

## DAFTAR PUSTAKA

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*Lampiran 1*

**THE POSITIVE AND NEGATIVE SYNDROME ( PANSS )**

Nama : .

Umur : .

Tanggal : .

Penilai : .

**Keterangan :**

Nilai 1 : *tidak ada gejala.*

Nilai 2 : *gejala minimal*, gejala masih diragukan keberadaannya/ cenderung tampak normal.

Nilai 3 : *gejala ringan*, gejala jelas, tetapi tidak terlalu berpengaruh pada fungsi keseharian.

Nilai 4 : *gejala sedang*, adanya gejala yang menimbulkan masalah serius sehingga kadang-kadang cukup mengganggu aktivitas keseharian.

Nilai 5 : *gejala agak berat*, manifestasi gejala bermakna yang mempengaruhi fungsi seseorang, tetapi tidak keseluruhan hidup, dan masih dapat diatasi.

Nilai 6 : *gejala berat*, psikopatologi yang berat dan frekuensinya sering, sangat mengganggu kehidupan seseorang dan selalu membutuhkan pengawasan langsung.

Nilai 7 : *gejala sangat berat*, merujuk pada psikopatologi dengan level serius, sangat mempengaruhi hampir seluruh fungsi kehidupan sehingga membutuhkan pengawasan ketat.

**Gejala Positif (P)**

Gejala	1	2	3	4	5	6	7
P1. Waham							
P2. Kekacauan proses pikir							
P3. Halusinasi							
P4. Gaduh gelisah							
P5. Waham kebesaran							
P6. Kecurigaan atau kejaran							
P7. Permusuhan							

**Gejala Negatif (N)**

Gejala	1	2	3	4	5	6	7
N1. Afek tumpul							
N2. Penarikan emosi							
N3. Kemiskinan rapport							
N4. Penarikan diri							
N5. Pemikiran abstrak							
N6. Spontanitas dan arus percakapan							
N7. Pemikiran stereotipik							

**Skala Psikopatologi Umum (G)**

Gejala	1	2	3	4	5	6	7
G1. Kekhawatiran somatik							
G2. Anxietas							
G3. Rasa bersalah							
G4. Ketegangan							
G5. Manerisme dan sikap tubuh							
G6. Depresi							
G7. Retardasi motorik							
G8. Ketidakkooperatifan							

G9. Isi pikiran yang tidak biasa						
G10. Disorientasi						
G11. Perhatian buruk						
G12. Kurangnya daya nilai dan tilikan						
G13. Gangguan dorongan kehendak						
G14. Pengendalian impuls yg buruk						
G15. Preokupasi						
G16. Penghindaran sosial secara aktif						

## Lampiran 2 Izin Penelitian



Nomor : 12183/B.DI/PTSP/2021  
Lampiran :  
Perihal : Izin Penelitian

Kepada Yth.  
Direktor Rumah Sakit Khusus Daerah Prov. Sulsel

di  
Tempat

Berdasarkan surat Ketua Prog. Studi Dep. Ilmu Kedokteran Jiwa Fak. Kedokteran Univ. Hasanuddin Makassar Nomor : 4884/DN4.6/BPT.01/04/2021 Tanggal 06 Maret 2021 perihal tersebut diatas, mahasiswa/peneliti dibawah ini

Nama	: BRI PURWATININOBH
Nomor Pokok	: C005171005
Program Studi	: Ilmu Kedokteran Jiwa
Pekerjaan/ambaga	: Mahasiswa(S2)
Alamat	: Jl. P. Kemerdekaan Km. 10, Makassar

Bermakna untuk melakukan penelitian di daerah/kantor saudara dalam rangka penyusunan Thesis, dengan judul  
"EFIKASI JINTAN HITAM (NIGELLA SEMPERFLORE) TERHADAP PERBAIKAN INTERLEUKIN-6 DAN GEJALA  
KLINIS PASIEN SKIZOFRENIA".

PELAYANAN TERPADU SATU PINTU

Yang akan dilaksanakan dari : Tgl. 29 Maret s/d 30 Mei 2021

Sehubungan dengan hal tersebut diatas, pada prinsipnya kami menyatakan kegiatan dimaksud dengan kelentuan yang tertera di belakang surat izin penelitian.  
Dokumen ini ditandatangani secara elektronik dan Surat ini dapat dibuktikan kesannya dengan menggunakan barcode.  
Demikian surat izin penelitian ini diberikan agar dipergunakan sebagaimana mestinya.

Diterbitkan di Makassar  
Pada tanggal : 15 Maret 2021

A.n. GUBERNUR SULAWESI SELATAN  
KEPALA DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU  
BATU PINTU PROVINSI SULAWESI SELATAN  
Selaku Administrator Pelayanan Perizinan Terpadu

Dr. JAYADI NAS. S.Sos., M.Si  
Pangkat : Pembina Tk I  
Nip : 19710501 199803 1 004

Tanda tangan Yth  
1. Ketua Prog. Studi Dep. Ilmu Kedokteran Jiwa Fak. Kedokteran Univ. Hasanuddin Makassar di Makassar,  
2. Penulis

SBMPP/PTSP/15.03.2021

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Makassar 90231



### Lampiran 3 Rekomendasi Persetujuan Etik



KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN  
UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN  
KOMITE ETIK PENELITIAN KESEHATAN  
RSPTN UNIVERSITAS HASANUDDIN  
RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR  
Sekretariat : Lantai 2 Gedung Laboratorium Terpadu  
JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.



Contact Person: dr. Agussalim Bukhari.,MMed,PhD, SpGK TELP. 081241850858. 0411 5780103. Fax : 0411-581431

#### **REKOMENDASI PERSETUJUAN ETIK**

Nomor : 248/UN4.6.4.5.31/ PP36/ 2021

Tanggal: 15 April 2021

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH21030162	No Sponsor Protokol	
Peneliti Utama	<b>dr. Sri Purwatiningsih</b>	Sponsor	
Judul Peneliti	EFIKASI JINTAN HITAM (NigellaeSativa)TERHADAP PERBAIKAN INTERLEUKIN-6 DAN GEJALA KLINIS PASIEN SKIZOFRENIA		
No Versi Protokol	<b>2</b>	Tanggal Versi	9 April 2021
No Versi PSP	<b>2</b>	Tanggal Versi	9 April 2021
Tempat Penelitian	<b>RS Universitas Hasanuddin dan Jejaring di Makassar</b>		
Jenis Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard Tanggal 7 April 2021	Masa Berlaku <b>15 April 2021</b> sampai <b>15 April 2022</b>	Frekuensi review lanjutan
Ketua Komisi Etik Penelitian Kesehatan FKUH	Nama <b>Prof.Dr.dr. Suryani As'ad, M.Sc.,Sp.GK (K)</b>	Tanda tangan 	
Sekretaris Komisi Etik Penelitian Kesehatan FKUH	Nama <b>dr. Agussalim Bukhari, M.Med.,Ph.D.,Sp.GK (K)</b>	Tanda tangan 	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari protokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

Lampiran 4

## FORM ADVERSE EVENT

Nama pasien : .....  
Jenis kelamin : .....  
Umur : .....  
Pemeriksaan fisik : .....  
Keadaan umum : .....  
  
Tanda vital : tensi: ..... nadi: ..... pernafasan: ..... suhu: .....  
Status Generalis : .....  
.....  
.....  
.....  
  
Diagnosis : .....  
Penatalaksanaan : .....  
.....

Makassar, Februari 2021

Peneliti



dr. Sri Purwatiningsih

## Lampiran 5

### 1. Pengambilan sampel RSKD Dadi Provinsi Sulawesi Selatan



### 2. Alat dan bahan pemeriksaan Elisa Interleukine 6



### 3. Pengeraaan sampel Laboratorium RSP Universitas Hasanuddin

