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LAMPIRAN

A. Contoh Instrumen

1. Minnesota Living With Heart Failure Questionnaire (MLHFQ)

The screenshot shows a web browser window with several tabs open. The active tab is titled "MLHFQ_FDA_Medical_Device_De...". The address bar shows the URL: "djhurj4nde4r.cloudfront.net/attachments/files/000/000/483/original/MLHFQ_FDA_Medical_Device_Development_Tool_(MDDT)_Qualification_Pa...". The main content area displays "Table 2. Instructions for Completing the MLHFQ." followed by five numbered instructions. The Windows taskbar at the bottom shows various application icons and the system clock indicating 21:40 on 21/11/2020.

Table 2. Instructions for Completing the MLHFQ.

- Subjects should respond to the questionnaire prior to other assessments and interactions that may bias their responses. You might tell the respondent that you would like to get his or her opinion before doing a medical assessment.
- Ample, uninterrupted time should be provided for the subject to complete the questionnaire. Subjects should answer the questions without being influenced by others such as their spouse or family members who may have different perspectives than the subjects.
- We recommend that you use the first question to give the respondent more detailed instructions as follows.
 - Read the introductory paragraph at the top of the questionnaire.
 - Read the first question with the respondent – "Did your heart failure prevent you living as you wanted during the last month (4 weeks) by causing swelling in your ankles or legs?"
 - If you did not have any ankle or leg swelling during the past month (4 weeks) you should circle the zero (0) after this question.
 - If you did have swelling that was caused by a sprained ankle or some other cause that you are sure was not related to heart failure, you should circle the zero (0) after this question.
 - If you had swelling that might be related to your heart condition, then rate how much the swelling prevented you from doing things you wanted to do or feeling the way you would like to feel. In other words, how much did the swelling affect your life? Circle either the 0, 1, 2, 3, 4 or 5 to indicate how much the swelling affected your life during the past month – zero (0) means not at all, one (1) means very little and five (5) very much.
- Ask the respondent to read and respond to all 21 questions. The entire questionnaire may be read directly to the respondent if one is careful not to influence responses by verbal or physical cues.
- Check to make sure the respondent has responded to each question. If a question does not apply to the respondent they should circle the zero (0). Make sure there is only one answer clearly marked for each question.

MINNESOTA LIVING WITH HEART FAILURE® QUESTIONNAIRE

The following questions ask how much your heart failure (heart condition) affected your life during the past month (4 weeks). After each question, circle the 0, 1, 2, 3, 4 or 5 to show how much your life was affected. If a question does not apply to you, circle the 0 after that question.

Did your heart failure prevent you from living as you wanted during the past month (4 weeks) by -	No	Very Little				Very Much
1. causing swelling in your ankles or legs?	0	1	2	3	4	5
2. making you sit or lie down to rest during the day?	0	1	2	3	4	5
3. making your walking about or climbing stairs difficult?	0	1	2	3	4	5
4. making your working around the house or yard difficult?	0	1	2	3	4	5
5. making your going places away from home difficult?	0	1	2	3	4	5
6. making your sleeping well at night difficult?	0	1	2	3	4	5
7. making your relating to or doing things with your friends or family difficult?	0	1	2	3	4	5
8. making your working to earn a living difficult?	0	1	2	3	4	5
9. making your recreational pastimes, sports or hobbies difficult?	0	1	2	3	4	5
10. making your sexual activities difficult?	0	1	2	3	4	5
11. making you eat less of the foods you like?	0	1	2	3	4	5
12. making you short of breath?	0	1	2	3	4	5
13. making you tired, fatigued, or low on energy?	0	1	2	3	4	5
14. making you stay in a hospital?	0	1	2	3	4	5
15. costing you money for medical care?	0	1	2	3	4	5
16. giving you side effects from treatments?	0	1	2	3	4	5
17. making you feel you are a burden to your family or friends?	0	1	2	3	4	5
18. making you feel a loss of self-control in your life?	0	1	2	3	4	5
19. making you worry?	0	1	2	3	4	5
20. making it difficult for you to concentrate or remember things?	0	1	2	3	4	5
21. making you feel depressed?	0	1	2	3	4	5

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2. The Kansas City Cardiomyopathy Questionnaire (KCCQ)

THE KANSAS CITY CARDIOMYOPATHY QUESTIONNAIRE: (KCCQ)

The following questions refer to your **heart failure** and how it may affect your life. Please read and complete the following questions. There are no right or wrong answers. Please mark the answer that best applies to you.

1. **Heart Failure** affects different people in different ways. Some feel shortness of breath while others feel fatigue. Please indicate how much you are limited by **heart failure** (shortness of breath or fatigue) in your ability to do the following activities over the past 2 weeks.

Place an X in one box on each line

Activity	Extremely limited	Quite a bit limited	Moderately limited	Slightly limited	Not at all limited	Limited for other reasons or did not do the activity
Dressing yourself	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Showering/Bathing	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Walking 1 block on level ground	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Doing yardwork, housework or carrying groceries	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Climbing a flight of stairs without stopping	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>
Hurrying or jogging (as if to catch a bus)	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

2. Compared with 2 weeks ago, have your symptoms of **heart failure** (shortness of breath, fatigue or ankle swelling) changed? My symptoms of **heart failure** have become...

Much worse	Slightly worse	Not changed	Slightly better	Much better	I've had no symptoms over the last 2 weeks
<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

3. Over the past 2 weeks, how many times did you have **swelling** in your feet, ankles or legs when you woke up in the morning?

Every morning	3 or more times a week, but not every day	1-2 times a week	Less than once a week	Never over the past 2 weeks
<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>

4. Over the past 2 weeks, how much has **swelling** in your feet, ankles or legs bothered you? It has been...

Extremely bothersome	Quite a bit bothersome	Moderately bothersome	Slightly bothersome	Not at all bothersome	I've had no swelling
<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>	<input type="checkbox"/> <input type="checkbox"/>

B. Checklist of Scoping Review

Preferred Reporting Items for Systematic reviews and Meta-Analyses extension for Scoping Reviews (PRISMA-ScR) Checklist

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
TITLE			
Title	1	Identify the report as a scoping review.	1
ABSTRACT			
Structured summary	2	Provide a structured summary that includes (as applicable): background, objectives, eligibility criteria, sources of evidence, charting methods, results, and conclusions that relate to the review questions and objectives.	---
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known. Explain why the review questions/objectives lend themselves to a scoping review approach.	1
Objectives	4	Provide an explicit statement of the questions and objectives being addressed with reference to their key elements (e.g., population or participants, concepts, and context) or other relevant key elements used to conceptualize the review questions and/or objectives.	2-4
METHODS			
Protocol and registration	5	Indicate whether a review protocol exists; state if and where it can be accessed (e.g., a Web address); and if available, provide registration information, including the registration number.	55
Eligibility criteria	6	Specify characteristics of the sources of evidence used as eligibility criteria (e.g., years considered, language, and publication status), and provide a rationale.	35
Information sources*	7	Describe all information sources in the search (e.g., databases with dates of coverage and contact with authors to identify additional sources), as well as the date the most recent search was executed.	38
Search	8	Present the full electronic search strategy for at least 1 database, including any limits used, such that it could be	38

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
		repeated.	
Selection of sources of evidence†	9	State the process for selecting sources of evidence (i.e., screening and eligibility) included in the scoping review.	39
Data charting process‡	10	Describe the methods of charting data from the included sources of evidence (e.g., calibrated forms or forms that have been tested by the team before their use, and whether data charting was done independently or in duplicate) and any processes for obtaining and confirming data from investigators.	41-46
Data items	11	List and define all variables for which data were sought and any assumptions and simplifications made.	48
Critical appraisal of individual sources of evidence§	12	If done, provide a rationale for conducting a critical appraisal of included sources of evidence; describe the methods used and how this information was used in any data synthesis (if appropriate).	---
Synthesis of results	13	Describe the methods of handling and summarizing the data that were charted.	48-49
RESULTS			
Selection of sources of evidence	14	Give numbers of sources of evidence screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally using a flow diagram.	50-52
Characteristics of sources of evidence	15	For each source of evidence, present characteristics for which data were charted and provide the citations.	52-54
Critical appraisal within sources of evidence	16	If done, present data on critical appraisal of included sources of evidence (see item 12).	--
Results of individual sources of evidence	17	For each included source of evidence, present the relevant data that were charted that relate to the review questions and objectives.	54-55
Synthesis of results	18	Summarize and/or present the charting results as they relate to the review questions and objectives.	50-55
DISCUSSION			

SECTION	ITEM	PRISMA-ScR CHECKLIST ITEM	REPORTED ON PAGE #
Summary of evidence	19	Summarize the main results (including an overview of concepts, themes, and types of evidence available), link to the review questions and objectives, and consider the relevance to key groups.	56-60
Limitations	20	Discuss the limitations of the scoping review process.	62
Conclusions	21	Provide a general interpretation of the results with respect to the review questions and objectives, as well as potential implications and/or next steps.	61-62
FUNDING			
Funding	22	Describe sources of funding for the included sources of evidence, as well as sources of funding for the scoping review. Describe the role of the funders of the scoping review.	62

C. Lampiran pencarian artikel

1. Pencarian di Pubmed

The screenshot shows a web browser window with multiple tabs. The active tab is 'pubmed.ncbi.nlm.nih.gov/advanced/#'. The page displays 'History and Search Details' for a search query. The search results table shows one entry with 1,071 results.

Search	Actions	Details	Query	Results	Time
#1	...		Search: (((((((Quality of Life Instrument) OR (Quality of Life Tools)) OR (Quality of Life Questionnaire)) OR (Quality of Life survey)) OR (Quality of Life measurement)) OR (Quality of Life Scales)) AND (Heart Failure)) OR (cardiac failure)) OR (congestive heart failure)) OR (CHF)) OR (((((((Quality of Life Instrument)[Title/Abstract] OR (Quality of Life Tools))[Title/Abstract] OR (Quality of Life Questionnaire))[Title/Abstract] OR (Quality of Life survey)) [Title/Abstract] OR (Quality of Life measurement))[Title/Abstract] OR (Quality of Life Scales))[Title/Abstract] AND (Heart Failure) [Title/Abstract] OR (cardiac failure))[Title/Abstract] OR (congestive heart failure))[Title/Abstract] OR (CHF))[Title/Abstract] Filters: Full text, Journal Article, in the last 5 years, English, Nursing journals	1,071	11:09:19

Showing 1 to 1 of 1 entries

Quality of Life.jpg

Taskbar: PROPOSAL, Artikel bi..., Proposal..., Microsoft..., PPT Prop..., 0:09, 23/12/2020

2. Pencarian di Proquest

The screenshot shows the ProQuest search interface. The search bar contains the query: "ab(Quality of Life Instrument) OR ab(Quality of Life Tools) OR ab(Quality of Life Questionnaire) OR ab(Quality of Life survey) OR ab(Quality of Life measurement) OR ab(Quality of Life Scales) AND ab(Heart Failure) OR ab(Cardiac Failure) OR ab(CHF) OR ab(congestive hear failure)". The search is filtered by date from 01 January 2015 to 31 December 2020. The results page shows 1,078 results. A filter sidebar on the left includes "Last 5 Years", "quality of life", "Article", "English", and various countries. The main results list shows a selected article: "Quality of life questionnaire for women with gestational diabetes mellitus (GDMQ-36): development and psychometric properties" by Mokhesi, S; Simbar, M; F Ramezani Tehrani; Kariman, N; H Alavi Majid. The article is from BMC Pregnancy and Childbirth, London Vol. 19, (2019): 1-14. The interface includes options for "Full Text", "Abstract/Details", and "Full text - PDF (734 KB)".

3. Pencarian di Science Direct

The screenshot shows the ScienceDirect search interface. The search bar contains the query: "Quality of Life Instrument OR Quality of Life Tools OR Qual". The search is filtered by year from 2015-2020. The results page shows 50 results. A filter sidebar on the left includes "Years" (2020 (50)) and "Article type". The main results list shows a selected article: "Cardiac resynchronization therapy for the failing systemic right ventricle: A systematic review" by Rohit K. Kharbanda, Jeremy P. Moore, ... Natasja M. S. de Groot. The article is from the International Journal of Cardiology, 6 July 2020. The interface includes options for "Download PDF", "Abstract", "Extracts", and "Export".

4. Pencarian di Ebsco

The screenshot shows a web browser window with multiple tabs. The active tab is 'Quality of Life'. The address bar shows the URL: e-resources.perpusnas.go.id:2242/ehost/resultsadvanced?vid=8&sid=d2cfc994-ad6b-4df2-bea5-74090fb81447%40sessionmgr40...

The search results page displays:

- Search Results:** 1 - 20 of 243
- Current Search:** Find all my search terms: AB Quality of Life Instrument OR AB Quality of Life Tools OR AB Q... Expanders: Apply equivalent subjects. Limiters: Full Text, Published Date: 20150101-20201231, Scholarly (Peer Reviewed) Journals, Language*, Language*, Publication Type*, Document Type*.
- Result 1:** **CONSTRUCTION OF A MANAGEMENT COMPETENCY SCALE FOR SITE MANAGERS OF PROPERTY MANAGEMENT COMPANIES.** By: Nai-Hsin Pan; Ren-Yi Kung. International Journal of Organizational Innovation, Jan2019, Vol. 1 Issue 3, p65-87. 23p. 4 Diagrams, 2 Charts. Database: Entrepreneurial Studies Source. With limited land, dense population, and numerous high-rise buildings in Taiwan, the public has shown higher demands for the **quality of life** and the services of property management companies. As ...
Subjects: CONSTRUCTION management; EXECUTIVES; REAL estate management; Residential building construction; Lessors of Residential Buildings and Dwellings; Real estate property managers; Nonresidential Property Managers; Other Activities Related to Real Estate; Lessors of Other Real Estate Property; Offices of Real Estate Agents and Brokers; POPULATION; **QUALITY of life**.
Show all 8 Images
PDF Full Text (635KB)
- Newsires:** Former newspaperman Rober... (AP Top News Package, 459 days ago), Former newspaperman Rober... (AP English Worldstream - ..., 459 days ago), Virginia Tech seeks spani... (AP Regional State Report ..., 506 days ago). Find More

The Windows taskbar at the bottom shows the time as 0:02 on 23/12/2020.

5. Pencarian di ClinicalKey For Nursing

The screenshot shows a web browser window with multiple tabs. The active tab is 'Quality of Life'. The address bar shows the URL: e-resources.perpusnas.go.id:2164/nursing/#/!search/Quality%2520of%2520Life%2520Instrument%2520OR%2520Quality%2520of%2520Life%2...

The search results page displays:

- Filter By:** Clear all. Source Type: Journal Articles (5), Full Text Only (selected), Full Text and MEDLINE, Systematic Reviews (1), Narrative Reviews (1), Books (5).
- 6 results** Sort by: Relevance. [+ Rate Results]
- FULL TEXT ARTICLE:** **Tackling Patient-Reported Outcomes in Atrial Fibrillation and Heart Failure**. Cardiology Clinics. Steinberg, Benjamin A., MD, MHS, FHRS; Piccini, Jonathan P., MD, MHS, FHRS. Published May 1, 2019. Volume 37, Issue 2. Pages 139-146. © 2019.
- FULL TEXT ARTICLE:** **Effect of a multidisciplinary supportive program for family caregivers of patients...** International Journal of Nursing Studies. Hu, Xiaolin; Dolansky, Mary A.; Su, Yonglin... Show all. Published October 1, 2016. Volume 62.

The Windows taskbar at the bottom shows the time as 23:48 on 22/12/2020.

6. Pencarian di Garuda

The screenshot shows a web browser window with multiple tabs for 'Garuda - Garba Rujukan Digital'. The address bar shows the URL: garuda.ristekbrin.go.id/documents?select=title&q=kualitas+hidup+pada+pasien+gagal+jantung&pub=. The Garuda logo is visible in the top left, with the text 'GARUDA GARBA RUJUKAN DIGITAL'. Navigation links include Home, Publisher, Journal / Conference, Subject, and Suggest.

The search interface includes a 'Search By' dropdown set to 'Title', a 'Keywords' input field containing 'kualitas hidup pada pasien gagal jantung', and a 'Publisher' input field. A 'Search' button is located to the right. Below the search bar, there is a checkbox for 'Downloadable PDF Only'.

On the left side, there is a 'Filter By Year' section with a slider from 2016 to 2020. Below the slider, there are input fields for 'From' (2015) and 'To' (2020), along with 'Filter' and 'Reset' buttons.

The search results section displays 'Found 5 documents' with a magnifying glass icon and a search query: 'Search kualitas hidup pada pasien gagal jantung , by title'. Two document entries are visible:

- HUBUNGAN TINGKAT DEPRESI DAN KUALITAS HIDUP PADA PASIEN GAGAL JANTUNG KRONIK DI POLIKLINIK JANTUNG RSUP PROF. DR. R. D. KANDOU MANADO**
Tatukude, Christin; Rampengan, Starry H; Panda, Agnes L.
e-Clinic Vol 4, No 1 (2016): Jurnal e-Clinic (eC)
Publisher : Universitas Sam Ratulangi
[Show Abstract](#) | [Download Original](#) | [Original Source](#) | [Check in Google Scholar](#) | DOI: 10.35790/ec4.1.2016.10943
- Pengaruh Supportive-Educative System terhadap Kualitas Hidup pada Pasien Gagal Jantung**
Purnamawati, Ditha Astuti; Arofiati, Fitri; Relawati, Ambar
Mutlara Medika: Jurnal Kedokteran dan Kesehatan - Vol 18 No 2: July 2018
Publisher : Universitas Muhammadiyah Yogyakarta
[Show Abstract](#) | [Download Original](#) | [Original Source](#) | [Check in Google Scholar](#) | DOI: 10.18196/mm.180213

The Windows taskbar at the bottom shows the system tray with the date and time: 8:54, 16/12/2020.