DAFTAR PUSTAKA

1. Eviston TJ, et al. Bell's Palsy: Aetiology, Clinical Features and Multidisciplinary Care. J Neurol Neurosurg Psychiatry 2015; 86: 1356-7, 1359-1360
2. Prabasheela B. et al. Understanding Bell's Palsy –a review. Pharmaceutical and Biological Evaluations 2017; 4 (3): 130-2
3. Balakrishnan A. Bell's Palsy: Causes, Symptoms, Diagnosis and Treatment. J. Pharm. Sci. & Res 2015; 7(11): 1004-5
4. Khanzada K, Gondal MJI, et al. Comparison of efficacy of Kabat rehabilitation and facial exercises along with nerve stimulation in patients with Bell's palsy. BLDE Univ J Health Sci 2018; 3: 31-2
5. Qamar MM, Basharat A,et al. Kabat Technique Incorporated with Kinesiotherapy and Electric Muscle Stimulation Can Be H&Y in Patients With Bell's Palsy. Int J Med Appl Health 2017; 5(1): 7
6. Mustafa AHK, Sulaiman AH The Epidemiology and Management of Bell's Palsy in the Sudan. The Open Dentistry Journal 2018; 12: 828-9
7. Wenjuan Zhang W, et al. The etiology of Bell's Palsy: a review. Journal of Neurology 2019: 1,6
8. Sardaru D, Pendefunda L. Neuro-proprioceptive Facilitation in The Re-education of Functional Problems in Facial Paralysis : A Practical Approach. Rev Med Chir Soc Med Nat 2013;117(1) : 101-4

9. Thome AMC, Souza CM, Trajano LA, et al. Treatment of Bell Palsy using Facial Exercises in Primary Health Care: A Case Report. Biomed J Sci & Tech Res 2018; 3(4): 3501, 3500
10. Giacalone A, et al. Kabat Rehabilitation for Facial Nerve Paralysis: Perspective on Neurokinetic Recovery and Review of Clinical Evaluation Tools. International Journal of Academic Scientific Research 2018; 6(1): 44
11. Emer Gunning E, Uszynski MK. Effectiveness of the Proprioceptive Neuromuscular Facilitation Method on Gait Parameters in Patients with Stroke: A Systematic Review. American Congress Of Rehabilitation Medicine 2019: 1
12. Victoria GD, Carmen EV, Alexandru S, et al. The PNF (Proprioceptive Neuromuscular Facilitation) Stretching Technique – A Brief Review. Science, Movement And Health 2013; 8(2): 623
13. Bahruddin M. Bell's Palsy. E-Journal UMM 2011; 7(15) : 20-4
14. Karaganova I, Mindova S. Bell's palsy : Physical Therapy and Surface Electromyography Biofeedback. The 4th International Virtual Conference on Advanced Scientific Results 2016 p.243-4
15. Sumathi G, Surekha K Ramamoorthy V, Bharathi D, et al. Effectiveness of Facial Nerve Stimulation with Kabat Technique in Bell's Palsy Patients. International Journal of Research & Review 2019; 6(3): 117
16. Heckmann JG, Urban PP, Pitz S, et al. The Diagnosis and Treatment of Idiopathic Facial Paresis(Bell's Palsy). Dtsch Arztebl Int 2019; 116: 692-4, 698

17. Song I, et al. Profiling Bell's Palsy Based on House-Brackmann Score. JAISCR 2013; 3(1): 42-3
18. Samsudin WS, Sundaraj K. Evaluation and Grading Systems of Facial Paralysis for Facial Rehabilitation. J Phys Ther Sci 2013; 25: 516–8
19. Monini S, et al. Role of Kabat rehabilitation in facial nerve palsy: a randomised study on severe cases of Bell's palsy. Acta Otorhinolaryngol Ital 2016; 36: 283
20. Ghous M, Yaqoob I, Kanwal M, Malik AN. Effects of Kabat rehabilitation verses taping to reduce facial disability and Synkinesis in Bell's palsy. Rawal Medical Journal 2018; 43(3): 543
21. Ravichandran H, Balamurugan J. Effect of Proprioceptive Neuromuscular Facilitation Stretch and Muscle Energy Technique in The Management of Adhesive Capsulitis of The Shoulder. Saudi Journal of Sports Medicine 2015; 15(2): 171
22. Azevedo DC, Melo RM, Correa RVA, Chalmers G. Uninvolved versus target muscle contraction during contracterelax proprioceptive neuromuscular facilitation stretching in Physical Therapy in Sport 12. Elsevier 2011 : 117
23. Hindle KB, Whitcomb TJ, Briggs WO, Hong J. Proprioceptive Neuromuscular Facilitation (PNF): Its Mechanisms and Effects on Range of Motion and Muscular Function. Journal of Human Kinetics 2012; 31: 105-6

24. Hurtado CE, Velez RP. Neurophysiologic Principles Related to The Neuromuscular Mechanism, Which are Superimposed to Defined Patterns of Movement and Posture Among The Ones The Subject Uses in Daily Life Activities, Seeking Provoke or Improve Muscular Contraction. Colomb Med. 2011; 42: 373
25. Miyahara Y, Naito H, Ogura Y, Katamoto S, et al. Effects of Proprioceptive Neuromuscular Facilitation Stretching and Static Stretching on Maximal Voluntary Contraction. Journal of Strength and Conditioning Research 2013; 27(1) : 195
26. Monini S, Buffoni A, Romeo M, et al. Kabaf Rehabilitation for Bell's Palsy in the Elderly. Acta Oto-Laryngologica 2016 : 1,4-5

Lampiran 1. Lampiran Sintesa Jurnal Efektifitas Terapi Kabat sebagai Terapi Adjektif pada Terapi Medis dan Terapi Fisik pada Pasien Bell's Palsy

No.	Judul	Penyusun	Nama Jurnal	Tahun	Hasil
1	Role of Kabat rehabilitation in facial nerve palsy: a randomised study on severe cases of Bell's palsy	S. Monini, C.M. Iacolucci, M. Di Traglia, A.I. Lazzarino, M. Barbara.	ACTA otorhinolaryngologica ita lica	2016	Ketika rehabilitasi Kabat dikombinasikan dengan pengobatan steroid standar dalam kasus BP yang parah, subjek yang terkena cenderung memiliki pemulihan yang lebih cepat dan lebih baik daripada mereka yang hanya menggunakan perawatan medis.
2	Kabat rehabilitation for Bell's palsy in the elderly	Simonetta Monini, Antonella Buffoni, Martina Romeo, Mario Di Traglia, Chiara Filippi, Francesca Atturo & Maurizio Barbara	Acta Oto-Laryngologica	2016	Pada pasien yang menerima protokol gabungan(Terapi kabat dan terapi medis), tingkat pemulihan yang lebih baik ditemukan, baik pada subjek HB(House-Brackmann) IV dan V, dan populasi yang lebih muda dapat

					mencapai pemulihan yang baik pada 90% kasus HB V dibandingkan dengan populasi yang lebih tua (50%) .
3	Kabat Rehabilitation For Facial Nerve Paralysis: Perspective On Neurokinetic Recovery And Review Of Clinical Evaluation Tools	Andrea Giacalone, Teresa Sciarrillo,Gennaro Rocco, Enzo Ruberti	International Journal Of Academic Scientific Research	2018	Semua pasien sembuh, meskipun terdapat berbagai etiologi dan tingkat evaluasi yang berbeda. Rehabilitasi kabat yang dikombinasikan dengan perawatan medis akan membantu mencapai hasil yang lebih baik sekaligus mengurangi waktu pemulihan.
4	Comparison of efficacy of Kabat rehabilitation and facial exercises along with nerve stimulation in	Kanwal Khanzada, Muhammad Junaid Ijaz Gondal, Muhammad Mustafa Qamar1, Ayesha Basharat1, Waqas	BLDE University Journal of Health Sciences	2018	Teknik rehabilitasi Kabat bersama dengan stimulasi saraf lebih efektif dalam mengobati Bell's palsy dibandingkan dengan teknik facial excercise bersama

	patients with Bell's palsy	Ahmad1, Sajid Ali2			dengan stimulasi saraf.
5	Effectiveness of Facial Nerve Stimulation with Kabat Technique in Bell's Palsy Patients	Sumathi G, Surekha K, Ramamoorthy V, Divya Bharathi. V	International Journal of Research and Review	2019	Ketika rehabilitasi Kabat dikaitkan dengan stimulasi listrik dan perawatan latihan otot wajah dalam kasus BP yang parah, subjek yang terkena cenderung mengalami pemulihan yang lebih cepat dan lebih baik daripada mereka yang hanya menerapkan perawatan medis.
6	Kabat Technique Incorporated With Kinesiotherapy & Electric Muscle Stimulation Can Be H&Y In Patients With Bell's Palsy	Muhammad Mustafa Qamar1, Ayesha Basharat1, Shahnai Basharat2, Akhtar Rasul1, Muhammad Ramzan1, Farjad Afzal1, Asif Islam1, Waqas Ahmad1, Malik Muhammad Atif1,	Int. j. med. appl. health.	2017	Kombinasi kinesioterapi, Kabat, dan stimulasi otot elektrik menurunkan asimetri otot wajah serta sangat berguna untuk meningkatkan fungsi otot & kualitas gerakan baik.

		Hafiz Abdul Munem1, Muhammad Ali Ur Rasheed1, Mohsana Tariq1, Iqra Nadeem1, Kanwal Fatima1 & Faiza Amjad1			
7	Effect of Kabat Rehabilitation verses taping to Reduce Facial Disability and Synkinesis in Bell's palsy	Misbah Ghous, Irum Yaqoob, Maria Kanwal, Arshad Nawaz Malik.	Rawal Medical Journal	2018	Pemberian terapi kabat dan terapi konvensional lebih efektif karena meminimalkan disabilitas wajah dan sinkenesis dibandingkan dengan kinesio taping untuk pengobatan Bell's Palsy