

## DAFTAR PUSTAKA

- Adegbola, P., Aderibigbe, I., Hammed, W., Omotayo, T., 2017. Antioxidant and anti-inflammatory medicinal plants have potential role in the treatment of cardiovascular disease: a review. *Am. J. Cardiovasc. Dis.* 7, 19–32.
- Ado Ahmad, B., Abdullahi Zakariyya, U., Abubakar, M., Muhammad Sani, M., Adam Ahmad, M., 2020. Pharmacological Activities of Banana. In: *Banana Nutrition - Function and Processing Kinetics*. IntechOpen, London, pp. 7–26.
- Adwas, A., Elsayed, A.S.I., Azab, A.E., Quwaydir, A., 2019. Oxidative stress and antioxidant mechanisms in human body. *J. Appl. Biotechnol. Bioeng.* 6, 43–47.
- Arsianti, A., Bahtiar, A., Wangsaputra, V.K., Azizah, N.N., Fachri, W., Nadapdap, D., Fajrin, A.M., Tanimoto, H., Kakiuchi, K., Arsianti, A., Bahtiar, A., Azizah, N.N., 2020. Phytochemical Composition and Evaluation of Marine Algal *Sargassum polycystum* for Antioxidant Activity and In Vitro Cytotoxicity on Hela Cells. *Pharmacogn. J.* 12, 88–94.
- Arsianti, A., Fadilah, F., Bahtiar, A., Dewi, M.K., Adyasa, Z.M., Simadibrata, D.M., Amartya, D., 2019. Phytochemistry profile and in vitro cytotoxicity of seaweed macroalgae *Sargassum polycystum* against colon HCT-116 and lung A-549 cancer cells. *Int. J. Green Pharm.* 13, 141–146.
- Dachriyanus, 2004. Analisis Struktur Senyawa Organik Secara Spektroskopi. Lembaga Pengembangan Teknologi Informasi dan Komunikasi Universitas Andalas.
- Depkes RI, 1995. Farmakope Indonesia, IV. ed. Departemen Kesehatan Republik Indonesia.
- Dontha, S., 2016. A Review On Antioxidant Methods. *Asian J. Pharm. Clin. Res.* 9, 14–32.
- Francenia Santos-Sánchez, N., Salas-Coronado, R., Villanueva-Cañongo, C., Hernández-Carlos, B., 2019. Antioxidant Compounds and Their Antioxidant Mechanism. *Antioxidants* 1–28.
- Gupta, M., Karmakar, N., Sasmal, S., 2017. In Vitro Antioxidant Activity of Aqueous and Alcoholic Extracts of Polyherbal Formulation Consisting

- of *Ficus glomerata* Roxb. and *Symplocos racemosa* Roxb. Stem Bark Assessed in Free Radical Scavenging Assays. *Int. J. Pharmacogn. Phytochem. Res.* 9, 181–189.
- Halliwell, B., 2005. Free Radicals and Other Reactive Species in Disease. *Encycl. Life Sci.* 1–7.
- Halvorsen, B.L., Holte, K., Myhrstad, M.C.W., Barikmo, I., Hvattum, E., Remberg, S.F., Wold, A.B., Haffner, K., Baugerød, H., Andersen, L.F., Moskaug, O., Jacobs, D.R., Blomhoff, R., 2002. A systematic screening of total antioxidants in dietary plants. *J. Nutr.* 132, 461–471.
- Haryoto, H., Frista, A., 2019. Aktivitas Antioksidan Ekstrak Etanol, Fraksi Polar, Semipolar dan Non Polar dari Daun Mangrove Kacangan (*Rhizophora apiculata*) dengan Metode DPPH dan FRAP. *J. Sains dan Kesehat.* 2, 131–138.
- Jayanthi, P., Lalitha, P., 2011. Reducing power of the solvent extracts of *Eichhornia crassipes* (Mart.) Solms. *Int. J. Pharm. Pharm. Sci.* 3, 126–128.
- Kurniawati, P., Maulida, I.R., Muhaimin, 2017. The determination of antioxidant activity of Brazil-cherry (*Eugenia uniflora* L.) leaves extract using FRAP method. *AIP Conf. Proc.* 1911, 1–5.
- Kusmardiyani, S., Novita, G., Fidrianny, I., 2016. Antioxidant activities from various extracts of different parts of kelakai (*Stenochlaena palustris*) grown in central Kalimantan - Indonesia. *Asian J. Pharm. Clin. Res.* 9, 215–219.
- Lawenda, B.D., Kelly, K.M., Ladas, E.J., Sagar, S.M., Vickers, A., Blumberg, J.B., 2008. Should supplemental antioxidant administration be avoided during chemotherapy and radiation therapy? *J. Natl. Cancer Inst.* 100, 773–783.
- Lee, H.H., Lin, C.T., Yang, L.L., 2007. Neuroprotection and free radical scavenging effects of *Osmanthus fragrans*. *J. Biomed. Sci.* 14, 819–827.
- Maesaroh, K., Kurnia, D., Al Anshori, J., 2018. Perbandingan Metode Uji Aktivitas Antioksidan DPPH, FRAP dan FIC Terhadap Asam Askorbat, Asam Galat dan Kuersetin. *Chim. Nat. Acta* 6, 93.
- Magfira, 2018. Analisis Penghambatan Ekstrak Etanol Batang Kembang Bulan (*Tithonia ediversifolia*) Terhadap Reaksi Oksidasi dari Radikal Bebas Dengan Metode DPPH ABTS dan FRAP, Skripsi: Universitas

- Hasanuddin. Makasar.
- Maryam, S., Baits, M., Nadia, A., 2016. Pengukuran Aktivitas Antioksidan Ekstrak Etanol Daun Kelor (*Moringa oleifera* Lam.) Menggunakan Metode FRAP (Ferric Reducing Antioxidant Power). *J. Fitofarmaka Indones.* 2, 115–118.
- Marzuki, A., 2017. *Kimia Analisis Farmasi*. CV 21COM.
- Masaki, H., 2010. Role of antioxidants in the skin : Anti-aging effects. *J. Dermatol. Sci.* 58, 85–90.
- Mirończuk-Chodakowska, I., Witkowska, A.M., Zujko, M.E., 2018. Endogenous non-enzymatic antioxidants in the human body. *Adv. Med. Sci.* 63, 68–78.
- Mut-Salud, N., Álvarez, P.J., Garrido, J.M., Carrasco, E., Aránega, A., Rodríguez-Serrano, F., 2016. Antioxidant Intake and Antitumor Therapy: Toward Nutritional Recommendations for Optimal Results. *Oxid. Med. Cell. Longev.* 2016, 1–19.
- Noviyanto, F., 2020. Penetapan Kadar Ketoprofen Dengan Metode Spektrofotometer UV-Vis. Penerbit Media Sains Indonesia.
- Nur, S., Rumiati, R., Lukitaningsih, E., 2017. Skrining Aktivitas Antioksidan, Antiaging Dan Penghambatan Tyrosinase Dari Ekstrak Etanolik Dan Etil Asetat Daging Buah Dan Kulit Buah Langsung (*Lansium domesticum* Corr) Secara In Vitro. *Tradit. Med. J.* 22, 63–72.
- Obrenovich, M.E., Nair, N.G., Beyaz, A., Aliev, G., Reddy, V.P., 2010. The role of polyphenolic antioxidants in health, disease, and aging. *Rejuvenation Res.* 13, 631–643.
- Panche, A., Diwan, A., Chandra, S., 2016. Flavonoids: an overview. *J. Nutr. Sci.* 5, 1–15.
- Phaniendra, A., Jestadi, D.B., Periyasamy, L., 2015. Free Radicals: Properties, Sources, Targets, and Their Implication in Various Diseases. *Indian J. Clin. Biochem.* 30, 11–26.
- Sadeer, N.B., Montesano, D., Albrizio, S., Zengin, G., Mahomoodally, M.F., 2020. The versatility of antioxidant assays in food science and safety—chemistry, applications, strengths, and limitations. *Antioxidants* 9, 1–39.
- Salehi, B., Martorell, M., Arbiser, J.L., Sureda, A., Martins, N., Maurya, P.K., Sharifi-Rad, M., Kumar, P., Sharifi-Rad, J., 2018. Antioxidants:

Positive or negative actors? *Biomolecules* 8, 1–11.

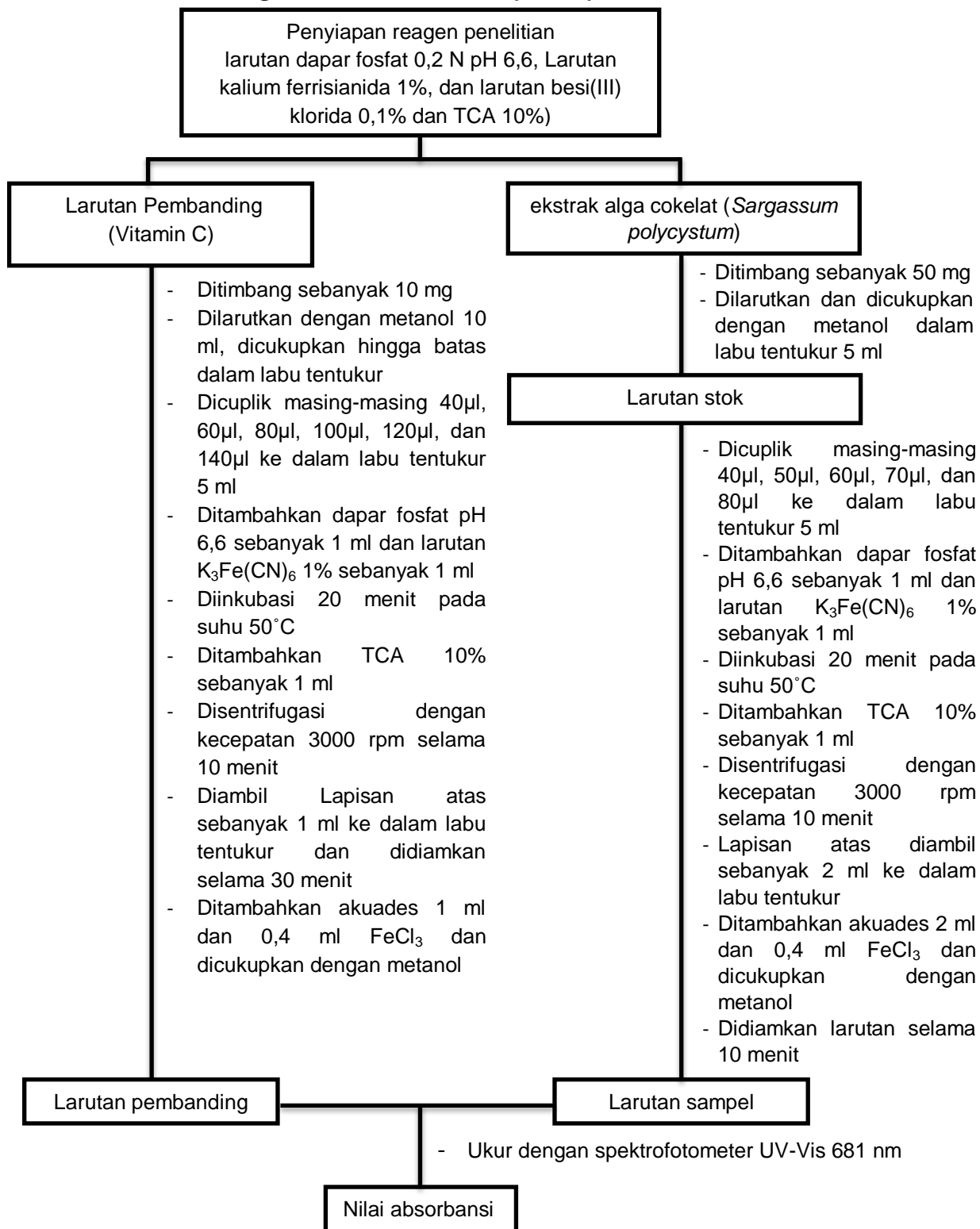
- Sami, F.J., Rahimah, S., 2016. Uji Aktivitas Antioksidan Ekstrak Metanol Bunga Brokoli (*Brassica oleracea* L. var. *Italica*) Dengan Metode DPPH (2,2 diphenyl-1-picrylhydrazyl) dan Metode ABTS (2,2 azinobis (3-etilbenzotiazolin)-6-asam sulfonat). *J. Fitofarmaka Indones.* 2, 107–110.
- Santiyoga, I.K.W., Suhendra, L., Wartini, N.M., 2020. Karakteristik Ekstrak Alga Coklat (*Sargassum polycystum*) sebagai Antioksidan pada Perlakuan Perbandingan Pelarut Aseton dan Etilasetat. *J. Rekayasa Dan Manaj. Agroindustri* 8, 91–104.
- Senthilkumar, P., Sudha, S., 2012. Antioxidant and antibacterial properties of methanolic extract of green seaweed *Chaetomorpha linum* from gulf of mannar: Southeast coast of India. *Jundishapur J. Microbiol.* 5, 411–415.
- Setiawan, F., Yunita, O., Kurniawan, A., 2018. Uji Aktivitas Antioksidan Ekstrak Etanol Kayu Secang dan FRAP. *Media Pharm. Indones.* 2, 82–89.
- Sunarto, Choironi, N.A., Syarifah, F.L., 2020. Aktivitas Antioksidan dan Kadar Flavonoid Total Lempuyang Wangi (*Zingiber aromaticum* Val.). *Acta Pharm. Indones.* 8, 61–68.
- Vijayalakshmi, M., Ruckmani, K., 2016. Ferric reducing anti-oxidant power assay in plant extract. *Bangladesh J. Pharmacol.* 11, 570–572.
- Vijayan, H., George, P.U.G., Mathew, L., 2020. Phytochemical Evaluation , Mineral and Trace Element Analysis of Selected Brown Seaweeds from Thirumullavaram Coast ., *Int. J. Eng. Res. Dev.* 16, 42–47.
- Wilson, D.W., Nash, P., Singh, H., Griffiths, K., Singh, R., De Meester, F., Horiuchi, R., Takahashi, T., 2017. The role of food antioxidants, benefits of functional foods, and influence of feeding habits on the health of the older person: An overview. *Antioxidants* 6, 1–20.
- Yende, S.R., Harle, U.N., Chaugule, B.B., 2014. Therapeutic potential and health benefits of *Sargassum* species. *Pharmacogn. Rev.* 8, 1–8.
- Yudianti, E., Santosa, G., Tontowi, M., Sedjati, S., Supriyantini, E., Khakimah, M., 2018. Optimization of alginate alkaline extraction technology from *Sargassum polycystum* and its antioxidant properties Optimization of alginate alkaline extraction technology from *Sargassum polycystum* and its antioxidant properties. *Earth Environ.*

Sci. 139, 1–12.

Zhang, S., Duan, E., 2018. Fighting against Skin Aging: The Way from Bench to Bedside. *Cell Transplant.* 27, 729–738.

## LAMPIRAN

**Lampiran 1. Skema Kerja Uji aktivitas antioksidan dengan metode Ferric Reducing Antioxidant Power (FRAP)**



**Lampiran 2. Hasil dan perhitungan pengukuran aktivitas antioksidan dengan metode *Ferric Reducing Antioxidant Power* (FRAP)**

**1. Hasil dan perhitungan pengukuran aktivitas antioksidan larutan pembanding vitamin C**

$$\% \text{ FRAP} = \frac{(\text{Rata-rata serapan sampel}) - (\text{Rata-rata serapan blanko})}{(\text{Rata-rata serapan sampel})} \times 100\%$$

- Konsentrasi 12 ppm =  $\frac{0,478 - 0,061}{0,478} \times 100\% = 87,238\%$
- Konsentrasi 16 ppm =  $\frac{0,574 - 0,061}{0,574} \times 100\% = 89,373\%$
- Konsentrasi 20 ppm =  $\frac{0,655 - 0,061}{0,655} \times 100\% = 90,687\%$
- Konsentrasi 24 ppm =  $\frac{0,735 - 0,061}{0,735} \times 100\% = 91,701\%$
- Konsentrasi 28 ppm =  $\frac{0,823 - 0,061}{0,823} \times 100\% = 92,588\%$

**Tabel 3. Hasil pengukuran aktivitas antioksidan vitamin C**

Nama	Absorbansi	Rata-rata	% FRAP	Log Konsentrasi (x)	Nilai probit (y)
Blanko	0,062	0,061	-	-	-
	0,063				
	0,059				
Vitamin C 12 ppm	0,479	0,478	87,24%	1,079	6,13
	0,474				
	0,481				
Vitamin C 16 ppm	0,565	0,574	89,37%	1,204	6,23
	0,574				
	0,582				
Vitamin C 20 ppm	0,632	0,655	90,69%	1,301	6,34
	0,676				
	0,656				
Vitamin C 24 ppm	0,73	0,735	91,70%	1,38	6,41
	0,728				
	0,746				
Vitamin C 28 ppm	0,827	0,823	92,59%	1,447	6,48
	0,807				
	0,836				

Perhitungan persamaan kurva baku:

$$y = 0,961x + 5,0857 \quad a = 0,961 \quad b = 5,0857 \quad r = 0,9968$$

$$y = ax + b$$

$$y = 0,961x + 5,0857$$

$$5 = 0,961x + 5,0857$$

$$x = -0,089$$

$$\text{antilog } x = 0,814$$

$$IC_{50} = 0,814 \mu\text{g/ml} (<50 \mu\text{g/ml, aktivitas antioksidan sangat kuat})$$



## 2. Hasil dan perhitungan pengukuran aktivitas antioksidan larutan sampel ekstrak alga cokelat (*Sargassum polycystum*)

$$\% \text{ FRAP} = \frac{(\text{Rata-rata serapan sampel}) - (\text{Rata-rata serapan blanko})}{(\text{Rata-rata serapan sampel})} \times 100\%$$

- Konsentrasi 260 ppm =  $\frac{0,210 - 0,063}{0,210} \times 100\% = 70\%$
- Konsentrasi 300 ppm =  $\frac{0,271 - 0,063}{0,271} \times 100\% = 76,753\%$
- Konsentrasi 340 ppm =  $\frac{0,293 - 0,063}{0,293} \times 100\% = 78,498\%$
- Konsentrasi 380 ppm =  $\frac{0,314 - 0,063}{0,314} \times 100\% = 79,936\%$
- Konsentrasi 420 ppm =  $\frac{0,327 - 0,063}{0,327} \times 100\% = 80,734\%$

**Tabel 4. Hasil pengukuran aktivitas antioksidan ekstrak alga cokelat (*Sargassum polycystum*)**

Nama	Absorbansi	Rata-rata	% FRAP	Log Konsentrasi (x)	Nilai probit (y)
Blanko	0,068	0,063	-	-	-
	0,06				
	0,061				
Ekstrak 260 ppm	0,21	0,210	70%	2,415	5,52
	0,208				
	0,211				
Ekstrak 300 ppm	0,274	0,271	76,753%	2,477	5,74
	0,264				
	0,274				
Ekstrak 340 ppm	0,296	0,293	78,498%	2,531	5,77
	0,293				
	0,291				
Ekstrak 380 ppm	0,309	0,314	79,936%	2,580	5,84
	0,315				
	0,318				
Ekstrak 420 ppm	0,324	0,327	80,734%	2,623	5,88
	0,332				
	0,325				

Perhitungan persamaan kurva baku:

$$y = 1,6103x + 1,6836 \quad a = 1,6103 \quad b = 1,6836 \quad r = 0,8953$$

$$y = ax + b$$

$$y = 1,6103x + 1,6836$$

$$5 = 1,6103x + 1,6836$$

$$x = 2,059$$

$$\text{antilog } x = 114,681$$

$$IC_{50} = 114,681 \mu\text{g/ml (100-250 } \mu\text{g/ml, aktivitas antioksidan sedang)}$$

**Lampiran 3. Hasil pengukuran absorbansi larutan pembanding vitamin C dan sampel ekstrak alga cokelat (*Sargassum polycystum*)**

Sample Table - ( Active )						
	Sample ID	Type	Ex	Conc	WL698,5	Comments
6	Blanko1	Unknown		*****	0,062	
7	Blanko2	Unknown		*****	0,063	
8	Blanko3	Unknown		*****	0,059	
9	Vit C1 12 ppm	Unknown		*****	0,479	
10	Vit C2 12 ppm	Unknown		*****	0,474	
11	Vit C3 12 ppm	Unknown		*****	0,481	
12	Vit C1 16 ppm	Unknown		*****	0,565	
13	Vit C2 16 ppm	Unknown		*****	0,574	
14	Vit C3 16 ppm	Unknown		*****	0,582	
15	Vit C1 20 ppm	Unknown		*****	0,632	
16	Vit C2 20 ppm	Unknown		*****	0,676	
17	Vit C3 20 ppm	Unknown		*****	0,656	
18	Vit C1 24 ppm	Unknown		*****	0,730	
19	Vit C2 24 ppm	Unknown		*****	0,728	
--						
698,500 nm			1,328 Abs.			
Sample Table - ( Active )						
	Sample ID	Type	Ex	Conc	WL698,5	Comments
11	Vit C3 12 ppm	Unknown		*****	0,481	
12	Vit C1 16 ppm	Unknown		*****	0,565	
13	Vit C2 16 ppm	Unknown		*****	0,574	
14	Vit C3 16 ppm	Unknown		*****	0,582	
15	Vit C1 20 ppm	Unknown		*****	0,632	
16	Vit C2 20 ppm	Unknown		*****	0,676	
17	Vit C3 20 ppm	Unknown		*****	0,656	
18	Vit C1 24 ppm	Unknown		*****	0,730	
19	Vit C2 24 ppm	Unknown		*****	0,728	
20	Vit C3 24 ppm	Unknown		*****	0,746	
21	Vit C1 28 ppm	Unknown		*****	0,827	
22	Vit C2 28 ppm	Unknown		*****	0,807	
23	Vit C3 28 ppm	Unknown		*****	0,836	
24						
698,500 nm			1,323 Abs.			

Gambar 5. Nilai absorbansi larutan pembanding vitamin C

Sample Table						
	Sample ID	Type	Ex	Conc	WL698,5	Comments
1	Blanko 1	Unknown		*****	0,068	
2	Blanko 2	Unknown		*****	0,060	
3	Blanko 3	Unknown		*****	0,061	
4	ES1 260 ppm	Unknown		*****	0,210	
5	ES2 260 ppm	Unknown		*****	0,208	
6	ES3 260 ppm	Unknown		*****	0,211	
7	ES1 300 ppm	Unknown		*****	0,274	
8	ES2 300 ppm	Unknown		*****	0,264	
9	ES3 300 ppm	Unknown		*****	0,274	
10	ES1 340 ppm	Unknown		*****	0,296	
11	ES2 340 ppm	Unknown		*****	0,293	
12	ES3 340 ppm	Unknown		*****	0,291	
13	ES1 380 ppm	Unknown		*****	0,309	
14	ES2 380 ppm	Unknown		*****	0,315	
					698,500 nm	0,053 Abs.
Sample Table						
	Sample ID	Type	Ex	Conc	WL698,5	Comments
6	ES3 260 ppm	Unknown		*****	0,211	
7	ES1 300 ppm	Unknown		*****	0,274	
8	ES2 300 ppm	Unknown		*****	0,264	
9	ES3 300 ppm	Unknown		*****	0,274	
10	ES1 340 ppm	Unknown		*****	0,296	
11	ES2 340 ppm	Unknown		*****	0,293	
12	ES3 340 ppm	Unknown		*****	0,291	
13	ES1 380 ppm	Unknown		*****	0,309	
14	ES2 380 ppm	Unknown		*****	0,315	
15	ES3 380 ppm	Unknown		*****	0,318	
16	ES1 420 ppm	Unknown		*****	0,324	
17	ES2 420 ppm	Unknown		*****	0,332	
18	ES3 420 ppm	Unknown		*****	0,325	
19						
					698,500 nm	0,053 Abs.

Gambar 6. Nilai absorbansi larutan sampel ekstrak alga cokelat (*Sargassum polycystum*)

#### Lampiran 4. Dokumentasi penelitian



Gambar 7. Larutan stok sampel ekstrak alga cokelat (*Sargassum polycystum*)



Gambar 8. Larutan stok pembanding (Vitamin C)



Gambar 9. Reagen uji metode *Ferric Reducing Antioxidant Power* (FRAP)



**Gambar 10. Larutan setelah penambahan reagen**



**Gambar 11. Larutan disentrifugasi selama 10 menit**



**Gambar 12. Alat spektrofotometer UV-Visible**