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Lampiran 1. Surat Rekomendasi Persetujuan Etik



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN
UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN
KOMITE ETIK PENELITIAN KESEHATAN
RSPTN UNIVERSITAS HASANUDDIN
RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR
Sekretariat : Lantai 2 Gedung Laboratorium Terpadu
JL PERJINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.
Contact Person: dr. Agussalim Bukhari, M.Med,PhD, SpCK TELP. 081241850858, 0411 5780103, Fax : 0411-581431



REKOMENDASI PERSETUJUAN ETIK

Nomor : 330/UN4.6.4.5.31/ PP36/ 2021

Tanggal: 17 Mei 2021

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH21040203	No Sponsor	
Peneliti Utama	dr. Farah Ekawati Mulyadi	Sponsor	
Judul Peneliti	PENGARUH PEMBERIAN BUAH KURMA AJWA (Phoenixdactylifera L) TERHADAP KADAR HORMON ANTI-MULLERIAN (AMH) PEREMPUAN PERIMENOPAUSE		
No Versi Protokol	2	Tanggal Versi	7 Mei 2021
No Versi PSP	2	Tanggal Versi	7 Mei 2021
Tempat Penelitian	RS Universitas Hasanuddin dan RSIA Sitti Khadijah I Makassar		
Jenis Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard Tanggal 21 April 2021	Masa Berlaku 17 Mei 2021 sampai 17 Mei 2022	Frekuensi review lanjutan
Ketua Komisi Etik Penelitian Kesehatan FKUH	Nama Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)	Tanda tangan	
Sekretaris Komisi Etik Penelitian Kesehatan FKUH	Nama dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari prokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

Lampiran 2. Dokumentasi Penelitian



Gambar 1. Kurma Ajwa dari Distributor Gambar 2. Pengemasan Paket Kurma



Gambar 3. Paket Kurma Ajwa untuk Kelompok Intervensi



Gambar 4. Seminar dan Sosialisasi Penelitian “Pengaruh Konsumsi Kurma Ajwa bagi Perempuan Perimenopause”



Gambar 5. Skrining Calon Subjek Penelitian



Gambar 6. Pemeriksaan Antropometrik Subjek Penelitian



Gambar 7. Pemeriksaan USG Transvaginial



Gambar 8. Diskusi Hasil Pemeriksaan USG Transvaginal Subjek Penelitian



Gambar 9. Skrining Pemeriksaan GDP



Gambar 10. Pemeriksaan Tekanan Darah pada Kontrol Mingguan Subjek Penelitian



Gambar 11. Pemeriksaan Gula Darah pada Kontrol Mingguan Subjek Penelitian



Gambar 12. Pemberian Paket Kurma Mingguan kepada Subjek Penelitian



Gambar 13. Pemeriksaan Kadar AMH Metode Elisa

**Lampiran 3. Tabel Hasil
Pemeriksaan AMH**

No.	AMH_PRE	AMH_POST
1	1,1731	0,6731
2	1,5743	0,6982
3	1,4723	0,9879
4	1,1329	0,8816
5	1,1128	0,6916
6	1,0527	0,4957
7	1,2095	0,5799
8	1,2758	0,6727
9	1,2667	0,2657
10	1,1313	0,7300
11	1,0569	0,4830
12	1,1833	0,6743
13	1,0449	0,6115
14	1,8625	1,4162
15	1,0740	0,6817
16	1,2758	0,6217
17	2,3882	1,7153
18	1,7764	1,5603
19	1,5493	1,2817
20	1,4059	1,3701
21	1,3736	1,1684
22	1,3457	1,2681
23	1,3079	1,3789
24	2,5764	2,2989
25	1,5045	1,2127
26	1,4046	0,9987
27	1,3025	1,2591
28	2,4646	1,9547
29	1,2463	0,9987
30	1,5914	0,9733
31	1,4509	0,8638
32	1,2740	0,6058
33	1,2543	0,7532
34	1,5159	0,7802
35	1,3434	1,1933
36	1,4507	0,7006
37	1,2193	0,4430
38	1,2274	0,3554
39	1,1353	0,1617
40	1,2463	0,9987
41	1,3830	0,7395
42	2,1173	2,2389
43	1,5064	2,2389
44	1,2009	0,6715

