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Lampiran 1

NASKAH PENJELASAN KEPADA RESPONDEN PENELITIAN

Assalamualaikum Warahmatullahi Wabarakatuh
Selamat pagi/siang/Ibu.
Dengan Hormat

Nama Yuliana D Wayoi mahasiswa Magister Kebidanan Universitas Hasanuddin yang sedang menjalani pendidikan dan saat ini sedang melakukan penelitian sebagai bagian dari tugas akhir yang berjudul “Hubungan Lama Penggunaan Kontrasepsi Suntik Depo-Medroxyprogesterone Acetate (DMPA) Dan Kontrasepsi Implant Terhadap Tekanan Darah, Profil Lipid Dan Berat Badan”. Pada penelitian ini, ibu akseptor kontrasepsi Kontrasepsi Suntik Depo-Medroxyprogesterone Acetate (DMPA) Dan Kontrasepsi Implant yang dipilih sebagai calon responden. Penelitian ini bertujuan untuk mengevaluasi hubungan penggunaan alokon Kontrasepsi Suntik Depo-Medroxyprogesterone Acetate (DMPA) Dan Kontrasepsi Implant terhadap perubahan tekanan darah, profil lipid LDL dan berat badan akseptor.

Ibu yang terpilih akan dilakukan pengambilan data berupa karakteristik responden, lama penggunaan kontrasepsi hormonal, serta berat badan ibu pada rekam medik. Selanjutnya peneliti melakukan pemeriksaan tekanan darah menggunakan tensimeter.g. Selanjutnya dilakukan pengambilan sampel darah melalui vena cubitis sebanyak 2 ml untuk pemeriksaan kadar profil lipid LDL.

Setiap data responden bersifat rahasia dan hanya akan digunakan untuk kepentingan penelitian. Selama proses penelitian, ibu tidak akan dikenakan biaya apapun. Bila ibu bersedia menjadi responden, mohon untuk menandatangani surat persetujuan yang telah disiapkan. Namun, jika selama penelitian ibu merasa tidak berkenan dengan alasan tertentu, ibu berhak mengundurkan diri dari penelitian.

Demikian penjelasan ini kami sampaikan, dan atas kesediaan ibu menjadi responden dalam penelitian ini disampaikan terima kasih

Peneliti,

(.....)
Mahasiswa Program Magister Ilmu Kebidanan
Universitas Hasanuddin

Lampiran 2

FORMULIR PERSETUJUAN

Yang bertanda tangan dibawah ini:

Nama :

Tanggal lahir/umur :

Alamat :

No. Hp :

Setelah mendapat penjelasan secara rinci dan telah mengerti mengenai hal yang berkaitan dengan tujuan, manfaat apa yang akan diperoleh pada penelitian ini serta risiko yang mungkin terjadi, saya menyatakan setuju untuk ikut berpartisipasi dalam penelitian. Saya mengerti bahwa pada penelitian ini ada beberapa pertanyaan-pertanyaan yang harus saya jawab, dan sebagai responden saya akan menjawab pertanyaan yang diajukan dengan jujur.

Saya menjadi responden bukan karena adanya paksaan dari pihak lain, tetapi karena keinginan saya sendiri dan tidak ada biaya yang akan ditanggungkan kepada saya sesuai dengan penjelasan yang sudah dijelaskan oleh peneliti.

Saya percaya bahwa keamanan dan kerahasiaan data yang diperoleh dari saya sebagai responden akan terjamin dan saya dengan ini menyetujui semua informasi dari saya yang dihasilkan pada penelitian ini dapat dipublikasikan dalam bentuk lisan maupun tulisan dengan tidak mencantumkan nama. Bila terjadi perbedaan pendapat dikemudian hari, kami akan menyelesaikannya secara kekeluargaan.

Makassar, 2022
Responden,

(.....)

Penanggung Jawab Penelitian :

Nama :

Alamat :

Tlpn/ No Hp :

Email :

Lampiran 3

LEMBAR KUESIONER PENELITIAN

A. Karakteristik Responden

No. Responden :

Umur :

Pendidikan Terakhir :

Pekerjaan :

1. Tidak bekerja

2. Bekerja

Jika ibu bekerja, jenis pekerjaan adalah :

1. Petani

2. Pedagang

3. PNS

4. Swasta

5. Lain-lain (Sebutkan)

Paritas :

Penghasilan Ibu :

1. < Rp. 735.000,-

2. Rp. 735.000 - Rp 1.000.000,-

3. > Rp 1.000.000,-

Alamat :

No Hp :

B. Pemeriksaan Fisik

Tekanan Darah..... mmHg

Berat Badan.....Kg

Lampiran 3

Master Tabel Penelitian

| No | Nama | Umur | Pendidikan | | Pekerjaan | | Pendapatan | | Paritas | Status IMT | | Akseptor Lama/Baru | | Lama PenggunaanKB | | | Akseptor KontrasepsiKB | | Dukungan Suami dan Keluarga | |
|----|--------|--------|------------|------|-----------|------|------------|------|---------|------------|--------|--------------------|--------|-------------------|--------|------|------------------------|------|-----------------------------|------|
| | | | Status | Kode | Status | Kode | Status | Kode | Jmlh | Kode | status | kode | status | kode | status | kode | Jenis | kode | status | kode |
| 1 | Ny.S.B | 22 Thn | SMA | 1 | IRT | 2 | 2 | 2 | 1 | 1 | 20,4 | 1 | Lama | 1 | 17 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 2 | Ny.M.M | 23 Thn | SMP | 1 | IRT | 2 | 2 | 2 | 3 | 1 | 19,6 | 1 | Lama | 1 | 19 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 3 | Ny.A | 25 Thn | SMP | 1 | IRT | 2 | 2 | 2 | 4 | 2 | 19,5 | 1 | Baru | 1 | 26 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 4 | Ny.D | 24 Thn | PT | 2 | ASN | 1 | 1 | 1 | 1 | 1 | 26,7 | 3 | Baru | 2 | 18 Bln | 1 | Implant | 3 | Nikah | 2 |
| 5 | Ny.S | 26 Thn | PT | 2 | Swasta | 2 | 1 | 1 | 2 | 1 | 28,9 | 3 | Baru | 1 | 11 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 6 | Ny.S | 30 Thn | SLTA | 1 | Swasta | 1 | 1 | 2 | 3 | 1 | 14,3 | 2 | Lama | 1 | 13 bln | 2 | Implant | 3 | Nikah | 2 |
| 7 | Ny.S | 27 Thn | SMP | 1 | IRT | 2 | 2 | 2 | 5 | 2 | 28,2 | 2 | Lama | 1 | 26 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 8 | Ny.R | 35 Thn | SD | 1 | IRT | 2 | 2 | 2 | 6 | 2 | 26,8 | 3 | Lama | 1 | 27 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 9 | Ny.R | 20 Thn | SMA | 1 | IRT | 2 | 2 | 2 | 1 | 1 | 33,3 | 4 | Lama | 1 | 22 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 10 | Ny.M | 27 Thn | PT | 2 | ASN | 1 | 1 | 1 | 2 | 1 | 19,6 | 1 | Lama | 1 | 23 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 11 | Ny.N | 26 Thn | SLTA | 2 | Swasta | 1 | 1 | 1 | 3 | 1 | 38 | 4 | Lama | 1 | 36 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 12 | Ny.S | 33 Thn | PT | 2 | ASN | 1 | 1 | 1 | 3 | 1 | 23,7 | 1 | Lama | 1 | 26 Bln | 2 | Suntik | 1 | Nikah | 2 |

| | | | | | | | | | | | | | | | | | | | | |
|----|---------|--------|------|---|--------|---|---|---|---|---|------|---|------|---|--------|---|---------|---|-------|---|
| 13 | Ny.W | 27 Thn | PT | 2 | ASN | 1 | 1 | 1 | 1 | 1 | 24,7 | 1 | Baru | 2 | 11 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 14 | Ny.A.S | 20 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 1 | 1 | 35,6 | 4 | Baru | 2 | 7 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 15 | Ny.D. B | 22 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 2 | 1 | 20 | 1 | Lama | 1 | 24 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 16 | Ny.K | 32 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 4 | 2 | 19,1 | 1 | Lama | 1 | 36 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 17 | Ny.S | 18 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 1 | 1 | 24,7 | 1 | Baru | 2 | 10 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 18 | Ny.A | 33 Thn | SLTA | 2 | Swasta | 1 | 1 | 1 | 3 | 1 | 18,3 | 2 | Lama | 1 | 30 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 19 | Ny.M | 27 Thn | SLTA | 2 | Swasta | 1 | 1 | 1 | 2 | 1 | 22,6 | 1 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 20 | Ny.R | 35 Thn | SD | 2 | IRT | 2 | 2 | 2 | 6 | 2 | 18,9 | 1 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 21 | Ny.E | 27 Thn | ST | 1 | ASN | 1 | 1 | 1 | 2 | 1 | 19,1 | 1 | Lama | 1 | 12 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 22 | Ny.S | 26 Thn | SLTA | 2 | IRT | 2 | 2 | 2 | 2 | 1 | 29,3 | 3 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 23 | Ny.H | 32 Thn | SLTA | 2 | IRT | 2 | 2 | 2 | 3 | 1 | 19 | 1 | Lama | 1 | 30 bln | 2 | Suntik | 1 | Nikah | 2 |
| 24 | Ny.N | 25 Thn | SMA | 2 | Swasta | 1 | 1 | 1 | 3 | 1 | 18,9 | 1 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 25 | Ny.H | 22 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 2 | 1 | 22,7 | 1 | Baru | 2 | 23 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 26 | Ny.M | 22 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 4 | 2 | 19,6 | 1 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 27 | Ny.K | 32 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 4 | 2 | 19,8 | 1 | Lama | 1 | 23 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 28 | Ny.M. T | 35 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 5 | 2 | 23,2 | 1 | Lama | 1 | 23 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 29 | Ny.A | 26 | SMA | 2 | IRT | 2 | 2 | 2 | 1 | 1 | 32,9 | 4 | Lama | 1 | 27 | 2 | Suntik | 1 | Nikah | 2 |

| | | | | | | | | | | | | | | | | | | | | |
|----|---------|------------------|------|---|--------|---|---|---|---|---|------|---|------|---|------------------|---|---------|---|-------|---|
| 30 | Ny.M | Thn 31 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 3 | 1 | 19,6 | 1 | Lama | 1 | Bln 20 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 31 | Ny.E | 22 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 4 | 2 | 20,7 | 1 | Lama | 1 | 35 Bln | 2 | Implant | 3 | Nikah | 2 |
| 32 | Ny.N.D | 25 Thn | SLTA | 2 | Swasta | 1 | 1 | 1 | 1 | 1 | 25,3 | 3 | Lama | 1 | 35 Bln | 2 | Inplant | 3 | Nikah | 2 |
| 33 | Ny.Y.D | 35 Thn | ST | 1 | ASN | 1 | 1 | 1 | 2 | 1 | 23,4 | 1 | Lama | 1 | 25 Bln | 2 | Implant | 3 | Nikah | 2 |
| 34 | Ny.S | 33 Thn | ST | 1 | ASN | 1 | 1 | 1 | 2 | 1 | 25,3 | 3 | Lama | 1 | 27 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 35 | Ny.D | 32 Thn | SMA | 2 | Swasta | 2 | 1 | 1 | 2 | 1 | 29,4 | 3 | Lama | 1 | 33 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 36 | Ny.S | 27 Thn | SMA | 2 | IRT | 1 | 1 | 2 | 3 | 1 | 26,3 | 3 | Lama | 1 | 34 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 37 | Ny.A | 23 Thn | SD | 2 | IRT | 2 | 2 | 2 | 5 | 2 | 28,7 | 3 | Lama | 1 | 14 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 38 | Ny.A | 24 Thn | SLTA | 2 | IRT | 2 | 2 | 2 | 3 | 1 | 24,7 | 1 | Lama | 1 | 16 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 39 | Ny.N.M | 37 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 6 | 2 | 31,5 | 4 | Lama | 1 | 31 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 40 | Ny.F | 34 Thn | SMA | | IRT | 2 | 2 | 2 | 1 | 1 | 19,5 | 1 | Lama | 1 | 36 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 41 | Ny.S | 23 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 2 | 2 | 27,2 | 3 | Baru | 2 | 10 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 42 | Ny.T | 21 Thn | SMA | 2 | Swasta | 1 | 1 | 1 | 3 | 1 | 20,4 | 1 | Baru | 2 | 10 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 43 | Ny.Y. M | 22 Thn | SMA | 2 | IRT | 1 | 1 | 1 | 3 | 1 | 25 | 3 | Baru | 2 | 15 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 44 | Ny. D.R | 28 Thn | ST | 1 | ASN | 1 | 1 | 1 | 1 | 1 | 23,9 | 1 | Baru | 2 | 15 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 45 | Ny.Y.R | 21 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 1 | 1 | 25,4 | 3 | Lama | 1 | 31 Bln | 2 | Implant | 3 | Nikah | 2 |

| | | | | | | | | | | | | | | | | | | | | |
|----|---------|-----------|-----|---|--------|---|---|---|---|---|------|---|------|---|-----------|---|---------|---|-------|---|
| 46 | Ny.Y.D | 26 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 2 | 1 | 18,2 | 2 | Lama | 1 | 12 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 47 | Ny.O | 27 Thn | ST | 1 | ASN | 1 | 1 | 1 | 4 | 1 | 20,7 | 1 | Lama | 1 | 36 Bln | 2 | Implant | 3 | Nikah | 2 |
| 48 | Ny.D.A | 20 Thn | SMA | 2 | Swasta | 2 | 2 | 2 | 1 | 1 | 21 | 1 | Lama | 1 | 13 Bln | 2 | Implant | 3 | Nikah | 2 |
| 49 | Ny.M. M | 20 Thn | SMA | 2 | IRT | 2 | 2 | 2 | 2 | 2 | 19,6 | 1 | Baru | 2 | 13 Bln | 2 | Suntik | 1 | Nikah | 2 |
| 50 | Ny.E.B | 35 Thn | SMA | 1 | Swasta | 1 | 1 | 1 | 3 | 1 | 29,7 | 3 | Baru | 2 | 10 Bln | 1 | Suntik | 1 | Nikah | 2 |
| 51 | Ny.F. B | 29 Thn | ST | 1 | Swasta | 1 | 1 | 1 | 2 | 1 | 19,9 | 1 | Baru | 2 | 16 Bln | 2 | Implant | 3 | Nikah | 2 |
| 52 | Ny.M. w | 26 Thn | SMP | 2 | IRT | 2 | 2 | 2 | 6 | 2 | 23,8 | 1 | Baru | 2 | 30 Bln | 2 | Implant | 3 | Nikah | 2 |
| 53 | Ny.S.M | 28 Thn | SMA | 2 | Swasta | 1 | 1 | 1 | 2 | 1 | 20,3 | 1 | Baru | 2 | 14 Bln | 2 | Suntik | 1 | Nikah | 2 |

Keterangan

| | | | |
|-------------------|--|------------------------------------|---|
| Nama | Isi Sesuai Nama Responden | Akseptor Lama/Baru | Isi Sesuai Kategori Akseptor Responden <ul style="list-style-type: none"> • Lama=1 • Baru=2 |
| Umur | Isi Sesuai Umur Responden <ul style="list-style-type: none"> • 20-27=1 • 28-35=2 | Lama Penggunaan KB | Isi Sesuai Lama Penggunaan KB Responden <ul style="list-style-type: none"> • ≥ 6 bulan =1 • ≥ 12 bulan =2 |
| Pendidikan | Isi Sesuai Pendidikan Responden <ul style="list-style-type: none"> • Tinggi =1 • Rendah=2 | Akseptor Kontrasepsi KB | Isi Sesuai Jenis Kontrasepsi Hormonal Responden <ul style="list-style-type: none"> • KB Suntik <i>Depo Medroxy Progesteron Acetate (DMPA)</i> =1 • KB Implan <i>Implanon</i> =2 |
| Pekerjaan | Isi Sesuai Pendidikan Responden <ul style="list-style-type: none"> • Bekerja=1 • Tidak Bekerja=2 | Dukungan Suami Dan Keluarga | Isi Sesuai Status Dukungan Suami Dan Responden <ul style="list-style-type: none"> • Tidak Ada Dukungan=1 • Ada Dukungan=2 |
| Pendapatan | Isi Sesuai Pendapatan Responden <ul style="list-style-type: none"> • ≥UMP=1 • <UMP=2 | | |
| Paritas | Isi Sesuai Jumlah Paritas Responden <ul style="list-style-type: none"> • 1-3 =1 • >4 =2 | | |
| Status IMT | Isi Sesuai IMT Responden <ul style="list-style-type: none"> • Normal 18,5-24,9 Kg/m²=1 • Underweight <18,5 Kg/m²=2 • Overweight 25-29,9 Kg/m²=3 • Obesitas (≥30 Kg/m²=4 | | |

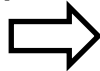
MASTER TABEL (Variabel Dependen)

| N o | Tekanan Darah (mmhg) | | | Berat Badan (kg) | | | Profil Lipid | |
|--------|----------------------|---------|------|------------------|---------|------|--------------|------|
| | Sebelum | Setelah | Kode | Sebelum | Setelah | Kode | Status | Kode |
| 1 | 100/70 | 100/60 | 2 | 43 | 46 | 1 | 110 | 1 |
| 2 | 100/70 | 100/70 | 3 | 44 | 47 | 1 | 98 | 1 |
| 3 | 110/80 | 110/80 | 3 | 42 | 42 | 3 | 109 | 1 |
| 4 | 120/60 | 120/80 | 2 | 64 | 60 | 2 | 150 | 2 |
| 5 | 120/80 | 120/80 | 3 | 60 | 60 | 2 | 119 | 1 |
| 6 | 110/70 | 118/74 | 2 | 64 | 68 | 1 | 89 | 1 |
| 7 | 110/80 | 110/80 | 3 | 73 | 73 | 1 | 297 | 2 |
| 8 | 100/60 | 100/60 | 3 | 66 | 66 | 2 | 112 | 1 |
| 9 | 120/84 | 120/84 | 3 | 68 | 70 | 1 | 130 | 1 |
| 10 | 120/80 | 130/92 | 1 | 50 | 54 | 1 | 170 | 2 |
| 11 | 120/80 | 132/90 | 1 | 77 | 89 | 1 | 100 | 1 |
| 12 | 110/68 | 120/80 | 2 | 63 | 70 | 1 | 124 | 1 |
| 13 | 100/69 | 100/70 | 3 | 57 | 57 | 3 | 121 | 1 |
| 14 | 120/80 | 132/90 | 3 | 75 | 80 | 1 | 300 | 2 |
| 15 | 113/72 | 113/72 | 3 | 45 | 45 | 3 | 110 | 1 |
| 16 | 98/57 | 98/57 | 3 | 43 | 43 | 3 | 98 | 1 |
| 17 | 99/61 | 99/61 | 3 | 60 | 60 | 3 | 109 | 1 |
| 18 | 107/66 | 107/66 | 3 | 40 | 44 | 1 | 117 | 1 |
| 19 | 109/77 | 109/77 | 3 | 53 | 53 | 3 | 100 | 1 |
| 20 | 121/73 | 121/73 | 3 | 50 | 46 | 2 | 129 | 1 |
| 21 | 110/70 | 130/90 | 1 | 45 | 47 | 1 | 190 | 2 |
| 22 | 120/80 | 130/80 | 1 | 43 | 65 | 1 | 261 | 2 |
| 23 | 111/73 | 111/73 | 3 | 51 | 53 | 1 | 112 | 1 |
| 24 | 116/60 | 116/60 | 3 | 40 | 42 | 1 | 120 | 1 |
| 25 | 110/70 | 110/70 | 3 | 51 | 51 | 3 | 100 | 1 |
| 26 | 103/70 | 103/70 | 3 | 44 | 44 | 3 | 264 | 2 |
| 27 | 97/65 | 97/65 | 3 | 44 | 50 | 1 | 121 | 1 |
| 28 | 109/85 | 109/85 | 3 | 50 | 55 | 1 | 110 | 1 |
| 29 | 130/93 | 120/93 | 1 | 70 | 73 | 1 | 200 | 2 |
| 30 | 120/86 | 130/100 | 1 | 40 | 44 | 1 | 98 | 1 |
| 31 | 99/62 | 99/62 | 3 | 43 | 49 | 1 | 109 | 1 |
| 32 | 120/95 | 130/95 | 1 | 54 | 60 | 1 | 140 | 2 |
| 33 | 120/95 | 130/95 | 1 | 50 | 54 | 1 | 220 | 2 |
| 34 | 120/91 | 139/91 | 1 | 60 | 60 | 1 | 127 | 1 |
| 35 | 117/80 | 117/80 | 3 | 78 | 78 | 1 | 100 | 1 |
| 36 | 129/80 | 129/80 | 3 | 60 | 60 | 3 | 119 | 1 |
| 37 | 120/98 | 160/100 | 1 | 79 | 79 | 1 | 98 | 1 |
| 38 | 120/88 | 130/90 | 1 | 64 | 64 | 3 | 109 | 1 |
| 39 | 120/84 | 135/84 | 1 | 70 | 70 | 1 | 115 | 1 |
| 40 | 125/85 | 125/85 | 2 | 55 | 45 | 2 | 220 | 2 |
| 41 | 100/70 | 100/70 | 3 | 66 | 66 | 3 | 131 | 1 |
| 42 | 100/80 | 120/80 | 2 | 46 | 46 | 3 | 116 | 1 |
| 43 | 120/80 | 140/90 | 1 | 58 | 60 | 1 | 110 | 1 |
| 44 | 100/80 | 110/80 | 3 | 53 | 53 | 3 | 98 | 1 |

| | | | | | | | | |
|----|--------|--------|---|----|----|---|-----|---|
| 45 | 115/92 | 140/92 | 1 | 60 | 65 | 1 | 109 | 1 |
| 46 | 96/76 | 90/80 | 2 | 41 | 41 | 3 | 130 | 1 |
| 47 | 120/80 | 120/80 | 3 | 49 | 49 | 3 | 220 | 2 |
| 48 | 130/81 | 130/90 | 1 | 50 | 50 | 3 | 125 | 1 |
| 49 | 90/60 | 100/60 | 2 | 47 | 47 | 3 | 100 | 1 |
| 50 | 100/70 | 120/70 | 2 | 65 | 65 | 3 | 98 | 1 |
| 51 | 100/68 | 120/80 | 2 | 49 | 49 | 3 | 109 | 1 |
| 52 | 120/80 | 130/90 | 1 | 50 | 50 | 3 | 150 | 2 |
| 53 | 120/80 | 120/80 | 3 | 56 | 56 | 3 | 220 | 1 |

KETERANGAN:

1. TD
 - a. Meningkat = 1
 - b. Tidak Meningkat = 2
 - c. Tetap= 3
2. Berat badan
 - a. Meningkat = 1
 - b. Tidak Meningkat =2
 - c. Tetap= 3
3. Status Profil Lipid
 - a. Normal=1
 - b. Abnormal=2



Profil Lipid merupakan hasil pemeriksaan dari sampel darah yang telah di ambil dengan kategori:

- 1) Kolesterol HDL Normal: >40 mg/dl
- 2) Kolesterol LDL Normal: <100 mg/dl
- 3) Trigliserida Normal: <150 mg/dl
- 4) Kolesterol total Normal: <200 mg/d

Lampiran 4

Output SPSS

```
FREQUENCIES VARIABLES=Kontrasepsi pendidikan pekerjaan pendapatan paritas IMT lama umur DS TD BB
  prlipid
  /ORDER=ANALYSIS.
```

Frequencies

Statistics

| N | | Akseptor | Pendidikan | Pekerjaan | Pendapatan | Paritas | Status | Lama | Umur | Dukungan | Tekanan | Berat | Profil |
|----|---------|-------------|------------|-----------|------------|---------|--------|------------|------|----------|---------|-------|--------|
| | | Kontrasepsi | | | | | | Penggunaan | | | | | |
| | | KB | | | | | IMT | KB | Ibu | Suami | Darah | Badan | Lipid |
| 53 | Valid | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 |
| | Missing | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 | 0 |

Frequency Table

| | | Akseptor KB | | | Cumulative Percent |
|-------|-------|-------------|---------|---------------|-----------------------|
| | | Frequency | Percent | Valid Percent | |
| Valid | lama | 39 | 73.6 | 73.6 | 73.6 |
| | baru | 14 | 26.4 | 26.4 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Akseptor Kontrasepsi KB

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--|-----------|---------|---------------|--------------------|
| Valid | KB Suntik Depo Medroxy Progesteron Acetate (DMPA) | 38 | 71.7 | 71.7 | 71.7 |
| | KB Implan Implanon | 15 | 28.3 | 28.3 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Pendidikan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Tinggi | 14 | 26.4 | 26.4 | 26.4 |
| | Rendah | 39 | 73.6 | 73.6 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Pekerjaan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Bekerja | 21 | 39.6 | 39.6 | 39.6 |
| | Tidak bekerja | 32 | 60.4 | 60.4 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Pendapatan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | ≥UMP | 21 | 39.6 | 39.6 | 39.6 |
| | <UMP | 32 | 60.4 | 60.4 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Paritas

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 1 – 3 | 39 | 73.6 | 73.6 | 73.6 |
| | > 4 | 14 | 26.4 | 26.4 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Status IMT

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------------|-----------|---------|---------------|--------------------|
| Valid | Normal | 31 | 58.5 | 58.5 | 58.5 |
| | Underweight | 4 | 7.5 | 7.5 | 66.0 |

| | | | | |
|------------|----|-------|-------|-------|
| Overweight | 13 | 24.5 | 24.5 | 90.6 |
| Obesitas | 5 | 9.4 | 9.4 | 100.0 |
| Total | 53 | 100.0 | 100.0 | |

Lama Penggunaan KB

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------------|-----------|---------|---------------|--------------------|
| Valid | 6 - 12 bulan | 8 | 15.1 | 15.1 | 15.1 |
| | ≥ 12 bulan | 45 | 84.9 | 84.9 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Umur Ibu

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | 20 - 27 tahun | 34 | 64.2 | 64.2 | 64.2 |
| | 28 - 35 tahun | 19 | 35.8 | 35.8 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Dukungan Suami

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------------|-----------|---------|---------------|--------------------|
| Valid | Ada dukungan | 53 | 100.0 | 100.0 | 100.0 |

Tekanan Darah

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------------|-----------|---------|---------------|--------------------|
| Valid | Meningkat | 16 | 30.2 | 30.2 | 30.2 |
| | Tidak meningkat | 10 | 18.9 | 18.9 | 49.1 |
| | Tetap | 27 | 50.9 | 50.9 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Berat Badan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------------|-----------|---------|---------------|--------------------|
| Valid | Meningkat | 27 | 50.9 | 50.9 | 50.9 |
| | Tidak meningkat | 5 | 9.4 | 9.4 | 60.4 |
| | Tetap | 21 | 39.6 | 39.6 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

Profil Lipid

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|----------|-----------|---------|---------------|--------------------|
| Valid | Normal | 40 | 75.5 | 75.5 | 75.5 |
| | Abnormal | 13 | 24.5 | 24.5 | 100.0 |
| | Total | 53 | 100.0 | 100.0 | |

```

CROSSTABS
  /TABLES=lama BY TD BB prlipid
  /FORMAT=AVALUE TABLES
  /STATISTICS=CHISQ
  /CELLS=COUNT EXPECTED TOTAL
  /COUNT ROUND CELL
  /METHOD=EXACT TIMER(5) .

```

Crosstabs

Case Processing Summary

| | Valid | | Cases Missing | | Total | |
|---------------------------------------|-------|---------|---------------|---------|-------|---------|
| | N | Percent | N | Percent | N | Percent |
| Lama Penggunaan KB * Tekanan Darah | 53 | 100.0% | 0 | 0.0% | 53 | 100.0% |
| Lama Penggunaan KB * Berat Badan | 53 | 100.0% | 0 | 0.0% | 53 | 100.0% |
| Lama Penggunaan KB * Profil Lipid | 53 | 100.0% | 0 | 0.0% | 53 | 100.0% |

Lama Penggunaan KB * Tekanan Darah

Crosstab

| | | | Tekanan Darah | | | Total |
|--------------------|----------------|----------------|---------------|-----------------|--------|-------|
| | | | Meningkat | Tidak meningkat | Tetap | |
| Lama Penggunaan KB | 6 - 12 bulan | Count | 0 | 3 | 5 | 8 |
| | | Expected Count | 2.4 | 1.5 | 4.1 | 8.0 |
| | | % of Total | 0.0% | 5.7% | 9.4% | 15.1% |
| | ≥ 12 bulan | Count | 16 | 7 | 22 | 45 |
| | | Expected Count | 13.6 | 8.5 | 22.9 | 45.0 |
| | | % of Total | 30.2% | 13.2% | 41.5% | 84.9% |
| Total | Count | 16 | 10 | 27 | 53 | |
| | Expected Count | 16.0 | 10.0 | 27.0 | 53.0 | |
| | % of Total | 30.2% | 18.9% | 50.9% | 100.0% | |

Chi-Square Tests

| | Value | Df | Asymptotic Significance (2- sided) | Exact Sig. (2- sided) | Exact Sig. (1- sided) | Point Probability |
|--------------------|--------------------|----|--|--------------------------|--------------------------|-------------------|
| Pearson Chi-Square | 4.825 ^a | 2 | .090 | .107 | | |
| Likelihood Ratio | 6.888 | 2 | .032 | .042 | | |

| | | | | | | |
|------------------------------|--------------------|---|------|------|------|------|
| Fisher's Exact Test | 5.065 | | | .065 | | |
| Linear-by-Linear Association | 2.097 ^b | 1 | .148 | .196 | .108 | .064 |
| N of Valid Cases | 53 | | | | | |

a. 3 cells (50.0%) have expected count less than 5. The minimum expected count is 1.51.

b. The standardized statistic is -1.448.

Lama Penggunaan KB * Berat Badan

Crosstab

| | | Berat Badan | | | | |
|--------------------|--------------|----------------|-----------------|-------|-------|--------|
| | | Meningkat | Tidak meningkat | Tetap | Total | |
| Lama Penggunaan KB | 6 - 12 bulan | Count | 2 | 2 | 4 | 8 |
| | | Expected Count | 4.1 | .8 | 3.2 | 8.0 |
| | | % of Total | 3.8% | 3.8% | 7.5% | 15.1% |
| | ≥ 12 bulan | Count | 25 | 3 | 17 | 45 |
| | | Expected Count | 22.9 | 4.2 | 17.8 | 45.0 |
| | | % of Total | 47.2% | 5.7% | 32.1% | 84.9% |
| | Total | Count | 27 | 5 | 21 | 53 |
| | | Expected Count | 27.0 | 5.0 | 21.0 | 53.0 |
| | | % of Total | 50.9% | 9.4% | 39.6% | 100.0% |

Chi-Square Tests

| | Value | Df | Asymptotic Significance (2- sided) | Exact Sig. (2- sided) | Exact Sig. (1- sided) | Point Probability |
|------------------------------|--------------------|----|--|--------------------------|--------------------------|-------------------|
| Pearson Chi-Square | 3.921 ^a | 2 | .141 | .136 | | |
| Likelihood Ratio | 3.541 | 2 | .170 | .136 | | |
| Fisher's Exact Test | 3.938 | | | .136 | | |
| Linear-by-Linear Association | 1.366 ^b | 1 | .243 | .332 | .174 | .091 |
| N of Valid Cases | 53 | | | | | |

a. 4 cells (66.7%) have expected count less than 5. The minimum expected count is .75.

b. The standardized statistic is -1.169.

Lama Penggunaan KB * Profil Lipid

Chi-Square Tests

| | Value | df | Asymptotic Significance (2-sided) | Exact Sig. (2-sided) | Exact Sig. (1-sided) | Point Probability |
|------------------------------------|-------------------|----|-----------------------------------|----------------------|----------------------|-------------------|
| Pearson Chi-Square | .001 ^a | 1 | .973 | 1.000 | .640 | |
| Continuity Correction ^b | .000 | 1 | 1.000 | | | |
| Likelihood Ratio | .001 | 1 | .973 | 1.000 | .640 | |

| | | | | | | |
|------------------------------|-------------------|---|------|-------|------|------|
| Fisher's Exact Test | | | | 1.000 | .640 | |
| Linear-by-Linear Association | .001 ^c | 1 | .973 | 1.000 | .640 | .338 |
| N of Valid Cases | 53 | | | | | |

a. 1 cells (25.0%) have expected count less than 5. The minimum expected count is 1.96.

b. Computed only for a 2x2 table

c. The standardized statistic is -.033.

Crosstab

| | | | Profil Lipid | | Total |
|--------------------|----------------|----------------|--------------|----------|-------|
| | | | Normal | Abnormal | |
| Lama Penggunaan KB | 6 - 12 bulan | Count | 6 | 2 | 8 |
| | | Expected Count | 6.0 | 2.0 | 8.0 |
| | | % of Total | 11.3% | 3.8% | 15.1% |
| | ≥ 12 bulan | Count | 34 | 11 | 45 |
| | | Expected Count | 34.0 | 11.0 | 45.0 |
| | | % of Total | 64.2% | 20.8% | 84.9% |
| Total | Count | 40 | 13 | 53 | |
| | Expected Count | 40.0 | 13.0 | 53.0 | |
| | % of Total | 75.5% | 24.5% | 100.0% | |

One-Sample Kolmogorov-Smirnov Test

| | | Pre-test Tekanan darah sistolik | Post-test Tekanan darah sistolik | Pre-test Tekanan darah diastolik | Post-test Tekanan darah diastolik | Pre-test berat badan | Post-test berat badan | Profil Lipid | Lama Penggunaan KB |
|----------------------------------|----------------|---------------------------------|----------------------------------|----------------------------------|-----------------------------------|----------------------|-----------------------|-------------------|--------------------|
| N | | 53 | 53 | 53 | 53 | 53 | 53 | 53 | 53 |
| Normal Parameters ^{a,b} | Mean | 111.9623 | 117.9057 | 76.3019 | 78.9811 | 55.0566 | 56.8491 | 138.5094 | 23.1321 |
| | Std. Deviation | 10.12795 | 14.21167 | 10.09300 | 11.26344 | 11.01296 | 11.50986 | 53.68234 | 9.29855 |
| Most Extreme Differences | Absolute | .220 | .106 | .171 | .159 | .134 | .120 | .291 | .118 |
| | Positive | .164 | .104 | .112 | .105 | .134 | .120 | .291 | .118 |
| | Negative | -.220 | -.106 | -.171 | -.159 | -.086 | -.084 | -.206 | -.110 |
| Test Statistic | | .220 | .106 | .171 | .159 | .134 | .120 | .291 | .118 |
| Asymp. Sig. (2-tailed) | | .000 ^c | .200 ^{c,d} | .001 ^c | .002 ^c | .018 ^c | .054 ^c | .000 ^c | .063 ^c |

a. Test distribution is Normal.

b. Calculated from data.

c. Lilliefors Significance Correction.

d. This is a lower bound of the true significance.

NPAR TESTS

```
/K-S (NORMAL)=pretestTD posttestTD pretesTDdis postesTDdis preBB postBB lipid lamaKB
/MISSING ANALYSIS.
```

NPar Tests

NPAR TESTS

```
/WILCOXON=pretestTD pretesTDdis preBB WITH posttestTD postesTDdis postBB (PAIRED)
/MISSING ANALYSIS.
```

NPar Tests

Wilcoxon Signed Ranks Test

| | | Ranks | | |
|--|----------------|-----------------|-----------|--------------|
| | | N | Mean Rank | Sum of Ranks |
| Post-test Tekanan darah sistolik - Pre-test Tekanan darah sistolik | Negative Ranks | 2 ^a | 4.50 | 9.00 |
| | Positive Ranks | 22 ^b | 13.23 | 291.00 |
| | Ties | 29 ^c | | |
| | Total | 53 | | |
| Post-test Tekanan darah diastolik - Pre-test Tekanan darah diastolik | Negative Ranks | 1 ^d | 9.00 | 9.00 |
| | Positive Ranks | 16 ^e | 9.00 | 144.00 |
| | Ties | 36 ^f | | |
| | Total | 53 | | |
| Post-test berat badan - Pre-test berat badan | Negative Ranks | 3 ^g | 15.67 | 47.00 |
| | Positive Ranks | 22 ^h | 12.64 | 278.00 |
| | Ties | 28 ⁱ | | |
| | Total | 53 | | |

- a. Post-test Tekanan darah sistolik < Pre-test Tekanan darah sistolik
- b. Post-test Tekanan darah sistolik > Pre-test Tekanan darah sistolik
- c. Post-test Tekanan darah sistolik = Pre-test Tekanan darah sistolik
- d. Post-test Tekanan darah diastolik < Pre-test Tekanan darah diastolik
- e. Post-test Tekanan darah diastolik > Pre-test Tekanan darah diastolik

- f. Post-test Tekanan darah diastolik = Pre-test Tekanan darah diastolik
- g. Post-test berat badan < Pre-test berat badan
- h. Post-test berat badan > Pre-test berat badan
- i. Post-test berat badan = Pre-test berat badan

Test Statistics^a

| | Post-test Tekanan darah sistolik - Pre-test Tekanan darah sistolik | Post-test Tekanan darah diastolik - Pre-test Tekanan darah diastolik | Post-test berat badan - Pre-test berat badan |
|------------------------|--|--|--|
| Z | -4.079 ^b | -3.207 ^b | -3.120 ^b |
| Asymp. Sig. (2-tailed) | .000 | .001 | .002 |

a. Wilcoxon Signed Ranks Test

b. Based on negative ranks.

Mann-Whitney Test

| | | Ranks | | |
|------------------|--------------------|-------|-----------|--------------|
| | Kelas | N | Mean Rank | Sum of Ranks |
| Hasil pengukuran | profil lipid | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |

| | | | |
|-------|-----|--|--|
| Total | 106 | | |
|-------|-----|--|--|

Test Statistics^a

| | Hasil pengukuran |
|------------------------|------------------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.880 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

| | | Ranks | | |
|----------------------------------|----------------------------|-------|-----------|--------------|
| Kelas | | N | Mean Rank | Sum of Ranks |
| Hasil pengukuran TD sistolik pre | tekanan darah sistolik pre | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

Hasil
pengukuran TD
sistolik pre

| | |
|------------------------|----------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.902 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

Ranks

| | Kelas | N | Mean Rank | Sum of Ranks |
|--------------------------------------|-----------------------------|-----|-----------|--------------|
| Hasil pengukuran TD diastolik pre | Tekanan darah diastolik pre | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

Hasil
pengukuran TD
diastolik pre

| | |
|----------------|------|
| Mann-Whitney U | .000 |
|----------------|------|

| | |
|------------------------|----------|
| Wilcoxon W | 1431.000 |
| Z | -8.892 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

| | | Ranks | | |
|-----------------------------------|-----------------------------|-------|-----------|--------------|
| | Kelas | N | Mean Rank | Sum of Ranks |
| Hasil pengukuran TD sistolik post | Tekanan darah sistolik post | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

Hasil
pengukuran TD
sistolik post

| | |
|------------------------|----------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.884 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

| | Kelas | N | Mean Rank | Sum of Ranks |
|------------------------------------|------------------------------|-----|-----------|--------------|
| Hasil pengukuran TD diastolik post | Tekanan darah diastolik post | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

| | Hasil pengukuran TD diastolik post |
|------------------------|------------------------------------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.890 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

| | Kelas | N | Mean Rank | Sum of Ranks |
|--|-------|---|-----------|--------------|
|--|-------|---|-----------|--------------|

| | | | | |
|--------------------------------|----------------------------------|-----|-------|---------|
| Hasil pengukuran BB sebelum | Berat Badan sebelum perlakuan | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

Hasil
pengukuran BB
sebelum

| | |
|------------------------|----------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.879 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: Kelas

Mann-Whitney Test

| | | Ranks | | |
|-----------------------------|----------------------------------|-------|-----------|--------------|
| Kelas | | N | Mean Rank | Sum of Ranks |
| Hasil pengukuran BB setelah | Berat Badan setelah perlakuan | 53 | 80.00 | 4240.00 |
| | lama penggunaan KB | 53 | 27.00 | 1431.00 |
| | Total | 106 | | |

Test Statistics^a

Hasil
pengukuran BB
setelah

| | |
|------------------------|----------|
| Mann-Whitney U | .000 |
| Wilcoxon W | 1431.000 |
| Z | -8.879 |
| Asymp. Sig. (2-tailed) | .000 |

a. Grouping Variable: kelas



