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LAMPIRAN I

PERNYATAAN PERSETUJUAN

Yang bertanda tangan di bawah ini :

Nama :

Alamat :

Menyatakan bersedia untuk berpartisipasi pada penelitian ini, yaitu :

**HUBUNGAN ANTARA KADAR ADIPONEKTIN DENGAN RESISTENSI
INSULIN PADA SUBYEK DEWASA MUDA DENGAN ORANG TUA
DIABETES MELITUS TIPE 2**

Setelah mendapatkan penjelasan dan manfaatnya bagi ilmu kedokteran.

Peneliti

dr. Ika Hidayani

Makassar,

Yang membuat persetujuan

.....

LAMPIRAN II

FORMULIR KUISIONER PENELITIAN

1. Identitas Responden

No. Responden : Tgl. Lahir :
Nama : Umur :
Alamat : Suku :
Pendidikan : Pekerjaan :
Tlp/Hp :

2. Anamnesis

a. Keadaan Umum Responden :

1. Apakah sekarang sedang sakit? Ya..... Tidak.....
2. Apakah sekarang minum obat-obatan? Ya..... Tidak.....
Bila 'Ya', obat apa.....
sejak kapan.....
3. Apakah sedang ikut program penurunan berat badan?
Ya.....Tidak.....
4. Apakah anda merokok? Ya..... Tidak.....
Bila 'Ya', sudah berapa lama..... Berapa batang sehari.....

b. Anamnesis riwayat penyakit dalam keluarga

1. Apakah dalam keluarga, ada yang menderita diabetes/kencing manis?
Ya..... Tidak.....
Bila 'Ya':
 - Siapa? Ayah/ Ibu/ Kakek/ Nenek/ Saudara ayah/ Saudara ibu/
Lainnya sebutkan
 - Sudah berapa lama menderita kencing manis?bulan/tahun/tidak tahu
 - Apakah serumah dengan keluarga yang menderita kencing manis tersebut? Ya.....Tidak.....
 - Sudah berapa lama tinggal serumah?.....

2. Apakah dalam keluarga ada yang menderita penyakit lain?

Ya..... Tidak.....

Bila 'Ya' siapa?

Sakit apa? jantung, ginjal, tekanan darah tinggi, kanker, lainnya
sebutkan.....

3. Pemeriksaan Fisik

Tekanan darah : Sistolis :mmHg Diastolis :mmHg

Suhu Tubuh (axiller) :⁰C

Tinggi Badan : cm

Lingkar Perut : cm

4. Pemeriksaan Laboratorium

Glukosa Darah Puasa : mg/dl

Kolesterol total : mg/dl

Kolesterol LDL : mg/dl

Kolesterol HDL : mg/dl

Trigliserida : mg/dl

Insulin puasa : μ U/ml

Adiponektin :

HOMA-IR :

5. Hal lain yang perlu. Jelaskan

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.....
.....
.....
.....

Makassar,

Peneliti,

(dr. Ika Hidayani)

