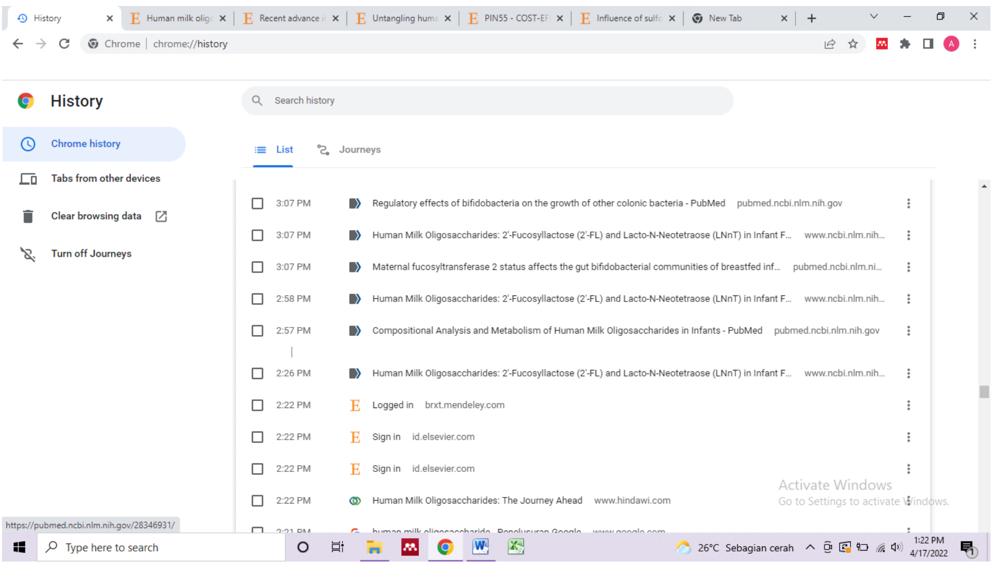
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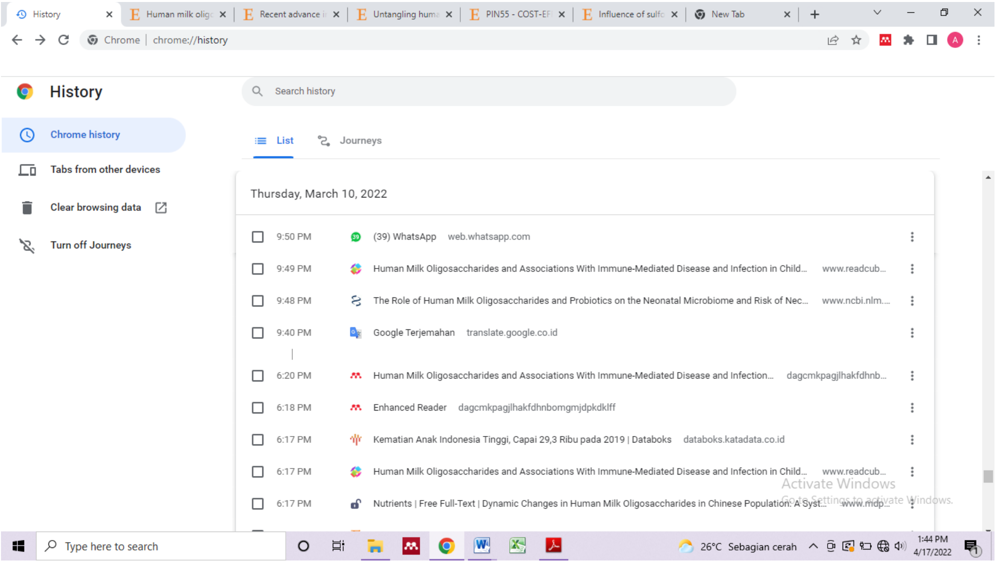
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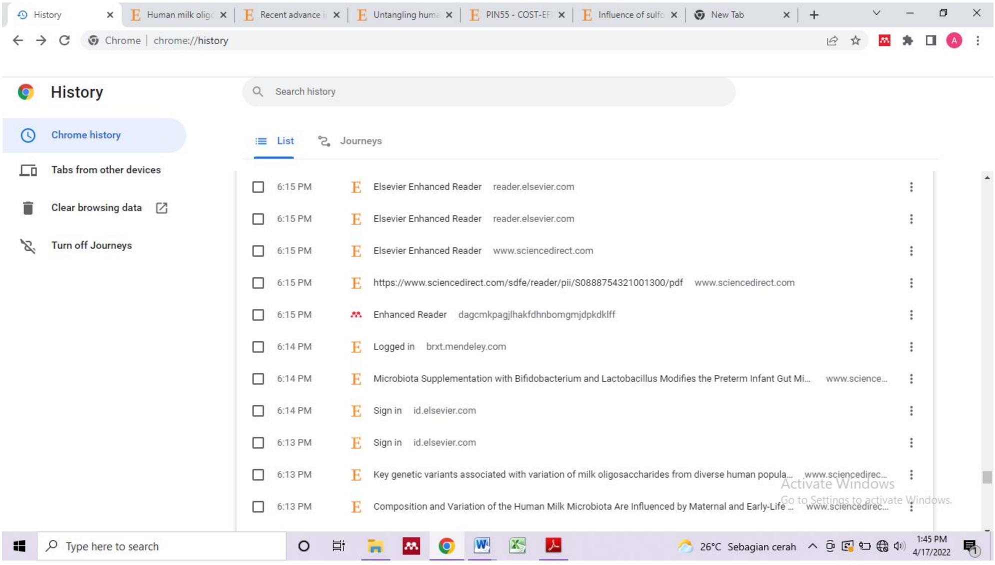
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6:13 PM Key genetic variants associated with variation of milk oligosaccharides from diverse human popula... www.sciencedirec...
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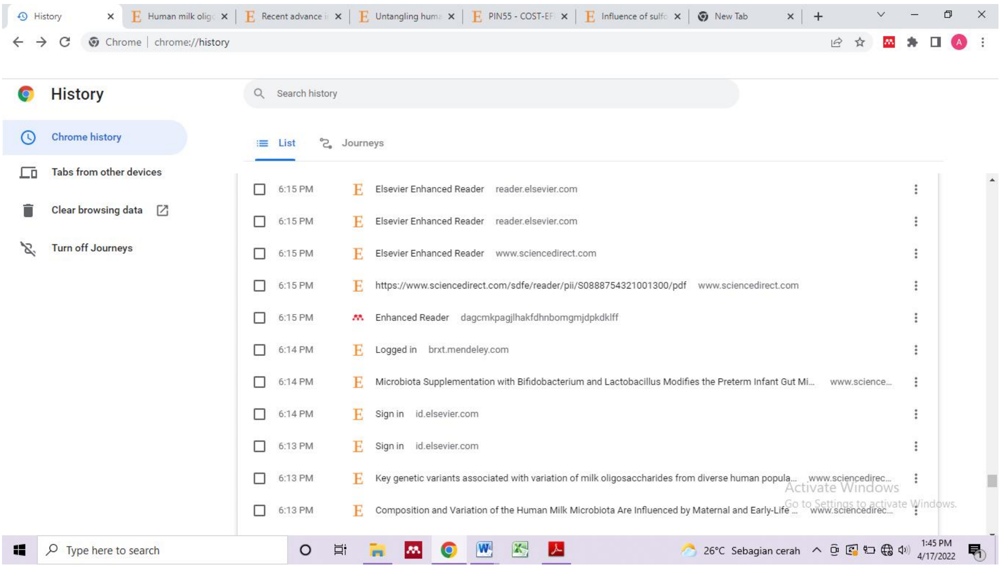
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RIWAYAT HIDUP

A. Data Pribadi

Nama	: Andi Sri Wahyuni
Tempat/Tgl. Lahir	: Lapai, 25 April
1999Agama	: Islam
Alamat	: Perumahan Garden Tata Residen, Blok A1
Email	: andisriwhyni77@gmail.com

B. Riwayat Pendidikan

1. SDN 1 Lapai	(2005-2011)
2. SMP Negeti 1 Ngapa	(2011-2014)
3. SMA Negeri 8 Makassar	(2014-2017)
4. Ilmu Gizi FKM Universitas Hasanuddin	(2017-2022)