

## DAFTAR PUSTAKA

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# LAMPIRAN

## LAMPIRAN

### Lampiran 1. Surat Persetujuan Etik



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI  
UNIVERSITAS HASANUDDIN FAKULTAS KEDOKTERAN

KOMITE ETIK PENELITIAN UNIVERSITAS HASANUDDIN

RSPTN UNIVERSITAS HASANUDDIN

RSUP Dr. WAHIDIN SUDIROHUSODO MAKASSAR

Sekretariat : Lantai 2 Gedung Laboratorium Terpadu

JL.PERINTIS KEMERDEKAAN KAMPUS TAMALANREA KM.10 MAKASSAR 90245.

Contact Person: dr. Agussalim Bukhari..MMed.PhD, SpGK TELP. 081241850858, 0411 5780103, Fax : 0411-581431



#### REKOMENDASI PERSETUJUAN ETIK

Nomor : 858/UN4.6.4.5.31 / PP36/ 2023

Tanggal: 13 Nopember 2023

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan Dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

No Protokol	UH23090699	No Sponsor	
Peneliti Utama	<b>Nur Ismi, S.Tr.Kes</b>	Sponsor	
Judul Peneliti	Analisis Hubungan Soluble CD40 Ligand dengan Homeostasis Model Assessment Insulin Resistance Pada Subjek Obesitas Non Diabetes Melitus		
No Versi Protokol	2	Tanggal Versi	<b>9 Nopember 2023</b>
No Versi PSP	2	Tanggal Versi	<b>9 Nopember 2023</b>
Tempat Penelitian	RS Universitas Hasanuddin Makassar		
Jenis Review	<input type="checkbox"/> Exempted <input checked="" type="checkbox"/> Expedited <input type="checkbox"/> Fullboard Tanggal	Masa Berlaku <b>13 Nopember 2023</b> sampai <b>13 Nopember 2024</b>	Frekuensi review lanjutan
Ketua KEP Universitas Hasanuddin	Nama <b>Prof. dr. Muh Nasrum Massi, PhD, SpMK, Subsp. Bakt(K)</b>	Tanda tangan	
Sekretaris KEP Universitas Hasanuddin	Nama <b>dr. Firdaus Hamid, PhD, SpMK(K)</b>	Tanda tangan	

Kewajiban Peneliti Utama:

- Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
- Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Lapor SUSAR dalam 72 jam setelah Peneliti Utama menerima laporan
- Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
- Menyerahkan laporan akhir setelah Penelitian berakhir
- Melaporkan penyimpangan dari protokol yang disetujui (protocol deviation / violation)
- Mematuhi semua peraturan yang ditentukan

## Lampiran 2. Surat Pengantar Penelitian

 <b>HUM-RC</b> HASANUDIN UNIVERSITY MEDICAL RESEARCH CENTER science for a better future	<b>ADMINISTRASI</b>	<b>FORMULIR 1</b>
	Nomor : 491/11/FR1/2023	Tanggal : 8 November 2023
<b>SURAT</b> <b>PENGANTAR PENELITIAN</b>		

Kepada Yth.

Pembimbing/pendamping,

**Bapak Muhammad Yusuf Usman,**

Dengan ini menerangkan bahwa peneliti/mahasiswa berikut ini :

Nama : Nur Ismi

NIM : P062221012

Institusi : S2 Ilmu Biomedik Sekolah Pascasarjana UNHAS

Akan melakukan pengambilan data/ analisa bahan hayati :

Pada tanggal : 9 November 2023 s/d Selesai

Jumlah subjek : ± 62 sampel

Jenis data : Data Primer

Untuk penelitian dengan judul :

**“Analisis Hubungan Soluble CD40 Ligand dengan Homeostasis Model Assessment Insulin Resistance Pada Subjek Obesitas Non Diabetes Melitus”**

Harap dilakukan pembimbingan dan pendampingan seperlunya. Terima Kasih.

Staf Administrasi.



Catatan : Proses penggerjaan dilakukan oleh peneliti, Pendamping hanya mendampingi.

Jika pengambilan data telah selesai, di wajibkan bagi pendamping/pembimbing;

1. Membubuh paraf dan tanggal selesai pengambilan data di formulir ini,
2. Mengisi jumlah alat dan bahan habis pakai yang digunakan peneliti pada form tarif penggunaan alat dan bahan,
3. Mengembalikan formulir yang sudah lengkap ke staf administrasi.

### Lampiran 3. Surat Selesai Penelitian

 <b>HUM-RC</b> NATIONAL UNIVERSITY MEDICAL RESEARCH CENTER science for a better future	<b>ADMINISTRASI</b> Nomor : 511/11/FR2/2023	<b>FORMULIR 2</b> Tanggal : 22 November 2023
<b>SURAT KETERANGAN</b> <b>SELESAI PENGAMBILAN DATA/ ANALISA BAHAN HAYATI</b>		

Dengan hormat,

Dengan ini menerangkan bahwa peneliti/mahasiswa berikut ini :

Nama : Nur Ismi  
NIM : P062221012  
Institusi : S2 Ilmu Biomedik Sekolah PascaSarjana UNHAS  
Judul Penelitian : **Analisis Hubungan Soluble CD40 Ligand dengan Homeostasis Model Assessment Insulin Resistance Pada Subjek Obesitas Non Diabetes Melitus**

**Telah selesai** melakukan pengambilan data/ analisa bahan hayati :

Pada tanggal : 21 November 2023  
Jumlah subjek : ± 62 sampel  
Jenis data : Data Primer

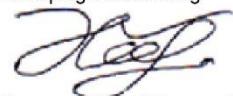
Dengan staf pendamping/pembimbing :

Nama : Muhammad Yusuf Usman, S.Si.  
Konsultan : -

**Surat keterangan ini juga merupakan penjelasan bahwa peneliti/mahasiswa diatas tidak mempunyai sangkutan lagi pada unit/laboratorium kami.**

Demikian surat ini dibuat untuk dipergunakan sebagaimana mestinya.

Pendamping/Pembimbing



Muhammad Yusuf Usman, S.Si  
NIP

Mengetahui,  
Kepala Laboratorium,

  
*science for a better future*  
dr. Rusdina Bte Ladju, Ph.D  
NIP 198108302012122002

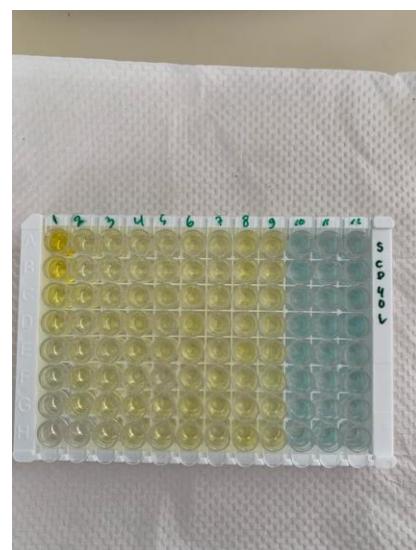
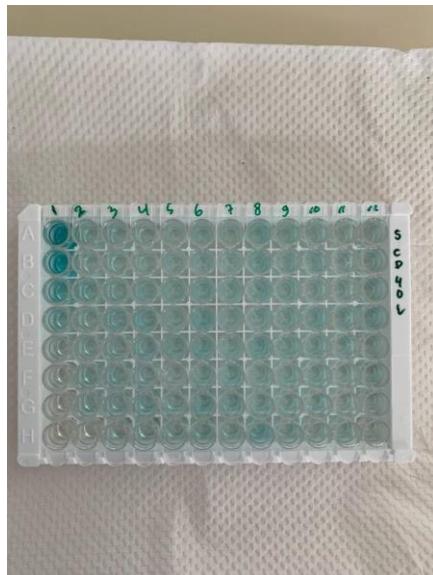
**Lampiran 4. Data Primer**

No Sampel	Jenis Kelamin	Umur	Berat Badan (Kg)	Tinggi Badan (cm)	IMT (Kg/M <sup>2</sup> )	Lingkar Pinggang (cm)	HOMA-IR	sCD40L
2	P	28	51,2	150	27,2	88	1,2499	1,2709
5	P	31	63,8	158	25,6	91	2,6513	1,5568
7	L	30	67	163,5	25,1	91	3,7721	1,6872
8	P	31	66,7	156,5	27,2	99	3,9134	0,3876
12	P	29	63,7	155,5	26,3	96,5	4,2452	2,1315
24	P	30	62,9	155	26,2	90	p2,3943	1,3050
29	P	36	69,1	155	28,8	103	1,8676	2,0179
31	P	38	55,3	147	25,6	90	3,3110	1,6959
32	P	29	76,1	155	32,5	107	3,4268	1,5732
33	P	30	62,2	157	25,2	96	1,6988	1,9871
34	P	35	70,9	162	27	97	4,0184	2,0654
35	P	35	70	145	26	98	3,4614	2,3686
36	L	32	97	170	33,9	105	1,7602	2,7285
37	P	35	67,1	159	26,5	90	3,2501	2,3178
40	L	31	80	167	29	101	2,5412	2,1271
41	L	35	130,1	170	45	133	5,8736	1,6846
42	L	32	85,3	173	28,5	95	4,6497	1,7227
47	P	35	60,4	154	25,5	68,5	2,7884	2,2546
49	L	32	83,3	178	26,3	97	1,4538	2,7467
50	P	30	73,3	155	30,5	94	5,7711	2,6760
52	L	29	76,8	165	28,2	95	5,3993	1,8742
53	P	36	64,5	150	28,7	89	4,3332	2,6859
55	L	31	62,6	148	28,4	87	2,4004	1,8463
57	P	37	73,5	155	30,6	96	2,4497	2,2005
59	P	33	67,1	154	28,3	92	1,2658	2,1660
60	P	34	73,6	149	33,2	95	3,7490	1,9328
61	L	28	82,5	169,5	28,7	96,7	3,5988	2,0266
64	L	34	81,3	164	30,2	61	3,1191	1,9231
65	P	37	72,8	157	29,5	93	2,1383	1,8524
66	P	33	89,9	163	33,6	95,5	3,1103	2,0742
67	L	30	71,6	166	26	83	1,4297	1,5499
73	P	29	56,6	155	23,6	78,5	1,3183	1,4906
74	P	32	73,2	163	27,6	97	1,8917	1,4391
75	P	31	66,9	158	26,8	98,5	4,7759	1,5318
76	L	32	73,2	165	26,9	95	4,8539	2,0266
81	L	26	72,9	170	25,2	92	1,3840	1,4537
1	P	39	50,2	153	24,9	87,5	3,8445	1,7332
3	P	27	41,5	150	18,4	68	0,5345	2,4383

4	P	30	47,2	148	21,5	74	2,1902	1,4408
6	P	34	54,3	152	23,5	80,5	2,3210	1,8925
9	P	32	53,6	148,5	24,3	87,5	1,2919	1,8864
10	P	34	52,6	155,5	21,8	80,5	3,6227	1,6863
11	P	27	53,8	152	23,3	88,5	2,6426	1,7505
14	P	28	43,3	146,5	20,2	78	1,5384	1,8724
18	L	30	70,1	168	24,8	95,5	1,7079	1,5602
25	P	30	58,3	157	23,7	89	1,8705	1,3920
26	L	28	64,1	167	23	88	2,4987	1,7106
28	P	31	49,8	153	21,3	85	3,4774	1,6146
43	L	31	62	165	22,8	81	1,5294	1,9836
44	P	27	41,2	164	15,3	69	0,9791	1,9153
45	L	35	59,7	162	22,7	84	1,9034	1,7392
46	L	35	57,1	160	22,3	82	3,0629	2,0980
48	L	38	52	154	21,9	71	1,2699	1,4280
51	L	29	47,1	155	19,6	72,5	1,5487	2,2866
54	P	34	51,5	155	21,4	85	1,0490	1,6837
62	P	30	42	152,5	18,1	72	1,7898	1,8419
63	P	31	46,2	156,5	18,9	72	1,3915	1,7011
68	P	31	52,6	150	23,4	77	1,3685	2,2377
70	P	34	56,6	155	22,3	83	3,5544	1,9310
71	L	29	59,4	159	23,5	83	1,0691	1,7071
72	P	31	45,1	155	18,3	74	1,1933	1,3895
77	L	40	59,6	158	23,9	90	1,5032	1,7175
78	L	22	55,8	162	21,3	84	3,0560	1,2310
80	L	31	78,4	178	24,7	93	3,2819	1,6249
82	L	26	56,5	163	21,3	83	1,4004	1,6405
83	L	26	62	165	22,8	90	2,1558	1,8158
84	L	32	58,5	172	19,8	77	0,8857	2,2653
85	L	20	65,3	163	24,6	89	3,7286	1,4220
86	L	23	71,2	169	24,9	88	2,4479	1,8314
88	L	33	70,4	172	23,5	101	1,5810	0,9348

## Lampiran 6. Dokumentasi





### Lampiran 7. Riwayat Hidup (*Curriculum Vitae*)

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No	STRATA	INSTITUSI	TEMPAT	TAHUN LULUS
1.	SD	SD Negeri 295 BALONG	Bulukumba	2011
2.	SMP	MTs. Badan Amal Ujung Loe	Bulukumba	2014
3.	SMA	SMK Muhammadiyah Bulukumba	Bulukumba	2017
4.	S1	Poltekkes Kemenkes Makassar	Makassar	2021
5.	S2 (Sementara)	Ilmu Biomedik Pascasarjana Unhas	Makassar	2022 – Sekarang