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**PEMERINTAH KABUPATEN MAJENE
KECAMATAN PAMBOANG**

Jln. Ammana Pattolawali No.01 Kecamatan Pamboang Kabupaten Majene Kode Pos 91451

SURAT KETERANGAN MENELITI

Nomor: 070/12/V/2023

Berdasarkan surat Kepala Badan Penelitian dan Pengembangan Nomor: 3333/UN4/PT.01.04/2023 tanggal, 17 April 2023 dan Surat permohonan, maka kami dari pemerintah Kecamatan Pamboang memberikan Surat pengantar untuk mengadakan penelitian kepada:

Nama : **DARMIN DINA**
 N I M : K013211005
 Prog. Study: Doktor (S-3) Kesehatan Masyarakat
 Pekerjaan : Dosen
 Alamat : BTN Pullewa Blok Y No.10

Untuk melakukan Penelitian di Wilayah Kecamatan Pamboang Kab. Majene dengan Proposal berjudul :

Efek Pemberian Garam Beriodium dan Multi Mikro Nutrien Suplemen pada UBU Hamil terhadap Status Gizi Ibu Hamil dan Luran Kehamilan di Kabupaten Majene (Puskesmas Pamboang.Puskesmas Banggae I dan Puskesmas Totoli)"

Sehubungan hal tersebut pada perinsipnya kami menyetujui kegiatan dengan ketentuan sebagai berikut :

1. Sebelum dan sesudah melaksanakan kegiatan penelitian, yang bersangkutan melaporkan diri kepada instansi yang terkait dan menyerahkan 1 (satu) eksamplar foto copy hasil kegiatan pada kantor kecamatan Pamboang
2. Penelitian ini tidak menyimpang dari masalah yang diizinkan
3. Mentaati segala peraturan perundang undangan yang berlaku dan adat istiadat setempat
4. Surat izin akan dicabut dan dinyatakan tidak berlaku apabila ternyata pemegang Surat izin ini tidak mentaati peraturan dan adat istiadat setempat.
5. Tetap mematuhi protokol Kesehatan.

Demikian rekomendasi ini dibuat untuk dipergunakan seperlunya.

Pamboang, 22 Mei 2023

Camat


ALBAR MUSTAR, S.Sos. M.Si
 Pangkat : Pembina TK.I
 NIP : 19690112 199810 1 011

SURVEY GIZI KESEHATAN WANITA IBU HAMIL DI KABUPATEN MAJENE TAHUN 2024

A. IDENTITAS RESPONDEN													
Nama Desa/Kelurahan/Kecamatan	_____ <input style="width: 20px; height: 15px;" type="text"/> <input style="width: 20px; height: 15px;" type="text"/>												
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B. DATA KELUARGA													
B1	Nama Suami	_____											
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B3	Umur Pernikahan	_____Tahun											
B4	Jumlah anggota keluarga yang menetap 4 bulan terakhir: (6 bulan BPS)	_____Orang <input style="width: 20px; height: 15px;" type="text"/> <input style="width: 20px; height: 15px;" type="text"/>											
B5	Jumlah anak 0-5 bulan _____Orang 6-11 bulan _____Orang 12-23 bulan _____Orang 24-59 bulan _____Orang > 5 tahun _____Orang	<table border="1" style="width: 100%; height: 100%; border-collapse: collapse; text-align: center;"> <tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr> <tr><td style="width: 20px; height: 20px;"></td><td style="width: 20px; height: 20px;"></td></tr> </table>											
B6	Jenis pekerjaan utama : 1.Ibu 2.Bapak	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> 01. Petani 02. Petani Penggarap 03. Pedagang/Penjual 04. Buruh Harian 05. Pegawai Negeri Sipil 06. Pegawai swasta 07. Tukang Becak/gerobak 08. Tukang Perahu </td> <td style="width: 50%; vertical-align: top;"> 09. Supir 10. Tukang Kayu 11. Nelayan 12. Pengrajin 13. Wiraswasta 14. Ibu Rumah Tangga 15. Lainnya, sebutkan! 88. Tidak Bekerja </td> </tr> </table>	01. Petani 02. Petani Penggarap 03. Pedagang/Penjual 04. Buruh Harian 05. Pegawai Negeri Sipil 06. Pegawai swasta 07. Tukang Becak/gerobak 08. Tukang Perahu	09. Supir 10. Tukang Kayu 11. Nelayan 12. Pengrajin 13. Wiraswasta 14. Ibu Rumah Tangga 15. Lainnya, sebutkan! 88. Tidak Bekerja	1. <input style="width: 20px; height: 15px;" type="text"/> 2. <input style="width: 20px; height: 15px;" type="text"/> 1. _____ 2. _____								
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B7	Agama 1.Ibu 2.Bapak	<table style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 50%; vertical-align: top;"> 1. Islam 2. Kristen 3. Katolik 4. Hindu </td> <td style="width: 50%; vertical-align: top;"> 5. Buddha 6. konghuchu 7. Lainnya ! sebutkan..... </td> </tr> </table>	1. Islam 2. Kristen 3. Katolik 4. Hindu	5. Buddha 6. konghuchu 7. Lainnya ! sebutkan.....	<input style="width: 20px; height: 15px;" type="text"/> <input style="width: 20px; height: 15px;" type="text"/>								
1. Islam 2. Kristen 3. Katolik 4. Hindu	5. Buddha 6. konghuchu 7. Lainnya ! sebutkan.....												

B8	Suku 1.Ibu 2.Bapak	1. Bugis 2. Makassar 3. Mandar 4. Toraja 5. Jawa 6. Lainnya / sebutkan	<input type="checkbox"/> <input type="checkbox"/>
B9	Lama Pendidikan 1.Ibu 2.Bapak	_____Tahun _____Tahun	1. <input type="text"/> <input type="text"/> 2. <input type="text"/> <input type="text"/>
B10	Berapa rata-rata pendapatan keluarga setiap bulan (dari seluruh anggota RT yang memperoleh penghasilan)	1. < 1 juta 2. 1-2 juta 3. > 2 juta	<input type="checkbox"/>
B11	Apakah ada anggota rumah tangga yang merokok di dalam rumah?	1. Ya 2. Tidak	<input type="checkbox"/>
B12	Jika Ya, Siapa?	1. Ayah 2. Paman 3. Kakek 4. Lainnya, sebutkan !	<input type="checkbox"/>
B13	Kapan waktu-waktu mereka merokok	1. Setiap saat 2. Sering Di Pagi Hari 3. Sering Di Siang Hari 4. Waktu Lainnya, sebutkan !	<input type="checkbox"/>
B14	Berapa batang per Hari	1. 1-5 batang 2. 6-10 batang 3. >10 batang 4. Tidak Tau	<input type="checkbox"/>
C. KARAKTERISTIK TEMPAT TINGGAL			
C1	Status Tempat Tinggal	1. Rumah Sendiri 2. Rumah Orang Tua 3. Rumah Keluarga 4. Lainnya, sebutkan !	<input type="checkbox"/>
C2	Jenis Konstruksi Rumah	1. Permanen 2. Semi Permanen 3. Rumah Kayu 4. Lainnya, Sebutkan !	<input type="checkbox"/>
C3	Jenis Dinding	1. Batu bata 2. Batoko 3. Tripleks 4. Seng 5. Kayu/bambu 6. Lainnya,.....	<input type="checkbox"/>
C4	Jenis Lantai	1. Tegel 2. Semen 3. Tanah 4. Keramik 5. Kayu/papan 6. Lainnya,.....	<input type="checkbox"/>
C5	Tempat Yang Digunakan Untuk BAB	1. Kakus milik sendiri 2. Kakus umum 3. Sungai/empang/laut 4. Semak-semak/terbuka 5. Lainnya, sebutkan !	<input type="checkbox"/>

C6	Sumber Air Minum (Air Bersih):	1. Empang/sungai/waduk 2. Sumur bersemen 3. Sumur tidak bersemen 4. Tadah air	5. Mata air 6. Pampa Tangan 7. Airledeng/PAM 8. Lainnya, sebutkan!	<input type="checkbox"/>
C7	Apakah ada tanaman di pekarangan ? Seperti buah dan sayuran	1. Ya 2. Tidak		<input type="checkbox"/>
C8	Jika Ya, berapa jenis yang dapat di konsumsi?	1. Buah-buahan 2. Sayuran		<input type="checkbox"/> <input type="checkbox"/>
D. KEBIASAAN MAKAN				
D1	Berapa kali keluarga ini makan dalam sehari (makanan utama)?	1. 1 kali 2. 2 kali	3. 3 kali 4. > 3 kali	<input type="checkbox"/>
D2	Apakah ada pantangan makanan saat ini?	1. Ya 2. Tidak → Lanjut ke No. D4		<input type="checkbox"/>
D3	Bila Ya, sebutkan! 1. 2. 3.	Akibatnya 1. 2. 3.		
D4	Apakah ada makanan yang dianjurkan selama masa prakonsepsi	1. Ya 2. Tidak → Lanjut Ke No. D6		<input type="checkbox"/>
D5	Bila Ya, sebutkan ! 1. 2. 3.	Manfaatnya 1. 2. 3.		<input type="checkbox"/>
D6	Apakah ada perbedaan konsumsi ibu sebelum dan setelah pernikahan?	1. Ya 2. Tidak → Lanjut ke No. D8		<input type="checkbox"/>
D7	Bila Ya, sebutkan bedanya? 1. Frekuensi makan 2. Banyaknya makanan	1. Berkurang 1. Berkurang 2. Bertambah 2. Bertambah		<input type="checkbox"/> <input type="checkbox"/>
D8	Apakah keluarga mempunyai kebun (selain pekarangan)	1. Ya 2. Tidak		<input type="checkbox"/>
D9	Jika Ya, Berapa jenis tanaman yang dapat dikonsumsi	1. 0-5 2. 6-10 3. >10		<input type="checkbox"/>

E. YANKES			
E1	Apakah pernah mengikuti konseling ?	1. Ya 2. Tidak → Lanjut Ke No. E3	<input type="checkbox"/>
E2	Jika Ya, Dimana ? Berapa Lama ?	_____	
		1. 0-30 menit 2. 30-60 menit 3. 60-120 menit 4. >120 menit	
E4	Meburut ibu, apakah ibu siap untuk hamil ?	1. Belum siap 2. Masih ragu 3. Siap 4. Siap sekali	<input type="checkbox"/>
F. RIWAYAT PERSALINAN			
F1	Umur anak terakhir?	_____ Tahun	
F2	Dimana tempat melahirkan	1. Rumah 2. Puskesmas 3. Rumah sakit 4. Lainnya.....	<input type="checkbox"/>
F3	Persalinan di bantu oleh siapa?	1. Dokter 2. Bidan 3. Dukun 4. Lainnya.....	<input type="checkbox"/>
F4	Berat Badan dan Panjang Badan Lahir	_____ Kg _____ Cm	
F5	Apakah diberi IMD	1. Ya 2. Tidak	<input type="checkbox"/>
F6	Apakah diberi Kolostrum	1. Ya 2. Tidak	<input type="checkbox"/>
F7	Berapa lama menyusui	_____ Jam, atau _____ menit	

G. KONSUMSI GARAM

G1. Berapa jenis garam yang digunakan :

G2. Apa merek yang sering digunakan :

G3. Bentuk garam yang di gunakan :

G4. Dimana membeli :

G5. Bagaimana penyimpanan :

G6. Berapa jumlahnya :

G7. Berapa Harganya :

G8. Lokasi produksi :

G9. Masa kadaluarsa :

G10. Etiket pada bungkus :

G11. Berapa PPM :

H. PENGETAHUAN TENTANG IODIUM

H1. : Apakah ibu mengetahui apa itu iodium

H2. Apa ibu mengetahui sumber makanan yang mengandung iodium :

H3. Ibu dapat menyebutkan makanan yang mengandung iodium :

H4. Apa ibu mengetahui manfaat iodium dalam tubuh :

H5. Apakah ibu mengetahui cara penyimpanan iodium dengan baik :

H6. Apakah ibu mengetahui efek kekurangan iodium :

I. PENGETAHUAN IBU TENTANG MMS

I1. : Apakah ibu mengetahui MMS

I2. Apa ibu mengetahui kandungan dari tablet MMS :

I3. Apakah ibu mengetahui manfaat dari tablet MMS :

I4. Apakah ibu mengetahui cara penyimpanan MMS :

I5. Apakah ibu mengetahui efek kekurangan MMS :

I6. Apakah ibu mengetahui cara mengkonsumsi MMS :

J. FORMULIR FREKUENSI MAKANAN UNTUK WANITA HAMIL

Dalam sebulan yang lalu sampai kemarin, apakah ibu makan bahan makanan tersebut di bawah ini ?

JENIS MAKANAN		Tiap Hari	3-4 Hari/ minggu	1-2 Hari/ Minggu	Tiap Bulan	Tidak Pernah
1.	Makanan Pokok					
	a. Nasi	5	4	3	2	1
	b. Jagung	5	4	3	2	1
	c. Ubi Jalur	5	4	3	2	1
	d. Ubi Kayu	5	4	3	2	1
	e. Sagu	5	4	3	2	1
2.	Protein					

	a. Ikan	5	4	3	2	1
	b. Ayam/Unggas	5	4	3	2	1
	c. Telur	5	4	3	2	1
	d. Daging	5	4	3	2	1
3.	Protein Nabati					
	a. Tahu	5	4	3	2	1
	b. Tempe	5	4	3	2	1
4.	Sayur					
	a.	5	4	3	2	1
	b.	5	4	3	2	1
	c.	5	4	3	2	1
	d.	5	4	3	2	1
5.	Buah					
	a.	5	4	3	2	1
	b.	5	4	3	2	1
	c.	5	4	3	2	1
	d.	5	4	3	2	1
K. ANTROPOMETRI						
H1	Tanggal Pengukuran	_____ / _____ / _____ (dd/mm/yyyy)				
H2	Nama Pengukuran	_____	Paraf			
H3	Hasil pengukuran Antropometri					
	Berat Badan	_____, _____ Kg			<input type="text"/> <input type="text"/> <input type="text"/>	
	Tinggi Badan	_____, _____ Cm			<input type="text"/> <input type="text"/> <input type="text"/>	
	Lingkar Lengan Atas	_____, _____ Cm			<input type="text"/> <input type="text"/> <input type="text"/>	

