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LAMPIRAN

Lampiran 1: Skala asli *Self Control*

The 13-Item Brief Self-Control Scale (BSCS) Developed by [Tangney et al. \(2004\)](#)

4. I am good at resisting temptation
5. I have a hard time breaking bad habits
6. I am lazy
7. I say inappropriate things
8. I do certain things that are bad for me, if they are fun
9. I refuse things that are bad for me
10. I wish I had more self-discipline
11. People would say that I have iron self-discipline
12. Pleasure and fun sometimes keep me from getting work done
13. I have trouble concentrating
14. I am able to work effectively toward long-term goals
15. Sometimes I can't stop myself from doing something, even if I know it is wrong
16. I often act without thinking through all the alternatives

Lampiran 2: Skala asli *Impulsive Buying*

The 20-item The Impulsive Buying Tendency Scale Developed by [Verplanken and Herabadi \(2001\)](#)

Cognitive items

1. I usually think carefully before I buy something
2. I usually only buy things that I intended to buy
3. If I buy something, I usually do that spontaneously
4. Most of my purchases are planned in advance
5. I only buy things that I really need
6. It is not my style to just buy things
7. I like to compare different brands before I buy one
8. Before I buy something I always carefully consider whether I need it
9. I am used to buying things 'on the spot'
10. I often buy things without thinking

Affective items

11. It is a struggle to leave nice things I see in a shop
12. I sometimes cannot suppress the feeling of wanting to buy something
13. I sometimes feel guilty after having bought something

Saya terkadang membeli hal-hal tertentu yang tidak saya butuhkan, dan itu menyenangkan *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Sebagian orang akan mengatakan bahwa saya memiliki disiplin diri yang kuat ketika sedang berbelanja *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Berada di pusat perbelanjaan membuat saya terkadang lupa untuk menyelesaikan pekerjaan yang ada *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya dapat berbelanja secara hemat untuk mencapai tujuan jangka panjang *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Terkadang saya tidak dapat menahan diri untuk tidak membeli sesuatu, meskipun saya tahu itu tidak perlu *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

...

Saya sering membeli barang tanpa melihat daftar yang telah saya buat sebelumnya *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Lampiran 4: Skala yang peneliti gunakan (*Impulsive Buying*)

Item *Impulsive Buying*



Petunjuk pengerjaan:

Berikut ini terdapat pernyataan-pernyataan yang diiringi dengan pilihan jawaban. Anda diminta untuk membaca setiap pernyataan dengan cermat dan memilih salah satu pilihan jawaban yang paling sesuai dengan diri Anda saat ini.

Terdapat 5 pilihan jawaban:
1 = Sangat Tidak Sesuai (STS)
2 = Tidak Sesuai (TS)
3 = Netral
4 = Sesuai (S)
5 = Sangat Sesuai (SS)

Dalam pengisian skala ini, tidak ada jawaban yang benar atau salah. Oleh karena itu, Anda dipersilakan untuk memilih jawaban yang paling sesuai dengan diri Anda saat ini.

Jika saya membeli sesuatu, saya biasanya melakukannya secara spontan *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya terbiasa membeli barang langsung di tempat *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya sering membeli barang tanpa berpikir Panjang *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya biasanya berpikir hati-hati sebelum membeli sesuatu *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya biasanya hanya membeli barang yang memang ingin saya beli *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

...

Sebagian besar pembelian saya telah direncanakan sebelumnya

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya hanya membeli barang yang benar-benar saya butuhkan *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Bukan gaya saya untuk membeli barang begitu saja *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya suka membandingkan berbagai merek sebelum saya membelinya *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

...

Sebelum membeli sesuatu, saya selalu mempertimbangkan dengan cermat *
apakah saya membutuhkannya atau tidak

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Meninggalkan barang-barang bagus yang saya lihat di toko membutuhkan perjuangan *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya terkadang tidak dapat menekan perasaan ingin membeli sesuatu *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

...

Saya terkadang merasa bersalah setelah membeli sesuatu *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya biasa menjadi sangat bersemangat jika melihat sesuatu yang saya ingin beli *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya selalu melihat sesuatu yang bagus setiap kali saya melewati toko-toko *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

...

Saya merasa sulit ketika melewatkan penawaran yang murah *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Jika saya melihat sesuatu yang baru, saya ingin membelinya *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya agak sembrono dalam membeli barang *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

⋮

Saya terkadang membeli barang karena saya suka membeli barang, bukan karena saya membutuhkannya *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Saya bukan tipe orang yang mudah "jatuh cinta pada pandangan pertama" dengan hal-hal yang saya lihat di toko *

	1	2	3	4	5	
Sangat Tidak Sesuai	<input type="radio"/>	Sangat Sesuai				

Lampiran 5: Uji CFA & Reliabilitas *Self Control*

Fit indices ▼

Index	Value
Comparative Fit Index (CFI)	0.993
Tucker–Lewis Index (TLI)	0.989
Bentler–Bonett Non–normed Fit Index (NNFI)	0.989
Bentler–Bonett Normed Fit Index (NFI)	0.982
Parsimony Normed Fit Index (PNFI)	0.655
Bollen's Relative Fit Index (RFI)	0.973
Bollen's Incremental Fit Index (IFI)	0.993
Relative Noncentrality Index (RNI)	0.993

Information criteria ▼

	Value
Log–likelihood	–4980.065
Number of free parameters	21.000
Akaike (AIC)	10002.131
Bayesian (BIC)	10091.582
Sample–size adjusted Bayesian (SSABIC)	10024.923

Other fit measures

Metric	Value
Root mean square error of approximation (RMSEA)	0.035
RMSEA 90% CI lower bound	0.000
RMSEA 90% CI upper bound	0.060
RMSEA p–value	0.818
Standardized root mean square residual (SRMR)	0.020
Hoelter's critical N ($\alpha = .05$)	537.217
Hoelter's critical N ($\alpha = .01$)	660.749
Goodness of fit index (GFI)	0.998
McDonald fit index (MFI)	0.991
Expected cross validation index (ECVI)	0.124

R-Squared ▼

	R ²
S1	0.445
S2	0.495
S3	0.442
S4	0.536
S5	0.427
S6	0.425
S7	0.496

Factor loadings

Factor	Indicator	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
						Lower	Upper	
Factor 1	S1	0.729	0.045	16.152	< .001	0.641	0.818	0.667
	S2	0.793	0.046	17.333	< .001	0.704	0.883	0.704
	S3	0.743	0.046	16.074	< .001	0.652	0.834	0.665
	S4	0.848	0.046	18.298	< .001	0.757	0.939	0.732
	S5	0.720	0.046	15.727	< .001	0.630	0.810	0.654
	S6	0.723	0.046	15.694	< .001	0.633	0.814	0.652
	S7	0.813	0.047	17.362	< .001	0.722	0.905	0.704

Factor variances

Factor	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
					Lower	Upper	
Factor 1	1.000	0.000			1.000	1.000	1.000

Residual variances ▼

Indicator	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
					Lower	Upper	
S1	0.664	0.047	14.025	< .001	0.571	0.756	0.555
S2	0.642	0.047	13.549	< .001	0.549	0.735	0.505
S3	0.697	0.050	14.035	< .001	0.600	0.794	0.558
S4	0.623	0.048	13.105	< .001	0.530	0.716	0.464
S5	0.695	0.049	14.157	< .001	0.599	0.791	0.573
S6	0.708	0.050	14.216	< .001	0.611	0.806	0.575
S7	0.671	0.050	13.536	< .001	0.574	0.769	0.504

Reliability ▼

	Coefficient ω	Coefficient α
Factor 1	0.860	0.859

Lampiran 6: Uji CFA & Reliability (*Impulsive Buying*)

Fit indices ▼

Index	Value
Comparative Fit Index (CFI)	0.976
Tucker–Lewis Index (TLI)	0.974
Bentler–Bonett Non–normed Fit Index (NNFI)	0.974
Bentler–Bonett Normed Fit Index (NFI)	0.945
Parsimony Normed Fit Index (PNFI)	0.846
Bollen's Relative Fit Index (RFI)	0.939
Bollen's Incremental Fit Index (IFI)	0.976
Relative Noncentrality Index (RNI)	0.976

Information criteria

	Value
Log–likelihood	–13341.748
Number of free parameters	60.000
Akaike (AIC)	26803.495
Bayesian (BIC)	27059.070
Sample–size adjusted Bayesian (SSABIC)	26868.616

Other fit measures

Metric	Value
Root mean square error of approximation (RMSEA)	0.037
RMSEA 90% CI lower bound	0.030
RMSEA 90% CI upper bound	0.044
RMSEA p–value	0.999
Standardized root mean square residual (SRMR)	0.028
Hoelter's critical N ($\alpha = .05$)	362.614
Hoelter's critical N ($\alpha = .01$)	388.445
Goodness of fit index (GFI)	0.982
McDonald fit index (MFI)	0.890
Expected cross validation index (ECVI)	0.786

R-Squared

	R ²
IB1	0.459
IB2	0.475
IB3	0.480
IB4	0.396
IB5	0.464
IB6	0.474
IB7	0.431
IB8	0.471
IB9	0.462
IB10	0.429
IB11	0.457
IB12	0.492
IB13	0.528
IB14	0.427
IB15	0.491
IB16	0.491
IB17	0.478
IB18	0.443
IB19	0.498
IB20	0.458

Factor loadings ▼

Factor	Indicator	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
						Lower	Upper	
Factor 1	IB1	0.761	0.044	17.285	< .001	0.674	0.847	0.678
	IB2	0.754	0.043	17.667	< .001	0.670	0.838	0.689
	IB3	0.790	0.044	17.788	< .001	0.703	0.877	0.693
	IB4	0.667	0.042	15.705	< .001	0.583	0.750	0.629
	IB5	0.747	0.043	17.402	< .001	0.663	0.831	0.681
	IB6	0.757	0.043	17.649	< .001	0.673	0.841	0.689
	IB7	0.705	0.043	16.587	< .001	0.622	0.788	0.657
	IB8	0.751	0.043	17.567	< .001	0.667	0.835	0.686
	IB9	0.722	0.042	17.347	< .001	0.640	0.803	0.680
	IB10	0.724	0.044	16.531	< .001	0.639	0.810	0.655
	IB11	0.752	0.044	17.234	< .001	0.667	0.838	0.676
	IB12	0.784	0.043	18.083	< .001	0.699	0.869	0.701
	IB13	0.806	0.042	18.976	< .001	0.723	0.889	0.726
	IB14	0.710	0.043	16.478	< .001	0.626	0.795	0.653
	IB15	0.763	0.042	18.070	< .001	0.680	0.845	0.701
	IB16	0.747	0.041	18.063	< .001	0.666	0.828	0.701
	IB17	0.798	0.045	17.750	< .001	0.710	0.886	0.692
	IB18	0.763	0.045	16.883	< .001	0.675	0.852	0.666
	IB19	0.811	0.044	18.252	< .001	0.724	0.898	0.706
	IB20	0.727	0.042	17.258	< .001	0.644	0.809	0.677

Residual variances ▼

Indicator	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
					Lower	Upper	
IB1	0.681	0.044	15.380	< .001	0.594	0.768	0.541
IB2	0.629	0.041	15.331	< .001	0.549	0.709	0.525
IB3	0.677	0.044	15.304	< .001	0.590	0.763	0.520
IB4	0.679	0.044	15.561	< .001	0.593	0.764	0.604
IB5	0.644	0.042	15.349	< .001	0.562	0.726	0.536
IB6	0.636	0.042	15.306	< .001	0.554	0.717	0.526
IB7	0.656	0.042	15.464	< .001	0.573	0.739	0.569
IB8	0.634	0.041	15.338	< .001	0.553	0.715	0.529
IB9	0.607	0.039	15.369	< .001	0.530	0.684	0.538
IB10	0.698	0.045	15.462	< .001	0.610	0.787	0.571
IB11	0.672	0.044	15.384	< .001	0.586	0.758	0.543
IB12	0.635	0.042	15.263	< .001	0.554	0.717	0.508
IB13	0.582	0.038	15.126	< .001	0.506	0.657	0.472
IB14	0.678	0.044	15.474	< .001	0.592	0.763	0.573
IB15	0.603	0.039	15.275	< .001	0.526	0.681	0.509
IB16	0.579	0.038	15.273	< .001	0.505	0.653	0.509
IB17	0.694	0.045	15.307	< .001	0.605	0.783	0.522
IB18	0.731	0.047	15.413	< .001	0.638	0.824	0.557
IB19	0.661	0.043	15.240	< .001	0.576	0.746	0.502
IB20	0.625	0.041	15.376	< .001	0.545	0.704	0.542

Factor variances

Factor	Estimate	Std. Error	z-value	p	95% Confidence Interval		Std. Est. (all)
					Lower	Upper	
Factor 1	1.000	0.000			1.000	1.000	1.000

Reliability

	Coefficient ω	Coefficient α
Factor 1	0.946	0.946

Lampiran 7: Hasil Uji Asumsi (Normalitas)

Tests of Normality

	Kolmogorov-Smirnov ^a			Shapiro-Wilk		
	Statistic	df	Sig.	Statistic	df	Sig.
Total SC	.246	523	<.001	.768	523	<.001
total IB	.313	523	<.001	.624	523	<.001

a. Lilliefors Significance Correction

Lampiran 8: Hasil Uji Hipotesis

Correlations

		Total SC	total IB
Spearman's rho	Total SC	1.000	.344**
	Correlation Coefficient		
	Sig. (2-tailed)	.	<.001
	N	523	523
	total IB	.344**	1.000
	Correlation Coefficient		
	Sig. (2-tailed)	<.001	.
	N	523	523

** . Correlation is significant at the 0.01 level (2-tailed).

□

Lampiran 9: Hasil Uji Korelasi Variabel Berdasarkan Demografi

Pearson's Correlations

Variable		Usia	Persepsi Sosial	Self Control	Impulsive Buying
1. Usia	Pearson's r	—			
	p-value	—			
2. Persepsi Sosial	Pearson's r	-0.009	—		
	p-value	0.842	—		
3. Self Control	Pearson's r	0.069	-0.025	—	
	p-value	0.116	0.569	—	
4. Impulsive Buying	Pearson's r	0.043	-0.036	0.892	—
	p-value	0.325	0.412	< .001	—

Lampiran 10: Perizinan Adaptasi Alat Ukur *Self Control*

Request for Permission to Use and Adapt Self-Control Scale



dinda putri pratama <pratamadp20c@student.unhas.ac.id>
to jtangney@gmu.edu

7:19 PM (0 minutes ago) ☆ ↶ ⋮

Dear Professor Tangney,

I hope this message finds you well. My name is Dinda Putri Pratama and I am an undergraduate student in the Psychology Student Program at Universitas Hasanuddin, Makassar, South Sulawesi, Indonesia. In my study, I am focusing on the topic of self-control and its relation to The relationship between self-control and impulsive buying behavior in early adulthood

I have come across your Self-Control Scale (Tangney, Baumeister, & Boone, 2004) and found it to be highly relevant to my research. I am writing to kindly request your permission to use this scale in my study. Additionally, I would like to adapt the scale into Indonesian to better suit my participants.

Please let me know if there are any specific conditions or guidelines I need to follow for its use and adaptation. I would greatly appreciate your permission and any advice you may have regarding this process.

Thank you for your time and consideration. I look forward to your response.

Warm regards,
Dinda Putri Pratama
Psychology Student Program
Hasanuddin University
Pratamadp20c@student.unhas.ac.id

Lampiran 11: Perizinan Adaptasi Alat Ukur *Impulsive Buying*

Request for Permission to Use and Adapt Impulsive Buying Scale



dinda putri pratama <pratamadp20c@student.unhas.ac.id>
to b.verplanken, verplanken

7:40 PM (0 minutes ago) ☆ ↶ ⋮

Dear Professor Verplanken,

I hope this message finds you well. My name is Dinda Putri Pratama and I am an undergraduate student in the Psychology Student Program at Universitas Hasanuddin, Makassar, South Sulawesi, Indonesia. In my study, I am focusing on the topic of impulsive buying and its relation to The relationship between self-control and impulsive buying behavior in early adulthood

I have come across your Impulsive Buying Scale (Verplanken & Herabadi, 2001) and found it to be highly relevant to my research. I am writing to kindly request your permission to use this scale in my study. Additionally, I would like to adapt the scale into Indonesian to better suit my participants.

Please let me know if there are any specific conditions or guidelines I need to follow for its use and adaptation. I would greatly appreciate your permission and any advice you may have regarding this process.

Thank you for your time and consideration. I look forward to your response.

Warm regards,
Dinda Putri Pratama
Psychology Student Program
Hasanuddin University
Pratamadp20c@student.unhas.ac.id

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