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Lampiran 5 : Tabel PICOT

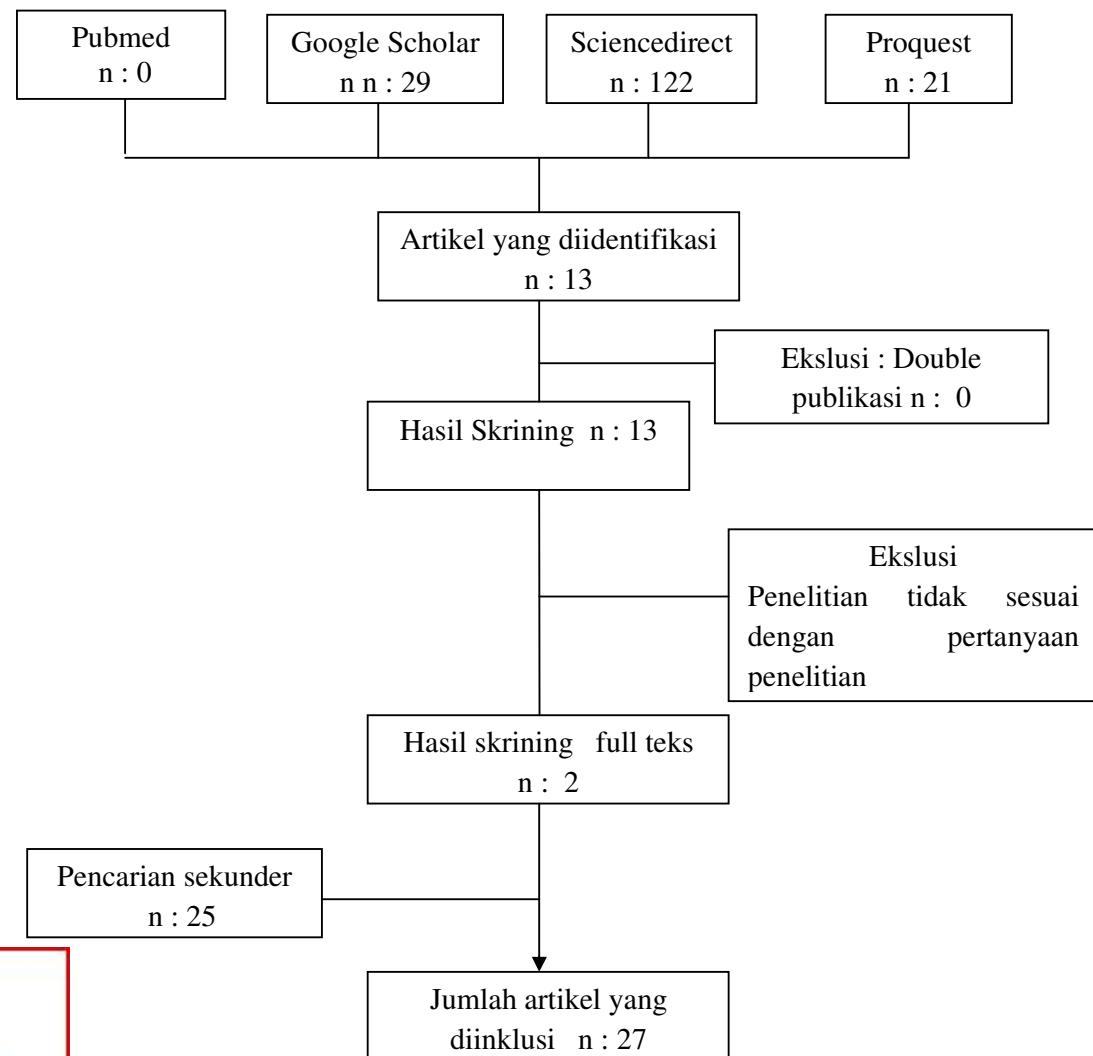
P	I	C	O	T
Breast cancer anxiety	Listening Holy Qur'an		Cortisol Levels	
Breast Cancer anxious	Listening recitation Qur'an		Salivary Cortisol	

Lampiran 6 : Tabel Komparasi

Kata Kunci PICOT	PubMED	Science Direct	Google Scholar	Proquest
“breast cancer and anxiety(title/abstract)”OR “breast cancer and anxious (title/abstract)” AND “Holy Qur'an recitation (title/abstract)” OR “reciting Holy Qur'an (title/abstract)” OR “reciting Qur'an (title/abstract)” AND “listening Qur'an (title/abstract)” OR “listeningHoly Qur'an (title/abstract)” AND “cortisol levels(title/abstract)” OR “salivary cortisol(title/abstract)” OR “serum cortisol(title/abstract)”	0	122	29	21



Lampira 7 : Algoritma Pencarian





Optimization Software:
www.balesio.com



MASTER TABEL PENELITIAN

NO	KODE RESP	UMUR KODE	UMUR KODE	PEND	JOB	STATUS	STADIUM	LAMA	PENYEBAB	STAI PRE INT		STAI PRE INT KODE		STAI POST INT		STAI POST INT KODE		KORTISOL SERUM	
				MENDERITA	ANSIETAS	STATE	TRAIT	STATE	TRAIT	STATE	TRAIT	STATE	TRAIT	STATE	TRAIT	STATE	TRAIT	PRE	POST
1	1	44	3	4	3	1	3	3	4	29	31	1	1	26	31	1	1	154,37	64,05
2	1	32	4	5	2	2	4	4	5	47	53	3	3	23	29	1	1	18,95	26,81
3	1	42	3	4	1	2	3	3	5	52	50	3	3	38	40	2	2	35,16	22,6
4	1	62	2	1	1	2	3	2	4	47	60	3	3	42	46	2	3	24,05	22,31
5	1	38	2	4	1	2	4	2	4	58	55	3	3	27	31	1	1	174,65	159,38
6	1	37	2	2	1	2	4	2	5	51	47	3	3	39	40	2	2	20,8	21,22
7	1	51	2	4	1	2	3	2	4	36	41	1	2	37	36	1	1	10,05	16,91
8	1	48	1	1	1	2	2	1	4	44	28	2	1	37	32	1	1	20,94	95,15
9	1	36	2	4	1	3	3	2	5	51	52	3	3	43	44	2	2	23,75	19,03
10	1	34	2	5	1	2	2	2	1	37	35	1	1	30	32	1	1	11,14	68,17
11	1	61	2	2	1	2	4	2	5	47	46	3	3	40	41	2	2	16,49	161,5
12	1	40	2	4	1	2	3	2	3	32	33	1	1	30	31	1	1	41,69	149,36
13	1	59	3	2	1	2	3	3	4	27	34	1	1	28	31	1	1	42,35	35,7
14	1	34	4	5	2	1	4	4	6	64	59	3	3	24	40	1	2	27,71	43,04
15	1	49	2	4	1	2	2	2	1	33	44	1	2	28	37	1	1	19,73	19,4
16	2	45	1	2	1	3	3	1	4	28	40	1	2	31	37	1	1	76,32	30,22
17	2	50	4	2	1	2	3	4	5	55	47	3	3	43	40	2	2	122,83	21,82
18	2	51	2	2	1	2	3	2	4	61	59	3	3	43	41	2	2	30,64	26,52
19	2	55	2	2	1	2	3	2	4	22	33	1	1	23	31	1	1	154,23	119,04
20	2	55	1	2	1	3	4	1	3	47	55	3	3	40	41	2	2	179,58	27,69
21	2	49	2	4	1	2	3	2	5	32	32	1	1	27	30	1	1	24,51	14,54
22	2	33	2	5	2	1	3	2	1	52	45	3	3	43	38	2	2	33,53	21,32
23	2	61	2	2	1	2	3	2	5	44	40	2	2	37	37	1	1	23,96	36,54



2	1	2	4	3	4	46	49	3	3	38	40	1	2	36,54	24,3
2	1	2	4	3	5	60	60	3	3	40	50	1	3	14,01	23,75
2	1	2	3	2	5	40	41	2	2	35	37	1	1	20,32	118,25
2	1	2	2	1	6	50	51	3	3	40	40	2	2	112,25	23,88
28	2	43	1	3	1	2	4	1	1	40	42	2	2	27	29
29	2	68	2	2	1	3	2	2	1	38	40	2	2	35	37
30	2	39	2	4	3	2	3	2	5	33	37	1	1	32	36
														1	1
														64,21	155,51

Keterangan

Kode Responden : 1 = Murottal. 2 = Mujawwad

Umur : 1 = 26-35 tahun. 2 = 36-45 tahun. 3 = 46-55 tahun. 4 = 56-65 tahun. 5 = 65 tahun ke atas

Pendidikan (Pend) : 1 = Tidak sekolah. 2 = SD. 3 = SMP. 4 = SMA. 5 = PT

Status : 1 = Belum menikah. 2 = Menikah. 3 = Janda.

Lama Menderita : 1= < 1 tahun. 2 = 1-2 tahun. 3 = 4-5 tahun. 4 = > 5 tahun.

Pekerjaan : 1 = IRT. 2 = Pegawai. 3 = Wiraswasta

STAI : 1 = Ansietas ringan (20-37). 2 = Ansietas sedang (38-44). 3 = Ansietas berat (45-80)

Stadium : 1= Kanker Stadium I. 2 = Kanker Stadium II. 3 = Kanker Stadium III.

Penyebab Ansietas : 1 = Tindakan operasi. 2 = Kematian. 3 = Kesalahan operasi. 4 = Kondisi keuangan. 5 = Keluarga. 6 = Lain-lain.

Lmpiran 9

HASIL UJI STATISTIK

1. Analisis Univariat

Statistics

	Umur Murottal	Umur Mujawwad
N Valid	15	15
Missing	0	0
Mean	44,47	49,27
Median	42,00	49,00
Std. Deviation	10,134	9,285
Minimum	32	33
Maximum	62	68

Umur Murottal

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Dewasa Awal (26- 35 tahun)	3	20,0	20,0	20,0
Dewasa Akhir (36- 45 tahun)	6	40,0	40,0	60,0
Lansia Awal (46- 55 tahun)	3	20,0	20,0	80,0
Iansia Akhir (56 – 65 tahun)	3	20,0	20,0	100,0
Total	15	100,0	100,0	

Pendidikan Murottal

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Tidak sekolah	2	13,3	13,3	13,3
SD	3	20,0	20,0	33,3
SMA	7	46,7	46,7	80,0
PT	3	20,0	20,0	100,0
Total	15	100,0	100,0	

Pekerjaan Murottal

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid IRT	12	80,0	80,0	80,0
Pegawai	2	13,3	13,3	93,3
Wiraswasta	1	6,7	6,7	100,0
Total	15	100,0	100,0	

Status Perkawinan Murottal

	Frequency	Percent	Valid Percent	Cumulative Percent
Valid Belum menikah	2	13,3	13,3	13,3
Menikah	12	80,0	80,0	93,3
Janda	1	6,7	6,7	100,0
Total	15	100,0	100,0	



Stadium Penyakit Murottal

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2	3	20,0	20,0	20,0
	3	7	46,7	46,7	66,7
	4	5	33,3	33,3	100,0
	Total	15	100,0	100,0	

Lama Menderita Penyakit Murottal

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0-1 Tahun	1	6,7	6,7	6,7
	2-3 Tahun	9	60,0	60,0	66,7
	4-5 tahun	3	20,0	20,0	86,7
	Lebih 5 Tahun	2	13,3	13,3	100,0
	Total	15	100,0	100,0	

Penyebab Ansietas murottal

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	1	3	20,0	20,0	20,0
	3	1	6,7	6,7	26,7
	4	4	26,7	26,7	53,3
	5	6	40,0	40,0	93,3
	6	1	6,7	6,7	100,0
	Total	15	100,0	100,0	

Umur Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Dewasa Awal (26- 35 tahun)	1	6,7	6,7	6,7
	Dewasa Akhir (36- 45 tahun)	5	33,3	33,3	40,0
	Lansia Awal (46- 55 tahun)	6	40,0	40,0	80,0
	Iansia Akhir (56 – 65 tahun)	2	13,3	13,3	93,3
	Lansia (68 tahun)	1	6,7	6,7	100,0
	Total	15	100,0	100,0	

Pekerjaan Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	SD	9	60,0	60,0	60,0
	SMP	2	13,3	13,3	73,3
	SMA	3	20,0	20,0	93,3
	PT	1	6,7	6,7	100,0
	Total	15	100,0	100,0	



Pendidikan Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	IRT	13	86,7	86,7	86,7
	Pegawai	1	6,7	6,7	93,3
	Wiraswasta	1	6,7	6,7	100,0
	Total	15	100,0	100,0	

Status Perkawinan Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Belum menikah	1	6,7	6,7	6,7
	Menikah	11	73,3	73,3	80,0
	Janda	3	20,0	20,0	100,0
	Total	15	100,0	100,0	

Stadium Penyakit Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	2	2	13,3	13,3	13,3
	3	9	60,0	60,0	73,3
	4	4	26,7	26,7	100,0
	Total	15	100,0	100,0	

Lama Menderita Penyakit Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	0-1 Tahun	4	26,7	26,7	26,7
	2-3 Tahun	8	53,3	53,3	80,0
	4-5 tahun	2	13,3	13,3	93,3
	Lebih 5 Tahun	1	6,7	6,7	100,0
	Total	15	100,0	100,0	

Penyebab Ansietas Mujawwad

		Frequency	Percent	Valid Percent	Cumulative Percent
Valid	Tindakan operasi	3	20,0	20,0	20,0
	Kesalahan operasi	1	6,7	6,7	26,7
	Kondisi keuangan	4	26,7	26,7	53,3
	Keluarga	6	40,0	40,0	93,3
	Lain-lain	1	6,7	6,7	100,0
	Total	15	100,0	100,0	



2. Uji Homogenitas

Umur

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	3,291 ^a	4	,510
Likelihood Ratio	3,745	4	,442
N of Valid Cases	30		

a. 8 cells (80,0%) have expected count less than 5. The minimum expected count is ,50.

Pendidikan

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	9,600 ^a	4	,048
Likelihood Ratio	11,377	4	,023
Linear-by-Linear Association	2,108	1	,147
N of Valid Cases	30		

a. 6 cells (60,0%) have expected count less than 5. The minimum expected count is 1,00.

Pekerjaan

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	,373 ^a	2	,830
Likelihood Ratio	,380	2	,827
Linear-by-Linear Association	,103	1	,748
N of Valid Cases	30		

a. 4 cells (66,7%) have expected count less than 5. The minimum expected count is 1,00.

Status Perkawinan

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	1,377 ^a	2	,502
Likelihood Ratio	1,430	2	,489
Linear-by-Linear Association	1,249	1	,264
N of Valid Cases	30		

a. 4 cells (66,7%) have expected count less than 5. The minimum expected count is 1,50.

Stadium

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	,561 ^a	2	,755
Likelihood Ratio	,563	2	,755
Linear-by-Linear Association	,000	1	1,000
N of Valid Cases	30		

a. 4 cells (66,7%) have expected count less than 5. The minimum expected count is 2,50.



Lama Menderita Penyakit

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	2,392 ^a	3	,495
Likelihood Ratio	2,527	3	,470
Linear-by-Linear Association	1,673	1	,196
N of Valid Cases	30		

a. 6 cells (75,0%) have expected count less than 5. The minimum expected count is 1,50.

Penyebab Ansietas

Chi-Square Tests

	Value	df	Asymp. Sig. (2-sided)
Pearson Chi-Square	,000 ^a	4	1,000
Likelihood Ratio	,000	4	1,000
Linear-by-Linear Association	,000	1	1,000
N of Valid Cases	30		

a. 8 cells (80,0%) have expected count less than 5. The minimum expected count is 1,00.

3. Uji Paired Samples Test

STAI

Paired Samples Statistics

		Mean	N	Std. Deviation	Std. Error Mean
Pair 1	State Anxiety Pre Nilai Murottal	43,67	15	10,939	2,824
	State Anxiety Post Nilai Murottal	32,80	15	6,847	1,768
Pair 2	Trait Anxiety Pre Nilai Murottal	44,53	15	10,446	2,697
	Trait Anxiety Post Nilai Murottal	35,93	15	5,230	1,350
Pair 3	State Anxiety Pre Nilai Mujawwad	43,07	15	11,671	3,013
	State Anxiety Post Nilai Mujawwad	35,60	15	6,390	1,650
Pair 4	Trait Anxiety Pre Nilai Mujawwad	44,73	15	8,672	2,239
	Trait Anxiety Post Nilai Mujawwad	37,60	15	5,166	1,334

Paired Samples Correlations

		N	Correlation	Sig.
Pair 1	State Anxiety Pre Nilai Murottal & State Anxiety Post Nilai Murottal	15	,167	,552
Pair 2	Trait Anxiety Pre Nilai Murottal & Trait Anxiety Post Nilai Murottal	15	,589	,021
Pair 3	State Anxiety Pre Nilai Mujawwad & State Anxiety Post Nilai Mujawwad	15	,885	,000
Pair 4	Trait Anxiety Pre Nilai Mujawwad & Trait Anxiety Post Nilai Mujawwad	15	,836	,000



		Paired Samples Test						t	Df	Sig. (2-tailed)			
		Paired Differences											
		Mean	Std. Deviation	Std. Error Mean	95% Confidence Interval of the Difference								
					Lower	Upper							
Pair 1	State Anxiety Pre Nilai Murottal - State Anxiety Post Nilai Murottal	10,867	11,898	3,072	4,278	17,455	3,537	14	,003				
Pair 2	Trait Anxiety Pre Nilai Murottal - Trait Anxiety Post Nilai Murottal	8,600	8,492	2,193	3,897	13,303	3,922	14	,002				
Pair 3	State Anxiety Pre Nilai Mujawwad - State Anxiety Post Nilai Mujawwad	7,467	6,707	1,732	3,753	11,181	4,312	14	,001				
Pair 4	Trait Anxiety Pre Nilai Mujawwad - Trait Anxiety Post Nilai Mujawwad	7,133	5,194	1,341	4,257	10,010	5,319	14	,000				

4. Uji Wilcoxon

Kortisol Murottal/Mujawwad

	Descriptive Statistics						Percentiles		
	N	Mean	Std. Deviation	Minimum	Maximum	25th	50th (Median)		75th
Kortisol Pre Murottal	15	42,7887	50,47227	10,05	174,65	18,9500	23,7500	41,6900	
Kortisol Pre Mujawwad	15	61,9007	54,78025	14,01	179,58	20,3200	33,5300	112,2500	
Kortisol Post Murottal	15	61,6421	54,06910	16,91	161,50	21,2200	35,7000	95,1500	
Kortisol Post Mujawwad	15	54,7847	52,52528	14,54	155,57	22,8200	26,5200	118,2500	

		N	Mean Rank	Sum of Ranks
Kortisol Post Murottal -	Negative Ranks	7 ^a	6,14	43,00
Kortisol Pre Murottal	Positive Ranks	8 ^b	9,63	77,00
	Ties	0 ^c		
	Total	15		
Kortisol Post Mujawwad -	Negative Ranks	9 ^d	7,89	71,00
Kortisol Pre Mujawwad	Positive Ranks	6 ^e	8,17	49,00
	Ties	0 ^f		
	Total	15		

a. Kortisol Post Murottal < Kortisol Pre Murottal

b. Kortisol Post Murottal > Kortisol Pre Murottal

c. Kortisol Post Murottal = Kortisol Pre Murottal

d. Kortisol Post Mujawwad < Kortisol Pre Mujawwad

e. Kortisol Post Mujawwad > Kortisol Pre Mujawwad

f. Kortisol Post Mujawwad = Kortisol Pre Mujawwad



Test Statistics^c

	Kortisol Post Murottal - Kortisol Pre Murottal	Kortisol Post Mujawwad - Kortisol Pre Mujawwad
Z	-,966 ^a ,334	-,625 ^b ,532

a. Based on negative ranks.

b. Based on positive ranks.

c. Wilcoxon Signed Ranks Test

5. Independent Samples Test

Group Statistics

KODE RESPONDEN			N	Mean	Std. Deviation	Std. Error Mean
State Pre	Murottal		15	43,67	10,939	2,824
	Mujawwad		15	43,07	11,671	3,013
State Post	Murottal		15	32,80	6,847	1,768
	Mujawwad		15	35,60	6,390	1,650
Trait Pre	Murottal		15	44,53	10,446	2,697
	Mujawwad		15	44,73	8,672	2,239
Trait Post	Murottal		15	35,93	5,230	1,350
	Mujawwad		15	37,60	5,166	1,334

Independent Samples Test

		Levene's Test for Equality of Variances		t-test for Equality of Means						
		F	Sig.	t	df	Sig. (2- tailed)	Mean Differenc e	Std. Error Differenc e	95% Confidence Interval of the Difference	
									Lower	Upper
State Pre	Equal variances assumed	,022	,883	,145	28	,886	,600	4,130	-7,860	9,060
	Equal variances not assumed			,145	27,883	,886	,600	4,130	-7,862	9,062
State Post	Equal variances assumed	,793	,381	-1,158	28	,257	-2,800	2,418	-7,753	2,153
	Equal variances not assumed			-1,158	27,867	,257	-2,800	2,418	-7,754	2,154
Trait Pre	Equal variances assumed	,905	,350	-,057	28	,955	-,200	3,506	-7,381	6,981
	Equal variances not assumed			-,057	27,083	,955	-,200	3,506	-7,392	6,992
Trait Post	Equal variances assumed	,904	,350	-,878	28	,387	-1,667	1,898	-5,555	2,221
	Equal variances not assumed			-,878	27,996	,387	-1,667	1,898	-5,555	2,221



6. Uji Mann Whitney

Descriptive Statistics

	N	Mean	Std. Deviation	Minimum	Maximum	Percentiles		
						25th	50th (Median)	75th
Kortisol Pre	30	52,3447	52,65898	10,05	179,58	19,5350	26,1100	67,2375
Kortisol Post	30	58,2134	52,49167	14,54	161,50	22,1853	27,2505	100,9250
Kode Responden	30	1,50	,509	1	2	1,00	1,50	2,00

Ranks

KODE RESPONDEN		N	Mean Rank	Sum of Ranks
Kortisol Pre	Murottal	15	13,60	204,00
	dimension1 Mujawwad	15	17,40	261,00
	Total	30		
Kortisol Post	Murottal	15	15,67	235,00
	dimension1 Mujawwad	15	15,33	230,00
	Total	30		

Test Statistics^b

	Kortisol Pre	Kortisol Post
Mann-Whitney U	84,000	110,000
Wilcoxon W	204,000	230,000
Z	-1,182	-,104
Asymp. Sig. (2-tailed)	,237	,917
Exact Sig. [2*(1-tailed Sig.)]	,250 ^a	,935 ^a

a. Not corrected for ties.

b. Grouping Variable: Responden



Lampiran 10

LEMBAR PENJELASAN UNTUK RESPONDEN

Assalamu'alaikum Warahmatullahi Wabarakatuh. Perkenalkan nama saya **Hasnani Hakim**. Saya adalah Mahasiswa Program Studi Magister Ilmu Keperawatan Fakultas Kedokteran Universitas Hasanuddin, Saat ini sedang melakukan penelitian untuk tesis dengan judul "**Efektifitas Terapi Murottal dan Mujawwad Terhadap Penurunan Ansietas dan Kadar Kortisol Pada Pasien Kanker Payudara Di RSUP Dr. Wahidin Sudirohusodo dan Rumah Sakit Universitas Hasanuddin**". Manfaat penelitian ini adalah dapat menurunkan ansietas dan meningkatkan kenyamanan. Pengambilan data dalam penelitian ini dilakukan selama 4 kali pertemuan, dimana pertemuan pertama dilakukan skrining awal untuk mendapatkan responden sesuai dengan kriteria inklusi dan eksklusi dengan memberikan kuisioner penelitian. Setelah mendapatkan kriteria yang diinginkan, maka pada pertemuan kedua akan dilakukan pengambilan darah 3 cc oleh perawat yang berkompeten yang bertugas di ruang perawatan. Pada saat pengambilan darah dapat responden akan merasakan nyeri ringan pada saat penusukan. Setelah itu Ibu/Saudari akan diberi sebuah perlakuan dengan memperdengarkan bacaan selama 30 menit. Untuk pertemuan ketiga, Ibu/Saudari akan diberi perlakuan yang sama diperdengarkan bacaan Qur'an dan pada hari keempat, Ibu/Saudari akan diberi perlakuan yang sama diperdengarkan bacaan Qur'an dan setelah diberi perlakuan, Ibu/Saudari diminta kesedianya mengisi kuisioner penelitian dan dilakukan pengambilan bahan darah 3 cc. Pengisian kuisioner dan pengambilan darah dilakukan untuk etahui tingkat kecemasan dan kadar kortisol serum dari responden. kuan/intervensi yang diberikan tidak akan menimbulkan efek samping n perlakuan/intervensi ini selain dapat menurunkan kecemasan yang



Ibu/Saudari hadapi, perlakuan ini juga insya Allah dapat berpahala buat Ibu/Saudari.

Responden akan dinyatakan *drop out* apabila tidak mengikuti penelitian ini hingga pertemuan kedua. Peneliti akan menjaga kerahasiaan identitas dan jawaban Ibu/Saudari berikan jika bersedia menjadi responden dalam penelitian ini, saya sebagai peneliti sangat berharap Ibu/Saudari dapat mengikuti penelitian ini tanpa paksaan apapun dan memberikan jawaban dengan sejujur – jujurnya tanpa sesuai dengan kondisi dan perasaan Ibu/Saudari.

Apabila Ibu/Saudari ingin mengundurkan diri selama proses penelitian ini berlangsung jika ada hal-hal yang kurang berkenan, Ibu/Saudari dapat mengungkapkan langsung atau menelpon peneliti dan hal ini tidak akan mengurangi pelayanan yang Ibu/Saudari dapatkan selama dirawat di RS Dr. Wahidin Sudirohusodo dan RS Unhas. Sebagai bentuk terima kasih peneliti pada Ibu/Saudari atas partisipasinya dalam penelitian ini, peneliti akan memberikan *reward* berupa barang yang akan diberikan pada hari keempat.

Jika Ibu/Saudari bersedia mengikuti penelitian ini, silahkan menandatangani lembar persetujuan responden. Apabila terdapat hal – hal yang kurang jelas sehubungan dengan penelitian ini, Ibu/Saudari dapat menghubungi saya (Hasnani Hakim/ HP. 085 259 153 498)

Makassar, 2018

Peneliti utama

Hasnani Hakim, S.Kep, Ns



Optimization Software:
www.balesio.com

Lampiran 11

PERSETUJUAN MENJADI RESPONDEN

Saya yang bertanda tangan dibawah ini :

No. responden :

Inisial :

Usia :

Alamat / No Telepon :

Setelah mendengar, membaca dan memahami penjelasan yang diberikan oleh peneliti, maka saya bersedia menjadi responden pada penelitian yang dilakukan oleh Hasnani Hakim yang berjudul **“Efektifitas Terapi Murottal dan Mujawwad Terhadap Penurunan Ansietas dan Kadar Kortisol pada Pasien Kanker Payudara di RSUP Dr. Wahidin Sudirohusodo dan Rumah Sakit Universitas Hasanuddin”**.

Saya menjadi responden karena keinginan saya sendiri tanpa ada paksaan dari pihak manapun dan saya akan menjawab seluruh pertanyaan yang bersangkutan dalam penelitian ini dengan sejajar – jujurnya sesuai dengan kondisi dan perasaan saya yang sebenarnya.

Adapun data yang diperoleh dalam penelitian ini yang bersumber dari saya sebagai responden, dapat dipublikasikan dengan tidak akan mencantumkan nama kecuali nomor responden.

	Nama	Tanda Tangan	Tgl/Bln/Thn
Responden	:
Saksi I	:
Saksi II	:

Penanggung Jawab Penelitian

Penanggung Jawab Medis

Nama : Hasnani Hakim, S.Kep, Ns Nama:Dr.dr.PrihantonoSp.B(K)Onk, M.Kes

Alamat : BTN Minasa Upa Blok G4 /4 Alamat : Graha Lestari Makassar D1/5

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Lampiran 12

KUESIONER PENGUKURAN ANSIETAS *SPIELBERGER STATE-TRAIT ANXIETY INVENTORY (STAI)*

A. Data Demografi

Tanggal

Kode Resp :
Umur : Tahun
Pendidikan : Tidak Sekolah SD SMP SMA Perguruan Tinggi
Pekerjaan :
Status Pernikahan : Menikah Belum Menikah Janda Duda
Sudah berapa lama anda menderita penyakit ini? bulan Tahun
Stadium : I II III IV
Penyebab anda khawatir saat ini :
 Tindakan operasi yang akan dilakukan Kematian Kesalahan operasi
 Kondisi Keuangan Keluarga Lain – lain

B. Pernyataan *State Anxiety*

Sejumlah pernyataan ini digunakan untuk menggambarkan diri seseorang. Baca setiap pernyataan dan kemudian beri tanda **ceklis** (✓) untuk pilihan jawaban yang paling tepat di sebelah kanan pernyataan yang menunjukkan **bagaimana perasaan Anda saat ini**. Tidak ada jawaban benar atau salah. Jangan menghabiskan terlalu banyak waktu pada satu pernyataan tetapi memberikan jawaban yang tampaknya untuk menggambarkan perasaan anda saat ini.

No	Pernyataan	Tidak Sama	Kurang	Cukup	Sangat Merasakan
----	------------	------------	--------	-------	------------------



		Sekali			
1.	Saya merasa tenang				
2.	Saya merasa aman				
3.	Saya merasa tegang				
4.	Saya merasa tertekan				
5.	Saya merasa tenteram				
6.	Saya merasa terganggu				
7.	Saya saat ini merisaukan kemungkinan terjadi sesuatu yang tidak diinginkan				
8.	Saya merasa puas				
9.	Saya merasa takut				
10.	Saya merasa nyaman				
11.	Saya merasa percaya diri				
12.	Saya merasa gugup				
13.	Saya gelisah				
14.	Saya merasa sulit mengambil keputusan				
15.	Saya merasa santai				
16.	Saya merasa senang				
17.	Saya merasa khawatir				
18.	Saya bingung				
19.	Saya merasa tegar				
20.	Saya merasa damai				

C. Pernyataan *Trait Anxiety*

Sejumlah pernyataan ini digunakan untuk menggambarkan diri seseorang. Baca setiap pernyataan dan kemudian beri tanda **ceklist** (✓) untuk pilihan jawaban yang paling tepat di sebelah kanan pernyataan yang menunjukkan **bagaimana biasanya perasaan Anda satu bulan terakhir ini**. Tidak ada jawaban benar atau salah. Jangan menghabiskan terlalu banyak waktu pada satu pernyataan tetapi memberikan jawaban yang tampaknya untuk menggambarkan perasaan anda satu bulan terakhir.



No	Pernyataan	Hampir tidak pernah	Kadang-kadang	Sering	Hampir selalu
21.	Saya merasa gembira				

22.	Saya merasa gugup dan gelisah			
23.	Saya merasa puas dengan diri saya			
24.	Saya berharap dapat bahagia seperti yang dirasakan orang lain			
25.	Saya merasa gagal			
26.	Saya merasa tenang			
27.	Saya sabar, santai dan teliti			
28.	Saya merasa beban saya menumpuk sehingga saya tidak dapat mengatasinya			
29.	Saya terlalu khawatir terhadap sesuatu yang sesungguhnya tidak menjadi persoalan			
30.	Saya merasa bahagia			
31.	Ada yang mengganggu pikiran saya			
32.	Saya kurang percaya diri			
33.	Saya merasa aman.			
34.	Saya membuat keputusan dengan mudah.			
35.	Saya merasa ada yang kurang dalam hidup saya.			
36.	Saya merasa senang.			
37.	Beberapa hal sepele sering ada di pikiran saya dan mengganggu saya.			
38.	Saya merasa kecewa dan tidak dapat berhenti memikirkan kekecewaan saya.			
39.	Saya orang yang tegar.			
40.	Saya menjadi tegang dan terganggu saat memikirkan hal-hal yang merisaukan atau yang sangat menarik bagi saya.			



Terimakasih telah berpartisipasi dalam penelitian ini