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# LAMPIRAN

## Lampiran 1 : Biodata Diri Penulis

| | |
|---|---|
| Nama | : Siti Afifah |
| Tempat/Tanggal lahir | : Manado, 11 Juli 1999 |
| Pekerjaan | : Mahasiswa |
| Agama | : Islam |
| Alamat | : Grand Rahmani Residence G/2 |
| Nomor telepon | : 085232353839 / 082311142107 |
| Orang tua | : Drs. Muhammad Nasir Tenteng, M.Ec.Dev. |
| | Seha Sahel, S.Ag. |
| Riwayat Pendidikan | : RA Al-Mourky (2003 – 2005) |
| | MIM Wumialo Kota Gorontalo (2005 – 2011) |
| | MTs. Negeri Kota Gorontalo (2011 – 2014) |
| | SMA Negeri 3 Gorontalo (2014 – 2017) |
| | Pendidikan Dokter FK UNHAS (2017 – sekarang) |
| Riwayat Organisasi | : Anggota MYRC FK UNHAS (2019 – sekarang) |

**Lampiran 2 : Pemeriksaan Proksimat Pakan Diet TPRKRL**

LABORATORIUM KIMIA MAKANAN TERNAK
JURUSAN NUTRISI DAN MAKANAN TERNAK
FAKULTAS PETERNAKAN
UNIVERSITAS HASANUDDIN

HASIL ANALISIS BAHAN

| No | Kode Sampel | KOMPOSISI (%) | | | |
|---|---|---|---|---|---|
| | | Air | Protein Kasar | Lemak Kasar | Karbohidrat |
| 1 | PAKAN | 46,73 | 70,49 | 14,55 | 11,67 |

Ket. : 1. Kecuali Air, Semua Fraksi Dinyatakan Dalam Bahan Kering

Makassar, 13 November 2019
Analis,

Muhammad Syahrul
Nip. 19790603 2001 12 1 001

**Lampiran 3 : Hasil Pemeriksaan Ureum Tikus**

13/12/2019
Operator
HUMA
012 - Urea

| | |
|---|---|
| Type | :End Point |
| Zero | :Blank |
| Measure unit | : mg/dl |
| Temperature | :37° |
| Calibration | :Standard |
| Standard | :80.00 |
| Factor | :178.6 |
| V sample | : 50 uL |
| V reagent 1 | : 450 uL |
| V reagent 2 | : 400 uL |
| Incub. time | : 10 sec. |
| Filter 1 | : 578 nm |
| Filter 2 | : --- nm |
| Normal Max | :50.00 |
| Normal Min | :10.00 |
| Linearity | :400.0 |
| Max ABS | :2.500 |
| Min ABS | :0.001 |

| ID | ABS | Result | | |
|---|---|---|---|---|
| STD | 0.459 | 80.00 | mg/dl | |
| 0033 | 0.197 | 34.35 | mg/dl | T |
| 0034 | 0.193 | 33.58 | mg/dl | T |
| 0035 | 0.197 | 34.40 | mg/dl | T |
| 0036 | 0.193 | 33.62 | mg/dl | T |
| 0037 | 0.202 | 35.18 | mg/dl | T |
| 0038 | 0.267 | 46.57 | mg/dl | T |
| 0039 | 0.187 | 32.51 | mg/dl | T |
| 0040 | 0.176 | 30.62 | mg/dl | T |
| 0041 | 0.195 | 34.06 | mg/dl | T |
| 0042 | 0.123 | 21.52 | mg/dl | T |
| 0043 | 0.307 | 53.51 | mg/dl | H |
| 0044 | 0.141 | 24.58 | mg/dl | T |
| 0045 | 0.167 | 29.02 | mg/dl | T |

**Lampiran 4 : Hasil Pemeriksaan Kreatinin Tikus**

13/12/2019
Operator
HUMA
014 - Crea

| | |
|---|---|
| Type | :Fixed T. |
| Zero | :Blank |
| Measure unit | : ug/l |
| Temperature | :37° |
| Calibrati n | :Standard |
| Standard | :2.000 |
| Factor | :46.17 |
| V sample | : 50 uL |
| V reagent 1 | : 450 uL |
| V reagent 2 | : 20 uL |
| Incub. time | : 30 sec. |
| Reading time | : 60 sec. |
| Filter 1 | : 505 nm |
| Normal Max | :1.100 |
| Normal Min | :0.500 |
| Linearity | :20.00 |
| Max ABS | :2.500 |
| Min ABS | :0.001 |

| ID | ABS | Result | |
|---|---|---|---|
| 0001 | 0.039 | 1.755 ug/l | D |
| 0002 | 0.007 | 0.328 ug/l | D |
| 0003 | 0.031 | 1.391 ug/l | D |
| 0004 | 0.026 | 1.189 ug/l | D |
| 0005 | 0.030 | 1.331 ug/l | D |
| 0006 | 0.021 | 0.948 ug/l | D |
| 0007 | 0.071 | 3.170 ug/l | D |
| 0008 | 0.025 | 1.123 ug/l | D |
| 0009 | 0.026 | 1.148 ug/l | D |
| 0010 | 0.023 | 1.033 ug/l | D |
| 0011 | 0.015 | 0.656 ug/l | D |
| 0012 | 0.011 | 0.511 ug/l | D |
| 0013 | 0.021 | 0.924 ug/l | D |
| 0014 | 0.013 | 0.570 ug/l | D |
| 0015 | 0.026 | 1.167 ug/l | D |
| 0016 | 0.015 | 0.660 ug/l | D |
| 0017 | 0.019 | 0.915 ug/l | D |
| 0018 | 0.011 | 0.506 ug/l | D |
| 0019 | 0.035 | 1.561 ug/l | D |
| 0020 | 0.027 | 1.204 ug/l | D |
| 0021 | 0.016 | 0.713 ug/l | D |
| 0022 | 0.014 | 0.617 ug/l | D |
| 0023 | 0.011 | 0.489 ug/l | D |
| 0024 | 0.007 | 0.308 ug/l | D |
| 0025 | 0.018 | 0.788 ug/l | D |
| 0026 | 0.010 | 0.427 ug/l | D |
| 0027 | 0.025 | 1.130 ug/l | D |
| 0028 | 0.020 | 0.904 ug/l | D |

## Lampiran 5 : Hasil Analisis Ureum Tikus dengan SPSS

**Descriptive Statistics**

| | N | Range | Minimum | Maximum | Mean | | Std. Deviation | Variance |
|---|---|---|---|---|---|---|---|---|
| | Statistic | Statistic | Statistic | Statistic | Statistic | Std. Error | Statistic | Statistic |
| Ureum TPRKRL | 6 | 14.06 | 32.51 | 46.57 | 35.9683 | 2.15108 | 5.26905 | 27.763 |
| Ureum AD2 | 6 | 31.99 | 21.52 | 53.51 | 32.2183 | 4.62713 | 11.33410 | 128.462 |
| Valid N (listwise) | 6 | | | | | | | |

**Tests of Normality**

| | | Kolmogorov-Smirnov[a] | | | Shapiro-Wilk | | |
|---|---|---|---|---|---|---|---|
| | Kelompok | Statistic | df | Sig. | Statistic | df | Sig. |
| Hasil Pengukuran Ureum | Ureum TPRKRL | .393 | 6 | .004 | .658 | 6 | .002 |
| | Ureum AD2 | .269 | 6 | .200* | .850 | 6 | .159 |

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

**Test of Homogeneity of Variances**

Hasil Pengukuran Ureum

| Levene Statistic | df1 | df2 | Sig. |
|---|---|---|---|
| 1.498 | 1 | 10 | .249 |

**Test Statistics[a]**

| | Hasil Pengukuran Ureum |
|---|---|
| Mann-Whitney U | 9.000 |
| Wilcoxon W | 30.000 |
| Z | -1.441 |
| Asymp. Sig. (2-tailed) | .150 |
| Exact Sig. [2*(1-tailed Sig.)] | .180[b] |

a. Grouping Variable: Kelompok

b. Not corrected for ties.

## Lampiran 6 : Hasil Analisis Kreatinin Tikus dengan SPSS

**Descriptive Statistics**

| | N | Range | Minimum | Maximum | Mean | | Std. Deviation | Variance |
|---|---|---|---|---|---|---|---|---|
| | Statistic | Statistic | Statistic | Statistic | Statistic | Std. Error | Statistic | Statistic |
| Kreatinin TPRKRL | 6 | .550 | .161 | .711 | .39850 | .088376 | .216477 | .047 |
| Kreatinin AD2 | 6 | .438 | .135 | .573 | .38083 | .070093 | .171692 | .029 |
| Valid N (listwise) | 6 | | | | | | | |

**Tests of Normality**

| | | Kolmogorov-Smirnov[a] | | | Shapiro-Wilk | | |
|---|---|---|---|---|---|---|---|
| | Kelompok | Statistic | df | Sig. | Statistic | df | Sig. |
| Hasil Pengukuran Kreatinin | Kreatinin TPRKRL | .203 | 6 | .200* | .928 | 6 | .561 |
| | Kreatinin AD2 | .256 | 6 | .200* | .921 | 6 | .515 |

*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

**Test of Homogeneity of Variances**

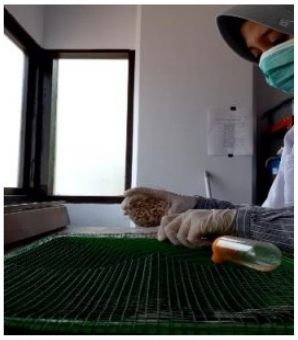
Hasil Pengukuran Kreatinin

| Levene Statistic | df1 | df2 | Sig. |
|---|---|---|---|
| .773 | 1 | 10 | .400 |

**Independent Samples Test**

| | | Levene's Test for Equality of Variances | | t-test for Equality of Means | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | | | 95% Confidence Interval of the Difference | |
| | | F | Sig. | t | df | Sig. (2-tailed) | Mean Difference | Std. Error Difference | Lower | Upper |
| Hasil Pengukuran Kreatinin | Equal variances assumed | .773 | .400 | .157 | 10 | .879 | .017667 | .112798 | -.233663 | .268996 |
| | Equal variances not assumed | | | .157 | 9.507 | .879 | .017667 | .112798 | -.235441 | .270774 |

**Lampiran 7 : Dokumentasi Penelitian**

| | | |
|---|---|---|
|  |  | Bahan pakan diet TPRKRL |
|  |  | Pakan diet TPRKRL setelah jadi & proses pemberian pakan |
|  |  | Proses pengambilan sampel |

**Lampiran 8 : Surat Persetujuan Pembimbing**

KEMENTERIAN RISET TEKNOLOGI DAN PENDIDIKAN TINGGI
FAKULTAS KEDOKTERAN UNIVERSITAS HASANUDDIN
DEPARTEMEN FISIOLOGI
Kampus Baru Tamalanrea Jl. Perintis Kemerdekaan Km. 11 Tamalanrea Ujungpandang 90245
Telp. (0411) – 584730 (langsung) – 586010 ext 19 HP. 081340852778/085238151644
Email : PhysiologyDepartment@gmail.com

**LAMPIRAN 3**

**SURAT PERSETUJUAN PEMBIMBING**

Yang bertanda tangan dibawah ini :

| | |
|---|---|
| Nama | : dr. M. Aryadi Arsyad, MBiomedSc, Ph.D |
| NIP | : 197608202002121003 |
| Jabatan | : Pembimbing |

Dengan ini memberikan persetujuan penelitian kepada :

| | |
|---|---|
| Nama | : Siti Afifah |
| NIM | : C011171072 |
| Program | : Prodi S1 Pendidikan Dokter Fakultas Kedokteran Universitas Hasanuddin |
| Judul | : Pengaruh Diet Tinggi Protein, Rendah Karbohidrat, dan Rendah Lemak Terhadap Fungsi Ginjal Pada Tikus *Sprague dawley* Jantan |

Makassar, 28 Agustus 2019

dr. M. Aryadi Arsyad, MBiomedSc, Ph.D
NIP. 197608202002121003

**Lampiran 9 : Surat Permohonan Perizinan Penelitian**

KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI
UNIVERSITAS HASANUDDIN
FAKULTAS KEDOKTERAN
**PROGRAM STUDI SARJANA KEDOKTERAN**
Jl. Perintis Kemerdekaan Km. 10 Tamalanrea, Makassar 90245, Telp. (0411) 587436, Fax. (0411) 586297

Nomor : 16427/UN4.6.8/DA.04.09/2019 Makassar, 21 Agustus 2019
Lamp : --
Hal : Permohonan Izin Penelitian

Yth. :
1. Laboratorium Biofarmasi
2. Laboratorium Kimia Klinik Fak. Farmasi
3. Laboratorium Kimia Makanan Ternak Fak. Peternakan
Makassar

Dengan hormat, disampaikan bahwa mahasiswa Program Studi Pendidikan Dokter Fakultas Kedokteran Universitas Hasanuddin di bawah ini :

N a m a : Siti Afifah
N i m : C011171072

bermaksud melakukan penelitian di Laboratorium biofarmasi, laboratorium kimia klinik fakultas farmasi, dan laboratorium kimia makanan ternak fakultas peternakan dengan judul penelitian **"Pengaruh Diet Tinggi Protein, Rendah Karbohidrat dan Rendah Lemak Terhadap Fungsi Ginjal Pada Tikus Sprague Dawley Jantan".**

Sehubungan hal tersebut kiranya yang bersangkutan dapat diberi izin untuk melakukan Penelitian dalam rangka penyelesaian studinya.

Demikian permohonan kami, atas bantuan dan kerjasamanya disampaikan terima kasih.

Ketua,
Program Studi Sarjana Kedokteran
Fakultas Kedokteran Unhas

Dr. dr. Sitti Rafiah,MSi
NIP. 196805301997032001

*Tembusan Yth :*
*1. Arsip*

## Lampiran 10 : Surat Rekomendasi Persetujuan Etik

**KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI**
**UNIVERSITAS HASANUDDIN**
**FAKULTAS KEDOKTERAN**
**RSPTN UNIVERSITAS HASANUDDIN**
**RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR**
**KOMITE ETIK PENELITIAN KESEHATAN**
Sekretariat : Lantai 3 Gedung Laboratorium Terpadu
JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.
Contact Person: dr. Agussalim Bukhari.,MMed,PhD, SpGK TELP. 081225704670 e-mail : agussalimbukhari@yahoo.com

**REKOMENDASI PERSETUJUAN ETIK**
Nomor : 757/UN4.6.4.5.31/ PP36/ 2019

Tanggal: 2 September 2019

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

| | | | |
|---|---|---|---|
| No Protokol | UH19080645 | No Sponsor Protokol | |
| Peneliti Utama | **Siti Afifah** | Sponsor | |
| Judul Peneliti | Pengaruh Diet Tinggi Protein, Rendah Karbohidrat, dan Rendah Lemak Terhadap Fungsi Ginjal Pada Tikus Sprague Dawley Jantan | | |
| No Versi Protokol | **1** | Tanggal Versi | **30 Agustus 2019** |
| No Versi PSP | | Tanggal Versi | |
| Tempat Penelitian | **Laboratorium Fakultas Farmasi dan Laboratorium Fakultas Peternakan Universitas Hasanuddin Makassar** | | |
| Jenis Review | [x] Exempted<br>[ ] Expedited<br>[ ] Fullboard Tanggal | Masa Berlaku **2 September 2019** sampai **2 September 2020** | Frekuensi review lanjutan |
| Ketua Komisi Etik Penelitian Kesehatan FKUH | Nama **Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)** | Tanda tangan | |
| Sekretaris Komisi Etik Penelitian Kesehatan FKUH | Nama **dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)** | Tanda tangan | |

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari prokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan