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## LAMPIRAN

**Foto terlatih basket**



**Foto Tidak terlatih basket**



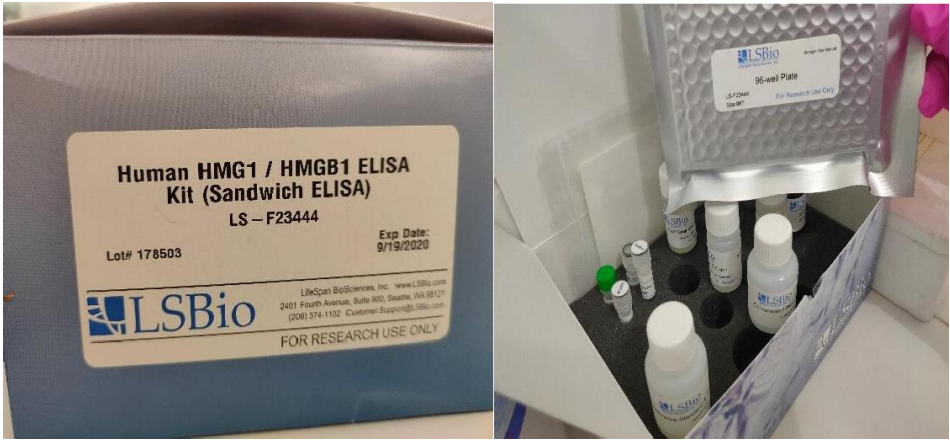
**Foto pemanasan untuk mencapai Denyut nadi 70-79% DNM**



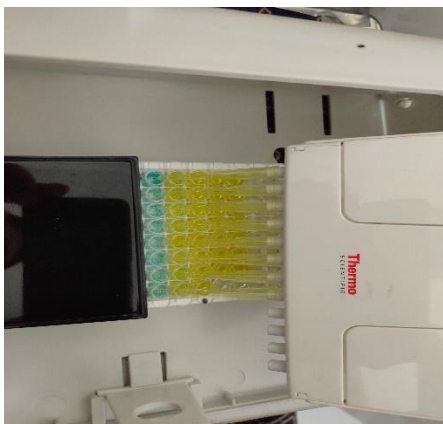
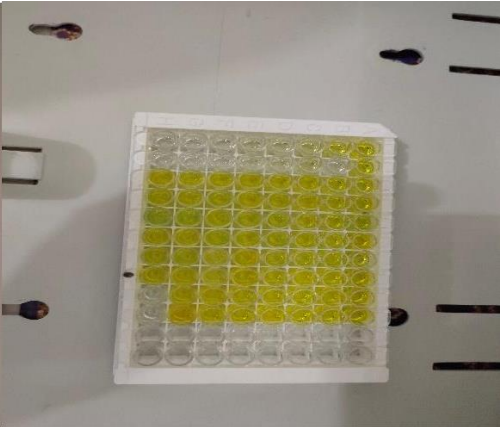
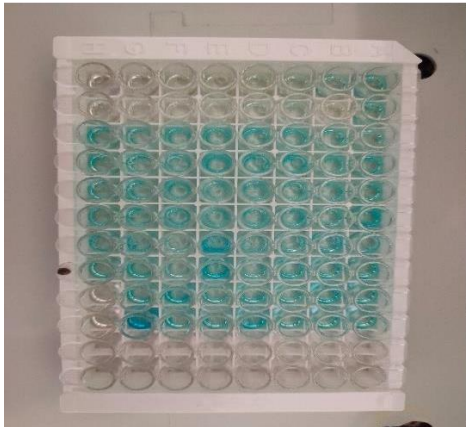
**Foto Lari 12 Menit**



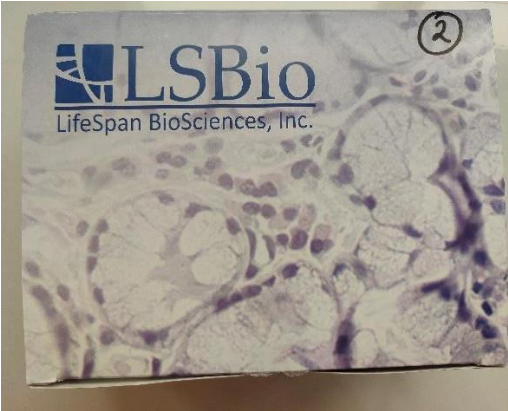
**Pemeriksaan Elisa HMGB1**

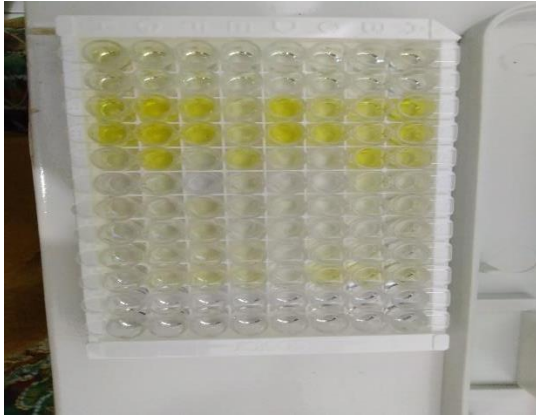




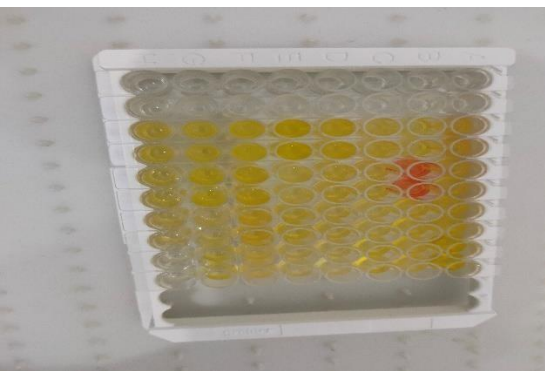
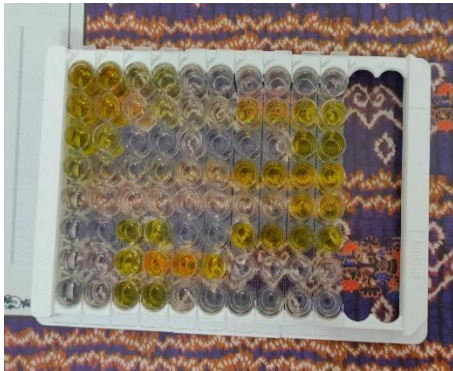
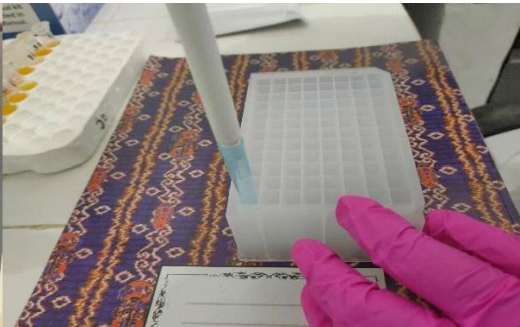
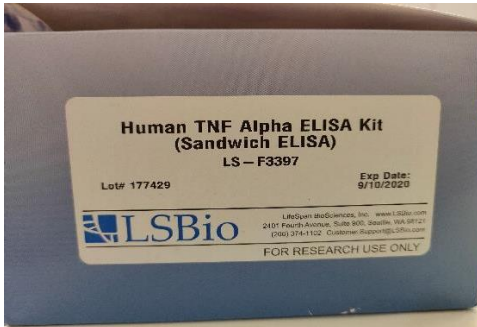


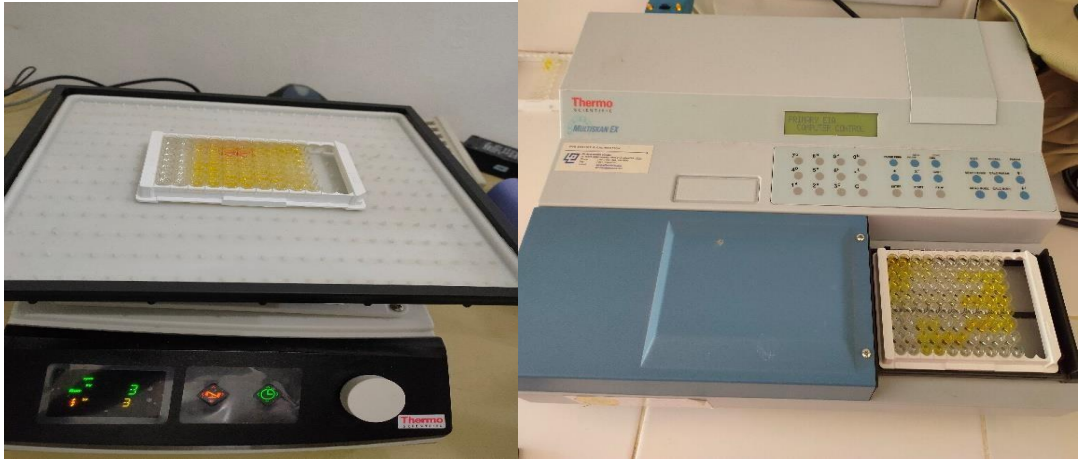
**Foto Pemeriksaan Elisa Kortisol**



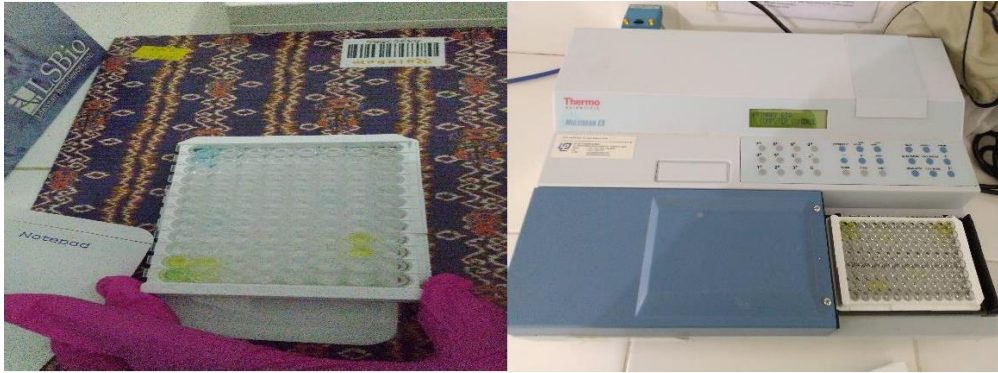
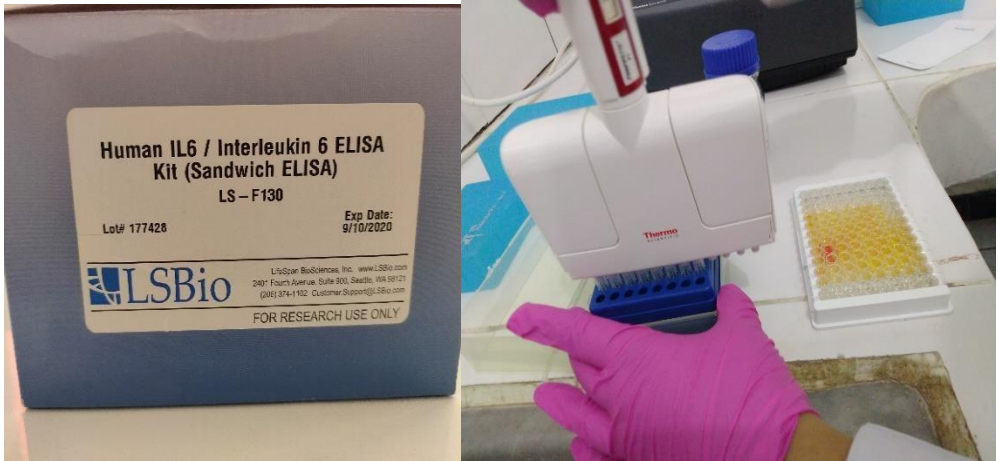


### Pemeriksaan Elisa TNF Alfa





**Pemeriksaan Elisa IL6**



## Tabel Pencatatan Hasil Penelitian

Data Hasil Penelitian Perbedaan Profil Imun Antara remaja terlatih basket dan tidak terlatih

VO2 Maks		HMGB1		Kortisol		IL6	
Basket	Non Basket	Basket	Non Basket	Basket	Non Basket	Basket	Non Basket
46,50	31,80	2124,9	2118,5	2409,5	32,7	45,74	44,59
43,90	31,80	2169,2	2481,0	772,3	11,7	47,52	46,25
41,80	31,80	2366,4	2066,6	1281,3	38,6	46,08	46,08
40,20	31,80	2313,8	1838,4	5797,1	0,5	57,24	50,75
38,10	31,80	2396,7	2453,3	121,5	14,6	45,07	45,24
38,10	31,00	2181,0	1698,1	4559,7	31,1	90,44	118,11
36,70	29,90	2286,6	2093,6	3770,5	17,9	47,34	44,91
35,70	27,90	2440,4	2062,5	89,3	43,5	59,41	47,90
35,30	27,60	1930,6	2306,7	1227,9	9,9	142,83	44,59
35,30	26,80	2095,0	2444,2	50,5	31,8	44,75	45,07
35,30	26,80	1972,5	2220,6	33,1	32,6	53,24	46,97
35,00	26,80	1992,1	2454,1	225,1	56,8	44,75	61,99
33,60	26,20	2336,5	2280,9	16,5	31,8	57,77	45,24
33,60	26,20	2062,5	2477,7	1209,1	2,4	47,77	61,99
33,20	24,60	2040,1	1537,4	37,5	39,1	47,52	48,68