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CURRICULUM VITAE

A. Data Pribadi

1. Nama : Riska Reviana
2. Tempat, tgl. Lahir : Jakarta, 23 Agustus 1994
3. Alamat : Perum. BTP Blok K No. 1, Tamalanrea, Kota Makassar
4. Status sipil : Belum Menikah

B. Riwayat Pendidikan

1. Pendidikan Formal :
   - Tamat SD tahun 2005 di SD Negeri Percontohan 02 Meruya Utara
   - Tamat SLTP tahun 2012 di SMP Sumpah Pemuda Jakarta
   - Tamat SLTA tahun 2013 di SMA Negeri 16 Jakarta
   - Tamat Dimploma 3 Kebidanan tahun 2016 di Politeknik Kesehatan Kementerian Kesehatan Jakarta 3 Program Studi Harapan Kita
2. Pendidikan Non Formal :
   - Pelatihan APN tahun 2016

C. Pekerjaan dan Riwayat Pekerjaan

- Pegawai Magang Puskesmas Kecamatan Cengkareng Jakarta 2016
- Pegawai di Praktek Bidan Swasta 2017

LAMPIRAN

Gambar 1. Jahe emprit sebanyak 15 kg

Gambar 2. Madu *Trigona Sp.*

3. *Royal Jelly*

Gambar 4. *Bee Bread*

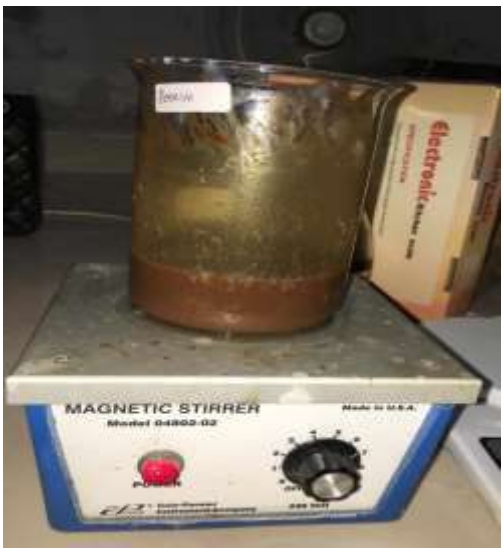
Gambar 5. Pencucian Jahe

Gambar 6. Pengirisan Jahe

Gambar 7. Pengeringan Jahe

Gambar 10. Penyaringan Setelah Maserasi Sebelum Dilakukan Evaporasi

Gambar 8. Penimbangan Jahe Sebelum Maserasi



Gambar 11. Menghomogenkan Bahan Jahe dan Madu menjadi *Cocktail Honey*

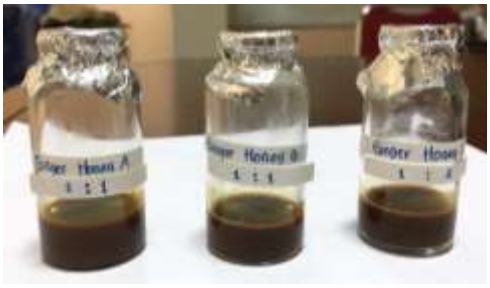
9. Maserasi Selama 4 hari

Gambar 12. Ginger Honey

Gambar 13. Proses menghomogenkan bahan Bee Bread, Royal Jelly, Madu

Gambar 14. Cocktail Honey

15. Cocktail Honey dengan andingan



Gambar 16. Ginger Honey Dengan Tiga Perbandingan

Gambar 16. Proses Pelarutan Sampel dengan Air Panas

Gambar 17. Sampel dengan penambahan pereaksi sebelum masuk alat spectronic 20D+

Gambar 18. Alat Spectronic 20D+

Tabel 1. Hasil Olahdata produk *cocktail honey* Uji DPPH dengan pengujian simplo

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HASIL ANALISIS

Nama/NIM	: Riska Reviana/P102182016
Asal Institusi	:
Jenis Sampel	: Cocktail Honey
Jumlah	: 1 (Satu) Triplo
Analisis	: Antioksidan (IC-50)

1. SIMPLO

No	Konsentrasi (µg/mL)	Absorbansi (A) λ = 515 nm	Aktivitas Antioksidan (%)
1	200	0,431	0,46
2	400	0,417	3,70
3	800	0,390	9,93
4	1600	0,355	18,01
5	3200	0,271	37,41
6	kontrol	0,433	

No	Konsentrasi (µg/mL)	Aktivitas Antioksidan (%)	Nilai IC-50 (µg/mL)
1	200	0,46	
2	400	3,70	
3	800	9,93	4220,5041
4	1600	18,01	
5	3200	37,41	

Tabel 2. Hasil Olahdata produk *cocktail honey* Uji DPPH dengan pengujian duplo

2. DUPLO

No	Konsentrasi (µg/mL)	Absorbansi (A) λ = 515 nm	Aktivitas Antioksidan (%)
1	200	0,426	0,47
2	400	0,422	1,40
3	800	0,396	7,48
4	1600	0,356	16,82
5	3200	0,288	32,71
6	kontrol	0,428	

No	Konsentrasi (µg/mL)	Aktivitas Antioksidan (%)	Nilai IC-50 (µg/mL)
1	200	0,47	
2	400	1,40	
3	800	7,48	4710,0636
4	1600	16,82	
5	3200	32,71	

Tabel 3. Hasil Olahdata produk *cocktail honey* Uji DPPH dengan pengujian Triplo

3. TRIPLO

No	Konsentrasi (µg/mL)	Absorbansi (A) λ = 515 nm	Aktivitas Antioksidan (%)
1	200	0,416	5,88
2	400	0,406	8,14
3	800	0,390	11,76
4	1600	0,350	20,81
5	3200	0,290	34,39
6	kontrol	0,442	

No	Konsentrasi (µg/mL)	Aktivitas Antioksidan (%)	Nilai IC-50 (µg/mL)
1	200	5,88	
2	400	8,14	
3	800	11,76	4802,7263
4	1600	20,81	
5	3200	34,39	

Tabel 4. Hasil uji DPPH dari produk *cocktail honey*

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Telp. 0411-586498, 0411-586200 Ext. 1092

HASIL ANALISIS

Nama/NIM : Riska Reviana/P102182016
Asal Institusi :
Jenis Sampel : Cocktail Honey
Jumlah : 1 (Satu) Triplo
Analisis : Antioksidan (IC-50)

Kode Sampel	IC 50 (ppm)				Kategori
	Simplo	Duplo	Triplo	Rata-rata	
Cocktail Honey	4220,5041	4710,0636	4802,7263	4577,7647	Sangat lemah

Makassar, 29 Juni 2020
PLP Lab. Biokimia

Mahdalia, S.Si, M.Si
19750826 199601 2 001

Tabel 5. Hasil Olahdata Total Fenol Dengan pengujian simplo

Nama/NIM : Riska Reviana/P102182016
Asal Institusi :

SIMPLO

Kode sampel	Absorbansi	FP	Asam Galat terukur (mg/mL)	Massa Sampel (g)	Volume pelarut air panas (mL)	mg ekivalen asam galat/g sampel
Ginger Honey A	0,71	10	0,66581	0,05	10	133,1628
Ginger Honey B	0,49	10	0,44939	0,05	10	89,8770
Ginger Honey C	0,594	10	0,55170	0,05	10	110,3394
Coctail Honey A	0,14	10	0,10507	0,05	10	21,0133
Coctail Honey B	0,135	10	0,10015	0,05	10	20,0295
Coctail Honey C	0,17	10	0,13458	0,05	10	26,9159
Honey	0,096	10	0,06178	0,05	10	12,3561
Bee Bread	0,215	10	0,17885	0,05	10	35,7698
Royal Jelly	0,157	10	0,12179	0,05	10	24,3581
Ekstrak Jahe	1,28	10	1,22656	0,05	10	245,3123

Tabel 6. Hasil Olahdata Total Fenol Dengan pengujian Duplo

DUPLO

Kode sampel	Absorbansi	FP	Asam Galat terukur (mg/mL)	Massa Sampel (g)	Volume pelarut air panas (mL)	mg ekivalen asam galat/g sampel	Asam Galat terukur (mg/mL) Rerata	mg ekivalen asam galat/g sampel Rerata
Ginger Honey A	0,705	10	0,66890	0,05	10	132,1790	0,6634	132,67
Ginger Honey B	0,476	10	0,45561	0,05	10	87,1225	0,4425	88,50
Ginger Honey C	0,589	10	0,54878	0,05	10	109,5556	0,5492	109,85
Coctail Honey A	0,152	10	0,11687	0,05	10	23,3745	0,1110	22,19
Coctail Honey B	0,135	10	0,10015	0,05	10	20,0295	0,1001	20,03
Coctail Honey C	0,174	10	0,13651	0,05	10	27,3029	0,1365	27,31
Honey	0,09	10	0,05388	0,05	10	11,1756	0,0588	11,77
Bee Bread	0,21	10	0,17393	0,05	10	34,7860	0,1764	35,28
Royal Jelly	0,15	10	0,11490	0,05	10	22,9808	0,1183	23,67
Ekstrak Jahe	1,263	10	1,20984	0,05	10	241,9675	1,2182	243,64

Makassar, 17 Juli 2020
PLP Lab. Biokimia

Mahdalia, S.Si., M.Si.
19750826 199601 2 001

Tabel 7. Hasil Uji Total Fenol

LABORATORIUM BIOKIMIA
FAKULTAS MATEMATIKA DAN ILMU PENGETAHUAN ALAM
UNIVERSITAS HASANUDDIN
Kampus UNHAS Tamalanrea, Jl. Perintis Kemerdekaan KM. 10, Makassar, 90245
Telp. 0411-586498, 0411-586200 Ext. 1092

HASIL ANALISIS

Nama/NIM	: Riska Reviana/P102182016
Asal Institusi	:
Jenis Sampel	:
Jumlah	: 10 (Sepuluh)
Analisis	: Kadar Polifenol (Asam Galat)

Kode Sampel	Asam Galat terukur Rerata (mg/mL)	mg ekivalen asam galat/g sampel Rerata
Ginger Honey A	0,6634	132,6709
Ginger Honey B	0,4425	88,4998
Ginger Honey C	0,5492	109,8475
Coctail Honey A	0,1110	22,1938
Coctail Honey B	0,1001	20,0295
Coctail Honey C	0,1365	27,3094
Honey	0,0588	11,7659
Bee Bread	0,1764	35,2779
Royal Jelly	0,1183	23,6695
Ekstrak Jahe	1,2182	243,6399

Makassar, 17 Juli 2020
PLP Lab. Biokimia

Mahdalia, S.Si., M.Si.
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KEMENTERIAN PENDIDIKAN DAN KEBUDAYAAN
UNIVERSITAS HASANUDDIN
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JL. PERINTIS KEMERDEKAAN KM. 10 MAKASSAR 90245 TELP. : (0411) 585034, 585036 FAX.: (0411) 585868
E-mail : info@pasca.unhas.ac.id

Makassar, 18 Juni 2020

Hal : ***Permohonan Izin***
Lampiran : -

Kepada Yth. Kepala Laboratorium Biokimia Universitas Hasanuddin
Di Makassar

Assalamu'alaikum Warahmatullahi Wabarakatuh

Saya yang bertanda tangan dibawah ini :

Nama	NIM	Judul
Riska Reviana	P102182016	Analisis Uji Antioksidan Dengan DPPH pada kandungan Ginger Honey dan Cocktail Honey Sebagai Suplemen Wanita Prakonsepsi

Selaku mahasiswa Program Studi Kebidanan Pascasarjana Universitas Hasanuddin, sekiranya memohon ijin untuk melakukan kegiatan evaporasi produk *Cocktail Honey* dan *Ginger Honey* dan pengujian DPPH pada produk tersebut di Laboratorium Biokimia Universitas Hasanuddin.

Demikian surat ini saya sampaikan dan dapat digunakan sebagaimana mestinya. Atas perhatian Bapak/Ibu, saya ucapkan terimakasih.

Wassalamu'alaikum Warahmatullahi Wabarakatuh

Mahasiswa,

Riska Reviana

Mengetahui.
Pembimbing Utama,

Dr. Andi Nilawati Usman, SKM.,M.Kes

9. Surat Permohonan Izin Kepada Lab. Biokimia UNHAS

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1 July 2020

To: First Author (Riska Reviana)

Letter of Acceptance

I have pleasure to inform that your paper titled "**ANALYSIS OF ANTIOXIDANT ACTIVITY TEST USED DPPH ON COCKTAIL HONEY PRODUCTS AS FEMALE PRECONCEPTION SUPPLEMENTS**" has been accepted for publication in the IJCRR indexed in SCOPUS. We have received your edited and improved paper. Your paper will be issued on **December** 2020 issue.

Yours sincerely,
Editor-in-Chief Prof. Dr Sachin Ingle
MIMSR Medical College, Maharashtra, India.
https://www.ijcrr.com

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20. Surat LoA (Penerimaan Submit Jurnal)