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LAMPIRAN

Nama	:	No. Hp	:
RM	:	BB	:
Tanggal lahir	:	TB	:
Jenis Kelamin	:	Alamat	:

Parameter	Nilai Rujukan		Hasil Pemeriksaan
Batu Saluran Kemih (BSK)	Terbukti berdasarkan ICD 9 CM kode 592	Batu Saluran Kemih (BSK)	
	Tidak terbukti berdasarkan ICD 9 CM kode 592	Bukan Batu Saluran Kemih (BSK)	
Osteoporosis	Terbukti berdasarkan Singh Index	Osteoporosis	
	Tidak terbukti berdasarkan Singh Index	Bukan Osteoporosis	
Usia	40 – 59 tahun	Kelompok usia I	
	≥ 60 tahun	Kelompok usia II	
IMT	< 18,5 kg/m ²	Gizi kurang	
	18,5 – 25 kg/m ²	Normal	
	>25 - <30 kg/m ²	Lebih	
	≥30 - <35 kg/m ²	Obesitas grade I	
	≥35 - <39,9 kg/m ²	Obesitas grade II	
	≥40 kg/m ²	Morbid Obese	
Hipertensi	TD pengukuran kedua ≥ 140 mmHg	Hipertensi	
	TD pengukuran kedua <140 mmHg	Tidak Hipertensi	
DM Tipe II	GDS > 200 mg/dl atau GDP >126 mg/dl atau TTGO > 200 mg/dl atau GD2PP >200 mg/dl atau HbA1C >7 mg/dl	DM Tipe II	
	GDS ≤200 mg/dl atau GDP ≤126 mg/dl atau TTGO > 200 mg/dl atau GD2PP ≤200 mg/dl atau HbA1C ≤7 mg/dl	Tidak DM Tipe II	
Menopause	wanita telah mengalami amenore selama 12 bulan berturut-turut	Menopause	
	wanita tidak mengalami amenore selama 12 bulan berturut-turut	Belum Menopause	
Konsumsi Protein Tinggi	Konsumsi protein > 0.8 – 1 gr/kgBB/hari	Konsumsi protein tinggi	
	Konsumsi protein ≤ 0.8 – 1 gr/kgBB/hari	Tidak konsumsi protein tinggi	
Merokok	Indeks Brickmann >200	Merokok	
	Indeks Brickmann < 200	Tidak memiliki riwayat merokok	
Konsumsi Alkohol	Frekuensi > 3x dan volume > 1800 per minggu	Konsumsi Alkohol	
	Frekuensi ≤ 3x dan volume ≤ 1800 per minggu	Tidak memiliki riwayat konsumsi alkohol	