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LAMPIRAN 1

INFORM CONSENT

PERAN FAKTOR SANITASI DAN NEUTROFIL LIMFOSIT RATIO (NLR) TERHADAP LUARAN KEHAMILAN PADA IBU HAMIL YANG MENERIMA EKSTRAK DAUN KELOR (*Moringa oleifera*) SEJAK MASA PRAKONSEPSI DI KABUPATEN TAKALAR

Assalamualaikum wr. wb

Yang terhormat Ibu, perkenalkan nama kami dr.Miranti, M.Kes dan tim, pada kesempatan kali ini kami mohon kesediaan Ibu untuk berkenan menjadi responden penelitian dengan judul tersebut di atas, sehingga kami akan menanyakan kepada Ibu beberapa pertanyaan yang berkaitan dengan Sanitasi dan Kesehatan, serta kesediaan pengambilan sampel darah. Untuk jawaban yang Ibu berikan dan hasil pemeriksaan darah tersebut akan kami kaji dan senoga kedepan akan menjadi informasi dan bermanfaat bagi peningkatan program kesehatan di kabupaten Takalar dan kami menjamin kerahasiaannya.

Apakah Ibu bersedia menjadi responden pada penelitian ini?

1. Ya
2. Tidak

Atas bantuan dan kesediaan waktu yang telah Ibu berikan, kami ucapkan terimakasih. Wassalamualaikum wr. wb.

LEMBAR PERSETUJUAN (INFORM COSENT)

Setelah mendengar penjelasan tentang mengenai tujuan penelitian, prosedur penelitian, manfaat dan inti dari kuesioner ini. Saya mengerti bahwa:

- Pada diri saya akan dilakukan wawancara sesuai dengan pertanyaan pada kuesioner Maka dengan ini saya yang bertanda tangan di bawah ini:

Nama ibu : _____
 Umur : _____ tahun
 Alamat : _____
 Wilayah Puskesmas : _____
 Usia Kehamilan : _____
 No. Telepon : _____

Menyatakan setuju untuk berpartisipasi sebagai subyek penelitian ini secara sukarela dan bebas tanpa ada paksaan, dengan catatan apabila merasa dirugikan dalam penelitian ini dalam bentuk apapun berhak membatalkan persetujuan ini.

_____, tanggal __/__/2021

Pembuat pernyataan,

(_____)

LAMPIRAN 2**SOP PENGAMBILAN DARAH VENA DAN SALIVA****PENELITIAN EKSTRAK DAUN KELOR DAN IFA DI KECAMATAN
POLOMBANGKENG KABUPATEN TAKALAR**

1. Pengambilan darah vena sebaiknya dilakukan pada pagi hari sebelum sarapan setelah tidak makan selama 8-10 jam, apabila tidak memungkinkan dilakukan pada waktu kapanpun sepanjang hari.
2. Pengambilan saliva dapat dilakukan kapanpun tanpa persiapan khusus
3. Pengambilan darah vena dilakukan oleh petugas kesehatan terampil seperti perawat atau analis
4. Darah vena ditampung di tabung vacutainer EDTA warna ungu untuk pemeriksaan hematologi dan vacutainer merah untuk pemeriksaan kimia klinik dan imunologi.
5. Pengambilan saliva dilakukan oleh subjek penelitian sendiri dan ditampung dalam tabung merah
6. Tabung darah dan saliva diberi label dan dicantumkan nama, umur dan kode sampel yang disepakati peneliti.
7. Sampel didata dan diberi kode untuk memudahkan penyusunan dan penelusuran data
8. Pemberian kode dilakukan oleh enumerator
9. Darah EDTA sebaiknya langsung diperiksa dengan alat pemeriksaan Hematology analyzer 5 diff dan apabila tdk memungkinkan disimpan di lemari es suhu 2-8 °C hingga 2 hari
10. Pemisahan serum dilakukan dari tabung merah dengan sentrifus 10 menit 3500 rpm. Serum dipisahkan dalam cup-cup sampel minimal 1 ml per cup sampel, diusahakan sebanyak mungkin cup sampel (replik) untuk mengantisipasi pengulangan pemeriksaan.
11. Serum dan saliva dapat disimpan di freezer suhu -20°C atau -80°C hingga pemeriksaan dilakukan
12. Pengiriman serum/darah EDTA/saliva ke Makassar dilakukan dengan tromol es untuk menjaga suhu sampel darat.
13. Sampel yang di terima di Laboratorium humRC UNHAS dan disimpan dalam lemari es hingga waktu pemeriksaan sampel.
14. Sampel serum dan saliva diperiksa dengan metode ELISA
15. Hasil pemeriksaan dikirimkan ke peneliti dalam bentuk excel.
16. Sisa sampel serum disimpan hingga 6 bulan sejak pengambilan sampel apabila dibutuhkan di kemudian hari

LAMPIRAN 3 REKOMENDASI ETIK



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN
RISET, DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT

Jln. Perintis Kemerdekaan Km.10 Makassar 90245, Telp.(0411) 585658,
E-mail : fkm.unhas@gmail.com, website: <https://fkm.unhas.ac.id/>

REKOMENDASI PERSETUJUAN ETIK

Nomor : 4885/UN4.14.1/TP.02.02/2021

Tanggal : 2 Agustus 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No.Protokol	05111993029	No. Sponsor Protokol	
Peneliti Utama	Abdul Faris	Sponsor	Pribadi
Judul Peneliti	Efek Pemberian Ekstrak Daun Kelor (Moringa Oleifera) Pada Wanita Prakonsepsi terhadap Kadar Hemoglobin, Hepsidin dan Ferritin serta Outcome Pada Kehamilan Trimester III di Kecamatan Polongbangkeng Utara Takalar		
No.Versi Protokol	1	Tanggal Versi	5 November 2019
No.Versi PSP	1	Tanggal Versi	5 November 2019
Tempat Penelitian	Kecamatan Polongbangkeng Utara, Kabupaten Takalar		
Judul Review	<input type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input checked="" type="checkbox"/> Fullboard	Masa Berlaku 2 Agustus 2022 Sampai 2 Agustus 2023	Frekuensi review lanjutan
Ketua Komisi Etik Penelitian	Nama : Prof.dr.Veni Hadju,M.Sc,Ph.D	Tanda tangan 	Tanggal 2 Agustus 2022
Sekretaris komisi Etik Penelitian	Nama : Dr. Wahiduddin, SKM.,M.Kes	Tanda tangan 	Tanggal 2 Agustus 2022

Kewajiban Peneliti Utama :

1. Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
2. Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
3. Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
4. Menyerahkan laporan akhir setelah Penelitian berakhir
5. Melaporakn penyimpangan dari protocol yang disetujui (protocol deviation/violation)
6. Mematuhi semua peraturan yang ditentukan



LAMPIRAN 4**CURICULUM VITAE****I. DATA PRIBADI**

1. Nama : Abdul Faris
2. NIP : 19811214 200812 2 001
3. Jenis Kelamin : Pria
4. Agama : Islam
5. Tempat Tanggal lahir : Dompu, 03 Nopember 1968
6. Alamat : Metro palu regency blok J/6, Kota palu
7. Institusi : RSUD Anutapura Palu Sulawesi Tengah

II. RIWAYAT PENDIDIKAN

1. SDN 8 Dompu, NTB, lulus tahun 1981
2. SMP Negeri 1 Dompu, NTB, lulus tahun 1984
3. SMA Negeri 1 Dompu, NTB, lulus tahun 1987
4. Sarjana Kedokteran Fakultas Kedokteran Universitas Hasanuddin Makassar, lulus tahun 1992
5. Profesi Dokter Fakultas Kedokteran Universitas Hasanuddin, Makassar, lulus tahun 1995
6. Program Pendidikan Dokter Spesialis Obstetri dan Ginekologi Fakultas Kedokteran Universitas Hasanuddin, lulus tahun 2005
7. Program Subspesialis Obstetri dan Ginekologi Sosial Pasca Sarjana Universitas Gadjah Mada Yogyakarta, lulus tahun 2017
8. Pendidikan Doktor FKM Universitas Hasanuddin 2018-sekarang

III. RIWAYAT PEKERJAAN

1. CPNS : RSUD Anutapura Palu, tahun 2000
2. PNS : RSUD Anutapura Palu, tahun 2001
3. Dokter spesialis Obstertri dan Ginekologi di RSUD Anutapura Palu (2006 – sekarang)
4. Dokter spesialis Obstertri dan Ginekologi di RS Tingkat III Shindu Trisno, 2010 – sekarang)

IV. KARYA ILMIAH

1. Perbandingan Kapasitas Kandung Kemih pada Ibu dengan Persalinan Normal dan persalinan dengan Ekstraksi Vakum (2005)
2. Pengaruh Konseling Antenatal terhadap Penerimaan AKDR pascasalin sebuah uji klinis non randomisasi (2017)
3. The Impact of Multiple Micronutrient Supplementation on Hemoglobin Concentration in Pregnant and Neonatal Birth Wight: [Literature Review](#) (2021)

4. Hepcidin Levels and Pregnancy Outcomes in Pregnant Woman with Moringa Leaf Extract Supplementation Since The Preconception Period (2023)

LAMPIRAN 5





