

COVER LETTER OF EDITED MANUSCRIPT ROUND 2

Date: 22nd February 2022

To
The Editor,
VISION JOURNAL

I am enclosing herewith a manuscript entitled “**CHOROIDAL THICKNESS IN CORRELATION WITH AXIAL LENGTH AND MYOPIA DEGREE**”. We would like to inform you that we have revised our manuscript based on academic editor and reviewers’ suggestion. Here are we attached point by point response:

RESPONSE TO REVIEWER 2 COMMENTS

The authors provide a revised manuscript. However, some issues need to be addressed in the new version:

1. When looking at the categories for myopia, I think it should be: **low ($\geq -3.0\text{dpt}$), moderate (<-3.0 to $\geq -6.0\text{dpt}$) and high (<-6.0 dpt). I think the authors forgot about the "minus" sign; therefore "higher" values would mean "smaller" numbers.**

Response:

We agreed with your statement and have already changed the myopia categories in our manuscript line 111 to 112 from “Low (≤ -3.00 D), moderate (-3.25 to -6.00 D), and high (> -6.00 D) myopias” become “Low (≥ -3.00 D), moderate (<-3.00 to $\geq -6.00\text{D}$) and high (<-6.00 D) myopias”.

2. Although the authors now included a control group as asked for by the referees, they did not include the control group in the statistical analysis in Table 1, since there seems to be no change in p-values. In addition, the control group was not added to the other analyses (i.e., Table 2). This should be clarified and justified in the "Methods" section on statistics or the control group should be part of the analysis set.

Response:

We have already retested the statistics on the data we included in the manuscript. This can be seen in table 1 (line 133-134). We obtained a significant p-value in all groups except the T3 group (temporal 1.5). However, this does not change anything in the discussion section because all significant and non-significant values are in the same group as the results of the previous statistical test.

In table 2 (line 156-157) we have also included additional data for the control group (non-myopic eyes) and the axial length category from all subjects (116 eyes). We found that statistically significant test results were found in all groups except the T3 area (temporal 1.5) $p=0.120$. Furthermore, we also made an adjustment from the correlation between CT with AL, and CT with Myopia degree graphic in figure 5 based on this new data (line 173-174).

In table 3 (line 166-167), we also made changes to the data value where the results of statistical tests are carried out by including both groups.

RESPONSE TO REVIEWER 3 COMMENTS

Comments 1 : Thanks to the authors for addressing my comments.

Response : Thank you very much for your kind support and valuable advices. Best Regards.

We are looking for further evaluation and also publication in Vision journal.

Thank you very much your kind attention.

Sincerely,

Andi Muhammad Ichsan

Ophthalmology Department, Medical Faculty, Hasanuddin University

Email: am_ichsan@unhas.ac.id

Mobile phone: +6281342280880

Postal address: Jl.Perintis Kemerdekaan Km.10, Tamalanrea, 90245

CHOROIDAL THICKNESS IN CORRELATION WITH AXIAL LENGTH AND MYOPIA DEGREE

Habibah Setyawati Muhiddin¹, Andi Ratna Mayasari¹, Batari Todja Umar¹, Junaedi Sirajuddin¹, Ilhamjaya [Patellongi](#)², Itzar Chaidir Islam¹, Andi Muhammad Ichsan^{1*}

¹Ophthalmology Department, Faculty of Medicine, Hasanuddin University, Makassar, Indonesia;

²Physiology Department, Faculty of Medicine, Hasanuddin University, Makassar, Indonesia;

* Correspondence: am_ichsan@med.unhas.ac.id; Tel.: +6281342280880

Abstract: Background: Myopia is a condition in which the visual images come to a focus in front of the retina of the eye. This disease is a major cause of visual disability which present in 108 million persons globally. A major cause of visual disability is myopia. It occurs when there is an excessive and continuous expansion of the axial length (AL), resulting in a change in the secondary fundus leading to visual impairment, choroidal neovascularization, retinal detachment, zonal areas of chorioretinal atrophy, myopic macular schisis and hole. Purpose: This study aims to determine the relationship between the degree of myopia, the axial length, and the choroidal thickness (CT). Methods: This is an observational analytical study that made use of a cross-sectional design. A total of 49 59 participants with refractive errors, underwent treatment at Hasanuddin University Hospital and 69 116 eyes were measured and analyzed. The choroidal thickness was measured using the Enhance Depth Imaging OCT (EDI-OCT) tool which is divided into nine observational areas. Furthermore, all data obtained were compared using statistical analysis such as the one-way ANOVA and Pearson correlation test ($p < 0.05$). Results: There was a significant relationship between the choroidal thickness with axial length ($p < 0.05$), and myopia degrees ($p < 0.05$). Conclusions: The thickness of the choroid decreases with an increase in the axial length and degree of myopia which further indicates that the higher the myopia degree the thinner the choroidal vasculature.

Citation: Muhiddin HS et al. CHOROIDAL THICKNESS IN CORRELATION WITH AXIAL LENGTH AND MYOPIA DEGREE. *Vision* 2022, 6, x. <https://doi.org/10.3390/xxxxx>

Received: date
Accepted: date
Published: date

Publisher's Note: MDPI stays neutral with regard to jurisdictional claims in published maps and institutional affiliations.



Copyright: © 2022 by the authors. Submitted for possible open access publication under the terms and conditions of the Creative Commons Attribution (CC BY) license (<https://creativecommons.org/licenses/by/4.0/>).

Keywords: Choroidal thickness; Myopia; Axial length

1. Introduction

Myopia, also known as shortsightedness, is a major cause of visual disability around the world. In 1972 and 2004, the prevalence of myopia increased from 25 to 44% in the United States while in Asia, the prevalence is approx. >80%.⁽¹⁾ In 2010, it was noted that the uncorrected refractive error was the major cause of vision impairment and the second most frequent cause of blindness affecting 108 million persons globally. Furthermore, the cases of myopia are expected to increase by more than 5000 million by 2050.⁽²⁾

Myopia is more likely to occur in several condition such as young age (mostly 8 to 15 years old), hereditary person with myopic parent, and persons who work extensively with the eyes such as microscopists, computer users, or university students. Myopia is more likely to occur within the ages of 8 and 15 and it is prevalent in persons who work extensively with the eyes such as microscopists.^(1,3) According to the World Health Organization, the major cause of vision impairment and blindness around the world are macular degeneration, vitamin A deficiency, infectious disease, uncorrected refractive error with cataracts, and myopia.⁽⁴⁾

Furthermore, myopia has been classified according to anatomical and pathological features, the age of onset, the rate of progression, the degree and theory of development. Physiological myopia occurs when the refractive components of the eye fail to correlate,

unlike pathologic myopia (alternatively, malignant or degenerative myopia) which occurs when the optical system of the eye lies outside the limit of normal biological variations. According to degree, myopia can be grouped into low (<3.00 D), medium (3.00 D-5.00 D), and high (>5.00 D).(5)

According to Okafor et al. (2009), the degree of myopia is could be divided into 3 categories: very low (<-1.0 D), low (≥ -1 to ≤ -3.00 D), moderate (> -3.00 to < -6.00 D), high (> -6.00 D to ≤ -10 D) and very high (> -10 D) myopias.(6)

Myopia and refractive-error disorder may develop when there are irregular contri-butions of the ocular components to the eye structures. Four structures that contribute to the refractive status of a given human eye are aqueous and vitreous humor, cornea, and lens. When the lens and cornea fail to neutralize the axial length (AL) shortening or elon-gation, hyperopia or myopia may occur. Therefore, some parameters such as the anterior chamber depth (ACD), corneal curvature, vitreous chamber depth, axial length and, lens thickness are widely analyzed when studying eye diseases. However, among these com-ponents, more attention is paid to the axial length which is the major parameter for both hyper myopia and myopia.(7) Furthermore, studies have shown that the alteration of en-vironmental factors and the identification of genetic correlations may play a significant role in axial elongation, myopia progression, and future ocular complications.(8,9)

Myopia is known to be the cause of multiple eye fatalities around the globe and in-vestigation conducted on a particular population in various hospital have shown that when the axial length or refractive error is ~ 26.5 mm or -8.00 D, the parapapillary atrophy and optic disc becomes enlarged gradually. However, when these values are higher, the prevalence of glaucomatous optic neuropathy and myopic retinopathy is increased. My-opia is identified as the excessive and continuous expansion of the axial length, result-ing in a change in the secondary fundus which leads to visual impairment, as well as cho-roidal neovascularization, retinal detachment, zonal areas of chorioretinal atrophy, my-opic macular schisis, and hole.(10)

In high myopic eyes, recent changes start in the choroid therefore, studies have shown that the choroid is a very valuable structure that is required in the pathophysiology of high myopia.(11) The choroidal vasculature helps nourish the outer retina (including the photoreceptors), however, when there is a loss of the vascular tissue and an extreme thinning of the choroid, it leads to visual impairment and damage to the photoreceptors. The thickness of the choroidal is an essential parameter used for studying the pathogene-sis of high myopia.(12) Furthermore, measurement of CT in vivo is suitable for determin-ing the onset of diseases and their progression which causes thinning of the choroidal.(13) The presence of lacquer cracks and choroidal neovascularization (CNV) is seen mostly in eyes with thinner macular choroids.(14) Therefore, this study aims to determine the rela-tionship between the degree of myopia, the axial length, and the choroidal thickness.

2. Materials and Methods

2.1 Study design

This is an observational analytical study that made use of a cross-sectional design. A total of 59 participants were included. There are 49 patients with refractive errors and underwent treatment at Hasanuddin University Hospital and 10 normal subjects as a con-trol group. A total of 116 eyes were measured and analyzed. In this study, our criteria for recruiting subjects were patients aged 20-50 years, had a refractive error ≥ 0.5 D, did not suffer from anterior segment abnormalities during examination, no history of eye infec-tion or eye surgery. A total of 49 participants with refractive errors, underwent treatment at Hasanuddin University Hospital and 69 eyes were measured and analyzed. Each pa-tient who meets the criteria was asked to fill out and sign an informed consent form after then examined according to applicable standards.

2.2 Ophthalmology examination

The examination was carried out by measuring the patient's visual acuity and correction using a Snellen chart projector, trial lens, and retinoscopy. The results obtained from retinoscopy were in the form of a spherical equivalent (SE). The anterior segment of the eye was then examined with a slit lamp biomicroscope, then the patient was made to undergo an indirect funduscopy examination with a 90D ocular lens to view the posterior segment of the eye. Subsequently, the length of the patient's eyeball axis was obtained using A-Scan Ultrasound which measures from the top of the cornea to the posterior segment, and the results were represented in millimeters (mm). The choroidal thickness was measured using the Enhance Depth Imaging OCT (EDI SD-OCT) tool which is divided into nine observation areas. The type of OCT used is Heidelberg Spectralis® OCT (3-mode), Germany. It was carried out by 2 technicians (two graders) then the results were blindly confirmed by the research team (HSM and AMI). ~~The test~~ was performed semi-automatically by drawing a perpendicular line between the outermost part of the hyper-reflective line that represents the RPE with the hypo-reflective line that represents the choroid-scleral surface using a calipers software tool.

2.3 Data analysis and interpretation

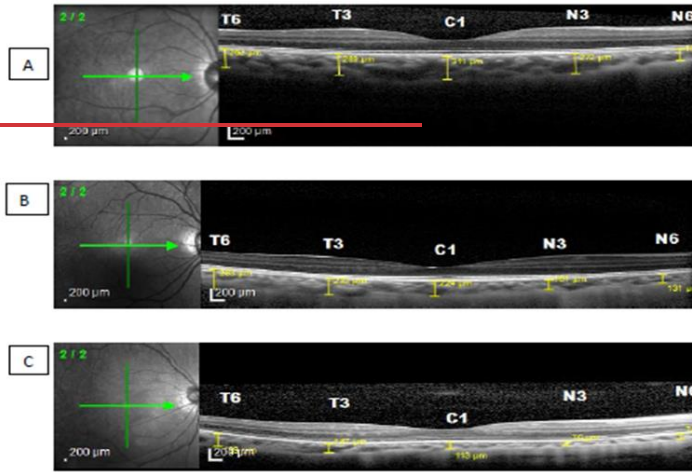
All results obtained were recorded and compared using SPSS for windows ver. 24.0 using the with One-way ANOVA and Spearman–Pearson correlation test (sig. $p < 0.05$) which was represented in tables and figures. The study was conducted in accordance with the Declaration of Helsinki, and approved by the Institutional Ethics Committee for Medical Research of Hasanuddin University (Approval No.: 751/UN 4.6.4.5.31 /PP36/2021).

3. Results

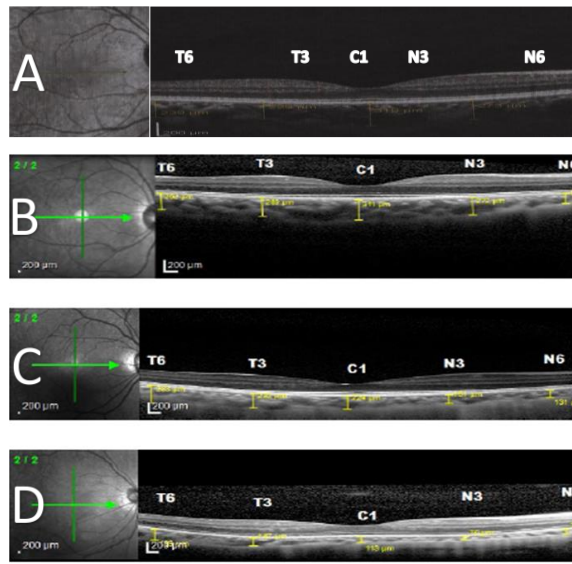
The degree of myopia is divided into 3 categories; ~~low (≤ -3.00 D), moderate (-3.25 to -6.00 D), and high (> -6.00 D) myopias~~ low (≥ -3.00 D), moderate (< -3.00 to ≥ -6.00 D) and high (< -6.00 D) myopias. This was compared with the choroidal thickness found in various areas of the macula. The result obtained showed a significant difference except for the 1.5 mm temporal region (T3) (Table 1). This result indicates a significant relationship between the choroidal thickness and the degree of myopia. A high degree myopia showed a thinner choroidal vasculature.

From the horizontal image (Fig.1), the choroid found in the low myopia is thickest in the subfoveal unlike in medium and high myopia where it is thickest in the temporal. The thinnest area in all groups was the nasal area. Vertically (Fig.2), in low and moderate myopia, the choroid is thickest in the superior area while in high myopia it is thickest in the subfoveal area. The thinnest area in each group was the inferior region. Comparison of the choroidal thickness based on the axial length showed a significant difference ($p < 0.05$), except for the superior region (S6).

96
97
98
99
100
101
102
103
104
105
106
107
108
109
110
111
112
113
114
115
116
117
118
119
120
121
122
123
124
125
126
127
128
129
130
131
132
133
134



135



136

Figure 1. Choroidal thickness based on degrees of myopia horizontally.
(A) Normal subject (B) Low myopia, (C) Moderate myopia, (D) High myopia.
Figure 1. Choroidal thickness based on degrees of myopia horizontally.—
(A) Low myopia 1.75D, (B) Moderate myopia 3.75D, (C) High myopia 10.25D

137

138

139

140

141

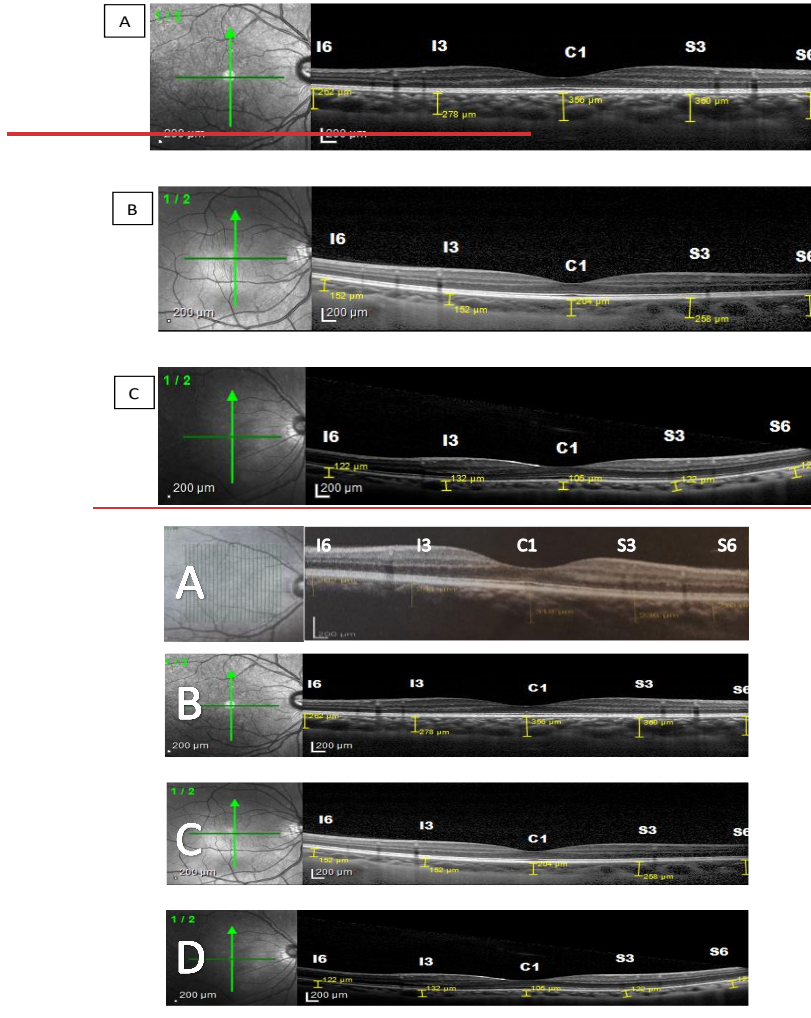


Figure 2. Choroidal thickness based on degrees of myopia vertically. (A) Normal subject (B) Low myopia, (C) Moderate myopia, (D) High myopia

142

143

144 Formatted: Indent: First line: 0.9 cm

145 Formatted: Centered

146

Figure 2. Choroidal thickness based on degrees of myopia vertically—
(A) Low myopia 1.75D, (B) Moderate myopia 3.75D, (C) High myopia 10.25D

Table 1. Comparison of choroidal thickness and the degrees of myopia

Choroidal Thickness based on area (Mean ± SD) μm	Myopia degree (D)				p
	Normal (n=20)	Low myopia (n=50)	Moderate myopia (n=31)	High myopia (n=15)	
C=Sub Fovea	296.70±69.62	307.52±79.30	253.39±64.84	267.33±104.01	0.0210.010
T6=Temporal 3	273.35±46.82	280.22±76.18	255.06±47.20	231.07±59.52	0.0470.028
T3=Temporal1.5	295.45±66.94	298.12±78.30	262.58±54.02	267.80±83.84	0.1360.076
N3=Nasal 1.5	274.15±71.70	252.50±64.89	208.23±48.70	196.07±89.16	0.0010.002
N6=Nasal 3	219.25±77.72	173.00±50.72	151.06±47.20	132.33±77.61	0.0010.027
S6=Superior 3	319.90±84.54	306.02±72.50	269.13±56.69	258.67±89.28	0.0390.022
S3=Superior 1.5	299.40±76.45	314.18±80.06	261.52±52.95	257.73±93.38	0.0080.003
I3=Inferior 1.5	293.95±77.33	307.12±71.74	249.97±62.72	244.73±76.31	0.001<0.001
I6=Inferior 3	278.50±86.19	282.04±62.99	237.84±47.31	226.00±65.93 ^{ab}	0.0030.001

*One-way Anova test

The mean choroid thickness of the short-normal (<22.5 mm), medium (22.5 to 25.0 mm) and long (>25.5 mm) axis in the horizontal section (Fig.3) were thickest in the fovea, while the thinnest in each group was found in the nasal area. Furthermore, vertical measurement (Fig.4) on the short-normal axis, showed that the thickest area is on subfoveal area while on the medium and long axis it is thickest in the superior area. The thinnest area in the short-normal and medium axis groups was the inferior region, while for the long axis it was the sub fovea area.

147
148
149
150

Formatted: Font: 9 pt
Formatted Table

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

Formatted: Font: 9 pt

151
152
153
154
155
156
157
158
159
160
161

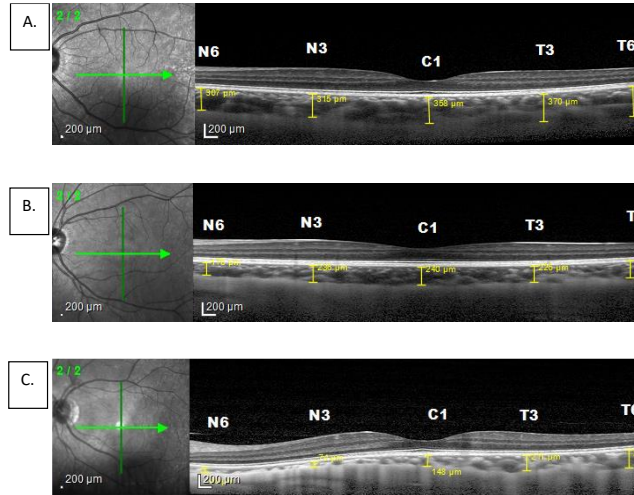


Figure 3. Choroidal thicknes based on axial length horizontally.

(A) ~~Short axis Normal axis (22,47 mm)~~, (B) Medium axis (23,75 mm), (C) Long axis (27,60 mm)

162
163
164
165
166

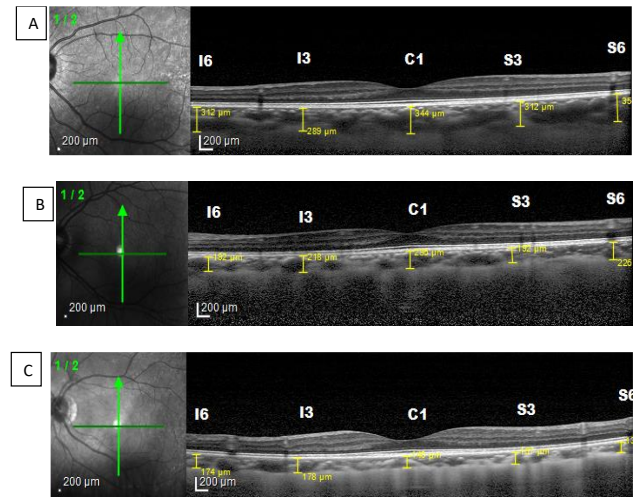


Figure 4. Figure 3. Choroidal thicknes based on axial length vertically.

(A) ~~Short axis Normal axis (22,47 mm)~~(B) Medium axis (23,75 mm), (C) Long axis (27,60 mm)

167
168
169
170
171

Formatted: Centered

Table 2 showed that there is a significant correlation between choroidal thickness and axial length ($p < 0,05$), except on S6 area. This indicates that the thickness of the choroid decreases with increasing axial length.

172
173
174
175

Table 2. Comparison of choroidal thickness and axial length

Coroidal thickness based on area (Mean±SD) μm	Axial length (mm)			P*
	Short-Normal (n=46)	Moderate (n=7481)	Long (n=1829)	
C=Sub Fovea	329.50±27.28 345.00±16.31	291.62±76.94±294.04 ±79.83	253.28±86.84 227.89±77.30	0.0290.002
T6=Temporal 3	315.17±75.89 347.25±73.3	269.99±62.44±270.20 ±65.20	236.34±55.72 222.22±51.0	0.0060.001
T3=Temporal 1,5	320.00±37.06 328.75±35.76	285.42±71.87±289.12 ±75.56	261.76±70.54 241.83±55.25	0.1200.020
N3=Nasal 1,5	288.17±42.97 307±39.43	241.38±67.44±233.09 ±65.93	206.52±71.63 196.89±68.55	0.0100.008
N6=Nasal 3	216.83±60.60 247.25±49.14	171.73±60.47±60.69 ±52.17	147.93±62.65 135.44±55.50	0.0290.001
S6=Superior 3	327.00±40.71 332.75±49.25	298.06±78.31±291.73 ±71.58	262.45±72.23 255.83±74.45	0.0490.074
S3=Superior 1,5	320.83±36.40 336±31.76	298.53±76.42±298.03 ±76.48	256.14±79.89 238±76.04	0.0240.006
I3=Inferior 1,5	310.50±45.47 330.5±41.06	293.37±73.36±287.24 ±73.33	239.79±68.67 233.22±70.31	0.0020.008
I6=Inferior 3	278.33±64.76 311.25±14.7	274.07±67.91±264.58 ±63.82	225.48±56.06 224.5±52.34	0.0030.012

*One-way ANOVA test

Table 3 shows the correlation coefficient between the axial length of the eyeball and the thickness of the choroid (r= 0.270 – 453) which is higher than the degree of myopia (r= 0.230 – 407).

176
177

Formatted Table

178
179
180
181
182
183
184
185

Table 3. Correlation between axial length, degree of myopia and choroidal thickness in various regions

Choroidal Thickness based on area (Mean±SD) μm	Axial length (mm)		Myopia degree (D)	
	Coefficient correlation (r)	p*	Coefficient correlation (r)	p*
C=Sub Fovea	-246-0,400	0.008<0,001	-175-0,274	0.0600.003
T6=Temporal 3	-293-0,385	0.001<0,001	-180-0,317	0.0530.001
T3=Temporal1,5	-190-0,307	0.041<0,001	-124-0,230	0.1860.012
N3=Nasal 1,5	-278-0,427	0.0030,001	-347-0,361	<0.001<0.001
N6=Nasal 3	-238-0,343	0.010<0,001	-368-0,332	<0.001<0.001
S6=Superior 3	-288-0,270	0.014<0,001	-248-0,300	0.0070.002
S3=Superior 1,5	-249-0,389	0.0070,004	-227-0,308	0.0140.001
I3=Inferior 1,5	-310-0,453	0.001<0,001	-284-0,388	0.002<0.001
I6=Inferior 3	-289-0,431	0.002<0,001	-299-0,407	0.001<0.001

*Pearson correlation test

The choroidal thickness showed a significant relationship ($p<0.05$) with the axial length and degree of myopia found in various areas of the macula and this has a negative correlation coefficient; Therefore, means, the longer the axis of the eyeball the higher the degree of myopia which will lead to choroidal thinning (Fig.5).

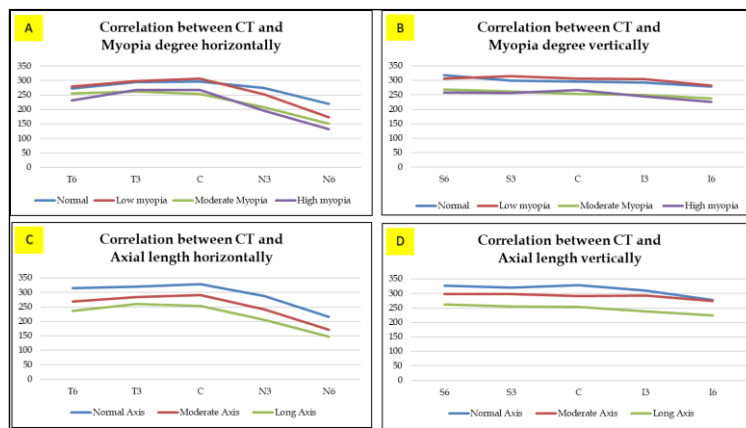


Figure 5. (A, B) Correlation between choroidal thickness and myopia degree (C, D) Correlation between choroidal thickness and axial length.

186
187

188
189
190
191
192
193
194

Formatted: Indent: Left: 3.6 cm, First line: 0.9 cm

195
196
197
198

Formatted: Indent: First line: 0.9 cm

4. Discussion

Historically, some opticians have thought that myopia is a hereditary abnormality, whereas others have imagined it to be environmentally induced. However, several studies conducted on animals and humans over the last four decades have suggested that the occurrence of myopia is controlled by both genetic and environmental factors.(3)

The comparison between the degrees of myopia and choroidal thickness showed a significant correlation ($p < 0.05$) that indicates that a higher degree of myopia will lead to thinning of the choroidal layer. Moreover, the mean choroidal thickness obtained by OCT examination was based on the degree of myopia found in the horizontal area. The low degree myopia was found to be thickest in the sub_foveal area, while the moderate and high degree myopia was thickest in the temporal region. The thinnest choroid was found in the nasal area of all degrees of myopia. [Study by Shin \(2012\) reported that the choroid become thinner about 13.62 \$\mu\text{m}\$ for each diopter of refractive error and also decreased about 1.31 \$\mu\text{m}\$ for each year of age.](#)(15)

Based on studies conducted, it is known that the thinning of the choroid reduces ischemia and perfusion of the choroid which leads to the upregulation of the angiogenic factors in the eyes and this may also lead to the formation of myopic choroidal neovascularization and other features of macular degeneration.(16)

In a cross-sectional study by El-Shazly *et al.* (2017) Macular CT was measured in different degrees of myopia and in normal control eyes, and a similar result was obtained which is significantly lower in myopes than in emmetropes. Moreover, it varies by location, where the thickest CT in low myopic eyes, is found in the sub_foveal area, while the thinnest is located in the nasal region. However, for eyes with moderate myopia, the thickest is found in the temporal region while the thinnest region remained in the nasal direction.(17)

Another study by Deng *et al.* (2018) showed that the mean CT in the perifoveal, parafoveal, and central foveal regions where $215 \pm 50 \mu\text{m}$, $227 \pm 60 \mu\text{m}$, and $229 \pm 65 \mu\text{m}$ respectively while the mean spherical equivalent (SE) of the patient was -1.71 ± 2.22 diopter (D) (range from -7.63 to 4.25 D). Furthermore, the mean global peripapillary choroidal thickness (PPCT) was $136 \pm 33 \mu\text{m}$.(18)

Based on the result obtained from different studies carried out on animals, an alteration in the thickness of the choroid may occur when maintaining a clear vision. Earlier studies on macaques, marmosets, and chicks have led to the hypothesis which states that the thickening of the choroid may occur when myopic defocus is induced due to changes in the position of the retina when maintaining a clear vision. This is possible because, in myopic defocus, the retina is at the back of the image plane so when thickening of the choroid occurs it moves the retina forward.(11)

Furthermore, this study also indicates that an increase in axial length leads to a decrease in the thickness of the choroid. (Table 2). Moreover, the choroidal thickness showed a significant relationship ($p < 0.05$) between the axial length and the degree of myopia found in various areas of the macula that has a negative correlation coefficient. Therefore, this indicates that the longer the axis of the eyeball and the higher the degree of myopia the more choroidal thinning will occur.

In general, the Axial length increases rapidly at the early stage of life but slowly in adulthood and decreases in old age.(7) According to Lee *et.al* (2020) the best-corrected visual acuity (BCVA), baseline axial length, anterior chamber depth, and age were significantly associated with changes in axial length ($p=0.005$, $p<0.001$, $p=0.006$, and $p=0.045$ respectively).(19)

Furthermore, the choroid may stimulate axial growth by regulating the remodeling of the scleral extracellular matrix, which is important for emmetropization during eye

199

200

201

202

203

204

205

206

207

208

209

210

211

212

213

214

215

216

217

218

219

220

221

222

223

224

225

226

227

228

229

230

231

232

233

234

235

236

237

238

239

240

241

242

243

244

245

246

247

248

formation. In experimental animals induced with hyperopia and myopia, a change in the thickness of the choroid exceeds that of axial length and scleral remodeling.(12)

According to histologic, clinical, and population-based investigations, it was shown that an increase in axial elongation led to a significant thinning of the choroid. Furthermore, in emmetropic subjects, the mean CT was 250 μm while in highly axially myopic patients it decreases to <30 μm . Therefore, this indicates that an increase in the axial elongation led to a decrease in the distance between the Bruch membrane and sclera.(17)

Based on Jin et al. (2016), the myopic retinas were thinner than those of emmetropic or hyperopic subjects, especially in the superior parafoveal and all 4 perifoveal subfields (P<.05). But, the results of previous studies on factors influencing the thickness of the ganglion cell layer and nerve fiber layer have been conflicting. While some suggested that the thickness of the ganglion cell layer and peripapillary nerve fiber layer is correlated with spherical equivalent refraction and axial length in adults, others did not observe this relationship.(12).

Karahan (2013) reported that choroidal change plays a major role in the development and progression of many retinal disease. Thickening of the choroid could affect the nutrition supply to the retina, because outer retina layer is nourished by the choroidal vasculature. Thus, choroidal thickness provides useful information to clinicians.(20).

An increase in the axial length led to an increase in the retina thickness which aid in blood supply. This, however, caused an increase in length of the ocular axis resulting in a compensatory thickening of the choroidal capillary layer in the fovea centralis and an increase in the number of capillaries and volume. Moreover, an increase in the myopia degree will cause the axial length of the eye to increase as well. However, the retina may fail to compensate causing the capillary layer and choroid to become thinner.(21)

5. Conclusions

There was a significant correlation between the degree of myopia and choroidal thickness. Therefore, a higher degree of myopia will cause a decrease in the thickness of the choroid. Furthermore, it is necessary to screen for choroidal thickness in myopic patients using SD-OCT, especially in moderate and high degrees to prevent complications, because a significant increase in myopia degree will lead to a decrease in the choroidal thickness. Also, it is necessary to measure the length of the eyeball axis in myopic patients because a decrease in choroidal thickness is significant to the elongation of the eyeball. All of these examinations are to prevent some further complication such as the progressivity of myopic choroidal neovascularization (CNV) which will eventually lead to worsening of vision.

Author Contributions: HSM, ARM, AMI: Conception and design of the work, performing the medical examination, analysis and interpretation of data, drafting the work. BTU, JS, IP, AMI: ~~performing the medical examination, giving~~ Giving supervision and quality control of the medical examination as a team, review and editing of the manuscript draft. ICI: project administration, drafting the work and revising it for publication.

Funding: This research received no external funding

Institutional Review Board Statement: The study was conducted in accordance with the Declaration of Helsinki, and approved by the Institutional Ethics Committee for Medical Research of Hasanuddin University (Approval No.: 751/UN 4.6.4.5.31 /PP36/2021).

Informed Consent Statement: Informed consent was obtained from all subjects involved in the study.

249
250
251
252
253
254
255
256
257
258
259
260
261
262
263
264
265
266
267
268
269
270
271
272
273
274
275
276
277
278
279
280
281
282
283
284
285
286
287
288
289
290
291
292
293
294
295
296
297
298
299

Formatted: Font: Not Bold

Formatted: Font: Not Bold

Formatted: Font: Not Bold

Formatted: Font: Not Bold

Formatted: Justified, Indent: First line: 0.8 cm, Space Before: 0 pt, After: 0 pt, Line spacing: single

Formatted: Font: Not Bold

Formatted: Font: Not Bold

Data Availability Statement: The data that support the findings of this study are available from the corresponding author upon reasonable request.

Acknowledgments: All authors would like to thank and appreciate the team of nurses and staff of Hasanuddin University Hospital who were involved in the preparation, examination and follow up of our patients. We also thank Goodlingua for English preparation review.

Conflicts of Interest: The authors declare no conflict of interest.

References

1. Kaur K, Gurnani B, Kannusamy V. Myopia: Current concepts and review of literature. *TNOA J Ophthalmic Sci Res.* 2020;58(4):280.
2. Holden BA, Fricke TR, Wilson DA, Jong M, Naidoo KS, Sankaridurg P, et al. Global Prevalence of Myopia and High Myopia and Temporal Trends from 2000 through 2050. *Ophthalmology* [Internet]. 2016;123(5):1036–42. Available from: <http://dx.doi.org/10.1016/j.ophtha.2016.01.006>
3. Cooper J, Tkatchenko A V. A Review of Current Concepts of the Etiology and Treatment of Myopia. *Eye Contact Lens.* 2018;44(4):231–47.
4. Fredrick DR. Myopia. *Br Med J.* 2002;324(7347):1195–9.
5. Kaiti R, Shyangbo R, Sharma IP, Dahal M. Review on current concepts of myopia and its control strategies. *Int J Ophthalmol.* 2021;14(4):606–15.
6. Okafor M, O FO, I EB. Myopia : a Review of Literature Aetiology Progression of Myopia. *Niger J Med.* 2009;18(2):134–8.
7. Meng W, Butterworth J, Malecaze F, Calvas P. Axial length of myopia: A review of current research. *Ophthalmologica.* 2011;225(3):127–34.
8. Pugazhendhi S, Ambati B, Hunter AA. Pathogenesis and prevention of worsening axial elongation in pathological myopia. *Clin Ophthalmol.* 2020;14:853–73.
9. Yotsukura E, Torii H, Ozawa H, Hida RY, Shiraishi T, Corso Teixeira I, et al. Axial length and prevalence of myopia among schoolchildren in the equatorial region of brazil. *J Clin Med.* 2021;10(1):1–11.
10. Teberik K, Kaya M. Retinal and Choroidal Thickness in Patients with High Myopia without Maculopathy. *Ocul Immunol Inflamm.* 2017;25(2):1438–9.
11. Lee GY, Yu S, Kang HG, Kim JS, Lee KW, Lee J-H. Choroidal Thickness Variation According to Refractive Error Measured by Spectral Domain-optical Coherence Tomography in Korean Children. *Korean J Ophthalmol.* 2017;31(2):151.
12. Jin P, Zou H, Zhu J, Xu X, Jin J, Chang TC, et al. Choroidal and Retinal Thickness in Children with Different Refractive Status Measured by Swept-Source Optical Coherence Tomography. *Am J Ophthalmol* [Internet]. 2016;168:164–76. Available from: <http://dx.doi.org/10.1016/j.ajo.2016.05.008>
13. Fujiwara T, Imamura Y, Margolis R, Slakter JS, Spaide RF. Enhanced Depth Imaging Optical Coherence Tomography of the Choroid in Highly Myopic Eyes. *Am J Ophthalmol* [Internet]. 2009;148(3):445–50. Available from: <http://dx.doi.org/10.1016/j.ajo.2009.04.029>
14. Wang S, Wang Y, Gao X, Qian N, Zhuo Y. Choroidal thickness and high myopia: A

300
301
302
303
304
305
306
307
308
309

Formatted: Indent: Left: 5.4 cm

- cross-sectional study and meta-analysis Retina. *BMC Ophthalmol* [Internet]. 2015;15(1):1–10. Available from: <http://dx.doi.org/10.1186/s12886-015-0059-2>
15. Shin JW, Shin YU, Cho HY, Lee BR. Measurement of choroidal thickness in normal eyes using 3D OCT-1000 spectral domain optical coherence tomography. *Korean J Ophthalmol*. 2012;26(4):255–9.
16. Xiong S, He X, Zhang B, Deng J, Wang J, Lv M, et al. Changes in Choroidal Thickness Varied by Age and Refraction in Children and Adolescents: A 1-Year Longitudinal Study. *Am J Ophthalmol* [Internet]. 2020;213:46–56. Available from: <https://doi.org/10.1016/j.ajo.2020.01.003>
17. El-Shazly AA, Farweez YA, Elsebaay ME, El-Zawahry WMA. Correlation between choroidal thickness and degree of myopia assessed with enhanced depth imaging optical coherence tomography. *Eur J Ophthalmol*. 2017;27(5):577–84.
18. Deng J, Li X, Jin J, Zhang B, Zhu J, Zou H, et al. Distribution Pattern of Choroidal Thickness at the Posterior Pole in Chinese Children With Myopia. *Invest Ophthalmol Vis Sci*. 2018;59(3):1577–86.
19. Lee MW, Lee SE, Lim H Bin, Kim JY. Longitudinal changes in axial length in high myopia: A 4-year prospective study. *Br J Ophthalmol*. 2020;104(5):600–3.
20. Karahan E, Zengin MO, Tuncer I. Correlation of choroidal thickness with outer and inner retinal layers. *Ophthalmic Surg Lasers Imaging*. 2013;44(6):544–8.
21. Lin TN, Yang Y, Lin JH, Zhang JH, Wen Q, He XL, et al. A comparative study of macular and choroidal thickness and blood-flow parameters in patients with intermediate and simple juvenile moderate myopia. *Int J Gen Med*. 2021;14:1343–8.

← 366

Formatted: Indent: Left: 9.89 cm

FIGURES

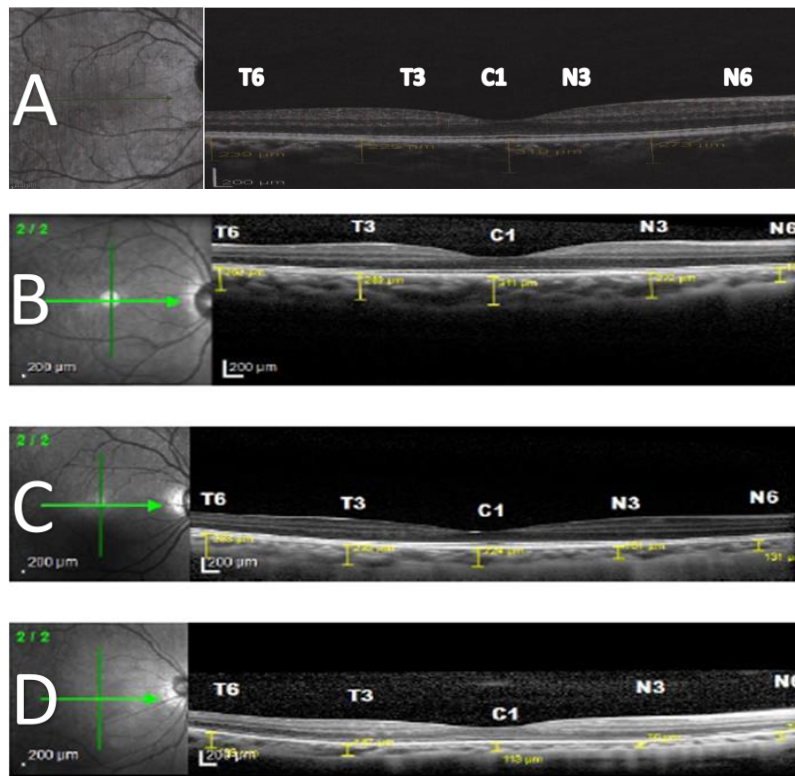


Figure 1. Choroidal thickness based on degrees of myopia horizontally. (A) Normal subject (B) Low myopia, (C) Moderate myopia, (D) High myopia.

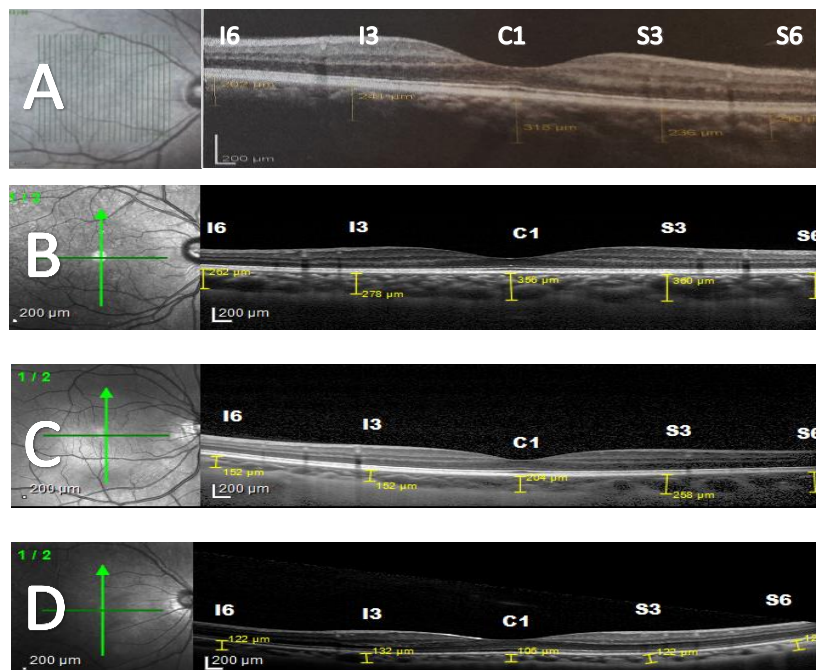


Figure 2. Choroidal thickness based on degrees of myopia vertically. (A) Normal subject (B) Low myopia, (C) Moderate myopia, (D) High myopia

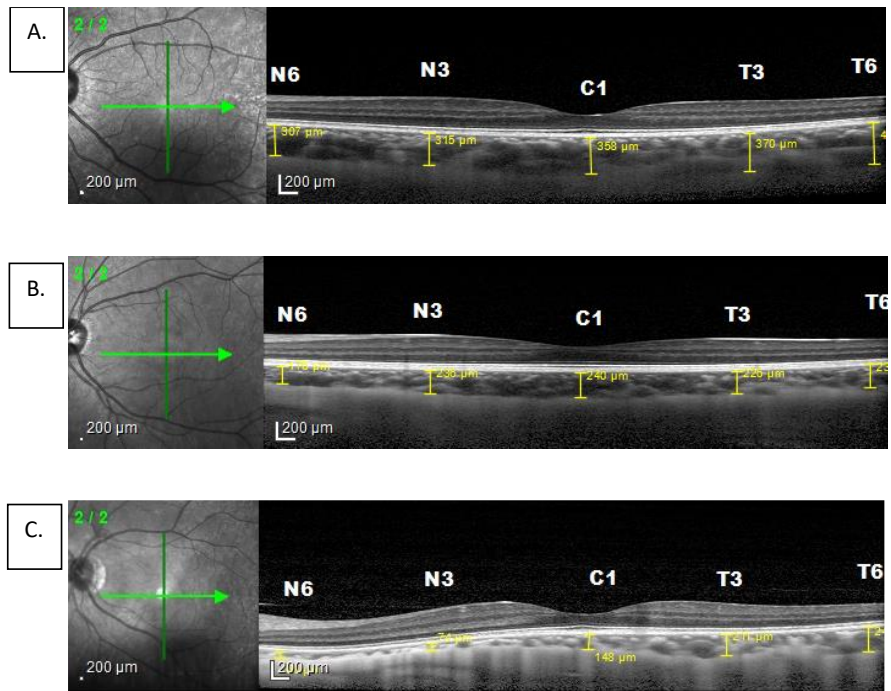


Figure 3. Choroidal thicknes based on axial length horizontally.
 (A) Normal axis , (B) Medium axis, (C) Long axis

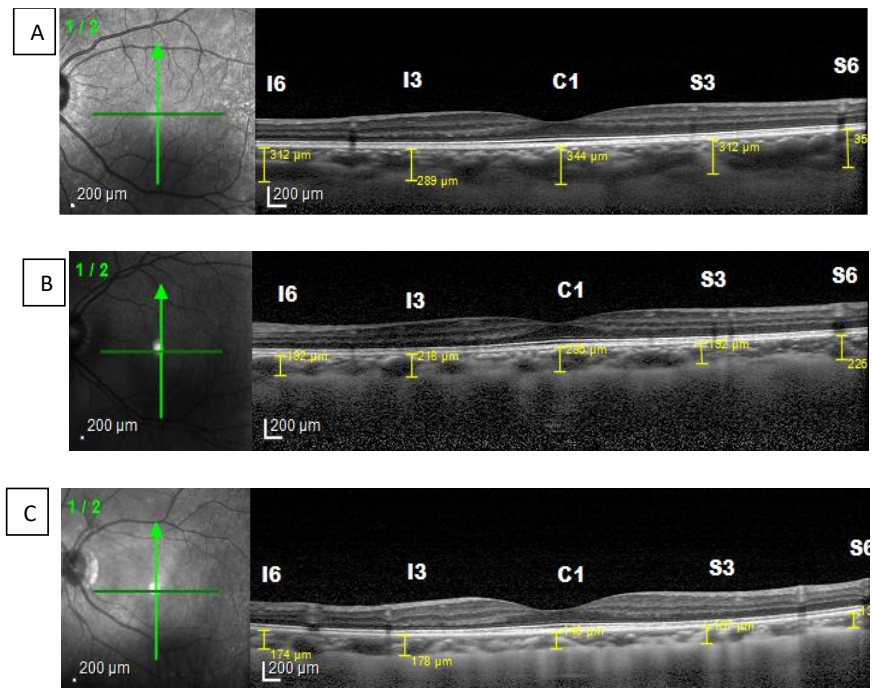


Figure 4. Figure 3. Choroidal thicknes based on axial length vertically.
 (A) Normal axis (B) Medium axis, (C) Long axis

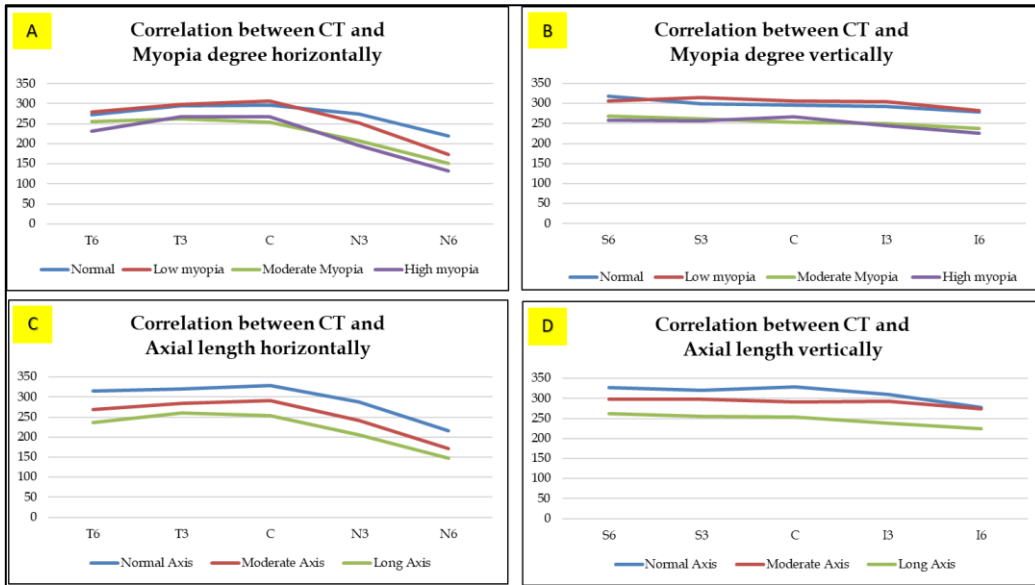


Figure 5. (A, B) Correlation between choroidal thickness and myopia degree (C, D) Correlation between choroidal thickness and axial length.