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LAMPIRAN

Lampiran 1 Lembar Persetujuan Responden

INFORMED CONSENT

Yth. Bapak/Ibu,

Mohon maaf menyita waktu Anda beberapa menit, perkenalkan saya **Adelia Lasro Forwaty Sinaga** mahasiswi Program Sarjana Kesehatan Masyarakat Universitas Hasanuddin Departemen Manajemen Rumah Sakit bermaksud untuk meminta data/informasi kepada Bapak/Ibu terkait dengan penelitian skripsi saya yang berjudul **“Gambaran Strategi Koping Stres pada Perawat Instalasi Rawat Inap dan Rawat Jalan di RSP Universitas Hasanuddin Kota Makassar Tahun 2022”**.

Tujuan penelitian ini adalah untuk mendeskripsikan strategi koping stres perawat di Instalasi Rawat Inap dan Rawat Jalan RSP Universitas Hasanuddin Kota Makassar Tahun 2022. Hasil penelitian ini akan menjadi masukan mengenai strategi koping stres yang dapat dilakukan baik dalam situasi normal maupun dalam situasi kegawatdaruratan kesehatan masyarakat.

Keikutsertaan Bapak/Ibu sebagai responden penelitian bersifat sukarela. Saya selaku peneliti akan menjaga kerahasiaan identitas dan informasi yang akan diberikan oleh Bapak/Ibu jika bersedia menjadi responden dan hanya akan dipergunakan untuk keperluan penelitian, sehingga peneliti sangat berharap Bapak/Ibu menjawab pertanyaan dengan jujur tanpa keraguan.

Setelah Anda membaca maksud dan tujuan penelitian ini, peneliti mohon untuk mengisi nama dan bertanda tangan di bawah ini. Apabila masih memerlukan penjelasan lebih lanjut, Anda dapat menghubungi **Adelia Lasro Forwaty Sinaga** selaku peneliti melalui telepon **0823 4322 1610** atau email adeliasinaga57@gmail.com. Terima kasih atas kesediaan Bapak/Ibu untuk ikut serta dalam penelitian ini.

Makassar,.....2022

Responden,

Lampiran 2 Kuesioner Penelitian



KUESIONER PENELITIAN GAMBARAN STRATEGI KOPING STRES PERAWAT DI RUMAH SAKIT UNIVERSITAS HASANUDDIN KOTA MAKASSAR TAHUN 2022

A. Karakteristik Responden

Petunjuk Pengisian

1. Isilah data dibawah ini dengan tepat dan benar.
2. Berilah lingkaran (O) atau tanda *check list* (√) pada pilihan jawaban yang tersedia.

| | |
|-----------------------------|---|
| Nama/Inisial Responden | |
| Umur | Tahun |
| Jenis Kelamin | 1. Laki-laki 2. Perempuan |
| Tingkat Pendidikan Terakhir | 1. SPK 3. S2 2. D3 4. Lainnya 3. S1 |
| Jenis Ketenagaan | 1. PNS 2. PPPK 3. Tenaga Honorer |
| Masa Kerja | 1. 1-3 tahun 3. 7-9 tahun 2. 4-6 tahun 4. > 9 tahun |

B. Kuesioner Strategi Koping (The Brief COPE)

Petunjuk Pengisian

1. Bacalah baik-baik setiap butir pertanyaan.
2. Berilah tanda *check list* (√) pada kolom yang telah disediakan.
3. Dimohon semua butir pertanyaan dapat diisi dan tidak ada yang terlewatkan.
4. Jawaban pertanyaan sesuai dengan kegiatan yang benar-benar Anda lakukan ketika menghadapi situasi menekan atau stres ketika bekerja.
5. Adapun pilihan jawaban yang tersedia dalam kuesioner ini adalah:

Belum : bila Anda belum pernah melakukan sama sekali

Kadang-kadang : bila Anda jarang/kadang-kadang melakukan hal ini

Sering : bila Anda sering melakukan hal ini

Selalu : bila Anda selalu melakukan hal ini

Koping yang berfokus pada masalah

| No | Pertanyaan | Belum Pernah | Kadang-kadang | Sering | Selalu |
|----|---|--------------|---------------|--------|--------|
| 1 | Saya berusaha berpikir untuk melakukan sesuatu dalam mengatasi masalah yang saya alami | | | | |
| 2 | Saya mengambil tindakan untuk mencoba membuat situasi ini menjadi lebih baik | | | | |
| 3 | Saya berdiskusi dengan orang lain untuk mencari solusi dari masalah yang saya alami | | | | |
| 4 | Saya meminta saran atau bantuan dari orang lain tentang apa yang harus dilakukan dalam menghadapi masalah | | | | |
| 5 | Saya berusaha membuat strategi tentang apa yang sebaiknya saya lakukan untuk mengatasi masalah | | | | |
| 6 | Saya memikirkan tentang langkah-langkah apa yang harus saya lakukan | | | | |

Koping yang berfokus pada emosi

| No | Pertanyaan | Belum Pernah | Kadang-kadang | Sering | Selalu |
|----|--|--------------|---------------|--------|--------|
| 1 | Saya menerima kenyataan bahwa masalah tersebut telah terjadi | | | | |
| 2 | Saya belajar untuk terbiasa dengan masalah | | | | |
| 3 | Saya berusaha melihat situasi ini dengan cara yang berbeda, agar masalah tersebut tampak lebih positif | | | | |
| 4 | Saya mencari hal positif dari masalah yang terjadi | | | | |
| 5 | Saya berusaha untuk menemukan kenyamanan dalam agama atau keyakinan spiritual saya | | | | |
| 6 | Saya berdoa saat mengalami masalah | | | | |
| 7 | Saya mengatakan kepada diri sendiri bahwa ini tidak nyata | | | | |
| 8 | Saya tidak yakin tentang kondisi saya saat sedang menghadapi masalah | | | | |
| 9 | Saya mencari dukungan emosional dari orang lain | | | | |
| 10 | Saya mencari kenyamanan dan pengertian dari orang lain | | | | |

Koping disfungsional

| No | Pertanyaan | Belum Pernah | Kadang-kadang | Sering | Selalu |
|----|--|--------------|---------------|--------|--------|
| 1 | Saya tidak serius menanggapi masalah saya saat ini | | | | |
| 2 | Saya berusaha membuat masalah ini lebih menyenangkan | | | | |
| 3 | Saya berusaha bekerja atau melakukan kegiatan lain untuk mengisi pikiran saya | | | | |
| 4 | Saya melakukan sesuatu untuk mengurangi pikiran tentang kondisi saya seperti pergi ke bioskop, menonton TV, membaca, melamun, tidur atau belanja | | | | |

| No | Pertanyaan | Belum Pernah | Kadang-kadang | Sering | Selalu |
|----|--|--------------|---------------|--------|--------|
| 5 | Saya menyatakan kepada diri sendiri bahwa masalah yang saya hadapi ringan dan tidak perlu memikirkannya | | | | |
| 6 | Saya berusaha mengungkapkan perasaan-perasaan negatif saya | | | | |
| 7 | Saya tidak berusaha untuk menyelesaikan masalah | | | | |
| 8 | Saya menyerah untuk mengatasi masalah | | | | |
| 9 | Saya mengkritik diri sendiri | | | | |
| 10 | Saya menyalahkan diri sendiri untuk hal-hal yang terjadi | | | | |
| 11 | Saya membuat perasaan saya menjadi lebih baik atau perasaan lega dalam menghadapi masalah dengan mengkonsumsi alkohol atau obat-obatan lain (obat sakit kepala, obat tidur, dll) | | | | |
| 12 | Saya mencoba melupakan atau melalui masalah yang saya hadapi dengan mengkonsumsi alkohol dan obat-obatan lain | | | | |

Lampiran 3 Master Tabel Penelitian

| K02 | K03 | K04 | K05 | K06 | K07 | PFC01 | PFC02 | PFC03 | PFC04 | PFC05 | PFC06 | EFC01 | EFC02 | EFC03 | EFC04 | EFC05 | EFC06 | EFC07 | EFC08 | EFC09 | EFC10 | DC01 | DC02 | DC03 | DC04 | DC05 | DC06 | DC07 | DC08 | DC09 | DC10 | DC11 | DC12 | |
|-----------|-----|-----|-----|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|---|
| Z | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 1 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 2 | 3 | 1 | 1 | |
| A | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 3 | 3 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 2 | 1 | 3 | 2 | 1 | 3 | 4 | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | |
| N | 1 | 2 | 4 | 3 | 1 | 4 | 3 | 4 | 4 | 3 | 4 | 4 | 2 | 3 | 4 | 4 | 4 | 1 | 3 | 1 | 1 | 2 | 3 | 4 | 3 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | |
| 1 | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 3 | 4 | 1 | 1 | 3 | 3 | 1 | 3 | 3 | 3 | 3 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | |
| R | 2 | 2 | 2 | 3 | 2 | 4 | 4 | 3 | 2 | 3 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 3 | 2 | 1 | 3 | 4 | 3 | 2 | 2 | 1 | 1 | 2 | 2 | 1 | 1 | |
| Yy | 1 | 1 | 2 | 3 | 1 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 2 | 2 | 2 | 1 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 4 | 2 | 1 | 1 | |
| O | 1 | 1 | 2 | 3 | 2 | 4 | 4 | 4 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 3 | 1 | 2 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 1 | 1 | 1 | 1 | |
| AR | 2 | 2 | 2 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | |
| AAK | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 3 | 3 | 1 | 2 | 3 | 3 | 2 | 1 | 1 | 2 | 3 | 2 | 1 | 1 | |
| S | 1 | 1 | 2 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 4 | 3 | 4 | 3 | 3 | 3 | 4 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 4 | 3 | 3 | 3 | 1 | 4 | 2 | 3 | 2 | |
| AM | 2 | 1 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 2 | 1 | 2 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 1 | 3 | 3 | 2 | 2 | 2 | |
| A | 2 | 2 | 2 | 3 | 1 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 4 | 2 | 1 | 2 | 2 | 1 | 2 | 2 | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | |
| Ny. AR | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 2 | 2 | 1 | 3 | 3 | 2 | 1 | 1 | |
| N | 2 | 2 | 2 | 3 | 3 | 4 | 4 | 3 | 3 | 4 | 4 | 3 | 4 | 3 | 3 | 4 | 4 | 1 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 3 | 2 | 3 | 1 | 2 | 3 | 2 | 1 | 1 |
| S | 1 | 1 | 2 | 3 | 1 | 3 | 3 | 4 | 4 | 4 | 3 | 3 | 4 | 2 | 4 | 3 | 4 | 2 | 2 | 4 | 2 | 2 | 2 | 4 | 3 | 2 | 3 | 2 | 2 | 4 | 3 | 1 | 2 | |
| S | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 3 | 2 | 3 | 1 | 2 | 2 | 2 | 1 | 1 | |
| R | 2 | 2 | 2 | 3 | 4 | 4 | 4 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 2 | 4 | 1 | 1 | 1 | 2 | 1 | 1 | 1 | |
| N | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 4 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 1 | 2 | 3 | 2 | 1 | 1 | |
| "A" | 1 | 1 | 1 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 4 | 4 | 4 | 1 | 2 | 2 | 1 | 3 | 3 | 3 | 2 | 2 | 1 | 3 | 2 | 2 | 2 | 1 | |
| F | 2 | 2 | 2 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 2 | 4 | 3 | 4 | 4 | 1 | 2 | 2 | 1 | 2 | 3 | 4 | 3 | 3 | 2 | 2 | 1 | 4 | 2 | 1 | 1 | |
| Ns M | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 4 | 4 | 1 | 4 | 4 | 4 | 3 | 2 | 1 | 1 | 4 | 2 | 1 | 1 | |
| H | 2 | 2 | 2 | 3 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 3 | 2 | 3 | 2 | 1 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 3 | 1 | 1 | 1 | |
| Ny. F | 2 | 2 | 2 | 1 | 3 | 2 | 2 | 3 | 3 | 2 | 2 | 3 | 4 | 3 | 4 | 4 | 4 | 1 | 1 | 2 | 3 | 2 | 2 | 3 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 1 | 1 | |
| Inun | 2 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 4 | 4 | 3 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 2 | 2 | 2 | 1 | 1 | |
| R | 1 | 2 | 2 | 3 | 1 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 1 | 3 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 1 | 1 | 2 | 1 | 3 | 1 | |
| "A" | 3 | 2 | 3 | 1 | 4 | 2 | 4 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 2 | 3 | 2 | 2 | 1 | 1 | |
| IRB | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 3 | 2 | 1 | 1 | |
| i | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 1 | 1 | 1 | 1 | |
| L | 2 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 2 | 1 | 3 | 4 | 2 | 3 | 4 | 4 | 4 | 4 | 1 | 1 | 2 | 1 | 3 | 1 | |
| R | 1 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 1 | 3 | 4 | 4 | 2 | 3 | 1 | 1 | 3 | 2 | 1 | 1 | |
| R | 1 | 1 | 2 | 3 | 1 | 4 | 4 | 3 | 3 | 3 | 4 | 3 | 3 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 3 | 4 | 4 | 1 | 1 | 1 | 2 | 2 | 4 | 1 |
| S | 2 | 2 | 1 | 3 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 1 | 1 | 1 | 1 | 1 | 2 | 1 | 2 | 2 | 1 | 2 | 1 | 3 | 1 | 1 | 1 | 1 |
| Suardiman | 2 | 1 | 2 | 3 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 1 | 4 | 1 | 4 | 4 | 4 | 4 | 1 | 1 | 1 | 4 | 2 | 1 | 1 | |
| Ny. A | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | |
| Ny. F | 2 | 2 | 2 | 1 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 4 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 3 | 4 | 1 | 1 | 3 | 2 | 2 | 1 | 1 | |
| F | 2 | 2 | 2 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 1 | 2 | 2 | 2 | 2 | 1 | 1 | 2 | 2 | 2 | 1 | 1 | |
| "R" | 2 | 2 | 2 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 1 | 2 | 3 | 3 | 2 | 2 | 3 | 3 | 3 | 2 | 2 | 3 | 3 | 2 | 1 | 1 | |
| M | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 4 | 4 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 2 | 3 | 1 | |
| R | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 2 | 2 | 2 | 3 | 3 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | |

| K02 | K03 | K04 | K05 | K06 | K07 | PFC01 | PFC02 | PFC03 | PFC04 | PFC05 | PFC06 | EFC01 | EFC02 | EFC03 | EFC04 | EFC05 | EFC06 | EFC07 | EFC08 | EFC09 | EFC10 | DC01 | DC02 | DC03 | DC04 | DC05 | DC06 | DC07 | DC08 | DC09 | DC10 | DC11 | DC12 |
|---------|-----|-----|-----|-----|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|------|------|------|------|------|------|------|------|------|------|------|------|
| N | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 3 | 2 | 1 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 |
| N | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 1 | 2 | 2 | 1 | 2 | 3 | 3 | 3 | 1 | 1 | 1 | 2 | 1 | 1 | 1 |
| N | 1 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 4 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 3 | 3 | 3 | 3 |
| A | 1 | 2 | 2 | 3 | 1 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 2 | 2 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 2 | 1 | 2 | 4 | 3 | 1 | 1 |
| J | 1 | 2 | 2 | 3 | 1 | 3 | 4 | 3 | 3 | 2 | 2 | 3 | 3 | 4 | 3 | 4 | 4 | 2 | 1 | 2 | 2 | 2 | 2 | 2 | 3 | 4 | 2 | 1 | 3 | 2 | 2 | 1 | 1 |
| I | 1 | 2 | 2 | 3 | 1 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 2 | 1 | 4 | 4 | 2 | 4 | 4 | 4 | 4 | 2 | 1 | 1 | 4 | 2 | 1 | 1 |
| R | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 2 | 4 | 4 | 4 | 4 | 2 | 1 | 1 | 4 | 2 | 1 | 1 |
| T | 2 | 2 | 2 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 1 | 2 | 1 | 2 | 4 | 3 | 3 | 3 | 4 | 2 | 1 | 2 | 2 | 2 | 4 | 1 |
| A | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 2 | 2 | 3 | 2 | 2 | 3 | 3 | 3 | 3 | 1 | 1 | 2 | 2 | 2 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 |
| N | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 4 | 4 | 1 | 1 | 2 | 2 | 1 | 2 | 4 | 4 | 2 | 2 | 1 | 2 | 3 | 3 | 1 | 1 |
| Ms. SMA | 1 | 2 | 2 | 3 | 2 | 4 | 4 | 4 | 4 | 4 | 4 | 3 | 4 | 4 | 4 | 4 | 4 | 1 | 1 | 2 | 2 | 1 | 3 | 3 | 3 | 3 | 3 | 1 | 2 | 3 | 1 | 1 | 1 |
| L | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 2 | 2 | 2 | 1 | 2 | 3 | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 |
| A | 1 | 2 | 2 | 3 | 1 | 3 | 3 | 2 | 3 | 3 | 3 | 2 | 2 | 2 | 3 | 3 | 3 | 2 | 1 | 2 | 2 | 1 | 3 | 3 | 3 | 2 | 2 | 1 | 2 | 2 | 2 | 1 | 1 |
| A | 1 | 1 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 |
| N | 2 | 1 | 2 | 3 | 2 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 3 | 2 | 3 | 3 | 3 | 3 |

Lampiran 4 Hasil Penelitian

A. Hasil Analisis Univariat

1. Karakteristik Responden

Usia

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-------|-----------|---------|---------------|--------------------|
| Valid | 20-29 | 30 | 55.6 | 55.6 | 55.6 |
| | 30-39 | 23 | 42.6 | 42.6 | 98.1 |
| | 40-49 | 1 | 1.9 | 1.9 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Jenis Kelamin

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|-----------|---------|---------------|--------------------|
| Valid | Laki-Laki | 10 | 18.5 | 18.5 | 18.5 |
| | Perempuan | 44 | 81.5 | 81.5 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Tingkat Pendidikan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------|-----------|---------|---------------|--------------------|
| Valid | D3 | 3 | 5.6 | 5.6 | 5.6 |
| | S1 | 49 | 90.7 | 90.7 | 96.3 |
| | S2 | 1 | 1.9 | 1.9 | 98.1 |
| | Lainnya | 1 | 1.9 | 1.9 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Jenis Ketenagaan

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------------|-----------|---------|---------------|--------------------|
| Valid | PNS | 3 | 5.6 | 5.6 | 5.6 |
| | Pegawai Kontrak | 51 | 94.4 | 94.4 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Masa Kerja

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|-----------|-----------|---------|---------------|--------------------|
| Valid | 1-3 Tahun | 26 | 48.1 | 48.1 | 48.1 |
| | 4-6 Tahun | 14 | 25.9 | 25.9 | 74.1 |
| | 7-9 Tahun | 10 | 18.5 | 18.5 | 92.6 |
| | > 9 Tahun | 4 | 7.4 | 7.4 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

2. Distribusi *Mean* Strategi Koping Responden

Descriptive Statistics

| | N | Minimum | Maximum | Mean | Std. Deviation |
|------------------------|----|---------|---------|---------|----------------|
| ProblemFocusedCoping | 54 | 12.00 | 24.00 | 18.7407 | 3.34881 |
| EmotionalFocusedCoping | 54 | 18.00 | 35.00 | 27.7593 | 3.09555 |
| DysfunctionalCoping | 54 | 18.00 | 35.00 | 25.9444 | 3.61557 |
| Valid N (listwise) | 54 | | | | |

Descriptive Statistics

| | N | Minimum | Maximum | Mean | Std. Deviation |
|--------------------------|----|---------|---------|--------|----------------|
| ActiveCoping | 54 | 4.00 | 8.00 | 6.4259 | 1.35426 |
| UseofInstrumentalSupport | 54 | 4.00 | 8.00 | 6.0185 | 1.35272 |
| Planning | 54 | 4.00 | 8.00 | 6.2963 | 1.22289 |
| Acceptance | 54 | 4.00 | 8.00 | 6.0741 | 1.02519 |
| PositiveReframing | 54 | 4.00 | 8.00 | 6.3148 | 1.06087 |
| Religion | 54 | 5.00 | 8.00 | 7.3889 | .85598 |
| Denial | 54 | 2.00 | 8.00 | 3.1481 | 1.30900 |
| UseofEmotionalSupport | 54 | 2.00 | 8.00 | 4.8333 | 1.31393 |
| Humor | 54 | 3.00 | 8.00 | 4.5000 | 1.11169 |
| SelfDistraction | 54 | 4.00 | 8.00 | 6.1667 | 1.07721 |
| Venting | 54 | 3.00 | 8.00 | 4.8704 | 1.08239 |
| BehavioralDisengagement | 54 | 2.00 | 5.00 | 3.2407 | .90980 |
| SelfBlame | 54 | 2.00 | 7.00 | 4.5000 | 1.17762 |
| SubstanceUse | 54 | 2.00 | 6.00 | 2.6667 | 1.24385 |
| Valid N (listwise) | 54 | | | | |

3. Frekuensi Jawaban Responden pada Setiap Variabel Penelitian

a. *Problem Focused Coping*

Saya berusaha berpikir untuk melakukan sesuatu dalam mengatasi masalah yang saya alami

Active Coping

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 10 | 18.5 | 18.5 | 18.5 |
| | Sering | 23 | 42.6 | 42.6 | 61.1 |
| | Selalu | 21 | 38.9 | 38.9 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mengambil tindakan untuk mencoba membuat situasi ini menjadi lebih baik

Active Coping

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 1 | 1.9 | 1.9 | 1.9 |
| | Kadang-Kadang | 7 | 13.0 | 13.0 | 14.8 |
| | Sering | 25 | 46.3 | 46.3 | 61.1 |
| | Selalu | 21 | 38.9 | 38.9 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berdiskusi dengan orang lain untuk mencari solusi dari masalah yang saya alami

Use of Instrumental Support

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 13 | 24.1 | 24.1 | 24.1 |
| | Sering | 26 | 48.1 | 48.1 | 72.2 |
| | Selalu | 15 | 27.8 | 27.8 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya meminta saran atau bantuan dari orang lain tentang apa yang sebaiknya saya lakukan untuk mengatasi masalah

Use of Instrumental Support

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 14 | 25.9 | 25.9 | 25.9 |
| | Sering | 27 | 50.0 | 50.0 | 75.9 |
| | Selalu | 13 | 24.1 | 24.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya memikirkan tentang langkah-langkah apa yang harus saya lakukan

Planning

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 7 | 13.0 | 13.0 | 13.0 |
| | Sering | 29 | 53.7 | 53.7 | 66.7 |
| | Selalu | 18 | 33.3 | 33.3 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

b. Emotional Focused Coping

Saya menerima kenyataan bahwa masalah tersebut telah terjadi

Acceptance

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 8 | 14.8 | 14.8 | 14.8 |
| | Sering | 36 | 66.7 | 66.7 | 81.5 |
| | Selalu | 10 | 18.5 | 18.5 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya belajar untuk terbiasa dengan masalah

Acceptance

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 11 | 20.4 | 20.4 | 20.4 |
| | Sering | 30 | 55.6 | 55.6 | 75.9 |
| | Selalu | 13 | 24.1 | 24.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berusaha melihat situasi dengan cara yang berbeda, agar masalah tersebut tampak lebih positif

Positive Reframing

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 7 | 13.0 | 13.0 | 13.0 |
| | Sering | 34 | 63.0 | 63.0 | 75.9 |
| | Selalu | 13 | 24.1 | 24.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mencari hal positif dari masalah yang terjadi

Positive Reframing

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 4 | 7.4 | 7.4 | 7.4 |
| | Sering | 35 | 64.8 | 64.8 | 72.2 |
| | Selalu | 15 | 27.8 | 27.8 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berusaha untuk menemukan kenyamanan dalam agama atau keyakinan spiritual saya

Religion

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 1 | 1.9 | 1.9 | 1.9 |
| | Sering | 20 | 37.0 | 37.0 | 38.9 |
| | Selalu | 33 | 61.1 | 61.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berdoa saat mengalami masalah

Religion

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|--------|-----------|---------|---------------|--------------------|
| Valid | Sering | 11 | 20.4 | 20.4 | 20.4 |
| | Selalu | 43 | 79.6 | 79.6 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mengatakan kepada diri sendiri bahwa ini tidak nyata

Denial

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 28 | 51.9 | 51.9 | 51.9 |
| | Kadang-Kadang | 19 | 35.2 | 35.2 | 87.0 |
| | Sering | 5 | 9.3 | 9.3 | 96.3 |
| | Selalu | 2 | 3.7 | 3.7 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya tidak yakin tentang kondisi saya saat sedang menghadapi

masalah

Denial

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 33 | 61.1 | 61.1 | 61.1 |
| | Kadang-Kadang | 16 | 29.6 | 29.6 | 90.7 |
| | Sering | 4 | 7.4 | 7.4 | 98.1 |
| | Selalu | 1 | 1.9 | 1.9 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mencari dukungan emosional dari orang lain

Use of Emotional Support

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 4 | 7.4 | 7.4 | 7.4 |
| | Kadang-Kadang | 25 | 46.3 | 46.3 | 53.7 |
| | Sering | 21 | 38.9 | 38.9 | 92.6 |
| | Selalu | 4 | 7.4 | 7.4 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mencari kenyamanan dan pengertian dari orang lain

Use of Emotional Support

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 3 | 5.6 | 5.6 | 5.6 |
| | Kadang-Kadang | 34 | 63.0 | 63.0 | 68.5 |
| | Sering | 11 | 20.4 | 20.4 | 88.9 |
| | Selalu | 6 | 11.1 | 11.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

c. Dysfunctional Coping

Saya tidak serius menanggapi masalah saya saat ini

Humor

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 22 | 40.7 | 40.7 | 40.7 |
| | Kadang-Kadang | 26 | 48.1 | 48.1 | 88.9 |
| | Sering | 4 | 7.4 | 7.4 | 96.3 |
| | Selalu | 2 | 3.7 | 3.7 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berusaha membuat masalah ini lebih menyenangkan

Humor

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 1 | 1.9 | 1.9 | 1.9 |
| | Kadang-Kadang | 17 | 31.5 | 31.5 | 33.3 |
| | Sering | 30 | 55.6 | 55.6 | 88.9 |
| | Selalu | 6 | 11.1 | 11.1 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berusaha bekerja atau melakukan kegiatan lain untuk mengisi pikiran saya

Self Distraction

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 8 | 14.8 | 14.8 | 14.8 |
| | Sering | 31 | 57.4 | 57.4 | 72.2 |
| | Selalu | 15 | 27.8 | 27.8 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya melakukan sesuatu untuk mengurangi pikiran tentang kondisi saya seperti pergi ke bioskop, menonton TV, membaca, melamun, tidur, atau belanja

Self Distraction

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Kadang-Kadang | 8 | 14.8 | 14.8 | 14.8 |
| | Sering | 36 | 66.7 | 66.7 | 81.5 |
| | Selalu | 10 | 18.5 | 18.5 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya menyatakan kepada diri sendiri bahwa masalah yang saya hadapi ringan dan tidak perlu memikirkannya

Venting

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 1 | 1.9 | 1.9 | 1.9 |
| | Kadang-Kadang | 25 | 46.3 | 46.3 | 48.1 |
| | Sering | 17 | 31.5 | 31.5 | 79.6 |
| | Selalu | 11 | 20.4 | 20.4 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya berusaha mengungkapkan perasaan-perasaan negatif saya

Venting

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 8 | 14.8 | 14.8 | 14.8 |
| | Kadang-Kadang | 31 | 57.4 | 57.4 | 72.2 |
| | Sering | 13 | 24.1 | 24.1 | 96.3 |
| | Selalu | 2 | 3.7 | 3.7 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya tidak berusaha untuk menyelesaikan masalah

Behavioural Disengagement

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 41 | 75.9 | 75.9 | 75.9 |
| | Kadang-Kadang | 10 | 18.5 | 18.5 | 94.4 |
| | Sering | 3 | 5.6 | 5.6 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya menyerah untuk mengatasi masalah

Behavioural Disengagement

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 13 | 24.1 | 24.1 | 24.1 |
| | Kadang-Kadang | 31 | 57.4 | 57.4 | 81.5 |
| | Sering | 10 | 18.5 | 18.5 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mengkritik diri sendiri

Self Blame

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 3 | 5.6 | 5.6 | 5.6 |
| | Kadang-Kadang | 27 | 50.0 | 50.0 | 55.6 |
| | Sering | 15 | 27.8 | 27.8 | 83.3 |
| | Selalu | 9 | 16.7 | 16.7 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya menyalahkan diri sendiri untuk hal-hal yang terjadi

Self Blame

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 10 | 18.5 | 18.5 | 18.5 |
| | Kadang-Kadang | 37 | 68.5 | 68.5 | 87.0 |
| | Sering | 7 | 13.0 | 13.0 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya membuat perasaan saya menjadi lebih baik atau perasaan lega dalam menghadapi masalah dengan mengkonsumsi alkohol atau obat-obatan lain (obat sakit kepala, obat tidur, dll)

Substance Use

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 41 | 75.9 | 75.9 | 75.9 |
| | Kadang-Kadang | 3 | 5.6 | 5.6 | 81.5 |
| | Sering | 8 | 14.8 | 14.8 | 96.3 |
| | Selalu | 2 | 3.7 | 3.7 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Saya mencoba melupakan atau melalui masalah yang saya hadapi dengan mengkonsumsi alkohol atau obat-obatan lain

Substance Use

| | | Frequency | Percent | Valid Percent | Cumulative Percent |
|-------|---------------|-----------|---------|---------------|--------------------|
| Valid | Belum Pernah | 46 | 85.2 | 85.2 | 85.2 |
| | Kadang-Kadang | 5 | 9.3 | 9.3 | 94.4 |
| | Sering | 3 | 5.6 | 5.6 | 100.0 |
| | Total | 54 | 100.0 | 100.0 | |

Lampiran 5 Tabel *Cross Tabulation*

Cross Tabulation antara Karakteristik Umur Responden dan Strategi Koping Stres Perawat

| No | Indikator Koping | Umur Responden (Tahun) | | | | | | Total | |
|----------|---|------------------------|------|-------|------|-------|-----|-------|-------|
| | | 20-29 | | 30-39 | | 40-49 | | N | % |
| | | n | % | n | % | n | % | | |
| 1 | <i>Active Coping</i> | | | | | | | | |
| | Tinggi | 15 | 27.8 | 7 | 13.0 | 0 | 0.0 | 22 | 40.7 |
| | Sedang | 15 | 27.8 | 16 | 29.6 | 1 | 1.9 | 32 | 59.3 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 2 | <i>Use of Instrumental Support</i> | | | | | | | | |
| | Tinggi | 10 | 18.5 | 3 | 5.6 | 1 | 1.9 | 14 | 25.9 |
| | Sedang | 20 | 37.0 | 20 | 37.0 | 0 | 0.0 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 3 | <i>Planning</i> | | | | | | | | |
| | Tinggi | 13 | 24.1 | 6 | 11.1 | 0 | 0.0 | 19 | 35.2 |
| | Sedang | 17 | 31.5 | 17 | 31.5 | 1 | 1.9 | 35 | 64.8 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 4 | <i>Acceptance</i> | | | | | | | | |
| | Tinggi | 10 | 18.5 | 4 | 7.4 | 0 | 0.0 | 14 | 25.9 |
| | Sedang | 20 | 37.0 | 19 | 35.2 | 1 | 1.9 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 5 | <i>Positive Reframing</i> | | | | | | | | |
| | Tinggi | 12 | 22.2 | 5 | 9.3 | 0 | 0.0 | 17 | 31.5 |
| | Sedang | 18 | 33.3 | 18 | 33.3 | 1 | 1.9 | 37 | 68.5 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 6 | <i>Religion</i> | | | | | | | | |
| | Tinggi | 26 | 48.1 | 17 | 31.5 | 0 | 0.0 | 43 | 79.6 |
| | Sedang | 4 | 7.4 | 6 | 11.1 | 1 | 1.9 | 11 | 20.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |

| No | Indikator Koping | Umur Responden (Tahun) | | | | | | Total | |
|-----------|---|------------------------|------|-------|------|-------|-----|-------|-------|
| | | 20-29 | | 30-39 | | 40-49 | | N | % |
| | | n | % | n | % | n | % | | |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 7 | <i>Denial*</i> | | | | | | | | |
| | Tinggi | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 12 | 22.2 | 5 | 9.3 | 0 | 0.0 | 17 | 31.5 |
| | Rendah | 17 | 31.5 | 18 | 33.3 | 1 | 1.9 | 36 | 66.7 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 8 | <i>Use of Emotional Support</i> | | | | | | | | |
| | Tinggi | 4 | 7.4 | 1 | 1.9 | 0 | 0.0 | 5 | 9.3 |
| | Sedang | 25 | 46.3 | 19 | 35.2 | 0 | 0.0 | 45 | 83.3 |
| | Rendah | 17 | 31.5 | 18 | 33.3 | 1 | 1.9 | 4 | 7.4 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 9 | <i>Humor</i> | | | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 0 | 0.0 | 2 | 3.7 |
| | Sedang | 24 | 44.4 | 17 | 31.5 | 1 | 1.9 | 42 | 77.8 |
| | Rendah | 6 | 11.1 | 4 | 7.4 | 0 | 0.0 | 10 | 18.5 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 10 | <i>Self Distraction</i> | | | | | | | | |
| | Tinggi | 11 | 20.4 | 5 | 9.3 | 0 | 0.0 | 16 | 29.6 |
| | Sedang | 19 | 35.2 | 18 | 33.3 | 1 | 1.9 | 38 | 70.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 11 | <i>Venting*</i> | | | | | | | | |
| | Tinggi | 1 | 1.9 | 1 | 1.9 | 0 | 0.0 | 2 | 3.7 |
| | Sedang | 28 | 51.9 | 20 | 37.0 | 1 | 1.9 | 49 | 90.7 |
| | Rendah | 1 | 1.9 | 2 | 3.7 | 0 | 0.0 | 3 | 5.6 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 12 | <i>Behavioral Disengagement*</i> | | | | | | | | |
| | Tinggi | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 26 | 48.1 | 19 | 35.2 | 1 | 1.9 | 46 | 85.2 |
| | Rendah | 3 | 5.6 | 4 | 7.4 | 0 | 0.0 | 7 | 13.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 13 | <i>Self Blame*</i> | | | | | | | | |
| | Tinggi | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 2 | 3.7 |

| No | Indikator Koping | Umur Responden (Tahun) | | | | | | Total | |
|-----------|------------------------------|------------------------|------|-------|------|-------|-----|-------|-------|
| | | 20-29 | | 30-39 | | 40-49 | | N | % |
| | | n | % | n | % | n | % | | |
| | Sedang | 25 | 46.3 | 19 | 35.2 | 1 | 1.9 | 45 | 83.3 |
| | Rendah | 3 | 5.6 | 4 | 7.4 | 0 | 0.0 | 7 | 13.0 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |
| 14 | <i>Substance Use*</i> | | | | | | | | |
| | Tinggi | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 7 | 13.0 | 5 | 9.3 | 0 | 0.0 | 12 | 22.2 |
| | Rendah | 25 | 46.3 | 18 | 33.3 | 1 | 1.9 | 42 | 77.8 |
| | Total | 30 | 55.6 | 23 | 42.6 | 1 | 1.9 | 54 | 100.0 |

Sumber: Data Primer

Cross Tabulation antara Karakteristik Jenis Kelamin Responden dan Strategi Koping Stres Perawat

| No | Indikator Koping | Jenis Kelamin | | | | Total | |
|----------|---|---------------|------|-----------|------|-------|-------|
| | | Laki-Laki | | Perempuan | | N | % |
| | | n | % | n | % | | |
| 1 | <i>Active Coping</i> | | | | | | |
| | Tinggi | 3 | 5.6 | 19 | 35.2 | 22 | 40.7 |
| | Sedang | 7 | 13.0 | 25 | 46.3 | 32 | 59.3 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 2 | <i>Use of Instrumental Support</i> | | | | | | |
| | Tinggi | 2 | 3.7 | 12 | 22.2 | 14 | 25.9 |
| | Sedang | 8 | 14.8 | 32 | 59.3 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 3 | <i>Planning</i> | | | | | | |
| | Tinggi | 4 | 7.4 | 15 | 27.8 | 19 | 35.2 |
| | Sedang | 6 | 11.1 | 29 | 53.7 | 35 | 64.8 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 4 | <i>Acceptance</i> | | | | | | |
| | Tinggi | 2 | 3.7 | 12 | 22.2 | 14 | 25.9 |
| | Sedang | 8 | 14.8 | 32 | 59.3 | 40 | 74.1 |

| No | Indikator Koping | Jenis Kelamin | | | | Total | |
|-----------|--|---------------|------|-----------|------|-------|-------|
| | | Laki-Laki | | Perempuan | | N | % |
| | | n | % | n | % | | |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 5 | <i>Positive Reframing</i> | | | | | | |
| | Tinggi | 2 | 3.7 | 15 | 27.8 | 17 | 31.5 |
| | Sedang | 8 | 14.8 | 29 | 53.7 | 37 | 68.5 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 6 | <i>Religion</i> | | | | | | |
| | Tinggi | 8 | 14.8 | 35 | 64.8 | 43 | 79.6 |
| | Sedang | 2 | 3.7 | 9 | 16.7 | 11 | 20.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 7 | <i>Denial*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 1 | 1.9 |
| | Sedang | 7 | 13.0 | 10 | 18.5 | 17 | 31.5 |
| | Rendah | 3 | 5.6 | 33 | 61.1 | 36 | 66.7 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 8 | <i>Use of Emotional Support</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 5 | 9.3 | 5 | 9.3 |
| | Sedang | 10 | 18.5 | 35 | 64.8 | 45 | 83.3 |
| | Rendah | 0 | 0.0 | 4 | 7.4 | 4 | 7.4 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 9 | <i>Humor</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 2 | 3.7 |
| | Sedang | 10 | 18.5 | 32 | 59.3 | 42 | 77.8 |
| | Rendah | 0 | 0.0 | 10 | 18.5 | 10 | 18.5 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 10 | <i>Self Distraction</i> | | | | | | |
| | Tinggi | 4 | 7.4 | 12 | 22.2 | 16 | 29.6 |
| | Sedang | 6 | 11.1 | 32 | 59.3 | 38 | 70.4 |
| | Rendah | 0 | 0 | 0 | 0 | 0 | 0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |

| No | Indikator Koping | Jenis Kelamin | | | | Total | |
|-----------|---|---------------|------|-----------|------|-------|-------|
| | | Laki-Laki | | Perempuan | | N | % |
| | | n | % | n | % | | |
| 11 | <i>Venting*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 2 | 3.7 |
| | Sedang | 10 | 18.5 | 39 | 72.2 | 49 | 90.7 |
| | Rendah | 0 | 0.0 | 3 | 5.6 | 3 | 5.6 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 12 | <i>Behavioral Disengagement*</i> | | | | | | |
| | Tinggi | 1 | 1.9 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 7 | 13.0 | 39 | 72.2 | 46 | 85.2 |
| | Rendah | 2 | 3.7 | 5 | 9.3 | 7 | 13.0 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |
| 13 | <i>Self Blame*</i> | | | | | | |
| | Tinggi | 1 | 1.9 | 1 | 1.9 | 2 | 3.7 |
| | Sedang | 8 | 14.8 | 37 | 68.5 | 45 | 83.3 |
| | Rendah | 1 | 1.9 | 6 | 11.1 | 7 | 13.0 |
| | Total | | | | | | |
| 14 | <i>Substance Use*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 5 | 9.3 | 7 | 13.0 | 12 | 22.2 |
| | Rendah | 5 | 9.3 | 37 | 68.5 | 42 | 77.8 |
| | Total | 10 | 18.5 | 44 | 81.5 | 54 | 100.0 |

Sumber: Data Primer

Cross Tabulation antara Karakteristik Tingkat Pendidikan Terakhir Responden dan Strategi Koping Stres Perawat

| No | Indikator Koping | Tingkat Pendidikan | | | | | | | | Total | |
|----------|-----------------------------|--------------------|-----|----|------|----|-----|---------|-----|-------|-------|
| | | D3 | | S1 | | S2 | | Lainnya | | N | % |
| | | n | % | n | % | n | % | n | % | | |
| 1 | <i>Active Coping</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 21 | 38.9 | 0 | 0.0 | 1 | 1.9 | 22 | 40.7 |
| | Sedang | 3 | 5.6 | 28 | 51.9 | 1 | 1.9 | 0 | 0.0 | 32 | 59.3 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |

| No | Indikator Koping | Tingkat Pendidikan | | | | | | | | Total | |
|----------|---|--------------------|-----|----|------|----|-----|---------|-----|-------|-------|
| | | D3 | | S1 | | S2 | | Lainnya | | N | % |
| | | n | % | n | % | n | % | n | % | | |
| 2 | <i>Use of Instrumental Support</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 12 | 22.2 | 1 | 1.9 | 1 | 1.9 | 14 | 25.9 |
| | Sedang | 3 | 5.6 | 37 | 68.5 | 0 | 0.0 | 0 | 0.0 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 3 | <i>Planning</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 18 | 33.3 | 0 | 0.0 | 1 | 1.9 | 19 | 35.2 |
| | Sedang | 3 | 5.6 | 31 | 57.4 | 1 | 1.9 | 0 | 0.0 | 35 | 64.8 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 4 | <i>Acceptance</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 14 | 25.9 | 0 | 0.0 | 0 | 0.0 | 14 | 25.9 |
| | Sedang | 3 | 5.6 | 35 | 64.8 | 1 | 1.9 | 1 | 1.9 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 5 | <i>Positive Reframing</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 16 | 29.6 | 0 | 0.0 | 1 | 1.9 | 17 | 31.5 |
| | Sedang | 3 | 5.6 | 33 | 61.1 | 1 | 1.9 | 0 | 0.0 | 37 | 68.5 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 6 | <i>Religion</i> | | | | | | | | | | |
| | Tinggi | 2 | 3.7 | 40 | 74.1 | 0 | 0.0 | 1 | 1.9 | 43 | 79.6 |
| | Sedang | 1 | 1.9 | 9 | 16.7 | 1 | 1.9 | 0 | 0.0 | 11 | 20.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 7 | <i>Denial*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 2 | 3.7 | 14 | 25.9 | 0 | 0.0 | 1 | 1.9 | 17 | 31.5 |
| | Rendah | 1 | 1.9 | 34 | 63.0 | 1 | 1.9 | 0 | 0.0 | 36 | 66.7 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 8 | <i>Use of Emotional Support</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 5 | 9.3 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 2 | 3.7 | 42 | 77.8 | 1 | 1.9 | 0 | 0.0 | 17 | 31.5 |

| No | Indikator Koping | Tingkat Pendidikan | | | | | | | | Total | |
|-----------|---|--------------------|-----|----|------|----|-----|---------|-----|-------|-------|
| | | D3 | | S1 | | S2 | | Lainnya | | N | % |
| | | n | % | n | % | n | % | n | % | | |
| | Rendah | 1 | 1.9 | 2 | 3.7 | 0 | 0.0 | 1 | 1.9 | 36 | 66.7 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 9 | <i>Humor</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 2 | 3.7 | 38 | 70.4 | 1 | 1.9 | 1 | 1.9 | 42 | 77.8 |
| | Rendah | 1 | 1.9 | 9 | 16.7 | 0 | 0.0 | 0 | 0.0 | 10 | 18.5 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 10 | <i>Self Distraction</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 15 | 27.8 | 0 | 0.0 | 1 | 1.9 | 16 | 29.6 |
| | Sedang | 3 | 5.6 | 34 | 63.0 | 1 | 1.9 | 0 | 0.0 | 38 | 70.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 11 | <i>Venting*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 2 | 3.7 |
| | Sedang | 2 | 3.7 | 45 | 83.3 | 1 | 1.9 | 1 | 1.9 | 49 | 90.7 |
| | Rendah | 1 | 1.9 | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 3 | 5.6 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 12 | <i>Behavioral Disengagement*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 1 | 1.9 | 43 | 79.6 | 1 | 1.9 | 1 | 1.9 | 46 | 85.2 |
| | Rendah | 2 | 3.7 | 5 | 9.3 | 0 | 0.0 | 0 | 0.0 | 7 | 13.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 13 | <i>Self Blame*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 2 | 3.7 |
| | Sedang | 2 | 3.7 | 41 | 75.9 | 1 | 1.9 | 1 | 1.9 | 45 | 83.3 |
| | Rendah | 1 | 1.9 | 6 | 11.1 | 0 | 0.0 | 0 | 0.0 | 7 | 13.0 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |
| 14 | <i>Substance Use*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 0 | 0.0 | 12 | 22.2 | 0 | 0.0 | 0 | 0.0 | 12 | 22.2 |
| | Rendah | 3 | 5.6 | 37 | 68.5 | 1 | 1.9 | 1 | 1.9 | 42 | 77.8 |
| | Total | 3 | 5.6 | 49 | 90.7 | 1 | 1.9 | 1 | 1.9 | 54 | 100.0 |

Sumber: Data Primer

**Cross Tabulation antara Karakteristik Jenis Ketenagaan Responden
dan Strategi Koping Stres Perawat**

| No | Indikator Koping | Jenis Ketenagaan | | | | Total | |
|----------|---|------------------|-----|---------|------|-------|-------|
| | | PNS | | Kontrak | | N | % |
| | | n | % | n | % | | |
| 1 | <i>Active Coping</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 22 | 40.7 | 22 | 40.7 |
| | Sedang | 3 | 5.6 | 29 | 53.7 | 32 | 59.3 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 2 | <i>Use of Instrumental Support</i> | | | | | | |
| | Tinggi | 1 | 1.9 | 13 | 24.1 | 14 | 25.9 |
| | Sedang | 2 | 3.7 | 38 | 70.4 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 3 | <i>Planning</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 19 | 35.2 | 19 | 35.2 |
| | Sedang | 3 | 5.6 | 32 | 59.3 | 35 | 64.8 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 4 | <i>Acceptance</i> | | | | | | |
| | Tinggi | 1 | 1.9 | 13 | 24.1 | 14 | 25.9 |
| | Sedang | 2 | 3.7 | 38 | 70.4 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 5 | <i>Positive Reframing</i> | | | | | | |
| | Tinggi | 1 | 1.9 | 16 | 29.6 | 17 | 31.5 |
| | Sedang | 2 | 3.7 | 35 | 64.8 | 37 | 68.5 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 6 | <i>Religion</i> | | | | | | |
| | Tinggi | 2 | 3.7 | 41 | 75.9 | 43 | 79.6 |
| | Sedang | 1 | 1.9 | 10 | 18.5 | 11 | |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |

| No | Indikator Koping | Jenis Ketenagaan | | | | Total | |
|-----------|---|------------------|-----|---------|------|-------|-------|
| | | PNS | | Kontrak | | N | % |
| | | n | % | n | % | | |
| 7 | <i>Denial*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 1 | 1.9 |
| | Sedang | 0 | 0.0 | 17 | 31.5 | 17 | 31.5 |
| | Rendah | 3 | 5.6 | 33 | 61.1 | 36 | 66.7 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 8 | <i>Use of Emotional Support</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 5 | 9.3 | 5 | 9.3 |
| | Sedang | 3 | 5.6 | 42 | 77.8 | 45 | 83.3 |
| | Rendah | 0 | 0.0 | 4 | 7.4 | 4 | 7.4 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 9 | <i>Humor</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 2 | 3.7 |
| | Sedang | 2 | 3.7 | 40 | 74.1 | 42 | 77.8 |
| | Rendah | 1 | 1.9 | 9 | 16.7 | 10 | 18.5 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 10 | <i>Self Distraction</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 16 | 29.6 | 16 | 29.6 |
| | Sedang | 3 | 5.6 | 35 | 64.8 | 38 | 70.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 11 | <i>Venting*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 2 | 3.7 |
| | Sedang | 3 | 5.6 | 46 | 85.2 | 49 | 90.7 |
| | Rendah | 0 | 0.0 | 3 | 5.6 | 3 | 5.6 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 12 | <i>Behavioral Disengagement*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 1 | 1.9 |
| | Sedang | 2 | 3.7 | 44 | 81.5 | 46 | 85.2 |
| | Rendah | 1 | 1.9 | 6 | 11.1 | 7 | 13.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 13 | <i>Self Blame*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 2 | 3.7 | 2 | 3.7 |
| | Sedang | 3 | 5.6 | 42 | 77.8 | 45 | 83.3 |

| No | Indikator Koping | Jenis Ketenagaan | | | | Total | |
|-----------|------------------------------|------------------|-----|---------|------|-------|-------|
| | | PNS | | Kontrak | | N | % |
| | | n | % | n | % | | |
| | Rendah | 0 | 0.0 | 7 | 13.0 | 7 | 13.0 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |
| 14 | <i>Substance Use*</i> | | | | | | |
| | Tinggi | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 0 | 0.0 | 12 | 22.2 | 12 | 22.2 |
| | Rendah | 3 | 5.6 | 39 | 72.2 | 42 | 77.8 |
| | Total | 3 | 5.6 | 51 | 94.4 | 54 | 100.0 |

Sumber: Data Primer

Cross Tabulation antara Karakteristik Masa Kerja Responden dan Strategi Koping Stres Perawat

| No | Indikator Koping | Masa Kerja (Tahun) | | | | | | | | Total | |
|----------|---|--------------------|------|-----|------|-----|------|----|-----|-------|-------|
| | | 1-3 | | 4-6 | | 7-9 | | >9 | | N | % |
| | | n | % | n | % | n | % | n | % | | |
| 1 | <i>Active Coping</i> | | | | | | | | | | |
| | Tinggi | 13 | 24.1 | 5 | 9.3 | 2 | 3.7 | 2 | 3.7 | 22 | 40.7 |
| | Sedang | 13 | 24.1 | 9 | 16.7 | 8 | 14.8 | 2 | 3.7 | 32 | 59.3 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 2 | <i>Use of Instrumental Support</i> | | | | | | | | | | |
| | Tinggi | 9 | 16.7 | 3 | 5.6 | 1 | 1.9 | 1 | 1.9 | 14 | 25.9 |
| | Sedang | 17 | 31.5 | 11 | 20.4 | 9 | 16.7 | 3 | 5.6 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 3 | <i>Planning</i> | | | | | | | | | | |
| | Tinggi | 12 | 22.2 | 4 | 7.4 | 2 | 3.7 | 1 | 1.9 | 19 | 35.2 |
| | Sedang | 14 | 25.9 | 10 | 18.5 | 8 | 14.8 | 3 | 5.6 | 35 | 64.8 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 4 | <i>Acceptance</i> | | | | | | | | | | |
| | Tinggi | 9 | 16.7 | 2 | 3.7 | 2 | 3.7 | 1 | 1.9 | 14 | 25.9 |
| | Sedang | 17 | 31.5 | 12 | 22.2 | 8 | 14.8 | 3 | 5.6 | 40 | 74.1 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |

| No | Indikator Koping | Masa Kerja (Tahun) | | | | | | | | Total | |
|-----------|--|--------------------|------|-----|------|-----|------|----|-----|-------|-------|
| | | 1-3 | | 4-6 | | 7-9 | | >9 | | | |
| | | n | % | n | % | n | % | n | % | N | % |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 5 | <i>Positive Reframing</i> | | | | | | | | | | |
| | Tinggi | 10 | 18.5 | 4 | 7.4 | 2 | 3.7 | 1 | 1.9 | 17 | 31.5 |
| | Sedang | 16 | 29.6 | 10 | 18.5 | 8 | 14.8 | 3 | 5.6 | 37 | 68.5 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 6 | <i>Religion</i> | | | | | | | | | | |
| | Tinggi | 23 | 42.6 | 9 | 16.7 | 10 | 18.5 | 1 | 1.9 | 43 | 79.6 |
| | Sedang | 3 | 5.6 | 5 | 9.3 | 0 | 0.0 | 3 | 5.6 | 11 | 20.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 7 | <i>Denial*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 9 | 16.7 | 4 | 7.4 | 3 | 5.6 | 1 | 1.9 | 17 | 31.5 |
| | Rendah | 17 | 31.5 | 9 | 16.7 | 7 | 13.0 | 3 | 5.6 | 36 | 66.7 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 8 | <i>Use of Emotional Support</i> | | | | | | | | | | |
| | Tinggi | 3 | 5.6 | 1 | 1.9 | 1 | 1.9 | 0 | 0.0 | 5 | 9.3 |
| | Sedang | 22 | 40.7 | 11 | 20.4 | 9 | 16.7 | 3 | 5.6 | 45 | 83.3 |
| | Rendah | 1 | 1.9 | 2 | 3.7 | 0 | 0.0 | 1 | 1.9 | 4 | 7.4 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 9 | <i>Humor</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 1 | 1.9 | 0 | 0.0 | 1 | 1.9 | 2 | 3.7 |
| | Sedang | 19 | 35.2 | 12 | 22.2 | 9 | 16.7 | 2 | 3.7 | 42 | 77.8 |
| | Rendah | 7 | 13.0 | 1 | 1.9 | 1 | 1.9 | 1 | 1.9 | 10 | 18.5 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 10 | <i>Self Distraction</i> | | | | | | | | | | |
| | Tinggi | 10 | 18.5 | 3 | 5.6 | 3 | 5.6 | 0 | 0.0 | 16 | 29.6 |
| | Sedang | 16 | 29.6 | 11 | 20.4 | 7 | 13.0 | 4 | 7.4 | 38 | 70.4 |
| | Rendah | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 11 | <i>Venting*</i> | | | | | | | | | | |
| | Tinggi | 1 | 1.9 | 0 | 0.0 | 1 | 1.9 | 0 | 0.0 | 2 | 3.7 |

| No | Indikator Koping | Masa Kerja (Tahun) | | | | | | | | Total | |
|-----------|---|--------------------|------|-----|------|-----|------|----|-----|-------|-------|
| | | 1-3 | | 4-6 | | 7-9 | | >9 | | | |
| | | n | % | n | % | n | % | n | % | N | % |
| | Sedang | 24 | 44.4 | 13 | 24.1 | 9 | 16.7 | 3 | 5.6 | 49 | 90.7 |
| | Rendah | 1 | 1.9 | 1 | 1.9 | 0 | 0.0 | 1 | 1.9 | 3 | 5.6 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 12 | <i>Behavioral Disengagement*</i> | | | | | | | | | | |
| | Tinggi | 1 | 1.9 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 1 | 1.9 |
| | Sedang | 22 | 40.7 | 13 | 24.1 | 8 | 14.8 | 3 | 5.6 | 46 | 85.2 |
| | Rendah | 3 | 5.6 | 1 | 1.9 | 2 | 3.7 | 1 | 1.9 | 7 | 13.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 13 | <i>Self Blame*</i> | | | | | | | | | | |
| | Tinggi | 2 | 3.7 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 2 | 3.7 |
| | Sedang | 22 | 40.7 | 12 | 22.2 | 9 | 16.7 | 2 | 3.7 | 45 | 83.3 |
| | Rendah | 2 | 3.7 | 2 | 3.7 | 1 | 1.9 | 2 | 3.7 | 7 | 13.0 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |
| 14 | <i>Substance Use*</i> | | | | | | | | | | |
| | Tinggi | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 | 0 | 0.0 |
| | Sedang | 6 | 11.1 | 4 | 7.4 | 2 | 3.7 | 0 | 0.0 | 12 | 22.2 |
| | Rendah | 20 | 37.0 | 10 | 18.5 | 8 | 14.8 | 4 | 7.4 | 42 | 77.8 |
| | Total | 26 | 48.1 | 14 | 25.9 | 10 | 18.5 | 4 | 7.4 | 54 | 100.0 |

Sumber: Data Primer

Lampiran 6 Surat Izin Pengambilan Data Awal



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN, RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT
DEPARTEMEN MANAJEMEN RUMAH SAKIT

Jl. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp. (0411) 585658
E-mail ; s1mars.uh@yahoo.com website: <https://km.unhas.ac.id/>

Nomor : 3438/UN4.14.7/PT.01.04/2022 Makassar, 29 Maret 2022
Lampiran : -
Perihal : *Izin Pengambilan Data*

Yth
Direktur RSPTN Universitas Hasanuddin
di-
tempat

Dengan Hormat,

Dalam rangka menunjang Proses Penelitian, maka dimohon kebijaksanaan Bapak/Ibu kiranya berkenan memberi izin dan bantuan untuk pengambilan data awal Penelitian Skripsi kepada mahasiswa Departemen Manajemen Rumah Sakit Program Studi Kesehatan Masyarakat Universitas Hasanuddin yang tersebut namanya di bawah ini:

Nama : Adelia Lasro Forwaty Sinaga
Nim : K011181363
Data Yang Diperlukan :

1. Data jumlah tempat tidur
2. Data kunjungan setiap instalasi Tahun 2020 - 2021
3. Data jumlah perawat setiap instalasi 2020 - 2021
4. Data jumlah perawat terinfeksi Covid-19
5. Data Turn Over perawat 2020 - 2021
6. Mewawancarai beberapa perawat terkait kegiatan dan stress kerja yang dialami selama memberikan pelayanan di masa pandemi Covid-19.

Demikian permintaan izin ini kami sampaikan. Atas perhatian dan kerjasamanya disampaikan terima kasih.



Dr. Irwandy, SKM, M.ScPH, M.Kes
Nip. 19840312 201012 1 005

Lampiran 7 Surat Pengantar Izin Penelitian dari FKM Universitas Hasanuddin



**KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,
RISET DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT**
Jl. Perintis Kemerdekaan Km.10 Makassar 90245, Telp. (0411) 585658,
E-mail : fkmuh@unhas.ac.id, website: www.fkm.unhas.ac.id

Nomor : 6961/UN4.14.8/PT.01.04/2022
Hal : Izin Penelitian

27 Juni 2022

Yang Terhormat

Kepala Dinas Penanaman Modal dan Pelayanan Terpadu Satu Pintu Provinsi Sulawesi Selatan
Cq. Bidang Penyelenggara Pelayanan Perizinan
di – Makassar

Dengan hormat, kami sampaikan bahwa mahasiswa Fakultas Kesehatan Masyarakat Universitas Hasanuddin bermaksud untuk melakukan penelitian dalam rangka penyusunan skripsi. Sehubungan dengan itu, kami mohon kiranya bantuan Bapak kiranya dapat memberikan izin untuk penelitian kepada :

Nama : Adelia Lasro Forwaty Sinaga
Nim : K011181363
Program Studi : Kesehatan Masyarakat-S1
Departemen : Manajemen Rumah Sakit
Judul Tugas Akhir : **Gambaran Strategi Koping Stres Pada Perawat Instalasi Rawat Inap dan Rawat Jalan di RSPTN Universitas Hasanuddin Kota Makassar Tahun 2022.**
Lokasi Penelitian : RSPTN Universitas Hasanuddin Kota Makassar
Pembimbing : 1. Rini Anggraeni, S.KM.,M.Kes
2. Adelia U. Ady Mangilep, S.KM.,MARS

Atas bantuan dan kerjasama yang baik, kami sampaikan banyak terima kasih.




Man. Dekan
Ketua Program Studi S1 Kesehatan Masyarakat,

Dr. Suriah, S.KM., M.Kes
NIP. 197405202002122001

Tembusan :
1. Dekan FKM Unhas sebagai laporan
2. Para Wakil Dekan FKM Unhas
3. Para Pembimbing Skripsi



Lampiran 8 Surat Izin Penelitian dari PTSP Provinsi Sulawesi Selatan

| | |
|--|--|
|  | |
| PEMERINTAH PROVINSI SULAWESI SELATAN | |
| DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU | |
| <small>Jl. Bougenville No.5 Telp. (0411) 441077 Fax. (0411) 448936 Website : http://simap-new.sulselprov.go.id Email : ptsp@sulselprov.go.id Makassar 90231</small> | |
| <hr/> | |
| Nomor | : 4179/S.01/PTSP/2022 |
| Lampiran | : - |
| Perihal | : <u>Izin penelitian</u> |
| | Kepada Yth. Direktur RSPTN Universitas Hasanuddin Makassar |
| | di- Tempat |
| Berdasarkan surat Deka Fak. Kesehatan Masyarakat UNHAS Makassar Nomor : 6961/UN4.14.8/PT.01.04/2022 tanggal 27 Juni 2022 perihal tersebut diatas, mahasiswa/peneliti dibawah ini: | |
| N a m a | : ADELIA LASRO FORWATY SINAGA |
| Nomor Pokok | : K011181363 |
| Program Studi | : Kesehatan Masyarakat |
| Pekerjaan/Lembaga | : Mahasiswa (S1) |
| Alamat | : Jl. P. Kemerdekaan Km.10 Makassar |
| |  PROVINSI SULAWESI SELATAN |
| Bermaksud untuk melakukan penelitian di daerah/kantor saudara dalam rangka menyusun SKRIPSI, dengan judul : | |
| " GAMBARAN STRATEGI KOPING STRES PADA PERAWAT INSTALASI RAWAT INAP DAN RAWAT JALAN DI RSPTN UNIVERSITAS HASANUDDIN KOTA MAKASSAR TAHUN 2022 " | |
| Yang akan dilaksanakan dari : Tgl. 29 Juni s/d 29 Juli 2022 | |
| Sehubungan dengan hal tersebut diatas, pada prinsipnya kami menyetujui kegiatan dimaksud dengan ketentuan yang tertera di belakang surat izin penelitian. | |
| Demikian Surat Keterangan ini diberikan agar dipergunakan sebagaimana mestinya. | |
| Diterbitkan di Makassar Pada Tanggal 28 Juni 2022 | |
| A.n. GUBERNUR SULAWESI SELATAN PLT. KEPALA DINAS PENANAMAN MODAL DAN PELAYANAN TERPADU SATU PINTU PROVINSI SULAWESI SELATAN | |
|  | |
| <u>Dra. Hj SUKARNIATY KONDOLELE, M.M.</u> Pangkat : PEMBINA UTAMA MADYA Nip : 19650606 199003 2 011 | |
| Tembusan Yth | |
| 1. Deka Fak. Kesehatan Masyarakat UNHAS Makassar di Makassar; | |
| 2. <i>Pertinggal.</i> | |

Lampiran 9 Surat Rekomendasi Persetujuan Etik



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN
RISET, DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
FAKULTAS KESEHATAN MASYARAKAT

Jln. Perintis Kemerdekaan Km. 10 Makassar 90245, Telp. (0411) 585658,
E-mail : fkunhas@gmail.com, website: <https://fkunhas.ac.id/>

REKOMENDASI PERSETUJUAN ETIK

Nomor : 9029/UN4.14.1/TP.01.02/2022

Tanggal : 8 Agustus 2022

Dengan ini Menyatakan bahwa Protokol dan Dokumen yang Berhubungan dengan Protokol berikut ini telah mendapatkan Persetujuan Etik :

| | | | |
|-----------------------------------|---|---|--|
| No. Protokol | 1822051205 | No. Sponsor Protokol | |
| Peneliti Utama | Adelia Lasro Forwaty Sinaga | Sponsor | Pribadi |
| Judul Peneliti | Gambaran Strategi Koping Stres Pada Perawat Instalasi Rawat Inap di RSPN Universitas Hasanuddin Kota Makassar Tahun 2022 | | |
| No. Versi Protokol | 1 | Tanggal Versi | 1 Agustus 2022 |
| No. Versi PSP | 1 | Tanggal Versi | 1 Agustus 2022 |
| Tempat Penelitian | RSPN Universitas Hasanuddin Kota Makassar / Instalasi Rawat Inap | | |
| Judul Review | <input checked="" type="checkbox"/> Exempted <input type="checkbox"/> Expedited <input type="checkbox"/> Fullboard | Masa Berlaku 8 Agustus 2022 Sampai 8 Agustus 2023 | Frekuensi review lanjutan |
| Ketua Komisi Etik Penelitian | Nama : Prof. dr. Veni Hadju, M.Sc, Ph.D | Tanda tangan |  8 Agustus 2022 |
| Sekretaris komisi Etik Penelitian | Nama : Dr. Wahiduddin, SKM., M.Kes | Tanda tangan |  8 Agustus 2022 |

Kewajiban Peneliti Utama :

1. Menyerahkan Amandemen Protokol untuk persetujuan sebelum di implementasikan
2. Menyerahkan Laporan SAE ke Komisi Etik dalam 24 Jam dan dilengkapi dalam 7 hari dan Laporan SUSAR dalam 72 Jam setelah Peneliti Utama menerima laporan
3. Menyerahkan Laporan Kemajuan (progress report) setiap 6 bulan untuk penelitian resiko tinggi dan setiap setahun untuk penelitian resiko rendah
4. Menyerahkan laporan akhir setelah Penelitian berakhir
5. Melaporkan penyimpangan dari protocol yang disetujui (protocol deviation/violation)
6. Mematuhi semua peraturan yang ditentukan



Lampiran 10 Surat Keterangan Telah Menyelesaikan Penelitian



KEMENTERIAN PENDIDIKAN, KEBUDAYAAN,
RISET, DAN TEKNOLOGI
UNIVERSITAS HASANUDDIN
RUMAH SAKIT UNHAS

Jl. Perintis Kemerdekaan Km. 10 Tamalanrea, Makassar 90245

Website www.rs.unhas.ac.id Email info@rs.unhas.ac.id Telp: (0411) 591331 Fax: (0411) 591332

Nomor : 10980/UN4.24.1.2/PT.01.05/2022 16 November 2022
Hal : Surat Keterangan Selesai Penelitian

Dengan ini menerangkan bahwa mahasiswa yang beridentitas :

Nama : Adelia Lasro Forwaty Sinaga
NIM : K011181363
Institusi : Universitas Hasanuddin, Makassar
Kode Penelitian : 220715_2

Telah menyelesaikan penelitian di Rumah Sakit Unhas.

Terhitung pada tanggal : 25 Juli 2022

Dengan Sampel : Data Primer: Kuesioner

Dalam rangka penyusunan Skripsi yang berjudul:

"Gambaran Strategi Koping Stres Pada Perawat Instalasi Rawat Inap di RSPTN Universitas Hasanuddin Kota Makassar Tahun 2022"

Demikian surat keterangan ini dibuat dan diberikan kepada yang bersangkutan untuk dipergunakan seperlunya.

Kepala Bidang Penelitian dan Inovasi



dr. Aslim Pasim, Sp. Onk. Rad, M.Kes
NIP. 498304253012121003

Lampiran 11 Dokumentasi Penelitian



Lampiran 12 Daftar Riwayat Hidup

DAFTAR RIWAYAT HIDUP



Nama : Adelia Lasro Forwaty Sinaga

Alamat : BTN Bulurokeng Permai, Kel. PAI, Kec. Biringkanaya,
Kota Makassar

Tempat/Tanggal Lahir : Ujung Pandang/15 September 1999

Agama : Kristen Protestan

Suku : Batak

Bangsa : Indonesia

Pendidikan Terakhir :

1. SDN Baddoka
2. SMPN 25 Makassar
3. SMAN 06 Makassar
4. Fakultas Kesehatan Masyarakat Universitas Hasanuddin