

## DAFTAR PUSTAKA

- The Academy of Breastfeeding Medicine Protocol Committee. ABM Clinical Protocol #8: Human Milk Storage Information for Home Use for Full-Term Infants (Original Protocol March 2004; Revision #1 March 2010). *Breastfeeding Medicine*. Volume 5, Number 3, 2010
- The Academy of Breastfeeding Medicine Protocol Committee. ABM Clinical Protocol #3: Supplementary Feedings in The Healthy Term Breastfed, Revised 2017. *Breastfeeding Medicine*. Volume 12, Number 3, 2017.
- Acharya Pawan and Vishnu Khanal. 2015. The effect of mother's educational status on early initiation of breastfeeding: further analysis of three consecutive Nepal Demographic and Health Surveys. *Acharya and Khanal BMC Public Health* (2015) 15:1069
- Ahmed, T., Hossain, M., & Sanin, K. I. 2015. Global burden of maternal and child undernutrition and micronutrient deficiencies. *Annals of Nutrition and Metabolism*, 61(Suppl. 1), 8-17
- Almatsier, S., Soetarjo, S., Soekarti, M. 2011. *Gizi Seimbang Dalam Daur Kehidupan*. PT. Gramedia Pustaka Utama: Jakarta
- Almatsier, S. 2005. *Prinsip Dasar Ilmu Gizi*. PT. Gramedia Pustaka Utama: Jakarta.
- Anatolitou F. 2012. Human milk benefits and breastfeeding. *Journal of Pediatric and Neonatal Individualized Medicine* 2012;1(1):11-18 doi: 10.7363/010113.
- Angeliki Antonakou, Katerina P. Skenderi, Antonia Chiou, Constantinos A. Anastasiou, Chryssa Bakoula, Antonia-Leda Matalas. 2013. Breast milk fat concentration and fatty acid pattern during the first six months in exclusively breastfeeding Greek women. *Eur J Nutr* (2013) 52:963–973.
- Andargie Biaks Gashaw, Yemane Berhane, Alemayehu Worku and Yigzaw Kebede Gete. Exclusive BreastFeeding Is the Strongest Predictor Of Infant Survival in Northwest Ethiopia : a Study Longitudinal. Biaks et al. *Journal of Health, Population and Nutrition* (2015) 34:9

- Ann-Kristin Mossberg, Kenneth Hun Mok, Ludmilla A. Morozova-Roche and Catharina Svanborg. Structure and function of human a-lactalbumin made lethal to tumor cells (HAMLET)-type complexes. *FEBS Journal* 277 (2010) 4614–4625 2010 The Authors Journal compilation. 2010 FEBS
- Arsic Aleksandra, Ana Stojanovic, Milena Mikic. 2017. Oleic Acid Health Benefits And Status In Plasma Phospholipids In The Serbian Population. Unauthentifiziert | Heruntergeladen 17.10.19 00:42
- Ardesy Melizah Kurniati, Diana Sunardi, Ali Sungkar, Saptawati Bardosono, Neng Tine Kartinah. Associations of maternal body composition and nutritional intake with fat content of Indonesian mothers' breast milk. *Paediatr Indones*, Vol. 56, No. 5, September 2016.
- Beatriz Bermudez, Sergio Lopez, Almudena Ortega, Lourdes M. Varela, Yolanda M. Pacheco, Rocio Abia and Francisco J.G. Muriana. Oleic Acid in Olive Oil: From a Metabolic Framework Toward a Clinical Perspective. *Current Pharmaceutical Design*, 2011, 17, 831-843
- Berihun, S., Kassa, G. M., & Teshome, M. 2017. Factors associated with underweight among lactating women in Womberma woreda, Northwest Ethiopia; a cross-sectional study. *BMC Nutrition*, 3(1), 46
- Bernard Yeboah-Asiamah Asare, Joyce Veronica Preko, Diana Baafi and Bismark Dwumfour-Asare. 2018. Breastfeeding practices and determinants of exclusive breastfeeding in a crosssectional study at a child welfare clinic in Tema Manhean, Ghana. Asare et al. *International Breastfeeding Journal* (2018) 13:12
- Badan Pusat Statistik 2017. *Survei Sosial Ekonomi Nasional*. Jakarta
- Bystrova Ksenia, Ann-Maria Widstrom, Ann-sofi mathiesen, Anna Berit Ransjo-Arvidson, Barbara welles-nystrom, Igor voronstov And Kerstin Unvas-Moberg. 2007. Early Lactation performance in primiparous and multiparous women in relation to different maternity home practices. A Randomized trial in St. Petersburg. *Internetaional breastfeeding Journal*. 2007.2;9
- Camilia R. Martin, Pei-Ra Ling and George L. Blackburn. 2016. Review of Infant Feeding: Key Features of Breast Milk and Infant Formula. *Nutrients* 2016, 8, 279; doi:10.3390/nu8050279
- Chow Ching K. "Fatty acids in foods and their health implication" 3th ed. 2008.

- Christine A Butts, Duncan L Heederley, Thanuja D Herawati, Gunaranjan Paturi, Sarah Glyn-Jones, Frank Wiens, Bernd Stahl dan Pramod Gopal (2018). Human Milk Composition and Dietary Intakes of Breastfeeding Women of Different Ethnicity from the Manawatu-Wanganui Region of New Zealand. *Nutrients* 2018.10, 1231. Doi: 10.3390/Nutrit/nu10091231
- Citrakesumasari, Rahayu I, Abdul S. 2020. Konsentrasi Alfa-lactalbumin dan Oleic Acid Pada ASI Matur berdasarkan status gizi Ibu Menyusui. Laporan Penelitian Tingkat Dasar LPPM. Universitas Hasanudin, Makassar 2020.
- Dahlan, M.S. (2013). Statistik Untuk Kedokteran Dan Kesehatan : Deskriptif, Bivariate, Dan Multivariate Dilengkapi Aplikasi Dengan Menggunakan Spss. Jakarta :Salemba Medika
- Demmelair Hans , Christine Prell , Niklas Timby and Bo Lönnerdal (2017). Benefits of Lactoferrin, Osteopontin and Milk Fat Globule Membranes for Infants. *Nutrients* 2017, 9, 817.
- Departemen Kesehatan RI. 2009. Klasifikasi Umur Menurut Kategori. Jakarta : Ditjen Yankes.
- Departemen Kesehatan RI. 2012. Manajemen Laktasi: Buku Panduan Bagi Bidan dan Petugas Kesehatan di Puskesmas. Jakarta : Dit Gizi Masyarakat Depkes RI
- Eny Pemilu Kusparlina. (2020). Hubungan Antara Asupan Nutrisi dengan Kelancaran Produksi ASI Pada Ibu yang Menyusui Bayi Usia 0-6 Bulan. *Journal Of Nutrition College*
- Ettyang, G. A., van Marken Lichtenbelt, W. D., Esamai, F., Saris, W. H., & Westerterp, K. R. (2005). Assessment of body composition and breast milk volume in lactating mothers in pastoral communities in Pokot, Kenya, using deuterium oxide. *Annals of Nutrition and Metabolism*, 49(2), 110-117.
- Dinas Kesehatan Kota Makassar. 2018. Profil Kesehatan Kota Makassar.
- Fikawati S, Syafiq A, Karima K. 2015. Gizi Ibu dan Bayi. PT Raja Grafindo Persada : Jakarta
- Gautam, U., & Yadav, D. K. (2018). Dietary Practices of Lactating Women and Nutritional Status of Children in Baglung District, Nepal. *Journal of Nepal Paediatric Society*, 38 (1), 19-24.

- Hamdiyah. 2017. Perbedaan Konsentrasi Zinc Pada Asi Antara Status Gizi Baik Dan Kurang Energi Kronik Postpartum. Tesis Sekolah Pascasarjana Universitas Hasanuddin Makassar.
- Helioswilton Sales-Campos, Patrícia Reis de Souza, Bethânea Crema Peghini, João Santana da Silva and Cristina Ribeiro Cardoso. 2013. An Overview of the Modulatory Effects of Oleic Acid in Health and Disease. *Mini-Reviews in Medicinal Chemistry*, 2013, Vol. 13, No. 2
- Helena (2013). Pengetahuan Gizi Ibu Hamil Trimester Pertama dan Pola Makan dalam pemenuhan Gizi. [www.repository.usu.ac.id](http://www.repository.usu.ac.id).
- Herminda., & Nurfi. 2010. *Hubungan Praktik Pemberian Asi Eksklusif Dengan Karakteristik Sosial, Demografi Dan Faktor Informasi Tentang ASI Dan MP-ASI (Studi Di Kota Padang Dan Kabupaten Solok Provinsi Sumatera Barat)*. Pusat Penelitian dan Pengembangan Gizi dan Makanan, Badan Litbang Kesehatan, Kementerian Kesehatan, 13 (4), hal. 353-360.
- Hyesook Kim, Sujeong Kang, Byung-Moon Jung, Hyunju Yi, Ji A Jung, Namsoo Chang. 2017. Breast milk fatty acid composition and fatty acid intake of lactating mothers in South Korea. *Br J Nutr* 2017 Feb;117(4):556-561. doi: 10.1017/S0007114517000253. Epub 2017 Mar 13.
- Jafar Nurhaedar, Rahayu Indriasari, St. Khadijah Hamid. 2018. Inovasi Pembelajaran Berbasis Bukti dalam percepatan perbaikan gizi melalui penyelamatan 1000 HPK. Bahan ajar gugus III. Penilaian Status Gizi. Program Studi Ilmu Gizi Fakultas Kesehatan Masyarakat Universitas Hasanuddin bekerja sama dengan Kementerian Kesehatan RI, 2018.
- Jafri. (2012). Hubungan asupan zat gizi pada ibu menyusui terhadap kadar zink dan besi ASI serta pertumbuhan linier anak.
- Kadek Agus Rendy Surya Sentana, I Gusti Agung Ngurah Sugitha Adnyana, Ida Bagus Subanada. 2018. Hubungan Pemberian Asi Eksklusif Dengan Kejadian Diare Pada Bayi. *E-JURNAL MEDIKA*, VOL. 7 NO.10, Oktober, 2018
- Kementerian Kesehatan RI. 2011. Manajemen Bayi Berat Lahir Rendah Untuk Bidan di Desa. Jakarta.
- Kementerian Kesehatan RI. 2011. Keputusan Menteri Kesehatan Republik Indonesia Nomor : 1995/MENKES/SK/XII/2010 tentang Standar Antropometri Penilaian Status Gizi Anak

- \_\_\_\_\_. (2013). Rencana Aksi Akselarasi Pemberian ASI Eksklusif 2012-2014. Jakarta
- \_\_\_\_\_. 2014. *Modul Pelatihan Konseling MP-ASI Pedoman Pelatih*. Jakarta: Ditjend Bina Gizi dan KIA.
- \_\_\_\_\_. (2015). Profil Kesehatan Indonesia 2015.: Jakarta.
- \_\_\_\_\_, 2017. Buku Saku Pemantau Status Gizi
- \_\_\_\_\_. (2018). Riset Kesehatan Dasar (Riskesdas). Jakarta.
- \_\_\_\_\_, 2018. Profil Kesehatan Indonesia. Jakarta
- \_\_\_\_\_. (2018). Manfaat ASI Eksklusif Untuk Ibu dan Bayi. Jakarta.
- Kementerian Sosial RI. 2015. Modul Kesehatan dan Gizi Pertemuan Peningkatan kemampuan keluarga (P2k2) Program keluarga Harapan (PkH) Panduan teknis Pelaksanaan P2k2
- Ketaren, S. 2008. Minyak dan Lemak Pangan. Cetakan Pertama. Jakarta : Universitas Indonesia Press
- Kitano Naoimi, Kyoko Nomura, Michiko Kido, Keiko Murakami, Takayoshi Ohkubo, Masami Ueno, and Mitsuhiro Sugimoto. 2016. Combined effects of maternal age and parity on successful initiation of exclusive breastfeeding. *Preventive Medicine Reports* 3 (2016) 121 –126.
- Kominiarek, M. A., & Rajan, P. (2016). Nutrition recommendations in pregnancy and lactation. *Medical Clinics*, 100(6), 1199-1215.
- Kramer (2012). Determinants Of Low Birth Weight: Methodological Assessment And Meta-Analysis. Departments Of Pediatrics And Of Epidemiology And Biostatistics, Mcgill University Faculty Of Medicine, 1020 Pine Avenue West, Montreal, Quebec H3A La2, Canada
- Krawczyk D (2016). Virtual Reality Social Cognition Training For Children With High Functioning Autism. *Computers In Human Behavior*. Vol.62 Sep 2016 Pages 703-711

- Kull I, M Wickman, G Lilja, S L Nordvall, G Pershage. 2002. Breast feeding and allergic diseases in infants—a prospective birth cohort study. *Arch Dis Child*. 2002;87:478–481
- Lenka Benova, Manahil Siddiqi, Ibukun-Oluwa Omolade Abejirinde, and Okikiolu Badejo. 2020. Time trends and determinants of breastfeeding practices among adolescents and young women in Nigeria, 2003–2018. *Journal List BMJ Glob Health* volume.5(8); 2020
- Lonnerdal B (2016). Bioactive Proteins In Human Milk: Health, Nutrition, And Implications For Infant Formulas. *The Journal Of Pediatrics*. From The Department Of Nutrition, University Of California
- Lumbanraja, S. (2015). Aspek Klinis Dan Kegunaan ASI. Fakultas Kedokteran Universitas Sumatera Utara. USU Press
- Masako Fujita, Eric Roth, Yun-Jia Lo, Carolyn Hurst, Jennifer Vollner, and Ashley Kendell. 2012. In Poor Families, Mothers' Milk is Richer for Daughters than Sons: A Test of Trivers–Willard Hypothesis in Agropastoral Settlements in Northern Kenya. *American Journal Of Physical Anthropology* (2012)
- McManaman J.L. Margaret C. Neville. Mammary physiology and milk secretion. *Advanced Drug Delivery Reviews* 55. 2003. 629-641.
- Melizah Kurniati Ardesy, Diana Sunardi, Alisungkar, Saptawati Bardosono, Neng Tine Kartinah. 2016. Associations of maternal body composition and nutritional intake with fat content of Indonesian mothers' breast milk. *Pediatric Indones*. Vol. 56 No 5. September 2016.
- Mora, Enda, Selpas, Nandhana. 2013. Isolasi dan Karakterisasi Asam Oleat dari Kulit Buah Kelapa Sawit (*Elais guinensis* Jacq.). *Jurnal Penelitian Farmasi Indonesia*. Vol 1, No 2 (2013).
- Nakul Kothari, Kothari Pankhuri Nakul, Mondkar Jayashree. 2017. Efeect Of Maternal Nutritional Status On The Human Milk Composition. *Indeks Copernicus International*. *Journal of pediatrics Association Of India*
- Nicole M. Hackman, Eric W. Schaefer, Jessica S. Beiler, Chelsea M. Rose, and Ian M. Paul. 2015. Breastfeeding Outcome Comparison by Parity. *Breastfeeding Medicine* Volume 10, Number 3, 2015
- Notoatmodjo S. 2010. *Metodologi Penelitian Kesehatan*. Jakarta: Rineka Cipta

- Olivia Ballard JD, Ardythe L. Morrow. 2013. Human Milk Composition: Nutrients and Bioactive Factors. *Pediatr Clin North Am.* 2013 February ; 60(1): 49–74
- Puji Astuti N. 2010. Korelasi Antara Status Gizi Ibu Menyusui Dengan Kecukupan ASI di Posyandu Desa Karang Kedawangkecamatan Sooko Kabupaten Mojokerto. *Jurnal Keperawatan*, ISSN: 2086-3071
- Quinn, E. A., Largado, F. E., Power, M., & Kuzawa, C. W. (2012). Predictors of breast milk macronutrient composition in Filipino mothers. *American journal of human biology*, 24(4), 533-540.
- Rahmawati Nur Indah. 2017. Pendidikan Ibu Berhubungan dengan Teknik Menyusui pada Ibu Menyusui yang Memiliki Bayi Usia 0-12 Bulan. *JNKI*, Vol. 5, No. 1, Tahun 2017, 11-19
- Roesli Utami, 2001. Bayi Sehat berkat ASI Eksklusif. PT. Elex Media Komputindo : Jakarta
- Roos J. (2013). Relaktasi Dan Induksi Laktasi. [Http://Idai.Or.Id/Publicarticles/Klinik/Asi/Relaktasi-Dan-Induksi-Laktasi.Html](http://Idai.Or.Id/Publicarticles/Klinik/Asi/Relaktasi-Dan-Induksi-Laktasi.Html)
- Sergio Verd , Gemma Ginovart, Javier Calvo, Jaume Ponce-Taylor and Antoni Gaya. 2018. Variation in the Protein Composition of Human Milk during Extended Lactation: A Narrative Review. *Nutrients* 2018, 10, 1124; doi:10.3390/nu10081124.
- Sitotaw, I. K., Haillesslasie, K., & Adama, Y. (2017). Comparison of nutritional status and associated factors of lactating women between lowland and highland communities of District Raya, Alamata, Southern Tigray, Ethiopia. *BMC Nutrition*, 3(1), 61.
- Slutzah M, DO, Champa N. Codipilly, PhD, Debra Potak, RN, Richard M. Clark, PhD, and Richard J. Schanler, MD. 2010. Refrigerator Storage of Expressed Human Milk in the Neonatal Intensive Care Unit. *THE JOURNAL OF PEDIATRICS*. Vol. 156, No. 1
- Soetjningsih. (2004). *Tumbuh Kembang Remaja dan Permasalahannya*. Jakarta : Sagung Seto
- \_\_\_\_\_. 2012. *Seri Gizi Klinik ASI: Petunjuk untuk Tenaga Kesehatan*. Jakarta: EGC
- \_\_\_\_\_.(2013). *Tumbuh Kembang Anak*. Jakarta: EGC

- Stipanuk Martha, Maria E Caudil. 2019. Biochemical, Physiological, and Molecular Aspects of Human. Nutrition, Fourth Edition ISBN: 978-0-323-44181-0. Copyright © 2019 by Elsevier, Inc. All rights reserved
- Supariasa. 2002. Penelitian Status Gizi. Jakarta : EGC
- Supariasa. 2012. Pendidikan Dan Konsultasi Gizi. Jakarta : EGC
- Survei Demografi dan Kesehatan Indonesia 2017. Jakarta, Indonesia: BKKBN, BPS, Kemenkes, dan ICF
- Takafumi Minato, Kyoko Nomura, Hitomi Asakura, Ayaka Aihara, Haruko Hiraike, Yuko Hino, Tsuyoshi Isojima and Hiroko Kodama. 2019. Maternal Undernutrition and Breast Milk Macronutrient Content Are Not Associated with Weight in Breastfed Infants at 1 and 3 Months after Delivery. *Int. J. Environ. Res. Public Health* 2019, 16, 3315; doi:10.3390/ijerph16183315
- Titin Aryani, Fitria Siswi Utami, Sulistyaningsih. 2017. Identifikasi Asam Lemak Omega Pada Asi Eksklusif Menggunakan Kromatografi Gc-MS. *Journal of Health Studies*, Vol. 1, No. 1, Maret 2017: 1-7
- Triatmaja, N. T. (2018). Faktor-Faktor Yang Berhubungan Dengan Status Kurang Energi Kronis (Kek) Ibu Hamil Di Kabupaten Kediri. *Jurnal Wiyata Penelitian Sains dan Kesehatan*, 4(2), 137-142
- Tzee-Chung Wu, Beng-Huat Lau, Po-Hon Chen, Li-Te Wu, Ren-Bin Tang. 2010. Fatty Acid Composition of Taiwanese Human Milk. Elsevier Taiwan LLC and the Chinese Medical Association. All rights reserved, November 2010 • Vol 73 • No 11
- UNICEF (2019). The State Of The World's Children 2019 Children, food and nutrition. Growing well in a changing world
- Wang Jing Ying, Alban Ramette, maja Jurca, Myrofora Goutaki, Caroline S. Beardsmore. 2018. Breastfeeding and respiratory tract infections during the first 2 years of life. *ERJ Open Res* 2017; 3: 00143-2016
- Zulfia Samiun. (2019). Hubungan Status Gizi Terhadap Produksi Asi Pada Ibu Menyusui Di Puskesmas Tamalanrea Makassar. *Journal Of Health, Education and Literacy*, 2019 2(1) e-issn: 2621-9301

Lampiran 1: *Infomed Consent***FORMULIR PERSETUJUAN MENGIKUTI PENELITIAN SETELAH MENDAPAT PENJELASAN**

Saya yang bertandatangan dibawah ini :

Nama : .....

Alamat : .....

No HP : .....

Setelah mendengar/membaca dan mengerti penjelasan yang diberikan mengenai tujuan, manfaat apa yang akan dilakukan pada penelitian ini, saya menyatakan setuju untuk ikut dalam penelitian ini secara sukarela tanpa paksaan.

Saya mengerti bahwa dari semua hal yang dilakukan oleh peneliti kepada saya dan bayi saya yaitu wawancara terkait data diri, pemerahan ASI yang saya lakukan sendiri secara sukarela dan pengukuran Berat badan serta panjang badan anak saya dilakukan oleh peneliti yang telah terlatih.

Saya tahu bahwa keikutsertaan saya ini bersifat sukarela tanpa paksaan, sehingga saya bisa menolak ikut atau mengundurkan diri dari penelitian ini tanpa kehilangan hak saya untuk mendapat layanan kesehatan. Juga saya berhak bertanya atau meminta penjelasan pada peneliti bila masih ada hal yang belum jelas atau masih ada hal yang ingin saya ketahui tentang penelitian ini.

Saya juga mengerti bahwa semua biaya yang dikeluarkan sehubungan dengan penelitian ini, akan ditanggung oleh peneliti. Biaya perawatan dan pengobatan bila terjadi hal-hal yang tidak diinginkan akibat penelitian ini, akan dibiayai oleh peneliti.

Saya percaya bahwa keamanan dan kerahasiaan data penelitian akan terjamin dan saya dengan ini menyetujui semua data saya yang dihasilkan pada penelitian ini untuk disajikan dalam bentuk lisan maupun tulisan.

Makassar, 2020  
Responden

.....

~ Kami sangat menghargai partisipasi anda ~

Lampiran 2: **KUESIONER**

| <b>I. DATA LOKASI</b>                         |                           |                      |
|---|---------------------------|----------------------|
| Kecamatan/Kelurahan :                         |                           |                      |
| Alamat :                                      |                           |                      |
| <b>II. KETERANGAN PEWAWANCARA</b>             |                           |                      |
| Nama Pewawancara :                            | .....                     |                      |
| Tanggal Wawancara                             | Tgl/Bln/Thn               | [ ][ ]/[ ][ ]/[ ][ ] |
|   |                           |                      |
| <b>III. DATA RUMAH TANGGA</b>                 |                           |                      |
| Nama Responden :                              | .....                     |                      |
| Usia :  | ..... Tahun               |                      |
| Nama Bayi :                                   | .....                     |                      |
| Tanggal Lahir :                               | Tgl/Bln/Thn               | [ ][ ]/[ ][ ]/[ ][ ] |
| Jenis Kelamin :                               | 1) Laki-laki 2) Perempuan | [ ][ ]               |
|   |                           |                      |
| Jumlah Anggota Keluarga yang menetap di rumah | ..... Orang               |                      |
| Pendidikan :                                  |                           |                      |
| 1. Ibu  | 01. Tidak Pernah Sekolah  | 1. [ ][ ]            |
| 2. Bapak                                      | 02. Tidak tamat SD        | 2. [ ][ ]            |
|   | 03. Tamat SD              |                      |
|   | 04. SMP                   |                      |

|   |  |                        |
|---|--|------------------------|
|   | 05. SMA<br>06. Diploma<br>07. Perguruan Tinggi   |                        |
| Jenis Pekerjaan :<br><br>1. Ibu<br>2. Bapak | 01. Tidak Bekerja<br>02. Petani<br>03. Petani Penggarap<br>04. Pedagang/wiraswasta<br>05. Buruh Harian<br>06. PNS<br>07. Peg.Swasta<br>08. Nelayan<br>09. IRT<br>10. Lainnya, Sebutkan | 1. [ ][ ]<br>2. [ ][ ] |
| Jumlah Anak                                 | ..... Orang<br>Anak ke.....  |                        |
| <b>IV. DATA IBU</b>                         |  |                        |
| Status Gizi Selama Hamil                    | ..... Kg   | [ ][ ] . [ ][ ] kg     |
| Berat Badan :                               | ..... Cm`  | [ ][ ] . [ ][ ] cm     |
| Tinggi badan :                              | ..... Cm   | [ ][ ] cm              |
| Lingkar Lengan atas :                       | ..... Cm   | [ ][ ] cm              |
| <b>V. DATA ASI</b>                          |  |                        |
| Volume ASI :                                | ..... ml   | [ ][ ] ml              |
| Kadar Asam Oleat                            | ..... gr/L   | [ ][ ] gr/L            |

|                         | <b>VI. DATA STATUS GIZI BAYI</b> |                 |
|-------------------------|----------------------------------|-----------------|
| Berat Lahir Bayi :      |                                  | [ ][ ] . [ ] kg |
| Berat Badan Bayi Aktual |                                  | [ ][ ] . [ ] kg |
| Panjang Lahir Bayi :    |                                  | [ ][ ] . [ ] cm |
| Panjang Badan Baryi     |                                  | [ ][ ] . [ ] cm |

*Lampiran 3 Lembar Recall 24 jam*

Nama :

Tanggal :

Hari ke- :

**FOOD RECALL 24 JAM**

**Petunjuk :** Berikan penjelasan gambaran apa saja yang Anda makan dan minum 24 jam terakhir, baik yang dimakan/minum di rumah ataupun di luar rumah!

| No | Waktu                 | Jenis Makanan | Banyaknya |             |
|----|-----------------------|---------------|-----------|-------------|
|    |                       |               | URT       | *Berat (gr) |
|    | Pagi/Jam:             |               |           |             |
|    | Selingan<br>Pagi/Jam: |               |           |             |
|    | Siang/Jam:            |               |           |             |

| No | Waktu                  | Jenis Makanan | Banyaknya |             |
|----|------------------------|---------------|-----------|-------------|
|    |                        |               | URT       | *Berat (gr) |
|    | Selingan<br>Siang/Jam: |               |           |             |
|    | Malam/Jam:             |               |           |             |
|    | Selingan<br>Malam/Jam: |               |           |             |

**Keterangan:**

URT : Ukuran Rumah Tangga

\*Berat (gr) : Tidak perlu diisi oleh responden

## Lampiran 4

## Master Tabel Penelitian

## Data Ibu menyusui Status Gizi Normal

| No | Kode Sampel | Usia (Thn) | Alamat               | Nama Bayi           | Tanggal Lahir | Usia (Bln) | Jenis Kelamin | Σ Anggota Keluarga | Pendidikan |       | Pekerjaan |            | Jumlah Anak | Anak Ke | Status Gizi Ibu Menyusui |     |      | Data ASI    |                 |          |
|----|-------------|------------|----------------------|---------------------|---------------|------------|---------------|--------------------|------------|-------|-----------|------------|-------------|---------|--------------------------|-----|------|-------------|-----------------|----------|
|    |             |            |                      |                     |               |            |               |                    | Ibu        | Bapak | Ibu       | Bapak      |             |         | BB                       | TB  | LILA | Volume (ml) | Kadar As. Oleat | kriteria |
| 1  | DN1         | 40         | Jl. Luwu Blok G      | Ainum               | 11/9/2019     | 11         | P             | 6                  | SMP        | SMA   | IRT       | Swasta     | 4           | 4       | 91                       | 159 | 33   | 60          | 2.3             | tinggi   |
| 2  | DN2         | 39         | Pertamina            | Aisyah              | 11/10/2019    | 10         | P             | 6                  | S1         | S1    | IRT       | Wiraswasta | 2           | 2       | 50                       | 155 | 24   | 100         | 0.9             | rendah   |
| 3  | DN3         | 25         | Bumi Permata Sudiang | Nurul Alifah        | 9/10/2019     | 10         | P             | 7                  | SMA        | SMA   | IRT       | Swasta     | 2           | 2       | 62                       | 155 | 25   | 60          | 1.1             | rendah   |
| 4  | DN4         | 32         | Pertamina            | Deska Putri Cantika | 5/12/2019     | 7          | P             | 5                  | SD         | SD    | IRT       | Sopir      | 3           | 3       | 56                       | 152 | 31   | 80          | 0.8             | rendah   |
| 5  | DN5         | 23         | Hartaco Sudiang Raya | Muh. Al Afif        | 19/01/2020    | 7          | L             | 9                  | SMP        | SMA   | IRT       | Swasta     | 2           | 2       | 62                       | 168 | 25.2 | 200         | 0.9             | rendah   |
| 6  | DN6         | 26         | Kel. Sudiang Raya    | Aisyah              | 3/8/2019      | 11         | P             | 5                  | Diplo ma   | SMA   | IRT       | Wiraswasta | 1           | 1       | 60                       | 155 | 26   | 120         | 0.9             | rendah   |
| 7  | DN7         | 38         | Jl. Soppeng 7        | Ayana Ananta Alfian | 6/12/2019     | 7          | P             | 5                  | SMA        | SMA   | IRT       | Swasta     | 3           | 3       | 85                       | 157 | 31.3 | 80          | 0.9             | rendah   |
| 8  | DN8         | 37         | Jl. Dwi Dharma       | Muh. Nur Rafasah    | 1/11/2019     | 9          | L             | 6                  | S1         | SMA   | IRT       | Wiraswasta | 4           | 4       | 70                       | 165 | 24.2 | 85          | 0.9             | rendah   |
| 9  | DN9         | 29         | Patene RW 2 Sudiang  | Muh. Alif           | 21/08/2019    | 12         | L             | 3                  | SD         | SD    | IRT       | Buruh      | 3           | 3       | 73                       | 160 | 26.4 | 30          | 1.3             | rendah   |
| 10 | DN10        | 32         | Jl. Dwi Dharma       | Denis               | 9/1/2020      | 7          | L             | 7                  | S1         | SMA   | IRT       | Swasta     | 1           | 1       | 70                       | 155 | 26.2 | 60          | 0.9             | rendah   |

|    |      |    |                          |                |            |    |   |   |     |     |     |            |   |   |    |     |      |    |     |        |
|----|------|----|--------------------------|----------------|------------|----|---|---|-----|-----|-----|------------|---|---|----|-----|------|----|-----|--------|
| 11 | DN11 | 26 | BTN Sao Sarana Indah SR  | Fatih          | 24/09/2019 | 11 | L | 4 | S1  | S1  | IRT | Swasta     | 1 | 1 | 63 | 160 | 24.6 | 60 | 0.9 | rendah |
| 12 | DN12 | 32 | Patene RW 2 Sudiang      | Ummu Syahidah  | 31/12/2019 | 7  | P | 5 | SMP | SD  | IRT | Wiraswasta | 3 | 3 | 78 | 156 | 24   | 60 | 0.8 | rendah |
| 13 | DN13 | 38 | RW 1 Jl. Bahagia Sudiang | Kamila         | 21/08/2019 | 12 | P | 7 | SD  | SD  | IRT | Buruh      | 5 | 5 | 68 | 148 | 25.5 | 90 | 1.1 | rendah |
| 14 | DN14 | 33 | RW 2 Mannuruli SR        | Amira          | 19/09/2019 | 11 | P | 5 | SMA | SD  | IRT | Sopir      | 2 | 2 | 60 | 157 | 25   | 70 | 0.8 | rendah |
| 15 | DN15 | 32 | Patene RW 2 Sudiang      | M Risky        | 18/09/2019 | 11 | L | 4 | SD  | SD  | IRT | Buruh      | 3 | 3 | 78 | 168 | 28   | 80 | 0.8 | rendah |
| 16 | DN16 | 36 | Jl. Dwi Dharma           | Nur Fadiah     | 26/01/2020 | 7  | L | 6 | S1  | S1  | IRT | Swasta     | 4 | 4 | 68 | 150 | 26   | 80 | 0.7 | rendah |
| 17 | DN17 | 31 | Arung Teko Sudiang       | Artila Ardila  | 7/2/2020   | 6  | P | 7 | SMP | SMA | IRT | Swasta     | 2 | 2 | 65 | 153 | 24.3 | 60 | 0.7 | rendah |
| 18 | DN18 | 25 | Arung Teko Sudiang       | Dirda Aulia    | 26/09/2019 | 11 | P | 4 | SMA | SMA | IRT | Sopir      | 2 | 2 | 74 | 158 | 24.2 | 60 | 0.6 | rendah |
| 19 | DN19 | 29 | Jl. D. Ramang RW 13      | Ahmad Alfarizi | 22/11/2019 | 8  | L | 5 | SMP | SMP | IRT | Buruh      | 3 | 3 | 50 | 156 | 31.5 | 60 | 0.8 | rendah |

| Status Gizi Bayi |               |             |           | Recall Konsumsi |             |              |              |                |           |              |              |              |             |             |              |              |            |              |              |
|------------------|---------------|-------------|-----------|-----------------|-------------|--------------|--------------|----------------|-----------|--------------|--------------|--------------|-------------|-------------|--------------|--------------|------------|--------------|--------------|
| BBL              | Kriteria      | BBA         | PBL       | Asupan Energi   | Kebutuhan   | % Kebutuhan  | Kriteria     | Asupan Protein | Kebutuhan | % Kebutuhan  | Kriteria     | asupan Lemak | Kebutuhan   | % Kebutuhan | Kriteria     | Asupan KH    | Kebutuhan  | % Kebutuhan  | Kriteria     |
| <b>3.1</b>       | <b>Normal</b> | <b>10.1</b> | <b>48</b> | <b>2930.1</b>   | <b>2550</b> | <b>114.9</b> | <b>cukup</b> | <b>80.2</b>    | <b>75</b> | <b>106.9</b> | <b>cukup</b> | <b>55.9</b>  | <b>62.2</b> | <b>89.9</b> | <b>cukup</b> | <b>522.3</b> | <b>395</b> | <b>132.2</b> | <b>cukup</b> |
| 2.9              | Normal        | 8           | 48        | 1773.2          | 2550        | 69.5         | kurang       | 65.4           | 75        | 87.2         | cukup        | 37.8         | 62.2        | 60.8        | kurang       | 283.6        | 395        | 71.8         | kurang       |
| 3.7              | Normal        | 8.7         | 50        | 1591.8          | 2650        | 60.1         | kurang       | 72.5           | 75        | 96.7         | cukup        | 33.8         | 67.2        | 50.3        | kurang       | 242.3        | 415        | 58.4         | kurang       |
| 2.8              | Normal        | 7.9         | 48        | 2625.3          | 2550        | 103.0        | cukup        | 93.1           | 75        | 124.1        | cukup        | 42.5         | 62.2        | 68.3        | kurang       | 452.6        | 395        | 114.6        | cukup        |
| 3.3              | Normal        | 6.4         | 50        | 1921.3          | 2650        | 72.5         | kurang       | 72.4           | 75        | 96.5         | cukup        | 68.4         | 67.2        | 101.8       | cukup        | 256.6        | 415        | 61.8         | kurang       |
| 2.8              | Normal        | 7.5         | 49        | 1749.3          | 2650        | 66.0         | kurang       | 60.1           | 75        | 80.1         | cukup        | 99.9         | 67.2        | 148.7       | cukup        | 161.5        | 415        | 38.9         | kurang       |
| 3.2              | Normal        | 7.8         | 51        | 1945.1          | 2550        | 76.3         | kurang       | 37             | 75        | 49.3         | kurang       | 69.8         | 62.2        | 112.2       | cukup        | 293.3        | 395        | 74.3         | kurang       |
| 4.2              | Normal        | 9.5         | 48        | 1719.1          | 2550        | 67.4         | kurang       | 54.4           | 75        | 72.5         | kurang       | 33.8         | 62.2        | 54.3        | kurang       | 291.3        | 395        | 73.7         | kurang       |
| 3.8              | Normal        | 8.7         | 48        | 1892.1          | 2650        | 71.4         | kurang       | 42.2           | 75        | 56.3         | kurang       | 124          | 67.2        | 184.5       | cukup        | 163.3        | 415        | 39.3         | kurang       |
| 2.6              | Normal        | 7.6         | 47        | 2584.2          | 2550        | 101.3        | cukup        | 46.7           | 75        | 62.3         | kurang       | 67.7         | 62.2        | 108.8       | cukup        | 449.6        | 395        | 113.8        | cukup        |
| 3.5              | Normal        | 9.4         | 50        | 1874.5          | 2650        | 70.7         | kurang       | 45             | 75        | 60.0         | kurang       | 86.7         | 67.2        | 129.0       | cukup        | 224.1        | 415        | 54.0         | kurang       |
| 3                | Normal        | 7.5         | 49        | 1921.3          | 2550        | 75.3         | kurang       | 72.4           | 75        | 96.5         | cukup        | 68.4         | 62.2        | 110.0       | cukup        | 256.6        | 395        | 65.0         | kurang       |

|     |        |     |    |        |      |       |        |       |    |       |        |      |      |       |        |       |     |       |        |
|-----|--------|-----|----|--------|------|-------|--------|-------|----|-------|--------|------|------|-------|--------|-------|-----|-------|--------|
| 3.4 | Normal | 6.5 | 48 | 2251.7 | 2550 | 88.3  | cukup  | 110.4 | 75 | 147.2 | cukup  | 77.7 | 62.2 | 124.9 | cukup  | 395.9 | 395 | 100.2 | cukup  |
| 3   | Normal | 7.4 | 49 | 1359.9 | 2550 | 53.3  | kurang | 51.7  | 75 | 68.9  | kurang | 57.3 | 62.2 | 92.1  | cukup  | 162.6 | 395 | 41.2  | kurang |
| 3.8 | Normal | 9   | 48 | 2443.4 | 2550 | 95.8  | cukup  | 90.8  | 75 | 121.1 | cukup  | 64.4 | 62.2 | 103.5 | cukup  | 365.9 | 395 | 92.6  | cukup  |
| 3.2 | Normal | 7.9 | 50 | 1659.2 | 2550 | 65.1  | kurang | 53.8  | 75 | 71.7  | kurang | 45   | 62.2 | 72.3  | kurang | 269.3 | 395 | 68.2  | kurang |
| 3   | Normal | 7.4 | 51 | 2620.4 | 2550 | 102.8 | cukup  | 91.9  | 75 | 122.5 | cukup  | 38.7 | 62.2 | 62.2  | kurang | 487.7 | 395 | 123.5 | cukup  |
| 3.1 | Normal | 6.5 | 49 | 2129.8 | 2650 | 80.4  | cukup  | 59.3  | 75 | 79.1  | kurang | 35.8 | 67.2 | 53.3  | kurang | 381.3 | 415 | 91.9  | cukup  |
| 3.1 | Normal | 9   | 49 | 1962.7 | 2650 | 74.1  | kurang | 93.5  | 75 | 124.7 | cukup  | 73.5 | 67.2 | 109.4 | cukup  | 250.1 | 415 | 60.3  | kurang |

### Data Ibu menyusui Kurang Energi Kronik

| No | Kode Sampel | Usia (Thn) | Alamat                   | Nama Bayi           | Tanggal Lahir | Usia (Bln) | Jenis Kelamin | Σ Anggota Keluarga | Pendidikan |       | Pekerjaan |            | Jumlah Anak | Anak Ke | Status Gizi Ibu Menyusui |     |      | Data ASI    |                 |          |
|----|-------------|------------|--------------------------|---------------------|---------------|------------|---------------|--------------------|------------|-------|-----------|------------|-------------|---------|--------------------------|-----|------|-------------|-----------------|----------|
|    |             |            |                          |                     |               |            |               |                    | Ibu        | Bapak | Ibu       | Bapak      |             |         | BB                       | TB  | LILA | Volume (ml) | Kadar As. Oleat | kriteria |
| 1  | DK1         | 22         | RW 4                     | Fauziah Ananda      | 20/12/2019    | 7          | P             | 8                  | S1         | S1    | PNS       | PNS        | 1           | 1       | 55                       | 165 | 23.3 | 80          | 1.3             | rendah   |
| 2  | DK2         | 23         | BTN Sao Sarana Indah SR  | Sabrina Pratiwi     | 27/01/2020    | 7          | P             | 7                  | SMA        | SMP   | IRT       | Swasta     | 1           | 1       | 43                       | 157 | 20.6 | 120         | 1.0             | rendah   |
| 3  | DK3         | 37         | RW 1 Jl. Bahagia Sudiang | Ahmad Nurullah      | 16/11/201`9   | 9          | L             | 5                  | SMA        | SMA   | IRT       | Buruh      | 3           | 3       | 60                       | 158 | 22.3 | 100         | 1.6             | tinggi   |
| 4  | DK4         | 30         | RW 1 Jl. Bahagia Sudiang | Abdul Rahim         | 20/09/2019    | 11         | L             | 11                 | SMA        | SMA   | IRT       | Wiraswasta | 3           | 3       | 52                       | 165 | 23   | 60          | 1.8             | tinggi   |
| 5  | DK5         | 27         | RW 1 Jl. Bahagia Sudiang | Ataya               | 13/10/2019    | 10         | L             | 11                 | SMA        | SMA   | IRT       | Swasta     | 1           | 1       | 62                       | 157 | 23   | 120         | 1.6             | tinggi   |
| 6  | DK6         | 24         | Pattene RW 02 Sudiang    | Suleika             | 5/11/2019     | 9          | P             | 5                  | SD         | SD    | IRT       | Buruh      | 3           | 3       | 45                       | 158 | 19.3 | 60          | 0.8             | rendah   |
| 7  | DK7         | 23         | Patene RW 2 Sudiang      | Mahdiyatul Syaqqiah | 6/1/2020      | 7          | P             | 4                  | SD         | SD    | IRT       | Buruh      | 2           | 2       | 46                       | 150 | 23   | 80          | 0.7             | rendah   |
| 8  | DK8         | 32         | Hartaco SR               | Hani P              | 24/12/2019    | 8          | P             | 6                  | SMP        | SMP   | IRT       | Buruh      | 4           | 4       | 66                       | 150 | 22.5 | 30          | 0.7             | rendah   |

|    |      |    |                           |                   |            |    |   |   |          |          |     |            |   |   |    |     |      |     |     |        |
|----|------|----|---------------------------|-------------------|------------|----|---|---|----------|----------|-----|------------|---|---|----|-----|------|-----|-----|--------|
| 9  | DK9  | 33 | RW 07 Kodam 1             | Wa Ode Gibran     | 4/12/2019  | 8  | L | 6 | SMP      | SMA      | IRT | Wiraswasta | 4 | 4 | 48 | 160 | 21   | 60  | 0.9 | rendah |
| 10 | DK10 | 37 | Jl. D. Ramang RW 13       | Fatimah Ratu Alam | 4/12/2019  | 7  | P | 5 | SMA      | SMA      | IRT | Buruh      | 3 | 3 | 45 | 146 | 22.5 | 30  | 0.9 | rendah |
| 11 | DK11 | 36 | Jl. Kalang Tubung Sudiang | Bukarail          | 6/12/2019  | 8  | L | 7 | SMA      | S1       | IRT | Swasta     | 1 | 1 | 45 | 154 | 20.3 | 80  | 0.9 | rendah |
| 12 | DK12 | 28 | BTN Sao Sarana Indah SR   | Chri Selda        | 29/11/2019 | 9  | P | 4 | SMA      | SMA      | IRT | Wiraswasta | 2 | 2 | 47 | 155 | 22.5 | 150 | 0.8 | rendah |
| 13 | DK13 | 26 | Jl. D. Ramang RW 13       | Nurlatifa Djafar  | 20/11/2019 | 8  | P | 7 | Diplo ma | Diplo ma | IRT | Sopir      | 1 | 1 | 50 | 153 | 22.5 | 60  | 0.8 | rendah |
| 14 | DK14 | 27 | Pattene RW 02 Sudiang     | M. Kial           | 20/08/2019 | 11 | L | 3 | SD       | SD       | IRT | Wiraswasta | 1 | 1 | 55 | 152 | 22.5 | 80  | 0.6 | rendah |
| 15 | DK15 | 33 | Arung Teko Sudiang        | Aslan             | 19/09/2019 | 11 | L | 6 | SMP      | SMA      | IRT | Buruh      | 4 | 4 | 72 | 157 | 23.1 | 100 | 0.7 | rendah |
| 16 | DK16 | 36 | Arung Teko Sudiang        | Muh. Dilan        | 17/11/2019 | 9  | L | 4 | SD       | SD       | IRT | Buruh      | 4 | 4 | 70 | 157 | 23.3 | 80  | 0.6 | rendah |
| 17 | DK17 | 29 | Arung Teko Sudiang        | M Rayyan          | 20/10/2019 | 10 | L | 5 | SMA      | SMA      | IRT | Wiraswasta | 2 | 2 | 80 | 164 | 23.2 | 180 | 1.5 | tinggi |
| 18 | DK18 | 26 | Jl. Lueuk Raya Blok H     | Muh. Adiesta      | 30/1/2020  | 6  | L | 5 | SMA      | SMA      | IRT | Pedaga ng  | 1 | 1 | 49 | 156 | 21.5 | 80  | 1.1 | rendah |
| 19 | DK19 | 26 | Puri Patene Sudiang       | Nazurah           | 30/7/2019  | 12 | P | 8 | SMA      | SMA      | IRT | Swasta     | 1 | 1 | 54 | 149 | 19.3 | 100 | 0.8 | rendah |

| Status Gizi Bayi |          |     |     | Recall Konsumsi |           |             |          |                |           |             |          |              |           |             |          |           |           |             |          |
|------------------|----------|-----|-----|-----------------|-----------|-------------|----------|----------------|-----------|-------------|----------|--------------|-----------|-------------|----------|-----------|-----------|-------------|----------|
| BBL              | Kriteria | BBA | PBL | Asupan Energi   | Kebutuhan | % Kebutuhan | Kriteria | Asupan Protein | Kebutuhan | % Kebutuhan | Kriteria | asupan Lemak | Kebutuhan | % Kebutuhan | Kriteria | Asupan KH | Kebutuhan | % Kebutuhan | Kriteria |
| 3.8              | Normal   | 11  | 51  | 1053.2          | 2650      | 39.74       | kurang   | 40.4           | 75        | 53.87       | kurang   | 29.5         | 67.2      | 43.90       | kurang   | 154.5     | 415       | 37.23       | kurang   |
| 2.8              | Normal   | 6.7 | 47  | 1571.3          | 2650      | 59.29       | kurang   | 63.7           | 75        | 84.93       | cukup    | 35.9         | 67.2      | 53.42       | kurang   | 243.1     | 415       | 58.58       | kurang   |
| 3.2              | Normal   | 9.8 | 49  | 1370            | 2550      | 53.73       | kurang   | 62.5           | 75        | 83.33       | cukup    | 28.7         | 62.2      | 46.14       | kurang   | 209.4     | 395       | 53.01       | kurang   |
| 4.1              | Normal   | 8.1 | 49  | 1757.4          | 2550      | 68.92       | kurang   | 67.4           | 75        | 89.87       | cukup    | 57.1         | 62.2      | 91.80       | cukup    | 274.9     | 395       | 69.59       | kurang   |
| 3.8              | Normal   | 7.5 | 48  | 1916            | 2650      | 72.30       | kurang   | 49.3           | 75        | 65.73       | kurang   | 56.9         | 67.2      | 84.67       | cukup    | 316       | 415       | 76.14       | kurang   |
| 2.8              | Normal   | 8.2 | 47  | 1153            | 2650      | 43.51       | kurang   | 48.3           | 75        | 64.40       | kurang   | 17.9         | 67.2      | 26.64       | kurang   | 197.2     | 415       | 47.52       | kurang   |
| 4                | Normal   | 8   | 50  | 1206.2          | 2650      | 45.52       | kurang   | 32.4           | 75        | 43.20       | kurang   | 6.6          | 67.2      | 9.82        | kurang   | 247.1     | 415       | 59.54       | kurang   |
| 3.3              | Normal   | 8   | 48  | 1283.8          | 2550      | 50.35       | kurang   | 49.6           | 75        | 66.13       | kurang   | 38.1         | 62.2      | 61.25       | kurang   | 142.7     | 395       | 36.13       | kurang   |
| 3.3              | Normal   | 6.8 | 48  | 1186.9          | 2550      | 46.55       | kurang   | 33.5           | 75        | 44.67       | kurang   | 11.8         | 62.2      | 18.97       | kurang   | 151.8     | 395       | 38.43       | kurang   |
| 3.2              | Normal   | 7.9 | 49  | 1352.1          | 2550      | 53.02       | kurang   | 66             | 75        | 88.00       | cukup    | 31.1         | 62.2      | 50.00       | kurang   | 195.6     | 395       | 49.52       | kurang   |
| 2.9              | Normal   | 8.4 | 49  | 1237.1          | 2550      | 48.51       | kurang   | 21.9           | 75        | 29.20       | kurang   | 37.7         | 62.2      | 60.61       | kurang   | 114.8     | 395       | 29.06       | kurang   |

|     |        |     |    |        |      |       |        |      |    |       |        |      |      |       |        |       |     |       |        |
|-----|--------|-----|----|--------|------|-------|--------|------|----|-------|--------|------|------|-------|--------|-------|-----|-------|--------|
| 3.4 | Normal | 9.9 | 49 | 1472   | 2650 | 55.55 | kurang | 50.6 | 75 | 67.47 | kurang | 31.2 | 67.2 | 46.43 | kurang | 240.2 | 415 | 57.88 | kurang |
| 3.7 | Normal | 9   | 48 | 1750.3 | 2650 | 66.05 | kurang | 36.5 | 75 | 48.67 | kurang | 21.8 | 67.2 | 32.44 | kurang | 153.2 | 415 | 36.92 | kurang |
| 3   | Normal | 8.5 | 50 | 1335.6 | 2650 | 50.40 | kurang | 47.3 | 75 | 63.07 | kurang | 21.6 | 67.2 | 32.14 | kurang | 230.9 | 415 | 55.64 | kurang |
| 3.5 | Normal | 8.4 | 48 | 1678.8 | 2550 | 65.84 | kurang | 56   | 75 | 74.67 | kurang | 37.8 | 62.2 | 60.77 | kurang | 274.3 | 395 | 69.44 | kurang |
| 3.9 | Normal | 7.9 | 51 | 1559.3 | 2550 | 61.15 | kurang | 50.8 | 75 | 67.73 | kurang | 42.7 | 62.2 | 68.65 | kurang | 244.6 | 395 | 61.92 | kurang |
| 3   | Normal | 8.2 | 50 | 1483.3 | 2650 | 55.97 | kurang | 38.7 | 75 | 51.60 | kurang | 20.2 | 67.2 | 30.06 | kurang | 285.3 | 415 | 68.75 | kurang |
| 3.5 | Normal | 7.6 | 50 | 1355.7 | 2650 | 51.16 | kurang | 25   | 75 | 33.33 | kurang | 59.4 | 67.2 | 88.39 | cukup  | 135.1 | 415 | 32.55 | kurang |
| 3.2 | Normal | 9.5 | 49 | 1157.6 | 2650 | 43.68 | kurang | 31.1 | 75 | 41.47 | kurang | 37.2 | 67.2 | 55.36 | kurang | 171.6 | 415 | 41.35 | kurang |

## OUTPUT HASIL UJI SPSS

### Kriteria Umur Ibu

#### Case Processing Summary

|  | Cases |         |         |         |       |         |
|--|-------|---------|---------|---------|-------|---------|
|  | Valid |         | Missing |         | Total |         |
|  | N     | Percent | N       | Percent | N     | Percent |
| Kategori usia ibu * kriteria status gizi | 38    | 100.0%  | 0       | 0.0%    | 38    | 100.0%  |

#### Kategori usia ibu

|                   |             |                            | kriteria status gizi |       | Total  |
|-------------------|-------------|----------------------------|----------------------|-------|--------|
|                   |             |                            | normal               | kek   |        |
| Kategori usia ibu | 20-35 tahun | Count                      | 13                   | 15    | 28     |
|                   |             | % within Kategori usia ibu | 46.4%                | 53.6% | 100.0% |
|                   | > 35 tahun  | Count                      | 6                    | 4     | 10     |
|                   |             | % within Kategori usia ibu | 60.0%                | 40.0% | 100.0% |
| Total             |             | Count                      | 19                   | 19    | 38     |
|                   |             | % within Kategori usia ibu | 50.0%                | 50.0% | 100.0% |

#### Symmetric Measures

|                      |                      | Value | Asymp. Std. Error <sup>a</sup> | Approx. T <sup>b</sup> | Approx. Sig.      |
|----------------------|----------------------|-------|--------------------------------|------------------------|-------------------|
| Interval by Interval | Pearson's R          | -.120 | .160                           | -.722                  | .475 <sup>c</sup> |
| Ordinal by Ordinal   | Spearman Correlation | -.120 | .160                           | -.722                  | .475 <sup>c</sup> |
| N of Valid Cases     |                      | 38    |                                |                        |                   |

a. Not assuming the null hypothesis.

b. Using the asymptotic standard error assuming the null hypothesis.

c. Based on normal approximation.

## Pendidikan Ibu

|  | Cases |         |         |         |       |         |
|--|-------|---------|---------|---------|-------|---------|
|  | Valid |         | Missing |         | Total |         |
|  | N     | Percent | N       | Percent | N     | Percent |
| Kategori Pendidikan * kriteria status gizi | 38    | 100.0%  | 0       | 0.0%    | 38    | 100.0%  |

## Pendidikan Ibu

|            |                 |                     | kriteria status gizi |       | Total  |
|------------|-----------------|---------------------|----------------------|-------|--------|
|            |                 |                     | normal               | kek   |        |
| Pendidikan | SD              | Count               | 4                    | 4     | 8      |
|            |                 | % within Pendidikan | 50.0%                | 50.0% | 100.0% |
|            | SMP             | Count               | 5                    | 3     | 8      |
|            |                 | % within Pendidikan | 62.5%                | 37.5% | 100.0% |
|            | SMA             | Count               | 4                    | 10    | 14     |
|            |                 | % within Pendidikan | 28.6%                | 71.4% | 100.0% |
|            | Diploma/Sarjana | Count               | 6                    | 2     | 8      |
|            |                 | % within Pendidikan | 75.0%                | 25.0% | 100.0% |
| Total      |                 | Count               | 19                   | 19    | 38     |
|            |                 | % within Pendidikan | 50.0%                | 50.0% | 100.0% |

## Pekerjaan Ibu

## Case Processing Summary

|                                      | Cases |         |         |         |       |         |
|--------------------------------------|-------|---------|---------|---------|-------|---------|
|                                      | Valid |         | Missing |         | Total |         |
|                                      | N     | Percent | N       | Percent | N     | Percent |
| Pekerjaan Ibu * kriteria status gizi | 38    | 100.0%  | 0       | 0.0%    | 38    | 100.0%  |

**Pekerjaan Ibu**

|               |     |                        | kriteria status gizi |        | Total  |
|---------------|-----|------------------------|----------------------|--------|--------|
|               |     |                        | normal               | kek    |        |
| Pekerjaan Ibu | IRT | Count                  | 19                   | 18     | 37     |
|               |     | % within Pekerjaan Ibu | 51.4%                | 48.6%  | 100.0% |
|               | PNS | Count                  | 0                    | 1      | 1      |
|               |     | % within Pekerjaan Ibu | 0.0%                 | 100.0% | 100.0% |
| Total         |     | Count                  | 19                   | 19     | 38     |
|               |     | % within Pekerjaan Ibu | 50.0%                | 50.0%  | 100.0% |

**Karakteristik Bayi**

## Jenis Kelamin Bayi

**Case Processing Summary**

|                             | Cases |         |         |         |       |         |
|-----------------------------|-------|---------|---------|---------|-------|---------|
|                             | Valid |         | Missing |         | Total |         |
|                             | N     | Percent | N       | Percent | N     | Percent |
| Jenis Kelamin * status gizi | 38    | 100.0%  | 0       | 0.0%    | 38    | 100.0%  |

**Jenis Kelamin \* kriteria status gizi Crosstabulation**

|               |   |                        | kriteria status gizi |       | Total  |
|---------------|---|------------------------|----------------------|-------|--------|
|               |   |                        | normal               | kek   |        |
| Jenis Kelamin | L | Count                  | 8                    | 10    | 18     |
|               |   | % within Jenis Kelamin | 44.4%                | 55.6% | 100.0% |
|               | P | Count                  | 11                   | 9     | 20     |
|               |   | % within Jenis Kelamin | 55.0%                | 45.0% | 100.0% |
| Total         |   | Count                  | 19                   | 19    | 38     |
|               |   | % within Jenis Kelamin | 50.0%                | 50.0% | 100.0% |

## Panjang Badan Lahir

**Case Processing Summary**

|                            | Cases |         |         |         |       |         |
|----------------------------|-------|---------|---------|---------|-------|---------|
|                            | Valid |         | Missing |         | Total |         |
|                            | N     | Percent | N       | Percent | N     | Percent |
| pbl * kriteria status gizi | 38    | 100.0%  | 0       | 0.0%    | 38    | 100.0%  |

**Panjang Badan Lahir**

|                      |                       |       | kriteria status gizi |        | Total |
|----------------------|-----------------------|-------|----------------------|--------|-------|
|                      |                       |       | normal               | kek    |       |
| kriteria pbl < 48 cm | Count                 | 1     | 2                    | 3      |       |
|                      | % within kriteria pbl | 33.3% | 66.7%                | 100.0% |       |
| ≥ 48 cm              | Count                 | 18    | 17                   | 35     |       |
|                      | % within kriteria pbl | 51.4% | 48.6%                | 100.0% |       |
| Total                | Count                 | 19    | 19                   | 38     |       |
|                      | % within kriteria pbl | 50.0% | 50.0%                | 100.0% |       |

**Symmetric Measures**

|                      |                      | Value | Asymp. Std. Error <sup>a</sup> | Approx. T <sup>b</sup> | Approx. Sig.      |
|----------------------|----------------------|-------|--------------------------------|------------------------|-------------------|
| Interval by Interval | Pearson's R          | -.098 | .156                           | -.588                  | .560 <sup>c</sup> |
| Ordinal by Ordinal   | Spearman Correlation | -.098 | .156                           | -.588                  | .560 <sup>c</sup> |
| N of Valid Cases     |                      | 38    |                                |                        |                   |

a. Not assuming the null hypothesis.

b. Using the asymptotic standard error assuming the null hypothesis.

c. Based on normal approximation.

**Kadar Rata-rata Asam Oleat Status Gizi KEK dan Normal**

Mean Oleat KEK

**Case Processing Summary**

|                   | Cases    |         |          |         |       |         |
|-------------------|----------|---------|----------|---------|-------|---------|
|                   | Included |         | Excluded |         | Total |         |
|                   | N        | Percent | N        | Percent | N     | Percent |
| Asam Oleat Normal | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |

**Report**

Asam Oleat Normal

| Mean  | N  | Std. Deviation |
|-------|----|----------------|
| 1.005 | 19 | .3719          |

## Mean Asam oleat Normal

## Case Processing Summary

|                   | Cases    |         |          |         |       |         |
|-------------------|----------|---------|----------|---------|-------|---------|
|                   | Included |         | Excluded |         | Total |         |
|                   | N        | Percent | N        | Percent | N     | Percent |
| Asam Oleat Normal | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |

## Report

## Asam Oleat Normal

| Mean | N  | Std. Deviation |
|------|----|----------------|
| .953 | 19 | .3627          |

## Uji Normalitas Kadar asam oleat

## Tests of Normality

|                   | Kolmogorov-Smirnov <sup>a</sup> |    |      | Shapiro-Wilk |    |      |
|-------------------|---------------------------------|----|------|--------------|----|------|
|                   | Statistic                       | df | Sig. | Statistic    | df | Sig. |
| Asam Oleat Normal | .297                            | 38 | .000 | .785         | 38 | .000 |

a. Lilliefors Significance Correction

## Uji beda kadar oleat

## Ranks

|                   | kriteria status gizi | N  | Mean Rank | Sum of Ranks |
|-------------------|----------------------|----|-----------|--------------|
| Asam Oleat Normal | normal               | 19 | 19.32     | 367.00       |
|                   | kek                  | 19 | 19.68     | 374.00       |
|                   | Total                | 38 |           |              |

**Test Statistics<sup>a</sup>**

|                                | Asam Oleat Normal |
|--------------------------------|-------------------|
| Mann-Whitney U                 | 177.000           |
| Wilcoxon W                     | 367.000           |
| Z                              | -.104             |
| Asymp. Sig. (2-tailed)         | .917              |
| Exact Sig. [2*(1-tailed Sig.)] | .931 <sup>b</sup> |

a. Grouping Variable: kriteria status gizi

b. Not corrected for ties.

**Rata-rata Asupan Makro Ibu Menyusui**

Rata-rata Asupan Energi Protein, Lemak dan Karbohidrat ibu menyusui dengan status gizi KEK

**Case Processing Summary**

|                    | Cases    |         |          |         |       |         |
|--------------------|----------|---------|----------|---------|-------|---------|
|                    | Included |         | Excluded |         | Total |         |
|                    | N        | Percent | N        | Percent | N     | Percent |
| Energi Normal      | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Protein Normal     | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Lemak Normal       | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Karbohidrat Normal | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |

**Report**

|                | Energi Normal | Protein Normal | Lemak Normal | Karbohidrat Normal |
|----------------|---------------|----------------|--------------|--------------------|
| Mean           | 1414.718      | 45.842         | 32.800       | 209.595            |
| N              | 19            | 19             | 19           | 19                 |
| Std. Deviation | 239.1585      | 13.6991        | 14.6643      | 58.2188            |

### Rata-rata Asupan Makro ibu menyusui dengan status gizi Normal

Rata-rata Asupan Energi, Protein, Lemak dan Karbohidrat ibu menyusui dengan status gizi Normal

#### Case Processing Summary

|                    | Cases    |         |          |         |       |         |
|--------------------|----------|---------|----------|---------|-------|---------|
|                    | Included |         | Excluded |         | Total |         |
|                    | N        | Percent | N        | Percent | N     | Percent |
| Energi Normal      | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Protein Normal     | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Lemak Normal       | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |
| Karbohidrat Normal | 19       | 100.0%  | 0        | 0.0%    | 19    | 100.0%  |

#### Report

|                | Energi Normal | Protein Normal | Lemak Normal | Karbohidrat Normal |
|----------------|---------------|----------------|--------------|--------------------|
| Mean           | 2050.232      | 68.042         | 62.163       | 311.047            |
| N              | 19            | 19             | 19           | 19                 |
| Std. Deviation | 317.7329      | 20.7944        | 24.2484      | 110.9487           |

#### Uji Normalitas Asupan Makro

#### Tests of Normality

|                    | Kolmogorov-Smirnov <sup>a</sup> |    |       | Shapiro-Wilk |    |      |
|--------------------|---------------------------------|----|-------|--------------|----|------|
|                    | Statistic                       | df | Sig.  | Statistic    | df | Sig. |
| Energi Normal      | .126                            | 38 | .132  | .935         | 38 | .028 |
| Protein Normal     | .102                            | 38 | .200* | .961         | 38 | .202 |
| Lemak Normal       | .165                            | 38 | .011  | .938         | 38 | .036 |
| Karbohidrat Normal | .162                            | 38 | .013  | .915         | 38 | .007 |

\*. This is a lower bound of the true significance.

a. Lilliefors Significance Correction

Uji beda asupan Makro Pada Ibu Menyusui dengan status gizi KEK dan Normal

**Ranks**

|                    | kriteria status gizi | N  | Mean Rank | Sum of Ranks |
|--------------------|----------------------|----|-----------|--------------|
| Energi Normal      | normal               | 19 | 27.63     | 525.00       |
|                    | kek                  | 19 | 11.37     | 216.00       |
|                    | Total                | 38 |           |              |
| Protein Normal     | normal               | 19 | 25.26     | 480.00       |
|                    | kek                  | 19 | 13.74     | 261.00       |
|                    | Total                | 38 |           |              |
| Lemak Normal       | normal               | 19 | 26.50     | 503.50       |
|                    | kek                  | 19 | 12.50     | 237.50       |
|                    | Total                | 38 |           |              |
| Karbohidrat Normal | normal               | 19 | 25.05     | 476.00       |
|                    | kek                  | 19 | 13.95     | 265.00       |
|                    | Total                | 38 |           |              |

**Test Statistics<sup>a</sup>**

|                                | Energi Normal     | Protein Normal    | Lemak Normal      | Karbohidrat Normal |
|--------------------------------|-------------------|-------------------|-------------------|--------------------|
| Mann-Whitney U                 | 26.000            | 71.000            | 47.500            | 75.000             |
| Wilcoxon W                     | 216.000           | 261.000           | 237.500           | 265.000            |
| Z                              | -4.511            | -3.197            | -3.884            | -3.080             |
| Asymp. Sig. (2-tailed)         | .000              | .001              | .000              | .002               |
| Exact Sig. [2*(1-tailed Sig.)] | .000 <sup>b</sup> | .001 <sup>b</sup> | .000 <sup>b</sup> | .002 <sup>b</sup>  |

a. Grouping Variable: kriteria status gizi

b. Not corrected for ties.

## ANALISIS BIVARIAT

Hubungan Jenis Kelamin dengan Kadar Asam oleat

### Jenis Kelamin dengan Kadar Asam Oleat

|               |   |                        | kriteria as. oleat |        | Total  |
|---------------|---|------------------------|--------------------|--------|--------|
|               |   |                        | rendah             | tinggi |        |
| Jenis Kelamin | L | Count                  | 14                 | 4      | 18     |
|               |   | % within Jenis Kelamin | 77.8%              | 22.2%  | 100.0% |
|               | P | Count                  | 19                 | 1      | 20     |
|               |   | % within Jenis Kelamin | 95.0%              | 5.0%   | 100.0% |
| Total         |   | Count                  | 33                 | 5      | 38     |
|               |   | % within Jenis Kelamin | 86.8%              | 13.2%  | 100.0% |

### Chi-Square Tests

|                                    | Value              | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|--------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | 2.459 <sup>a</sup> | 1  | .117                  |                      |                      |
| Continuity Correction <sup>b</sup> | 1.183              | 1  | .277                  |                      |                      |
| Likelihood Ratio                   | 2.583              | 1  | .108                  |                      |                      |
| Fisher's Exact Test                |                    |    |                       | .170                 | .139                 |
| N of Valid Cases                   | 38                 |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 2.37.

b. Computed only for a 2x2 table

## Hubungan Panjang Badan dengan Kadar Asam Oleat

## Panjang Badan Lahir dengan Kadar Asam Oleat

|                      |                       |        | kriteria as. oleat |        | Total |
|----------------------|-----------------------|--------|--------------------|--------|-------|
|                      |                       |        | rendah             | tinggi |       |
| kriteria pbl < 48 cm | Count                 | 3      | 0                  | 3      |       |
|                      | % within kriteria pbl | 100.0% | 0.0%               | 100.0% |       |
| ≥ 48 cm              | Count                 | 30     | 5                  | 35     |       |
|                      | % within kriteria pbl | 85.7%  | 14.3%              | 100.0% |       |
| Total                | Count                 | 33     | 5                  | 38     |       |
|                      | % within kriteria pbl | 86.8%  | 13.2%              | 100.0% |       |

## Chi-Square Tests

|                                    | Value             | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|-------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | .494 <sup>a</sup> | 1  | .482                  |                      |                      |
| Continuity Correction <sup>b</sup> | .000              | 1  | 1.000                 |                      |                      |
| Likelihood Ratio                   | .885              | 1  | .347                  |                      |                      |
| Fisher's Exact Test                |                   |    |                       | 1.000                | .647                 |
| N of Valid Cases                   | 38                |    |                       |                      |                      |

a. 3 cells (75.0%) have expected count less than 5. The minimum expected count is .39.

b. Computed only for a 2x2 table

### Hubungan asupan makro dgn OA

Hubungan asupan energy dengan Kadar asam oleat

#### Crosstab

|                 |                          |                          | kriteria as. oleat |        | Total  |
|-----------------|--------------------------|--------------------------|--------------------|--------|--------|
|                 |                          |                          | rendah             | tinggi |        |
| kriteria energi | Kurang                   | Count                    | 27                 | 4      | 31     |
|                 |                          | % within kriteria energi | 87.1%              | 12.9%  | 100.0% |
|                 | Cukup                    | Count                    | 6                  | 1      | 7      |
|                 |                          | % within kriteria energi | 85.7%              | 14.3%  | 100.0% |
| Total           | Count                    |                          | 33                 | 5      | 38     |
|                 | % within kriteria energi |                          | 86.8%              | 13.2%  | 100.0% |

#### Chi-Square Tests

|                                    | Value             | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|-------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | .010 <sup>a</sup> | 1  | .922                  |                      |                      |
| Continuity Correction <sup>b</sup> | .000              | 1  | 1.000                 |                      |                      |
| Likelihood Ratio                   | .009              | 1  | .923                  |                      |                      |
| Fisher's Exact Test                |                   |    |                       | 1.000                | .661                 |
| N of Valid Cases                   | 38                |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is .92.

b. Computed only for a 2x2 table

## Hubungan asupan protein dengan Kadar asam oleat

## Crosstab

|                  |                           |                           | kriteria as. oleat |        | Total  |
|------------------|---------------------------|---------------------------|--------------------|--------|--------|
|                  |                           |                           | rendah             | tinggi |        |
| kriteria protein | kurang                    | Count                     | 21                 | 2      | 23     |
|                  |                           | % within kriteria protein | 91.3%              | 8.7%   | 100.0% |
|                  | Cukup                     | Count                     | 12                 | 3      | 15     |
|                  |                           | % within kriteria protein | 80.0%              | 20.0%  | 100.0% |
| Total            | Count                     |                           | 33                 | 5      | 38     |
|                  | % within kriteria protein |                           | 86.8%              | 13.2%  | 100.0% |

## Chi-Square Tests

|                                    | Value              | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|--------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | 1.015 <sup>a</sup> | 1  | .314                  |                      |                      |
| Continuity Correction <sup>b</sup> | .267               | 1  | .605                  |                      |                      |
| Likelihood Ratio                   | .990               | 1  | .320                  |                      |                      |
| Fisher's Exact Test                |                    |    |                       | .365                 | .298                 |
| N of Valid Cases                   | 38                 |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 1.97.

b. Computed only for a 2x2 table

## Hubungan asupan lemak dengan Kadar asam oleat

## Crosstab

|                |        |                         | kriteria as. oleat |        | Total  |
|----------------|--------|-------------------------|--------------------|--------|--------|
|                |        |                         | rendah             | tinggi |        |
| kriteria lemak | kurang | Count                   | 21                 | 2      | 23     |
|                |        | % within kriteria lemak | 91.3%              | 8.7%   | 100.0% |
|                | Cukup  | Count                   | 12                 | 3      | 15     |
|                |        | % within kriteria lemak | 80.0%              | 20.0%  | 100.0% |
| Total          |        | Count                   | 33                 | 5      | 38     |
|                |        | % within kriteria lemak | 86.8%              | 13.2%  | 100.0% |

## Chi-Square Tests

|                                    | Value              | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|--------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | 1.015 <sup>a</sup> | 1  | .314                  |                      |                      |
| Continuity Correction <sup>b</sup> | .267               | 1  | .605                  |                      |                      |
| Likelihood Ratio                   | .990               | 1  | .320                  |                      |                      |
| Fisher's Exact Test                |                    |    |                       | .365                 | .298                 |
| N of Valid Cases                   | 38                 |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is 1.97.

b. Computed only for a 2x2 table

## Hubungan asupan Karbohidrat dengan Kadar asam oleat

## Crosstab

|             |                      |                      | kriteria as. oleat |        | Total  |
|-------------|----------------------|----------------------|--------------------|--------|--------|
|             |                      |                      | rendah             | tinggi |        |
| kriteria KH | kurang               | Count                | 27                 | 4      | 31     |
|             |                      | % within kriteria KH | 87.1%              | 12.9%  | 100.0% |
|             | Cukup                | Count                | 6                  | 1      | 7      |
|             |                      | % within kriteria KH | 85.7%              | 14.3%  | 100.0% |
| Total       | Count                |                      | 33                 | 5      | 38     |
|             | % within kriteria KH |                      | 86.8%              | 13.2%  | 100.0% |

## Chi-Square Tests

|                                    | Value             | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|-------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | .010 <sup>a</sup> | 1  | .922                  |                      |                      |
| Continuity Correction <sup>b</sup> | .000              | 1  | 1.000                 |                      |                      |
| Likelihood Ratio                   | .009              | 1  | .923                  |                      |                      |
| Fisher's Exact Test                |                   |    |                       | 1.000                | .661                 |
| N of Valid Cases                   | 38                |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is .92.

b. Computed only for a 2x2 table

## Hubungan Status Gizi dengan Kadar Asam Oleat

## status gizi dengan Kadar asam oleat

|                      |                               |                               | kriteria as. oleat |        | Total  |
|----------------------|-------------------------------|-------------------------------|--------------------|--------|--------|
|                      |                               |                               | rendah             | tinggi |        |
| kriteria status gizi | kek                           | Count                         | 15                 | 4      | 19     |
|                      |                               | % within kriteria status gizi | 78.9%              | 21.1%  | 100.0% |
|                      | normal                        | Count                         | 18                 | 1      | 19     |
|                      |                               | % within kriteria status gizi | 94.7%              | 5.3%   | 100.0% |
| Total                | Count                         |                               | 33                 | 5      | 38     |
|                      | % within kriteria status gizi |                               | 86.8%              | 13.2%  | 100.0% |

## Chi-Square Tests

|                                    | Value             | df | Asymp. Sig. (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) |
|------------------------------------|-------------------|----|-----------------------|----------------------|----------------------|
| Pearson Chi-Square                 | .010 <sup>a</sup> | 1  | .922                  |                      |                      |
| Continuity Correction <sup>b</sup> | .000              | 1  | 1.000                 |                      |                      |
| Likelihood Ratio                   | .009              | 1  | .923                  |                      |                      |
| Fisher's Exact Test                |                   |    |                       | 1.000                | .661                 |
| N of Valid Cases                   | 38                |    |                       |                      |                      |

a. 2 cells (50.0%) have expected count less than 5. The minimum expected count is .92.

b. Computed only for a 2x2 table

## DOKUMENTASI PENELITIAN

### A. Tahap Persiapan

#### 1. Perizinan



Izin Penelitian



Rekomendasi Etik



Izin Laboratorium

#### 2. Alat dan Bahan

##### Kit Oleic Acid



Cool Box

##### Pompa ASI



Ice Cooler

##### Kantung ASI



Pita LILA



Kuesioner



Hands Glove



Souvenir



## B. Pengambilan Sampel ASI



Pengukuran LILA



Handsanitizer Pada Responden



Persiapan Pengambilan ASI



Wawancara & Pengambilan ASI



ASI dalam Coolbox



Pencucuan Pomba ASI



Wawancara



Pemberian Souvenir



Pengantaran Sampel

### C. Pengujian Sampel ASI di Laboratorium



Serah terima sampel ASI



Pemberian Kode Sampel



Hasil Kode Sampel



Pembuatan sampel ASI



Sampel ASI



Menghomogenkan ASI



Masukkan Ke well



Sampel siap di well



Inkubasi



Cuci sebanyak 5 kali



50  $\mu$ l Substrate solution A



50  $\mu$ l Substrate solution B



Inkubasi 10 m, 37 C



Pembacaan ELISA READER



Pembacaan ELISA READER



Hasil








PEMERINTAH PROVINSI SULAWESI SELATAN  
**DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU**  
 BIDANG PENYELENGGARAAN PELAYANAN PERIZINAN

Nomor : 3746/D.41/PTSP/2020  
 Lampiran :  
 Perihal : Ijin Penelitian

Kepada Yth,  
 Walikota Makassar

di Tempat

Berdasarkan surat Dekan Fak. Kesehatan Masyarakat UNHAS Makassar Nomor : 4859/UNH 14/PT 01 04/2020 tanggal 10 Juli 2020 perihal tersebut diatas, mahasiswa yang telah diterima ini

|                   |                                      |
|-------------------|--------------------------------------|
| N a m a           | : ANDI MUHRIFAN                      |
| Nomor Pokok       | : K012181078                         |
| Program Studi     | : Kesehatan Masyarakat               |
| Pekerjaan/Lembaga | : Mahasiswa(S2)                      |
| Alamat            | : J. P. Kemerdekaan Km. 10, Makassar |

Dimaksudkan untuk melakukan penelitian di daerah/kantor saudara dalam rangka penyusunan Tesis, dengan judul

**" PERBEDAAN KADAR ASAM OLEAT MATUR (6-12 BULAN) PADA STATUS GIGI IBU MENYUSUI KEK DAN NORMAL DI WILAYAH KERJA PUSKESMAS SUDIANG RAYA KOTA MAKASSAR "**

Yang akan dilaksanakan dari : Tgl. 13 Juli s.d 13 September 2020

Sehubungan dengan hal tersebut diatas, pada prinsipnya kami menyetujui kegiatan dimaksud dengan ketentuan yang tertera di belakang surat ijin penelitian.

Demikian Surat Keterangan ini diberikan agar dipergunakan sebagaimana mestinya.

Diberikan di Makassar  
 Pada tanggal : 13 Juli 2020

A.n. GUBERNUR SULAWESI SELATAN  
**PE. KEPALA DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU**  
 PROVINSI SULAWESI SELATAN  
 selaku Administrator Pelayanan Perizinan Terpadu



**R. JEFFAH RAFIDA DJAFAR, ST., MT.**  
 Np : 10741021 200903 2 001

Terdapat 03  
 1. Ditulis Tgl. Nomor dan Monev/UNHAS Makassar di Makassar  
 2. Perihal

Surat PTSP 15-07-2020



J. Bougainville No.5 Telp. (0411) 441077 Faks. (0411) 448906  
 Website : <http://siman.sulselprov.go.id> Email : [ptsp@sulselprov.go.id](mailto:ptsp@sulselprov.go.id)  
 Makassar 90231



|  |   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
|--|---|--------------|---------------------|---------------|-----------------------|------------|---|------------------------------------|-----------------|-------|-----|------------|-----|
| <br><b>RUMAH SAKIT UNHAS</b>  | <b>SURAT KETERANGAN SEMENTARA<br/>SELESAI PENGAMBILAN DATA/ANALISA BAHAN HAYATI</b> |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
|  | Diterbitkan oleh<br><b>Laboratorium Penelitian</b>                                  |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| <b>FORMULIR<br/>3<br/>BIDANG<br/>PENELITIAN DAN INOVASI</b>  | Ditujukan kepada<br><b>KEPALA BIDANG<br/>PENELITIAN DAN INOVASI</b>                 |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Dengan hormat,<br>Dengan ini menerangkan bahwa peneliti/ mahasiswa berikut ini: <table border="0" style="width: 100%;"> <tr> <td>Nama</td> <td>: Andi Muhrifan</td> </tr> <tr> <td>NIM / NIP</td> <td>: K012181079</td> </tr> <tr> <td>Institusi</td> <td>: Magister Gizi, Kesehatan Masyarakat, Universitas Hasanuddin<br/>Makassar</td> </tr> <tr> <td>Kode penelitian</td> <td>: 200716_2</td> </tr> </table>   |   | Nama         | : Andi Muhrifan     | NIM / NIP     | : K012181079          | Institusi  | : Magister Gizi, Kesehatan Masyarakat, Universitas Hasanuddin<br>Makassar | Kode penelitian                    | : 200716_2      |       |     |            |     |
| Nama   | : Andi Muhrifan   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| NIM / NIP  | : K012181079  |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Institusi  | : Magister Gizi, Kesehatan Masyarakat, Universitas Hasanuddin<br>Makassar           |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Kode penelitian  | : 200716_2  |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| <b>TELAH SELESAI</b> melakukan pengambilan data/ analisa bahan hayati <table border="0" style="width: 100%;"> <tr> <td>Pada tanggal</td> <td>: 14 SEPTEMBER 2020</td> </tr> <tr> <td>Jumlah Subjek</td> <td>: 46 responden/sampel</td> </tr> <tr> <td>Jenis Data</td> <td>: OPTICAL DENSITY HUMAH BLEIC ACID<br/>METODE ELISA</td> </tr> <tr> <td>Dengan nama pendamping/ pembimbing</td> <td>: RISMA G, A MD</td> </tr> <tr> <td>Staff</td> <td>: -</td> </tr> <tr> <td>Konsultasi</td> <td>: -</td> </tr> </table> |   | Pada tanggal | : 14 SEPTEMBER 2020 | Jumlah Subjek | : 46 responden/sampel | Jenis Data | : OPTICAL DENSITY HUMAH BLEIC ACID<br>METODE ELISA                        | Dengan nama pendamping/ pembimbing | : RISMA G, A MD | Staff | : - | Konsultasi | : - |
| Pada tanggal   | : 14 SEPTEMBER 2020   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Jumlah Subjek  | : 46 responden/sampel   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Jenis Data   | : OPTICAL DENSITY HUMAH BLEIC ACID<br>METODE ELISA                                  |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Dengan nama pendamping/ pembimbing   | : RISMA G, A MD   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Staff  | : -   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Konsultasi   | : -   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Surat keterangan ini juga merupakan penjelasan bahwa peneliti/mahasiswa di atas tidak mempunyai sangkutan lagi pada unit/ instalasi kami   |   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Kepala Ruang<br><br><u>Dr. MUJIB FIRDAUS KASIM, M.Sc</u><br>NIP. 198412012018073001  |   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |
| Catatan:<br>1. Lembaran ini agar diisi dan diberikan kepada mahasiswa/peneliti untuk diserahkan kepada Bidang Penelitian dan Inovasi setelah pengambilan data / analisa bahan hayati selesai<br>2. Surat pengantar ini berlaku 2 x 24 jam hari kerja di unit penelitian RSUD   |   |              |                     |               |                       |            |   |                                    |                 |       |     |            |     |



**DINAS KESEHATAN KOTA MAKASSAR  
PUSKESMAS SUDIANG RAYA**

Bani Sudiang Permai Jl. Perummas Raya No. 5 Telp. (0411) – 4812486 Fax. (0411)–4812486  
MAKASSAR

**SURAT KETERANGAN SELESAI PENELITIAN**

No : 228.1 -TU/ PKM - SR / IX/2020

Yang bertanda tangan dibawah ini :

|              |                                 |
|--------------|---------------------------------|
| Nama         | : dr. H. Muhammad Sofyan        |
| NIP          | : 19790504 200502 1 005         |
| Pangkat/GOL. | : Penata Tk. I / III d          |
| Jabatan      | : Kepala Puskesmas Sudiang Raya |

Dengan ini menerangkan bahwa :

|             |                          |
|-------------|--------------------------|
| Nama        | : Andi Muhrifan          |
| NIM/Jurusan | : K0121R1079/ Kesmas     |
| Institusi   | : Universitas Hasanuddin |

Benar telah melaksanakan penelitian di Puskesmas Sudiang Raya Kota Makassar dengan judul "*PERBEDAAN ASAM OLEAT ASI MATUR (6-12 BULAN) PADA STATUS GIZI IBU MENYUSUI KEK DAN NORMAL DI WILAYAH KERJA PUSKESMAS SUDIANG RAYA KOTA MAKASSAR*", Pada tanggal 25 Juli s/d 25 Agustus 2020

Demikian surat keterangan ini dibuat untuk dipergunakan sebagaimana mestinya

Makassar, 21 September 2020  
Kepala Puskesmas Sudiang Raya



**dr. H. Muhammad Sofyan**  
NIP. 19790504 200502 1 005

## RIWAYAT HIDUP

### A. Data Pribadi

1. Nama : Andi Muhrifan
2. Tempat/Tanggal Lahir : Kendari, 28 November 1980
3. Alamat : Jl. Mayjen Katamso Desa Tanea  
Kec. Konda, Kab. Konawe Selatan
4. Status Sipil
  - a. Nama Istri : Hasnani Z, SST
  - b. Nama Anak : 1. Andi Muhammad Fajrin  
2. Andi Muhammad Fabian  
3. Andi Atha Naufal

### B. Riwayat Pendidikan

1. Pendidikan Formal
  - a. Tamat SD tahun 1993 di SDN 2 Tanea
  - b. Tamat SMP tahun 1996 di SMPN Konda
  - c. Tamat SMU tahun 1999 di SMU 5 Kendari
  - d. Diploma III Gizi tahun 2002 di Politeknik Kesehatan Kendari
  - e. Diploma IV Gizi tahun 2002 di Politeknik Kesehatan Kendari
5. Pendidikan Non Formal
  - a. -
  - b. -

### C. Pekerjaan dan Riwayat Pekerjaan

1. Pekerjaan : Aparatur Sipil Negara (ASN)
2. NIP : 198011282009031001
3. Pangkat/Jabatan : Penata TK I, III/b / Staf Seksi Gizi  
Dinas Kesehatan Provinsi Sulawesi  
Tenggara