

## **BAB V**

### **KESIMPULAN DAN SARAN**

#### **A. Kesimpulan**

Berdasarkan hasil uji statistik dan kajian empiris hasil pengamatan dan penelaahan, studi ini menyimpulkan :

1. Ekspresi mRNA gen Reseptor Prolaktin (PRLR) memiliki hubungan yang signifikan terhadap produksi ASI
2. Ekspresi mRNA gen *Signal Transducer And Activator Of Transcription 5* (STAT5) tidak signifikan terhadap produksi ASI

#### **B. Saran**

Berdasarkan temuan studi, maka peneliti dapat memberikan beberapa rekomendasi sebagai berikut:

1. Pemeriksaan ekspresi mRNA gen Reseptor Prolaktin (PRLR) terhadap produksi ASI dapat menjadi alternative deteksi dini terhadap gangguan laktasi yang dilakukan pada fase akhir kehamilan.
2. Perlu penelitian lanjut aktifitas regulator negative yang mengganggu ekspresi mRNA gen *Signal Transducer And Activator Of Transcription 5* (STAT5).

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