

## References

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## Tables

**Table 1: Demographic characteristics**

<b>Characteristic</b>	<b>Frquence</b>	<b>Presentage</b>
<b>Gender</b>		
Female	1	6,7%
Male	14	93,3%
<b>Age Category</b>		
Adolescents	1	6,7%
Adults	14	93,3%
<b>Body Mass Index</b>		
<i>Overweight</i>	1	6,7%
Normal	14	93,3%
<b>Injury Phase</b>		
Acute	3	20%
Subacute	5	33,3%
Chronic	7	46,7%
<b>Runner Type</b>		
Novice Runner	8	53,3%
Recreational Runner	7	46,7%
<b>Total</b>	<b>15</b>	<b>100%</b>

**Table 2: Analysis of pre test and each test of KT Application**

<b>Variabel</b>	<b>Changes of Mean±SD</b>	<b>P Value</b>
Pre Test Post Test 1	1.33±1.234	0.002
Pre Test Post Test 2	2.13±1.685	0.001
Pre Test Post Test 3	2.93±1.792	0.001
Pre Test Post Test 4	3.47±1.598	0.001
Pre Test Post Test 5	3.6±1.724	0.001
Pre Test Post Test 6	3.6±1.724	0.001

**Table 3: Analysis of the mean rank of every KT Application**

<b>Variabel</b>	<b>Mean Rank</b>	<b>Signifikansi (P)</b>
<i>Pre test</i>	6.80	
<i>Post test 1</i>	5.47	
<i>Post test 2</i>	4.97	
<i>Post test 3</i>	3.63	0.000
<i>Post test 4</i>	2.47	
<i>Post test 5</i>	2.23	
<i>Post test 6</i>	2.23	