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## LAMPIRAN

### Lampiran 1

#### Alat Ukur Penelitian

Skala *Resilience Quotient Test* (Reivich dan Shatte, 2002)

| No. | Pernyataan                                                                                                                             | STSS | TSS | CSS | SS | SSS |
|-----|----------------------------------------------------------------------------------------------------------------------------------------|------|-----|-----|----|-----|
| 1.  | Ketika mencoba memecahkan suatu masalah, saya percaya pada naluri dan mengikuti solusi pertama yang saya pikirkan                      |      |     |     |    |     |
| 2.  | Saya masih bertindak secara emosional ketika akan berdiskusi dengan orang-orang di sekitar saya                                        |      |     |     |    |     |
| 3.  | Saya mencemaskan kesehatan saya di masa depan                                                                                          |      |     |     |    |     |
| 4.  | Saya mampu menghindari apapun yang mengalihkan perhatian saat sedang mengerjakan tugas                                                 |      |     |     |    |     |
| 5.  | Jika solusi pertama saya tidak berhasil, saya akan mencoba berbagai solusi hingga saya menemukan solusi yang tepat                     |      |     |     |    |     |
| 6.  | Saya memiliki rasa ingin tahu yang tinggi                                                                                              |      |     |     |    |     |
| 7.  | Saya kesulitan berpikir positif untuk dapat fokus dalam mengerjakan tugas                                                              |      |     |     |    |     |
| 8.  | Saya merupakan tipe orang yang senang mencoba hal-hal baru                                                                             |      |     |     |    |     |
| 9.  | Saya lebih suka melakukan sesuatu yang membuat saya percaya diri dan santai, daripada melakukan sesuatu yang cukup menantang dan sulit |      |     |     |    |     |
| 10. | Saya dapat mengenali emosi yang dirasakan orang lain hanya dengan melihat ekspresi wajah mereka                                        |      |     |     |    |     |
| 11. | Ketika menemukan sesuatu yang salah, saya memilih untuk menyerah                                                                       |      |     |     |    |     |
| 12. | Ketika terdapat masalah, saya memikirkan berbagai solusi sebelum mencoba menyelesaikan masalah tersebut                                |      |     |     |    |     |



|     |                                                                                                                                               |  |  |  |  |  |
|-----|-----------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 13. | Saya mampu mengendalikan perasaan saya ketika menghadapi kesulitan                                                                            |  |  |  |  |  |
| 14. | Pemikiran orang lain tentang saya tidak mempengaruhi perilaku saya                                                                            |  |  |  |  |  |
| 15. | Saya sadar ketika sedang berada dalam suatu masalah                                                                                           |  |  |  |  |  |
| 16. | Saya merasa paling nyaman dalam situasi ketika saya bukanlah satu-satunya orang yang bertanggung jawab                                        |  |  |  |  |  |
| 17. | Saya lebih menyukai situasi ketika saya dapat bergantung pada kemampuan orang lain, dibanding kemampuan saya sendiri                          |  |  |  |  |  |
| 18. | Saya percaya dan meyakini bahwa masalah dapat dikendalikan meskipun terkadang terasa sulit                                                    |  |  |  |  |  |
| 19. | Ketika terdapat masalah, saya memikirkan dengan hati-hati penyebab masalah tersebut sebelum mencoba untuk menyelesaikannya                    |  |  |  |  |  |
| 20. | Saya memiliki keraguan terhadap kemampuan saya dalam memecahkan masalah, baik di tempat kerja ataupun di rumah                                |  |  |  |  |  |
| 21. | Saya tidak menghabiskan waktu untuk memikirkan hal-hal yang berada di luar kendali saya                                                       |  |  |  |  |  |
| 22. | Saya menikmati melakukan tugas-tugas rutin yang berulang                                                                                      |  |  |  |  |  |
| 23. | Saya mudah terbawa perasaan dalam berbagai situasi                                                                                            |  |  |  |  |  |
| 24. | Sulit bagi saya untuk memahami perasaan orang lain                                                                                            |  |  |  |  |  |
| 25. | Saya mampu mengidentifikasi hal yang saya pikirkan dan pengaruhnya terhadap suasana hati saya                                                 |  |  |  |  |  |
| 26. | Jika seseorang membuat saya kecewa, saya dapat menunggu waktu yang tepat dan tetap tenang untuk membahasnya                                   |  |  |  |  |  |
| 27. | Ketika seseorang bereaksi berlebihan terhadap suatu masalah, saya berpikir bahwa hal tersebut terjadi karena suasana hati mereka sedang buruk |  |  |  |  |  |

|     |                                                                                                                   |  |  |  |  |  |
|-----|-------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 28. | Saya berharap dapat melakukan banyak hal dengan baik                                                              |  |  |  |  |  |
| 29. | Orang-orang seringkali menemui saya untuk membantu mereka memecahkan masalah yang dihadapi                        |  |  |  |  |  |
| 30. | Saya bingung memahami reaksi yang diberikan orang-orang                                                           |  |  |  |  |  |
| 31. | Emosi saya memengaruhi kemampuan saya untuk fokus pada hal yang perlu saya selesaikan                             |  |  |  |  |  |
| 32. | Saya percaya bahwa kerja keras saya tidak akan sia-sia                                                            |  |  |  |  |  |
| 33. | Setelah menyelesaikan tugas, saya khawatir akan mendapatkan hasil evaluasi yang negatif                           |  |  |  |  |  |
| 34. | Jika seseorang sedang sedih, marah, atau malu, saya tahu hal yang ada dipikirannya                                |  |  |  |  |  |
| 35. | Saya tidak suka tantangan baru                                                                                    |  |  |  |  |  |
| 36. | Saya tidak memiliki rencana masa depan tentang pekerjaan, pendidikan, ataupun keuangan                            |  |  |  |  |  |
| 37. | Saya mengetahui penyebab teman saya merasa kecewa                                                                 |  |  |  |  |  |
| 38. | Saya lebih suka melakukan sesuatu secara tiba-tiba dibandingkan merencanakannya, bahkan jika hasilnya kurang baik |  |  |  |  |  |
| 39. | Saya percaya bahwa sebagian besar masalah disebabkan oleh keadaan yang diluar kendali saya                        |  |  |  |  |  |
| 40. | Saya melihat tantangan sebagai cara untuk belajar dan mengembangkan diri                                          |  |  |  |  |  |
| 41. | Orang lain pernah memberitahukan kepada saya bahwa saya salah mengartikan suatu peristiwa atau situasi            |  |  |  |  |  |
| 42. | Jika seseorang kecewa pada saya, saya akan mendengarkan alasan mereka sebelum memberi respon                      |  |  |  |  |  |

|     |                                                                                                                                          |  |  |  |  |  |
|-----|------------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 43. | Ketika diminta untuk memikirkan masa depan, saya merasa sulit membayangkan bahwa saya akan sukses nantinya                               |  |  |  |  |  |
| 44. | Orang-orang terdekat saya mengatakan bahwa saya terlalu cepat mengambil kesimpulan ketika suatu masalah muncul                           |  |  |  |  |  |
| 45. | Saya kurang nyaman bertemu orang baru                                                                                                    |  |  |  |  |  |
| 46. | Sangat mudah bagi saya untuk terbawa perasaan dalam membaca buku atau menonton film                                                      |  |  |  |  |  |
| 47. | Saya yakin bahwa lebih baik mencegah daripada mengobati                                                                                  |  |  |  |  |  |
| 48. | Saya yakin pada kebanyakan situasi, saya pandai mengidentifikasi penyebab yang mendasari suatu masalah                                   |  |  |  |  |  |
| 49. | Saya percaya bahwa saya memiliki keterampilan menangani masalah yang baik dan menanggapi sebagian besar tantangan dengan baik            |  |  |  |  |  |
| 50. | Orang terdekat saya memberi tahu saya bahwa saya tidak memahami mereka                                                                   |  |  |  |  |  |
| 51. | Saya paling nyaman dengan rutinitas yang tidak berubah                                                                                   |  |  |  |  |  |
| 52. | Saya pikir bahwa penting untuk menyelesaikan masalah secepat mungkin, meskipun mengabaikan pemahaman seutuhnya mengenai masalah tersebut |  |  |  |  |  |
| 53. | Ketika menghadapi situasi yang sulit, saya yakin dapat mengatasinya dengan baik                                                          |  |  |  |  |  |
| 54. | Orang-orang di sekitar saya mengatakan bahwa saya tidak menyimak perkataan mereka/hal yang mereka bicarakan                              |  |  |  |  |  |
| 55. | Jika saya menginginkan sesuatu, saya segera bertindak untuk mewujudkannya                                                                |  |  |  |  |  |
| 56. | Saya mampu mengendalikan emosi saya ketika membicarakan topik tertentu dengan orang di sekitar saya                                      |  |  |  |  |  |

Skala VIA *Character Strengths Classification System* (VIA Institute on Character, Peterson dan Seligman, 2004)

| No. | Pernyataan                                                                                                      | STSS | TSS | CSS | SS | SSS |
|-----|-----------------------------------------------------------------------------------------------------------------|------|-----|-----|----|-----|
| 1.  | Saya sering berpegang pada pendirian saya dalam menghadapi oposisi yang kuat                                    |      |     |     |    |     |
| 2.  | Saya tidak berhenti mengerjakan tugas sebelum tugas saya selesai                                                |      |     |     |    |     |
| 3.  | Saya selalu menepati janji                                                                                      |      |     |     |    |     |
| 4.  | Saya selalu melihat sesuatu dari sisi positifnya                                                                |      |     |     |    |     |
| 5.  | Saya orang yang lekat dengan kehidupan spiritual                                                                |      |     |     |    |     |
| 6.  | Saya mengetahui cara menempatkan diri ketika berada dalam situasi sosial yang berbeda                           |      |     |     |    |     |
| 7.  | Saya selalu menyelesaikan hal yang saya mulai                                                                   |      |     |     |    |     |
| 8.  | Ketika memberikan bantuan kecil untuk orang lain, saya menikmati hal tersebut                                   |      |     |     |    |     |
| 9.  | Sebagai seorang pemimpin, saya memperlakukan semua orang sama baiknya terlepas dari pengalaman yang dimilikinya |      |     |     |    |     |
| 10. | Meskipun terdapat cemilan di dekat saya, saya tidak pernah memakannya secara berlebihan                         |      |     |     |    |     |
| 11. | Saya mengamalkan setiap ajaran agama saya                                                                       |      |     |     |    |     |
| 12. | Saya jarang menyimpan dendam kepada orang lain                                                                  |      |     |     |    |     |
| 13. | Saya selalu sibuk dengan sesuatu yang menarik bagi saya                                                         |      |     |     |    |     |
| 14. | Saya mampu menyesuaikan diri dalam berbagai situasi                                                             |      |     |     |    |     |
| 15. | Saya melakukan berbagai cara untuk menghibur orang-orang yang sedang memiliki masalah                           |      |     |     |    |     |

|     |                                                                                                                                       |  |  |  |  |  |
|-----|---------------------------------------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 16. | Salah satu kekuatan saya adalah mampu membantu sekelompok orang untuk bekerja sama dengan baik meski mereka memiliki banyak perbedaan |  |  |  |  |  |
| 17. | Saya orang yang sangat disiplin                                                                                                       |  |  |  |  |  |
| 18. | Saya merasa sangat tersentuh saat melihat hal-hal yang indah                                                                          |  |  |  |  |  |
| 19. | Saya selalu memiliki harapan penuh terhadap masa depan                                                                                |  |  |  |  |  |
| 20. | Saya harus mempertahankan hal yang saya percaya, bahkan jika hal tersebut menghasilkan sesuatu yang negatif                           |  |  |  |  |  |
| 21. | Saya tetap menyelesaikan sesuatu meski terdapat banyak kendala                                                                        |  |  |  |  |  |
| 22. | Hak semua orang sama pentingnya bagi saya                                                                                             |  |  |  |  |  |
| 23. | Saya melihat keindahan yang orang lain lewatkan                                                                                       |  |  |  |  |  |
| 24. | Saya tidak pernah membual atau mengada-ada tentang prestasi saya                                                                      |  |  |  |  |  |
| 25. | Saya senang terlibat dengan berbagai kegiatan yang berbeda                                                                            |  |  |  |  |  |
| 26. | Saya seorang pembelajar seumur hidup                                                                                                  |  |  |  |  |  |
| 27. | Saya selalu memiliki cara baru untuk melakukan sesuatu                                                                                |  |  |  |  |  |
| 28. | Orang lain menggambarkan saya sebagai orang yang “bijaksana melampaui usia saya”                                                      |  |  |  |  |  |
| 29. | Janji saya dapat dipercaya                                                                                                            |  |  |  |  |  |
| 30. | Saya memberikan semua orang kesempatan yang sama                                                                                      |  |  |  |  |  |
| 31. | Saya memperlakukan semua orang secara setara agar menjadi pemimpin yang efektif                                                       |  |  |  |  |  |
| 32. | Saya orang yang sangat bersyukur                                                                                                      |  |  |  |  |  |
| 33. | Saya mencoba untuk menambahkan humor pada setiap hal yang saya lakukan                                                                |  |  |  |  |  |
| 34. | Saya menanti hari-hari yang akan datang                                                                                               |  |  |  |  |  |

|     |                                                                                    |  |  |  |  |  |
|-----|------------------------------------------------------------------------------------|--|--|--|--|--|
| 35. | Saya percaya bahwa memaafkan dan melupakan merupakan hal yang terbaik              |  |  |  |  |  |
| 36. | Teman-teman saya mengatakan bahwa saya memiliki banyak ide baru dan berbeda        |  |  |  |  |  |
| 37. | Saya berpegang teguh pada keyakinan saya                                           |  |  |  |  |  |
| 38. | Saya yakin nilai-nilai yang saya miliki benar                                      |  |  |  |  |  |
| 39. | Saya selalu merasakan kehadiran cinta dalam hidup saya                             |  |  |  |  |  |
| 40. | Saya mampu untuk tetap konsisten dalam melakukan diet                              |  |  |  |  |  |
| 41. | Saya mempertimbangkan konsekuensi sebelum saya bertindak                           |  |  |  |  |  |
| 42. | Saya selalu sadar akan keindahan alam di lingkungan                                |  |  |  |  |  |
| 43. | Keimanan saya menjadikan diri saya saat ini                                        |  |  |  |  |  |
| 44. | Saya memiliki banyak energi untuk beraktivitas                                     |  |  |  |  |  |
| 45. | Saya dapat menemukan sesuatu yang menarik dalam berbagai situasi                   |  |  |  |  |  |
| 46. | Saya senantiasa membaca sepanjang waktu                                            |  |  |  |  |  |
| 47. | Berpikir secara mendalam merupakan bagian dari diri saya                           |  |  |  |  |  |
| 48. | Saya seorang pemikir yang original                                                 |  |  |  |  |  |
| 49. | Saya memiliki pandangan yang matang terhadap kehidupan                             |  |  |  |  |  |
| 50. | Saya mampu mengungkapkan cinta kepada orang lain                                   |  |  |  |  |  |
| 51. | Saya mendukung rekan satu tim saya atau sesama anggota kelompok tanpa pengecualian |  |  |  |  |  |
| 52. | Saya merasa bersyukur atas hal yang telah saya dapatkan dalam hidup                |  |  |  |  |  |
| 53. | Saya yakin akan berhasil dengan tujuan yang saya tetapkan untuk diri sendiri       |  |  |  |  |  |
| 54. | Saya jarang memperhatikan diri sendiri                                             |  |  |  |  |  |
| 55. | Saya memiliki rasa humor                                                           |  |  |  |  |  |
| 56. | Saya selalu mempertimbangkan setiap pro dan kontra                                 |  |  |  |  |  |

|     |                                                                                                         |  |  |  |  |  |
|-----|---------------------------------------------------------------------------------------------------------|--|--|--|--|--|
| 57. | Saya selalu bersikap baik terhadap orang lain                                                           |  |  |  |  |  |
| 58. | Saya mampu menerima cinta dari orang lain                                                               |  |  |  |  |  |
| 59. | Saya selalu menghormati pemimpin kelompok saya meskipun saya tidak setuju dengan pendapat/pilihannya    |  |  |  |  |  |
| 60. | Saya orang yang sangat berhati-hati                                                                     |  |  |  |  |  |
| 61. | Seseorang mengatakan bahwa kerendahan hati merupakan salah satu karakteristik saya yang paling menonjol |  |  |  |  |  |
| 62. | Saya biasanya bersedia untuk memberikan kesempatan lain pada seseorang                                  |  |  |  |  |  |
| 63. | Saya membaca berbagai macam buku                                                                        |  |  |  |  |  |
| 64. | Saya mencoba untuk mencari alasan yang kuat atas keputusan penting yang saya miliki                     |  |  |  |  |  |
| 65. | Saya selalu tahu hal yang harus saya katakan untuk membuat orang lain merasa baik                       |  |  |  |  |  |
| 66. | Penting bagi saya untuk menghormati keputusan yang dibuat oleh kelompok                                 |  |  |  |  |  |
| 67. | Saya selalu membuat pilihan dengan hati-hati                                                            |  |  |  |  |  |
| 68. | Saya merasakan apresiasi yang tulus setiap hari                                                         |  |  |  |  |  |
| 69. | Saya merasa senang ketika bangun dari tidur karena memikirkan bahwa kemungkinan baik akan terjadi       |  |  |  |  |  |
| 70. | Orang menganggap saya sebagai orang yang bijaksana                                                      |  |  |  |  |  |
| 71. | Saya percaya bahwa mendengarkan pendapat setiap orang adalah hal yang selayaknya dilakukan              |  |  |  |  |  |
| 72. | Saya dikenal karena memiliki rasa humor yang baik                                                       |  |  |  |  |  |

**Lampiran 2**  
**Lembar Adaptasi Skala**

**Lembar Adaptasi Skala**

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*Skala Resilience Quotient Test (Reivich dan Shatte, 2002)*

| No. | Aitem Asli                                                                                                                            | Aitem Terjemahan                                                                                                                                           | Reverse Translate                                                                                                                   |                                                                                                                                 | Aitem Adaptasi                                                                                                    |
|-----|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| 1.  | <i>When trying to solve a problem, I trust my instincts and go with the first solution that occurs to me</i>                          | Ketika mencoba untuk memecahkan suatu masalah, saya percaya akan naluri saya dan akan mengikuti solusi pertama yang terpikirkan oleh saya                  | When trying to solve a problem, I trust my instincts and will follow the first solution that comes to my mind                       | When I try to solve a problem, I believe in my instinct and I will take the very first thing that come to my mind as a solution | Ketika mencoba memecahkan suatu masalah, saya percaya pada naluri dan mengikuti solusi pertama yang saya pikirkan |
| 2.  | <i>Even if I plan ahead for a discussion with my boss, a coworker, my spouse, or my child, I still find myself acting emotionally</i> | Bahkan ketika saya berencana untuk berdiskusi dengan bos, rekan kerja, pasangan, atau anak saya, saya masih mendapati diri saya bertindak secara emosional | Even when I'm planning to have a discussion with my boss, co-workers, partner, or child, I still find myself acting out emotionally | I find myself acting emotionally even when I am going to discuss something with my boss/co-workers/couple/kids                  | Saya masih bertindak secara emosional ketika akan berdiskusi dengan orang-orang di sekitar saya                   |
| 3.  | <i>I worry about my future health</i>                                                                                                 | Saya cemas akan kesehatan saya ke depannya/ di masa depan                                                                                                  | I am worried about my health condition onward/in the future                                                                         | I'm anxious about my future health                                                                                              | Saya mencemaskan kesehatan saya di masa depan                                                                     |
| 4.  | <i>I am good at shutting out anything that distracts me from the task at hand</i>                                                     | Saya pandai menutupi apapun yang dapat mengalihkan perhatian saya                                                                                          | I am good at covering up anything that can distract me                                                                              | I am good at denying anything that can distract my                                                                              | Saya mampu menghindari apapun yang mengalihkan                                                                    |



|     |                                                                                                                                        |                                                                                                                                                |                                                                                                                                |                                                                                                                                          |                                                                                                                                        |
|-----|----------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
|     |                                                                                                                                        | dari tugas yang sedang saya kerjakan                                                                                                           | from the task at hand                                                                                                          | attention from my current task                                                                                                           | perhatian saat sedang mengerjakan tugas                                                                                                |
| 5.  | <i>If my first solution doesn't work, I am able to go back and continue trying different solutions until I find one that does work</i> | Jika solusi pertama saya tidak berhasil, saya mampu untuk kembali dan terus mencoba berbagai solusi hingga saya menemukan solusi yang tepat    | If my first solution doesn't work, I can afford to restart and keep trying different solutions until I find the right one      | When my first attempt to solve a problem failed, I can bring myself back up again and try other alternatives until my problem get solved | Jika solusi pertama saya tidak berhasil, saya akan mencoba berbagai solusi hingga saya menemukan solusi yang tepat                     |
| 6.  | <i>I am curious</i>                                                                                                                    | Saya orang yang penasaran                                                                                                                      | I'm a curious person                                                                                                           | I am a curious person                                                                                                                    | Saya memiliki rasa ingin tahu yang tinggi                                                                                              |
| 7.  | <i>I am unable to harness positive emotions to help me focus on a task</i>                                                             | Saya kesulitan memanfaatkan emosi positif saya untuk membantu saya fokus pada tugas saya                                                       | I have a hard time harnessing my positive emotions to help me focus on my assignments                                          | I have difficulty harnessing my positive emotion to help me focus on my tasks                                                            | Saya kesulitan berpikir positif untuk dapat fokus dalam mengerjakan tugas                                                              |
| 8.  | <i>I'm the kind of person who likes to try new things</i>                                                                              | Saya merupakan tipe orang yang senang mencoba hal-hal baru                                                                                     | I am a kind of person who enjoys trying the new things                                                                         | I am the type of person who enjoys trying new things                                                                                     | Saya merupakan tipe orang yang senang mencoba hal-hal baru                                                                             |
| 9.  | <i>I would rather do something at which I feel confident and relaxed than something that is quite challenging and difficult</i>        | Saya lebih senang melakukan sesuatu yang membuat saya merasa percaya diri dan santai daripada melakukan sesuatu yang cukup menantang dan sulit | I prefer to do something that makes me feel confident and relaxed than to do something that is quite challenging and difficult | I prefer doing something that makes me feel confident and relaxed rather than something that is challenging and difficult                | Saya lebih suka melakukan sesuatu yang membuat saya percaya diri dan santai, daripada melakukan sesuatu yang cukup menantang dan sulit |
| 10. | <i>By looking at their facial expressions, I recognize the emotions people are experiencing</i>                                        | Dengan melihat ekspresi wajah orang-orang, saya dapat mengenali emosi yang mereka rasakan                                                      | I can identify the emotions that the people are feeling                                                                        | By looking at people's facial expressions, I can recognize the                                                                           | Saya dapat mengenali emosi yang dirasakan orang lain hanya                                                                             |

|     |                                                                                                    |                                                                                                                    |                                                                                                      |                                                                                                  |                                                                                                         |
|-----|----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
|     |                                                                                                    |                                                                                                                    | through their facial expressions                                                                     | emotions they are feeling.                                                                       | dengan melihat ekspresi wajah mereka                                                                    |
| 11. | <i>I give in to the urge to give up when things go wrong</i>                                       | Saya memilih untuk menyerah ketika terdapat sesuatu yang salah                                                     | I choose to give up when something goes wrong                                                        | I choose to give up when something goes wrong.                                                   | Ketika menemukan sesuatu yang salah, saya memilih untuk menyerah                                        |
| 12. | <i>When a problem arises, I come up with a lot of possible solutions before trying to solve it</i> | Ketika masalah muncul, saya menemukan banyak kemungkinan solusi sebelum mencoba menyelesaikannya                   | When a problem occurs, I find many possible solutions before trying to solve it                      | When a problem arises, I come up with many possible solutions before trying to solve it.         | Ketika terdapat masalah, saya memikirkan berbagai solusi sebelum mencoba menyelesaikan masalah tersebut |
| 13. | <i>I can control the way I feel when adversity strikes</i>                                         | Saya mampu mengendalikan perasaan saya ketika menghadapi suatu kesulitan                                           | I am able to control my feelings when I encounter difficulty                                         | I am able to control my feelings when facing difficulties.                                       | Saya mampu mengendalikan perasaan saya ketika menghadapi kesulitan                                      |
| 14. | <i>What other people think about me does not influence my behavior</i>                             | Apa yang orang lain pikirkan tentang saya tidak mempengaruhi perilaku saya                                         | What other people think about me does not influence my behavior                                      | What others think about me does not affect my behavior.                                          | Pemikiran orang lain tentang saya tidak mempengaruhi perilaku saya                                      |
| 15. | <i>When a problem occurs, I am aware of the first thoughts that pop into my head about it</i>      | Ketika terjadi suatu masalah, saya menyadari akan pikiran pertama yang muncul di kepala saya akan masalah tersebut | When something goes wrong, I am aware of the first thought that pops into my head about that problem | When a problem occurs, I am aware of the first thought that comes to my mind about that problem. | Saya sadar ketika sedang berada dalam suatu masalah                                                     |
| 16. | <i>I feel most comfortable in situations which I am not the only one responsible</i>               | Saya merasa paling nyaman dalam situasi di mana saya bukan satu-                                                   | I feel most comfortable in situations in which I                                                     | I feel most comfortable in situations where I                                                    | Saya merasa paling nyaman dalam situasi ketika saya bukanlah                                            |

|     |                                                                                                          |                                                                                                                              |                                                                                                          |                                                                                                       |                                                                                                                            |
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|     |                                                                                                          | satunya yang bertanggung jawab                                                                                               | am not the only one in charge                                                                            | am not solely responsible.                                                                            | satu-satunya orang yang bertanggung jawab                                                                                  |
| 17. | <i>I prefer situations where I can depend on someone else's ability rather than my own</i>               | Saya lebih senang dengan situasi di mana saya dapat bergantung pada kemampuan orang lain daripada kemampuan saya             | I prefer situations where I can depend on the abilities of others to my own                              | I prefer situations where I can rely on other people's abilities rather than my own.                  | Saya lebih menyukai situasi ketika saya dapat bergantung pada kemampuan orang lain, dibanding kemampuan saya sendiri       |
| 18. | <i>I believe that it is better to believe problems are controllable, even if that is not always true</i> | Saya percaya bahwa lebih baik meyakini bahwa masalah dapat dikendalikan, meskipun hal tersebut tidak selalu benar            | I believe that it is better to believe that the problem can be controlled, even if it is not always true | I believe it is better to believe that problems can be controlled, even though it is not always true. | Saya percaya dan meyakini bahwa masalah dapat dikendalikan meskipun terkadang terasa sulit                                 |
| 19. | <i>When problem arises, I think carefully about what caused it before attempting to solve it</i>         | Ketika masalah muncul, saya memikirkan dengan hati-hati apa penyebab masalah tersebut sebelum mencoba untuk menyelesaikannya | When a problem occurs, I think carefully about what caused the problem before trying to solve it         | When a problem arises, I carefully consider the cause of the problem before attempting to solve it.   | Ketika terdapat masalah, saya memikirkan dengan hati-hati penyebab masalah tersebut sebelum mencoba untuk menyelesaikannya |
| 20. | <i>I have doubts about my ability to solve problems at work or at home</i>                               | Saya memiliki keraguan mengenai kemampuan saya dalam memecahkan masalah di tempat kerja atau di rumah                        | I have doubts about my ability to solve problems at work or at home                                      | I have doubts about my ability to solve problems at work or at home.                                  | Saya memiliki keraguan terhadap kemampuan saya dalam memecahkan masalah, baik di tempat kerja ataupun di rumah             |

|     |                                                                                                                                    |                                                                                                                                               |                                                                                          |                                                                                                             |                                                                                                             |
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| 21. | <i>I don't spend time thinking about factors that are out of my control</i>                                                        | Saya tidak menghabiskan waktu untuk memikirkan faktor-faktor yang berada di luar kendali saya                                                 | I don't waste my time thinking about the conditions which are beyond my control          | I don't spend time thinking about factors that are beyond my control.                                       | Saya tidak menghabiskan waktu untuk memikirkan hal-hal yang berada di luar kendali saya                     |
| 22. | <i>I enjoy doing simple routine tasks that do not change</i>                                                                       | Saya menikmati tugas-tugas rutin sederhana yang tidak berubah                                                                                 | I enjoy simple, routine tasks that don't change                                          | I enjoy simple routine tasks that remain unchanged.                                                         | Saya menikmati melakukan tugas-tugas rutin yang berulang                                                    |
| 23. | <i>I get carried away by my feelings</i>                                                                                           | Saya terbawa perasaan saya                                                                                                                    | I got carried away with my feelings                                                      | I am carried away by my feelings.                                                                           | Saya mudah terbawa perasaan dalam berbagai situasi                                                          |
| 24. | <i>It is difficult for me to understand why people feel the way they do</i>                                                        | Sulit bagi saya untuk memahami mengapa orang-orang merasakan apa yang mereka rasakan                                                          | It's hard for me to understand why people feel the way they do                           | It is difficult for me to understand why people feel what they feel.                                        | Sulit bagi saya untuk memahami perasaan orang lain                                                          |
| 25. | <i>I am good at identifying what I am thinking and how it affects my mood</i>                                                      | Saya pandai mengidentifikasi apa yang saya pikirkan dan bagaimana hal tersebut dapat memengaruhi suasana hati saya                            | I am good at identifying what I'm thinking and how it affects my mood                    | I am good at identifying what I think and how it can affect my mood.                                        | Saya mampu mengidentifikasi hal yang saya pikirkan dan pengaruhnya terhadap suasana hati saya               |
| 26. | <i>If someone does something that upsets me, I am able to wait until an appropriate time when I have calmed down to discuss it</i> | Jika seseorang melakukan sesuatu yang membuat saya kecewa, saya mampu untuk menunggu hingga waktu yang tepat dan tenang untuk membicarakannya | If someone does something that upsets me, I can wait for the right time to talk about it | If someone does something that disappoints me, I am able to wait for the right and calm time to discuss it. | Jika seseorang membuat saya kecewa, saya dapat menunggu waktu yang tepat dan tetap tenang untuk membahasnya |
| 27. | <i>When someone overreacts to a problem, I</i>                                                                                     | Ketika seseorang bereaksi berlebihan terhadap suatu                                                                                           | When someone overreacts to a                                                             | When someone overreacts to a                                                                                | Ketika seseorang bereaksi berlebihan                                                                        |

|     |                                                                                                   |                                                                                                                            |                                                                                           |                                                                                               |                                                                                                          |
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|     | <i>think it is usually because they are just in a bad mood that day</i>                           | masalah, saya berpikir bahwa hal tersebut terjadi karena suasana hati mereka sedang buruk pada saat itu                    | problem, I think it is because they are in a bad mood at the time                         | problem, I think it happens because they are in a bad mood at that time.                      | terhadap suatu masalah, saya berpikir bahwa hal tersebut terjadi karena suasana hati mereka sedang buruk |
| 28. | <i>I expect that I will do well on most things</i>                                                | Saya berharap saya akan melakukannya dengan baik pada banyak hal                                                           | I hope I will do well at many things                                                      | I hope I will do well in many things.                                                         | Saya berharap dapat melakukan banyak hal dengan baik                                                     |
| 29. | <i>People often seek me out to help them figure out problems</i>                                  | Orang-orang seringkali menemui saya untuk membantu mereka memecahkan masalah yang dihadapi                                 | People often come to me to help them solve their problems                                 | People often come to me for help in solving the problems they face.                           | Orang-orang seringkali menemui saya untuk membantu mereka memecahkan masalah yang dihadapi               |
| 30. | <i>I feel at a loss to understand why people react the way they do</i>                            | Saya kebingungan dalam memahami mengapa orang-orang memberikan reaksi tertentu                                             | I'm at a loss to understand why people react the way they do                              | I am confused about understanding why people give certain reactions.                          | Saya bingung memahami reaksi yang diberikan orang-orang                                                  |
| 31. | <i>My emotions affect my ability to focus on what I need to get done at home, school, or work</i> | Emosi saya memengaruhi kemampuan saya untuk fokus pada apa yang perlu saya selesaikan di rumah, sekolah, atau tempat kerja | My emotions affect my ability to focus on what I need to get done at home, school or work | My emotions affect my ability to focus on what I need to accomplish at home, school, or work. | Emosi saya memengaruhi kemampuan saya untuk fokus pada hal yang perlu saya selesaikan                    |
| 32. | <i>Hard work always pays off</i>                                                                  | Kerja keras selalu terbayar                                                                                                | Hard work always pays off                                                                 | Hard work always pays off.                                                                    | Saya percaya bahwa kerja keras saya tidak akan sia-sia                                                   |
| 33. | <i>After completing a task, I worry that it will be negatively evaluated</i>                      | Setelah menyelesaikan tugas, saya khawatir tugas itu akan dievaluasi secara negatif                                        | After completing the assignment, I am worried that it would                               | After completing a task, I worry that it will be evaluated negatively.                        | Setelah menyelesaikan tugas, saya khawatir akan mendapatkan                                              |

|     |                                                                                                                     |                                                                                                                          |                                                                                                          |                                                                                             |                                                                                                                   |
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|     |                                                                                                                     |                                                                                                                          | be evaluated negatively                                                                                  |                                                                                             | hasil evaluasi yang negatif                                                                                       |
| 34. | <i>If someone is sad, angry, or embarrassed, I have a good idea what he or she may be thinking</i>                  | Jika seseorang sedih, marah, atau malu, saya tahu apa yang mereka sedang pikirkan                                        | If someone is sad, angry, or embarrassed, I know what they're thinking                                   | If someone is sad, angry, or embarrassed, I know what they are thinking.                    | Jika seseorang sedang sedih, marah, atau malu, saya tahu hal yang ada dipikirkannya                               |
| 35. | <i>I don't like new challenges</i>                                                                                  | Saya tidak menyukai tantangan baru                                                                                       | I don't like new challenges                                                                              | I don't like new challenges.                                                                | Saya tidak suka tantangan baru                                                                                    |
| 36. | <i>I don't plan ahead in my job, schoolwork, or finances</i>                                                        | Saya tidak merencanakan ke depan mengenai pekerjaan, tugas sekolah, ataupun keuangan saya                                | I don't plan ahead about my work, schoolwork, or finances                                                | I don't plan ahead regarding work, school tasks, or my finances.                            | Saya tidak memiliki rencana masa depan tentang pekerjaan, pendidikan, ataupun keuangan                            |
| 37. | <i>If a colleague is upset, I have a pretty good idea why</i>                                                       | Jika seorang kolega sedang kecewa, saya tahu mengapa mereka kecewa                                                       | If a colleague is upset, I know why they're upset                                                        | If a colleague is disappointed, I know why they are disappointed.                           | Saya mengetahui penyebab teman saya merasa kecewa                                                                 |
| 38. | <i>I prefer doing things spontaneously rather than planning ahead, even if it means it doesn't turn out as well</i> | Saya lebih senang melakukan sesuatu secara spontan dibanding merencanakannya, bahkan jika itu tidak berjalan dengan baik | I prefer to do things on the spur of the moment rather than to plan them out, even if they don't go well | I prefer doing something spontaneously rather than planning it, even if it doesn't go well. | Saya lebih suka melakukan sesuatu secara tiba-tiba dibandingkan merencanakannya, bahkan jika hasilnya kurang baik |
| 39. | <i>I believe most problems are caused by circumstances beyond my control</i>                                        | Saya percaya sebagian besar masalah disebabkan oleh keadaan di luar kendali saya                                         | I believe most problems are caused by circumstances beyond my control                                    | I believe that most problems are caused by circumstances beyond my control.                 | Saya percaya bahwa sebagian besar masalah disebabkan oleh keadaan yang diluar kendali saya                        |

|     |                                                                                           |                                                                                              |                                                                                        |                                                                                              |                                                                                                                |
|-----|-------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| 40. | <i>I look at challenges as a way to learn and improve myself</i>                          | Saya melihat tantangan sebagai cara untuk belajar dan meningkatkan diri                      | I consider the challenges as a way to learn and improve myself                         | I see challenges as a way to learn and improve myself.                                       | Saya melihat tantangan sebagai cara untuk belajar dan mengembangkan diri                                       |
| 41. | <i>I've been told I misinterpret events and situations</i>                                | Saya telah diberitahu bahwa saya salah menafsirkan peristiwa dan situasi                     | I have been told that I misinterpreted events and situations                           | I have been told that I misinterpret events and situations.                                  | Orang lain pernah memberitahukan kepada saya bahwa saya salah mengartikan suatu peristiwa atau situasi         |
| 42. | <i>If someone is upset with me, I listen to what they have to say before reacting</i>     | Jika seseorang kesal dengan saya, saya mendengarkan apa yang mereka katakan sebelum bereaksi | If someone is irritated by me, I listen to what they have to say before reacting       | If someone is upset with me, I listen to what they say before reacting.                      | Jika seseorang kecewa pada saya, saya akan mendengarkan alasan mereka sebelum memberi respon                   |
| 43. | <i>When asked to think about my future, I find it hard to imagine myself as a success</i> | Ketika diminta memikirkan masa depan saya, saya merasa sulit membayangkan diri saya sukses   | When asked to think about my future, I find it hard to imagine myself being successful | When asked to think about my future, I find it difficult to imagine myself being successful. | Ketika diminta untuk memikirkan masa depan, saya merasa sulit membayangkan bahwa saya akan sukses nantinya     |
| 44. | <i>I've been told that I jump to conclusions when problems arise</i>                      | Saya telah diberitahu bahwa saya melompat ke kesimpulan ketika masalah muncul                | I've been told that I jump to conclusions when problems arise                          | I have been told that I jump to conclusions when problems arise.                             | Orang-orang terdekat saya mengatakan bahwa saya terlalu cepat mengambil kesimpulan ketika suatu masalah muncul |
| 45. | <i>I am uncomfortable when meeting new people</i>                                         | Saya kurang nyaman ketika bertemu orang baru                                                 | I am not comfortable when meeting new people                                           | I feel uncomfortable when meeting new people.                                                | Saya kurang nyaman bertemu orang baru                                                                          |

|     |                                                                                          |                                                                                                                         |                                                                                    |                                                                                      |                                                                                                                               |
|-----|------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------|
| 46. | <i>It is easy for me to get "lost" in a book or a movie</i>                              | Sangat mudah bagi saya untuk "tersesat" dalam buku atau film                                                            | It's easy for me to get "lost" in a book or a movie                                | It is very easy for me to get "lost" in a book or movie.                             | Sangat mudah bagi saya untuk terbawa perasaan dalam membaca buku atau menonton film                                           |
| 47. | <i>I believe the old adage, "an ounce of prevention is worth a pound of cure"</i>        | Saya percaya pepatah lama, "satu ons pencegahan bernilai satu pon pengobatan"                                           | I believe the old saying, "an ounce of prevention is worth a pound of cure"        | I believe in the old saying, "An ounce of prevention is worth a pound of cure."      | Saya yakin bahwa lebih baik mencegah daripada mengobati                                                                       |
| 48. | <i>In most situations, I believe I'm good at identifying the true causes of problems</i> | Dalam kebanyakan situasi, saya yakin saya pandai mengidentifikasi penyebab sebenarnya dari suatu masalah                | In most situations, I believe I am good at identifying the real cause of a problem | In most situations, I am confident that I can identify the true causes of a problem. | Saya yakin pada kebanyakan situasi, saya pandai mengidentifikasi penyebab yang mendasari suatu masalah                        |
| 49. | <i>I believe I have good coping skills and that I respond well to most challenges</i>    | Saya percaya saya memiliki keterampilan koping yang baik dan bahwa saya menanggapi sebagian besar tantangan dengan baik | I believe I have good coping skills and that I respond well to most challenges     | I believe I have good coping skills, and I respond well to most challenges.          | Saya percaya bahwa saya memiliki keterampilan menangani masalah yang baik dan menanggapi sebagian besar tantangan dengan baik |
| 50. | <i>My significant other and/or close friends tell me that I don't understand them</i>    | Orang terdekat dan/atau teman dekat saya memberi tahu saya bahwa saya tidak memahami mereka                             | My closest people and/or close friends tell me that I don't understand them        | My close friends and/or peers have told me that I don't understand them.             | Orang terdekat saya memberi tahu saya bahwa saya tidak memahami mereka                                                        |
| 51. | <i>I am most comfortable in my established routines</i>                                  | Saya paling nyaman dalam rutinitas saya yang sudah mapan                                                                | I am most comfortable in my established routine                                    | I am most comfortable in my established routines.                                    | Saya paling nyaman dengan rutinitas yang tidak berubah                                                                        |



|     |                                                                                                                                            |                                                                                                                                               |                                                                                                                                    |                                                                                                                                       |                                                                                                                                          |
|-----|--------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------|
| 52. | <i>I think it's important to solve problems as quickly as possible, even if that means sacrificing a full understanding of the problem</i> | Saya pikir penting untuk menyelesaikan masalah secepat mungkin, bahkan jika itu berarti mengorbankan pemahaman penuh tentang masalah tersebut | I think it's important to solve the problem as quickly as possible, even if it means skipping a clear understanding of the problem | I think it is important to resolve problems as quickly as possible, even if it means sacrificing a full understanding of the problem. | Saya pikir bahwa penting untuk menyelesaikan masalah secepat mungkin, meskipun mengabaikan pemahaman seutuhnya mengenai masalah tersebut |
| 53. | <i>When faced with a difficult situation, I am confident that it will go well</i>                                                          | Ketika dihadapkan pada situasi yang sulit, saya yakin itu akan berjalan dengan baik                                                           | When faced with a difficult situation, I believe it will turn out well                                                             | When faced with difficult situations, I believe it will turn out well.                                                                | Ketika menghadapi situasi yang sulit, saya yakin dapat mengatasinya dengan baik                                                          |
| 54. | <i>My colleagues and friends tell me I don't listen to what they say</i>                                                                   | Kolega dan teman-teman saya memberi tahu saya bahwa saya tidak mendengarkan apa yang mereka katakan                                           | My colleagues and friends tell me that I don't listen to what they have to say                                                     | My colleagues and friends have told me that I don't listen to what they say.                                                          | Orang-orang di sekitar saya mengatakan bahwa saya tidak menyimak perkataan mereka/hal yang mereka bicarakan                              |
| 55. | <i>If I decide I want something, I go out and buy it right away</i>                                                                        | Jika saya memutuskan menginginkan sesuatu, saya langsung keluar dan membelinya                                                                | If I decide I want something, I go out right away and buy it                                                                       | If I decide I want something, I immediately go out and buy it.                                                                        | Jika saya menginginkan sesuatu, saya segera bertindak untuk mewujudkannya                                                                |
| 56. | <i>When discuss a "hot" topic with a colleague or family member, I am able to keep my emotions in check</i>                                | Ketika membicarakan topik "hangat" dengan kolega atau anggota keluarga, saya dapat mengendalikan emosi saya                                   | When discussing "hot" topics with colleagues or family members, I can control my emotions                                          | When discussing sensitive topics with colleagues or family members, I can control my emotions.                                        | Saya mampu mengendalikan emosi saya ketika membicarakan topik tertentu dengan orang di sekitar saya                                      |

### Lampiran 3

#### Hasil Uji Validitas dan Reliabilitas Skala *Resilience Quotient Test*

##### VALIDITAS

###### \*R Script – Validitas

```
####install packages
install.packages("lavaan")
library(lavaan)
library(haven)

####importing data
library(readxl)
Resiliensi <- read_excel("Documents/Resiliensi.xlsx")
View(Resiliensi)

####renaming data
data<-Resiliensi

####multivariate normality test
library(MVN)
mvn(data, mvnTest = "hz", multivariatePlot = "qq")$multivariateNormality

####model (before item deleted)
Model1<-'ER=~ER2+ER7+ER13+ER23+ER25+ER26+ER31+ER56
IC=~IC4+IC11+IC15+IC36+IC38+IC42+IC47+IC55
O=~O3+O18+O27+O32+O33+O39+O43+O53
CA=~CA1+CA12+CA19+CA21+CA41+CA44+CA48+CA52
E=~E10+E24+E30+E34+E37+E46+E50+E54
SE=~SE5+SE9+SE17+SE20+SE22+SE28+SE29+SE49
RO=~RO6+RO8+RO14+RO16+RO35+RO40+RO45+RO51
RES=~ER+IC+O+CA+E+SE+RO'

####analyze
library(lavaan)
fit1<-cfa(Model1,data=data, estimator="MLR", std.lv=TRUE)
summary(fit1,standardized=TRUE,fit.measures=TRUE)

####model (after item deleted)
Model3<-'ER=~ER26
IC=~IC42
O=~O53
CA=~CA48
E=~E24+E30+E50
SE=~SE49
RO=~RO6+RO8
RES=~ER+IC+O+CA+E+SE+RO'

####analyze
library(lavaan)
fit3<-cfa(Model3,data=data, estimator="MLR", std.lv=TRUE)
summary(fit3,standardized=TRUE,fit.measures=TRUE)

####modification indices
```

```
Res_mi=modificationindices(fit3, standardized = TRUE, sort. = TRUE)
subset(Res_mi,mi>3.84)
```

**\*R Console - Validitas**  
**Model Before Item Deleted**

|                            |        |
|----------------------------|--------|
| Estimator                  | ML     |
| Optimization method        | NLMINB |
| Number of model parameters | 119    |
| Number of observations     | 127    |

Parameter Estimates:

|                               |          |
|-------------------------------|----------|
| Standard errors'              | Sandwich |
| Information bread             | Observed |
| Observed information based on | Hessian  |

Latent Variables:

|      | Estimates | Std.Err | z-value | P(> z ) | Std.lv | Std.all |
|------|-----------|---------|---------|---------|--------|---------|
| ER=~ |           |         |         |         |        |         |
| ER2  | 0.152     | NA      |         |         | 0.315  | 0.265   |
| ER7  | 0.284     | NA      |         |         | 0.587  | 0.505   |
| ER13 | 0.257     | NA      |         |         | 0.531  | 0.483   |
| ER23 | 0.203     | NA      |         |         | 0.419  | 0.339   |
| ER25 | 0.157     | NA      |         |         | 0.324  | 0.444   |
| ER26 | 0.276     | NA      |         |         | 0.571  | 0.501   |
| ER31 | 0.231     | NA      |         |         | 0.477  | 0.435   |
| ER56 | 0.264     | NA      |         |         | 0.546  | 0.572   |
| IC=~ |           |         |         |         |        |         |
| IC4  | 0.001     | NA      |         |         | 0.341  | 0.308   |
| IC11 | 0.001     | NA      |         |         | 0.536  | 0.451   |
| IC15 | 0.001     | NA      |         |         | 0.351  | 0.468   |
| IC36 | 0.001     | NA      |         |         | 0.520  | 0.438   |
| IC38 | 0.000     | NA      |         |         | 0.101  | 0.077   |
| IC42 | 0.001     | NA      |         |         | 0.498  | 0.589   |
| IC47 | 0.001     | NA      |         |         | 0.394  | 0.474   |
| IC55 | -0.001    | NA      |         |         | -0.476 | -0.473  |
| O=~  |           |         |         |         |        |         |
| O3   | -0.000    | NA      |         |         | -0.033 | -0.034  |
| O18  | 0.001     | NA      |         |         | 0.510  | 0.567   |
| O27  | 0.001     | NA      |         |         | 0.287  | 0.309   |
| O32  | 0.001     | NA      |         |         | 0.408  | 0.486   |
| O33  | 0.001     | NA      |         |         | 0.312  | 0.240   |
| O39  | -0.000    | NA      |         |         | -0.077 | -0.079  |
| O43  | 0.001     | NA      |         |         | 0.534  | 0.404   |
| O53  | 0.002     | NA      |         |         | 0.629  | 0.616   |
| CA=~ |           |         |         |         |        |         |
| CA1  | -0.001    | NA      |         |         | -0.342 | -0.379  |
| CA12 | 0.001     | NA      |         |         | 0.356  | 0.409   |
| CA19 | 0.001     | NA      |         |         | 0.407  | 0.492   |
| CA21 | 0.001     | NA      |         |         | 0.361  | 0.283   |

|       |         |    |        |        |
|-------|---------|----|--------|--------|
| CA41  | 0.000   | NA | 0.013  | 0.011  |
| CA44  | 0.001   | NA | 0.409  | 0.326  |
| CA48  | 0.001   | NA | 0.553  | 0.635  |
| CA52  | 0.000   | NA | 0.105  | 0.081  |
| E=~   |         |    |        |        |
| E10   | 0.265   | NA | 0.309  | 0.311  |
| E24   | 0.619   | NA | 0.721  | 0.624  |
| E30   | 0.822   | NA | 0.958  | 0.794  |
| E34   | 0.030   | NA | 0.034  | 0.033  |
| E37   | 0.083   | NA | 0.097  | 0.114  |
| E46   | 0.032   | NA | 0.037  | 0.037  |
| E50   | 0.686   | NA | 0.798  | 0.697  |
| E54   | 0.690   | NA | 0.804  | 0.652  |
| SE=~  |         |    |        |        |
| SE5   | 0.001   | NA | 0.389  | 0.439  |
| SE9   | 0.000   | NA | 0.198  | 0.185  |
| SE17  | 0.001   | NA | 0.390  | 0.302  |
| SE20  | 0.002   | NA | 0.663  | 0.492  |
| SE22  | -0.001  | NA | -0.256 | -0.216 |
| SE28  | 0.001   | NA | 0.287  | 0.381  |
| SE29  | 0.001   | NA | 0.386  | 0.478  |
| SE49  | 0.002   | NA | 0.703  | 0.684  |
| RO=~  |         |    |        |        |
| RO6   | 0.311   | NA | 0.556  | 0.635  |
| RO8   | 0.346   | NA | 0.619  | 0.617  |
| RO14  | 0.165   | NA | 0.295  | 0.230  |
| RO16  | 0.073   | NA | 0.130  | 0.116  |
| RO35  | 0.520   | NA | 0.929  | 0.734  |
| RO40  | 0.308   | NA | 0.550  | 0.679  |
| RO45  | 0.350   | NA | 0.626  | 0.496  |
| RO51  | 0.225   | NA | 0.402  | 0.332  |
| RES=~ |         |    |        |        |
| ER    | 1.810   | NA | 0.875  | 0.875  |
| IC    | 402.569 | NA | 1.000  | 1.000  |
| O     | 409.885 | NA | 1.000  | 1.000  |
| CA    | 473.374 | NA | 1.000  | 1.000  |
| E     | 0.597   | NA | 0.513  | 0.513  |
| SE    | 410.668 | NA | 1.000  | 1.000  |
| RO    | 1.482   | NA | 0.829  | 0.829  |

#### Model After Item Deleted

|                            |        |
|----------------------------|--------|
| Estimator                  | ML     |
| Optimization method        | NLMINB |
| Number of model parameters | 22     |
| Number of observations     | 127    |

Model Test User Model:

|                                         | Standard | Scaled |
|-----------------------------------------|----------|--------|
| Test Statistic                          | 35.939   | 31.716 |
| Degrees of freedom                      | 33       | 33     |
| P-value (Chi-square)                    | 0.332    | 0.531  |
| Scaling correction factor               |          | 1.133  |
| Yuan-Bentler correction (Mplus variant) |          |        |

Model Test Baseline Model:

|                           |         |         |
|---------------------------|---------|---------|
| Test statistic            | 361.807 | 277.658 |
| Degrees of freedom        | 45      | 45      |
| P-value                   | 0.000   | 0.000   |
| Scaling correction factor |         | 1.303   |

User Model versus Baseline Model:

|                                    |       |       |
|------------------------------------|-------|-------|
| Comparative Fit Index (CFI)        | 0.991 | 1.000 |
| Tucker-Lewis Index (TLI)           | 0.987 | 1.008 |
| Robust Comparative Fit Index (CFI) |       | 1.000 |
| Robust Tucker-Lewis Index (TLI)    |       | 1.007 |

Loglikelihood and Information Criteria:

|                                                     |           |           |
|-----------------------------------------------------|-----------|-----------|
| Loglikelihood user model (H0)                       | -1665.804 | -1665.804 |
| Scaling correction factor<br>for the MLR correction | 1.486     |           |
| Loglikelihood unrestricted model (H1)               | -1647.834 | -1647.834 |
| Scaling correction factor<br>for the MLR correction | 1.274     |           |
| Akaike (AIC)                                        | 3375.607  | 3375.607  |
| Bayesian (BIC)                                      | 3438.179  | 3438.179  |
| Sample-size adjusted Bayesian (SABIC)               | 3368.606  | 3368.606  |

Root Mean Square Error of Approximation:

|                                               |       |       |
|-----------------------------------------------|-------|-------|
| RMSEA                                         | 0.026 | 0.000 |
| 90 Percent confidence interval – lower        | 0.000 | 0.000 |
| 90 Percent confidence interval – upper        | 0.072 | 0.059 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 | 0.755 | 0.895 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 | 0.021 | 0.004 |
| Robust RMSEA                                  |       | 0.000 |
| 90 Percent confidence interval – lower        |       | 0.000 |
| 90 Percent confidence interval – upper        |       | 0.066 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 |       | 0.854 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 |       | 0.012 |

Standardized Root Mean Square Residual:

|      |       |       |
|------|-------|-------|
| SRMR | 0.060 | 0.060 |
|------|-------|-------|

Paramter Estimates:

Standard errors  
Information bread  
Observed information based on

Sandwich  
Observed  
Hessian

Latent Variables:

|       | Estimate | Std.Err | z-value | P(> z ) | Std.lv | Std.all |
|-------|----------|---------|---------|---------|--------|---------|
| ER=~  |          |         |         |         |        |         |
| ER26  | 0.902    | 0.084   | 10.730  | 0.000   | 1.139  | 1.000   |
| IC=~  |          |         |         |         |        |         |
| IC42  | 0.694    | 0.054   | 12.823  | 0.000   | 0.845  | 1.000   |
| O=~   |          |         |         |         |        |         |
| O53   | 0.785    | 0.091   | 8.663   | 0.000   | 1.021  | 1.000   |
| CA=~  |          |         |         |         |        |         |
| CA48  | 0.584    | 0.049   | 12.012  | 0.000   | 0.871  | 1.000   |
| E=~   |          |         |         |         |        |         |
| E24   | 0.673    | 0.118   | 5.689   | 0.000   | 0.703  | 0.608   |
| E30   | 0.928    | 0.121   | 7.646   | 0.000   | 0.970  | 0.805   |
| E50   | 0.752    | 0.121   | 6.199   | 0.000   | 0.786  | 0.687   |
| SE=~  |          |         |         |         |        |         |
| SE49  | 0.636    | 0.127   | 5.000   | 0.000   | 1.028  | 1.000   |
| RO=~  |          |         |         |         |        |         |
| RO6   | 0.546    | 0.123   | 4.422   | 0.000   | 0.639  | 0.730   |
| RO8   | 0.553    | 0.111   | 4.960   | 0.000   | 0.647  | 0.645   |
| RES=~ |          |         |         |         |        |         |
| ER    | 0.773    | 0.165   | 4.684   | 0.000   | 0.612  | 0.612   |
| IC    | 0.693    | 0.175   | 3.949   | 0.000   | 0.570  | 0.570   |
| O     | 0.832    | 0.232   | 3.583   | 0.000   | 0.640  | 0.640   |
| CA    | 1.109    | 0.191   | 5.802   | 0.000   | 0.743  | 0.743   |
| E     | 0.304    | 0.146   | 2.079   | 0.038   | 0.291  | 0.291   |
| SE    | 1.269    | 0.427   | 2.968   | 0.003   | 0.785  | 0.785   |
| RO    | 0.610    | 0.209   | 2.916   | 0.004   | 0.521  | 0.521   |

**RELIABILITAS**

**Reliability Statistics**

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .764             | 10         |

**Item-Total Statistics**

|      | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|------|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| ER26 | 34.21                      | 28.851                         | .370                             | .754                             |
| IC42 | 33.89                      | 29.289                         | .511                             | .737                             |
| O53  | 34.06                      | 28.719                         | .449                             | .742                             |
| CA48 | 34.17                      | 28.351                         | .600                             | .726                             |
| E24  | 34.41                      | 28.910                         | .356                             | .756                             |

|      |       |        |      |      |
|------|-------|--------|------|------|
| E30  | 34.54 | 28.155 | .396 | .751 |
| E50  | 34.35 | 29.054 | .349 | .757 |
| SE49 | 34.09 | 27.435 | .574 | .725 |
| RO6  | 33.80 | 29.921 | .417 | .747 |
| RO8  | 33.98 | 29.769 | .357 | .754 |

#### Lampiran 4

#### Hasil Uji Validitas dan Reliabilitas Skala *VIA Character Classification System*

##### VALIDITAS

##### \*R Script – Validitas

```
##importing data
library(readxl)
CS <- read_excel("Documents/CS.xlsx")
View(CS)

##renaming data
data<-CS

##Multivariate Normality Test
library(MVN)
mvn(data, mvnTest = "hz", multivariatePlot = "qq")$multivariateNormality

####model_cosi1 (before item deleted)
Model1<-'L=~L1+L2+L3
Z=~Z1+Z2+Z3
F=~F1+F2+F3
H=~H1+H2+H3
HO=~HO1+HO2+HO3
LE=~LE1+LE2+LE3
FO=~FO1+FO2+FO3
K=~K1+K2+K3
AB=~AB1+AB2+AB3
HP=~HP1+HP2+HP3
C=~C1+C2+C3
LL=~LL1+LL2+LL3
SI=~SI1+SI2+SI3
G=~G1+G2+G3
B=~B1+B2+B3
CR=~CR1+CR2+CR3
S=~S1+S2+S3
J=~J1+J2+J3
T=~T1+T2+T3
SR=~SR1+SR2+SR3
P=~P1+P2+P3
HM=~HM1+HM2+HM3
PP=~PP1+PP2+PP3
PR=~PR1+PR2+PR3'

####analyze
library(lavaan)
fit1<-cfa(Model1,data=data, estimator="MLR", std.lv=TRUE)
summary(fit1,standardized=TRUE,fit.measures=TRUE)

####model_cosi1 (after item deleted2)
Model1<-'L=~L1
Z=~Z1+Z3
F=~F1+F3
```



```

H=~H3
HO=~HO3
LE=~LE1+LE2
FO=~FO2
K=~K1
AB=~AB2+AB3
HP=~HP3
C=~C2+C3
LL=~LL3
SI=~SI2
G=~G3
B=~B3
CR=~CR1+CR3
S=~S3
J=~J1
T=~T2
SR=~SR2+SR3
P=~P2
HM=~HM1+HM2
PP=~PP2
PR=~PR2'

```

```

###analyze
library(lavaan)
fit1<-cfa(Model1,data=data, estimator="MLR", std.lv=TRUE)
summary(fit1,standardized=TRUE,fit.measures=TRUE)

```

```

###MI
CS_mi=modificationindices(fit1, standardized = TRUE, sort. = TRUE)
subset(CS_mi, mi>3.84)

```

#### **\*R Console - Validitas Model Before Item Deleted**

|                            |        |
|----------------------------|--------|
| Estimator                  | ML     |
| Optimization method        | NLMINB |
| Number of model parameters | 420    |

|                        |     |
|------------------------|-----|
| Number of observations | 127 |
|------------------------|-----|

#### **Model Test User Model:**

|                                         | Standard | Scaled   |
|-----------------------------------------|----------|----------|
| Test Statistic                          | 3683.788 | 3760.337 |
| Degrees of freedom                      | 2208     | 2208     |
| P-value (Chi-square)                    | 0.000    | 0.000    |
| Scaling correction factor               |          | 0.980    |
| Yuan-Bentler correction (Mplus variant) |          |          |

#### **Model Test Baseline Model:**

|                    |          |          |
|--------------------|----------|----------|
| Test statistic     | 6945.156 | 6794.772 |
| Degrees of freedom | 2556     | 2556     |

|                           |       |       |
|---------------------------|-------|-------|
| P-value                   | 0.000 | 0.000 |
| Scaling correction factor |       | 1.022 |

User Model versus Baseline Model:

|                                    |       |       |
|------------------------------------|-------|-------|
| Comparative Fit Index (CFI)        | 0.664 | 0.634 |
| Tucker-Lewis Index (TLI)           | 0.611 | 0.576 |
| Robust Comparative Fit Index (CFI) |       | 0.649 |
| Robust Tucker-Lewis Index (TLI)    |       | 0.597 |

Loglikelihood and Information Criteria:

|                                                     |            |            |
|-----------------------------------------------------|------------|------------|
| Loglikelihood user model (H0)                       | -10688.189 | -10688.189 |
| Scaling correction factor<br>for the MLR correction |            | 1.240      |
| Loglikelihood unrestricted model (H1)               | -8846.295  | -8846.295  |
| Scaling correction factor<br>for the MLR correction |            | 1.021      |
| Akaike (AIC)                                        | 22216.378  | 22216.378  |
| Bayesian (BIC)                                      | 23410.937  | 23410.937  |
| Sample-size adjusted Bayesian (SABIC)               | 22082.717  | 22082.717  |

Root Mean Square Error of Approximation:

|                                               |       |       |
|-----------------------------------------------|-------|-------|
| RMSEA                                         | 0.073 | 0.074 |
| 90 Percent confidence interval – lower        | 0.068 | 0.070 |
| 90 Percent confidence interval – upper        | 0.077 | 0.078 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 | 0.000 | 0.000 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 | 0.001 | 0.012 |
| Robust RMSEA                                  |       | 0.074 |
| 90 Percent confidence interval – lower        |       | 0.070 |
| 90 Percent confidence interval – upper        |       | 0.078 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 |       | 0.000 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 |       | 0.004 |

Standardized Root Mean Square Residual:

|      |       |       |
|------|-------|-------|
| SRMR | 0.090 | 0.090 |
|------|-------|-------|

Parameter Estimates:

|                               |          |
|-------------------------------|----------|
| Standard errors               | Sandwich |
| Information bread             | Observed |
| Observed information based on | Hessian  |

Latent Variables:

|     | Estimate | Std.Err | z-value | P(> z ) | Std.lv | Std.all |
|-----|----------|---------|---------|---------|--------|---------|
| L=~ |          |         |         |         |        |         |
| L1  | 1.142    | 0.101   | 11.327  | 0.000   | 1.142  | 0.913   |

|      |        |       |        |       |        |        |
|------|--------|-------|--------|-------|--------|--------|
| L2   | 0.759  | 0.147 | 5.166  | 0.000 | 0.759  | 0.538  |
| L3   | 0.671  | 0.100 | 6.722  | 0.000 | 0.671  | 0.654  |
| Z=~  |        |       |        |       |        |        |
| Z1   | 0.818  | 0.101 | 8.092  | 0.000 | 0.818  | 0.761  |
| Z2   | 0.912  | 0.093 | 9.850  | 0.000 | 0.912  | 0.762  |
| Z3   | 0.806  | 0.112 | 7.207  | 0.000 | 0.806  | 0.657  |
| F=~  |        |       |        |       |        |        |
| F1   | 0.522  | 0.105 | 4.993  | 0.000 | 0.522  | 0.625  |
| F2   | 0.386  | 0.065 | 5.890  | 0.000 | 0.386  | 0.481  |
| F3   | 0.462  | 0.109 | 4.219  | 0.000 | 0.462  | 0.593  |
| H=~  |        |       |        |       |        |        |
| H1   | 0.267  | 0.087 | 3.078  | 0.002 | 0.267  | 0.353  |
| H2   | -0.322 | 0.146 | -2.200 | 0.028 | -0.237 | -0.237 |
| H3   | 0.285  | 0.107 | 2.658  | 0.008 | 0.285  | 0.288  |
| HO=~ |        |       |        |       |        |        |
| HO1  | 0.296  | 0.112 | 2.629  | 0.009 | 0.296  | 0.334  |
| HO2  | 0.276  | 0.080 | 3.471  | 0.001 | 0.276  | 0.398  |
| HO3  | 0.519  | 0.066 | 7.879  | 0.000 | 0.519  | 0.630  |
| LE=~ |        |       |        |       |        |        |
| LE1  | 0.504  | 0.133 | 3.779  | 0.000 | 0.504  | 0.567  |
| LE2  | 0.602  | 0.098 | 6.134  | 0.000 | 0.602  | 0.608  |
| LE3  | 0.428  | 0.079 | 5.420  | 0.000 | 0.428  | 0.572  |
| FO=~ |        |       |        |       |        |        |
| FO1  | 0.275  | 0.198 | 1.389  | 0.165 | 0.275  | 0.241  |
| FO2  | 0.502  | 0.103 | 4.896  | 0.000 | 0.502  | 0.536  |
| FO3  | 0.528  | 0.087 | 6.045  | 0.000 | 0.528  | 0.655  |
| K=~  |        |       |        |       |        |        |
| K1   | 0.452  | 0.110 | 4.125  | 0.000 | 0.452  | 0.572  |
| K2   | 0.393  | 0.086 | 4.540  | 0.000 | 0.393  | 0.440  |
| K3   | 0.362  | 0.086 | 4.193  | 0.000 | 0.362  | 0.472  |
| AB=~ |        |       |        |       |        |        |
| AB1  | 0.394  | 0.104 | 3.769  | 0.000 | 0.394  | 0.476  |
| AB2  | 0.657  | 0.079 | 8.322  | 0.000 | 0.657  | 0.729  |
| AB3  | 0.412  | 0.067 | 6.117  | 0.000 | 0.412  | 0.621  |
| HP=~ |        |       |        |       |        |        |
| HP1  | 0.523  | 0.104 | 5.025  | 0.000 | 0.523  | 0.521  |
| HP2  | 0.361  | 0.085 | 4.264  | 0.000 | 0.361  | 0.493  |
| HP3  | 0.713  | 0.088 | 8.065  | 0.000 | 0.713  | 0.766  |
| C=~  |        |       |        |       |        |        |
| C1   | 0.185  | 0.066 | 2.812  | 0.005 | 0.185  | 0.249  |
| C2   | 0.590  | 0.113 | 5.211  | 0.000 | 0.590  | 0.647  |
| C3   | 0.788  | 0.095 | 8.289  | 0.000 | 0.788  | 0.804  |
| LL=~ |        |       |        |       |        |        |
| LL1  | 0.234  | 0.119 | 1.967  | 0.049 | 0.234  | 0.280  |
| LL2  | 1.037  | 0.127 | 8.160  | 0.000 | 1.037  | 0.884  |
| LL3  | 1.001  | 0.127 | 7.910  | 0.000 | 1.001  | 0.752  |
| SI=~ |        |       |        |       |        |        |
| SI1  | 0.498  | 0.124 | 4.004  | 0.000 | 0.498  | 0.557  |
| SI2  | 0.585  | 0.140 | 4.168  | 0.000 | 0.585  | 0.609  |
| SI3  | 0.444  | 0.122 | 3.639  | 0.000 | 0.444  | 0.470  |
| G=~  |        |       |        |       |        |        |
| G1   | 0.556  | 0.083 | 6.709  | 0.000 | 0.556  | 0.601  |
| G2   | 0.403  | 0.094 | 4.295  | 0.000 | 0.403  | 0.533  |

|      |       |       |       |       |       |       |
|------|-------|-------|-------|-------|-------|-------|
| G3   | 0.841 | 0.103 | 8.193 | 0.000 | 0.841 | 0.723 |
| B=~  |       |       |       |       |       |       |
| B1   | 0.491 | 0.088 | 5.595 | 0.000 | 0.491 | 0.564 |
| B2   | 0.412 | 0.123 | 3.361 | 0.001 | 0.412 | 0.363 |
| B3   | 0.547 | 0.077 | 7.079 | 0.000 | 0.547 | 0.654 |
| CR=~ |       |       |       |       |       |       |
| CR1  | 0.630 | 0.077 | 8.217 | 0.000 | 0.630 | 0.683 |
| CR2  | 0.657 | 0.082 | 8.042 | 0.000 | 0.657 | 0.660 |
| CR3  | 0.660 | 0.097 | 6.825 | 0.000 | 0.660 | 0.692 |
| S=~  |       |       |       |       |       |       |
| S1   | 0.655 | 0.107 | 6.140 | 0.000 | 0.655 | 0.621 |
| S2   | 0.706 | 0.104 | 6.796 | 0.000 | 0.706 | 0.739 |
| S3   | 0.645 | 0.121 | 5.327 | 0.000 | 0.645 | 0.680 |
| J=~  |       |       |       |       |       |       |
| J1   | 0.646 | 0.098 | 6.598 | 0.000 | 0.646 | 0.684 |
| J2   | 0.382 | 0.096 | 3.992 | 0.000 | 0.382 | 0.501 |
| J3   | 0.433 | 0.083 | 5.207 | 0.000 | 0.433 | 0.548 |
| T=~  |       |       |       |       |       |       |
| T1   | 0.339 | 0.065 | 5.237 | 0.000 | 0.339 | 0.453 |
| T2   | 0.403 | 0.060 | 6.732 | 0.000 | 0.403 | 0.541 |
| T3   | 0.431 | 0.056 | 7.749 | 0.000 | 0.432 | 0.646 |
| SR=~ |       |       |       |       |       |       |
| SR1  | 0.361 | 0.145 | 2.495 | 0.013 | 0.361 | 0.302 |
| SR2  | 0.730 | 0.083 | 8.748 | 0.000 | 0.730 | 0.682 |
| SR3  | 0.931 | 0.115 | 8.085 | 0.000 | 0.931 | 0.676 |
| P=~  |       |       |       |       |       |       |
| P1   | 0.515 | 0.138 | 3.729 | 0.000 | 0.515 | 0.444 |
| P2   | 0.573 | 0.098 | 5.289 | 0.000 | 0.573 | 0.643 |
| P3   | 0.632 | 0.077 | 8.216 | 0.000 | 0.632 | 0.739 |
| HM=~ |       |       |       |       |       |       |
| HM1  | 0.674 | 0.108 | 6.269 | 0.000 | 0.674 | 0.696 |
| HM2  | 0.726 | 0.105 | 6.919 | 0.000 | 0.726 | 0.807 |
| HM3  | 0.777 | 0.080 | 9.754 | 0.000 | 0.777 | 0.820 |
| PP=~ |       |       |       |       |       |       |
| PP1  | 0.714 | 0.113 | 6.339 | 0.000 | 0.714 | 0.715 |
| PP2  | 0.653 | 0.148 | 4.412 | 0.000 | 0.653 | 0.649 |
| PP3  | 0.831 | 0.106 | 7.808 | 0.000 | 0.831 | 0.811 |
| PR=~ |       |       |       |       |       |       |
| PR1  | 0.574 | 0.098 | 5.833 | 0.000 | 0.574 | 0.691 |
| PR2  | 0.531 | 0.103 | 5.169 | 0.000 | 0.531 | 0.565 |
| PR3  | 0.628 | 0.078 | 8.067 | 0.000 | 0.628 | 0.760 |

#### Model After Item Deleted

|                            |        |
|----------------------------|--------|
| Estimator                  | ML     |
| Optimization method        | NLMINB |
| Number of model parameters | 324    |
| Number of observations     | 127    |

Model Test User Model:

|                                         | Standard | Scaled  |
|-----------------------------------------|----------|---------|
| Test Statistic                          | 270.193  | 265.161 |
| Degrees of freedom                      | 204      | 204     |
| P-value (Chi-square)                    | 0.001    | 0.003   |
| Scaling correction factor               |          | 1.019   |
| Yuan-Bentler correction (Mplus variant) |          |         |

Model Test Baseline Model:

|                           |          |          |
|---------------------------|----------|----------|
| Test statistic            | 1992.336 | 1824.961 |
| Degrees of freedom        | 496      | 496      |
| P-value                   | 0.000    | 0.000    |
| Scaling correction factor |          | 1.092    |

User Model versus Baseline Model:

|                                    |       |       |
|------------------------------------|-------|-------|
| Comparative Fit Index (CFI)        | 0.956 | 0.954 |
| Tucker-Lewis Index (TLI)           | 0.892 | 0.888 |
| Robust Comparative Fit Index (CFI) |       | 0.957 |
| Robust Tucker-Lewis Index (TLI)    |       | 0.896 |

Loglikelihood and Information Criteria:

|                                                     |           |           |
|-----------------------------------------------------|-----------|-----------|
| Loglikelihood user model (H0)                       | -4715.483 | -4715.483 |
| Scaling correction factor<br>for the MLR correction |           | 1.134     |
| Loglikelihood unrestricted model (H1)               | -4580.386 | -4580.386 |
| Scaling correction factor<br>for the MLR correction |           | 1.090     |
| Akaike (AIC)                                        | 10078.966 | 10078.966 |
| Bayesian (BIC)                                      | 11000.482 | 11000.482 |
| Sample-size adjusted Bayesian (SABIC)               | 9975.855  | 9975.855  |

Root Mean Square Error of Approximation:

|                                               |       |       |
|-----------------------------------------------|-------|-------|
| RMSEA                                         | 0.051 | 0.049 |
| 90 Percent confidence interval – lower        | 0.033 | 0.030 |
| 90 Percent confidence interval – upper        | 0.066 | 0.064 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 | 0.466 | 0.544 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 | 0.000 | 0.000 |
| Robust RMSEA                                  |       | 0.049 |
| 90 Percent confidence interval – lower        |       | 0.030 |
| 90 Percent confidence interval – upper        |       | 0.065 |
| P-value H <sub>0</sub> : Robust RMSEA ≤ 0.050 |       | 0.525 |
| P-value H <sub>0</sub> : Robust RMSEA ≥ 0.080 |       | 0.000 |

Standardized Root Mean Square Residual:

SRMR

0.054

0.054

Paramter Estimates:

Standard errors  
Information bread  
Observed information based on

Sandwich  
Observed  
Hessian

Latent Variables:

|      | Estimate | Std.Err | z-value | P(> z ) | Std.lv |
|------|----------|---------|---------|---------|--------|
| L=~  |          |         |         |         |        |
| L1   | 1.251    | 0.069   | 18.203  | 0.000   | 1.000  |
| Z=~  |          |         |         |         |        |
| Z1   | 0.856    | 0.110   | 7.794   | 0.000   | 0.796  |
| Z3   | 0.846    | 0.108   | 7.845   | 0.000   | 0.690  |
| F=~  |          |         |         |         |        |
| F1   | 0.519    | 0.101   | 5.125   | 0.000   | 0.621  |
| F3   | 0.498    | 0.106   | 4.697   | 0.000   | 0.640  |
| H=~  |          |         |         |         |        |
| H3   | 0.991    | 0.054   | 18.208  | 0.000   | 1.000  |
| HO=~ |          |         |         |         |        |
| HO3  | 0.825    | 0.043   | 19.332  | 0.000   | 1.000  |
| LE=~ |          |         |         |         |        |
| LE1  | 0.540    | 0.112   | 4.805   | 0.000   | 0.608  |
| LE2  | 0.566    | 0.108   | 5.225   | 0.000   | 0.572  |
| FO=~ |          |         |         |         |        |
| FO2  | 0.938    | 0.073   | 12.827  | 0.000   | 1.000  |
| K=~  |          |         |         |         |        |
| K1   | 0.790    | 0.078   | 10.188  | 0.000   | 1.000  |
| AB=~ |          |         |         |         |        |
| AB2  | 0.701    | 0.078   | 9.015   | 0.000   | 0.777  |
| AB3  | 0.385    | 0.064   | 6.014   | 0.000   | 0.581  |
| HP=~ |          |         |         |         |        |
| HP3  | 0.931    | 0.055   | 16.837  | 0.000   | 1.000  |
| C=~  |          |         |         |         |        |
| C2   | 0.613    | 0.113   | 5.448   | 0.000   | 0.672  |
| C3   | 0.753    | 0.103   | 7.346   | 0.000   | 0.768  |
| LL=~ |          |         |         |         |        |
| LL3  | 1.331    | 0.056   | 23.622  | 0.000   | 1.000  |
| SI=~ |          |         |         |         |        |
| SI2  | 0.960    | 0.073   | 13.132  | 0.000   | 1.000  |
| G=~  |          |         |         |         |        |
| G3   | 1.163    | 0.058   | 20.154  | 0.000   | 1.000  |
| B=~  |          |         |         |         |        |
| B3   | 0.836    | 0.042   | 10.116  | 0.000   | 1.000  |
| CR=~ |          |         |         |         |        |
| CR1  | 0.615    | 0.074   | 8.320   | 0.000   | 0.667  |
| CR3  | 0.655    | 0.099   | 6.617   | 0.000   | 0.687  |
| S=~  |          |         |         |         |        |
| S3   | 0.949    | 0.069   | 13.749  | 0.000   | 1.000  |
| J=~  |          |         |         |         |        |

|      |       |       |        |       |       |
|------|-------|-------|--------|-------|-------|
| J1   | 0.944 | 0.062 | 15.256 | 0.000 | 1.000 |
| T=~  |       |       |        |       |       |
| T2   | 0.745 | 0.036 | 20.647 | 0.000 | 1.000 |
| SR=~ |       |       |        |       |       |
| SR2  | 0.661 | 0.093 | 7.137  | 0.000 | 0.618 |
| SR3  | 0.972 | 0.111 | 8.746  | 0.000 | 0.706 |
| P=~  |       |       |        |       |       |
| P2   | 0.891 | 0.063 | 14.063 | 0.000 | 1.000 |
| HM=~ |       |       |        |       |       |
| HM1  | 0.643 | 0.151 | 4.262  | 0.000 | 0.664 |
| HM2  | 0.734 | 0.178 | 4.121  | 0.000 | 0.817 |
| PP=~ |       |       |        |       |       |
| PP2  | 1.006 | 0.058 | 17.282 | 0.000 | 1.000 |
| PR=~ |       |       |        |       |       |
| PR2  | 0.938 | 0.058 | 16.208 | 0.000 | 1.000 |

## RELIABILITAS

### Reliability Statistics

| Cronbach's Alpha | N of Items |
|------------------|------------|
| .917             | 32         |

### Item-Total Statistics

|     | Scale Mean if Item Deleted | Scale Variance if Item Deleted | Corrected Item-Total Correlation | Cronbach's Alpha if Item Deleted |
|-----|----------------------------|--------------------------------|----------------------------------|----------------------------------|
| L1  | 121.17                     | 254.695                        | .505                             | .914                             |
| Z1  | 120.84                     | 253.054                        | .649                             | .912                             |
| Z3  | 121.17                     | 251.811                        | .593                             | .913                             |
| F1  | 120.45                     | 264.249                        | .424                             | .915                             |
| F3  | 120.48                     | 266.093                        | .385                             | .916                             |
| H3  | 121.05                     | 262.744                        | .396                             | .916                             |
| HO3 | 120.82                     | 260.864                        | .559                             | .913                             |
| LE1 | 120.52                     | 262.839                        | .445                             | .915                             |
| LE2 | 120.88                     | 257.518                        | .564                             | .913                             |
| F02 | 120.80                     | 262.053                        | .445                             | .915                             |
| K1  | 120.31                     | 267.249                        | .333                             | .916                             |
| AB2 | 120.83                     | 258.970                        | .574                             | .913                             |
| AB3 | 120.43                     | 266.913                        | .421                             | .915                             |
| HP3 | 120.75                     | 257.904                        | .591                             | .913                             |
| C2  | 120.65                     | 259.612                        | .544                             | .913                             |
| C3  | 120.87                     | 255.190                        | .647                             | .912                             |
| LL3 | 121.33                     | 260.128                        | .339                             | .917                             |
| SI2 | 120.76                     | 262.821                        | .408                             | .915                             |
| G3  | 121.26                     | 256.384                        | .502                             | .914                             |
| B3  | 120.59                     | 258.831                        | .628                             | .913                             |
| CR1 | 120.94                     | 255.862                        | .668                             | .912                             |
| CR3 | 121.06                     | 258.488                        | .556                             | .913                             |
| S3  | 120.68                     | 258.046                        | .574                             | .913                             |
| J1  | 120.87                     | 257.403                        | .599                             | .913                             |

|     |        |         |      |      |
|-----|--------|---------|------|------|
| T2  | 120.64 | 263.249 | .523 | .914 |
| SR2 | 121.28 | 258.519 | .487 | .914 |
| SR3 | 121.71 | 257.970 | .374 | .917 |
| P2  | 120.77 | 261.876 | .477 | .914 |
| HM1 | 120.63 | 264.806 | .340 | .916 |
| HM2 | 120.61 | 269.937 | .194 | .918 |
| PP2 | 121.09 | 255.794 | .610 | .912 |
| PR1 | 120.97 | 264.301 | .370 | .916 |



## Lampiran 5: Analisis Deskriptif

### Statistik Deskriptif Skala *Resilience Quotient Test*

|                    | N   | Minimum | Maximum | Mean  | Std. Deviation |
|--------------------|-----|---------|---------|-------|----------------|
| TOTALRES           | 127 | 22      | 49      | 37.94 | 5.891          |
| Valid N (listwise) | 127 |         |         |       |                |

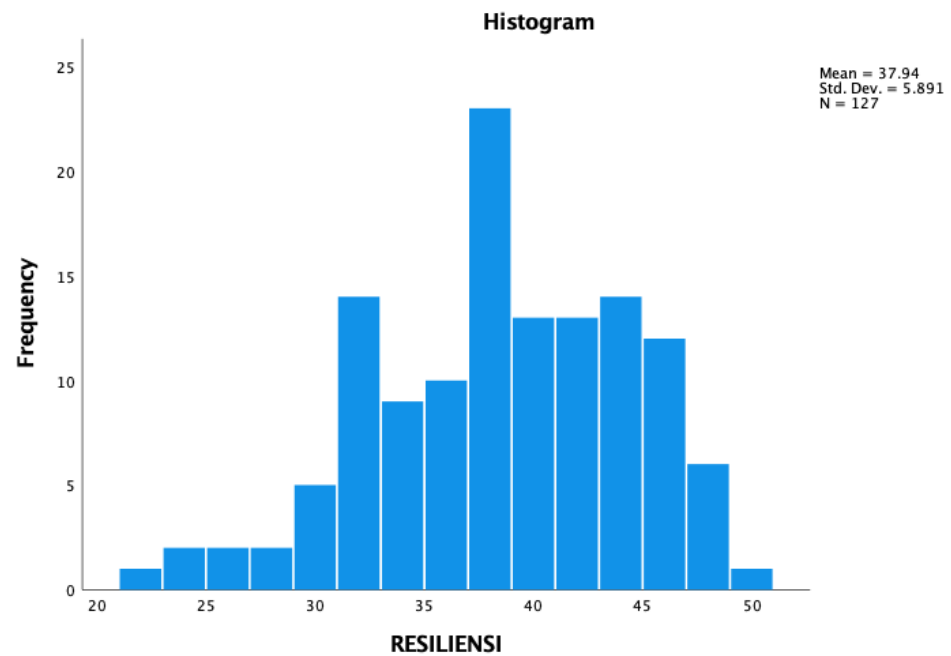
### Statistik Deskriptif Skala *VIA Character Classification System*

|                    | N   | Minimum | Maximum | Mean   | Std. Deviation |
|--------------------|-----|---------|---------|--------|----------------|
| TOTALRES           | 127 | 83      | 155     | 124.76 | 16.633         |
| Valid N (listwise) | 127 |         |         |        |                |

Lampiran 6  
 Uji Asumsi  
 1. Uji Normalitas

| Tests of Normality |           |                                 |  |      |           |              |
|--------------------|-----------|---------------------------------|--|------|-----------|--------------|
|                    | Statistic | Kolmogorov-Smirnov <sup>a</sup> |  | Sig. | Statistic | Shapiro-Wilk |
|                    |           | df                              |  |      | df        | Sig.         |
| RESILIENSI         | .082      | 127                             |  | .036 | .976      | 127          |
|                    |           |                                 |  |      |           | .023         |

a. Lilliefors Significance Correction



## 2. Uji Linearitas

|          |                |                          | Sum of<br>Squares | df  | Mean Square | F      | Sig. |
|----------|----------------|--------------------------|-------------------|-----|-------------|--------|------|
| LOVE     | Between Groups | (Combined)               | 818.335           | 4   | 204.584     | 7.022  | .000 |
|          |                | Linearity                | 232.595           | 1   | 232.595     | 7.984  | .006 |
|          |                | Deviation from Linearity | 585.740           | 3   | 195.247     | 6.702  | .000 |
|          | Within Groups  |                          | 3554.280          | 122 | 29.133      |        |      |
|          | Total          |                          | 4372.614          | 126 |             |        |      |
| ZEST     | Between Groups | (Combined)               | 1015.793          | 8   | 126.974     | 4.463  | .000 |
|          |                | Linearity                | 851.137           | 1   | 851.137     | 29.919 | .000 |
|          |                | Deviation from Linearity | 164.657           | 7   | 23.522      | .827   | .567 |
|          | Within Groups  |                          | 3356.821          | 118 | 28.448      |        |      |
|          | Total          |                          | 4372.614          | 126 |             |        |      |
| FAIRNESS | Between Groups | (Combined)               | 872.116           | 6   | 145.353     | 4.983  | .000 |
|          |                | Linearity                | 727.024           | 1   | 727.024     | 24.923 | .000 |
|          |                | Deviation from Linearity | 145.092           | 5   | 29.018      | .995   | .424 |
|          | Within Groups  |                          | 3500.498          | 120 | 29.171      |        |      |
|          | Total          |                          | 4372.614          | 126 |             |        |      |
| HUMILITY | Between Groups | (Combined)               | 416.561           | 4   | 104.140     | 3.212  | .015 |
|          |                | Linearity                | 38.097            | 1   | 38.097      | 1.175  | .281 |
|          |                | Deviation from Linearity | 378.464           | 3   | 126.155     | 3.890  | .011 |
|          | Within Groups  |                          | 3956.053          | 122 | 32.427      |        |      |
|          | Total          |                          | 4372.614          | 126 |             |        |      |
| HONESTY  | Between Groups | (Combined)               | 580.000           | 3   | 193.333     | 6.270  | .001 |
|          |                | Linearity                | 542.760           | 1   | 542.760     | 17.602 | .000 |

|                           |                          |                          |          |     |          |        |      |
|---------------------------|--------------------------|--------------------------|----------|-----|----------|--------|------|
|                           | Deviation from Linearity |                          | 37.240   | 2   | 18.620   | .064   | .548 |
|                           | Within Groups            |                          | 3792.614 | 123 | 30.834   |        |      |
|                           | Total                    |                          | 4372.614 | 126 |          |        |      |
| LEADERSHIP                | Between Groups           | (Combined)               | 1731.208 | 7   | 247.315  | 11.142 | .000 |
|                           |                          | Linearity                | 1688.575 | 1   | 1688.575 | 76.073 | .000 |
|                           |                          | Deviation from Linearity | 42.632   | 6   | 7.105    | .320   | .925 |
|                           | Within Groups            |                          | 2641.406 | 119 | 22.197   |        |      |
|                           | Total                    |                          | 4372.614 | 126 |          |        |      |
|                           |                          |                          |          |     |          |        |      |
| FORGIVENESS               | Between Groups           | (Combined)               | 653.522  | 4   | 163.380  | 5.359  | .001 |
|                           |                          | Linearity                | 589.699  | 1   | 589.699  | 19.344 | .000 |
|                           |                          | Deviation from Linearity | 63.823   | 3   | 21.274   | .698   | .555 |
|                           | Within Groups            |                          | 3719.093 | 122 | 30.484   |        |      |
|                           | Total                    |                          | 4372.614 | 126 |          |        |      |
|                           |                          |                          |          |     |          |        |      |
| KINDNESS                  | Between Groups           | (Combined)               | 606.066  | 4   | 151.516  | 4.908  | .001 |
|                           |                          | Linearity                | 578.541  | 1   | 578.541  | 18.739 | .000 |
|                           |                          | Deviation from Linearity | 27.525   | 3   | 9.175    | .297   | .827 |
|                           | Within Groups            |                          | 3766.549 | 122 | 30.873   |        |      |
|                           | Total                    |                          | 4372.614 | 126 |          |        |      |
|                           |                          |                          |          |     |          |        |      |
| APPRECIATION<br>OF BEAUTY | Between Groups           | (Combined)               | 1033.575 | 5   | 206.715  | 7.491  | .000 |
|                           |                          | Linearity                | 827.071  | 1   | 827.071  | 29.971 | .000 |
|                           |                          | Deviation from Linearity | 206.504  | 4   | 51.626   | 1.871  | .120 |
|                           | Within Groups            |                          | 3339.039 | 121 | 27.595   |        |      |
|                           | Total                    |                          | 4372.614 | 126 |          |        |      |
|                           |                          |                          |          |     |          |        |      |
| HOPE                      | Between Groups           | (Combined)               | 1544.508 | 7   | 220.644  | 9.284  | .000 |
|                           |                          | Linearity                | 1235.596 | 1   | 1235.596 | 51.991 | .000 |
|                           |                          | Deviation from Linearity | 308.912  | 6   | 51.485   | 2.166  | .051 |

|                        |                |                          |          |     |          |        |      |
|------------------------|----------------|--------------------------|----------|-----|----------|--------|------|
|                        | Within Groups  |                          | 2828.107 | 119 | 23.766   |        |      |
|                        | Total          |                          | 4372.614 | 126 |          |        |      |
| CURIOSITY              | Between Groups | (Combined)               | 1544.508 | 7   | 220.644  | 9.284  | .000 |
|                        |                | Linearity                | 1235.596 | 1   | 1235.596 | 51.991 | .000 |
|                        |                | Deviation from Linearity | 308.912  | 6   | 51.485   | 2.166  | .051 |
|                        | Within Groups  |                          | 2828.107 | 119 | 23.766   |        |      |
|                        | Total          |                          | 4372.614 | 126 |          |        |      |
| LOVE OF<br>LEARNING    | Between Groups | (Combined)               | 218.089  | 4   | 54.522   | 1.601  | .178 |
|                        |                | Linearity                | 126.886  | 1   | 126.886  | 3.726  | .056 |
|                        |                | Deviation from Linearity | 91.203   | 3   | 30.401   | .893   | .447 |
|                        | Within Groups  |                          | 4154.525 | 122 | 34.053   |        |      |
|                        | Total          |                          | 4372.614 | 126 |          |        |      |
| SOCIAL<br>INTELLIGENCE | Between Groups | (Combined)               | 631.111  | 4   | 157.778  | 5.145  | .001 |
|                        |                | Linearity                | 609.097  | 1   | 609.097  | 19.861 | .000 |
|                        |                | Deviation from Linearity | 22.014   | 3   | 7.338    | .239   | .869 |
|                        | Within Groups  |                          | 3741.503 | 122 | 30.668   |        |      |
|                        | Total          |                          | 4372.614 | 126 |          |        |      |
| GRATITUDE              | Between Groups | (Combined)               | 415.747  | 4   | 103.937  | 3.205  | .015 |
|                        |                | Linearity                | 325.467  | 1   | 325.467  | 10.035 | .002 |
|                        |                | Deviation from Linearity | 90.280   | 3   | 30.093   | .928   | .430 |
|                        | Within Groups  |                          | 3956.867 | 122 | 32.433   |        |      |
|                        | Total          |                          | 4372.614 | 126 |          |        |      |
| BRAVERY                | Between Groups | (Combined)               | 980.715  | 3   | 326.905  | 11.855 | .000 |
|                        |                | Linearity                | 914.834  | 1   | 914.834  | 33.175 | .000 |
|                        |                | Deviation from Linearity | 65.881   | 2   | 32.940   | 1.195  | .306 |
|                        | Within Groups  |                          | 3391.899 | 123 | 27.576   |        |      |

|                 |                |                          |          |     |          |        |      |
|-----------------|----------------|--------------------------|----------|-----|----------|--------|------|
|                 | Total          |                          | 4372.614 | 126 |          |        |      |
| CREATIVITY      | Between Groups | (Combined)               | 1289.223 | 7   | 184.175  | 7.108  | .000 |
|                 |                | Linearity                | 1216.232 | 1   | 1216.232 | 46.939 | .000 |
|                 |                | Deviation from Linearity | 72.990   | 6   | 12.165   | .469   | .830 |
|                 | Within Groups  |                          | 3083.391 | 119 | 25.911   |        |      |
|                 | Total          |                          | 4372.614 | 126 |          |        |      |
| SPIRITUALITY    | Between Groups | (Combined)               | 911.769  | 4   | 227.942  | 8.035  | .000 |
|                 |                | Linearity                | 480.827  | 1   | 480.827  | 16.950 | .000 |
|                 |                | Deviation from Linearity | 430.942  | 3   | 143.647  | 5.064  | .002 |
|                 | Within Groups  |                          | 3460.845 | 122 | 28.368   |        |      |
|                 | Total          |                          | 4372.614 | 126 |          |        |      |
| JUDGMENT        | Between Groups | (Combined)               | 820.198  | 4   | 205.050  | 7.042  | .000 |
|                 |                | Linearity                | 774.705  | 1   | 774.705  | 26.606 | .000 |
|                 |                | Deviation from Linearity | 45.493   | 3   | 15.164   | .521   | .669 |
|                 | Within Groups  |                          | 3552.416 | 122 | 29.118   |        |      |
|                 | Total          |                          | 4372.614 | 126 |          |        |      |
| TEAMWORK        | Between Groups | (Combined)               | 331.483  | 3   | 110.494  | 3.363  | .021 |
|                 |                | Linearity                | 314.136  | 1   | 314.136  | 9.561  | .002 |
|                 |                | Deviation from Linearity | 17.347   | 2   | 8.673    | .264   | .768 |
|                 | Within Groups  |                          | 4041.131 | 123 | 32.855   |        |      |
|                 | Total          |                          | 4372.614 | 126 |          |        |      |
| SELF-REGULATION | Between Groups | (Combined)               | 386.730  | 8   | 48.341   | 1.431  | .191 |
|                 |                | Linearity                | 288.992  | 1   | 288.992  | 8.555  | .004 |
|                 |                | Deviation from Linearity | 97.738   | 7   | 13.963   | .413   | .892 |
|                 | Within Groups  |                          | 3985.884 | 118 | 33.779   |        |      |
|                 | Total          |                          | 4372.614 | 126 |          |        |      |

|              |                |                          |          |     |          |        |      |
|--------------|----------------|--------------------------|----------|-----|----------|--------|------|
| PERSEVERANCE | Between Groups | (Combined)               | 1399.425 | 4   | 349.856  | 14.356 | .000 |
|              |                | Linearity                | 1212.576 | 1   | 1212.576 | 49.756 | .000 |
|              |                | Deviation from Linearity | 186.848  | 3   | 62.283   | 2.556  | .058 |
|              | Within Groups  |                          | 2973.189 | 122 | 24.370   |        |      |
|              | Total          |                          | 4372.614 | 126 |          |        |      |
| HUMOR        | Between Groups | (Combined)               | 494.956  | 8   | 61.870   | 1.883  | .069 |
|              |                | Linearity                | 173.777  | 1   | 173.777  | 5.288  | .023 |
|              |                | Deviation from Linearity | 321.179  | 7   | 45.883   | 1.396  | .213 |
|              | Within Groups  |                          | 877.658  | 118 | 32.862   |        |      |
|              | Total          |                          | 4372.614 | 126 |          |        |      |
| PERSPECTIVE  | Between Groups | (Combined)               | 1093.937 | 4   | 273.484  | 10.176 | .000 |
|              |                | Linearity                | 861.428  | 1   | 861.428  | 32.054 | .000 |
|              |                | Deviation from Linearity | 232.508  | 3   | 77.503   | 2.884  | .039 |
|              | Within Groups  |                          | 3278.677 | 122 | 26.874   |        |      |
|              | Total          |                          | 4372.614 | 126 |          |        |      |
| PRUDENCE     | Between Groups | (Combined)               | 831.679  | 4   | 207.920  | 7.164  | .000 |
|              |                | Linearity                | 654.108  | 1   | 654.108  | 22.537 | .000 |
|              |                | Deviation from Linearity | 177.571  | 3   | 59.190   | 2.039  | .112 |
|              | Within Groups  |                          | 3540.935 | 122 | 29.024   |        |      |
|              | Total          |                          | 4372.614 | 126 |          |        |      |

a. Dependent Variable: RESILIENSI

### 3. Uji Multikolinearitas

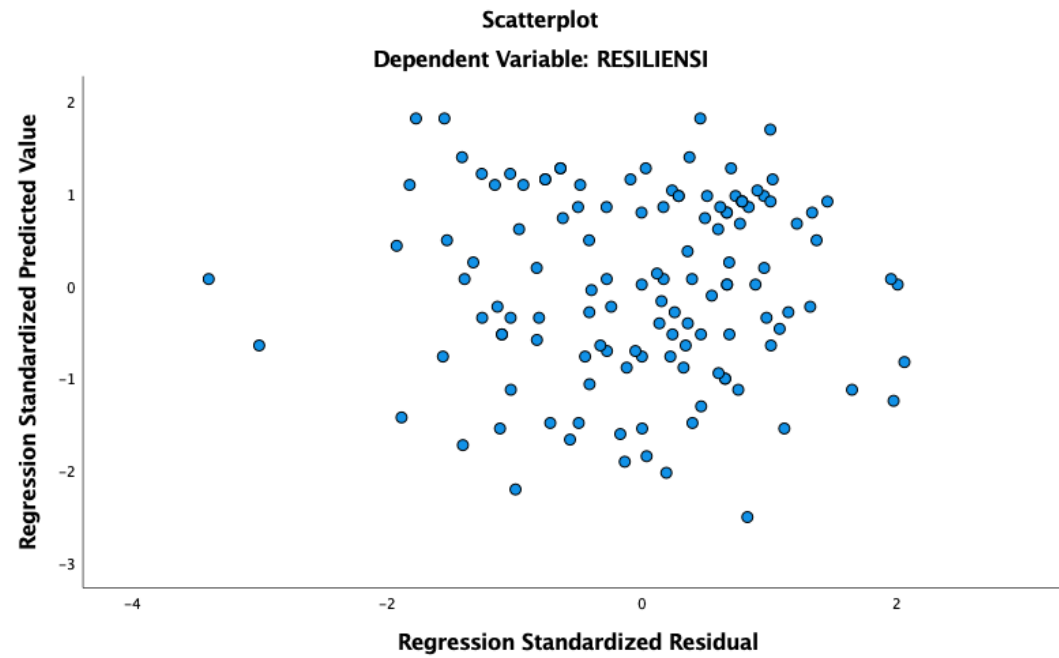
| Coefficients <sup>a</sup> |                        |                             |            |                           |        |       |                         |       |
|---------------------------|------------------------|-----------------------------|------------|---------------------------|--------|-------|-------------------------|-------|
| Model                     |                        | Unstandardized Coefficients |            | Standardized Coefficients | t      | Sig.  | Collinearity Statistics |       |
|                           |                        | B                           | Std. Error | Beta                      |        |       | Tolerance               | VIF   |
| 1                         | (Constant)             | 8.947                       | 3.377      |                           | 2.649  |       |                         |       |
|                           | LOVE                   | .376                        | .437       | .080                      | .861   | 2.466 | .405                    | 2.466 |
|                           | ZEST                   | -.483                       | .273       | -.167                     | -1.767 | 2.535 | .394                    | 2.535 |
|                           | FAIRNESS               | -.151                       | .439       | -.035                     | -.345  | 2.903 | .344                    | 2.903 |
|                           | HUMILITY               | -1.184                      | .454       | -.200                     | -2.609 | 1.670 | .599                    | 1.670 |
|                           | HONESTY                | .265                        | .632       | .037                      | .419   | 2.243 | .446                    | 2.243 |
|                           | LEADERSHIP             | 1.147                       | .348       | .301                      | 3.300  | 2.371 | .422                    | 2.371 |
|                           | FORGIVENESS            | .627                        | .466       | .100                      | 1.346  | 1.579 | .634                    | 1.579 |
|                           | KINDNESS               | .571                        | .673       | .077                      | .849   | 2.336 | .428                    | 2.336 |
|                           | APPRECIATION_OF_BEAUTY | -.178                       | .394       | -.041                     | -.453  | 2.294 | .436                    | 2.294 |
|                           | HOPE                   | 1.717                       | .546       | .272                      | 3.146  | 2.132 | .469                    | 2.132 |
|                           | CURIOSITY              | .675                        | .348       | .190                      | 1.937  | 2.725 | .367                    | 2.725 |
|                           | LOVE_OF_LEARNING       | .142                        | .328       | .032                      | .432   | 1.579 | .634                    | 1.579 |
|                           | SOCIAL_INTELLIGENCE    | .120                        | .448       | .020                      | .269   | 1.525 | .656                    | 1.525 |
|                           | GRATITUDE              | .398                        | .452       | .079                      | .881   | 2.280 | .439                    | 2.280 |



|                 |       |      |       |        |       |      |       |
|-----------------|-------|------|-------|--------|-------|------|-------|
| BRAVERY         | .190  | .604 | .027  | .314   | 2.109 | .474 | 2.109 |
| CREATIVITY      | .569  | .375 | .155  | 1.518  | 2.979 | .336 | 2.979 |
| SPIRITUALITY    | -.306 | .532 | -.049 | -.574  | 2.107 | .475 | 2.107 |
| JUDGMENT        | -.488 | .566 | -.079 | -.862  | 2.363 | .423 | 2.363 |
| TEAMWORK        | -.904 | .648 | -.115 | -1.394 | 1.928 | .519 | 1.928 |
| SELF_REGULATION | -.087 | .248 | -.031 | -.352  | 2.200 | .455 | 2.200 |
| PERSEVERANCE    | 1.262 | .524 | .192  | 2.408  | 1.805 | .554 | 1.805 |
| HUMOR           | -.005 | .261 | -.001 | -.019  | 1.518 | .659 | 1.518 |
| PERSPECTIVE     | .301  | .548 | .052  | .550   | 2.510 | .398 | 2.510 |
| PRUDENCE        | 1.258 | .473 | .201  | 2.658  | 1.629 | .614 | 1.629 |

a. Dependent Variable: RESILIENSI

#### 4. Uji Heterokedastisitas



## Lampiran 7: Uji Korelasi

|          |                     | Correlations |          |         |            |             |          |                        |        |           |                  |                     |
|----------|---------------------|--------------|----------|---------|------------|-------------|----------|------------------------|--------|-----------|------------------|---------------------|
|          |                     | ZEST         | FAIRNESS | HONESTY | LEADERSHIP | FORGIVENESS | KINDNESS | APPRECIATION_OF_BEAUTY | HOPPE  | CURIOSITY | LOVE_OF_LEARNING | SOCIAL_INTELLIGENCE |
| ZEST     | Pearson Correlation | 1            | .332**   | .426**  | .491**     | .368**      | .264**   | .343**                 | .572** | .541**    | .212*            | .318**              |
|          | Sig. (2-tailed)     |              | .000     | .000    | .000       | .000        | .003     | .000                   | .000   | .000      | .017             | .000                |
|          | N                   | 127          | 127      | 127     | 127        | 127         | 127      | 127                    | 127    | 127       | 127              | 127                 |
| FAIRNESS | Pearson Correlation | .332**       | 1        | .355**  | .438**     | .345**      | .620**   | .512**                 | .251** | .502**    | .175*            | .192*               |
|          | Sig. (2-tailed)     | .000         |          | .000    | .000       | .000        | .000     | .000                   | .004   | .000      | .049             | .031                |
|          | N                   | 127          | 127      | 127     | 127        | 127         | 127      | 127                    | 127    | 127       | 127              | 127                 |
| HONESTY  | Pearson Correlation | .426**       | .355**   | 1       | .433**     | .291**      | .132     | .401**                 | .421** | .381**    | .092             | .278**              |

|             |                                |                |        |        |        |        |        |  |        |            |        |      |        |
|-------------|--------------------------------|----------------|--------|--------|--------|--------|--------|--|--------|------------|--------|------|--------|
|             | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000   |        | .000   | .001   | .140   |  | .000   | .00<br>0   | .000   | .306 | .002   |
|             | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    |  | 127    | 12<br>7    | 127    | 127  | 127    |
| LEADERSHIP  | Pears<br>on<br>Corre<br>lation | .4<br>91<br>** | .438** | .433** | 1      | .363** | .449** |  | .519** | .41<br>2** | .457** | .098 | .458** |
|             | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000   | .000   |        | .000   | .000   |  | .000   | .00<br>0   | .000   | .272 | .000   |
|             | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    |  | 127    | 12<br>7    | 127    | 127  | 127    |
| FORGIVENESS | Pears<br>on<br>Corre<br>lation | .3<br>68<br>** | .345** | .291** | .363** | 1      | .251** |  | .373** | .24<br>4** | .361** | .028 | .227*  |
|             | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000   | .001   | .000   |        | .004   |  | .000   | .00<br>6   | .000   | .751 | .010   |
|             | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    |  | 127    | 12<br>7    | 127    | 127  | 127    |
| KINDNESS    | Pears<br>on<br>Corre<br>lation | .2<br>64<br>** | .620** | .132   | .449** | .251** | 1      |  | .422** | .19<br>3*  | .268** | .015 | .181*  |

|                        |                      |        |        |        |        |        |        |        |        |        |        |        |
|------------------------|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|
|                        | Sig. (2-tailed)      | .003   | .000   | .140   | .000   | .004   |        | .000   | .030   | .002   | .864   | .042   |
|                        | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    |
| APPRECIATION_OF_BEAUTY | Pears on Correlation | .343** | .512** | .401** | .519** | .373** | .422** | 1      | .379** | .424** | .310** | .192*  |
|                        | Sig. (2-tailed)      | .000   | .000   | .000   | .000   | .000   | .000   |        | .000   | .000   | .000   | .031   |
|                        | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    |
| HOPE                   | Pears on Correlation | .572** | .251** | .421** | .412** | .244** | .193*  | .379** | 1      | .359** | .121   | .353** |
|                        | Sig. (2-tailed)      | .000   | .004   | .000   | .000   | .006   | .030   | .000   |        | .000   | .176   | .000   |
|                        | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    |
| CURIOSITY              | Pears on Correlation | .541** | .502** | .381** | .457** | .361** | .268** | .424** | .359** | 1      | .313** | .378** |

|                     |                                |                |       |        |        |       |       |        |            |        |        |      |
|---------------------|--------------------------------|----------------|-------|--------|--------|-------|-------|--------|------------|--------|--------|------|
|                     | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000  | .000   | .000   | .000  | .002  | .000   | .00<br>0   |        | .000   | .000 |
|                     | N                              | 12<br>7        | 127   | 127    | 127    | 127   | 127   | 127    | 12<br>7    | 127    | 127    | 127  |
| LOVE_OF_LEARNING    | Pears<br>on<br>Corre<br>lation | .2<br>12<br>*  | .175* | .092   | .098   | .028  | .015  | .310** | .12<br>1   | .313** | 1      | .033 |
|                     | Sig.<br>(2-<br>tailed<br>)     | .0<br>17       | .049  | .306   | .272   | .751  | .864  | .000   | .17<br>6   | .000   |        | .709 |
|                     | N                              | 12<br>7        | 127   | 127    | 127    | 127   | 127   | 127    | 12<br>7    | 127    | 127    | 127  |
| SOCIAL_INTELLIGENCE | Pears<br>on<br>Corre<br>lation | .3<br>18<br>** | .192* | .278** | .458** | .227* | .181* | .192*  | .35<br>3** | .378** | .033   | 1    |
|                     | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .031  | .002   | .000   | .010  | .042  | .031   | .00<br>0   | .000   | .709   |      |
|                     | N                              | 12<br>7        | 127   | 127    | 127    | 127   | 127   | 127    | 12<br>7    | 127    | 127    | 127  |
| GRATITUDE           | Pears<br>on<br>Corre<br>lation | .4<br>28<br>** | .064  | .356** | .183*  | .173  | .010  | .126   | .26<br>2** | .359** | .336** | .130 |

|            |                                |                |        |        |        |        |       |        |            |        |        |        |
|------------|--------------------------------|----------------|--------|--------|--------|--------|-------|--------|------------|--------|--------|--------|
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .471   | .000   | .039   | .052   | .912  | .159   | .00<br>3   | .000   | .000   | .144   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127   | 127    | 12<br>7    | 127    | 127    | 127    |
| BRAVERY    | Pears<br>on<br>Corre<br>lation | .4<br>71<br>** | .305** | .518** | .470** | .331** | .159  | .444** | .53<br>6** | .385** | .203*  | .257** |
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000   | .000   | .000   | .000   | .074  | .000   | .00<br>0   | .000   | .022   | .004   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127   | 127    | 12<br>7    | 127    | 127    | 127    |
| CREATIVITY | Pears<br>on<br>Corre<br>lation | .5<br>15<br>** | .298** | .432** | .423** | .335** | .213* | .407** | .39<br>1** | .577** | .385** | .274** |
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .001   | .000   | .000   | .000   | .016  | .000   | .00<br>0   | .000   | .000   | .002   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127   | 127    | 12<br>7    | 127    | 127    | 127    |
| JUDGMENT   | Pears<br>on<br>Corre<br>lation | .4<br>37<br>** | .287** | .343** | .365** | .314** | .100  | .334** | .41<br>2** | .388** | .259** | .216*  |

|                 |                      |        |        |        |        |        |        |        |        |        |        |       |
|-----------------|----------------------|--------|--------|--------|--------|--------|--------|--------|--------|--------|--------|-------|
|                 | Sig. (2-tailed)      | .000   | .001   | .000   | .000   | .000   | .262   | .000   | .000   | .000   | .003   | .015  |
|                 | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127   |
| TEAMWORK        | Pears on Correlation | .257** | .353** | .487** | .326** | .210*  | .146   | .392** | .409** | .329** | .295** | .199* |
|                 | Sig. (2-tailed)      | .004   | .000   | .000   | .000   | .018   | .100   | .000   | .000   | .000   | .001   | .025  |
|                 | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127   |
| SELF_REGULATION | Pears on Correlation | .440** | -.092  | .361** | .219*  | .150   | -.164  | .201*  | .338** | .309** | .273** | .160  |
|                 | Sig. (2-tailed)      | .000   | .303   | .000   | .013   | .093   | .066   | .023   | .000   | .000   | .002   | .073  |
|                 | N                    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127    | 127   |
| PERSEVERANCE    | Pears on Correlation | .372** | .489** | .201*  | .500** | .328** | .462** | .348** | .285** | .423** | .154   | .202* |



|            |                                |                |        |        |        |        |        |        |            |        |      |        |
|------------|--------------------------------|----------------|--------|--------|--------|--------|--------|--------|------------|--------|------|--------|
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>00       | .000   | .023   | .000   | .000   | .000   | .000   | .00<br>1   | .000   | .083 | .023   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    | 127    | 12<br>7    | 127    | 127  | 127    |
| HUMOR      | Pears<br>on<br>Corre<br>lation | .1<br>84<br>*  | .238** | .060   | .174   | .090   | .171   | .234** | .20<br>1*  | .355** | .114 | .306** |
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>39       | .007   | .505   | .051   | .316   | .055   | .008   | .02<br>3   | .000   | .201 | .000   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    | 127    | 12<br>7    | 127    | 127  | 127    |
| PRUDENCE   | Pears<br>on<br>Corre<br>lation | .2<br>75<br>** | .180*  | .214*  | .310** | .104   | .097   | .331** | .21<br>6*  | .185*  | .080 | .164   |
|            | Sig.<br>(2-<br>tailed<br>)     | .0<br>02       | .043   | .016   | .000   | .242   | .278   | .000   | .01<br>5   | .037   | .371 | .065   |
|            | N                              | 12<br>7        | 127    | 127    | 127    | 127    | 127    | 127    | 12<br>7    | 127    | 127  | 127    |
| RESILIENSI | Pears<br>on<br>Corre<br>lation | .4<br>41<br>** | .408** | .352** | .621** | .367** | .364** | .435** | .51<br>2** | .532** | .170 | .373** |

|  |                            |          |      |      |      |      |      |      |      |      |      |      |
|--|----------------------------|----------|------|------|------|------|------|------|------|------|------|------|
|  | Sig.<br>(2-<br>tailed<br>) | .0<br>00 | .000 | .000 | .000 | .000 | .000 | .000 | .000 | .000 | .056 | .000 |
|  | N                          | 12<br>7  | 127  | 127  | 127  | 127  | 127  | 127  | 127  | 127  | 127  | 127  |

|          |                     | Correlations |         |            |          |          |                 |              |        |          |            |
|----------|---------------------|--------------|---------|------------|----------|----------|-----------------|--------------|--------|----------|------------|
|          |                     | GRATITUDE    | BRAVERY | CREATIVITY | JUDGMENT | TEAMWORK | SELF_REGULATION | PERSEVERANCE | HUMOR  | PRUDENCE | RESILIENCE |
| ZEST     | Pearson Correlation | .428**       | .471**  | .515**     | .437**   | .257**   | .440**          | .372**       | .184*  | .275**   | .441**     |
|          | Sig. (2-tailed)     | .000         | .000    | .000       | .000     | .004     | .000            | .000         | .039   | .002     | .000       |
|          | N                   | 127          | 127     | 127        | 127      | 127      | 127             | 127          | 127    | 127      | 127        |
| FAIRNESS | Pearson Correlation | .064         | .305**  | .298**     | .287**   | .353**   | -.092           | .489**       | .238** | .180*    | .408**     |
|          | Sig. (2-tailed)     | .471         | .000    | .001       | .001     | .000     | .303            | .000         | .007   | .043     | .000       |
|          | N                   | 127          | 127     | 127        | 127      | 127      | 127             | 127          | 127    | 127      | 127        |
| HONESTY  | Pearson Correlation | .356**       | .518**  | .432**     | .343**   | .487**   | .361**          | .201*        | .060   | .214*    | .352**     |
|          | Sig. (2-tailed)     | .000         | .000    | .000       | .000     | .000     | .000            | .023         | .505   | .016     | .000       |



[illegible]

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[illegible]

[illegible]

## Lampiran 8: Uji Hipotesis

**Model Summary<sup>b</sup>**

| Model | R                 | R Square | Adjusted R Square | Std. Error of the Estimate |
|-------|-------------------|----------|-------------------|----------------------------|
| 1     | .782 <sup>a</sup> | .612     | .539              | 4.001                      |

a. Predictors: (Constant), PRUDENCE, HUMOR, FORGIVENESS, LOVE\_OF\_LEARNING, KINDNESS, HONESTY, SOCIAL\_INTELLIGENCE, GRATITUDE, HOPE, PERSEVERANCE, TEAMWORK, JUDGMENT, SELF\_REGULATION, CURIOSITY, BRAVERY, APPRECIATION\_OF\_BEAUTY, LEADERSHIP, ZEST, CREATIVITY, FAIRNESSS

b. Dependent Variable: RESILIENSI

**ANOVA<sup>a</sup>**

| Model |            | Sum of Squares | df  | Mean Square | F     | Sig.              |
|-------|------------|----------------|-----|-------------|-------|-------------------|
| 1     | Regression | 2675.833       | 20  | 133.792     | 8.358 | .000 <sup>b</sup> |
|       | Residual   | 1696.781       | 106 | 16.007      |       |                   |
|       | Total      | 4372.614       | 126 |             |       |                   |

b. Dependent Variable: RESILIENSI

a. Predictors: (Constant), PRUDENCE, HUMOR, FORGIVENESS, LOVE\_OF\_LEARNING, KINDNESS, HONESTY, SOCIAL\_INTELLIGENCE, GRATITUDE, HOPE, PERSEVERANCE, TEAMWORK, JUDGMENT, SELF\_REGULATION, CURIOSITY, BRAVERY, APPRECIATION\_OF\_BEAUTY, LEADERSHIP, ZEST, CREATIVITY, FAIRNESSS

**Coefficients<sup>a</sup>**

| Model |            | Unstandardized Coefficients |            | Standardized Coefficients Beta | t      | Sig. | Collinearity Statistics |       |
|-------|------------|-----------------------------|------------|--------------------------------|--------|------|-------------------------|-------|
|       |            | B                           | Std. Error |                                |        |      | Tolerance               | VIF   |
| 1     | (Constant) | 7.316                       | 3.364      |                                | 2.175  | .032 |                         |       |
|       | ZEST       | -.537                       | .269       | -.198                          | -2.127 | .036 | 0.405                   | 2.466 |



|                        |       |      |       |        |      |       |       |
|------------------------|-------|------|-------|--------|------|-------|-------|
| FAIRNESS               | .034  | .438 | .008  | .077   | .939 | 0.394 | 2.535 |
| HONESTY                | -.129 | .612 | -.018 | -.210  | .834 | 0.344 | 2.903 |
| LEADERSHIP             | 1.080 | .351 | .284  | 3.075  | .003 | 0.599 | 1.670 |
| FORGIVENESS            | .452  | .455 | .072  | .993   | .323 | 0.446 | 2.243 |
| KINDNESS               | .338  | .668 | .045  | .505   | .615 | 0.422 | 2.371 |
| APPRECIATION_OF_BEAUTY | -.173 | .393 | -.039 | -.440  | .661 | 0.634 | 1.579 |
| HOPE                   | 1.853 | .537 | .294  | 3.449  | .001 | 0.428 | 2.336 |
| CURIOSITY              | .626  | .335 | .176  | 1.867  | .065 | 0.436 | 2.294 |
| LOVE_OF_LEARNING       | .040  | .330 | .009  | .121   | .904 | 0.469 | 2.132 |
| SOCIAL_INTELLIGENCE    | .119  | .455 | .019  | .262   | .794 | 0.367 | 2.725 |
| GRATITUDE              | .401  | .411 | .079  | .974   | .332 | 0.634 | 1.579 |
| BRAVERY                | .312  | .601 | .044  | .519   | .605 | 0.656 | 1.525 |
| CREATIVITY             | .511  | .348 | .140  | 1.469  | .145 | 0.439 | 2.280 |
| JUDGMENT               | .049  | .527 | .008  | .093   | .926 | 0.474 | 2.109 |
| TEAMWORK               | -.978 | .647 | -.124 | -1.512 | .133 | 0.336 | 2.979 |
| SELF_REGULATION        | -.053 | .246 | -.019 | -.215  | .830 | 0.475 | 2.107 |
| PERSEVERANCE           | 1.308 | .530 | .199  | 2.468  | .015 | 0.423 | 2.363 |
| HUMOR                  | .034  | .249 | .009  | .136   | .892 | 0.519 | 1.928 |
| PRUDENCE               | .972  | .449 | .155  | 2.167  | .033 | 0.455 | 2.200 |

a. Dependent Variable: RESILIENSI