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## LAMPIRAN

### Dokumentasi Pengambilan Sampel Dan Pengolahan Sampel Penelitian





## **PERNYATAAN KESEDIAAN MENJADI RESPONDEN**

Saya yang bertanda tangan di bawah ini:

Nama :

Alamat :

No. Tlp/Hp :

menyatakan bersedia untuk turut berpartisipasi sebagai responden penelitian yang dilakukan oleh dr. Haeriah Sabaruddin, mahasiswa Program Pendidikan Dokter Spesialis (PPDS) Fakultas Kedokteran Universitas Hasanuddin Makassar yang berjudul **“Hubungan Kadar Vitamin D Serum dengan Derajat Keparahan Asma”**

Tanda tangan saya menunjukkan bahwa saya telah diberi informasi dan penjelasan. Setelah mendapatkan penjelasan dan mengerti tentang penelitian ini, maka saya memutuskan bersedia untuk berpartisipasi dalam penelitian.

Makassar, Oktober 2023

Responden

(Tanda tangan)

## INSTRUMENT PENGUMPULAN DATA

Nama responden :  
 Jenis Kelamin :  
 Tanggal Lahir :  
 Usia :  
 Suku/ras :  
 Pendidikan :  
 Pekerjaan :  
 Lama terdiagnosa asma:  
 Berat badan :  
 Tinggi badan :  
 IMT :  
 Riwayat pencetus serangan asma /allergi :  
 ( ) Asap Rokok ( ) Obat-Obatan  
 ( ) Udara Dingin ( ) Makanan  
 ( ) Stress/ Emosi ( ) Infeksi Saluran Nafas  
 ( ) Kelelahan ( ) Debu

### Kuesioner Tes Kontrol Asma

NO	PERTANYAAN	Nilai				
1	Selama 4 minggu terakhir, seberapa sering asma mengganggu anda untuk melakukan pekerjaan sehari hari (kantor, rumah, sekolah, dll) ?					
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">1 Lebih dari 1 kali/hari</td> <td style="width: 20%; text-align: center;">2 1 kali sehari</td> <td style="width: 20%; text-align: center;">3 3-6 kali/seminggu</td> <td style="width: 20%; text-align: center;">4 1-2 kali/seminggu</td> <td style="width: 20%; text-align: center;">5 Tidak pernah</td> </tr> </table>	1 Lebih dari 1 kali/hari	2 1 kali sehari	3 3-6 kali/seminggu	4 1-2 kali/seminggu	5 Tidak pernah
1 Lebih dari 1 kali/hari	2 1 kali sehari	3 3-6 kali/seminggu	4 1-2 kali/seminggu	5 Tidak pernah		
2	Selama 4 minggu terakhir, seberapa sering anda mengalami sesak nafas?					
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">1 Selalu</td> <td style="width: 20%; text-align: center;">2 Sering</td> <td style="width: 20%; text-align: center;">3 Kadang- kadang</td> <td style="width: 20%; text-align: center;">4 Jarang</td> <td style="width: 20%; text-align: center;">5 Tidak pernah</td> </tr> </table>	1 Selalu	2 Sering	3 Kadang- kadang	4 Jarang	5 Tidak pernah
1 Selalu	2 Sering	3 Kadang- kadang	4 Jarang	5 Tidak pernah		
3	Selama 4 minggu terakhir, seberapa sering asma (mengi, batuk, sesak napas, sesak dada atau nyeri) menyebabkan anda terbangun malam hari /lebih awal?					
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">1 4 Kali/ lebih seminggu</td> <td style="width: 20%; text-align: center;">2 2-3 kali seminggu</td> <td style="width: 20%; text-align: center;">3 sekali seminggu</td> <td style="width: 20%; text-align: center;">4 1-2 kali sebulan</td> <td style="width: 20%; text-align: center;">5 Tidak pernah</td> </tr> </table>	1 4 Kali/ lebih seminggu	2 2-3 kali seminggu	3 sekali seminggu	4 1-2 kali sebulan	5 Tidak pernah
1 4 Kali/ lebih seminggu	2 2-3 kali seminggu	3 sekali seminggu	4 1-2 kali sebulan	5 Tidak pernah		
4	Selama 4 minggu terakhir, seberapa sering anda menggunakan obat semprot atau obat oral untuk melegakan pernafasan?					
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">1 3 kali /lebih sehari</td> <td style="width: 20%; text-align: center;">2 1-2 kali sehari</td> <td style="width: 20%; text-align: center;">3 2-3 kali seminggu</td> <td style="width: 20%; text-align: center;">4 1 kali seminggu</td> <td style="width: 20%; text-align: center;">5 tidak pernah</td> </tr> </table>	1 3 kali /lebih sehari	2 1-2 kali sehari	3 2-3 kali seminggu	4 1 kali seminggu	5 tidak pernah
1 3 kali /lebih sehari	2 1-2 kali sehari	3 2-3 kali seminggu	4 1 kali seminggu	5 tidak pernah		
5	Menurut anda, bagaimana tingkat kontrol asma anda dalam 4 minggu terakhir?					
	<table border="1" style="width: 100%; border-collapse: collapse;"> <tr> <td style="width: 20%; text-align: center;">1 Tidak terkontrol sama sekali</td> <td style="width: 20%; text-align: center;">2 Kurang terkontrol</td> <td style="width: 20%; text-align: center;">3 Cukup terkontrol</td> <td style="width: 20%; text-align: center;">4 Terkontrol dengan baik</td> <td style="width: 20%; text-align: center;">5 Terkontrol penuh</td> </tr> </table>	1 Tidak terkontrol sama sekali	2 Kurang terkontrol	3 Cukup terkontrol	4 Terkontrol dengan baik	5 Terkontrol penuh
1 Tidak terkontrol sama sekali	2 Kurang terkontrol	3 Cukup terkontrol	4 Terkontrol dengan baik	5 Terkontrol penuh		
<b>Total</b>						

#### Arti nilai ACT anda :

1. Nilai total 25 = Terkontrol penuh
2. Nilai total 20-24 = Terkontrol sebagian
3. Nilai total <19 = Tidak terkontrol

Your temporary usage period for IBM SPSS Statistics will expire in 4294 day s.

GET

```
FILE='E:\Februari 2024\dr. Meeriah (Pulmo)\Data set.sav'.
DATASET NAME DataSet1 WINDOW=FRONT.
FREQUENCIES VARIABLES=Usia_Kategorik JK INT_C Pekerjaan Derajat_Asma Deraja
t_Kontrol Eksaserbasi
Riw_Atopi VitD_K
/ORDER=ANALYSIS.
```

## Frequencies

[DataSet1] E:\Februari 2024\dr. Meeriah (Pulmo)\Data set.sav

### Statistics

		usia	Jenis Kelamin	Indeks Massa Tubuh (Kategori)	Pekerjaan	Derajat asma
N	Valid	72	72	72	72	72
	Missing	0	0	0	0	0

### Statistics

		Derajat kontrol asma	Eksaserbasi asma	Riwayat Atopi	Vitamin D
N	Valid	72	72	72	72
	Missing	0	0	0	0

## Frequency Table

### Usia

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Remaja-Dewasa	38	52.8	52.8	52.8
	Lansia	34	47.2	47.2	100.0
Total		72	100.0	100.0	

### Jenis Kelamin

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Laki-laki	28	38.9	38.9	38.9
	Perempuan	44	61.1	61.1	100.0
Total		72	100.0	100.0	

### Indeks Massa Tubuh (Kategori)

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	underweight	4	5.6	5.6	5.6
	normal	44	61.1	61.1	66.7
	Overweight/Obese	24	33.3	33.3	100.0
	Total	72	100.0	100.0	

### Pekerjaan

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Ibu Rumah Tangga	21	29.2	29.2	29.2
	Wiraswasta	16	22.2	22.2	51.4
	PHG	7	9.7	9.7	61.1
	Pensiunan	6	8.3	8.3	69.4
	Mahasiswa	14	19.4	19.4	88.9
	Pegari	4	5.6	5.6	94.4
	Kelayan	1	1.4	1.4	95.8
	Lainnya	3	4.2	4.2	100.0
	Total	72	100.0	100.0	

### Derajat asma

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Intermiten	28	38.9	38.9	38.9
	Persisten	44	61.1	61.1	100.0
	Total	72	100.0	100.0	

### Derajat kontrol asma

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Terkontrol penuh	4	5.6	5.6	5.6
	Terkontrol sebagian	46	62.5	62.5	68.1
	Tidak terkontrol	23	31.9	31.9	100.0
	Total	72	100.0	100.0	

### Crosstab

		Vitamin D		Total	
		Normal	Defisiensi		
usia	Remaja-Dewasa	Count	6	32	38
		% of Total	8.3%	44.4%	52.8%
	Lansia	Count	9	25	34
		% of Total	12.5%	34.7%	47.2%
Total		Count	15	57	72
		% of Total	20.8%	79.2%	100.0%

### Chi-Square Tests

	Value	df	Asymptotic Significance (2-sided)	Exact Sig. (2- sided)	Exact Sig. (1- sided)
Pearson Chi-Square	1.241 <sup>a</sup>	1	.265		
Continuity Correction <sup>b</sup>	.678	1	.410		
Likelihood Ratio	1.244	1	.265		
Fisher's Exact Test				.384	.205
Linear-by-Linear Association	1.224	1	.269		
N of Valid Cases	72				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 7.08.

b. Computed only for a 2x2 table

### Jenis Kelamin \* Vitamin D

#### Crosstab

		Vitamin D		Total	
		Normal	Defisiensi		
Jenis Kelamin	Laki-Laki	Count	6	22	28
		% of Total	8.3%	30.6%	38.9%
	Perempuan	Count	9	35	44
		% of Total	12.5%	48.6%	61.1%
Total		Count	15	57	72
		% of Total	20.8%	79.2%	100.0%



### Chi-Square Tests

	Value	df	Asymptotic Significance (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	.010 <sup>a</sup>	1	.921		
Continuity Correction <sup>b</sup>	.000	1	1.000		
Likelihood Ratio	.010	1	.921		
Fisher's Exact Test				1.000	.573
Linear-by-Linear Association	.010	1	.922		
N of Valid Cases	72				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5.83.

b. Computed only for a 2x2 table

### IMT \* Vitamin D

#### Crosstab

		Vitamin D		Total	
		Normal	Deficient		
IMT	<25	Count	8	40	48
		% of Total	11.1%	55.6%	66.7%
	>25	Count	7	17	24
		% of Total	9.7%	23.6%	33.3%
Total		Count	15	57	72
		% of Total	20.8%	79.2%	100.0%

### Chi-Square Tests

	Value	df	Asymptotic Significance (2-sided)	Exact Sig. (2-sided)	Exact Sig. (1-sided)
Pearson Chi-Square	1.516 <sup>a</sup>	1	.218		
Continuity Correction <sup>b</sup>	.853	1	.356		
Likelihood Ratio	1.462	1	.227		
Fisher's Exact Test				.234	.177
Linear-by-Linear Association	1.405	1	.221		
N of Valid Cases	72				

a. 0 cells (.0%) have expected count less than 5. The minimum expected count is 5.00.

b. Computed only for a 2x2 table