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# **APPENDIX**

## Appendix. 1 Proposal Seminar Invitation Letter



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,  
RISET, DAN TEKNOLOGI  
UNIVERSITAS HASANUDDIN  
FAKULTAS KEDOKTERAN GIGI  
**DEPARTEMEN ORAL BIOLOGI**  
Jl. Perintis Kemerdekaan Km. 10, Makassar 90245  
Telepon (0411) 586012, 584641 Faximile. (0411) 584641  
Laman: dent.unhas.ac.id

Nomor : 3433/UN4.13.7/PT.01.06/2022  
Hal : Undangan Seminar Proposal Skripsi

4 Oktober 2022

Kepada Yth.  
1. Dr. Nurlindah Hamrun, drg., M.Kes (Pembimbing)  
2. Rafikah Hasyim, drg., M.Biomed (Pengujii I)  
3. Dr. A. St. Asmidar Anas, drg., M.Kes (Pengujii II)  
**Fakultas Kedokteran Gigi Universitas Hasanuddin**  
Makassar

Dengan hormat, Bersama ini kami mengundang Bapak/Ibu untuk menghadiri Seminar Proposal Skripsi **secara daring by zoom** atas nama mahasiswa :

No	Nama	Nim	Judul
1.	Nurazizah Soraya Putri Darlan	J011201089	Peningkatan Tingkat Kecerahan Warna Email Gigi Setelah Aplikasi Ekstrak Stroberi ( <i>Fragaria x ananassa</i> ) dan Karbamid Peroksida
2.	Meyke Theresia Gracia Eden Wattimena	J011201160	Efektivitas Ekstrak Jahe ( <i>Zingiber Officinale Rosc</i> ) Terhadap Penurunan Kadar Bau Mulut (Halitosis)
3.	Anggun Dwitia Ramadhani	J011201113	Kemampuan Pasta Gigi Herbal Dalam Menghambat <i>Streptococcus Mutans</i>

Yang akan dilaksanakan pada :

Hari / Tanggal : Jumat, 7 Oktober 2022

Waktu : 20.00 WITA – selesai

Meeting ID : **839 1684 3816**

Passcode : **OB2021**

Atas perhatian dan partisipasi Bapak/Ibu, kami ucapkan terima kasih.



Prof. Dr. Irene Edith Rieuwpassa, drg., M.Si  
Nip. 19711012 199903 2 001

Tembusan :

1. Yang bersangkutan;
2. Arsip.



## Appendix. 2 Research Ethics



KEMENTERIAN RISET, TEKNOLOGI DAN PENDIDIKAN TINGGI  
vUNIVERSITAS HASANUDDIN  
FAKULTAS KEDOKTERAN GIGI  
RUMAH SAKIT GIGI DAN MULUT  
KOMITE ETIK PENELITIAN KESEHATAN  
Sekretariat : Lantai 2, Gedung Lama RSGM Unhas  
JL.Kande No. 5 Makassar  
Contact Person: drg. Muhammad Ikbal, Sp.Pros/Nur Aedah AR.TELP. 081342971011/08114919191



### REKOMENDASI PERETUJUAN ETIK

Nomor: 0134/PL.09/KEPK FKG-RSGM UNHAS/2022

Tanggal: 09 November 2022

Dengan ini menyatakan bahwa protokol dan dokumen yang berhubungan dengan protokol berikut ini telah mendapatkan persetujuan etik:

No. Protokol	UH 17120718	No Protokol Sponsor	
Peneliti Utama	Meyke Theresia Gracia Eden Wattimena	Sponsor	Pribadi
Judul Peneliti	Efektifitas Ekstrak Jahe (Zingber Officinale Rosc) terhadap Penurunan Kadar Bau Mulut (Halitosis)		
No. Versi Protokol	1	Tanggal Versi	07 November 2022
No. Versi Protokol		Tanggal Versi	
Tempat Penelitian	Makassar		
Dokumen Lain			
Jenis Review	<input checked="" type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input type="checkbox"/> Fullboard	Masa Berlaku 09 November 2022-09 November 2023	Frekuensi Review Lanjutan
Ketua Komisi Etik Penelitian	Nama: Dr. drg. Marhamah, M.Kes	Tanda Tangan 	Tanggal
Sekretaris Komisi Etik Penelitian	Nama: drg. Muhammad Ikbal, Sp.Pros	Tanda Tangan 	Tanggal

Kewajiban peneliti utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum diimplementasikan
- Menyerahkan laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan lapor SUSAR dalam 72 jam setelah peneliti utama menerima laporan.
- Menyerahkan laporan kemajuan (*progress report*) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah.
- Menyerahkan laporan akhir setelah penelitian berakhir.
- Melaporkan penyimpangan dari protokol yang disetujui (*protocol deviation/violation*)
- Mematuhi semua aturan yang berlaku.



Dipindai dengan CamScanner

### Attachment. 3 Result Seminar Invitation Letter



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,  
RISET, DAN TEKNOLOGI  
UNIVERSITAS HASANUDDIN  
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Jalan Perintis Kemerdekaan Km. 10, Makassar 90245  
Telepon (0411) 586012, Faximile (0411) 584641  
Laman www.unhas.ac.id Email fdhu@unhas.ac.id

Nomor : 02448/UN4.13.7/KM.00.03/2023 23 Juni 2023  
Hal : Revisi Undangan Seminar Hasil Skripsi

Yth.

1. Dr. Nurlindah Hamrun, drg., M.Kes (Pembimbing)  
2. Rafikah Hasyim, drg., M.Biomed (Penguji I)  
2. Dr. A. St. Asmidar Anas, drg., M.Kes (Penguji II)  
Fakultas Kedokteran Gigi Universitas Hasanuddin  
Makassar

Dengan hormat, Bersama ini kami mengundang Bapak/Ibu untuk menghadiri Seminar Hasil Skripsi atas nama mahasiswa:

No.	Nama	NIM	Judul
1.	Nurazizah Soraya Putri Darlan	J011201089	Peningkatan Tingkat Kecerahan Warna Email Gigi Setelah Aplikasi Ekstrak Stroberi ( <i>Fragaria x ananassa</i> ) dan Karbamid Peroksida
2.	Anggun Dwitia Ramadhani	J011201113	Kemampuan Beberapa Pasta Gigi Herbal Dalam Menghambat <i>Streptococcus Mutans</i>
3.	Meyke Theresia Gracia Eden Wattimena	J011201160	Efektivitas Ekstrak Jahe ( <i>Zingiber officinale Rose</i> ) Terhadap Penurunan Kadar Bau Mulut (Halitosis)

Yang akan dilaksanakan pada:

Hari/Tanggal : Selasa, 27 Juni 2023  
Waktu : 13.00 WITA s.d selesai  
Tempat : Ruang Kuliah S3 Lt.1, FKG Unhas

Demikian undangan kami, atas perhatian dan kehadirannya diucapkan terima kasih.

Ketua Departemen Fakultas Kedokteran Gigi



Prof. Dr. Irene Edith Rieuwpassa, drg., M.Si., PBO  
NIP 197110121999032001



## Attachment. 4 Attendance List of Result Seminar



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,  
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Telepon (0411) 586012, 584641 Faximile. (0411) 584641  
Laman: dent.unhas.ac.id

### DAFTAR HADIR PEMBIMBING DAN PENGUJI SEMINAR HASIL SKRIPSI DEPARTEMEN ORAL BIOLOGI FAKULTAS KEDOKTERAN GIGI

N a m a : Meyke Theresia Gracia Eden Wattimena  
NIM : J011201160  
Judul : "Efektivitas Ekstrak Jahe (Zingiber officinale Rosc) Terhadap Penurunan Kadar Bau Mulut (Halitosis)"  
Hari/Tanggal : Selasa, 27 Juni 2023  
Tempat : Ruang Kuliah S3 Lt.1 FKG Unhas

No.	Dosen Penguji	Jabatan	Tanda Tangan
1.	Dr. Nurlindah Hamrun, drg., M.Kes	Pembimbing	
2.	Rafikah Hasyim, drg., M.Biomed	Penguji I	
3.	Dr. A. St. Asmidar Anas, drg., M.Kes	Penguji II	



Makassar, 27 Juni 2023  
Ketua Departemen Oral Biologi,  
Prof.Dr.Irene Edith Rieuwpassa, M.Si., PBO  
NIP.197110121999032001



## Attachments. 5 Even News of Result Seminar



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,  
RISET, DAN TEKNOLOGI  
UNIVERSITAS HASANUDDIN  
FAKULTAS KEDOKTERAN GIGI  
**DEPARTEMEN ORAL BIOLOGI**  
Jl. Perintis Kemerdekaan Km. 10, Makassar 90245  
Telepon (0411) 586012, 584641 Faximile. (0411) 584641  
Laman: dent.unhas.ac.id

### BERITA ACARA SEMINAR HASIL SKRIPSI DEPARTEMEN ORAL BIOLOGI FAKULTAS KEDOKTERAN GIGI

Pada hari ini Selasa, tanggal **27 Juni 2023**, pukul **13.00** sampai dengan **16.00 WITA** bertempat di Ruang Kuliah S3 Lt.1 FKGM Unhas, telah dilaksanakan evaluasi nilai Seminar Hasil Skripsi bagi saudara:

Nama : Meyke Theresia Gracia Eden Wattimena  
NIM : J011201160  
Program Studi : Sarjana Kedokteran Gigi  
Judul : "Efektivitas Ekstrak Jahe (Zingiber officinale Rosc) Terhadap Penurunan Kadar Bau Mulut (Halitosis)"

No.	Dosen Penguji	Jabatan	Tanda Tangan
1.	Dr. Nurlindah Hamrun, drg., M.Kes	Pembimbing	
2.	Rafikah Hasyim, drg., M.Biomed	Penguji I	
3.	Dr. A. St. Asmidar Anas, drg., M.Kes	Penguji II	

Hasil keputusan tim penguji seminar hasil skripsi:  
**Lulus / Tidak Lulus** dengan nilai angka **90,66** dan huruf **A**



## Attachments. 6 Thesis Guidance Control Card



### KARTU KONTROL SKRIPSI

Nama : Meyke Theresia Gracia Eden Wattimena  
 NIM : J011201160  
 Dosen Pembimbing : Dr. drg. Nurlindah Hamrun, M.Kes  
 Judul : Efektivitas Ekstrak Jahe (Zingiber officinale Rosc) Terhadap Penurunan  
 Kadar Bau Mulut (Halitosis)

No.	Tanggal	Materi Konsultasi	Paraf	
			Pembimbing	Mahasiswa
1.	14/9/2022	Bimbingan Pertama dan Konsultasi Judul		
2.	23/9/2022	Bimbingan Bab 1,2,3,4		
3.	30/9/2022	Revisi Bab 1,2,3,4		
4.	3/10/2022	ACC Bab 1,2,3,4		
5.	7/10/2022	Seminar proposal		
6.	8/13/2023	Bimbingan Bab 5,6,7		
7.	29/15/2023	Revisi Bab 5,6,7		
8.	20/16/2023	ACC Bab 5,6,7		
9.	26/16/2023	Seminar Hasil		
10.	3/10/2023	Revisi Skripsi		
11.		ACC Skripsi		

Makassar, 4 Oktober 2023

Pembimbing

Dr. drg. Nurlindah Hamrun, M.Kes

## Appendix 7.

### Red Ginger Water Sprinkle 2%

No.	Name	Before Gargling Ginger Water	After Gargling Ginger Water
1.	Alisha zafirah ridwan	3	0
2.	Vylan lionel huslan	4	1
3.	Annisah dini yauri putri	3	0
4.	Rezky amelia putri	4	0
5.	Alya maharani irham	4	1
6.	Nurul afifah nasir	4	0
7.	Mutmainnah sakir	4	1
8.	Asad faiq bhagasqara	3	0
9.	Muhammad wildan aulia	4	1
10.	Satria mandala putra	4	0
11.	Moh. dawai kinansakti	4	1
12.	M. ayyub	3	0
13.	Dea amanda	4	0
14.	Maudy ashley tarima	3	1
15.	Cantika keisya azzahra	4	0

### **4% Red Ginger Water Slush**

<b>No.</b>	<b>Name</b>	<b>Before Gargling Ginger Water</b>	<b>After Gargling Ginger Water</b>
1.	Sakinah M. Tuasikal	4	0
2.	Salsabila Puspa Nurillah	3	0
3.	Hana Mulyani	4	1
4.	Endah Wulandari	3	0
5.	Vina Cantika	4	1
6.	Giony Giov Anny	4	1
7.	Ahmad Agil	3	0
8.	Muh. Rifqi Azis	4	0
9.	Star Man Russel Discuss	4	0
10.	Deschildza	4	1
11.	Sitti Keysha Yumna S.	3	0
12.	Wulandari Virgie Tappy	4	1
13.	Andi Abidah Rustam	3	0
14.	Victoria Uli Artha	4	0
15.	M. Raihan Qhardawi	4	0

### **6% Red Ginger Water Slush**

<b>No.</b>	<b>Name</b>	<b>Before Gargling Ginger Water</b>	<b>After Gargling Ginger Water</b>
1.	Dio Shah Utama	4	0
2.	Alfin Ferdiansyah Leo	4	0
3.	Zaky Askary Zahhaf	4	0
4.	Khenza Athallah	3	0
5.	Yogie Mahardika Arief	4	0
6.	Khoisah Ummi Utami	4	1
7.	Princess Regina Maharani	3	0
8.	Alifah Muliana	4	0
9.	Fatmawati	3	1
10.	Nisrina Nabilah Putri	4	0
11.	Early Firstita Pratama	4	0
12.	Ibra Ridho Johansyah	3	0
13.	Albertus Voldi Soulus	4	0
14.	Qismah Fadhilah Rauf	4	1
15.	Yunita Boron	4	0

## Appendix 8. SPSS Output

### T-Test

Group Statistics					
	Group_2%	N	Mean	Std. Deviation	Std. Error Mean
Concentration_2%	Pre_Test_2%	15	3.67	.488	.126
	Post_Test_2%	15	.40	.507	.131

### Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means	
		F	Sig.	t	df
Concentration_2%	Equal variances assumed	.516	.478	17.978	28
	Equal variances not assumed			17.978	27.959

### Independent Samples Test

		t-test for Equality of Means		
		Sig. (2-tailed)	Mean Difference	Std. Error Difference
Concentration_2%	Equal variances assumed	.000	3.267	.182
	Equal variances not assumed	.000	3.267	.182

### Independent Samples Test

		t-test for Equality of Means		
		95% Confidence Interval of the Difference		
Concentration_2%	Equal variances assumed	2.894	3.639	
	Equal variances not assumed	2.894	3.639	

T-TEST GROUPS=Kelompok\_4(1 2)  
 /MISSING=ANALYSIS  
 /VARIABLES=Concentration\_4  
 /CRITERIA=CI(.95).

### T-Test

#### Group Statistics

	Group_4%	N	Mean	Std. Deviation	Std. Error Mean
Concentration_4%	Pre_Test_4%	15	3.67	.488	.126
	Post_Test_4%	15	.33	.488	.126

#### Independent Samples Test

	Levene's Test for Equality of Variances		t-test for Equality of Means	
	F	Sig.	t	df
Concentration_4%	Equal variances assumed	.000	1.000	18.708 28
	Equal variances not assumed			18.708 28.000

#### Independent Samples Test

	t-test for Equality of Means	
	Mean Difference	Std. Error Difference
	Sig. (2-tailed)	
Concentration_4%	Equal variances assumed	.000 3.333 .178
	Equal variances not assumed	.000 3.333 .178

#### Independent Samples Test

	t-test for Equality of Means	
	95% Confidence Interval of the Difference	
	Lower	Upper
Concentration_4%	Equal variances assumed	2.968 3.698

Equal variances not assumed	2.968	3.698
-----------------------------	-------	-------

T-TEST GROUPS=Kelompok\_6(1 2)  
/MISSING=ANALYSIS  
/VARIABLES= Concentration\_6  
/CRITERIA=CI(.95).

### T-Test

Group Statistics					
Group_6%	N	Mean	Std. Deviation	Std. Error	
Concentration_6% Pre_Test_6%	15	3.73	.458	.118	
6% Post_Test_6%	15	.20	.414	.107	

### Independent Samples Test

	Levene's Test for Equality of Variances	t-test for Equality of Means			
		F	Sig.	t	df
Concentration_6% Equal variances assumed	.707	.408	22.171	28	
Concentration_6% Equal variances not assumed			22.171	27.723	

### Independent Samples Test

	t-test for Equality of Means	Mean Difference		Std. Error Difference
		Sig. (2-tailed)	Mean Difference	Std. Error Difference
Concentration_6% Equal variances assumed	.000	3.533	.159	
Concentration_6% Equal variances not assumed	.000	3.533	.159	

### Independent Samples Test

t-test for Equality of Means  
 95% Confidence Interval of the  
 Difference

		Lower	Upper
Concentration _6%	Equal variances assumed	3.207	3.860
	Equal variances not assumed	3.207	3.860

### Frequency Table

#### Pre\_Test\_2%

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Mild Halitosis	5	33.3	33.3	33.3
	Severe Halitosis	10	66.7	66.7	100.0
	Total	15	100.0	100.0	

#### Post\_Test\_2%

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No Halitosis	9	60.0	60.0	60.0
	Normal Halitosis	6	40.0	40.0	100.0
	Total	15	100.0	100.0	

**Pre\_Test\_4%**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Mild Halitosis	5	33.3	33.3	33.3
	Severe Halitosis	10	66.7	66.7	100.0
	Total	15	100.0	100.0	

**Post\_Test\_4%**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No Halitosis	10	66.7	66.7	66.7
	Normal Halitosis	5	33.3	33.3	100.0
	Total	15	100.0	100.0	

**Pre\_Test\_6%**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Mild Halitosis	4	26.7	26.7	26.7
	Severe Halitosis	11	73.3	73.3	100.0
	Total	15	100.0	100.0	

**Post\_Test\_6%**

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	No Halitosis	12	80.0	80.0	80.0
	Normal Halitosis	3	20.0	20.0	100.0
	Total	15	100.0	100.0	

## **Appendix 9. Research Documentation**



