

DAFTAR PUSTAKA

- Adjorlolo, S., Aziato, L. and Akorli, V. V. (2019) „Promoting maternal mental health in Ghana: An examination of the involvement and professional development needs of nurses and midwives“, *Nurse Education in Practice*. Elsevier, 39(August), pp. 105-110. doi: 10.1016/j.nepr.2019.08.008.
- Arfaie, K. *et al.* (2017) „The role of fear of childbirth in pregnancy related anxiety in Iranian women: a qualitative research“, *Electronic physician*, 9(2), pp. 3733-3740. doi: 10.19082/3733.
- Amalia, R (2016) Hubungan Stres dengan Kelancaran Asi Pada Ibu Menyusui Pasca Persalinan Di Rsi A.Yani Surabaya Jurnal Ilmiah Kesehatan, Vol. 9, No. 1, Februari 2016, hal 12-16.
- Asosiasi Ibu Menyusui Indonesia (AIMI), 2016“ *Panduan pemberian ASI eksklusif Di Indonesia*, Situs resmi AIMI, Jakarta
- Astuti, Sri. (2015) *Asuhan Kebidanan Nifas dan Menyusui*. Jakarta: Erlangga
- Aini. N dan Aridiana. L (2016) *Asuhan Keperawatan Pada Sistem Endokrin dengan Pendekatan NANDA NIC-NOC*. Jakarta Selatan: Salemba Medika.
- A, S., & Susanti. (2017). No Title. *Analisa Faktor-Faktor Terjadinya Baby Blues Syndrom Pada Ibu Nifas*.
- Bandura, A. (1997) „Theoretical Perspectives: the nature of human agency“, *Self-efficacy: The exercise of control*, p. 3. doi: 10.1007/SpringerReference_223312.
- Baron, E. C. *et al.* (2016) „Maternal mental health in primary care in five low- and middle-income countries: A situational analysis“, *BMC Health Services Research*. BMC Health Services Research, 16(1). doi: 10.1186/s12913-016-1291-za, S., & Susanti. (2017). No Title. *Analisa Faktor-Faktor Terjadinya Baby Blues Syndrom Pada Ibu Nifas*.
- Adila, D. R., Saputri, D., & Niriayah, S. (2019). Pengalaman Postpartum Blues Pada Ibu Primipara. *Jurnal Ners Indonesia*, 9(2), 156. <https://doi.org/10.31258/Jni.9.2.156-162>
- Anwar, R. (2005). *Sintesis, Fungsi Dan Interpretasi Pemeriksaan Hormon Reproduksi*. Universitas Padjajaran.

- Bandura, A. (1997). Theoretical Perspectives: The Nature Of Human Agency, Self Efficacy. *The Exercise Of Control*.
- Byrne, J., Hauck, Y., Fisher, C., Bayes, S., & Schutze, R. (2014). Effectiveness Of A Mindfulness-Based Childbirth Education Pilot Study On Maternal Self-Efficacy And Fear Of Childbirth. *Journal Of Midwifery And Women's Health*, 59(2), 192-197. <https://doi.org/10.1111/Jmwh.12075>
- Chan, M., Dn, & Yi. (N.D.). The Effect Of A Self-Efficacy-Based Educational Programme On Maternal Breast Feeding Self-Efficacy, Breast Feeding Duration And Exclusive Breast Feeding Rates: A Longitudinal Study. *Elsevier*, 92-98.
- Curtis, K., Foster, K., Mitchell, R., & Van, C. (2016). Models Of Care Delivery For Families Of Critically Ill Children: An Integrative Review Of International Literature. *Journal Of Pediatric Nursing*, 31(3), 330-341. <https://doi.org/10.1016/J.Pedn.2015.11.009>
- Edmond, & C, Z. (2006). *Delayed Breastfeeding Initiation Increases Risk Of Neonatal Mortality*. <https://doi.org/10.1542/Peds.2005-1496> 2006
- Edwin Nurdin, A. (2013). *Psikoneuroimunologi Dasar* (5th Ed.).
- Faux, S., & Dennis, C.-L. (1999). Development And Psychometric Testing Of The Breastfeeding Self-Efficacy Scale. *Research In Nursing And Health*, 22.
- Guyton, & Hall. (2008). *Buku Ajar Fisiologi Kedokteran* (11.). Egc.
- Hasanah, I., & Fitriyah, N. (2019). Peran Suami Dalam Perawatan Kehamilan Istri Di Kelurahan Mulyorejo. *Jurnal Biometrika Dan Kependudukan*, 7(2), 122. <https://doi.org/10.20473/Jbk.V7i2.2018.122-130>
- Hastuti, P. & Wijayanti, I. T. (2017). Analisis Deskriptif Faktor Yang Mempengaruhi Pengeluaran Asi Pada Ibu Nifas Di Desa Sumber Kecamatan Sumber Kabupaten Rembang,. *Urecol, Issn 2407-9189*, 223-232.
- Jaqin, N., Syafar, M., Arsunan, Nasruddin, Budu, & Hatta, M. (2019). Increasing Of Pregnancy On The Self Efficacy Of Pregnant Women In Groups Accompanied By Their Husband And Groups Unaccompanied Husband In Gowa Regency. *Ijsbar*, 44 No.1, 33-42.

- Juananda, D., Ratna Sari, D. C., Prakosa², D., Arfian, N., & Romi, M. (2017). Pengaruh Stres Kronik Terhadap Otak: Kajian Biomolekuler Hormon Glukokortikoid Dan Regulasi Brain-Derived Neurotrophic Factor (Bdnf) Pascastres Di Cerebellum. *Jurnal Ilmu Kedokteran*, 9(2), 65. <https://doi.org/10.26891/jik.v9i2.2015.65-70>
- Khutami, T. (2022). Gambaran Psikologis Ibu Postpartum Primipara Di Wilayah Kerja Puskesmas Rejosari Kecamatan Tenayan Raya Kota Pekanbaru. *Jurnal Kesehatan Ilmiah Indonesia (Indonesian Health Scientific Journal)*, 7(1), 46. <https://doi.org/10.51933/Health.V7i1.777>
- Anxiety M, S. F., Sh, M., & Moradi, A. (2014). Effect Of Mindfulness-Based Childbirth And Parenting Program Education On Pregnancy And Marital Satisfaction In Pregnant Women. *Journal Of Behavioral Sciences*, 8(4), 375–381. <https://doi.org/10.26891/jik.v9i2.2015.65-70>
- Maryuni, M. (2012). *Inisiasi Menyusu Dini, Asi Eksklusif Dan Manajemen Laktasi*. Trans Info Media.
- Mckinley, E. M., Knol, L. L., Turner, L. W., Burnham, J. J., Graettinger, K. R., Hernandez-Reif, M., & Leeper, J. D. (2019). The Prenatal Rating Of Efficacy In Preparation To Breastfeed Scale: A New Measurement Instrument For Prenatal Breastfeeding Self-Efficacy. *Journal Of Human Lactation*, 35(1), 21-31. <https://doi.org/10.1177/0890334418799047>
- Menken, E. A., S, D., & Stone. (2008). *The Importance Of Maternal Mental Health*.
- Mohammad, M. A., & Haymond, M. W. (2013). Regulation Of Lipid Synthesis Genes And Milk Fat Production In Human Mammary Epithelial Cells During Secretory Activation. *American Journal Of Physiology. Endocrinology And Metabolism*. <https://doi.org/10.1152/Ajpendo.00052.2013>
- Nakamura, Y., Okada, T., Sato, M., Ozaki, N., Depresi, S., & Edinburgh, P. (2020). *Depresi Perinatal Dan Kecemasan Primipara Lebih Tinggi Daripada Multipara Pada Wanita Jepang*.
- Otsuka, K., & Taguri, M. (2014). Effectiveness Of A Breastfeeding Self-Efficacy Intervention: Do Hospital Practices Make A Difference". *Matern Child Health J*.
- Pang, W. W., & Hartmann, P. E. (2007). Initiation Of Human Lactation:

Secretary Differentiation And Secretary Activation. In *Journal Of Mammary Gland Biology And Neoplasia*.
<https://doi.org/10.1007/S10911-007-9054-4>

Paritas, P., Kejadian, D., Psikologis, S., Istighosah, N., & Sari, A. N. (2022). *Menyusui Minggu Pertama Post Partum Di Masa Pandemi Covid-19 Effect Of Parity With Anxiety Of Breastfeeding In First Week Post Partum In The Covid-19 Pandemic*. 11(April), 48-55.

Pramudianti, D. N., Fathony, Z., & Ulfa, B. (2020). *Edukasi Melalui Pendidikan Kesehatan Pada Ibu Hamil Tentang Pencegahan Depresi Postpartum*. 4(4), 6-9.

Pratiwi, D. M., Rejeki, S., & Juniarto, A. Z. (2021). *Interventions To Reduce Anxiety In Postpartum Mother*. 18.
<https://doi.org/10.26714/Mki.4.1.2021.62-71>

Profil Kesehatan. (2019). *Profil Kesehatan Indonesia 2018 Kemenkes Ri*. (2019). *Profil Kesehatan Indonesia 2018 [Indonesia Health Profile 2018]*.http://www.depkes.go.id/resources/download/pusdatin/profil-kesehatan-indonesia/data-dan-informasi_profil-kesehatan-indonesia-2018.pdf (M. S. At All Drg.Rudy Kurniawan, M.Kes, Yudianto, Skm (Ed.); 351.077). Kementerian Kesehatan Republik Indonesia Jalan Hr. Rasuna Said Blok X-5 Kav 4-9, Jakarta 12950.

Riksani, R. (2012). *Keajaiban Asi (Air Susu Ibu)*. Dunia Sehat.

Rini, S., & Kumala D, F. (2017). *Panduan Asuhan Nifas Dan Evidence Based Practice*. Deepublish.

Rumaseuw, R., Berliana, S. M., Nursalam, N., Efendi, F., Pradanie, R., Rachmawati, P. D., & Aurizki, G. E. (2018). Factors Affecting Husband Participation In Antenatal Care Attendance And Delivery. *Iop Conference Series: Earth And Environmental Science*, 116(1).
<https://doi.org/10.1088/1755-1315/116/1/012012>

Sikander, S., Lazarus, A., Bangash, O., Fuhr, D. C., Weobong, B., Krishna, R. N., Ahmad, I., Weiss, H. A., Price, L., Rahman, A., & Patel, V. (2015). The Effectiveness And Cost-Effectiveness Of The Peer-Delivered Thinking Healthy Programme For Perinatal Depression In Pakistan And India: The Share Study Protocol For Randomised Controlled Trials. *Trials*, 16, 534.
<https://doi.org/10.1186/S13063-015-1063-9>

Tindaon, R. (2018). Efektifitas Konseling Terhadap Post Partum Blues

Pada Ibu Primipara. *Jumatik*, 3(2), 115-126.

Zartika Debi. (2017). *Dan Perkembangan Kelenjar Mammae Tikus Rattus novergicus* HAMIL TESIS Oleh : PEMBIMBING : 1 . Prof . Dr . dr . Eryati Darwin , PA (K).

Zulfikar, M. (2019). Hubungan Kecemasan dengan Kelancaran pengeluaran ASI Pada Ibu Post Partum Selama Dirawat di Rumah Sakit Ibu dan Anak Kasih Ibu Manado. *E-Journal Keperawatan (e-Kp)*, Vol. 7 No.

Zuppa, D. (2010). Safety and Efficacy of Galactogogues: Substances that Include, Maintain and Increase Breast Milk Production. *J Pharm Pharmaceut Sci*. www.cspsCanada.Org

Zuppa.A.A, Sindico P, et all Safety and Efficacy of Galactogogues: Substances that Induce, Maintain and Increase Breast Milk Production, *J Pharm Pharmaceut Sci* (www.cspsCanada.org) 13(2) 162 - 174, 2010

Zhu,P,H.Jiahu Jiang.X .et all *New Insight into Onset of Lactation: Mediating the Negative Effect of Multiple Perinatal Biopsychosocial Stres on Breastfeeding Duration*. *BREASTFEEDING MEDICINE* Volume 8, Number 2, 2013 ^a Mary Ann Liebert, Inc. DOI: 10.1089/bfm.2012.0010